

# Mand BEYOND February 23, 2017



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**WELCOMING OUR NEW ADVERTISERS SEARS APPLIANCE & HARDWARE - PAGE 3 MIVAJO'S PIZZA PAGE 14 HOME HELPERS - PAGE 24** 

Next issue will be printed March 9th Deadline for all ad copy and news

Friday, March 3rd

Email your news and events to thebeltandbeyond@gmail.com Count Down to Spring



# **CONTACT US:**

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# **FEBRUARY IS AMERICAN HEART MONTH &** NATIONAL CHILD DENTAL HEALTH MONTH NATIONAL DAYS

FEBRUARY 23 NATIONAL CHILI DAY

**FEBRUARY 24 NATIONAL TORTILLA CHIP DAY** 

FEBRUARY 27 NATIONAL STRAWBERRY DAY FEBRUARY 28 SHROVE TUESDAY (FAT TUESDAY)

**FASNACHT DAY (DOUGHNUT DAY)** 

MARCH 1 NATIONAL PEANUT BUTTER LOVERS DAY MARCH 2 NATIONAL READ ACROSS AMERICA DAY ( DR SEUSS DAY)

MARCH 3 NATIONAL ANTHEM DAY NATIONAL CAREGIVER APPRECIATION DAY

MARCH 4 NATIONAL HUG A G.I. DAY MARCH 6 NATIONAL OREO COOKIE DAY

**MARCH 7 NATIONAL CEREAL DAY** MARCH 9 NATIONAL GET OVER IT DAY

# HOLIDAYS

MARCH 8 INTERNATIONAL WOMEN'S DAY MARCH 17 ST. PATRICK'S DAY

# **WEEKEND HAPPENINGS**

# **Delaware River Shade Fisherman's Assoc.**

**Sunday, February 26th, 2017** Sportsmen's Fishing & Hunting Flea Market will be held at Se-Wy-Co Fire Company Social Hall (Rte. 378 Bethlehem, PA). GPS directions 3621 Old Philadelphia Pike Bethlehem, PA 18015.

# **Donut Sale - Christ Lutheran Church**

Christ Lutheran Church will be holding a Donuts Sale. To place your order, call Chrissy 610-588-0809 by **February 26th**, pick up will be **Tuesday, February 28th.** 

# Steak and Shake - Bangor Elks #1106

**Saturday, February 25th** Steak and Shake event open to the public at the Bangor Elks #1106 located at 120 Broadway Bangor, PA. Steak and Shake begins at **6:00pm**, tickets required deadline is **February 18th**. Tickets available for purchase at the lodge, for more information visit https://www.facebook.com/events/266966117049840/

# **Bangor Area High School Musical**

The Bangor Area High School will present Disney's Beauty and the Beast on March 3rd, 4th and 5th.

# N.A.S.M.E. Train Show

Nazareth Area Society of Model Engineers - Train Show March 4th and 5th - 1pm-5pm. The model train show will be held at the Nazareth Area Society of Model Engineers located at 212 Main St., Stockertown, PA. Parking is available behind the Stockertown municipal building. Visit nasme.tripod.com for more information.

# **Easton Singles & Married over 40 Organization**

Easton Singles and Married over 40 organization will hold a dance every **Saturday night through June from 7:00pm to 10:00pm** at the Wind Gap American Legion 271 N Broadway, Wind Gap, PA. For more information call Norman 610-881-4140 or Paul 973-347-2070.









Email your news and events to thebeltandbeyond@gmail.com



# **Marine Corps League**

Northampton County Detachment 298 Meeting 1 March / 1900 1621 Lehigh St. / Easton. All active duty and honorably discharged Marines welcome! jimmineousmc@rcn.com www.norcomcl.org Facebook: Marine Corps League, Northampton County, Detachment 298

# **EBUMC Ash Wednesday Service**

The East Bangor United Methodist Community Church will hold an Ash Wednesday service on **March 1st at 7:00pm.** Ash cards will be given as a wallet or purse stuffer for you to carry through the Lenten season and beyond. The church is located at 136 W. Central Ave. (Rt. 512). East Bangor, PA. For more info., call 610-588-4453 or visit www.ebumc.org.

# **Lenten Bible Study**

The East Bangor United Methodist Community Church is offering a Lenten Bible Study, "The Seedy Side of Jacob". We all know Jacob, the highly-regarded patriarch of the Israelites. From Jacob came the offspring who became "The Twelve Tribes of Israel," who were the foundation of the Jewish movement. Jacob was, and is, highly revered. He was also human - very human. And in his humanness his quest for power and authority often got in the way of his decision-making process. During Lent, we will take a look at the less-than-admirable side of Jacob in the guest to embrace our own humanity and seek alternatives to accomplishing God's will without resorting to cleverness and self-centeredness. The sessions will be held on Mondays at **7:00pm from March 6 - April 3.** For more info. call 610-588-4453, or visit www.ebumc.org.

# **Delaware-Lehigh Amateur Radio Club Meeting**

Delaware-Lehigh Amateur Radio Club will hold its meeting Thursday. March 2, 7:30pm in the Bethlehem Township Community Center. 2900 Farmersville Road, Bethlehem. Program: "Restoring Old Radios – KB3MDT. Hams and others interested are always welcome. Directions: http://goo.gl/maps/gKUJC. FMI: www.dlarc.org , KE3AW@ ARRL.NET, 610.432.8286.

# Slate Belt Heritage Calendar of Events 2017

Sunday, March 5th, 2:00pm. Photographer Ernie Deitz, The "Viaduct" **Presentation.** Mr. Dietz will do a picture tour of before the Bangor Viaduct was built in 1939, during its recent demolition, and the Viaduct's new construction. This program was postponed from Sunday, February 12th. Sunday, March 12th, 2:00pm - Lance Prator- "Slate Quarries: Then & Now"

Thursday, April 13th, 7:00pm - Homefront Book Presentation The Heritage Center is located at 30 North 1st Street, Bangor, PA. For additional information contact: Karen Brewer @ 610-588-8615.

# 12th Annual Outdoor Sportsmen's Celebration Dinner

Saturday, March 8th, 6:00pm-8:30pm. Trinity Lutheran Church, 404 Broadway Bangor, PA. Limited tickets. For tickets please call 610-504-7886 or email tmarino@leantenna.com

# Slater Family Network to Hold 11th Annual Silent Auction

The Slater Family Network's 11th Annual Silent Auction is scheduled for Saturday, March 11th, at Five Points Elementary School on the Bangor Area School District Campus. Proceeds from this event will benefit local families in need. The event begins at 10:00am for browsing and placement of tickets. The tickets will be pulled at 12:00noon. Food and beverage will be available for purchase. There will be over 80 themed baskets and premium items such as gift cards, 50" Flat Screen TV, Inflatable Kayak, 2 bikes, Vera Bradley Bags, Coach Handbags, Xbox One and much more! Family admission includes 26 tickets. Tickets for the premium prizes will be available for a separate purchase. Please come and enjoy some family fun! For information please call the Slater Family Network office at 610-599-7019.

# **Roseto Helping Hands Bring A Friend Bingo**

Sunday, March 19th, Doors open at 12:00pm Bingo starts 1:00pm Roseto American Legion 143 Garibaldi Ave, Roseto, PA

# Chicken & Waffle Family Style/All You Can Eat Dinner

Saturday, March 11th 4:00pm-7:00pm, Hope United Church of Christ 2nd Street, Wind Gap. For more information call (610) 863-4474

# **PIAC St Patrick's Day Parade**

The Pocono Irish American Club's will take place on Sunday, March 19th. Parade starts at **1:30pm.** This year's parade Co-Grand Marshall's are Pat and Mike Murray. For information/sponsorship please visit the Pocono Irish American Club's website www.poconoirishamericanclub.com.

# **Spring Garden Series**

Penn State Master Gardener's present their annual Spring Garden Series on March 28th and April 3rd at Gracedale Tower. This year's lectures include: "Forgotten" Small Fruit from the Old World, Companion Plants. Transitioning to Organic Gardening, and Native Plant Garden Design for Small Spaces. For costs /registration call 610-391-9840

# BMCL Antiques Appraisal and Silent Auction Event

The Blue Mountain Community Library will hold its 3rd Antiques Appraisal and Silent Auction Event on Friday, April 7, 2017, from 5:30-8:00 PM at Slate Belt Nazareth Baptist Church, 1620 Church Road, Pen Argyl, PA 18072. The antique's appraisals will be conducted by licensed auctioneers Lori Biechy of Lori Biechy Auctions, Christian Answini of Saucon Valley Auction Co., and Les and Ginny Beyer, all who are generously donating their time and expertise. In addition to the appraisals, the event will feature a Silent Auction of over 50 items, including Baskets and gift cards, donated by a large number of area businesses. Barbecue, hot dogs, other food items, and beverages will be for sale. For food purchase and auction participation, cash and checks will be accepted.

Appraisal tickets for the evening are available at the library (216 South Robinson Avenue in Pen Argyl) during regular business hours (M-Sa 10AM-12PM and M-Th 6-8PM). Admission to participate in the event is Free. The cost to bring one item for appraisal is \$10 and two items is \$15. Suggested appraisal items include collectibles, militaria, silver, comic books, early toys, sports memorabilia, quilts, coins, primitives, musical instruments. Please no firearms, furniture, or large artworks. Tickets to bring items for appraisal are limited and must be purchased ahead at the library; they will be given on a first come, first serve basis. All money raised benefits the Blue Mountain Community Library. Call 610-863-3029 for information or visit www.bmcl.org.

Find us on Facebook at www.facebook.com/bmclpenargyl.



# 1885 Club Accepting Nominations

The Bangor Area High School Alumni Association is looking for nominations for induction into the 2017 "1885 Club Hall of Fame." In 1998, the members of the Bangor Area High School Alumni Association began to search for a way to honor graduates who have distinguished themselves through public service, scholarship, and recognition in their chosen fields of work. Discussions naturally led to creating a Hall of Fame for such individuals. Concerned about possible confusion with the Athletic Hall of Fame, however, the committee began to seek ways to create a different type of recognition with its own unique distinction. From this collaboration, "The 1885 Club" was born. Named in honor of the first year in which a class of students graduated from Bangor High School, this exclusive club honors distinguished alumni and holds these individuals as outstanding examples for others to follow. Through the creation of "The 1885 Club" the Alumni Association underscores and upholds the fact that graduates from Bangor Area High School have been making tremendous contributions to mankind for more than 130 years. We reserve a special category for educators and administrators who have served the Bangor Area School District over its long history. To nominate someone for either of these awards, please go to the Bangor Area School District web site, click on the Alumni icon (under quick links) and then click on the 1885 Club. There you will find a printable form. Fill it out and mail it to the address shown or forward it to Carole J. Hontz at Bangor Area Middle School, 401 Five Points Richmond Road, Bangor, PA 18013-5267. Nominations can also be e mailed to hontzc@bangorsd.org

# **American Cancer Society's Egg Hunt**

Saturday, April 1st, 2017 at East Bangor Park (Park Rd). Egg hunt for ages 0-10 yrs., at 2pm followed by an adult Egg hunt. For more information call Ashlev Frev 484-892-1567 or Britney Weiss (text) 484-353-6615.

# Seventh Annual "912" Scholarship

The family and friends of Mr. Denny Strouse are offering a \$1000 scholarship in loving memory of Denny. The 7th Annual "912" Scholarship is for a graduating Bangor High School senior who plans on attending a technical school or college. The scholarship is awarded to a well rounded student with interests in academics, outdoor sporting activities such as hunting, fishing, hiking and an enthusiasm for the outdoors. The student must possess a giving spirit exemplified through community service and love for family and friends. The application process is being facilitated by Slater Family Network. Applications are in the High School Guidance office, Slater Family Network office or on the school district website front page under 2017 Scholarships or under Slater Family Network. Applications are due in the SFN office by Thursday, April 20. If you have any questions please call the office at 610-599-7019.

# Slater Family Network Eleventh Annual Scholarship

Slater Family Network is offering a \$2000 scholarship for a graduating Bangor High School senior who plans on attending a trade/vocational school or college. The scholarship is awarded to a student who is involved in community service. Applications are in the High School Guidance office, Slater Family Network office or on the school district website under Slater Family Network. Applications are due in the SFN office by **Thursday, April 20.** If you have any questions, please call the office at 610-599-7019

# Slate Belt Photography Club

Meets at Trinity Evangelical Lutheran Church, 404 Broadway, Bangor, Pa. Meetings are held every 2nd Thursday of the Month at 7:00pm. For more info contact: Ricky Mensch @ Sbpc216@gmail.com.

# AGREEMENT SIGNED TO SELL EASTON HOSPITAL TO STEWARD HEALTH CARE LLC

Affiliation Holds Future Benefit for Hospital, Employees, Medical Staff, and Communities

Easton Hospital announced today it will soon become affiliated with Steward Health Care LLC through an acquisition agreement that includes the sale of the hospital and its associated assets. A total of eight hospitals are being sold as part of the agreement; three in Ohio – Northside Medical Center in Youngstown. and Trumbull Memorial Hospital and Hillside Rehabilitation Hospital in Warren; another in Pennsylvania – Sharon Regional Health System in Sharon; and three in Florida – Wuesthoff Health System in Melbourne and Rockledge, and Sebastian River Medical Center in Sebastian.

Steward Health Care is a physician-led integrated health care services organization and community hospital network with a record of success in improving patient care. Steward operates a network of nine community hospitals in eastern Massachusetts, along with Steward Medical Group (800+ physicians) and the closely-knit Steward Health Care Network (3,000+ physicians). Through their successful and nationally recognized Accountable Care Organization (ACO) model, Steward focuses on integrated care to keep patients healthier.

Our hospital plays an important role in providing convenient and quality health care for our patients," said Damon Brown, interim chief executive officer at Easton Hospital. "Steward Health Care will help us maintain our position as a key institution and employer in the community." Appointed in January, Brown has more than 20 years of healthcare management experience and has held executive level positions at other hospitals in Oklahoma, Illinois and Pennsylvania.

The purchase agreement includes a commitment from Steward Health Care to offer employment to all active employees in good standing when the transaction is complete. Privileges will continue for all physicians in good standing on the

"We are looking forward to affiliating with Easton Hospital," said Steward Executive Vice President for Physician Services Michael Callum, MD. "We think our community-based model of providing the highest quality of care in a local setting is an exceptional fit with the high level of care and community support that Easton Hospital has been providing. We look forward to continuing and furthering that strong community focus and we are excited to work with hospital leaders in the coming months to ensure a smooth transition for Easton Hospital staff and patients."

The transaction is expected to close in the second quarter of this year. subject to customary regulatory approvals and closing conditions. Until the transaction is complete, current ownership remains in place.

# **PEEC Earth Day & Family Fun Day**

Saturday, April 29th: Celebrate Earth Day at Pocono Environmental Education Center (PEEC) 538 Emery Road, Dingmans Ferry, PA from 10am - 4pm. For more information call 570-828-2319 or visit www.peec.org

# **Free Earth Day Festival**

Saturday, April 22nd 10am-3pm; Monroe Campus of Northampton Community College (Rt. 715). For additional information visit www.mcearthday.org or www.closetheloop.com.

# **Breast Friends of PA Coach Bingo**

Saturday, April 30th held at Charter's Banquet Facility at Plainfield Twsp., Vol. Fire Co., from 12:00pm-4:00pm. For tickets and additional information please contact Vivian Vegan 321-236-3722 or visit https:// www.facebook.com/events/1248727128547419/

# East Allen Twsp. Vol. Ambulance Corps.

East Allen Township Volunteer Ambulance Corps, is seeking vendors, crafters and sponsors for a combined Yard Sale/Craft show along with a Tricky Tray on Saturday, May 13th. For more information on this event please call Joe Light 610-261-9196 or JLIGHT@EATVAC.ORG or visit www.eatvac.org/events.

# COMMUNITY NEWS

# LOCAL ARTIST SHARON NUNN IN EXHIBITION

A diagnosis of Alzheimer's disease is often a prelude to isolation and loss. But for artist Sharon Nunn, the disease was unable to dampen a passion for painting that is irrepressible. Her work has continued to develop and change as she has adapted and changed. A retrospective show, "Sharon Nunn, Still Lifes and Other Works", opening February **25th,** reflects this transformation and the continued power of her work.

When she moved to Mt. Bethel, Sharon discovered Totts Gap Arts Institute, and signed up for ongoing oil and acrylic painting classes. She immediately took to the work and found the social atmosphere of the classes to be an added benefit. The mutually supportive atmosphere of women combined with instructor Jim Gloria's direction and encouragement, has allowed her to explore new media and techniques.

Painting since the age of 8 under the guidance of her uncle and aunt, Nunn's art is infused with a love of flowers expressed in her paintings and murals. "Her recent works have an ephemeral beauty to them that leaves the other students and me in awe" says Gloria. "She has a deliberate way of applying paint that is distinctly her own; it invites the viewer in, and keeps you there".

An exhibit of Sharon's work will be on display at By The Dozen Family Restaurant & Inn. 415 Johnsonville Road in Bangor, from Saturday, February 25, 2017 through March 12, 2017.

Please join us for the opening of her show on February 25 from 2:00 to 4:00 PM. There will be an artist Q & A with Ms. Nunn and a special quest, Julie Thomas, Associate Director, Clinical Services, with the Lehigh Valley Alzheimer's Association at 3:00 PM.

This event is family-friendly and free to the public.

An audio description for the visually impaired will be available by appointment.





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# Birth Announcement

# **PEYTON ALICE**

Peyton Alice was born January 1st 2017. at 7:03 am. She weighed 8 lb 14 oz. and was 19 inches long.

Daughter of Heather Thompson and Kurtis Singleton. Granddaughter of Terrie Thompson and Brian Thompson and Amy and Mark Singleton.



# **60th Birthday**

George Hinton celebrated his 60th birthday on February 20th. A surprise party was held in his honor, given by his loving family at the Wind Gap American Legion on January 27th





Pictured are sisters, Linda Miller, Betty Woolley, Georgine LaBar and George Hinton.

Recently Engaged, Married, or Had a baby? Share your announcement in The Belt and Beyond

Send us your Engagement, Wedding, Anniversary or Birth Announcement along with a photo and we will print it. Announcements printed at no charge.

> Send info and photo Email:thebeltandbeyond@gmail.com Mail: P.O. Box 33 Bangor, PA 18013

# PMEA District 10 Band Festival

Three Bangor High School Bands students qualified for the 2017 PMEA District 10 Band Festival. The event was held at Parkland High School, February 9-11, 2017. Band concerts were held at Parkland High School on Friday, February 10th at 7:30 pm as well as Saturday, February 11th at 2pm. Parkland High School is located at 2700 North Cedar Crest Boulevard, Allentown, PA. Congratulations to Corinthia Banks, Ben Crane and Taryn Geiger. The guest conductor for the event was professor Dennis Glocke, Director of Concert Bands at Penn State University.



# **Slate Belt Heritage Center Preservation Award**

The Slate Belt Heritage Center, located at 30 North 1st Street, Bangor, Pa. is pleased to announce that it is now accepting applications for its' "Annual Heritage Award". The purpose of the award is to acknowledge individuals who have performed exemplary acts that promote and preserve the culture and heritage of the Slate Belt. Candidates may be an individual or group and can be nominated by themselves or by another party.

# There will be three (3) categories:

- 1. Initiative Award: Applicant who has performed exemplary actions in promoting and preserving the Slate Belt heritage through in-kind actions. This means acts that do not necessarily involve monetary donations but can be unpaid service for a preservation cause.
- 2. Architectural Award: Applicant who is saving or conserving a historic building, place or artifact where restoration is authentic to preservation.
- 3. Special Focus Award: Applicant who is saving or conserving tradition or a body of knowledge. That individual who contributes to educational information via exhibits, documentation, internet, archival, etc.

# Consideration is given to projects with:

A specific start and end date.

Whether the project meets generally accepted preservation or scholar standards.

Whether the project is considered "complete". Did project have a goal and did the project achieve the goal.

Whether the project had a significant impact with before and after photographs or proof that information or if a structure would otherwise be lost if the nominee had not done the project.

Nominations will be accepted this fall and will be reviewed in January of each year. The awards will be presented at a special program in June. One prize will be awarded with the possibility of one per category depending on committee's review of candidates. Nominations should include a description of entry, photos (if applicable), and any pertinent documentation. The Heritage Center retains the right to exhibit and/or publish the application materials, including photographs. Applications for those not chosen will be held on file, indefinitely, for future consideration.

Interested parties may obtain an application at the Heritage Center (Sundays 1-3pm), at local municipal offices or by contacting Karen Brewer at 610-588-8615. If calling, please leave an address to where applications can be mailed in addition to name and phone number. For additional information contact Karen Brewer.

# **Northampton County Band**

Bangor High School Bands have 22 students selected for Northampton County Band. Erika Neetz, Allison Steinert, Emilee Brewer, Amanda Karner, Justin Khan, Abigail McCoy, Madison Oxford, Morgan Pysher, Nicholas Hoyt, Gabriel Pilozo, Daniel Schirripa, Aryana Smith, Jordyn Taylor, Nicholas Stine, Andrew Bunn, Akash Sareen, Cayla Stiles, Gregory Snyder, Ava Peklinsky, Elisha Hoyte, Griffin Krouse, Courtney Smith.

Students were selected from Bangor Area High School, Easton Area High School, Freedom High School, The Lehigh Valley Charter High School for the Performing Arts, Northampton Area High School, Pen Argyl High School, Saucon Valley High School, and Wilson Area High School. Concert will be held at 7:00pm. March 18th, at Saucon Valley High School.

# **Blue Mt. Community Library**

The Blue Mountain Community Library is currently collecting nonperishable foods for the Bender's Church Food Bank through February 28. Please consider donating to this ministry and bring your food items to the library. The library is located at 216 S. Robinson Ave., Pen Argyl, PA. Hours are Mon.-Sat. 10:00am- Noon, and Mon.-Thurs. 6:00pm -8:00pm. Call 610-863-3029 for information or visit www.bmcl.org. Find us on Facebook at www.facebook.com/bmclpenargyl.

# **Letters to Homefront**

"Letters to Homefront Magazine" A Love Story Between a Community and Its World War II Soldiers". The book signing will be on Sunday, April 23rd, at the Heritage Center from 9:00 AM-12:00 Noon. Pre-orders are now being taken. Books will also be available the day of the signing. For additional information contact: Karen Brewer at 610-588-8615.



Kelly Gaffney and Curtis Parsons, owners of Gaffney/Parsons Funeral Homes presented Marc Blau, Vice President of the Slate Belt Heritage Center, with a sponsorship check of \$2700.00 to be used for the publishing of the book.





# **PREPARATION**

Improve your Reading, Math and Writing

# **CLASSES BEGIN IN MARCH 2017**

# **BANGOR Begins** March 20

Monday & Wednesday

6:00-8:30 PM DeFranco Elementary School Library

Rt. 512 & 5 Points Richmond Road

# **PEN ARGYL Begins**

March 23

**Monday & Thursday** 

6:00-8:30 PM

Pen Argyl Sr. High School Library 501 W. Laurel Avenue NAZARETH **Begins** 

March 23

**Tuesday & Thursday** 

6:00-8:30 PM

Nazareth Sr. High School Library

501 E. Center Street

THE FIRST WEEK OF CLASS IS ORIENTATION - STUDENTS MUST ATTEND BOTH DAYS. If a student cannot attend both days in March they must wait until the next class session to begin in September. Adults who attend class, complete requirements and pass the GED will receive an equivalency High School Diploma.

# COMPUTER TRAINING IS INCLUDED IN ALL CLASSES.



Provided by the Bangor, Pen Argyl, and Nazareth School Districts & NCC Center for Adult Literacy

Community College

Northampton For additional information, PLEASE CALL 610-861-5427

For GED test info - www.ged.com

Next issue will be printed March 9th • Deadline for all ad copy and news Friday, March 3rd

Email your news and events to the beltand beyond@gmail.com

# Bangor High School Class of 1951 - 65th Class Reunion

The Bangor High School Class of 1951 recently held their 65th class reunion at the Green Pond Country Club in Easton, PA. A program followed the luncheon. A fun day had by all.



1st row — Verna Stiles Greenamoyer, Doris Ott Bellis, Hayden Pritchard, George Updegrove, 2nd row — Carolyn Eisenhart Figlioli, Janet Hughes Arndt, Beverly Jones Cappozola, Jane Parsons Williams, Eileen Dietrich DePalma, Betty Ackerman Pysher and Betty Lou Ott Kratzer, 3rd row — June Peruso, Phyllis Capone Caponigro, Gloria Ruth Martino, Ann Marie Sylvester Kacsur, Joy Young Lang, Robert LaBar, Barbara Jane Remmey, Lucille Ruggerio Ribble, Babara Grigg Segatti and Sam Uhler, 4th row — Dale Gardener, Gordon Wilson, Connie Dunn, Joyce Jones Bennett, John DePalma, Charles Stocker and Arthur Rutt.

# Pen Argyl Woman's Club

The Pen Argyl Woman's Club donated \$1000 to the Slate Belt Regional Police for the purchase of ballistic vests. This donation was made possible as part of President Anna Bet's contribution to the community. The General Federation of Women's Club in every state and more than a dozen countries work locally: to support the arts, preserve natural resources, advance education, promote healthy lifestyles, encourage civic involvement, and work toward world peace and understanding. GFWC remains one of the largest and oldest nonpartisan, nondenominational, women's volunteer service organization.

The Woman's Club of Pen Argyl meets at St Johns Lutheran Church on Westbrook Avenue in Pen Argyl every 1st Monday of the month at 7:00pm. New members are always welcome.



Pictured left to right: Mikal Sabatini, Chairman of the Slate Belt Police Commission, Anna Bet, Pen Argyl Woman's Club presenting \$1000 for ballistic vests and Lt. Scott Zabriskie.



Pictured left to right: Anna Bet, Pen Argyl Woman's Club and Shannon Young, Slate Belt Regional Police displaying a ballistic vest

# Slate Belt Chamber of Commerce Scholarship Achievement Award Applications

The Slate Belt Chamber of Commerce is pleased to announce applications for Scholarship Achievement Award 2017 are available at the guidance departments of Bangor High School, Pen Argyl High School, Faith Christian & Career Institute of Technology.

The Slate Belt Chamber of Commerce will award one scholarship to a senior from each of the five area schools: Bangor, Pen Argyl, Faith Christian & Career Institute of Technology. Applicants must reside in the Slate Belt to apply.

The scholarships will be presented to the students based upon the following criteria; academic accomplishment, demonstrated service to school and/or community, demonstration of leadership capabilities and future vocational plans.

Please note, a separate award, The Frederick R. Curcio, Jr. Scholarship Award may also be applied for at this time. To qualify a senior must be either registered at Lincoln Technical Institute or majoring in computer science.

Applications must be received by April 15, 2017. To honor the recipients, parents, and friends, a Scholarship Awards Dinner is planned for May 18th at Tuscarora Inn. For more information contact the quidance department or the chamber office at 610-588-1000.

# **Thinking About Starting a Business?**

The Rising Tide Community Loan Fund & Slate Belt Chamber of Commerce welcomes you to "Start Your Business Class".

Classes start April 6th from 6:00 p.m.-8:00 p.m. and will run for 4 weeks every Thursday in April. Classes will be held at the SBCC office, 187 Blue Valley Dr., Bangor, PA. Start, Manage, Grow Your Own Business Today. Classes will cover: Business Information/Licenses & Permits/ Marketing & Sales/Business Finances. Seating is limited call today. Emily Stull 484-893-1032, or email:estull@caclv.org or Laura McLain 610-588-1000, email: info@slatebeltchamber.org

# The Cherry Valley Blossoms



The "Cherry Valley Blossoms", members of the National Red Hat Society, enjoyed lunch at The Little Corner Cafe in Bangor pictured L-R Queen Mickey, Flo, Cherry, Paula ,Marilyn, Dianne, Alice, Judy, Marci, Jackie, Maggie.



# **Check Out These Tax Benefits for Parents**

Taxpayers with children may qualify for certain tax benefits. Parents should consider childrelated tax benefits when filing their federal tax return:

- Dependent. Most of the time, taxpayers can claim their child as a dependent. Taxpayers
  can generally deduct \$4,050 for each qualified dependent. If the taxpayer's income is
  above a certain limit, this amount may be reduced.
- Child Tax Credit. Generally, taxpayers can claim the Child Tax Credit for each qualifying child under the age of 17. The maximum credit is \$1,000 per child. Taxpayers who get less than the full amount of the credit may qualify for the Additional Child Tax Credit.
- Child and Dependent Care Credit. Taxpayers may be able to claim this credit if they paid for the care of one or more qualifying persons. Dependent children under age 13 are among those who qualify. Taxpayers must have paid for care so that they could work or look for work
- Earned Income Tax Credit. Taxpayers who worked but earned less than \$53,505 last year should look into the EITC. They can get up to \$6,269 in EITC. Taxpayers may qualify with or without children.

EITC and ACTC Refunds. Because of new tax-law change, the IRS cannot issue refunds before Feb. 15 returns that claim the Earned Income Tax Credit (EITC) or the Additional Child Tax Credit (ACTC). This applies to the entire refund, even the portion not associated with these credits. The IRS will begin to release EITC/ACTC refunds starting Feb. 15. However, the IRS expects the earliest of these refunds to be available in bank accounts or debit cards during the week of Feb. 27, as long as there are no processing issues with the tax return and the taxpayer chose direct deposit.

- Adoption Credit. It is possible to claim a tax credit for certain costs paid to adopt a child.
- Education Tax Credits. An education credit can help with the cost of higher education. Two credits are available: the American Opportunity Tax Credit and the Lifetime Learning Credit. These credits may reduce the amount of tax owed. If the credit cuts a taxpayer's tax to less than zero, it could mean a refund. Taxpayers may qualify even if they owe no tax.
- Student Loan Interest. Taxpayers may be able to deduct interest paid on a qualified student loan. They can claim this benefit even if they do not itemize deductions. Selfemployed Health Insurance Deduction. Taxpayers who were self-employed and paid for health insurance may be able to deduct premiums paid during the year. See Publication 535. Business Expenses, for details.

Get related forms and publications on IRS.gov.

All taxpayers should keep a copy of their tax return. Beginning in 2017, taxpayers using a software product for the first time may need their Adjusted Gross Income (AGI) amount from their prior-year tax return to verify their identity.

Provided to you by the IRS and submitted by H&R Block of Bangor and Wind Gap, PA Pen

Tax Tips provided by H&R Block in Bangor and Wind Gap, PA

# Simmons' Student Health and Safety Bill Approved by Committee

Measure provides civil immunity to school bus drivers who administer epi-pens
The House Education Committee today unanimously approved
legislation sponsored by Rep. Justin Simmons (R-Lehigh/Montgomery/
Northampton) that would help to ensure the health and safety of
Pennsylvania students who suffer from severe allergic reactions. House
Bill 224 will next be considered by the full House of Representatives.

Simmons' proposal would provide civil immunity to school bus drivers who administer epinephrine auto-injectors, or epi-pens, to students who experience an allergic reaction while riding on a school bus. Under the legislation, a school bus driver must first complete a training program developed by the state Department of Health and comply with school district policy to be qualified to use the epi-pen.

"Some school districts and school bus companies currently permit their drivers to administer epi-pens to student who experience an allergic reaction," said Simmons. "However, school bus drivers may be reluctant to administer this treatment due to fear of legal liability. My legislation aims to help more children suffering from allergies to receive the benefit of this emergency treatment by granting Good Samaritan civil immunity to school bus drivers who administer epi-pens."

House Bill 224 does not mandate that school districts or school bus companies enact an epi-pen policy, only that such a policy would allow for civil immunity if the guidelines are met.

Similar legislation was passed by the House during the last two legislative sessions, but it failed to come up for a vote in the Senate.

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<sup>1</sup>At participating offices. Results vary. All tax situations are different. Fees apply if you have us file a corrected or amended return. The IRS allows taxpayers to amend returns from the previous three tax years to claim additional refunds to which they are entitled. Applies to individual tax returns only. OBTP#B13696 © 2017 HRB Tax Group, Inc.

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# Jacobsburg Environmental Education Center Community Programs Discover Adventure Backpacks Available -

When: Monday thru Friday, 8:00 AM to 2:30 PM

Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth Borrow a backpack full of kid-friendly tools to explore Jacobsburg! These backpacks are best for families with young children. Each backpack includes binoculars, notepad, colored pencils, magnifying lens, bug box, dip net, and five field guides for exploring the pond, insects, birds, trees, butterflies and moths. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

March Madness at Middle Creek -Saturday, March 4, 10:00 AM-5:00 PM Middle Creek Wildlife Management Area is one of the premier birding spots in eastern Pennsylvania. It is an early spring staging area for up to 100,000 Snow Geese and over 4,000 Tundra Swans. Join us for this birding tour of Middle Creek as we enjoy this spectacle and look for many other species of waterfowl. Both Ross's and Cackling Geese have been seen on previous trips. We'll also check the extensive grasslands for raptors like Northern Harriers and Rough-legged Hawks. Bald Eagles are often seen and Golden Eagles are seen occasionally. Leaders will stay until dusk to listen for American Woodcocks and to look for Short-eared Owls. This program is free of charge. Participants should dress for the weather and bring binoculars and a lunch. This is a great opportunity for photographers. Registration is required.

You can also view and register for community programs online at http://events.dcnr.pa.gov/. If you need an accommodation to participate in a program please contact the park office at 610-746-2801 or jacobsburgsp@pa.gov. With at least three days notice, interpreters for people who are deaf or hard of hearing are available for educational programs.

# Northampton County Executive John Brown Announces Re-Election Campaign

Northampton County Executive John Brown released the following statement announcing plans to seek re-election as Northampton County Executive: "Serving as Northampton County Executive is a tremendous honor. Working together we have overcome deep financial challenges and I am excited about the positive results accomplished over the past three years," Brown said. "While we have made great strides, I know our county can do even better. I will work to continue what we started by seeking to strengthen, bolster and reform our county's services to ensure they are both more effective and cost efficient."

Northampton County Executive John Brown is a proven reformer. After just three years of cutting waste, fraud and abuse he has eliminated all deficit spending, generated over \$40 million in savings and tripled the county's financial reserves.

To highlight these efforts, the Executive points to the elimination of Gracedale's \$ 6.7 million taxpayer funded operating loss and return of the facility to profitability. While reducing costs, the facility has been improving care. During this period the PA Department of Health surveys found zero deficiencies at the facility for two consecutive years, earning the county's nursing home a four star rating for the first time; both indicators of the improving overall quality of care.

In addition, Northampton County Executive John Brown has delivered on his commitment to improve the county's aging infrastructure. His innovative \$ 37 million PennDOT endorsed project will repair and replace thirty-three (33) of the county's bridges over the next four years. The first of its kind project has the potential for reducing replacement and repair costs by an estimated 20%-30%.

John's focus is to protect taxpayers by aggressively eliminating waste, fraud and abuse in government. He leverages his financial and business experience having held senior executive management roles in both the private and public sectors.

John graduated from Bangor High School and has an undergraduate degree from the University of Notre Dame. John and his wife, Tina, live in Northampton County and have a son, Zachary.





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# St Peter's Oldies Dance

The Annual St Peter's Oldies Dance was held on February 11th at the Blue Valley Farm Show. Proceeds from the Dance benefit the St Peter's scholarship Fund. Those who attended had a good time dancing the night away.







# BHS Drama Department "Be Our Guest" Pancake Breakfast

The Bangor High School Drama
Department hosted the fourth annual "Be
Our Guest" pancake breakfast with the
cast of "Disney's Beauty and the Beast"
on Saturday, February 18th, from 8:00
a.m.-12:00 p.m. at the Bangor Middle
School cafeteria. Classic characters,
such as Belle, the Beast, and Mrs. Potts,

transported visitors to the French countryside as they welcomed guests of all ages with music, food, and activities. Guests were treated to musical performances by the cast. Photo opportunities were also available with the cast.

Performance dates for Beauty and the Beast will be



Ben and Charlie Kranich pose for a photos at the "Be Our Guest" pancake breakfast.

March 3, 4 & 5, 2017 at the M.
Craig Paine Theater Bangor High
School.

**Photos by Sabrina Schantzen** 











Pictured L-R Bob Kilbanks, State Representative Joe Emrick's office, owner Leo Bongiorno, Stephen Reider, representing Senator Mario Scavello's Office and Director of Slate Belt Rising, and owner, Traci McGinty.



**Bangor Trust Brewing Ribbon Cutting** Photos by Nick Pulsinelli



Left to right, Bob Kilbanks, State Rep. Joe Emrick's office, Stephen Reider, Representing Senator Mario Scavello's office and Director Slate Belt Rising, Joel West, Chris Raetz, Dan McGinty, Leo Bongiorno, and Traci McGinty, (owners Bangor Trust Brewing), Bob McGinty, Ally Langer, Mike McGinty, Julie Cassidy, Brandy Baker, CJ Monaco, Mary Marshall, Slate Belt Chamber of Commerce President, Lucy Flinn, Rosemary Albert, and Nadine Moyer, Slate Belt Chamber members

# **Nine BAHS Students Selected Win Place To PMEA Region V Chorus Festival**

Nine Bangor Area High School students have been selected through auditions from PMEA District 10 Chorus to win a place in the prestigious PMEA Region V Chorus Festival to be held February 23-25, 2017, at the Lehigh Valley Charter School for the Arts in South Bethlehem, PA.

A public concert will be held Saturday, February 25 at 1 PM at Lehigh University Campus in the Zellner Performing Arts Center, 420 E. Packer Ave., Bethlehem, PA.

The festival is under the direction of guest conductor, Dr. Bradley Olesen, Director of Choral and Elementary Music for Dallas Independent School District. Dr. Olesen oversees 334 programs at 237 Secondary and Elementary Schools with 160,000 students.

The program repertoire includes: "Cantata Domino", "Travelin' Home", "This is My Father's World", "Bogoroditse Devo, raduisya", "Ubi Caritas", "Jenny Kissed Me", "Battle of Jericho", and "Flight Song".



Pictured: First row: Allison Steinert, Janifer Patchen, Eli Hoyte, Maya Ramautar, Hanna Blesdoe. Second row: Jaden Boyd, Viktoria Swanson, Chad Schafer, Kevin Rutzler

# Winterfest in Stroudsburg

by Amanda Nyborg

Stroudsburg and its community has exceptional historical value. Founded, in 1799, it's had centuries to impress the public with culture. Winterfest 2017 was nothing short of that. Three years ago, Barry Lynch, who is the organizer of Winterfest 2017 had a meeting with some local businesses. They settled on this festive event, which has been a part of Main streets history for the past three years now. This event takes place every Presidents' Day weekend. When asked what his goal was for this year's festival he said. "the goal was to bring people together to Main Street, to display the historical downtown Stroudsburg." That goal was firmly met as dozens of people centered around Main Street with family and friends. The main attraction was the ice sculptures. Lynch, quoted above said he wanted to make the children feel involved and part of the community and the ice sculptures seemed to catch their eve. There were families, each waiting their turn to take pictures with the beloved characterized sculptures. There were thirty-six businesses that participated and thirty-two ice sculptures. The ice sculpture characters ranged from Bambi and Tinkerbell to Wonder Woman and Princess Leia. This made it entertaining for adults and children. Due to the exceptionally warm weather, there was concern that the ice would melt, however, the sculptures managed to stay frozen for the entirety of the festival. If any local businesses in the community would like to get involved and take part in this event, or future events, the help is more then welcomed please contact Barry Lynch at Barry@Galmay.com.

Although the weather seemed more like spring, it was a beautiful weekend and a great time was had by all who participated and attended Winterfest. We look forward to seeing what Winterfest 2018 brings!

photos by Sabrina Schantzen







Misty Stallard, owner, RAW Winery





Jade Dematteo pictured with Belle at Pocono Soap.



# EASTON HOSPITAL NAMES EMPLOYEE OF THE YEAR

Easton Hospital has named Kelvin Lashley as 2016 Employee of the Year. This award is the highest honor bestowed on a hospital employee each year. Lashley was chosen from among six nominations for the honor.

"Health care requires a special blend of great people skills, tireless energy and the ability to work well under pressure," says Karen Vadyak, Chief Nursing Officer. "People who work in health care share the common desire to help others and make a difference in people's lives. It's a pleasure



Kelvin Lashley

to recognize our employees for their dedication to our patients and to providing outstanding care."

Lashley has worked for Easton Hospital since 2009 as a nurse on the Telemetry Unit. He provides critical care by assessing, planning, implementing, and evaluating each patient's care needs.

To earn this honor, Lashley went beyond bedside care. A patient was discharged, but the person designated to pick up the patient had vehicle trouble, so the patient did not have a way to get home. The patient was offered a taxi voucher from the hospital and was extremely grateful. But the taxi service would only take patient to the outskirts of Easton, not into New Jersey where the patient lived. Kelvin reached into his own pocket and gave the patient the money so the patient could get home safely and be dropped off directly at the front door.

This action had Lashley nominated for and earn employee of the month. The story was also instrumental as his peers voted him employee of the year.

"Kelvin approaches everything with a "can-do" attitude," says his supervisor, JoAnn Garrett. "He is a team player with his co-workers and is truly liked by the physicians. Kelvin's patients love him because he takes the time to chat with them and makes them feel comfortable being in the hospital."

# EASTON HOSPITAL ANNOUNCES NEW PALLIATIVE CARE PROGRAM

Easton Hospital, proudly partnering with Compassus, has announced the addition of a Palliative Care program to its list of services.

Palliative Care provides specialized medical care for people of any age during any stage of serious or chronic illness. It is provided together with curative treatment and focuses on relieving the symptoms and stress of the illness.

"The goal of Palliative Care is to improve quality of life for both the patient and the family," said Karen Vadyak, chief nursing officer at Easton Hospital. "Our Palliative Care service will be coordinating and communicating closely with the patients' care providers."

"We work closely with the patient's primary physician to understand the patient's medical diagnosis and prognosis and to align the treatment goals with the patient's values and preferences," said Chand Rohatgi, M.D., medical director. "Palliative Care specialists do not replace the patient's doctor; rather, we partner with the patient, his or her family and other healthcare providers to control symptoms and help patients understand their treatment options so that they can formulate their goals."

Palliative Care consultations also focus on management of symptoms such as pain or shortness of breath. It can help patients gain the strength to carry on with daily activities and improve their ability to tolerate medical treatments.

Palliative Care consultations are covered by Medicare and most private insurance companies.

For more information about the Palliative Care program at Easton Hospital, call 484-523-0169.

# **FLU SEASON**



# By Jackie Talero-Rueda, The Crunchy Mom

Influenza is a virus that typically begins to appear in the Fall and then recedes as Spring progresses. This season the flu has been hitting left and right and sparing very few. This new strain of flu that we are cetting sick with was not

prevented by this year's flu shot and it doesn't surprise me. I personally choose not to get the flu shot because of the research showing that the side effects you could get are far worse then the flu itself so we take extra measures to try to keep the flu away. To begin with, washing your hands frequently is the best way to keep any sickness away. Giving immune support to your body is also very important. Supplementation of immune boosting vitamins like vitamin C, vitamin D3, magnesium, zinc and of course probiotics should be taken daily. Taking elderberry syrup daily is also a great way to boost the immune system since it contains high levels of vitamin A, B, and C. It is also good to take in higher quantities when sick with the flu. Since its natural it is safe for children. I make my own to save money (see recipe below) since a small bottle is \$15 at the health food store. Echinacea is an herb that has been used to treat respiratory infections. Several studies show that echinacea can help prevent you from getting a cold or the flu, and lessen the symptoms when you get it. It is believed to increase production of white blood cells. If you do get the flu there are several things you can do to help it pass quicker and alleviate symptoms. Besides taking the vitamins and supplements listed above there is a homeopathic medicine for the flu called Oscillococcinum that is sold in pharmacies and grocery stores. It is safe for children and adults and used world wide. No one seems to know how it works, but it has been effective for my family and I also use it as a preventative. Before getting a prescription flu

drug that has negative side effects try some natural and old fashion remedies to help. Take a detox bath with Epsom Salt. Drink plenty of clear and warm fluids, including bone broth which provides soothing gelatin and minerals. Remove white foods such as sugar, milk and grains. These types of foods suppress the immune system. Don't forget to get plenty of rest. If you have concerns about any sickness or what medicine to take, always talk to your doctor.





# **My Favorite Elderberry Syrup (courtesy of Pinterest)**

2/3 cup black elderberries 3.5 cups of water

1 tsp cinnamon powder ½ tsp cloves or clove powder

2 T fresh or dried ginger root

1 cup raw honey

**Instructions:** Pour water into medium saucepan and add elderberries, ginger, cinnamon and cloves (do not add honey) Bring to a boil and then cover and reduce to a simmer for about 45 minutes to an hour until the liquid has reduced by almost half. At that point, remove from heat and let cool enough to be handled. Pour through a strainer into a glass jar or bowl.

Discard the elderberries and let the liquid cool to lukewarm. When it is no longer hot, add 1 cup of honey and stir well. When honey is well mixed into the elderberry mixture, pour the syrup into a pint sized mason jar or 16 ounce glass bottle of some kind. Store in the fridge and take daily for its immune boosting properties. Standard dose is ½ tsp to 1 tsp for kids and ½ Tbsp to 1 Tbsp for adults. If the flu does strike, take the normal dose every 2-3 hours instead of once a day until symptoms disappear.

- \* These statements have not been evaluated by the Food and Drug Administration. This product or food is not intended to diagnose, treat, cure or prevent any disease. If you are pregnant, nursing, taking medication, or have a medical condition, consult your physician before using this product or food.
- f Questions? Email Jackie at jcrunchymom@gmail.com Now on Facebook www.facebook.com/jcrunchymom



# Pasta With Scallops, Zucchini and Tomatoes

# **Ingredients:**

Serves 4-6

- 1 lb. dry fettucine pasta ( or Linguini)
- 1/4 C. olive oil
- 3 cloves garlic, minced
- · 2 zucchinis, diced
- 1/2 tsp. salt
- 1/2 tsp. crushed red pepper flakes
- 1 C. chopped fresh basil
- 4 Roma tomatoes, chopped
- 1 lb. bay scallops
- · 2 Tbs. grated Parmesan cheese

# **Directions:**

In a large pot with boiling salted water cook pasta until al dente. Drain. While pasta cooks, in a large skillet heat oil, add garlic and cook until tender. Add the zucchini, salt, red pepper flakes, and sauté for 10 minutes. Add chopped tomatoes, bay scallops, and fresh basil and simmer for 5 minutes, or until scallops are opaque. Pour sauce over cooked pasta and serve with grated Parmesan cheese.

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# MARCH 14<sup>TH</sup>

Fettuccine Alfredo, Fettuccine Alfredo w/Shrimp, Sun Dried Tomatoes and Broccoli,

# MARCH 21ST

Cavatelli w/ Red Sauce and Meatball, Cavatelli w/Chicken, Broccoli, Grape Tomatoes, White Wine, Garlic, EV00

# MARCH 28TH

Homemade Lasagna

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**GENERAL OUT OUR WEBSITE** www.detzistavern.com





# **Slate Belt Senior Center**

Blue Valley Farm Show Complex, 707 American Bangor Road, Bangor Ph 610-588-1224. Hours: 8:00am-4:00pm. For Meal Reservations please call by 10:00am, 1 day prior before the meal. Lunch is served at 11:30am. We are looking for volunteers to help plan/set up for parties & special events.

Morning Stretch, Monday's, Thursdays and Fridays, 9:30am

Crafts & Chat, Tuesdays, 9:00am

Zumba Gold, Tuesdays, 10:00am

Exercise Class, Wednesdays 10:00am

Brush Away with Senior Artists, Wednesdays, 8:00-11:00am

Crafts with Bev, Thursday, March 2, 23, 10:00 A.M.

Afternoon with the Arts, Thursdays, March 2,9,23,30, 12:15pm

Tax Preparation by AARP, Fridays, 8:00 A.M.-2:00pm.

(MUST call 484-541-0198 for appointment)

Pool Tables are available every morning & Tuesday, Thursday and Friday afternoons

**Library, TV, and Computers** available Friday afternoons **FEBRUARY EVENTS** 

Oscar Trivia. Thursday, February 23, 10:00am

Painting with Hen House, Tuesday, February 28, 1:00-3:00pm

**MARCH EVENTS** 

Checkers, Thursday, March 2, 12:15pm

Farkle, Friday, March 3, 12:00pm

Quoits, Tuesday, March 7, 12:15pm

Chess. Thursday, March 9, 12:15pm

MUSIC WITH JIM HUMMEL, Friday, March 10, 12:30-2:30pm

AARP Meeting, Monday, March 13, 1:30pm

Irish Games Day, Thursday, March 16, 10:00am

Shamrock and Green Bingo, Friday, March 17, 12:15pm

Quoits, Tuesday, March 21, 12:15pm

Council Meeting, March 23, 9:00am

Center Events Meeting, Thursday, March 23, 12:15pm

Baseball, Friday, March 24, 10:00am.

Spring Painting, Tuesday, March 28, 1:00-3:00pm

Chess, Thursday, March 30, 12:15pm



Seniors dancing to the music of Bill Reese on February 10th at the Slate Belt Senior Center.



Pictured L-R Seniors from left to right are Sandy Snyder, Louise Kline and Mayola Danner holding their Valentine candles they created in Bev's Crafting class at the Slate Belt Senior Center

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# **Nazareth Senior Center**

15 South Wood Street, Nazareth, PA, 18064. Director: Stacy Walsh Call 610-759-8255 by **11 AM PRIOR DAY for meal reservations.** *We are looking for volunteers to help plan/set up for parties & special events.* 

Fun & Games - Mondays, 10:00am

Penny Card Bingo - Everyday 8:30am

Bonus Bingo - Tuesdays and Fridays, 10:00am

Penny Bingo - Wednesday, 10:00am

Moravian College Student Nurses, Thursdays, 9:00pm

**FEBRUARY EVENTS:** 

IN.SERVICE: Diabetes Awareness - Monday, February 27th - 10:00am

Salvation Army Pen Argyl - Community Lunch Program

Tuesday, Wednesday and Thursday from 12:00pm-1:00pm Community Lunch Program, Thursdays after lunch senior program. Food pantry first 4 Tuesdays of the month from 10am-12pm.

# **Senior Center Listings**

# **Slate Belt Senior Center**

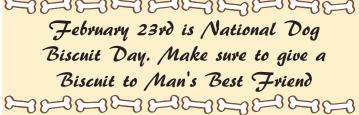
707 American Bangor Road, Bangor, PA (Blue Valley Farm Show Building) 610-588-1224 • Hours: 8:00 AM - 4:00 PM

# **Easton Area Lifestyle Campus**

3201 Sullivan Trail, Easton, PA 610-829-3201 • Hours: 8:00 AM - 4:00 PM

# **Nazareth: The Border House**

15 South Wood Street, Nazareth, PA. 610-759-8255 • Hours: 8:30 AM - 1:30 PM



# **Banana and Peanut Butter Dog Biscuits**

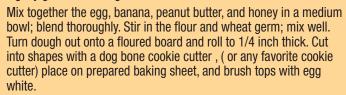
# Ingredients:

- 1 egg
- 1/2 cup mashed banana
- 1/3 cup peanut butter
- 1 Tablespoon honey
- 1 cup whole wheat flour
- 1/2 cup wheat germ
- 1 egg white, lightly beaten, for brushing

Preheat oven to 300 degrees.



Lightly grease a baking sheet.



Bake in preheated oven golden brown, approx. 30 minutes. depending on size. Remove from oven and let cool.

# **BAGS & BARKS BINGO**

A Bags and Bark Bingo will be held on Sunday, March 19th 12:00pm to 5:00pm. Ridgecrest at Stroudsmoor Country Inn. Proceeds to benefit Boomer's Angels Rescue & Care (501C3). Each winner will receive a Coach handbag. A luncheon will be held from 12:00 pm -1:00 pm this will be an additional cost. Doors open at 1:00 pm and the Bingo will begin at 1:30 pm and end at 4:00pm. Advance tickets can be purchased through the website. www.boomersangels.com Tickets will also be available at the door. You must be 18 or older to play Bingo.

# **Attention Dog Owners**

Obtaining a license for your dog is the right thing to do...and it's the law. In Pennsylvania, all dogs three months and older must be licensed by Jan. 1 of each year. Owners who fail to license their dogs could face a fine of up to \$300 for each unlicensed dog. The fee for an annual dog license is \$6.50, or \$8.50 if the animal is not spayed or neutered. Lifetime licenses are available for dogs that have permanent identification such as a microchip or tattoo. Older adults and persons with disabilities may be eligible for discounts.

For more information and to find out how easy it is to purchase your dog license, please visit http://www.licenseyourdogpa. pa.gov/





# It's Ginger Cat Madness at AWSOM!

If you haven't experienced the joy of a ginger cat in your life, you're missing out. Ginger cats are bright, sweet and chock-full of personality. Think of Garfield and Morris the Cat on TV. Ginger cats are where it's at! There are many orange kitty friends at the AWSOM shelter right now, so come check them out. Koby, Lorraine, Maggie May and Molly are all waiting to meet you. Plus the two sweeties below.



KIPP found himself at the shelter, through no fault of his own. This fun-loving big boy just wants to cuddle and play all day! True to his ginger cat nature he has a wonderful personality and enjoys the company of other cats and of course people.

Kipp is 4 years old, neutered, fully vaccinated and ready to fill your home with ginger cat joy. Come meet Kipp today. ADALENE was brought to the shelter as a stray and boy

is she glad to be with us! Sweet girl loves to spend her days cuddling with volunteers and visitors, showing of her loving personality and calm demeanor. She even loves other cats, which is a bonus for cat-friendly households.



Adalene is just 1 and a half years old, spayed, up to date on vaccinations and has her bags packed and ready to come home with you. Don't keep her waiting-stop by the shelter today!

The AWSOM Animal Shelter is located at 3129 Godfrey Ridge Drive, Stroudsburg, PA 18360. Adoptions hours are 11AM to 4PM, 7 days a week. Volunteer opportunities are always available. Stop in or call 570-421-DOGS for more information. The AWSOM Animal Wellness Center is open Monday thru Friday

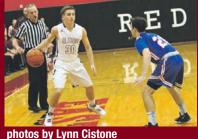
for all your basic veterinary needs. Check out our low-cost veterinary services, including spay and neutering, vaccinations, dental care and more.

Call 570-424-1060 for more information or to make an appointment. Visit our website at AwsomAnimals.org Facebook: A.W.S.O.M.

# Bangor Boys Take Colonial League Championship for Third Year



The Bangor Boys Varsity Basketball team won the Colonial League Championship on Friday, February 17th. They beat Southern Lehigh 54-43 to claim the title for the third consecutive year. Congratulations Slaters! Pictured L-R Coach Greg Hartman, Coach Jarred Randolph, Coach Colin Kessler, Isaiah Jones, Saber Singleton, Noah Berger, Ben Holland, Anthony Schiavone, Bo Meyers. Back row L to R: Hunter Kish, Tony Jones, Ryan Bailey, David Pagotto, Reece Jones, Dylan Benton, Seth Benton, and Colton Holland, Coach Bron Holland, and Coach Mark Schiavone, Coach Asher Schiavone, Coach Andy Mulitsch.







# **Local Shooters Impressive at Hoop Shoot Districts** By Pete Nell

It may have been cold outside with snow flurries but things were heating up inside the Washington Township Elementary gym on January 28th. The foul shooting event was the Northeast District Hoop Shoot hosted by the Bangor Elks Lodge #1106. A total of 36 girls and boys participated.

Mya Bartosh and Justin Petersen both won their respective age groups. Mya made 16 of 25 to win the 8 and 9 girls category while Justin sank 20 of 25

2017 RESCUE FIRE CO. MASTERS -STRUNK MEMORIAL QUOIT TOURNAMENT

SINGLES

1. Dave Giaquinto

2. A.J. Gilliland 3. Todd Lakev

DOUBLES

1. Jeff LaBar - John Saltern

2. Jody Zengulis – John Hartzell

Todd Lakev – Kraig Kuster

# **LUCK OF THE DRAW TOURNAMENT**

1. Dave Giaguinto - Frank Ceraul, 2. Jody Zengulis - Ryan Kreider, 3. A.J. Gilliland – Adam Dotta

# **SLATE BELT MEN'S QUOIT LEAGUE**

# **February 9, 2017**

Columbia Fire Co. 32 Roseto Rod & Gun Club 24 – Bob Ponnett 11-3, Brian Palmer 10-4, Vic Zeeman 10-4; Larry Johnson 9-5

Bangor Jax 34 O'Neill's Place 22 – Mike Spinks 11-3, Dave Giaguinto 10-4: Andy Conrov 9-5

Pen Argyl Legion 36 East Bangor Fire Co. 20 – Clyde Bellis 12-2, Brookes Kromer 12-2, Steve Pfeiffer 11-3, Bill Fibick 10-4; Bill Pascoe 8-6

Bangor Elks 34 Roseto Legion 22 – Chad Kreider 12-2, Jody Zengulis 10-4; Chuck Klingle 8-6, Eric Porter 8-6

Bangor VFW 36 Liberty Fire Co. 20 – Frank Comunale 11-3, Mark Lowe 11-3; Jack Stenlake 9-5

Second Ward Fire Co. 30 Rescue Fire Co. 26

Oxford Fire Co. 36 Hillside Rod & Gun Club 20 – Jeff Lindsay 11-3, Matt Becker 10-4, Bill Griffett 10-4; Justin Ott 8-6

# 2016-2017 SBMQL Second Half Standings

Division 1 – Bangor Elks 9-0, Bangor Jax 9-0, Oxford Fire Co. 8-1, Pen Argyl Legion 7-2, O'Neill's Place 6-3, Roseto Legion 5-4, Bangor VFW 5-4

Division 2 – Hillside Rod & Gun Club 5-4, East Bangor Fire Co. 4-5, Second Ward Fire Co. 2-7. Liberty Fire Co. 1-8. Rescue Fire Co. 1-8. Columbia Fire Co. 1-8. Roseto Rod & Gun Club 0-9

to earn the 12 and 13 boys title. Both represented the Bangor Elks and will advance to the state finals on March 4th at Bellefonte High School near State College. Kurt Snyder in the 10 and 11 boys and Kaylee Holland in the 12 and 13 girls earned third place trophies also from the Bangor Elks Lodge.

# **Faith Christian Boys Basketball Seniors**







photos by Nick Pulsinelli

# New editions at the Blue Mt. Community Library

Adult Fiction - Victoria, Daisy Goodwin; To Capture What We Cannot Keep, Beatrice Colin; Monticello, Sally Gunning; Ghosts Of War, Brad Taylor. Karolina's Twins, Ronald Balson; How Will I Know You, Jessica Treadway; The Education Of Dixie Dupree, Donna Everhart; The Sound Of Rain, Gregg Olsen; The Barefoot Summer, Carolyn Brown; Out Of Bounds, Val McDermid; The Midnight Bell, Jack Higgins; The Guests On South Battery, Karen White; First Comes Love, Emily Giffin; The Mistress, Danielle Steel; Below The Belt, Stuart Woods

**Adult Large Print** - Because You're Mine, Colleen Coble; Crash and Burn, Fern Michaels; Boomer's Bucket List, Sue Pethick; Where The Lost Girls Go, R.J. Noonan; Mulberry Moon, Catherine Anderson

Adult Non-Fiction - We Have Your Daughter, Paula Woodward; Hillbilly Elegy, J. D. Vance; Getting Real, Gretchen Carlson; Hidden Figures, Margot L. Shetterly; Rise Of The Rocket Girls, Nathalia Holt.

The Blue Mt Community Library is located at 216 S. Robinson Ave. in Pen Argyl. Hours are Mon.-Sat, 10:00 am –Noon and M-Th, 6:00-8:00 pm. Visit their website www.bmcl.org. Visit us on Facebook at www. facebook.com/bmclpenargyl.

# **BINGO**

February 23 & March 2

Polk Township Volunteer Fire Company
Main Fire House Hall, 115 Interchange Rd, Kresgeville
Doors open at 5:00 PM • Bingo starts at 6:45 PM

February 24 & March 3
Wind Gap Fire Company

Doors open at 5:00 PM • Bingo starts 6:45 PM

February 25 & March 4
Immaculate Conception

Doors open at 11:00 AM • Bingo starts at 1:00 PM

Bangor VFW

Doors open at 3:30 PM • Bingo starts at 6:00 PM

February 28 & March 7
Portland Hook & Ladder Co. #1

State Street, Portland 7:00 PM

Klecknersville Rangers Vol. Fire Co. 2718 Mountain View Drive, Moore Township

Doors open at **5:00 PM** • Bingo starts at **7:00 PM** 

March 1 & 8

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Joyce Carol Oates; Rather be the devil by lan Rankin; Echo's in death by J.D. RobbBritt-Marie was here by Fredrik Backman; The prisoner by Alex Berenson; The sleepwalker by Chris Bohjalian; Junky by William S. Burroughs; The preachers lady by Lori Copeland; Dead cold bew by Cleo Coyle; A faith of her own by Kathleen Fuller; Deaths mistress by Terry Goodkind; Schindler's list by Thomas Keneally; My not so perfect life by Sophie Kinsella; Shoo, fly, shoo by Amy Lillard; Last kiss by Laurelin Paige; Family sins by Sharon Sala; When the soul mends by Cindy Woodsmall.

Adult Non Fiction - Norse Mythology by Neil Gaiman; Settle for more by Megyn Kelly; Hidden figures: the American dream and the untold story of the black women mathematicians who helped win the space race by Margot Lee Shetterly; We should all be feminists by Chimamanda Ngozi Adichie; Heavier than heaven: a biography of Kurt Cobain by Charles Cross; The princess diarist by Carrie Fisher; The four agreements by Miguel Ruiz; The lose your belly diet by Travis Stork.

**Junior Fiction** - Old Yeller by Fred Gipson; Anne of Green Gables by L.M. Montgomery.

**Young Adult Fiction -** Kings cage by Victoria Aveyard; Blade silver; Faded denim; Harsh pink; Moon white by Melody Carlson; Caraval by Stephanie Garber; Wires and nerve Volume 1 by Marissa Meyer; Paper towns by John Green; Book of a thousand days by Shannon Hale; The Rose Society; The Young Elites by Marie Lu.

**Easy Non Fiction** - DreamWorks Trolls by Veronica Wagner. **Audio Books Fiction** - Never never by James Patterson; The Mistress by Danielle Steel; Below the belt by Stuart Woods.

**Dvds** - Florence Foster Jenkins; Jack Reacher: Never go back; The unsinkable Molly Brown.

# More To Follow

by Robert L. Martin

It landed as lightly as a dancer's air,
Like a poem so soft within a dream so fair,
Bits of heaven blown in with the wind,
As it whirled so light from where it's been,
A snow flake dancing to the sound of winter,
Softly floated down to where they sent her,

She gently sat upon my shoulder and said, "There's more to follow I came on ahead.
The storm is brewing in the northern sky.
There's whiteness all around as angels sigh With billions upon millions and more they fall, A cold, cold family from a place called boreal, The home of romantics where beauty is born, That covers the hillside in the grandest form, From the first landing until the last has fallen, They make way for the lilacs and the pollen.

There's beauty all around For many reasons. There's more to follow As seasons drift into seasons."

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Bangor Public Library Bangor Tire and Auto

Bank of America Blue Valley Diner

Blue Valley Farm Show Blue Valley Vision

Bono Pizza Borked PC Bray's News Broadway Pub

Burning Daylight Greenhouse

Carmella's Salon China Wok

Chocolates on Broadway Country Carpet Shoppe Country Roads

CPA Tax Cuts Plus

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First United Methodist Thrift Store

Grace on Broadway Ginder Greenhouse Good Shepherd

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Ignite Fitness J Nails

JMS Salon Job Connections Johnnie's Restaurant

Kline's Auto Repair Little Corner Cafe Lafayette Bank

Little Creek Bar-B-Cue Mary Eck O.D. Optometrist

Merchant's Bank (Rt 191& Broadway)

Miller's Paint Store Multicare Plus

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Pen Argyl Borough Pen Argyl Pizza Pen Argyl Post Office Philly's Hair Design

Pool Store Reagle Dodge Reimer Bros. Reto's Barber Shop

Rep. Mario Scavello Sabatino Insurance

Slate Belt Floor & Wall The Slate Pub Tolino's/Valero

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ShopRite Soap Box Laundromat The Dog House

The Potting Shed Triplets Diner

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# The Music in My Ears - Part 2 Continued from 2/9/17 Issue

by Brian Potopowitz

Staying focused was difficult as I seemed to drift in and out of my own thoughts. Sometimes I would hear and even the sweet treats that she would give me with her own hand. I saw them as they gave me strong the music and it would ease my trepidation. It was at those times that I was able to refocus and keep going because in the midst of the music was always, "Home Steph."

The trail I was walking on abruptly ended at the base of a steep slope so I stopped to try and figure out if I should go up or around. It was then that I realized something was not right. My pulse guickened as I sensed movement above. There was a slight scraping sound and I thought I smelled a putrid odor.

I sidestepped as a creature landed on the ground right where I had just been standing so I took a few more steps and turned to face it. Right in front of me stood a big cat. Its fangs were out in its mouth and I saw claws pressing into the ground. I wanted, so badly, to turn and run but I couldn't, I just stood there

The cat moved to the left as I stepped back. A low growl came from its throat. I screamed at the top of my lungs but it did no good. The cat lunged with biting mouth and swiping claws. I just kept moving back until I felt those claws rip the skin on my legs so I kicked at it. My foot hit its shoulder and it tumbled back onto the ground but was up again very quickly and moving toward me again.

All I could think to do was scream and keep backing up. It came at me again and I felt more pain from its claws and I screamed and kicked until I backed myself up to the base of the hill. I was desperate to get away so I turned and scrambled up the hill with the cat right behind me.

I was only half way up when I felt new pain on the back of my leg. Turning to take aim I pulled up my leg and kicked with all my might and landed a heavy blow right to its tender nose. As I continued my assent I watched as it rolled and tumbled back down the hill and lay on the ground shaking its bloody head and trying to get back up. With great care I made it to the top and moved quickly away from the edge with my heart pounding.

I was very fearful that the big cat would chase after me but I slowly began to calm down as time passed and it was clear that I had gotten away. I was also becoming distracted by a sound that made me very happy. The terrain had been going up hill but now began to slope down a bit as I started to hear the sound. My mouth felt extra dry as I made my way downward and around some trees and bushes to a small stream winding through the forest.

The day was very hot so I walked right into the water and slumped into a shallow pool. The cool and lazy movement of the water soothed the cuts on my legs as I took a drink. I was soothed even more as I heard the music in my ears

Turning my head and looking back I watched where it was coming from. Normally I could clearly see the music coming from her mouth as she spoke to me. She would sit up high and face me but now her face was resting on my back covered by her long white hair. But the music was still there, more guiet than before, but I still heard it and my heart rate lowered as I continued to look at her.

I saw a hand reach out and dip into the water and return as the music stopped. It stretched out again and again and we drank together, she and I, as our strength returned. Then the hand gave me light touches on the side of my neck and then they stopped as I heard, "home Steph." Continued from 2/23/17 Issue

Carefully I raised myself up on all four of my legs and walked so that she would not fall off and this time I found it. The smell of the flowers told me where to go and as I approached the others came rushing toward

I saw them take her from me as they bore her out of my sight. I saw the others give me water and food

touches on my whole body and even the soft ones that she would give me but it wasn't quite the same. I longed to see her again with my eyes and so...

I watched...

I could hear all the familiar sounds again, my hooves on the floor, the creak of the wall against my body. The slosh of the water and the swish of the food in my buckets. I could hear the sounds of things I did not understand but knew they were part of this place and made me feel at home. I could hear the others calling me by my full name, D. C. Stephanopoulos and there was music from them but it was unlike the music that she made. I longed to hear it again in my ears and so...

I could see the shadows move across the land from one side of my home to the other. They seemed to move faster and faster in-between times of sleep. I could see the land change as the grass was covered with snow. I saw all the others moving around me and going about their business in my home but I didn't see the one whose voice was sweet music to my ears. I wondered where she was, wanted to see her again and so...

I waited.

I felt as though I was slowly losing the best part of myself. I was beginning to forget who I was. I didn't want to forget so I would run. Running was my favorite thing to do so I would run all day long, sometimes by myself and sometimes I would bear the burden of one of the others. It didn't matter one way or the other as long as I was running because it made me tired and every time I fell asleep she was with me although it wasn't quite the same.

I would look back and watch her as I ran. She would sit tall and I would see her face. Her legs would squeeze my sides as she would lean forward and grasp the hair on my neck. I would run and she would tell me where to go as her hand would give me soft touches and I would sense that the music was there but I would not hear it in my ears. It soothed me none the less and I would take her and run and run into the white light of the horizon.

The first sensation that came back to me was sound. It was soft and my heart raced as I strained to listen and then heard it again, "Steph." I jumped to my feet and pushed on the wall with my body. One of the others was there and he made the wall slide to the side and I knocked him to the floor in my haste to get out. I looked to my right and saw her sitting, bundled in a blanket and sounds came out of me that I had never heard myself make before. The sounds were from a feeling within me somewhere between anguish and relief.

I couldn't stop the sounds from coming out of me as I ran to her and put my face down by hers. I was shaking all over as she looked at me and reached up with one hand and gave me soft touches on my face. The soothing music came to my ears and began to slow my heart rate but it was a long time before it returned to normal. All the while I stood close as she touched my nose and I nuzzled her face and she gave me sweet treats to eat.

She never came to see me by herself again, always with one or more of the others but did come. Sometimes she would visit where I slept, sometimes outside in the field where I would run. I never bore her on my back again but she was with me very often and I heard the music in my ears to the end of my days.

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# 22 A RELIGIOUS SERVICES

#### **Ackermanville United Methodist**

1410 Ackermanville Road, Bangor, PA., (just off Rt. 191in Ackermanville), 9 AM Sunday School, 10 AM Worship Rev Alice Ann Bonham, (610) 588-7818 www.ackermanvilleumc.org

#### **Arndt's Lutheran Church**

1851 Arndt Road, Easton, PA 18040, 610-253-3732 Worship: Sat. 6:00 PM, Sun. at 8:15 AM Communion; 9:00 AM Children's Sunday School; 9:30 AM. Confirmation; 10:30 AM Worship

Tue. - 10:00 AM Open Arms; 7:00 PM Boy Scouts & Bible Study.

Wed. - 10:00 AM Open Arms

Holy Communion is celebrated on the 1st & 3rd Sundays of the month.

Email: arndts.lutheranchurch@rcn. Website: www.arndtslutheran.org

# **Bangor Church of the Nazarene**

150 Bunny Trail, Bangor 9:30 AM Sunday School, 10:40 AM Worship Powerhouse Praise Practice 5 PM Teen Straight Talk & Small Groups 6 PM Kenneth L. Bean, Pastor, (610) 588-6929

#### **Belfast Bible**

483 Belfast Road, Belfast 9:30 AM Sunday School (All Ages) 10:45 AM Worship, Evening Service 7 PM Pastor Michael Yaworski

# **Belfast Wesley United Methodist**

607 School Street, Belfast 9:00 AM Children & Adult Sunday School, 10 AM Worship, followed by coffee fellowship. Pastor Paul Milligan, (610) 746-3652

# **Benders Mennonite Church**

975 Benders Church Road, Pen Argyl 10:10 AM Worship, Food Bank 3rd Saturday of the month 9 AM - 11 AM (610) 863-9114

# **Bethel Bible Church of Mt. Zion**

7742 N. Delaware Dr. (Rt 611) Martins Creek 9 AM Sunday School, 10 AM Worship Pastor Rick Tunis, (610) 250-9809 www.bethelbiblechurchofmtzion.org

# **Christ Hamilton United Lutheran Church**

419 Bossardsville Road, Stroudsburg, PA 18360 570-992-4085

www.christhamilton.org email: chulc@ptd.net Worship Services @ 8:15am & 11:00 am Sunday school for 3 year olds thru adults @ 9:30am

# **Christ Evangelical Lutheran Church**

703 S. Delaware Dr (Rt 611) Stone Church/Mt. Bethel 610-588-7056 e: celcpaorg@yahoo.com Sunday School 9am (Sept-May) Worship 10am; communion 1st & 3rd Sunday www.celcpa.org

# **Community Baptist**

Weona Park Center, Pen Argyl

7 PM Bible Study, Separate class for age 10 & under

#### **Clearfield Bible Holiness Church**

1502 Bushkill Center Road, Wind Gap 10:30 AM Sunday School, 11:15 AM & 2 PM Worship 7 PM Thursday Prayer Meeting Pastor Mike Beck, (570) 369-6563

# **Community Church**

Mount Pocono Location 1050 Memorial Blvd., Tobyhanna, PA 18466 SUNDAYS 9:30 am | 11:00 am | 12:30 pm The Burgs Location - SUNDAYS 11:00 am 2000 Milford Road, Stroudsburg, PA 18301

# Community Presbyterian

1755 S. Delaware Drive, Mount Bethel 9:15 AM Sunday School, 10:30 AM Worship Coffee hour on last Sunday of every month following service cpcmbp@peoplepc.com 2nd Wednesday - Community Eucharistic worship service beginning on Feb. 8th at 2:00PM (570) 897-6766, www.yourcpchurch.com

# **Cross Road Baptist Church**

201 S Second Street, Bangor 9:30 a.m. Sunday School, 10:45 a.m. Worship Wednesday 7 pm Prayer/Bible Study 2nd Sunday of Month Free Meal 4-5:30 pm Breaking Bread Soup Kitchen Rev. Jay VanHorn, Pastor, 610-588-3966 www.crossroadbaptistbangor.com

136 West Central Avenue, East Bangor, PA Sundays - 8:30 a.m. Choir Rehearsal, 9:15 a.m. Worship Service, 10:30 a.m. Sunday School, After-Church Fellowship (Last Sunday), 4:00-6:00 p.m. Free Dinner (1st Sunday) Mondays - 7:00 p.m. Bible Study

1st Wednesday - 7:00 p.m. U.M.W. "Esther Circle" Thursdays - 6:30 p.m. Bazaar Workshop, 7:00 p.m. Choir Rehearsal

Saturdays - 8:00 p.m. AA Meeting Pastor David Goss (610) 588-4453 Dial-A-Message (610) 588-3896 Website: http://www.ebumc.org/

# **Faith Alive Community Church**

10 Mechanic Street, Wind Gap 10 AM Worship.10:45 AM Children's Church and Next Level (Grades 7-12) Pastor Matthew Whistler, (610) 863-6911 www.faccpa.org

# **Faith United Presbyterian**

218 W. Penna. Avenue, Pen Argyl Tues: Faith Quilters-1PM Wed: Adult Bible Study-10AM

Sat: Mar 4, Vegetable Beef Soup & Bake Sale 7:30-11AM Sun. Mar 5, 1st Sunday Of Lent, Choir 9AM, Worship/ Communion/Food Bank/ Church School 10AM Sun. Mar, 12, 2nd Sunday Of Lent, Choir 9AM, Worship/ Communion/Church School 10AM, Session 11AM

Sun. Mar 19, 3rd Sunday Of Lent, Choir 9AM, Worship/ Communion/Church School 10AM Sun. Mar 26, 4th Sunday Of Lent, Choir 9AM, Worship/

Communion/Church School 10AM Rev. Ruth Ann Christopher (610) 863-4447

# **Family Life Community Church**

1115 Richmond Road, Bangor Wednesday: Kidz Night Out at The Hub 6:30-8:30 PM (Kids ages 6 thru 6th grade), Thursday: Teen Night Out at The Hub 6:30-8:30 PM (Grades 7th thru 9th) 10 AM Worship Service

Pastor Mike Poppa, (610) 588-3736, www.flccbangor.com

# **First United Evangelical**

25 South 2nd Street, Bangor Sun.: Sunday School at 9:30 AM, Worship at 10:30 AM

Wed. Eve.: Prayer Meeting and Bible Study, 7 PM Pastor Ronald Shipman, (610)-588-3226

#### First United Methodist Church

55 North Third Street, Bangor 8:30 AM Contemporary Service, 8:50 AM Junior Church, 9:50 AM Sunday School for all ages, 11 AM Traditional Service, 11:15 AM Junior Church Rev. Navin Satyavrata, (610) 588-4673 www.firstumcbangor.com

#### **Faith Family Fellowship**

1002 Bushkill Center Road, Nazareth Sundays: 10 AM Worship Service with fellowship time to follow

Pastor Robert Hampton, 484-408-9624

# **Flicksville United Church of Christ**

19 West & Water Street, Wind Gap

1337 Lower South Main Street, Bangor, PA 18013 610-588-4648 www.flicksvilleucc.org Sunday School 9:30a.m. Sunday Worship 10:45a.m. Service will include local musical talent

#### **First United Methodist**

8:45 AM Sunday School 10 AM Worship/Communion 11 AM Fellowship on 1st Sunday of each month East Bangor United Methodist Community Church Pastor Bruny Martinez (717) 940-3090

# **God's Missionary Church of Northampton**

4965 Nort Bath Blvd (Rt 329), Northampton 9:30 AM Sunday School, 10:30 AM & 7 PM Service 6:30 PM Youth Service Wednesdays-Prayer Meeting 7:30 PM Rev. Rodney Keister, (610) 262-4412

www.GMC-N.com

# **Good Shepherd Evangelical Lutheran Church**

2904 Church Road, Martins Creek 9 AM Worship, Adult Bible, Study following worship **Pastor Louise Williams** 

#### **Grace Lutheran Church**

5907 Sullivan Trail, Nazareth 9 AM Service, 10:15 AM Sunday School, 10:30 AM Adult Forum (610) 759-9080, www.gracebelfast.org

# **Grace United Methodist Church**

404 Mountain Avenue, Pen Argyl 8:30 AM Contemporary Worship 10 AM Blended Service, Sunday School Rev. John T. Pfeil, (610) 863-4811

#### **Holy Trinity Orthodox Church**

1501 Trinity Court, Stroudsburg 9:30 AM Divine Liturgy Sundays 6:30 PM Vespers Saturday

(570) 421-4455, www.holytrinitypoconos.org

# **Hopesprings Community of Faith**

301 Market Street, Bangor 10:15 AM Coffee served, Meeting times are 9:30 AM and 11:00 AM

855-info-hope., www.hopespringscommunity.org

# **Hope Lutheran Church**

240 S. 8th Street, Tatamy, PA Pastor Herbert Dolich

9:00am Sunday School classes and Bible Study (Sept.-May) 10:30am Worship services(Sept.-June)

#### **Hope UCC**

22nd & Cherry Street, Wind Gap Worship 10:30 AM, Sunday school 9:15 AM and communion first Sunday of the month. Pastor Rev. Dean D. Frey, (610) 863-4474

# **Living Waters Christian Church**

396 Sterling Road Unit D, Tobyhanna Thursday: 6-7 PM Christian Education, Sunday: 9:15 AM Christian Education, 10:30 AM Worship Rev. Dr. Jacqueline R. Walters (570) 350-4710 or (570) 629-5581 livingwaterscc@aol.com



# Arsha Vidya Pitham (Institute for Study of **Vedanta. Yoga and Meditation)**

651. Route 115. Saylorsburg www.arshavidva.org

#### **Mount Bethel Church**

1270 Belvidere Corner Road, Mt. Bethel Pastor Chris Priestaf. (570) 897-7142 Little Friends Preschool (570) 897-7797 email office@mountbethelchurch.org www.mountbethelchurch.org

# **Sunday Service Schedule**

8:30 & 11am Worship Services 9:45 Confirmation and Sunday School

#### **Mount Eaton Church**

7277 Mt. Eaton Road, Saylorsburg

Services: 6:30 PM Saturday, 8 AM Sunday Traditional, 10:30 AM Sunday Contemporary,

6 PM Sunday Youth Group, Wednesdays: 7 PM Family Night. 8:30 PM Young Adults' Group

Pastor Doug Hayes, (570) 992-7050

mounteatonchurch.org

#### **Nazareth Moravian Church**

4 South Main Street, Nazareth

Sundays - 8:15 Worship; 9:30 Sunday School 10:45 Worship Wednesdays-6:00pm Weight Watchers:

7:00pm Bible Study

Thursdays 6:30pm Bell Choir; 7:15pm Senior Choir Feb 26 - Noon - Church Council; 5:30 Confirmation Feb 28 - 7:00PM Human Resources (610) 759-3163, nazarethmoravian.org

# **Our Lady of Good Counsel**

436 South 2nd Street, Bangor 4 PM Saturday, 8:30 AM Sunday Pastor Stephen L. Maco, (610) 588-5445

# **Portland Baptist Church**

601 Delaware Avenue, Portland

9 AM Sunday School, 10 AM Fellowship, 10:20 AM Worship, 6-7:30 PM AWANA Youth Group/Prayer Meeting/Bible Study, Handicap accessible

(570) 897-6866, www.portlandbaptistchurch.com

#### **Prince of Peace Lutheran Church**

2445 Lake Minsi Drive, Bangor

Every 1st & 3rd Saturdays of the month at 5:30 PM Worship & Holy Communion

Sundays: 9:45 AM Worship & Communion

Rev. Michael J. Scholtes, (610) 588-2355

www.popbangor.org

# Presbyterian Parish of Bangor-Roseto

Sunday 10:45 AM Worship Service Rev. Albert Martin, (610) 588-4864 www.presbyparishbangorroseto.webs.com

# **Presbyterian Church of the Mountain**

Church Lane, Delaware Water Gap (570) 476-0345 Sunday Worship Service: 10 AM in the Sanctuary Holy Communion: 1st Sunday of each month Praise Team: 2nd Sunday of each month

Sunday School: during worship in the Fellowship House for ages 0-12 (childcare and class)

Choir Rehearsal: Thursday at 7:30 PM in the Fellowship House Choir Room, Deacons Meeting: Last Sunday of each month at 11 AM, Session: 2nd Thursday of each month at 7 PM, Bible Study: each Monday at 7 PM

# **Richmond United Methodist Church** 8538 Delaware Drive (Route 611), Bangor

One Sunday Service at 10:00 AM Adult Sunday School at 9:00 AM Children's Sunday School at 10:00 AM Pastor Ed Van Arsdale (610) 588-7317 www.richmondumc.com

#### **Refiner's Fire Ministry**

100 Division Street, Portland Sundays: Prayer 9:15 am Worship 10:00 am Wednesday Night Bible Study 7:00 pm Friday Night Redemption (Christ-centered, 12 step meeting) 8:00pm Pastors Phil and Jessica Karasiewicz 570-583-3101 refinersfireministry2006@gmail.com

# Slate Belt - Nazareth Baptist Church

1620 Church Road, Pen Argyl

Every Tuesday: Mixed Martial Arts/Self Defense 7-8:15 PM, Aerobics 7-8 PM

Sunday: 9:30 AM Sunday School, 10:30 AM Worship

& Children's Church (nursery provided) Adult Bible study is at 4:30, AWANA is at 5:30 Pastor Scott J. Davis, (610) 863-9274

# The Roseto Independent Presbyterian Church

210 Garibaldi Avenue, Roseto 9:15 AM Greeting, 9:30 AM Service Rev. Barry Eng. (610) 599-9949 www.RIPC-OnlineToday.org

#### Salem UCC

2218 Community Drive Bath PA 18014 Worship 8:00 AM; Sunday School, Confirmation Class, Junior Choir 9:00 AM; Worship 10:15 AM Sundays Cub Pack 50 1:00 PM First & Third Mon. of the month Pinochle Club 11 AM-

Third Monday of the month Consistory Meeting 7:00 PM Tuesdays Boy Scout Troop 50 6:30-8:00 PM & Senior Choir

Wednesdays Ladies Aid Quilting 9:00 AM-3:00 PM Pastor Donald Brown, (610) 759-1652 www.salemuccbathpa.org

# St. Brigid's Episcopal Church

301 Madison Avenue, Nazareth 9 AM Holy Eucharist

Rev. William Martin, (610) 746-3910, www.stbrigidspa.org

#### St. Elizabeth's Parish

300 West Babbitt, Pen Argyl

Masses: 5 PM Saturday, 8 AM, 9:30 AM & 11 AM Sunday Rev. Msgr. Vincent P. York. (610) 863-4777

# St. Luke's UCC Belfast

471 Belfast Road, Nazareth (Belfast) 9:00 AM Worship - beginning the week of June 13th 1st Sunday of month Holy Communion Pastor Rev. Frank Gassler, (610) 759-0244 www.stlukesuccbelfast.com

# St. Mary's Episcopal

340 Lehigh Street, Wind Gap 9 AM Eucharist & Sunday School, Coffee hour follows service

The Rev.Canon Joel Atkinson, priest in charge. (610) 863-8007 saintmarywindgap.webs.com

# St. John's Evangelical Lutheran

12 North Westbrook, Pen Arayl 8:45 AM Sunday School, 10 AM Worship (610) 863-4332

# St. Joseph's Episcopal

1440 Verona Drive, Pen Arayl

11 AM Eucharist, Coffee hour after service The Rev. Canon Joel Atkinson, priest in charge.

#### St. Peter's Evangelical Lutheran

1422 Church Road, Pen Arayl 11 AM Bible Study, 7 PM Praise Band, 6 PM Youth Choir, 7:30 PM Adult Choir,

8 AM & 10:15 AM Services, 9 AM Sunday School (610) 863-6859

#### St. Peter's UCC

401 Broad Street, Tatamy 10:00 AM worship all year 10:00 AM Sunday school Sept.-May. Interim Pastor, Darlene Blocker, (610) 252-6515

# St. Vincent DePaul Catholic

Delaware Avenue, Portland 6 PM Saturday, 10:30 AM Sunday Rev. Stephen L. Maco. (610) 588-5445

# The Salvation Army

301 W. Main Street, Pen Argyl, PA 18072 610-863-6677

**Sundays:** 10 AM Sunday School, Sunday services

every Sunday from 11:00am-12:00pm. Tuesdays: Food Bank 10 AM-12 PM

Wednesdays: Knitting & Crocheting 10 AM-12 PM Thurs: 10:30-11:30 AM Home League Women's group.

Free Lunch for Seniors: Tues.-Thurs, 12 PM

# The Pentecostal Christian Church the Truth (Iglesia Pentecostal La Verdad)

4 Jory Avenue, Pen Argyl

12 PM Sunday School (Escuela Dominical) 1 PM Praise & Worship (Cuho Evanglistico)

All invited to Bilingual Services Rev. Frank Pons, (570) 807-7794

# **Temple Israel of the Poconos**

Egalitarian Conservative Synagogue 711 Wallace Street, Stroudsburg Sabbath Services: Friday 7 PM followed by a Traditional Oneg Shabbat Saturday 9:30 AM followed by a traditional Kiddush. Services conducted in both Hebrew & English in a warm, welcoming, Jewish environment. Hebrew School for ages 4-13 Dr. Sandra Alfonsi, 570-223-7062

# **Trinity Evangelical Lutheran**

404 Broadway, Bangor Sunday School 9am Worship 10:15am Pastor Laine, 610-588-2023 www.tlcbangor.com

# **Trinity United Church of Christ**

632 South Delaward Drive, Mt. Bethel Worship at 10:30 am - Sunday school 9:15 am Rev. Rodney W. Wells, (610) 588-1989

# **Zion Presbyterian Church**

Water Street, Wind Gap 9:30 AM Service, Children's Sunday School during service. Visitors are welcomed! Rev. Sam Huffard



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