

ettand BEYOND January 12, 2017



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WELCOMING OUR NEW ADVERTISERS EASTON HOSPITAL PAGE 5 BERKHEIMER TAX INNOVATIONS PAGE 21

Next issue will be printed January 26th Deadline for all ad copy and news Friday, January 20th

Email your news and events to thebeltandbeyond@gmail.com

Count Down to Spring

thebeltandbeyond@gmail.com

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JANUARY IS NATIONAL BLOOD DONOR MONTH

NATIONAL DAYS

JANUARY 12-NATIONAL PHARMACIST DAY

JANUARY 14-NATIONAL DRESS UP YOUR PET DAY

JANUARY 15-NATIONAL HAT DAY

JANUARY 17-NATIONAL HOT BUTTERED RUM DAY

JANUARY 18-NATIONAL WINNIE THE POOH DAY

JANUARY 19-NATIONAL POPCORN DAY

JANUARY 20-NATIONAL CHEESE LOVER'S DAY

JANUARY 21-NATIONAL HUGGING DAY

JANUARY 23-NATIONAL PIE DAY

JANUARY 24-NATIONAL COMPLIMENT DAY

HOLIDAY

JANUARY 16-MARTIN **LUTHER KING JR. DAY** January 12, 2017

WEEKEND HAPPENINGS

Moore Township Democrats

Moore Township Democrats meet the second Thursday of the month at 6:30pm at Pizzaville, located at the intersection of 946 and 512. The next meeting will be January 12th, 2017. Contact Vicky at 610-365-8617 with questions.

BAHS to Host District 10 Chorus

Bangor High School will host PMEA District 10 Chorus Concert: Friday, January 13th, 7:00pm and Saturday, January 14th, 2:00pm at the M. Craig Paine Performing Arts Theater. All are welcome and admission is free.

Bangor Elks Hoop Shoot

The annual Bangor Elks Lodge 1106 sponsored "Hoop Shoot" free throw contest will be held on Saturday, January 14th, at the Washington Elementary School gym. at 1:00pm Registation 12:30pm day of the contest. Open to all children ages 8 to 13 years of age as of April 1, 2017, from Bangor, Pen Argyl, Faith Christian, Easton, Nazareth, Wilson, and Notre Dame are welcome to compete First place winners and runner-ups will receive plaques with the first place winner advancing to district competition on January 28, 2017 hosted by the Bangor Elks Lodge. This is the forty-fifth year for this youth national event. Questions, call Pete Nell at 610-295-2334 or Glenn Miller at 610-703-0070.

Yasso-Rothrock Christmas City Classic

The Yasso-Rothrock Christmas City Classic basketball tournament honoring George B. Yasso & Todd R. Rothrock is scheduled for **Saturday, January 14th, 2017** at Freedom High School. An exciting triple-header featuring the three BASD boys basketball teams will kick off at 4 pm. Prior to the high school games, the Bethlehem Feeder programs will be playing starting at 12:15pm. All games will be played at Freedom High School for what is going to be an exciting day in Bethlehem sports. Schedule of Events: 4:00pm Bethlehem Catholic vs. Lincoln Leadership Academy; 6:00pm Liberty vs. Blue Mountain: 8:00pm Freedom vs. Bangor All feeder program athletes wearing their iersevs are admitted for free. Season passes are not valid for entrance. Scouting passes accepted. Ticket admission is valid for all three games.

The Christmas City Classic's mission is to foster unity across the community, promote good sportsmanship, provide essential funding for youth sports programs and teach student athletes the value of a sporting life. This is to foster the development of basketball skills, sportsmanship and the importance of teamwork and community service. All proceeds benefit the Bethlehem Catholic, Freedom and Liberty Basketball programs as well as their respective feeder programs. Donations will also be provided to the Boys and Girls Club of Bethlehem.

The Yasso-Rothrock Christmas City Classic is sponsored by St. Luke's Sports Medicine and St. Luke's Fitness & Sports Performance.

Pocono Arts January 2017 Studio Class

The Pocono Arts Council will offer the following classes during the month of January. Classes, unless noted otherwise, are held at the Pocono Arts Cultural Center, 18 N. Seventh St., Stroudsburg. To register call Pocono Arts at 570-476-4460 or register on line at www.poconoarts.org. **ONGOING INTERMEDIATE WATERCOLOR** - Instructor Iraina Caramelli Sundays 1-4pm, January 15th, 22nd, 29th.

Wind Gap American Legion

The Wind Gap American Legion, 217 N Broadway, Wind Gap, PA will hold a dance every Saturday night beginning January to June from 7:00pm to 10:00pm. For more information call Norman 610-881-4140 or Paul 973-347-2070

> This bright new year is given me To live each day with zest To grow daily and try to be My highest and my best! ~William Arthur Ward

BLUE VALLEY FARM SHOW All You Can Eat Breakfast

SUNDAY, JANUARY 15TH 7:30 AM - 12:30 PM

HOMEMADE CREAMED CHIPPED BEEF. **HOMEFRIES (WITH OR WITHOUT ONIONS)** SCRAMBLED EGGS, KIELBASA, SCRAPPLÉ, FRENCH TOAST, PORK SAUSAGE, BACON PANCAKES, HAM, TURKEY SAÚSAGE

DESSERTS: CAKES, DONUTS, SHOE FLY PIE, PUDDINGS

ORANGE JUICE FOUNTAIN. COFFEE, TEA, HOT CHOCOLATE

ADULTS \$9 • CHILDREN 6-12 \$4.00 • UNDER 6 FREE

707 AMERICAN BANGOR ROAD (RT 512 BETWEEN BANGOR & PEN ARGYL) FOR MORE INFORMATION CALL 610-588-2689

PRINCE OF PEACE EVANGELICAL LUTHERAN CHURCH

Come out and enjoy a great evening with items up for bid. Assorted filled gift baskets, gift certificates from area businesses, oil paintings, glassware, and so much more! Bidding begins at 5:30 PM. Bidding will end at different intervals. So come out and support our local church, food will be available, entertainment, and a great time will be had by all.

PLEASE BRING THIS AD FOR **DRAWING**

SNOW DATE SATURDAY. FEBRUARY 4th

Sponsored by St. Peter's Scholarship Committee

Saturday, February 11th 6:00PM-10:30PM

> (Doors open at 5PM) \$23 per person • BYOB

Blue Valley Farm Show Building

American Bangor Road Rt. 512, Bangor, PA

Dinner & Dancing . Music by DJ Bobby Kock

PLEASE BRING A NON-PERISHABLE TO BE DONATED TO OUR LOCAL FOOD PANTRIES

For Tickets call Jackie Brinker 610-588-2101 or the church office 610-863-6859

Sponsors: Dotta-Chrysler-Jeep • Thrivent of Northampton County

10th Annual Liztech Bingo

Fundraiser for Portland Hook & Ladder Co. #1

Saturday. February 11th (Snow date February 18th)

Doors OPEN at II AM · BINGO at I PM Small Liztech tricky tray and Kitchen open for Lunch

Tickets are \$25 in advance \$30 at the door

and receive \$5 worth of \$1 Tricky Tray tickets with purchase of \$5 in tickets, limit 2 coupons

Contact Stephanie at 610-216-6716 or Steve at 570-242-5578 or email liztech@portlandhookandladder.com







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106 S Broadway Wind Gap. PA 18091 Bus: 610-863-5190 lucv.flinn.bv31@statefarm.com

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State Farm Life Insurance Company (Not licensed in MA, NY or WI), State Farm Life 1601487 and Accident Assurance Company (Licensed in NY and WI), Bloomington, IL

Berkheimer Tax Innovations to Hold Job Fair

Berkheimer Tax Innovations, will be holding a Job Fair on Tuesday, January 17th 5:00pm-7:00pm, 50 North 7th Street, Bangor, PA. See ad page 21.

Bangor Womens Club (GFWC) January Meeting

The Bangor Womens Club (GFWC) will meet on **Tuesday. January 17th. 12:00pm** at Prince of Peace Lutheran Church, Johnsonsville, PA. There will be a luncheon followed by the Arts Festival program for local students and club members to display their arts and craft projects. Visitors and prospective members are invited to attend. Anyone interested in attending please contact Ellen at 570-897-5787.

Candlelit Cocktail Hour HALO

Wednesday, January 18th, 2017; 5:30pm-7:30pm, 6600 Jacksonville Rd., Bath, PA 18014, Join us for a HALO fundraiser benefiting Governor Wolf Historical Society, the birthplace of public education for Pennsylvania. Enjoy a beautiful chandelier candlelit room with cozy fireplaces, hors devours, wine & beer, guided tours and a short program on the restoration of the Ralston Mckeen home. RSVP to Reenek@lehighvalleychamber.org

Fur Auction

January 21st - Pennsylvania Trappers Association District 10 Live Bid Fur Auction at **NEW LOCATION** Stockertown Rod & Gun Club (205 Le Fevre Rd. Stockertown, PA 18083). Doors open at 8am, auction starts at 9am. PTA membership and furtaker's reserve a spot by registering online at msfgym.com Registration is required license required. Contact: Bob Counterman 610-759-9203

Families First Annual Snow Ball Dinner Dance

Families First presents the 7th Annual Benefit Snow Ball Dinner Dance on **Saturday**. January 21st, 6:00pm to 12:00 Midnight at the Weona Park Recreation Center, Pen Argyl, PA. Music by DJ Joe Franzo with Karaoke, Dinner by Just in Thyme. For tickets contact Spring Shank, Pen Argyl High School Kate Marsteller, Wind Gap Middle School or Kelly Thomas, Plainfield Elementary. For information contact: Frank Jones – 610-863-9095 Ext. 1387 or jones.frank@penargylsd.org.

FUNDRAISER RYDE COME RYDE FOR BABY HADLEY AND BABY CHARLI

MultiSport Fitness, JMS Salon, By The Dozen and The Belt and Beyond are joining together to help two local families in their time of need.

Come Ryde at MultiSport Fitness on Saturday, January 21st at 11:00 am



MultiSport Fitness 2016 S Delaware Dr., Mount Bethel, Pennsylvania

Register online at msfgym.com

All proceeds will be donated to the families to help with their medical expenses.

JMS SALON & SPA







Fundraiser Ryde at MultiSport Fitness for Babies in Need by Candy Martin

When MultiSport Fitness cycle instructor Jennifer Schweitzer learned of two Slate Belt families whose babies were born with health complications she immediately felt the need to help. Jennifer, gave birth to twin boys last year and said "I can only image what the families are going through. I felt the need to do something to help these families and the babies. She asked Jennifer Hillis, owner of MultiSport Fitness, if the gym could be used to hold the fundraiser. Hillis, was more than happy to offer the use of the facility. Jennifer then enlisted the help of two fellow cycle instructors Cortney Lambert and Heather Karner to help her with the ryde. She contacted By the Dozen, who will be providing light food for the event and The Belt and Beyond who assisted with advertising.

Baby Hadley, is the daughter of Cameron Klingle and Jason Gruber and was born with Costello Syndrome, a rare genetic disorder that affects various parts of the body. Delayed physical and mental development are the most distinguishing characteristics of the condition.

Baby Charli, is the daughter of Stephanie and Kyle Bartholomew and was born with two holes in her heart and will have open heart surgery within the next few months.

On Saturday, January 21st at 11:00 am the public is invited to participate in the fundraiser ryde. An hour long spin class at MultiSport Fitness. You can with a fee of \$25. MultiSport Fitness is located at 2016 S. Delaware Drive, Mount Bethel, PA.

If you are unable to make the fundraiser but would like to help by making a donation to baby Hadley or baby Charli, please visit the links below to make a donation to both Go Fund Me accounts.

https://www.gofundme.com/help-for-hadley-family-2u2t8wk8 https://www.gofundme.com/ht-charli-bartholomews-heart-surgery.

Come ryde for Hadley and Charli. All proceeds from the fundraiser will be donated to the families to help with medical expenses.



Used Book Sale

Oxford Public Library, 42 Washington Ave, Oxford, NJ, will hold an indoor used book sale on **Saturday, January 21st, 10:00am to 2:00pm.** Hardbound, paperbacks, and children's will be available. A silent auction will be held for a Longaberger basket.

Immaculate Conception School to Hold Open House

Immaculate Conception School 290 W Babbitt Avenue, Pen Argyl will hold an Open House on **Sunday, January 29th, 11:00am to 3:30pm** Come and meet the teachers and staff as well as speak to current students and their parents. From preschool to 8th grade, if you're looking for a fresh start for your child's education, look no further! For over 63 years, Immaculate Conception School has been honored to serve children and families of various faiths and cultures. For inquiries contact the school at 610-863-4815. **See ad page 24**

Marine Corps League

Northampton County Detachment 298 Meeting 1 February/1900
1621 Lehigh St., Easton. All active duty and honorably discharged Marines welcome! jimmineousmc@rcn.com website: www.mcleague298pa.org facebook: Marine Corps League, Northampton County, Detachment 298

Silent Auction to be Held at Prince of Peace Church

Prince of Peace Church Evangelical Lutheran Church will hold a Silent Auction on Friday, February 3rd, 5:30pm to 9:30pm. Snow date Saturday, February 4th. The church is located at 2445 Lake Minsi Drive, Bangor, PA. See ad page 3

Liz Tech Bingo

Liz Tech bingo will be held at the Portland Hook and Ladder Company #1

Saturday, February 11th. Sponsorships available. Doors open at 11:00am.

Bingo starts at 1:00pm. More info: call Stephanie at 610-216-6716. See ad page 5

Slate Belt Heritage Center Events

Sunday, February 12th, 2:00pm - The "Viaduct" Presentation Sunday, March 12th, 2:00pm - Lance Prator- "Slate Quarries: Then & Now" The Heritage Center is located at 30 North 1st Street, Bangor, PA. For additional information contact: Karen Brewer @ 610-588-8615.

Bangor Area High School Musical

The Bangor Area High School will present Disney's Beauty and the Beast on **March 3rd, 4th and 5th.**





Slate Belt Photography Club

Meets at Trinity Evangelical Lutheran Church, 404 Broadway, Bangor, Pa. Meetings are held **every 2nd Thursday of the Month at 7:00pm.** For more info contact: Ricky Mensch @ Sbpc216@gmail.com.



Discover a new you in this new year! Learn more at EastonWeightLoss.com.





Thank You

The Blue Mountain Community Library would like to thank everyone who participated in the Christmas Tree Fundraiser this past December. Your donations will help the library to meet its needs and purchase new books in 2017.

Are you looking for a gift idea for a booklover or want to add to your book collection? On Thursday, Jan. 12, from 6:00 – 8:00 pm, Friday, Jan. 13 and Saturday, Jan. 14,



The Blue Mountain Community Library Book Nook, located on the second floor of the library at 216 S. Robinson Ave. in Pen Argyl.

from 10:00 am -12:00 pm, the Blue Mountain Community Library is having a Semi-Annual Book Nook Sale in the Book Nook, located on the 2nd floor of the library. All items will be half-price for those two days. Please come and purchase gently used Books, CDs, DVDs and Puzzles. The library is located at 216 S. Robinson Ave. in Pen Argyl. Hours are M-Sa, 10:00 am to Noon, and M-Th, 6:00 to 8:00 pm. Call Lisa at 610-863-3029 for information or visit the website is www.bmcl.org. Find us on Facebook at www.facebook.com/bmclpenargyl.

I Choose Hope

By Kathleen McFall

I had just washed the last Christmas dinner dish, and sat down to watch the Christmas tree lights sparkling in the living room and my thoughts raced ahead to the next celebration - ringing in the New Year. I reflected on the ending of one year and the beginning of another, heralded with dazzling lights and bustling energy.

Millions watch our country's most iconic symbol, the New Year's Eve Ball, descend in New York City's Times Square. As the clock nears midnight, we bid a collective farewell to the departing year, make resolutions to improve ourselves, and express joy and anticipation for the year ahead.

Celebrating the New Year is actually a centuries-old, ancient holiday with deep spiritual roots. It is often seen as a time of rebirth - a fresh start, a time when we think about our shortcomings and want to wash the slate clean - a time of potential and a future fraught with possibilities.

If you look at the new year through a biblical lens, you would include words like faith, love, and peace. The word I am focusing on in 2017 is hope.

What is hope? Is it optimism? Is it an escape from reality or problems? Is it a wish that we make?

For me, hope is the belief in what could be. Hope redefines what is probable and opens the path to the impossible. It is dynamic and active and can change how we see ourselves and what we value.

Having hope affects what we do with our lives, our talents and our time. It can give us joy, peace, strength, confidence, and the power to live courageously and move forward even when times are bleak.

We can spend our time feeling miserable and wishing for things to improve or we can make a choice to believe that there is hope and a better life ahead, and that there may be a way out of our problems. It involves the will to get there. President Obama titled his first book "The Audacity of Hope" He stated, "Hope is not blind optimism. Hope is that thing inside us that insists, despite all evidence to the contrary, that something better awaits us if we have the courage to reach for it, and to work for it, and to fight for it."

Michelle Obama also celebrates the importance of hope. "Lead by example with hope, never fear. It is our fundamental belief in the power of hope that has allowed us to rise above the voices of doubt and division, of anger and fear, that we have faced in our own lives."

She continued, "The hope is that if we work hard enough and believe in ourselves, we can be whatever we dream of, regardless of the limitations that others have placed on us.'

Life can be difficult at times and filled with many obstacles. I believe hope is the road map and light we can shine on the darkest path in our lives. Hope can guide and influence our attitude and our decisions. As we look at the circumstances that confront us, let us choose hope.

Happy New Year.

Pocono Hospital and LVHN Merge

East Stroudsburg, Pa. Pocono Health System (PHS) and Lehigh Valley Health Network (LVHN) have met the regulatory requirements to merge. Effective Jan. 1. 2017 PHS became part of Lehigh Valley Health Network and Pocono Medical Center will become Lehigh Valley Hospital-Pocono.

As PHS transitions into LVHN, leadership changes also will take place, Jeff Snyder, PHS's President and Chief Executive Officer, informed the PHS board of his plan to resign from his role effective Dec. 31. Elizabeth Wise, PHS's Chief Operating Officer (COO) and Chief Nursing Officer (CNO), will assume the role of Acting President of Lehigh Valley Hospital-Pocono on Jan. 1. Snyder will continue to provide consultation during a 30-day merger transition period.

"I have decided it is time to pursue my desire to lead in a different capacity," Snyder said. "It's been my honor and privilege to serve the Pocono community, and our residents and colleagues will be in good hands with Lehigh Valley Health Network and Elizabeth's leadership."

PHS Board Chairman Andrew Worthington praised Snyder's leadership, including his role in facilitating the merger and elevating the overall quality at PHS. Under Snyder's leadership, the system has earned "A" grades for patient safety from Leapfrog, a 4-star rating from CMS and recognition from Healthgrades for Patient Safety Excellence and U.S. News & World Report for Best Regional Hospital.



30th annual Northampton County Chorus

Twelve Bangor Area High School students will join approximately 200 vocalists in the 30th annual Northampton County Chorus on Friday, January 20. The concert will be at 7 pm in the Wind Gap Middle School at 1620 Teels Road. PenArayl, PA. Admission is free.

Schools participating are Bangor, Pen Argyl, Nazareth, Easton, Moravian Academy, Freedom, Liberty, Saucon Valley, and Northampton.



Selected Bangor Area High School students are Justin Khan, Jared Zengulis, Jacob Happel, CJ Kizer, Shane O'Leary, Michael McDanolds, Cathianne McKenna, Abigail LaCour, Hannah Almanzar, Brookel Sabella, Sarah Danielsen,

BHS Drama Department "Be Our Guest" Pancake Breakfast

The Bangor High School Drama Department will be hosting the fourth annual pancake breakfast with the cast of "Disney's Beauty and the Beast" on Saturday, February 18th, 8:00am-12:00pm. Classic characters, such as Belle, the Beast, and Mrs. Potts, will transport visitors to the French countryside as they welcome guests of all ages with music, food, and activities.

In addition to restaurant-quality food and top-notch service, patrons can take advantage of a special opportunity to have their photo taken with the princess, the beast, and the enchanted characters. After snapping a photo and filling their bellies, guests can play games and participate in other activities, all while enjoying musical performances from the cast of Disney's Beauty and the Beast.

The breakfast will raise funds for the high school musical production of Disney's Beauty and the Beast. Performance dates are: March 3. 4 & 5. 2017. Tickets for the musical will be available for purchase at the pancake breakfast or you can call 610-599-7011 x1001 for further information regarding tickets for the musical.

Tickets for the "Be Our Guest" pancake breakfast can be purchased ahead of time by calling Sue Bina at 610-588-3041.

Bangor Borough Participates in WalkWorks Program



If you have been looking for an easy, fun, and free way to increase your physical activity, seize the opportunity! Walking is a great way to improve your health and have fun with your family and friends of all ages.

The WalkWorks Program is to increase opportunities for physical activity, the Pennsylvania Department of Health

has partnered with the University of Pittsburgh Graduate School of Public Health Center for Public Health Practice to create a network of fun, fact-filled, community-based walking routes and walking groups. WalkWorks:

- * Identifies and promotes safe walking routes;
- * Offers social support through guided, community-based walking groups;
- * Helps schools develop walk-to-school programs; and
- * Addresses local policies to increase safe walking routes

Bangor Borough has designated 3 routes in the Bangor School District, two located in the Borough and one is at the school campus off 5 Points Richmond Road. Maps and information about each route can be found below:

Historic Downtown Bangor Route (Weekly walks start at 8:30am every Tuesday) Memorial Park Route

Bangor Area School District Route

For more information please contact the Borough office at 610-588-2216 or visit the borough website

http://bangorborough.org/ and click on WalkWorks Program for information about registering for the weekly walks.

FREE



PREPARATION

Improve your Reading, Math and Writing

CLASSES BEGIN IN JANUARY 2017

BANGOR Begins

January 9 & 11

Monday & Wednesday

6:00-8:30 PM

DeFranco Elementary School Library Rt. 512 & 5 Points Richmond Road

PEN ARGYL Begins

Monday & Thursday 6:00-8:30 PM

Pen Argyl Sr. High School Library

501 W. Laurel Avenue

NAZARETH **Beains**

January 9 & 12 January 17 & 19

Tuesday & Thursday 6:00-8:30 PM

Nazareth Sr. High School Library

501 E. Center Street

THE FIRST WEEK OF CLASS IS ORIENTATION - STUDENTS MUST ATTEND BOTH DAYS. If a student cannot attend both days in January they must wait until the next class session to begin in mid February. Adults who attend class, complete requirements and pass the GED will receive an equivalency High School Diploma.

COMPUTER TRAINING IS INCLUDED IN ALL CLASSES.



Provided by the Bangor, Pen Argyl, and Nazareth School Districts & NCC Center for Adult Literacy

Community College

Northampton for additional information, PLEASE CALL 610-861-5427

For GED test info - www.ged.com

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Slate Belt Heritage Center Preservation Award

The Slate Belt Heritage Center, located at 30 North 1st Street, Bangor, Pa, is pleased to announce that it is now accepting applications for its' "Annual Heritage Award". The purpose of the award is to acknowledge individuals who have performed exemplary acts that promote and preserve the culture and heritage of the Slate Belt. Candidates may be an individual or group and can be nominated by themselves or by another party.

There will be three (3) categories:

- 1. Initiative Award: Applicant who has performed exemplary actions in promoting and preserving the Slate Belt heritage through in-kind actions. This means acts that do not necessarily involve monetary donations but can be unpaid service for a preservation cause.
- 2. Architectural Award: Applicant who is saving or conserving a historic building, place or artifact where restoration is authentic to preservation.
- 3. Special Focus Award: Applicant who is saving or conserving tradition or a body of knowledge. That individual who contributes to educational information via exhibits, documentation, internet, archival, etc.

Consideration is given to projects with:

A specific start and end date.

Whether the project meets generally accepted preservation or scholar standards.

Whether the project is considered "complete". Did project have a goal and did the project achieve the goal.

Whether the project had a significant impact with before and after photographs or proof that information or if a structure would otherwise be lost if the nominee had not done the project.

Nominations will be accepted this fall and will be reviewed in January of each year. The awards will be presented at a special program in June. One prize will be awarded with the possibility of one per category depending on committee's review of candidates. Nominations should include a description of entry, photos (if applicable), and any pertinent documentation. The Heritage Center retains the right to exhibit and/or publish the application materials, including photographs. Applications for those not chosen will be held on file, indefinitely, for future consideration.

Interested parties may obtain an application at the Heritage Center (Sundays 1-3), at local municipal offices or by contacting Karen Brewer @ 610-588-8615. If calling, please leave an address to where applications can be mailed in addition to name and phone number. For additional information contact Karen Brewer

Cheese, Wine and Chocolate Tasting at The Chandler Estate IV

Friday, February 3rd, from 4:00pm-6:00pm; The Chandler Estate IV located at 1569 Teels Road, Pen Argyl, PA. Will hold a cheese, wine and chocolate tasting. For sponsorship and additional information contact Amber at 610-863-3408 or amber@chandlerestate.com.

Stalking Awareness Discussion

Tuesday, January 17th. Stalking awareness discussion will be held from **6:00pm-7:30pm** at Eastern Monroe Public Library 1002 N 9th St., Stroudsburg, PA.



Erika Neetz to Represent Bangor at the HOBY Leadership Training Program

June Jones Education Chair of Bangor Womens Club (GFWC) is proud to announce that Erika Neetz has been selected to represent Bangor at the 2017 HOBY Leadership Training Program this Spring in Philadelphia. She is the daughter of John and Kelly Neetz. Erika is a Sophmore at Bangor Area High School. She is an Honor

Roll Student, and active leader in school. Some of her activities include Bangor Area SADD Club, Marching Band, Pep Band, Concert Band, and Track and Field. Outside of school she is a volunteer at her local church, and Elk's Lodge, as well as a member of the Drug Awareness Committee.

Her future plans are to attend college and major in music. She plans to attend college for six years in order to earn a Master's Degree in Music Education. After completing college, she hopes to pursue her dream of becoming a local music teacher.



Birth Announcements

MERRYN ELIZABETH EDELHEISER

Merryn Elizabeth Edelheiser was born on September 12, 2016 weighing 6 lbs 11 oz and 21 inches long.

The proud parents are Danielle and Dane Edelheiser of Mt. Bethel. PA.

Grandparents are Marlene and Paul Karner

of Bangor, PA and Kim and Duane Edelheiser of Mt. Bethel, PA.



EVERLY MARIE REBUCK

Everly Marie Rebuck was born on November 15, 2016 weighing 7lbs 14 oz and 18 1/2 inches long.

The proud parents are Shanna and Brandon Rebuck of East Stroudsburg,

PA. Grandparents are Marlene and Paul Karner of Bangor, PA and Luciunda and Garth Rebuck of Chambersburg, PA.

Letters to Homefront Magazine: "A Love Story Between a Community and its World War II Soldiers"

The project to publish a book about the Homefront Magazine began in October 2015. The co-authors; Marc Blau, Chip Turtzo, Karen Brewer and Deanna Ruzanski assembled volunteers to read and summarize the 4000 plus letters that WW II soldiers sent home to their beloved Homefront Magazine. The letters were then categorized by topic, and placed into appropriate chapters. Some of the chapters are: The Fairest of the Month, Battlefield Stories, Soldier's Artwork, Poems and Prayers, Heroes and more. The book highlights the letters and used the hand-written words of our Slate Belt fighting men and women to tell the story. Many of your fathers and grandfathers are mentioned in the book and while it was unfeasible to use all of the letters, those that were chosen was based on content. A book signing will be held at the Heritage Center's Opening on April 23, 2017, however to ensure that copies are available for all who would like a copy, pre-orders are now being taken. Please send a check payable to the Slate Belt Heritage Center for \$35.00 to reserve your copy. Those out of town desiring a copy must add \$10.00 to cover cost for shipping/handling. Mail payment to: Slate Belt Heritage Center 30 North 1st Street Bangor, PA 18013 Attn: Marc Blau.

For additional information contact: Karen Brewer @ 610-588-8615.

Security Awareness for Taxpayers:

The Tax Community Needs Your Help

The IRS, the states and the tax industry are committed to protecting you from identity theft. But, we need your help to join us in this effort.

By taking a few simple steps, you can better protect your personal and financial data online and at home.

In recent weeks, we've issued a series of IRS Security Awareness Tax Tips designed to help you take steps to protect yourself. If you missed them, we've created an IRS Security Awareness Tax Tips page for you to catch up or review.

Remember, cybercriminals continue stealing large amounts of personal data from outside the tax system. They can use that data to file fraudulent tax returns or commit other crimes while impersonating the victims.

The IRS, the states and the tax industry joined together in the Security Summit initiative to help fight back against these criminals. We've made significant progress to help taxpayers, but we can do an even better job with your help.

Please consider these steps to protect yourselves and your data:

Keep Your Computer Secure

Use security software and make sure it updates automatically; essential tools include using a firewall, virus/malware protection and file encryption for sensitive data Treat your personal information like cash, don't leave it lying around

Check out companies to find out who you're really dealing with

Give personal information only over encrypted websites – look for "https" addresses.

Use strong passwords and protect them

Back up your files

Avoid Phishing and Malware - Avoid phishing emails, texts or calls that appear to be from the IRS, tax companies and other well-known business; instead, go directly to

Don't open attachments in emails unless you know who sent it and what it is Download and install software only from websites you know and trust Use a pop-up blocker

Talk to your family about safe computing practices

Protect Personal Information

Don't routinely carry your Social Security card or documents with your SSN. Do not overshare personal information on social media. Information about past addresses, a new car, a new home and your children help identity thieves pose as you. Keep old tax returns and tax records under lock and key or encrypted, if electronic. Shred tax documents before trashing.

Watch out for IRS Impersonators. The IRS will not call you with threats of jail or lawsuits. The IRS will not send you an unsolicited email suggesting you have a refund or that you need to update your account. The IRS will not request any sensitive information online. These are all scams, and they persistent and change frequently. Don't fall for them. Forward IRS-related scam emails to phishing@irs.gov. Report IRSimpersonation telephone calls at www.tigta.gov.

Additional steps:

Check your credit report annually: check your bank and credit card statements

Review your Social Security Administration records annually: Sign up for My Social Security at www.ssa.gov.

If you are an identity theft victim whose tax account is affected, review http://www. irs.gov/identitytheft for details.

Publication 4524, Security Awareness for Taxpayers, outlines this information. Consider printing and sharing this form with your family, friends, clients or employees. Tax Tips Courtesy of H&R Block, Diane G. Kenerup, EA

Portland-Upper Mount Bethel Food Pantry, Inc.

PUMP has been given a challenge and needs your help. The John and Margaret Post Foundation in its generosity and spirit of community, has established a \$20,000 challenge grant for PUMP. PUMP has supplied food to the needy for the past 22 years and currently today services 400 families and counting in our community. Did you know even in a first class country like the United States, people, especially children, wake up hungry and go to bed hungry. PUMP is a notfor-profit 501(c) 3 organization reaching out to you for help of the ever growing need of families. Your personal or company donation is tax-deductible. You may send your tax-deductible donation today, please make your check out to Portland-Upper Mount Bethel Food Pantry, Inc. or PUMP and mail to P.O. Box 69 Portland, PA 18351. Upon receipt, the necessary documentation will be sent for your tax deduction. Questions you may call Sherman LaBarre, Chairman of the Board, Volunteer 570-656-2967, James Skinner, Volunteer james.e.skinner@gmail.com or John Bermingham, Volunteer Jberminghamsr@gmail.com or 973-452-5102.

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B&B

Information Expo



Layne Baroldi (left) Director of Regulatory and Legislative Affairs and Bala Vairavan, Project Director both of Synagro.

Representatives from Synagro Technologies Inc., Waste Management and the Green Knight Economic Development Corporation were available to answer questions from the public at the Information Expo meetings that were held Monday, January 9th at Plainfield Township Volunteer Fire Hall, Wind Gap and on Tuesday, January 10th at Weona

Park Community Center in Pen Argyl. For information on the project visit the website www.synagro.com/locations/sbhrc Photos by Larry Cory SBTT



Joe Statile, Landfill Operations

1885 Club Accepting Nominations

The Bangor Area High School Alumni Association is looking for nominations for induction into the 2017 "1885 Club Hall of Fame." In 1998, the members of the Bangor Area High School Alumni Association began to search for a way to honor graduates who have distinguished themselves through public service, scholarship, and recognition in their chosen fields of work. Discussions naturally led to creating a Hall of Fame for such individuals. Concerned about possible confusion with the Athletic Hall of Fame, however, the committee began to seek ways to create a different type of recognition with its own unique distinction. From this collaboration, "The 1885 Club" was born. Named in honor of the first year in which a class of students graduated from Bangor High School, this exclusive club honors distinguished alumni and holds these individuals as outstanding examples for others to follow. Through the creation of "The 1885" Club" the Alumni Association underscores and upholds the fact that graduates from Bangor Area High School have been making tremendous contributions to mankind for more than 130 years. We reserve a special category for educators and administrators who have served the Bangor Area School District over its long history.

To nominate someone for either of these awards, please go to the Bangor Area School District web site, click on the Alumni icon (under quick links) and then click on the 1885 Club. There you will find a printable form. Fill it out and mail it to the address shown or forward it to Carole J. Hontz at Bangor Area Middle School, 401 Five Points Richmond Road, Bangor, PA 18013-5267. Nominations can also be e mailed to hontzc@bangorsd.org

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Bangor Area School District Kindergarten Screening

We are excited to begin this educational journey with the incoming kindergarten parents and students. The kindergarten teams at both Washington and Five Points are so excited to meet our new kindergarten class! A child is eligible for admission to kindergarten if he/she has attained the age of five (5) years by the first scheduled day of the school term for students (August 29, 2017) and successfully completes the district's kindergarten screening process (School Board Policy # 201).

On February 1st, kindergarten registration packets will be available for parents and/or guardians at any Bangor Area School District elementary school (Five Points, Washington, or DeFranco). Parents and/or guardians may pick up a packet at any elementary school or at the administration building. Please contact either elementary school if you would like a registration packet mailed. Packets will also be available for download from our BASD web page www. bangorslaters.org. In order to receive a scheduled screening appointment, the completed registration packet and mandatory documents need be returned to Mrs. O'Brien at Washington or Mrs. Kelton at Five Points as soon as possible, but no later than March 10th.

As part of the registration process, parents must present copies of their child's state-issued birth certificate, proof of residency and clearly documented copies of physician or clinic record of the following immunizations:

- 4 doses of Tetanus and Diphtheria (DTP, DtaP, DT or Td - 1 dose after the 4th birthday).
- 3 doses of Polio (OPV, E-IPV).
- 2 doses of Measles, Mumps and Rubella (MMR) (1st dose after 1st birthday)
- 3 doses of Hepatitis B (Hep B)
- 2 doses of Varicella Vaccine or written statement from parent or physician that the child has had Chicken-Pox

In order to determine school building assignment, parents will be asked to inform the school district where their child will be picked up for school and where he/she will be dropped off.

Upon completion and return of the registration packet, parents/and or guardians will be given a date and time for a screening appointment. Kindergarten screenings for the 2017-2018 school year will occur between March 27th - March 30th at Washington Elementary and Five Points Elementary Schools. All screenings will be by appointment only. An adult must accompany the child(ren) for the screening appointment. Our kindergarten staff is so eager to meet and work with the incoming kindergarten students during these appointments!

In order to make the transition to kindergarten as organized as possible, timely registration is vital. We look forward to seeing all of our upcoming kindergarten parents starting February 1, 2017 as they begin to register their children for kindergarten! Together, we can make the transition to kindergarten a positive experience for our incoming kindergarten students!





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Jacobsburg Environmental Education Center Community Programs, January 2017

SNOWSHOES AND HIKING POLES AVAILABLE - When: Monday thru Friday, 8:00 AM to 2:30 PM; Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth Borrow snowshoe equipment to use on Jacobsburg's trails this winter! Snowshoes are available for folks of any age or shoe size, including small children. Snowshoes will not be made available during times of insufficient snow cover, usually at least five inches of snow is required. To borrow equipment you must provide a driver's license or other form of state issued identification. For more information call 610-746-2801 or email jacobsburgsp@pa.gov. You can check our website for current winter conditions and snow depth.

WINTER BIRD COUNT - Saturday, January 14, 2017 at 8:00am to 5:00pm
Join us for our annual winter bird count as we search for as many birds as we can find within a five mile radius of our Visitor Center. Participants should dress for the

weather and bring a lunch and binoculars. Registration is required.

FRIDAY FAMILY FILM - Friday, January 20, 2017 at 6:30pm to 8:00pm
Bring your family along to Jacobsburg Environmental Education Center for a craft activity and movie night. We'll be screening "Magic of the Snowy Owl". Learn about the intelligent and charming Snowy Owl and how it survives in it's bleak Arctic home. Craft time starts at 6:30pm and the movie starts promptly at 7:00pm. Registration is required as supplies and seating are limited. You may preview the film online: http://www.pbs.org/wnet/nature/magic-of-the-snowy-owl-introduction/7833/

SNOWSHOEING FOR SCOUTS - Saturday, January 21, 2017 at 10:00am to 11:30am. Scouts will learn how to prepare for being outdoors in winter as well as how to use snowshoes. We'll go for a hike in snowshoes, stopping along the way to talk about outdoor scenarios and how to prepare for them. If we don't get any snow we'll hike in our boots. The hike will be about two miles. Bring water and a snack. Wear waterproof boots and dress for the weather. Registration is required. You will be asked to specify your weight range when registering; this is to determine what size snowshoe you will need.

INTRODUCTION TO SNOWSHOEING - Saturday, January 21, 2017 at 1:00pm to 2:30pm. Learn how to use snowshoes and trekking poles to explore Jacobsburg's trails in the winter. You may bring your own equipment or borrow ours. We will also learn how to prepare ourselves for outdoor excursions in the winter time. If we don't get any snow we'll hike in our boots with the trekking poles. The hike will be about two miles. Bring water and a snack. Wear waterproof boots and dress for the weather. Registration is required. You will be asked to specify your weight range when registering; this is to determine what size snowshoe you will need.

You can also view and register for community programs online at http://events.dcnr.pa.gov/. If you need an accommodation to participate in a program please contact the park office at 610-746-2801 or jacobsburgsp@pa.gov. With at least three days notice, interpreters for people who are deaf or hard of hearing are available for educational programs.





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Please visit our website to see our menus and our many lunch and dinner specials www.oldmillpa.com Like us on Facebook to receive

updates on new specials



Hours: Wednesday-Saturday 11AM-8PM • Sunday 8AM-5PM (Breakfast served 8AM-1PM Sunday only) • Closed Monday & Tuesday

January is National Soup Month

As winter settles in, comforting and warming soup recipes come to mind.

Lentil Soup with Sausage Swiss Chard and Garlic INGREDIENTS:

1/2 cup olive oil, divided

4 links of sweet Italian sausage, casings removed

1 medium onion, diced

2 celery stalks, sliced or diced

2 medium carrots, peeled and diced

4 cloves garlic, sliced (keep half for later)

Kosher salt

A pinch of crushed red pepper flakes

1 cup brown lentils, sorted and rinsed

2 bay leaves

1 28 ounce can crushed tomatoes

6 cups water

Freshly ground black pepper

3 to 4 cups shredded Swiss chard leaves or kale

Grated Parmesan or Romano Cheese

DIRECTIONS:

Heat 1/4 cup olive oil (enough to coat bottom of pot) in a large pot on medium heat. When hot, add the sausage, breaking it up with a wooden spoon until it starts to brown, about five minutes. Add the onion, celery, carrots, first two garlic cloves, a pinch of salt, and if you like your soup spicy, a pinch of red pepper flakes. Cook with the sausage until the vegetables soften a bit, another 5 minutes. Add the lentils, bay leaves, tomatoes, water (6 cups is, conveniently, a little less than 2 empty 28-ounce cans, so you can get any tomato pulp you missed), more salt and black pepper to taste. Bring to a simmer and allow to cook until the lentils are tender, about 40 minutes. (It might be necessary to add more water if the soup gets too thick, though we preferred ours on the thick side.)

When the lentils are cooked add the swiss chard and cook until the leaves are tender. Discard the bay leaves. Garnish with fresh grated Parmesan or Romano Cheese and serve.



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14 **YOUNG AT HEART**

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Stay Young at Heart (and in Body and Mind)

(Family Features) When joints ache and you don't move as fast as you used to, it may seem that growing old is anything but graceful. While you can't stop the hands of time, there are ways you can keep your physical and mental well-being in tip-top shape for years to come.

Even if you've spent a lifetime practicing healthy habits, your senior years are no time to allow those practices to fall to the wayside. On the other hand, if you put off quality self-care for later in life, rely on your experience and maturity to know that taking care of yourself is as important as, well, life itself.

Eat balanced meals. It's never too late to begin paying more attention to what you eat. Seniors may be prone to poor eating habits for the sake of convenience or because it's not as much fun cooking for one or two when you once had a full house to feed. Actually, as you age, keeping your weight in check and continuing to fuel your body with essential nutrients is more important than ever.

Keep moving. It's true that aches and pains may keep you from being as spry as you once were, but limiting your movement can actually create a snowball effect that results in even less mobility over time. Muscles that aren't used regularly can weaken and restrict your movement even more, so work with your physician to determine an appropriate amount of activity for your condition.

Mind your mind. When you're in the workforce, or while you're tending to the needs of a growing family, you rely on your brain to power through, probably without even thinking about it. Yet over time, most people experience some degree of cognitive deterioration, partially from basic biology and partially from lack of "exercising" that vital muscle. Keep your mind sharp by communicating regularly with your family and friends, and seek out activities that put your brain to use, such as crossword puzzles or word games.

Be a social butterfly. A common lament of middle-age is the lack of time to nurture friendships. With an empty nest and an open calendar, there's no time like the present to strengthen long-term bonds or seek out new companions who share life experiences and a desire to age with grace. Close connections with friends and family members will not only boost your emotional well-being, they can ensure there are others watching out for you on a regular basis.

Do as you're told. When you're younger, skipping an annual checkup here and there seems like no big deal. As you age, those regular assessments are more important. They serve an important role in identifying potential issues and introducing treatments before big problems arise. Honor your regular medical appointments and heed the advice you're given - including taking any medicines as prescribed.

Find more tips for living healthy as you age at elivingtoday.com.

3 Ways Seniors Can Control Prescription Costs

For 55 million Americans enrolled in Medicare, the New Year means any new Medicare Advantage or prescription drug plans, or any changes to your existing plans, take effect. If you signed up for coverage, it's important to understand how your prescription drug costs may be affected.

Even if you did nothing to alter your coverage, some features of your plan may have changed for 2017.

A survey by Walgreens shows that even though prescription drug costs are among the top concerns for Medicare beneficiaries, approximately one out of every five beneficiaries lacks a good understanding of their insurance plan.

Slate Belt Senior Center

On December 21st, one hundred forty-two seniors participated in a fun filled party catered by the The Old Mill Restaurant. They played the candy ball game, reindeer race games and held an ugly sweater contest.



Pictured are ugly sweater contestants, (left to right) Annette Vay, Patty Joe Flyte, Wanda Hoffman, Andrea McCraw, Wanda and Andrea tied as the winners.



Seniors are shown dancing to the music of "Casband" photos submitted by Marcia Schiavone

Roughly the same percentage falsely believes that all pharmacies charge the same copay and one-third of respondents didn't know they can switch pharmacies at any time, including outside of the annual enrollment period. To make the most of your benefits and find potential cost savings for your prescription medications under your Part D coverage, here are three easy steps to get started:

Use a less expensive brand or generic. The brand-name drug your doctor prescribed can do wonders for your symptoms but be worrisome for your budget. Many brand-name drugs have generic or other brand substitutes. First, make sure your doctor considers generic options. If those options aren't available, there may be lower-cost brand-name drugs used to treat the same condition. Ask your pharmacist if you have that option then talk with your doctor to see if switching brands makes sense in your situation.

Verify whether your plan has a preferred pharmacy network. Many prescription drug plans have a preferred pharmacy (preferred cost share) network where you can pay a lower out-of-pocket copay for the exact same drug. Walgreens is in the preferred pharmacy network for many of the largest Medicare sponsors and, effective January 2017, offers copays as low as \$0 on generic medications for select plans. Filling a generic medication at a non-preferred pharmacy could cost you \$3, \$5 or even \$10 for the same drug.

Seek Medicare's Extra Help program and other ways to save. Medicare offers an Extra Help program to help people with limited income and resources pay Medicare prescription drug program costs, like premiums, deductibles and coinsurance. Make sure you're taking full advantage of your insurance coverage, which may cover non-prescription items, like vaccinations and certain over-the-counter medications.

Medicare beneficiaries seeking help navigating prescription drug costs can find additional resources and a list of Medicare plan sponsors at walgreens.com/medicare.

Slate Belt Senior Center

Blue Valley Farm Show Complex, 707 American Bangor Road, Bangor Ph 610-588-1224. Hours: 8:00am-4:00pm. For Meal Reservations please call by 10:00am, 1 day prior before the meal. Lunch is served at 11:30am. We are looking for volunteers to help plan/set up for parties & special events.

Craft - Tuesdays, 9:00am

Cards - Tuesdays, January 24th, 31st, 12:15-2:00pm

Brush Away With Senior Artists - Wednesdays, 8:00-11:00am

Exercise - Wednesdays, 10:00am

Afternoon With The Arts - Thursday, 12:15pm

Crafts With Bev - Thursday, January 19th, 10:00am

Pool Tables Are Available Every Morning & Tuesday, Thursday and Friday Afternoons

TV, Library And Computers Available Daily JANUARY EVENTS:

Poker, Thursday, January 12th, 12;15-2:00pm **Baseball,** Friday, January 13th, 10:00am.

CLOSED JANUARY 16TH. MARTIN LUTHER KING DAY

Council Meeting, Thursday, January 19th, 9:00am.

Event Committee Meeting, January 19th, 12:15pm

Sundae's On Friday, Friday, January 20th, 12:15pm

Farkle, Thursday, January 26th, 12:15-2:00pm

Winter Blues, Friday, January 27th, 10:00am.-2:00pm

Nazareth Senior Center

15 South Wood Street, Nazareth, PA, 18064. Director: Stacy Walsh Call 610-759-8255 BY 11 AM PRIOR DAY for meal reservations.

We are looking for volunteers to help plan/set up for parties & special events.

Fun & Games - Mondays, 10:00am

Penny Card Bingo - Everyday 8:30am

Bonus Bingo - Tuesdays and Fridays, 10:00am

JANUARY EVENTS:

Council Meeting, Thursday, January 12th, 10:00am

CLOSED JANUARY 16TH, MARTIN LUTHER KING DAY

Birthday Bingo, Tuesday, January 19th, 12:15pm

In-Service with Nurse Lisa Friday, January 20th, 12:15pm

Introducing: Moravian College Student Nurses, Thursday, January 26th, 8:30nm

Ice Breaker & Fun, Thursday, January 26th,

The Slate Belt Young at Heart Club

The Slate Belt Young at Heart Club will meet on **Thursday, January 19th at 1:00pm** in the St. Elizabeth's church hall in Pen Argyl. A representative from a local bank will be the featured speaker. A reminder, this club is open to all senior citizens, regardless, of race, creed, religion, etc. Please feel free to drop in, all are welcome.

Senior Center Listings

Slate Belt Senior Center

707 American Bangor Road, Bangor, PA (Blue Valley Farm Show Building) 610-588-1224 • Hours: 8:00 AM - 4:00 PM

Easton Area Lifestyle Campus

3201 Sullivan Trail, Easton, PA 610-829-3201 • Hours: 8:00 AM - 4:00 PM

Nazareth: The Border House

15 South Wood Street, Nazareth, PA. 610-759-8255 • Hours: 8:30 AM - 1:30 PM

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Salvation Army Pen Argyl - Community Lunch Program

Tuesday, Wednesday and Thursday from 12:00pm-1:00pm Community Lunch Program, Thursdays after lunch senior program. Food pantry first 4 Tuesdays of the month from 10am-12pm.

BINGO

January 12 & 19

Polk Township Volunteer Fire Company
Main Fire House Hall, 115 Interchange Rd, Kresgeville
Doors open at 5:00 PM • Bingo starts at 6:45 PM

January 13 & 20

Wind Gap Fire Company

Doors open at 5:00 PM • Bingo starts 6:45 PM

January 14 & 21

Immaculate Conception

Doors open at 11:00 AM • Bingo starts at 1:00 PM

Bangor VFW

Doors open at 3:30 PM • Bingo starts at 6:00 PM

January 17 & 24

Portland Hook & Ladder Co. #1
State Street. Portland 7:00 PM

Klecknersville Rangers Vol. Fire Co.

2718 Mountain View Drive, Moore Township Doors open at 5:00 PM • Bingo starts at 7:00 PM

January 18 <u>& 25</u>

Bushkill Vol Fire Company

Doors open at 5:00 PM • Bingo starts at 7:00 PM



The Center for Animal Health and Welfare

The Center for Animal Health and Welfare will hold their 9th Annual Dancing for Doggies and Kitties Oldies Night on **Saturday, January 28th 5:30pm-10:30pm** at the Tatamy Fire Hall, 164 Bushkill Street, Tatamy, PA. For Tickets and info contact Hope at 610-390-9691. The Center for Animal Health and Welfare is located at 1165 Island Park Rd., Easton PA.

Cat Problems-Feral Cats

The Slate Belt Council of Governments Animal Control Program has contracted with NO Nonsense Neutering for a trap, neuter, and return program. Participating municipalities have vouchers available. Call your local municipality to find out if they are participating in the program.

AWSOM Hosts Go Jump in a Lake Event with Garv in the Morning

The Animal Welfare Society of Monroe (AWSOM) invites the community to Go Jump in a Lake on **Saturday January 28th, 2017** at Memorytown USA, Mount Pocono PA.

Join Pocono 96.7 FM radio personality Gary in the Morning as he takes the plunge in support of the AWSOM animal shelter. Registration begins at **12:00 pm** with participants taking the plunge at **2:00 pm**. Hot lunch and beverages to be served inside following the jump and are included with registration. For registration fees please visit the website AwsomAnimals.org

The event is free for participants who raise \$100 or more in support of the AWSOM shelter.

Jumpers must register on-site and wear shoes in the water. Volunteers from Northeast Search and Rescue will be on hand to safeguard the activities. Spectators will also be able to purchase a hot lunch and beverages. Located at 432 Grange Road, Mount Pocono, PA, Memorytown USA boasts a gorgeous, accessible lake and dining facilities at the water's edge.

The AWSOM Animal Shelter is located on Godfrey Ridge Road in Stroudsburg, PA. Adoptions hours are 11AM to 4PM, 7 days a week. Volunteer opportunities are always available. Stop in or call 570-421-DOGS for more information. Visit the website at AwsomAnimals.org - Facebook: A.W.S.O.M. Mailing address: P.O. Box 13, Stroudsburg, PA 18360. For more information, contact Kristen Hamilton at 610-585-4722 or email kshcopy@gmail.com

Attention Dog Owners

Obtaining a license for your dog is the right thing to do...and it's the law. In Pennsylvania, all dogs three months and older must be licensed by Jan. 1 of each year. Owners who fail to license their dogs could face a fine of up to \$300 for each unlicensed dog.

The fee for an annual dog license is \$6.50, or \$8.50 if the animal is not spayed or neutered. Lifetime licenses are available for dogs that have permanent identification such as a microchip or tattoo. Older adults and persons with disabilities may be eligible for discounts.

For more information and to find out how easy it is to purchase your dog license, please visit http://www.licenseyourdogpa.pa.gov/



ADOPT US: ZEKE and VALENTINA



ZEKE and VALENTINA are summer kittens looking for true love. While two kittens are always better than one, these sweeties are not related and need not be adopted together.

ZEKE is a dapper little guy in his white and black tux, all dressed up and only one place to go: home with you. His striking green eyes will melt your heart. You get the best of both worlds with this gorgeous boy: Zeke is old enough to

be litter trained, calm and self-sufficient. Yet he still has the energy of youth! He loves to jump, hunt, pounce and play. Sweet boy is

just 6 months old, up-to-date on vaccinations, neutered, litter trained and ready to be the prince of your castle. Come meet Zeke today!

VALENTINA wants to be your early Valentine's Day surprise. This dark, shimmery beauty is a gorgeous girl with haunting eyes and a tender, loving soul. All she wants is to live in a home and feel the joy of true love. One of the advantages of more mature kittens is their independent spirit. Girlfriend is litter trained and has even been spayed, so no need



to worry about your baby having babies. Girlfriend is 6 months old, spayed, up-to-date on vaccinations, litter trained and ready to meet you. Bring love home with Valentina today!

The AWSOM Animal Shelter is located at 3129 Godfrey Ridge Drive, Stroudsburg, PA 18360. Adoptions hours are 11AM to 4PM, 7 days a week. Volunteer opportunities are always available.

Stop in or call 570-421-DOGS for more information.

The AWSOM Animal Wellness Center is open Monday thru Friday for all your basic veterinary needs. Check out our low-cost veterinary services, including spay and neutering, vaccinations, dental care and more.

Call 570-424-1060 for more information or to make an appointment. Visit our website at AwsomAnimals.org Facebook: A.W.S.O.M.

Martin Luther King Jr.

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Balcony	Dream	March	Selma
Bernice	Equality	Memphis	Sit-in
Bus	Faith	Morehouse	Strategy
Church	Freedom	Mountain-top	Third Monday
Civil Rights	Goodwill	Movement	Yolanda
Coretta	Integration	Non-violent	
Defiance	January	Overcome	

"Cheers to a new year and another chance for us to get it right." ~Oprah Winfrey

January Fun Facts Did You Know?

The flower symbol of January is snowdrop and carnation.

On January 6, 1912. New Mexico became the 47th state.

January is National Soup Month.

Elvis Presley was born on January 8, 1935 in Tupelo, Mississippi

On January 12, 1991 Congress authorized President George Bush to use military force against Iraq following it's invasion of Kuwait.

On January 17, 1942 Muhammad Ali was born in Louisville, Kentucky, as Cassius Clay,

January 20, 1945 Franklin Delano Roosevelt the 32nd president of the United States inaugurated to a fourth term. FDR was the only United States president to be elected to four terms serving from 1933-1945.

An American Airlines Boeing 707 made the first scheduled transcontinental U.S. flight traveling from California to New York on January 25, 1959.

The Visitation by Robert L. Martin

She came to visit me in her white chiffon Drifting in with the north wind from beyond The sky is her habitat, the clouds her room She rules the earth before the month of June

Wisdom is her father and Boreal, her mother God is her keeper and Snow, her brother She relies on her mother to move her along As she sways to the melody of winter's song

I was standing on a knoll looking skyward When I saw her gliding in the air like a bird She looked so beautiful, one little snowflake Landing on me, then the others on the lake

She told me about how her journey started How she set out to drift to lands uncharted She lies up in the clouds with no obligations Until winter tells her to make her visitations

> She is the daughter of Wisdom And the beauty of winter's sky

New Editions at the Blue Mt. Community Library

The following new editions are now available at The Blue Mt Community Library. The library is located at 216 S. Robinson Ave. in Pen Argyl. Hours are Mon.-Sat.10:00 am to Noon, and Mon.-Thurs. 6:00 to 8:00 pm. Call Lisa at 610-863-3029 for information or visit the website www.bmcl.org. Find us on Facebook at www.facebook.com/bmclpenargyl.

ADULT FICTION - The Whole Town's Talking, Fannie Flagg; Everything We keep, Kerry Lonsdale; Cross The Line, James Patterson; Chasing Shadows, Karen Harper; Chaos, Patricia Cornwell; The German Girl, Armando Correa; Girl In The Afternoon, Serena Burdick; The Orphan Mother, Robert Hicks; The Hopefuls, Jennifer Close: Perfume River, Robert Butler: The Invitation, Lucy Foley: The Golden Son, Shilpi Gowda: The Food Of Love, Amanda Prowse: Queen Of The Cookbooks, Ashton Lee; Monsoon Summer, Julia Gregson

ADULT LARGE PRINT: - Just Fine With Caroline, Annie Noblin: Twilight At Blueberry Barrens, Colleen Coble; The Life She Wants, Robyn Carr; Island Of Glass, Nora Roberts

ADULT NON-FICTION - Courage To Soar, Simone Biles; Ray & Joan, Lisa Napoli

New in the Bangor Public Library

ADULT FICTION - The life she wants by Robyn Carr; Egg drop dead by Laura Childs; The wrong side of goodbye by Michael Connelly; The Solomon curse by Clive Cussler; The whole towns talking by Fannie Flagg; Order to kill by Kyle Mills; Dazzling by Elizabeth Hayley; Winter storms by Elin Hilderbrand; Precious and Grace by Alexander McCall Smith; Eggnog murder by Leslie Meier; Fast and loose: Crash and burn by Fern Michaels: Once a rancher: Always a cowboy by Linda Lael Miller; French kiss: a detective Luc Moncrief; Come and get us by James Patterson; The old man by Thomas Perry; Deja dead by Kathleen Reichs; The bone Labvrinth: War hawk by James Rollins: The mistress by Danielle Steel: Below the belt by Stuart Woods.

ADULT NON-FICTION - Talking as fast as I can: from Gilmore Girls to Gilmore Girls and everything in between by Lauren Graham; The lost city of the Monkey God by Douglas Preston; You are a bad ass: how to stop doubting your greatness and start living an awesome life by Jen Sincero.

YOUNF ADULT FICTION - See how they run by Ally Carter; Caught; Risked by Margaret Peterson Haddix; The assassins blade; Crown of midnight; Empire of storms; Heir of fire; Queen of shadows; Throne of glass by Sarah J. Maas; Snow like ashes by Sara Raasch.

JUNIOR FICTION - World of mouse by James Patterson.

EASY FICTION - Silverlicious by Victoria Kann; The wonderful things you will be by.

2016 Holiday Hoops Classic

The 2016 Holiday Hoops Classic was held on December 27th & 28th 2016 at Bangor Area High School at the Bill Pensyl gym. Winner of the Holiday Hoops Classic was Stroudsburg High School defeating Warren Hills 50-47.

Bangor and Pen Argyl played in the consolation game with the Slaters taking the win 40-27.



2016 Holiday Hoops Classic All Tournament Team

Pen Argyl- #42 Emily Sutton, Bangor- #34 Marissa Fernandez-Tierney, Warren Hills-#5 Nicole Mallard and #23 Devyn Gara, Stroudsburg- #1 Tamia Hines, MVP of the Tournament- Stroudsburg #12 Anaya White



Bangor's #12 Brieann Ohland takes a foul shot during the game against Warren Hills at the Holiday Hoops Classic

Photos by Sabrina Schantzen

January 3rd Bangor 72 vs Palmerton 51



Pen Argy's #40 center Rachel Sutton defends the ball.

RIGHT: Pen Argyl's #42 Emily Sutton stays close to Stroudsburg's #12 Anaya White during the Holiday Hoops Classic game held in December at the Bill Pensyl Gym at Bangor High School.

Bangor Boys Varsity Basketball



Photos by Lynn Cistone

Bangor Girls Varsity Basketball

Photos by Lynn Cistone On Friday January 7th the Bangor Girls Varsity Basketball team played E. Stroudsburg North. Final Score Bangor 49, E. Stroudsburg North 29.



Bangor #10 Amanda Konick



Bangor #23 Meghan Barone



#30 senior Anthony Schiavone



#4 senior Reece Jones



During halftime of the Bangor vs Palmerton game the UMBT Slater Youth Basketball boys were recognized.





Bangor #34 Marissa Fernandez-Tierney



Bangor #12 Brieann Ohland







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1025 MOUNT BETHEL HIGHWAY

SLATE BELT MEN'S QUOIT LEAGUE

January 8th, 2017

Roseto Legion 37 Columbia Fire Co. 19 – Woody Ivins 12-2, Tom Amy 10-4 Oxford Fire Co. 35 East Bangor Fire Co. 21 - Ken Hagan 11-3, Tim Steele 10-4

Bangor Jax 32 Hillside Rod & Gun Club 24 – Dave Giaquinto 12-2, Jim Hughes 11-3: Adam Kluska 12-2

Pen Argyl Legion 41 Second Ward Fire Co. 15 – Steve Pfeiffer 13-1, Matt Moore 11-3

Bangor Elks won by forfeit over Roseto Rod & Gun Club



O'Neill's Place 41 Liberty Fire Co. 15 – Jack Bellis 14-0

Bangor VFW 32 Rescue Fire Co. 24 – Jeff LaBar 10-4; Jeff Kneebone 8-6

2016-2017 SBMQL Second Half Standings

Valid through 1/31/17

Division 1 – Oxford Fire Co. 4-0, Bangor Elks 4-0, Bangor Jax 4-0, O'Neill's Place 4-0, Roseto Legion 3-1, Pen Argyl Legion 3-1, Bangor VFW 2-2

Division 2 – Hillside Rod & Gun Club 2-2, East Bangor Fire Co. 2-2, Rescue Fire Co. 0-4, Second Ward Fire Co. 0-4, Liberty Fire Co. 0-4, Columbia Fire Co. 0-4, Roseto Rod & Gun Club 0-4

BUSINESS DIRECTORY











A.J. Olszewski II

1840 Kutztown Road Reading, PA 19604

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Mobile: (610) 972-5791 Fax: (610) 898-1223





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Albanese Flowers & Plants Baby Harry Coffee Co. Bloom Creative Studio

By The Dozen Bangor Area School District

Bangor Borough Bangor Child Care Center

Bangor Chiropractic Bangor General Store Bangor Hardware Bangor Mercantile

Bangor Podiatry Bangor Public Library Bangor Tire and Auto

Bank of America Blue Valley Diner

Blue Valley Farm Show Blue Valley Vision

Bono Pizza Borked PC Brav's News Broadway Pub

Burning Daylight Greenhouse Carmella's Salon

China Wok

Chocolates on Broadway Country Carpet Shoppe Country Roads

CPA Tax Cuts Plus

Dinky's Ice Cream Parlor Dotta Chrysler Jeep Duke's Sporting Goods Dunk'in Donuts **Episcopal Apartments**

Eunikue Fashions

First United Methodist Thrift

Store Grace on Broadway Ginder Greenhouse Good Shepherd

Hartzell's Auction Gallery

H&R Block **Health Network Laboratories**

Heard's Meat Market Hometown Brand Center

Ignite Fitness J Nails

JMS Salon Job Connections Johnnie's Restaurant Kline's Auto Repair Little Corner Cafe

Lafayette Bank Little Creek Bar-B-Cue Mary Eck O.D. Optometrist

Merchant's Bank (Rt 191&

Broadway) Miller's Paint Store Multicare Plus

Outdoorsman's Warehouse Penn Jersev

Pies to Die For Cafe Platinum Cutz Barber &

Tattoo Recovery Revolution/A Clean Slate

Rich's Outdoor Power Equipment Santander Bank

Shirts Hair Cutting Blue Mt. Pediatrics Sinfully Sun

Slate Belt Chamber of Commerce

STA Bus Co.

State Farm Brian Witmer

Subway Sunoco

Sweet Things Cupcakes Three Brothers Beverage Tolino's Fuel Service Tolino's/Valero

Tom Mulligan Barber

Veronica Anthony's Salon and Spa

Vinny's Pizza Wagner's Tire & Auto Weaver Chiropractic Weis Market Washington Pet

PEN ARGYL

Anderson's Formalwear Blue Mountain Community

Library Cascario's Cuono's Barber Shop Dr. Gary Williams DMD Donna's Salon

Emmy Lou's Ice Cream Giordano's Italian Restaurant Jennifer's Salon & Day Spa &

Consigment Kim Cesare Auto Sales Leck Veterinary Hospital Lisa's Salon 25 The Lunch Room Miss Rose's Pre-School Morning Star Manor Mr Pastie

The Old Mill Restaurant On the Spot Dry Cleaners

Pen Argyl Borough Pen Argyl Pizza Pen Argyl Post Office Philly's Hair Design Pool Store

Reagle Dodge Reimer Bros. Reto's Barber Shop Rep. Mario Scavello

Sabatino Insurance Slate Belt Floor & Wall The Slate Pub

Tolino's/Valero **ROSETO**

Faith Christian School J.C. Bloom Designs

J. DeFranco & Daughter's Catering

Roseto Bakery Ruggiero's Market

WIND GAP

Aunt Wendy's Blue Valley Lanes Cafe on Broadway Century 21 Pinnacle **Chandler Estates** Coordinated Health Cozy Barn Crystal Nails

Daisy Dairy Bar

Detzi's Tavern Doughboys Pizza Dunkin Donuts

Family & Friends Restaurant

The Gap Diner Genesis Hearing

Giant

Great American Real Estate Instant Replay Inne Towne Storage Let's Pass It On Merchant's Bank Mike's Produce

Nana's Oasis Pool Supply Penn Jersey

Petromart Realty Executives Sal's Pizza

Soapee Sudz Laundry Square One State Farm Lucy Flinn

State Representative Marcia Hahn

St Luke's Subwav Taste of Nature Three Brothers Pizza Walden III

Wells Fargo Wind Gap Beer Outlet Wind Gap Chevy Buick

Wind Gap Laundromat **MOUNT BETHEL**

5 Points Inn Ahearn's Garage

Comunale's Italian Market Cotturo Dental

Encore Resale Shop Expression Thru Glass First Northern Bank Horn's Outdoor Inc.

Hope's Favorite Things Merchant's Bank Middle Village Bakery Miller's Egg Ranch

Mt. Bethel Auto Supply Mt. Bethel Beverage

Mt. Bethel Diner Mt. Bethel Eye Care Mt Bethel Hardware

Mt. Bethel Pizza Mt. Bethel Post Office

Penn Jersey Realty Solutions of PA

Realty World State Representative Joe

Emrick Subway Teel Realty Thomas Greenhouse TK's Bar & Grill

Todd's Auto Body Teresa's Pizza Tuscarora Inn

PORTLAND

Janet's Jems Kelly's Ice Cream PA Bagel & Deli **PNC Bank** Portland Post Office **DELAWARE WATER GAP** Village Farmer & Bakery **MARTIN'S CREEK**

DeBer's Corner Martin Creek's General Store Martin's Creek Post Office Merchant's Bank

NAZARETH

Attic to Basement Thrift Store Alexandria Manor Calandra's Cheese **Dunkin Donuts** Emily's Ice Cream

G.S. Oswald Jewelers Gracedale Hair Design 201 Herbs to your Success Kendra's Buttercup Bakery

Memorial Library of Nazareth

Lafavette Bank Vicinity Merchant's Bank Mivaio's Pizza Missing Piece Moravian Hall Square Nazareth Army & Navy Store Nazareth Diner Nazareth Exchange Nazareth Hardware Nazareth Tanning Nazareth YMCA

Ralph's Appliance Shear Envy State Rep. Joe Emrick Stehly's Bakery & Eatery Subway/Papa John's Tips to Toes Nail Salon

Potts' Doggie Shop

VIA Thrift Store Zanette's Nazareth Grill

BATH

Blue Moo **Dunkin Donuts** Hickory Hills Latteman's Deli Moore Pizza Pizzaville Wells Fargo Bank

BELFAST

Choida's Belfast Deli Miguel's Restaurant Plainfield Diner Fuel Cell

STOCKERTOWN

A Country Home Klein's Dairy & Farms Stockertown Post Office Tolino's/Valero

TATAMY

Northampton Farm Bureau Tatamy Post Office

PALMER Palmer Diner

Stroehmann Bakery Outlet **FORKS**

Asia Nails

Beijing Garden Catanzareti Pizza China King Chubby's D & K Nail Salon Fork's Carolina Furniture Forks Township Community Center Holiday Hair The Mail Room Merchant's Bank National Penn Bank Neighbor X Pharmacy Nicolosi's Pizza Party It Up PL Nails Salvatore's Pizza State Farm Insurance Taco Express Top Starr Exxon Weis

Wok N Roll **EASTON**

Carrie Anne's Connexions Gallery Crayton's Creations Chimpun Peru **Dunkin Donuts** Daddy's Place Easton Hospital Easton Public Library Josie's NY Style Deli Joe's Delicatessen Merchants Bank Pearly Baker's Ale House The Quadrant Book Store Third Street Alliance Tic Toc Family Restaruant Sweet Girls Bakery

POCONOS

BRODHEADSVILLE

Dunkin Donuts Dunkelberger's Hometown Brand Center

Shop Rite West End Diner

SAYLORSBURG Mountain House Country Store

Saylorsburg Lumber

SNYDERSVILLE Snydersville Diner

STROUDSBURG Blu Studio **DeNovo Clothing** Dunkleberger's

Earthlight Natural Foods Eastern Monroe Public Library

Jimmy's Ice Cream Little Angel's Cafe Magda Family Dental Main Street Jukebox Mountain Mutts Grooming & Salon

Philly Steaks Pure Day Spa Shear Brilliance II Salon ShopRite Soap Box Laundromat The Dog House The Potting Shed Triplets Diner

E. STROUDSBURG **Dunkin Donuts** Kilareski Orthodontics Natural Concepts Hair

Design



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Experienced or Training Will Be Provided 20-30 Hours Per Week (AM & PM Routes) Competitive Wages

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CALL NOW! 610-588-3590

NEW YEAR, NEW CAREER! WE'RE HOLDING A JOB FAIR!

Tuesday, January 17, 2017 5:00 PM - 7:00 PM

50 North 7th Street, Bangor, PA

Berkheimer Tax Innovations, a tax administration company located in the Bangor area, currently has several openings in our Customer Care Department. Customer Care Representatives will focus on promoting and maintaining a positive company image while responding to taxpayers' inquiries and concerns. Excellent telephone communication skills and computer proficiency required.

\$10.14/hr + incentives • FT day shift • Paid training **Excellent benefits • Casual work environment**

Apply in person at our job fair! Can't make it to our job fair? Apply online! Visit our website at www.hab-inc.com and navigate to our Berkheimer Careers page and click on Customer Care Representative.

STYLIST. MANICURIST. BARBERS. MASSAGE THERAPIST WITH FOLLOWING ARE YOU LOOKING FOR A CHANGE?

If you are seeking a salon that offers top pay, is family orientated, offering a fun/happy professional work environment where you can be your own boss. We are an established, professional, unisex salon with plenty of parking for your customers, and walk-in accessibility. JMS Salon and Spa is seeking professionals to join our salon family. If this sounds like the salon you've been searching for please call Jennifer at JMS Salon & Spa 610-588-6813 to schedule an interview. Serious Inquiries only

RENTALS

FOR RENT

1 bedroom remodeled apartment in Bangor, off road parking, w/s/q included. no pets. \$600 plus one month security. Call 610-905-1701.

RENTALS?

THE BELT AND BEYOND **MAIL OR EMAIL YOUR CLASSIFIED ADS TO US!**

INTERESTED IN BECOMING INVOLVED AND SERVING YOUR COMMUNITY?

Bangor Borough has opportunities for borough residents to fill the following vacancies on various Boards and Commissions:

Zoning Hearing Board Zoning Hearing Board – Alternate Vacancy Board Chairman

Parks & Recreation Board – Member at Large Parks & Recreation Board - Fourth Ward Member **Disruptive Conduct Board - Owner** Disruptive Conduct Board – Renter (Alternate)

Please send a letter of interest to the Borough Manager at 197 Pennsylvania Ave., Bangor, PA 18013.

FOR SALE? ADVERTISE HERE!

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CLASSIFIED ADS

REAL ESTATE-PROPERTY RENTALS & SALES. HELP WANTED, SERVICES,

MISCELLANEOUS FOR SALE ITEMS. AUTOS. CARS, TRUCKS, SUVS, RVS, MOTORCYCLES

Classified line ad rates up to 20 words \$8 per issue each or \$15 for 2 issues. There will be an additional charge of 25¢ per word over 20 words.

LINE CLASSIFIEDS

1 Issue: \$8 2 Issues: \$15 ADDRESS _____ **CLASSIFIED DISPLAY**

CITY/STATE/ZIP _____ 1 Issue: 2 Issues: 1 Column X 1.25" \$15 per insertion or \$25 for 2 issues or 1 Column X 1.75" \$20 per insertion or \$30 for 2 issue

Mailed or emailed classified ads will only be accepted. No Classified ads will be accepted by phone. Deadline 12:00pm on Friday, prior to publication week. By mail send this form along with your check made payable to: The Belt and Beyond, P.O. Box 33, Bangor, PA 18013 ATTN: Classifieds. By Email send Classified ad with Classified ad in the subject to the beltan beyond@gmail.com. All Classified ads must be pre-paid. No Exceptions. No Refunds or Credits.

FREE TO GOOD HOME.

Must find a good home for Emerald (Em) She is 7 months old and up to date on all shots. If you can provide a loving, and safe home please call Shantelle at 914-434-0648



22 A RELIGIOUS SERVICES

Ackermanville United Methodist

1410 Ackermanville Road, Bangor, PA., (just off Rt. 191in Ackermanville), 9 AM Sunday School, 10 AM Worship Rev Alice Ann Bonham, (610) 588-7818 www.ackermanvilleumc.org

Arndt's Lutheran Church

1851 Arndt Road, Easton, PA 18040, 610-253-3732 Worship: Sat. 6:00 PM, Sun. at 8:15 AM Communion; 9:00 AM Children's Sunday School; 9:30 AM. Confirmation; 10:30 AM Worship

Tue. - 10:00 AM Open Arms: 7:00 PM Boy Scouts & Bible Study.

Wed. - 10:00 AM Open Arms

Holy Communion is celebrated on the 1st & 3rd Sundays of the month.

Email: arndts.lutheranchurch@rcn. Website: www.arndtslutheran.org

Bangor Church of the Nazarene

150 Bunny Trail, Bangor 9:30 AM Sunday School, 10:40 AM Worship Powerhouse Praise Practice 5 PM Teen Straight Talk & Small Groups 6 PM Kenneth L. Bean, Pastor, (610) 588-6929

Belfast Bible

483 Belfast Road, Belfast 9:30 AM Sunday School (All Ages) 10:45 AM Worship, Evening Service 7 PM Pastor Michael Yaworski

Belfast Wesley United Methodist

607 School Street, Belfast 9:00 AM Children & Adult Sunday School, 10 AM Worship, followed by coffee fellowship. Pastor Paul Milligan. (610) 746-3652

Benders Mennonite Church

975 Benders Church Road, Pen Argyl 10:10 AM Worship, Food Bank 3rd Saturday of the month 9 AM - 11 AM (610) 863-9114

Bethel Bible Church of Mt. Zion

7742 N. Delaware Dr. (Rt 611) Martins Creek 9 AM Sunday School, 10 AM Worship Pastor Rick Tunis, (610) 250-9809 www.bethelbiblechurchofmtzion.org

Christ Evangelical Lutheran Church

703 S. Delaware Dr (Rt 611) Stone Church/Mt. Bethel 610-588-7056 e: celcpaorg@yahoo.com Sunday School 9am (Sept-May) Worship 10am:communion 1st & 3rd Sunday www.celcpa.org

Community Baptist

Weona Park Center, Pen Argyl

7 PM Bible Study, Separate class for age 10 & under

Clearfield Bible Holiness Church

1502 Bushkill Center Road, Wind Gap 10:30 AM Sunday School, 11:15 AM & 2 PM Worship 7 PM Thursday Prayer Meeting Pastor Mike Beck, (570) 369-6563

Community Church

Mount Pocono Location 1050 Memorial Blvd., Tobyhanna, PA 18466 SUNDAYS 9:30 am | 11:00 am | 12:30 pm The Burgs Location - SUNDAYS 11:00 am 2000 Milford Road, Stroudsburg, PA 18301

Community Presbyterian

1755 S. Delaware Drive, Mount Bethel 9:15 AM Sunday School, 10:30 AM Worship Coffee hour on last Sunday of every month following service cpcmbp@peoplepc.com (570) 897-6766, www.yourcpchurch.com

Cross Road Baptist Church

201 S Second Street, Bangor 9:30 a.m. Sunday School, 10:45 a.m. Worship Wednesday 7 pm Prayer/Bible Study 2nd Sunday of Month Free Meal 4-5:30 pm Breaking Bread Soup Kitchen Rev. Jay VanHorn, Pastor, 610-588-3966 www.crossroadbaptistbangor.com

East Bangor United Methodist Community Church

136 West Central Avenue, East Bangor, PA

Sundays - 8:30 a.m. Choir Rehearsal 9:15 a.m. Worship Service 10:30 a.m. Sunday School After-Church Fellowship (Last Sunday) 4:00-6:00 p.m. Free Dinner (1st Sunday)

Mondays - 7:00 p.m. Bible Study

1st Wednesday - 7:00 p.m. U.M.W. "Esther Circle"

Thursdays - 6:30 p.m. Bazaar Workshop 7:00 p.m. Choir Rehearsal

Saturdays - 8:00 p.m. AA Meeting Pastor David Goss (610) 588-4453 Dial-A-Message (610) 588-3896 Website: http://www.ebumc.org/

Faith Alive Community Church

10 Mechanic Street, Wind Gap 10 AM Worship, 10:45 AM Children's Church and Next Level (Grades 7-12) Pastor Matthew Whistler, (610) 863-6911 www.faccpa.org

Faith United Presbyterian

218 W. Penna. Avenue, Pen Argyl Tues: Faith Quilters-1PM (Not Dec 27) Wed: Adult Bible Study-10AM (Not Dec 21 & 28)

Feb 5: Choir 9AM-Worship/Holy Communion/Church School/Food Bank 10AM

Feb 12: Choir 9AM-Worship/Church School/ 10AM, Session 11AM

Rev. Ruth Ann Christopher (610) 863-4447

Family Life Community Church

1115 Richmond Road, Bangor Wednesday: Kidz Night Out at The Hub 6:30-8:30 PM (Kids ages 6 thru 6th grade), Thursday: Teen Night Out at The Hub 6:30-8:30 PM (Grades 7th thru 9th) 10 AM Worship Service Pastor Mike Poppa, (610) 588-3736, www.flccbangor.com

First United Evangelical

25 South 2nd Street, Bangor Sun.: Sunday School at 9:30 AM, Worship at 10:30 AM

Wed. Eve.: Prayer Meeting and Bible Study, 7 PM Pastor Ronald Shipman, (610)-588-3226

First United Methodist Church

55 North Third Street, Bangor 8:30 AM Contemporary Service, 8:50 AM Junior Church, 9:50 AM Sunday School for all ages, 11 AM Traditional Service, 11:15 AM Junior Church Rev. Navin Satyavrata, (610) 588-4673 www.firstumcbangor.com

Faith Family Fellowship

1002 Bushkill Center Road, Nazareth Sundays: 10 AM Worship Service with fellowship time to follow

Pastor Robert Hampton, 484-408-9624 **Flicksville United Church of Christ**

1337 Lower South Main Street, Bangor, PA 18013 610-588-4648 www.flicksvilleucc.org Sunday School 9:30a.m. Sunday Worship 10:45a.m. Service will include local musical talent

First United Methodist

19 West & Water Street, Wind Gap 8:45 AM Sunday School 10 AM Worship/Communion

11 AM Fellowship on 1st Sunday of each month Pastor Bruny Martinez (717) 940-3090

God's Missionary Church of Northampton

4965 Nort Bath Blvd (Rt 329), Northampton 9:30 AM Sunday School, 10:30 AM & 7 PM Service 6:30 PM Youth Service

Wednesdays-Prayer Meeting 7:30 PM Rev. Rodney Keister, (610) 262-4412 www.GMC-N.com

Good Shepherd Evangelical Lutheran Church

2904 Church Road, Martins Creek 9 AM Worship, Adult Bible, Study following worship Pastor Louise Williams

Grace Lutheran Church

5907 Sullivan Trail, Nazareth 9 AM Service, 10:15 AM Sunday School, 10:30 AM Adult Forum (610) 759-9080, www.gracebelfast.org

Grace United Methodist Church

404 Mountain Avenue, Pen Arayl 8:30 AM Contemporary Worship 10 AM Blended Service, Sunday School Rev. John T. Pfeil, (610) 863-4811

Holy Trinity Orthodox Church

1501 Trinity Court, Stroudsburg 9:30 AM Divine Liturgy Sundays 6:30 PM Vespers Saturday

(570) 421-4455, www.holytrinitypoconos.org

Hopesprings Community of Faith

301 Market Street, Bangor 10:15 AM Coffee served, Meeting times are 9:30 AM and 11:00 AM

855-info-hope., www.hopespringscommunity.org

Hope Lutheran Church

240 S. 8th Street, Tatamy, PA Pastor Herbert Dolich 9:00am Sunday School classes and Bible Study (Sept.-May)

10:30am Worship services(Sept.-June)

Hope UCC

22nd & Cherry Street, Wind Gap Worship 10:30 AM, Sunday school 9:15 AM and communion first Sunday of the month. Pastor Rev. Dean D. Frey, (610) 863-4474

Living Waters Christian Church

396 Sterling Road Unit D, Tobyhanna Thursday: 6-7 PM Christian Education, Sunday: 9:15 AM Christian Education, 10:30 AM Worship Rev. Dr. Jacqueline R. Walters (570) 350-4710 or (570) 629-5581 livingwaterscc@aol.com

Arsha Vidya Pitham (Institute for Study of Vedanta, Yoga and Meditation)

651, Route 115, Saylorsburg www.arshavidya.org

Mount Bethel Church

1270 Belvidere Corner Road, Mt. Bethel Pastor Chris Priestaf, (570) 897-7142 Little Friends Preschool (570) 897-7797 email office@mountbethelchurch.org www.mountbethelchurch.org

Sunday Service Schedule

8:30 & 11am Worship Services 9:45 Confirmation and Sunday School

Mount Eaton Church

7277 Mt. Eaton Road, Saylorsburg Services: 6:30 PM Saturday, 8 AM Sunday Traditional, 10:30 AM Sunday Contemporary, 6 PM Sunday Youth Group, Wednesdays: 7 PM Family Night, 8:30 PM Young Adults' Group Pastor Doug Hayes, (570) 992-7050 mounteatonchurch.org

Nazareth Moravian Church

4 South Main Street, Nazareth Sundays - 8:15 Worship; 9:30 Sunday School 10:45 Worship Wednesdays-6:00pm Weight Watchers: 7:00pm Bible Study

Thursdays 6:30pm Bell Choir; 7:15pm Senior Choir Jan 15 - King's Daughters Joyful Noise SOUP SALES Fellowship After Worship Noon- Ruheberg Meet Jan 16 - 7:00 Property Comm. Jan 17 - 6:30 Outreach; 7:00 Trustees

Jan 20 & 21 - Soup Prep Jan 24 - Noon- Historical Board (610) 759-3163, nazarethmoravian.org

Our Lady of Good Counsel

436 South 2nd Street, Bangor 4 PM Saturday, 8:30 AM Sunday Pastor Stephen L. Maco, (610) 588-5445

Portland Baptist Church

601 Delaware Avenue, Portland 9 AM Sunday School, 10 AM Fellowship, 10:20 AM Worship, 6-7:30 PM AWANA Youth Group/Prayer Meeting/Bible Study, Handicap accessible (570) 897-6866, www.portlandbaptistchurch.com

Prince of Peace Lutheran Church

2445 Lake Minsi Drive, Bangor Every 1st & 3rd Saturdays of the month at 5:30 PM Worship & Holy Communion Sundays: 9:45 AM Worship & Communion Rev. Michael J. Scholtes, (610) 588-2355 www.popbangor.org

Presbyterian Parish of Bangor-Roseto

Sunday 10:45 AM Worship Service Rev. Albert Martin, (610) 588-4864 www.presbyparishbangorroseto.webs.com

Presbyterian Church of the Mountain

Church Lane, Delaware Water Gap Sunday Worship Service: 10 AM in the Sanctuary Holy Communion: 1st Sunday of each month Praise Team: 2nd Sunday of each month Sunday School: during worship in the Fellowship House for ages 0-12 (childcare and class) Choir Rehearsal: Thursday at 7:30 PM in the Fellowship House Choir Room, Deacons Meeting: Last Sunday of each month at 11 AM, Session: 2nd Thursday of each

month at 7 PM, Bible Study: each Monday at 7 PM

(570) 476-0345

Richmond United Methodist Church 8538 Delaware Drive (Route 611), Bangor

One Sunday Service at 10:00 AM Adult Sunday School at 9:00 AM Children's Sunday School at 10:00 AM Pastor Ed Van Arsdale (610) 588-7317 www.richmondumc.com

Refiner's Fire Ministry

100 Division Street, Portland Sundays: Prayer 9:15 am Worship 10:00 am Wednesday Night Bible Study 7:00 pm Friday Night Redemption (Christ-centered, 12 step meeting) 8:00pm Pastors Phil and Jessica Karasiewicz 570-583-3101 refinersfireministry2006@gmail.com Slate Belt - Nazareth Baptist Church

1620 Church Road, Pen Argyl Every Tuesday: Mixed Martial Arts/Self Defense 7-8:15 PM, Aerobics 7-8 PM Sunday: 9:30 AM Sunday School, 10:30 AM Worship & Children's Church (nursery provided)

Adult Bible study is at 4:30, AWANA is at 5:30 Pastor Scott J. Davis, (610) 863-9274

The Roseto Independent Presbyterian Church

210 Garibaldi Avenue, Roseto 9:15 AM Greeting, 9:30 AM Service Rev. Barry Eng. (610) 599-9949 www.RIPC-OnlineToday.org

Salem UCC

2218 Community Drive Bath PA 18014 Worship 8:00 AM; Sunday School, Confirmation Class, Junior Choir 9:00 AM; Worship 10:15 AM Sundays Cub Pack 50 1:00 PM First & Third Mon. of the month Pinochle Club 11 AM-

Third Monday of the month Consistory Meeting 7:00 PM Tuesdays Boy Scout Troop 50 6:30-8:00 PM & Senior Choir

Wednesdays Ladies Aid Quilting 9:00 AM-3:00 PM Pastor Donald Brown, (610) 759-1652 www.salemuccbathpa.org

St. Brigid's Episcopal Church

301 Madison Avenue, Nazareth 9 AM Holy Eucharist Rev. William Martin,

(610) 746-3910, www.stbrigidspa.org

St. Elizabeth's Parish

300 West Babbitt, Pen Argyl Masses: 5 PM Saturday, 8 AM, 9:30 AM & 11 AM Sunday Rev. Msgr. Vincent P. York. (610) 863-4777

St. Luke's UCC Belfast

471 Belfast Road, Nazareth (Belfast) 9:00 AM Worship - beginning the week of June 13th 1st Sunday of month Holy Communion Pastor Rev. Frank Gassler, (610) 759-0244 www.stlukesuccbelfast.com

St. Mary's Episcopal

340 Lehigh Street, Wind Gap 9 AM Eucharist & Sunday School, Coffee hour follows service

The Rev.Canon Joel Atkinson, priest in charge. (610) 863-8007 saintmarywindgap.webs.com

St. John's Evangelical Lutheran

12 North Westbrook, Pen Argyl 8:45 AM Sunday School, 10 AM Worship (610) 863-4332

St. Joseph's Episcopal

1440 Verona Drive, Pen Arqvl 11 AM Eucharist, Coffee hour after service The Rev. Canon Joel Atkinson, priest in charge.

St. Peter's Evangelical Lutheran

1422 Church Road, Pen Arayl 11 AM Bible Study, 7 PM Praise Band, 6 PM Youth Choir, 7:30 PM Adult Choir, 8 AM & 10:15 AM Services, 9 AM Sunday School (610) 863-6859

St. Peter's UCC

401 Broad Street, Tatamy 10:00 AM worship all year 10:00 AM Sunday school Sept.-May. Interim Pastor, Darlene Blocker, (610) 252-6515

St. Vincent DePaul Catholic

Delaware Avenue, Portland 6 PM Saturday, 10:30 AM Sunday Rev. Stephen L. Maco. (610) 588-5445

The Salvation Army

301 W. Main Street, Pen Argyl, PA 18072 610-863-6677

Sundays: 10 AM Sunday School, Sunday services every Sunday from 11:00am-12:00pm. Tuesdays: Food Bank 10 AM-12 PM

Wednesdays: Knitting & Crocheting 10 AM-12 PM Thurs: 10:30-11:30 AM Home League Women's group.

Free Lunch for Seniors: Tues.-Thurs, 12 PM The Pentecostal Christian Church

the Truth (Iglesia Pentecostal La Verdad)

4 Jory Avenue, Pen Argyl 12 PM Sunday School (Escuela Dominical)

1 PM Praise & Worship (Cuho Evanglistico) All invited to Bilingual Services Rev. Frank Pons, (570) 807-7794

Temple Israel of the Poconos

Egalitarian Conservative Synagogue 711 Wallace Street, Stroudsburg Sabbath Services: Friday 7 PM followed by a Traditional Oneg Shabbat Saturday 9:30 AM followed by a traditional Kiddush. Services conducted in both Hebrew & English in a warm, welcoming, Jewish environment. Hebrew School for ages 4-13 Dr. Sandra Alfonsi, 570-223-7062

Trinity Evangelical Lutheran

404 Broadway, Bangor Sunday School 9am Worship 10:15am Pastor Laine, 610-588-2023 www.tlcbangor.com

Trinity United Church of Christ

632 South Delaward Drive, Mt. Bethel Worship at 10:30 am - Sunday school 9:15 am Rev. Rodney W. Wells, (610) 588-1989

Zion Presbyterian Church

Water Street, Wind Gap 9:30 AM Service, Children's Sunday School during service. Visitors are welcomed! Rev. Sam Huffard

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