

FREE

THE *Belt* and
BEYOND

**Volume 5 • Issue 11
September 6, 2018**

A PUBLICATION FEATURING: local events, news, happenings and more

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SEPTEMBER

SEPTEMBER IS NATIONAL CHILDHOOD CANCER AWARENESS MONTH
NATIONAL DAYS

SEPTEMBER 6 NATIONAL READ A BOOK DAY
SEPTEMBER 7 NATIONAL BEER LOVER'S DAY
SEPTEMBER 9 NATIONAL GRANDPARENT'S DAY
SEPTEMBER 11 PATRIOT DAY AND NATIONAL DAY OF SERVICE AND REMEMBRANCE
SEPTEMBER 17 NATIONAL APPLE DUMPLING DAY
SEPTEMBER 21 NATIONAL POW/MIA RECOGNITION DAY
SEPTEMBER 22 AUTUMNAL EQUINOX - FIRST DAY OF FALL
SEPTEMBER 26 NATIONAL WOMEN'S HEALTH & FITNESS DAY
SEPTEMBER 28 NATIONAL GOOD NEIGHBOR DAY
SEPTEMBER 29 NATIONAL COFFEE DAY
SEPTEMBER 30 NATIONAL LOVE PEOPLE DAY

Next issue will be printed
September 20th

Deadline for all ad copy and news
Friday, September 14th

Email your news and events to
thebeltandbeyond@gmail.com

WEEKEND HAPPENINGS

EBUMC to Hold Super September Sale

The East Bangor United Methodist Community Church will hold a SUPER SEPTEMBER SALE on **Saturday, September 8th, at 9:00am**. Items include FALL yard decorations and LOTS of "white elephants". The church is located at 136 W. Central Ave. (Rt. 512), East Bangor, PA. 610-588-4453 ebumc.org

2018 Wine & Music Festival

Outdoor live music & wine festival **Saturday, September 8th 12:00pm-7:00pm** on Broadway in Historic Bangor, PA. Two stages, live bands, wine sampling. Event sponsored by the Historical Bangor Business Association. For more info HBBAPA.org

Tatamy Car Show

The Tatamy Car Show sponsored by the Tatamy Historical Society will be held **Sunday, September 9th, 9:30am-2:30pm** on Broad Street. Participants Choice Trophies will be presented: Stock Classes 1903-1949, 1950-1959, 1960-1969, 1970-1979, 1980-1989, 1990-1999, 2000- Present, Truck, Motorcycle, Street, Rod through 1949, and custom 1950 to present. A Tatamy Historical Society Trophy will also be presented. Food and music will be provided.

The Tatamy Historical Society's archives in the municipal building will be open to the public during the event.

Prince of Peace Evangelical Lutheran Church Day of Worship & Fellowship

Prince of Peace Evangelical Lutheran Church invites the community to attend a special day of worship and fellowship on **Sunday, September 9th**. The day begins with **Sunday School at 8:30am** for children ages 3-12. At **9:45am** there will be a special worship service led by youth of the congregation. Following worship, there will be an ice cream social and other treats with activities for kids, gifts and more. We are located at 2445 Lake Minsi Drive in Bangor. Call for more information and directions at 610-588-2355 or visit our facebook page P.O.P Prince of Peace Evangelical Lutheran Church Bangor Pa. Please bring a friend and join us!

Temple Israel of the Poconos Schedule of High Holiday Services

Rosh Hashana - Sunday; September 9, 2018 7:30pm
 Rosh Hashana --Monday; September 10, 2018 9:00am
 Kiddush Luncheon - PAID RESERVATIONS ONLY
 Rosh Hashana - Tuesday; September, 11, 2018 9:00am
 Kiddush Luncheon – PAID RESERVATIONS ONLY
 Yom Kippur / Kol Nidre – Tuesday; September 18, 2018 7:00pm
 Yom Kippur - Wednesday; September 19, 2018 9:00am
 Yom Kippur / Yizkor - Wednesday; September 19, 2018 11:30am
 Yom Kippur / Shofar - Wednesday; September 19, 2018 5:00pm
 Break the Fast – PAID RESERVATIONS ONLY
 Sukkot - Monday; September 24, 2018 9:00am
 Sukkot - Tuesday; September 25, 2018 9:00am
 Simchat Torah - Monday; October 1, 2018 9:00am
 Dance with the Torahs - Monday; October 1, 2018 7:00pm
 711 Wallace Street, Stroudsburg, PA. Rabbi Baruch Melman



QUIET VALLEY

LIVING HISTORICAL FARM

PRESERVING PENNSYLVANIA'S AGRICULTURAL HERITAGE

Guides in Period Clothing Recreate Life on a 19th Century Pennsylvania German Farm

See farm animals, heritage crafts, tour historic buildings
 Fall Tours 9/8 and 9/15 10am - 4pm

\$10 Adult, \$5 Ages (3-12)



Farm to Table Experience

SEPTEMBER 8

4pm to 6pm small groups go out every 20 minutes to 4 stops on the farm for small plate tastings \$20pp

44th Annual Harvest Festival OCTOBER 6 & 7

Heritage Craft Demos, Folk Entertainment, Children's Activities, Wagon Rides, Country Foods & much more

quietvalley.org 570-992-6161 Stroudsburg PA

Blue Valley Farm Show

All You Can Eat Breakfast

Sunday, September 16th


7:30am-12:30pm

HOMEMADE CREAMED CHIPPED BEEF, HOMEFRIES (WITH OR WITHOUT ONIONS) SCRAMBLED EGGS, FRENCH TOAST, PANCAKES, KIELBASA, SCRAPPLE, PORK SAUSAGE, TURKEY SAUSAGE, BACON, HAM

DESSERTS: CAKES, DONUTS, SHOE FLY PIE, PUDDINGS

ORANGE JUICE FOUNTAIN, COFFEE, TEA, HOT CHOCOLATE

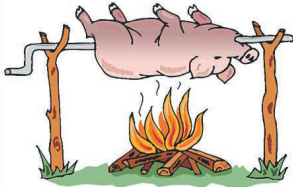
ADULTS \$10 • CHILDREN 6-12 \$5.00 • UNDER 6 FREE
707 AMERICAN BANGOR ROAD (RT 512)
(BETWEEN BANGOR & PEN ARGYL)
FOR MORE INFORMATION CALL 610-588-2689



WE WILL NEVER FORGET SEPTEMBER 11TH, 2001

NATIONAL DAY OF SERVICE AND REMEMBRANCE

This effort first established the inspiring tradition of engaging in charitable service on 9/11 as an annual tribute to the 9/11 victims, survivors, and those who rose up in service in response to the 911 attacks.

Bangor VFW Post 739 - Annual Pig Roast**Saturday, September 29, 2018**
1pm – 5pm**Tickets: \$20 advance / \$25 day of event**
Children 12 and under FREE**Live Band - Blackpearl Seven****Free Food and Drink****Bangor VFW Post 739**
202 Veterans Road Bangor, PA
Questions please call 610-588-5555**Pastie Sale Christ Evangelical Lutheran Church**

A Pastie Sale will be held at Christ Evangelical Lutheran Church, 703 S. Delaware Dr. (Route 611), Mt. Bethel (Stone Church) on **Tuesday, September 11th**. Pasties can be picked up between **11:00am-1:00pm**. Advance orders are recommended and can be placed until the Saturday prior to sale date. To place your order or for additional information call Chrissy at 610-588-0809.

Bangor Lion's Club to Host Fundraiser at Wendy's

The Bangor Lions club is hosting a fundraiser at Wendy's in Wind Gap on **Wednesday, September 12th from 5:00 to 8:00pm**. The club will receive a portion of all sales, eat in or carry out. The Bangor Lions Club is a non-profit organization that raises money for sight conservation, diabetes awareness, the hearing impaired, White Cane, Center for Vision Loss, local food banks and leader dog for over 60 years. The club gives 3 scholarships to deserving students in the Bangor School District and also sponsors the Leo Club at Bangor High School.

Slate Belt Heritage Center Calendar of Events for 2018

Thursday, September 13th, 7:00pm - "Anthracite Coal Trains in the Slate Belt" - Craig Ealey, train historian, will do a program in honor of the Anthracite Coal 250th Anniversary.

Thursday, October 11, 7:00pm - "Haunted Heritage Program".

Thursday, November 8, 7:00pm - "World War I Veterans" - presented by William Casamassima.

Sunday, December 9, 2:00pm - "The Great Slate Belt Trivia Contest" - MC Marc Blau hosts the trivia game for teams of four. Make your own team or just show up and join in the fun. Prizes for the winners.

Slate Belt Heritage Center is located at 30 N. 1st Street, Bangor, PA.

Families First Wine Tasting Fundraiser

Families First will hold a Wine Tasting Fundraiser at Blue Ridge Estate Vineyard & Winery, 239 Blue Ridge Road, Saylorsburg, PA. **Friday, September 14th, 4:00pm-7:00pm**. For tickets contact: Frank Jones Families First WGMS 610-863-1905 Ext. 1387 or Spring Shank Pen Argyl High School, Kelly Thomas Plainfield Elementary School, Heather Reed District Office Wind Gap Middle School, All proceeds benefit Families First Holiday Adopt-A-Family.

Episcopal Apts. Craft Show

A craft show will be held on **Saturday, September 15th, 9:00am to 2:00pm**, at the Episcopal Apartments of the Slate Belt, 684 American - Bangor Road, Bangor, PA. sponsored by TORA (Tenants of Retirement Age). There will be bake sale, book sale, food, and raffles.

Get Outdoors PA Festival

Senator Scavello is pleased to host the second annual Get Outdoors PA Festival with Stroud Region Open Space & Recreation Commission on **Saturday, September 15 from 1:00pm-4:00pm** at Brodhead Creek Park (North 5th Street, Stroud Township). This is a free event with activities for the whole family. Come out and visit with a host of exhibitors and take part in all the hands-on activities! There will be a fly fishing demonstration, fire safety/smoke house, nature walk, live animal presentation and much more! This free event will be held rain or shine. For additional information 570-620-4326

Mission of Love Spaghetti Dinner & Basket Raffle

Mission of Love Ministries will host a spaghetti dinner & basket raffle on **Saturday, September 15th 4:00pm-7:00pm**, basket raffle will be held at 6:45 pm. Tickets on sale now at Mission of Love, 555 N. Main Street, Bangor or contact Terri at 610-588-3766

Mobile Paper Shredding Event

A mobile paper shredding event is scheduled for **September 15th, from 9:00am to 12:00pm** at Weona Park, Pen Argyl. This event is for **Northampton County Residents** only, proof of residency required. 2 bags/boxes per vehicle with a 25lb weight limit per bag/box. **NO** business or commercial shredding will be permitted. Accepted items are financial statements, medical records, investment transactions, employee pay stubs, Social Security or credit card numbers, pre-approved credit card applications, legal documents, tax forms, accounting files, canceled checks, credit reward or bonus cards. **NO** ring binders, plastic sheet protectors or coverings and no metal strips. **DO NOT BRING** junk mail, greeting cards, postcards, magazines, fliers, etc. These go in a recycling bin.

Forks Township Community Days

Forks Township Community Day hosted by Forks Township Parks and Recreation will be held on **Friday, September 14th 5:00pm-11:00pm; Saturday, September 15th 11:00am-11:00pm and Sunday, September 16th 11:00am-7:00pm**. Forks Township Community Days is held at the Forks Township Community Park located at 500 Zucksville Road Easton, PA. The three-day event is filled with fun activities and entertainment for the entire family. For more information visit forkscommunitydays.com/

St Luke's UCC Belfast Blessing of the Animals

St Luke's UCC Belfast will host a Blessing of the Animals on **Saturday, September 15th at 11:00am**, St Luke's UCC, 471 Belfast Rd, Nazareth, PA.

Moore Twp Lions Club 22nd Annual Car Show

Sunday, September 16th, 9:00am. Moore Twp Recreation Center, English Rd., Bath, PA 18014

Zion United Lutheran Church Free Community Dinner

Wednesday, September 19th from 5:00pm to 6:30pm. RSVP appreciated but not necessary. All are welcome. Zion United Lutheran Church, 1919 Route 209, Brodheadsville. 570-992-6988 or zionulc@ptd.net.

PA Trappers Assn District 10 2018 Fall Trapping Convention

Pennsylvania Trappers Association District 10 Trappers 2018 Fall Trapping Convention, **September 21st 12-6pm and September 22nd, 8:00am-6:00pm** at the Northampton County 4-H Center 777 Bushkill Center Rd. Nazareth, PA 18064). Free Admission, Free Demos, Food on premises, Tailgaters welcome. Contact Bob Counterman 610-759-9203.

St Joseph's Episcopal Church Bazaar & Rummage Sale

St Joseph's Episcopal Church will hold a Bazaar & Rummage Sale on **Friday, Sept. 21, 8:00am-4:00pm & Saturday, Sept. 22, 8:00am-2:00pm** at the church 1440 Verona Ave. (West Bangor) Pen Argyl, PA. Sale held rain or shine. Refreshments and baked goods will be available for purchase. Donations gladly accepted until Sept.13, contact Mildred 610-863-5021.

Hope UCC Spaghetti Dinner

Hope United Church of Christ in Wind Gap, will host a spaghetti dinner on **Saturday, September 22nd, 4:00pm-7:00pm**. Hope United Church of Christ, 2nd Street, Wind Gap, For more info e-mail hopeucc@hotmail.com or call 908-727-0090.

2nd Annual Ride with the Blue part II

Bushkill Township Police Association (BTPA) will be hosting their 2nd annual motorcycle run on **September 23rd 10am-6pm** to support Law Enforcement and BTPA. The ride will be full Police escorted and end with a party at Evergreen Lake. Your donation will include an event t-shirt, after party including food, beverages and live band. All active and retired Law Enforcement are free with proper identification. There will also be a live K-9 demonstration and many other surprises. Save the date and support a great cause with a great ride event.

6th Annual Masonic Motorama

6th Annual Masonic Motorama presented by the Portland Masonic Lodge No.311 F&AM Show/Shine, RC Events, Truck & Tractor Pulls, Plainfield Farmer's Grove, Bangor Rd., (Rt 191) Nazareth, PA. **Sat. Sept. 22nd** Show & Truck Pulls, **Sun. September 23rd** Breakfast, Cruise In & Tractor Pulls Music, food, vendors, and much more!!! Show info call Bob-484-239-5294 Vendor info call Dawn 484-866-7233.

Families First 16th Annual 5-K Race & 1 Mile Fun Walk

Families First is celebrating its 16th Anniversary serving residents in the PenArgyl Area School District. The 16th Annual 5-K Race & 1 Mile Fun Walk on **Saturday, September 29th**, rain or shine. Registration for the race/walk will begin at the Wind Gap Borough Park at **7:45am** with the race starting at **9:00am** To Register contact race chairperson Phil Giaquinto at 610-746-4436 or via email to giaquinto.phil@penargylsd.org. For sponsorship information, contact the Families First Director, Frank Jones at 610-863-3688 or via email to jones.frank@penargylsd.org For more information about Families First checkout our website www.familiesfirstpenargyl.org and Like us Facebook.

Grace UMC Community Christmas Cantata

Grace United Methodist Church again this year will be hosting a Community Christmas Cantata. Everyone in the Slate Belt community is welcome to join. Rehearsals will begin on **Thursday, September 27th from 7:00pm to 8:00pm** in the chapel at Grace UMC, 404 E. Mountain Avenue, Pen Argyl. The Cantata will be held on Sunday, **December 16th at 3:00pm** at the church. For more information or any questions call the church office at 610-863-4811.

UMBT Park Committee to Host 2nd Annual Craft Show

Save the Date! The Upper Mt Bethel Park Committee will host the 2nd Annual Craft Show on **Saturday, September 29th, 9:00am-3:00pm**. 2341 N. Delaware Drive, Mt Bethel, PA. Handmade Crafts only for space application email: sharon_cerny@yahoo.com

 Like us on Facebook

FREE GED PREPARATION FREE

Improve your Reading, Math and Writing
CLASSES BEGIN SEPTEMBER 2018

BANGOR
Begins
September 25

Tuesday & Thursday
6:00-8:30 PM
DeFranco Elementary
School Library
5 Points
Richmond Road

PEN ARGYL
Begins
September 24

Monday & Thursday
6:00-8:30 PM
Pen Argyl Sr. High
School Library
501 W. Laurel Avenue

NAZARETH
Begins
September 25

Tuesday & Thursday
6:00-8:30 PM
Nazareth Sr. High
School Library
501 E. Center Street

THE FIRST WEEK OF CLASS IS ORIENTATION - STUDENTS MUST ATTEND BOTH DAYS. If a student cannot attend both days in September they must wait until the next class session to begin in mid October. Adults who attend class, complete requirements and pass the GED will receive an equivalence High School Diploma.

COMPUTER TRAINING IS INCLUDED IN ALL CLASSES.



Provided by the Bangor, Pen Argyl, and Nazareth School Districts & NCC Center for College and Career Readiness

Call 610-861-5427 for more information.
For info about the GED test – www.GED.com

2nd Annual Grand Central Landfill Chili Cookoff & Open House

Save the date! **Saturday, September 29th, 12:00pm-4:00pm**
2nd Annual Grand Central Landfill Chili Cookoff & Open House Event will feature 10 of the best chili recipes from around the Slate Belt as non-profits compete for your vote! Waste Management will be donating jackpots to the winners valued over \$2000.00.

Moore Township Democrats Meet the Candidates Night

Moore Township Democrats will host Meet the Candidates Night! **October 11th, 6:30pm**, Blue Mountain Woodworking, 2413 Community, Bath. Meet candidates: Susan Wild, US House District 7; Tarah Probst, PA Senate District 40; Dean Donaher, PA House District 138; Jason Ruff, PA House District 183.

St Luke's UCC Belfast to Host Trunk or Treat

St Luke's UCC Belfast will host a Trunk or Treat on **Saturday, October 13th from 4:00pm-6:00pm**, St Luke's UCC, 471 Belfast Rd, Nazareth, PA.

Monroe County Habitat for Humanity Warehouse Sale

Monroe County Habitat for Humanity Warehouse Sale **Saturday, October 13th, 9:00am-4:00pm**. 354 Memorial Blvd., Tobyhanna, PA.

BHS Class of 1968

The Bangor High School Class of 1968 is trying to locate the following class members: Jonathan Catanzaro, Robert Wetzel, Michael Dapp, Craig Owens, Bert Wooten, Bruce Hummel, Dorothy LeFurge Ross, Debra Singer Savercool and Judy Encke Fentzlaff. If you know their address, please contact Donna Mensch Smith at 610-360-2505.

A Country Home
Country Primitive Home Decor & More



FALL IS HERE!
FALL WREATHS AND GARLANDS,
TIMER CANDLES,
FALL DECOR, FURNITURE
AND MORE!

HOURS: THURSDAY-SATURDAY,
10:00 AM-5:00 PM
SUNDAY 12:00-4:00 PM

Like Us On  facebook

201 Center Street | Stockertown, PA • 610-759-4744
Directions: Turn at the Widow's Tavern & Grill, Go 1 block & turn right

Northampton Community and Lehigh Carbon Colleges to Offer Free CNC Machining Training

Partnership with PA CareerLink provides training for high-demand jobs

Northampton Community and Lehigh Carbon Community Colleges, in partnership with PA CareerLink, will offer CNC (Computer Numerical Control) Machining training through a Strategic Innovation Fund grant provided by Workforce Board Lehigh Valley and the Pennsylvania Department of Labor and Industry. Machining is a high priority occupation providing excellent jobs and career opportunities in the Lehigh Valley. This training is free to those who qualify.

The training, which is held three days per week for 16 weeks from 4 to 8 p.m. at locations in Lehigh and Northampton counties. Individuals who complete the program will be well-trained for entry-level positions in manufacturing. Training will be conducted at two technical high schools: Lehigh Career and Technical Institute (LCTI) in Schnecksville and Career Institute of Technology (CIT) and the NCC course at CIT begins Tuesday, Sept. 11.

Classes fill quickly. To register or for more information on the August class, contact Amy Rex at LCTI at REXA@lcti.org or 610-799-1316. For more information on the September class, contact Lauren Loeffler at NCC at lloeffler@northampton.edu or 610-861-5580.

About Northampton Community College
With an enduring commitment to the regional community it serves and a focus on student success, Northampton Community College has developed a reputation as an institution of extraordinary distinction, earning accolades at the state and national levels for innovative programs, outstanding faculty and impressive student achievements. It counts among its successful alumni a four-time Pulitzer Prize winner and an Academy Award winning director as well as a host of CEOs, presidents, and leaders of business and industry. Today, Northampton Community College has locations in Bethlehem, Southside Bethlehem, Easton, and Monroe County, serving more than 28,000 students each year from 53 counties, 42 countries and 25 states. For more information, or to apply, please visit www.northampton.edu.

View Online: <http://northampton.meritpages.com/news/northampton-community-and-lehigh-carbon-colleges-to-offer-free-cnc-machining-training/4780>

Send us your news and events
thebeltandbeyond@gmail.com

Bangor Elks Announce 2018 Halloween Parade

Bangor Lodge #1106 of the Benevolent and Protective Order of Elks is pleased to announce the 2018 edition of the Bangor Elks Halloween Parade in the Borough of Bangor. The parade is scheduled to take place **Thursday October 18, 2018 at 7:00pm** with no rain date. The parade theme for 2018 will be "A Sci-Fi Halloween". Individuals and groups wishing to participate in the parade, can sign up online for free at <http://www.bangorelks1106.com/parade> or by visiting the lodge home page and clicking on the parade link. It will be necessary to include an email address for registration for further communications and on the parade. Registration will be available beginning **August 18 until October 11, 2018**.

The parade route is currently pending PennDot approval. Once the route is finalized an approved, the lodge will announce the route through a press release, the website, and through Facebook Social Media.

After the parade, the Bangor Lodge will once again host free hot dogs and soda at the lodge for the parade participants. Further information on the parade will be released in the coming weeks.

Pen Argyl Salvation Army Food Pantry

The Pen Argyl Salvation Army Food Pantry is open on **Tuesdays** with the exception of the 5th Tuesday (if there is one in the month then it is closed.) Hours are **10:00am-12:00pm**. Doors open at 9:30am. A valid drivers license is needed to register. Families are permitted to visit the pantry one Tuesday per month. Emergency food is available on a one time basis, registration is then required. Those coming to the food pantry can bring their own bags to carry their food or bags will be provided if needed. Fresh vegetables, soups, dry goods, pastries, meats and breads are available at no cost.

The Pen Argyl Salvation Army is located at 301 W. Main Street, in Pen Argyl.

For more information please contact the Pen Argyl Salvation Army Corps at 610-863-6677

NCC to Offer Cigar Box Guitar Class

Build a cigar box guitar using the same craftsmanship and creativity as a traditional guitar maker.

Northampton Community College (NCC) is offering a class on building a four-string tenor guitar, complete with a pickup. You can even plug the guitar into a cigar box amplifier. The cigar box guitar is a new dimension of the luthier (stringed instrument maker) craft.

The class will be held on **Tuesday, September 11 at 6:30pm** at the Fowler Family Southside Center, 511 E. Third Street, Bethlehem.

To enroll, visit www.northampton.edu/fablab or call 610-332-8665. View Online: <http://northampton.meritpages.com/news/ncc-to-offer-cigar-box-guitar-class/4933>

Octoberfest at Bangor Memorial Park

Octoberfest sponsored by the Bangor Park Board, will be held at Bangor Memorial Park on **Saturday, October 13th 4:00pm-8:30pm and Sunday, October 14th, 4:00pm-8:00pm**. The park board is currently accepting applications for food, craft and gift vendors. Volunteers are needed to help in all aspects of the event from collecting tickets at booths, running booths, and helping to set up and clean up the pumpkin displays. For more information please email Debbie at bangorparkboard@gmail.com or call/ text her at 610-751-7692.

NCC to Hold Information Session on Micro-credentials in Manufacturing Program Lehigh Valley manufacturers seek skilled employees

Northampton Community College (NCC) will hold free information and assessment sessions on its 9-week Micro-credentials in Manufacturing Program in September and October at both the college's Fowler Family Southside Center, 511 E. Third Street, Bethlehem and the Easton Educational Outreach Center, 25 S. Third Street, Easton. Sessions at the Fowler Center will be held **Tuesdays through September 25 at 1:00 p.m.** Sessions at the Easton Educational Outreach Center will be held **Thursdays, September 6 through October 4 at 1:30 p.m.** Attendance at one information and assessment session is required for admission into the program, which starts in October. Participants will have their basic reading and math skills assessed.

Graduates of the Micro-credentials in Manufacturing Program will earn OSHA-10 certification and be prepared for entry-level, high-demand positions. Areas included are lean manufacturing, quality assurance and blueprint-reading. Students will tour local manufacturing facilities, explore careers and participate in Career Day activities.

The Bangor Area Alumni Association is Proud to Announce the "1885 Club" and the Athletic Hall of Fame Inductees for 2018. "1885 Club" Inductees (Distinguished Graduates)

Dr. Nicholas Cascario, D.M.D. (Deceased), Class of 1937, Dr. Herbert Cole, Class of 1950, Joseph T. Emrick, Class of 1989, Jenna E. Reed, Class of 2003.

Athletic Hall of Fame Inductees

Carly A. Hoskins, Class of 2005, Meghan C. Hoskins, Class of 2006, Joseph N. Kessler, Class of 1976, Alyssa Emrick Malachowski, Class of 2004, Coy M. Stampone, Class of 1977, Jennifer L. Wain, Class of 2008

On Friday, September 28th, the Athletic Hall of Fame inductees will be announced prior to the homecoming football game (6:45 PM) at Bangor Memorial Park. The "1885 Club" will unveil their wall plaques in the Bangor Area High School Library Hallway at 2:30 PM.

The Bangor Area High School Alumni Association will induct both the 2018 members of the "1885 Club" and the Athletic Hall of Fame at the annual banquet on **Saturday, September 29, at 4:00pm** at the Blue Valley Farm Show Auditorium at 707 American Bangor Road (off route 512) in Bangor, PA.

Reservations are required for the banquet and can be made by calling Kay Nell at (610) 588-5975. The deadline for reservations is **September 14, 2018.**

Slate Belt Heritage Center Monthly Presentation

The Slate Belt Heritage Center will hold their monthly historic presentation on Thursday, September 13th, at 7:00 pm. Speaker will be railroad expert, Craig Ealey who will speak about the "Anthracite Coal Trains in the Slate Belt". This will be held in conjunction with the 250th Anniversary of the Anthracite Coal Regions in Penna. Mr. Ealey will show how the Lackawana and Lehigh – New England railroads played an important role in transporting soft coal to the local cement mills and Portland power plant. His will cite the peak years of hauling the coal from Scranton area to the Slate Belt. The event is free and open to the public. The Heritage Center is located at 30 North 1st Street, Bangor, Pa. For additional information contact: Karen Brewer at 484-894-5661.



Ginder Greenhouse & Garden Center, Inc.
558 Lake Minsi Drive, Bangor
610-588-0222
WWW.GINDERGREENHOUSE.COM
Hours: Wed., Fri. & Sat. 10-5; Thurs. 10-6,
Sun. 10-3, Closed Mon. & Tues.

Fall Mums & Decor

Annual Craft Vendor Show
in the Greenhouses
Sat. Sept. 15th,
9am-3pm (Rain or Shine)

Large Selection of Vendors!
Enjoy Savings Throughout the
Garden Center Too!
Spin the wheel for additional
prizes & discounts

National Marine Corps League Awards

Northampton County Detachment #298 Marine Corps League placed third in the USA in the Americanism program at the League's national convention in Buffalo. Detachment Americanism chairman Joseph Pokojni spent countless hours photographing all the detachment events displayed in the photo albums.

The Detachment also received an attendance streamer for the detachment banner, and a certificate of appreciation for participating with the newsletter program.

National Junior Vice Commandant Johnny Baker presented Jim Mineo with a recruiting award.

The detachment is located at 1621 Lehigh Street Wilson Borough. Members include honorably discharged and active duty Marines, FMF Corpsmen, and FMF Chaplains. The detachment is the third largest in Pennsylvania.

Friends of the Bangor Public Library

The Friends of the Bangor Public Library will hold a fundraiser on **Thursday, September 27th** at the Broadway Pub, Bangor Pa. The Pub will donate 10% of food sales to the Library for that day. Fund raiser runs from **11:00am until closing.** Please stop in this day, or order take out, enjoy lunch or dinner and support our wonderful historic library. For additional information contact Karen Brewer at 484-894-5661.

Join the Friends of the Bangor Public Library on **Friday, October 19th, 6:00pm-9:00pm** for a Wine Tasting at Franklin Hill Vineyards. Enjoy wine tasting, light refreshments and take home your own wine glass.

Tickets are on sale now at the Bangor Public Library. Seating is limited, so please get your tickets early. You must be 21 years of age to attend.

**Call the Belt and Beyond at 610-704-6818 or
email thebeltandbeyond@gmail.com
today for advertising rates.**

Bangor Man Competes in American Ninja Warrior National Finals

by Sarah Janelle Loren

At just 19 years old, Bangor resident Zach Day is the youngest competitor on American Ninja Warrior to ever hit the buzzer on stage one of the national finals.

“It was one of the best moments of my life,” Day said. “It was a dream come true.”

Hitting that buzzer sent Day to stage two of the finals, which will air on the season finale of ANW Monday, September 10th at 8pm on NBC.

A 2017 graduate of Bangor Area High School, Zach Day is known as “All Day” on ANW, a competition he has been dreaming of and working toward for the past four years.

Although being the youngest finalist was a bit intimidating for Day, his hard work gave him the confidence he needed to keep pushing toward his goal.

“I’ve been doing local competitions for four years now, so that has definitely helped with my confidence,” Day said.

After four years of competitions and lots of practice in his backyard and the gym, Day finally made it to the obstacle course he had been dreaming of: American Ninja Warrior. He made it through city qualifiers



and finals in Philadelphia before moving along to nationals in Las Vegas. The road was rough, but Day kept pushing forward, honoring his late father, Brian Day, every step of the way. The shirt Day wears on ANW honors Brian Day, as well: “4BD” can be read on the back, while “All Day” is on the front of the shirt.

“He was definitely the number one thing on my mind,” Day said

of his father, who passed away this past April. “When things got hard, I just looked up at him and let him drive me forward.”

Cheering from the sidelines were Day’s mom, Wendy, his sister, Alicia, his uncle, Arthur Brown, and his best friend, Mikayla Garzillo, along with his fellow competitors.

“The whole ninja community is really supportive,” Day said. “They’re really great.”

In the future, Day sees himself opening a Ninja Warrior gym. For right now though, Day is attending college and letting the reality of being a TV star sink in.

“Life has definitely taken some twists and turns,” Day said. “It’s been unbelievable and it hasn’t really sunk in yet.”

For more information about ANW, visit www.nbc.com/america-ninja-warrior, and be sure to watch Zach Day’s run during the season finale on Monday night at 8! Follow Zach Day on YouTube at Zach Day and Instagram @zachday27

Spartan Sprint 5 K Walk/Run to Help NCC Students

Get your walking/running shoes ready! Northampton Community College (NCC) will hold its fifth annual Spartan Sprint, a 5-K walk/run on Saturday, October 6, starting at 10:00 a.m. The sprint will begin at the scenic Bethlehem Campus, wind its way through the nearby Moravian Academy Campus and return to the NCC Bethlehem Campus.

After the sprint, participants will enjoy a raffle, music and refreshments.

All proceeds will assist NCC students who have financial difficulty.

Following the sprint, participants will enjoy music and refreshments and have the opportunity to join a raffle.

Registration will begin at 8:30 a.m. in Room 114, College Center. For more information and to register, visit <http://northampton.edu/spartansprint> or email bmessina@northampton.edu.

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Birth Announcements

FRANCESCA MARIE PEIFLY

Steve and Joelyn Peifly of Bangor are proud to introduce their daughter Francesca Marie. Born August 1 at 2:23pm, 6lb 13 oz., 19inches at St. Luke's Hospital in Bethlehem. Big sister, Eliana, 17 months old, loves her little sister! Grandparents are Phyllis and Joe Danubio of Roseto, Jane Peifly of Pen Argyl and great grandfather John Cuono and wife Nancy of Pen Argyl. Frannie was named after Joelyn's late grandmother Frances Finelli who lived in Roseto.



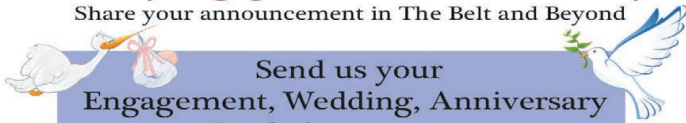
Pictured owner Marissa Spencer

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Quiet Valley's Farm to Table Food Tasting Experience

Enjoy an evening visit to the farm as we celebrate our sixth annual Farm to Table Experience on Saturday September 8th between 4:00pm and 6:00pm. At this special fundraiser there will be four small plate tastings at various areas of the farm. There you can savor samples of this year's featured fare and learn a little of the history behind these particular foods.

At the Workshop building Turnips will be the featured food so imagine a German soup made with turnips, rutabagas and potatoes. The next stop in the open barn is all about Tomatoes and ways to use them. Try a scrumptious stuffed tomato and old fashioned green tomato mincemeat pie. In the cellar kitchen nibble on tasty treats made with members of the Onion family. In the main barn get ready to satisfy your sweet tooth as Sweeteners like Molasses and Honey are discussed and desserts sampled. A food lore presentation on vegetables with odd names will precede or end your visit to the Farm to Table Experience. Take time while you are here to meet some of the farm animals.



From 4:00 to 6:00pm small groups will go out every 20 minutes with the last one going at 6:00pm. The Farm to Table Experience takes place rain or shine. This is an excellent way to connect with local food sources and try out some new recipes without having to do the cooking. The food tasting takes about an hour and a half and is \$20.00 per adult, \$10.00 for children 3 -10. Call the farm at 570-992-6161 to reserve your tickets. (A limited number of tickets will be available in the gift shop on the day of the event)

Evening is a lovely time on the farm so come and support Quiet Valley Living Historical Farm at this unique fundraiser and enjoy the delectable tastes of summer's bounty.

Grand Central Landfill and Hauling/Waste Management of the Slate Belt Makes Donation to Green and White Youth Association

Grand Central Landfill Community Relations Manager, Adrienne Fors presents Marsha Rohn of the Green and White Youth Association with a \$2000.00 donation for sports equipment.



Pictured with Fors and Marsha Rohn are Chrissie Holland, Ashley Berhel, Chase Lambert, and Gabriel Hill.

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**Blue Mountain
Community Library
"Library Night at
Wendy's" Fundraiser**

The Blue Mountain Community Library will once again hold a "Library Night at Wendy's" Fundraiser on **Wed. September 26th**. Wendy's Restaurant, Route 512 in Wind Gap, PA, will generously donate a portion of all sales from **5:00pm-8:00pm**, Dine-in, Take-out or Drive-through, to the library. Please come and enjoy dinner at Wendy's and help the library raise money to continue to serve the residents of the Slate Belt. Membership is free to all who live in the Pen Argyl Area School District and non-residents may join the library for a small yearly fee. The Library will continue to collect non-perishable food items for the Salvation Army Food Bank in Pen Argyl during the month of September. Please drop off your donations at the library, located at 216 S. Robinson Ave., Pen Argyl. Call Lisa at 610-863-3029 for information or visit the website at www.bmcl.org. Find us on Facebook at www.facebook.com/penargyl.

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Annual Bangor Slater Band Festival

The Annual Bangor Slater Band Festival will now also be a sanctioned USBands Competition. The Festival is scheduled for October 13th at 5:30 p.m. at the stadium in Bangor Memorial Park. Bands performing include Easton Area, Southern Lehigh, Saucon Valley, Pocono Mountain East, Pleasant Valley, Bangor Area (Exhibition) and East Stroudsburg University (Exhibition)

USBands operates alongside The Cadets and Cadets 2 Drum Corps under the banner of the Youth Education in the Arts (YEA!) non-profit organization. Since its first event in 1988, USBands has supported the development of scholastic performing ensembles through exceptional service, adjudication and venues. The guiding principle is to provide ensembles, regardless of style, size and experience, an opportunity to be successful, allowing students to benefit from their involvement with scholastic music.

Touchdowns Against Cancer 2018

In support of Childhood Cancer Awareness Month, the Pen Argyl Green Knights will be passing, running, kicking and blocking to score touchdowns to help tackle Cancer. They are proud to join high school football teams throughout the Colonial League and across the country in Touchdowns Against Cancer 2018

Pledge for every touchdown they score this September 7th - 30th to benefit St. Jude Children's Research Hospital and help the 16,000 children and adolescents that will be diagnosed with cancer this year. To make your donation visit <https://pledgeit.org/tac18-pen-argyl-pa-pen-argyl-green-knights>

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**Next issue will be printed September 20th
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Friday, September 14th
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Where Were You When the Towers Fell? By Sarah Janelle Loren

September 11, 2001. Everyone who remembers that day knows exactly where they were and what they were doing when they heard the news broadcast. I was in a classroom, surrounded by scared classmates and concerned teachers, wanting so desperately to be home with my family.

That day was one of the scariest of my life. What was going on? What was terrorism? Why was this happening? So many questions and uncertainties.

But then we all came together to comfort each other and stand together, not just as a nation, but as human

beings. We remembered those whose lives were taken in the attacks, and honored those who gave their lives trying to save others'. We swore we would never forget, not just the tragedy of September 11, 2001, but the bond that was born because of it.

Little Creek Bar-B-Cue Co. co-owner, Kim Green, 53, was a ramp supervisor at Lehigh Valley International Airport at the time. She was just arriving to work when the North Tower of the World Trade Center was hit. Within 20 minutes, planes were being diverted to LVIA. Passengers on one of the diverted planes actually witnessed the WTC attack.

"I can't imagine being on an airplane with all that going on," Green said. "When the planes started flying again, we were all so cautious. You just didn't know."

Shortly after the attacks, Delta closed the station in which Green worked. Since then, she has been an airplane passenger and has observed the changes in airport security, as well as the country.

"People become complacent when things go on for so long and nothing happens," Green said. "After the attacks, it didn't matter what color, political affiliation, gender... nothing mattered. You just did what you had to do to help. Why does it take a tragedy for people to remember we're all human?"

US Air Force Veteran, Rob Ealey, remembers, "I was a freshman at Bloomsburg University. I watched live as the second tower was hit. My best friend was greatly concerned for his father's well-being because he worked in New York.

"It was a moment of tremendous tragedy, but at the same time, we all felt an indescribable bond and unification with all fellow citizens. During times like those we are no longer divided by race, gender, religion, political ideology... In that moment, we are simply Americans who are grieving."

Now living in Roseto, 35-year-old Ealey likes "to remember how we all came together, undivided. We must remember that we are all members of the human race... and we need to work to befriend one another instead of continuing to segregate ourselves..."

Bangor Police Officer Michael Hunsicker, 46, was Acting Chief of the Bangor Police Department when the attacks happened.

"My responsibilities were of those I would not have expected," said Hunsicker, who's been an officer for 25 years, 22 of which he has served with the Bangor Police Department. "Being a first-responder was never the same after 9/11. Since 9/11, first responders have become involved in national security."

Another local first responder, East Bangor Volunteer Fire Company Chief Pete Zazulak, was working when he first heard of the September 11 tragedies.

"I was shocked, confused... The whole thing felt like a bad dream." said Zazulak, 35. "Recently [my family] was at The National 9/11 Pentagon Memorial. There sat a lady crying by one of the name monuments. That's all a lot of people have."

Bangor Area High School graduate Alyssa M., 29, remembers "sitting in my seventh grade pre-algebra class when a teacher came in and told us to put the television on. [Terrorism] was a word that didn't exist to me at that point.

So I remember trying to wrap my head around what that would mean."

Alyssa, now living in New York City, went on to say, "My latest reflections of that day don't incite feelings of Patriotism or blind apprehension against people whose beliefs differ from mine. It's more about the humanity part of it, and why that's the only true currency of strength in a time of devastation.

"The collective gasp or sigh in a classroom full of shocked preteens. The tears and embrace shared between strangers from different countries and backgrounds watching an attack take place blocks from them. That's what lifts and carries you when your world is turned upside down."

What better way to honor those lost in the cataclysm of September 11, 2001, than to come together as members of the human race.

Resilience

by Robert L. Martin

**We of the brave and fearless sort,
When our visions seem to be cut short,
When we stumble along the charted way,
We pick ourselves up, comes another day.**

**What is a storm but a prelude to a rainbow.
From the dark there's a brightness to follow.
Setbacks give us strength to continue on.
Our brightest days lie ahead and go beyond.**

**Obstacles are signs to keep forging ahead.
Thickets and thorns, our avenues we tread.
We climb and claw our ways 'til we reach,
The summit of our aspirations we foresee.
We dusted ourselves off and made our way.**

**Without resilience,
How else could we have kept going?**



**WE WILL NEVER FORGET
PATRIOT DAY**

9.11



Scavello, American Legion to Offer Veterans Assistance Day September 11 at Tannersville District Office

Senator Mario Scavello (R-40) and the American Legion will be holding a Veterans Assistance Day on September 11 at the senator's Tannersville district office. This service is offered on the second Tuesday of each month.

The district office is located at 2989 Route 611, Suite 103 Tannersville, PA 18372.

From 10 a.m. to 2 p.m., a service officer with the American Legion Pennsylvania Department will be on site to assist veterans with issues including: compensation and pension claims, education benefits, enrollment in the VA health care system, burial and survivor benefits, state benefits, and obtaining military personnel and medical records.

Veterans do not need to be a member of the American Legion to receive these services. Please contact the Tannersville office to schedule an appointment at 570-620-4326.

You can follow Senator Scavello on Twitter and Facebook.

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A Bangor High School "Pasty Picnic"

A Bangor High School "Pasty Picnic" was held by the Class of 1960 at Bangor Memorial Park on Saturday, August 18, 2018. Class member Eunice Oxford prepared the pasties. There were 45 in attendance, including 29 class members.



Those in attendance were: Row 1 L-R Delores Reimer, Jim Billotta, John DeBoer, Joan Keifer DeBoer, Marian Werner Borneman, Carol Getz Mains, Joanne Caiazzo Viglione, Gloria Cerino Tolotta, Janet Steinmetz Martocci, Delores Snyder Vreeland, Barbara Constable Zavacky, Donna Davanzo Strauss, Petrina Difilippantonio Billger, Mary Ann Albert Ponnet, Bob Ponnet Row 2 L-R Carol Anderson, Shirley Altorfer, Roberta Buzzard, Bruce Altorfer, Kay Chamberlin Stofflet, Henry Borenman, Bob Bush, Al Grassa, Duane Toth, Mary Louise Hamm Toth, John Martocci, Pat Shubick Rondinelli, Pat Bozzuto, Valerie Buskirk Striba, Marie Liiro Letwinch, Ron Mack, Brenda Altorfer, Barbara Reddinger Hallet, Ron Zavacky, Shirley Repsher Moyer, Duane Stofflet, Bill Moyer, Bill Strauss, Larry Hallet, Neil Bilger. Row 3 L-R Shek Jones, Betsy Keen, June Saddler Jones, Maureen Bozzuto Missing from picture: Larry Rondinelli.

Pen Argyl Woman's Club News

The Pen Argyl Woman's Club will hold a pastie dinner for their first meeting of the 2018-2019 year at St John Lutheran Church in Pen Argyl on Monday, September 10th at 6:00 pm Please remember to bring your own place setting, cup, napkin, and flatware. Dues for the year are payable at the meeting.

The Club will again be selling fresh holiday greens, Lynns candy, pasties, and knives.

This year the Club is participating in Boscov's Friends Helping Friends Day on Tuesday, October 16th.

The Woman's Club meets every first Monday of each month at St John Lutheran Church in Pen Argyl at 7:00 PM except for September when the meeting is held on the second Monday of the month. The Club is open to any woman 18yrs and older who wishes to join the largest woman's organization in the USA.

This years Marie Bilheimer Club Scholarship winner in Natalie Binder, daughter of Melissa and the late Jason Binder.

She attended Pen Argyl High School and is attending Cedar Crest College where she is majoring in Psychology with a minor in criminal justice.

Natalie was one of the founding officers of Avedium, which means "I've got your back". This program was created by students who have lost a classmate to suicide. The program bolsters student self-confidence and promotes anti-bullying.

Natalie is working to get her masters degree and become a counselor.

The scholarship is awarded annually to a graduating student residing in the Pen Argyl School District.



Natalie Binder

Easton Class of '69 Raffle/Tricky Tray

The Easton High School Class of 1969 is hosting a Raffle and Tricky Tray on **Saturday, October 20th 6:30pm-9:30pm** at the Pomfret Club in Easton. Drawing will be held at **8:00pm** All prizes donated by EAHS class of 1969. This event is to help raise money for the Class of '69 50th reunion next year October 5th, 2019. For more info contact Marianne DeFrancesco Schweitzer call 610-863-7158 or email to duff@ptd.net for any other information.

VENDORS WANTED

The Blue Ridge Hook & Fire Company Auxiliary in Saylorsburg is holding a Craft/Vendor Fair and Bake Sale on **Sunday, November 18, from 9:00am to 3:00pm**. Reserve your table now by calling Lucy Goss at (570) 629-2871

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LIFE COACHING & ART JOURNALING SERIES HELD

Jump into autumn with NEW LIFE CHANGING GOALS!

A Clean Slate is partnering with Bloom Creative Studio to provide a FREE 6 session life coaching program for the community. Participants will learn new and creative ways to unlock their potential and reach their goals during this 6 week Life Coaching & Art Journaling Series. This FREE community-based program is led by certified Life Coach and Counselor Terry Wilson and a staff member of the Creative Team from BLOOM Bangor.

- The 6 sessions are designed to help individuals move beyond the challenges that keep them stuck and chart a course towards reaching their dreams.
- Each session will combine coaching with a specific art journaling activity to bring creativity to life while exploring ideas and goals to help individuals move forward
- No artistic ability is required and there is no cost for material.
- Participants receive an mixed media art journal and mini art-kit to keep.

Offering an evening class from **6:00pm–8:30pm**. Classes will be held in downtown Bangor on the following dates:

September 11th, 18th, 25th, October 2nd, 9th, 23rd. No class on 10/16. For more information or to sign up please call A Clean Slate at 610-452-9348 and leave a message or email info@cleanslatebangor.org.

Space Is Limited. Reserve Your Spot.

Fall Into a Fitness Routine

(Family Features) Fall is notorious for comfort foods like pumpkin spice lattes and game day nachos. Combine these tempting seasonal staples with darker, shorter days and it can be hard to maintain an active mindset. Despite the enticement to indulge, you can keep your active lifestyle going or even kick off a new fitness regime.

This year, take advantage of the winds of change when the seasons switch and commit to smart habits for a healthy fall.

Dress for success. As the temperatures drop, you may be tempted to bundle up before heading outdoors to exercise, and for your warm-up and cool-down period, that's not a bad idea. However, while you're in the midst of your workout, it's easy to get overheated. Wear layers that you can shed as you begin to sweat and consider moisture-wicking materials that can prevent sweaty clothes from getting cold in the breeze.

Stay hydrated. You may not feel as thirsty when you exercise in cooler weather, but it's just as important to keep your body well hydrated. When you sweat, you lose more than just water. An option like Propel Electrolyte Water helps you replace what's lost in sweat through its key electrolyte - sodium - and supports hydration by stimulating thirst and aiding in fluid balance. With the same level of electrolytes as Gatorade, zero calories and no sugar, it can be a perfect choice to support your active lifestyle. Learn more at propelwater.com.

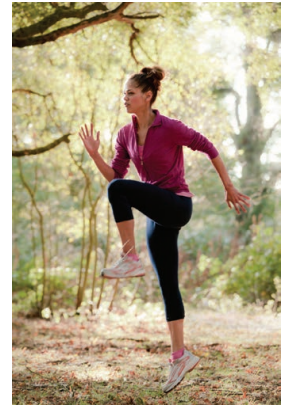
Opt for early workouts. When dark comes early, it can trick your mind into thinking it's time to wind down for the night. Avoid that motivation pitfall by planning your workout earlier in the day, such as first thing in the morning or during your lunch break. If early mornings are daunting, remember that it won't take long to shift your sleep schedule and early exercise is a caffeine-free way to put some energy into your day.

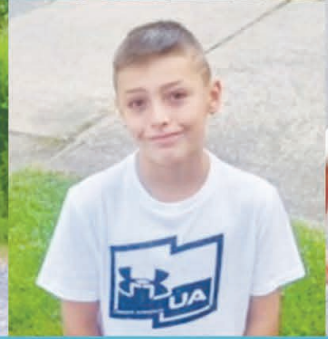
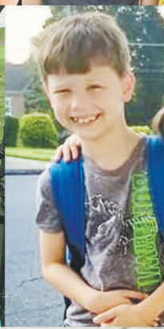
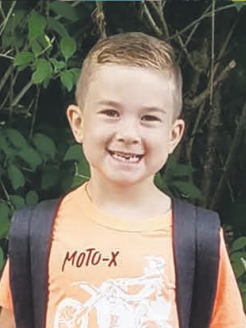
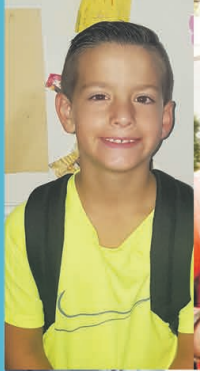
Find exercises you enjoy. Forcing yourself through exercises you despise will only backfire in the long run. If you're not a runner, look for other ways to get your cardio pumping. Interval walking with varied paces and elevation can be an effective alternative or look at ideas like kickboxing or aerobics that you can have fun with while working up a sweat.

Indulge in moderation. Virtually every expert agrees that an occasional indulgence is perfectly acceptable, but use caution when the fall goodies start tempting. Those warm, rich desserts and drinks are filled with empty calories that can make all your hard work go to waste.

Set realistic goals. Having a long-term goal is a good idea, but be sure to set attainable expectations for yourself, including some milestones you can celebrate along the way to keep your motivation strong. Be realistic about how much time you can dedicate to fitness with your other life demands so you can set your goals accordingly.

Don't skimp on skin care. The sun may not be as hot, but if you're exercising outdoors, you're still at risk for sunburn. Protect any exposed skin with sunscreen before working out.





2nd Annual Bangor Block Party

The 2nd annual Bangor Block Party was held on Saturday, August 25th, in downtown Bangor. The event was hosted by the Historical Bangor Business Assoc. (HBBA). The day featured a BMX bike show by Dialed Action Sports, a bounce house, dunk tank, Little Slaters Football Challenge, Rebels Cheerleaders, face painting, food and a day filled with fun! The next HBBA event will be the Wine & Music Fest held on September 8th from 12-7:00 p.m.

Photos by Nick Pulsinelli



First United Methodist Church Backpack Giveaway

The First United Methodist Church 55 N. 3rd Street in Bangor hosted a Back to School Back Pack giveaway for the community on Saturday, August 25th. Pastor Chris Hardy and 30 volunteers from the church along with 3 beauticians, Cindy Lewis, Amanda Krugh and Tommie from Tommie's Hairstyling in Roseto, happily assisted with the event. The church gave away 284 back packs filled with school supplies, socks and underwear, as well as 40 haircuts, 50 manicures, snacks and drinks.

Photos by Candy Martin and Sarah Orozco



Rev. Chris Hardy and Carol Shaplin

Claire Mitchel, Ellen Sleep, and Maureen Brown

PLAINFIELD HORSE SHOW

The Plainfield Riding Club held an Open Western/English Horse Show on August 26th., at the Plainfield Riding Center, in Wind Gap.

Photos by Allison Moyer sbtt



Lacey Warner & Macho

Mallory Dutt & Buttons

LeeAnn Zahn

Dutt High Point Champion Award

Samantha Zahn

Mike Lawson - Show Judge

Stroudfest

The 13th annual, Stroudfest, was held on Saturday, September 1st in downtown Stroudsburg. This year's event featured over 100 vendors and crafters, delicious food and live music.

photos by Jeffrey Cooper



83rd Annual Lookout Fire Co. #1 Labor Day Parade

Check out more parade photos at www.thebeltandbeyond.com



Photos by Jeffrey Cooper



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Caramel Apple Tart

This delicious dessert is perfect for fall. Even tastier with vanilla ice cream.

PREP: 10 MINUTES COOK: 19 MINUTES SERVES: 12

Ingredients:

- 1 cup plus 6 tbsp. brown sugar, divided
- 10 tbsp. butter, divided
- 1 tbsp vanilla
- juice of half a lemon
- Dash of Nutmeg
- 3/4 cup water thawed
- 1/2 cup heavy cream
- pinch of salt
- 6 Granny Smith apples
- 1 tbsp. cinnamon
- 2 tsp. corn starch
- 1 sheet of puff pastry

Directions:

1. Mix the brown sugar, heavy cream, butter, and salt into a saucepan over medium heat.
2. Cook while gently whisking for 5 to 7 minutes, until mixture thickens.
3. Add vanilla and cook another minute
4. Turn off the heat, cool slightly, and pour the sauce into a jar. Refrigerate until cool.
5. Peel and slice apples. Melt butter in saucepan over medium high heat. Add apples and lemon juice.




Fall will soon be here. Send us your favorite apple and pumpkin recipes to share with our readers

The Belt and Beyond
P.O. Box 33 Bangor, PA 18013
or email:
thebeltandbeyond@gmail.com

6. Add brown sugar and spices and let simmer for 2 minutes.
7. Mix corn starch and water and pour over apple mixture. Cover with lid and simmer over medium heat for 6 minutes.
8. Cut puff pastry in half. Score a 1 inch border around each rectangle using a paring knife. Poke the center with a fork repeatedly to keep the center from rising.
10. Bake on parchment lined baking sheet at 400° for 12 minutes. Press center down leaving puffed edges. Fill with apple mixture. Drizzle with caramel sauce and serve.

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Nazareth Senior Center

15 South Wood Street, Nazareth, PA, 18064. Director: Stacy Walsh
Call 610-759-8255 by **11 am day prior for meal reservations. We are looking for volunteers to help plan/set up for parties & special events.**

- Card Games** - Everyday 8:30am
- AEA Exercise** - Mondays and Thursdays, 9:00am
- Games League** - Mondays, 10:00am
- Bonus Bingo** - Tuesdays, and Fridays, 10:00am
- Penny Bingo** - Wednesdays, 10:00am
- Pokeno** - Thursdays, 10:00am

AUGUST EVENTS

- ENTERTAINER: Danielle Deluca** - Wednesday, September 5th 11:45am
- B/P Screen** - Wednesday, September 5th 12:00pm
- Arts & Crafts** - Thursdays, September 6th & 20th 12:00pm
- UHC Bin o-Yvette** - Thursday, September 13th 10:00am
- Birthday Bingo** - Tuesday, September 18th 10:00am
- Duck Races** - Thursday, September 20th 10:00am

Slate Belt Young at Heart Club

The Slate Belt Young at Heart Club will meet on **Thursday, September 20th at 1:00pm** at St. Elizabeth of Hungary Church in Pen Argyl. Mr. Tom Rapasch, who is a former advisor to the U.S. A representative to the UN in New York will present the program. Mr. Rapasch is knowledgeable on many subjects. This is a senior citizens group that is open to all.

Senior Center Listings

Slate Belt Senior Center

707 American Bangor Road, Bangor, PA
(Blue Valley Farm Show Building)
610-588-1224 • Hours: 8:00 AM - 4:00 PM

Easton Area Lifestyle Campus

3201 Sullivan Trail, Easton, PA
610-829-3201 • Hours: 8:00 AM - 4:00 PM

Nazareth: The Border House

15 South Wood Street, Nazareth, PA.
610-759-8255 • Hours: 8:30 AM - 1:30 PM

Monroe County Senior Center

LODER SENIOR CENTER,
62 Analomink St. in East Stroudsburg • Phone 570-420-3745
Hours 8 am – 1:30 pm Monday through Friday.

Slate Belt Senior Center

Blue Valley Farm Show Complex, 707 American Bangor Road, Bangor Ph 610-588-1224. Hours: 8:00am-3:30pm. Meal Reservations please call by **10:00am, one day prior. Cancellations as soon as possible.**

Lunch is served at 11:30am.

Every Day: Cards, Billiards, Computers, Internet, Library, TV and Walking Club

Zumba Gold: Tuesdays, 10:00 AM

Tai Chi, Tuesdays, 12:30 PM

Brush Away with Senior Artists, Wednesdays, 8:00-11:00 AM

Exercise with Darla, Wednesdays, 10:00 AM

SEPTEMBER EVENTS

Poker, Thursdays, September 6, 13, 27, 0:30 AM

Baseball, Fridays, September 7, 21, 10:00 AM

Dominos, Friday, September 7, 12:15 PM

AARP Meeting, Monday, September 10, 1:00 PM

Farm Market (to redeem unused Farmers Market Vouchers),
Wednesday, September 12, 10:30-11:00 AM

Craft Group Meeting, Thursday, September 13, 10:00 AM

Balloon Day (games and prizes) Friday, September 14, 10:00 AM-2:00 PM

Craft Group, Tuesday, September 18, 25, 9:00 AM & Thursday, September 27, 10:00 AM

Deja the Therapy Dog, Tuesday, September 18, 10:00 AM

Ladder Ball, Thursday, September 20, 9:30 AM

Event Committee Meeting, Thursday, September 20, 12:15 PM

Nerf Darts, Friday, September 21, 12:15 PM

Council Meeting, Thursday, September 27, 9:00 AM

MUSIC BY CHUCK RISSMILLER, Friday, September 28, 12:15 PM

Slate Belt AARP Chapter 4135 Meeting

The Slate Belt AARP Chapter 4135 will hold its next meeting on **September 10th at 1:30pm** at the Senior Center on American-Bangor Rd. There will be a guest speaker (pharmacist) from Walgreens to inform everyone present about the flu, new shingles and new pneumonia shots. If you are 50 or older you are welcome to attend the meeting.

A bus trip is planned to Nova Scotia, Prince Edward Island and New Brunswick from **September 16th-24th.** Please call Deanna at 610-588-4623 for more information if you are interested in going on this trip. Trip is open to the public.



National Grandparents Day is celebrated each year on the first Sunday after Labor Day. This year Grandparents Day will be observed on Sunday, September 9th. Initiated by Marian McQuade, a West Virginia house wife along with the support of her husband Joseph McQuade. Together they

had 15 children, 43 grandchildren, 10 great grand children and 1 great-great grand child.

The purpose of National Grandparents Day is to honor grandparents, to give grandparents an opportunity to show love for their children's children, and to help children be aware of the love, strength and guidance of their grandparents and of the important role older adults play in their lives.

Slate Belt Senior Center News

submitted by Marcia Schiavone

It was Bangor vs Pen Argyl in the Slate Belt Senior Citizens football scrimmage held on August 31st at the Slate Belt Senior Center. The game was created by Nancy Gold and Sandy Snyder who served as referees. Captains were John Florey, Pen Argyl and Al Wright, Bangor. Pen Argyl took the win, 45-33 in a very competitive and fun-filled game. Shown are excited team members celebrating touchdowns.



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PA State Rep. Joe Emrick to Host Senior Fair

PA. State Rep. Joe Emrick will host a Senior Fair on **Friday, September 28th, 10:00am to 1:00pm** at Forks Township Community Center, 500 Zucksville Road, Easton, PA. Free flu shots will be provided to anyone 18 and above by Lehigh Valley Health Network. Admission is free and light refreshments will be served.

The Slate Belt Young at Heart Club

The Slate Belt Young at Heart Club will be sponsoring a trip to Sight & Sound in Lancaster to see the production of Jesus on **Wednesday, October 24th**. For more information, please call Mary Lou DeRea-Lohman at 610-863-4846 or 610-844-4630. Call soon it's filling up fast!

BINGO

September 6 & 13

Polk Township Volunteer Fire Company
Main Fire House Hall, 115 Interchange Rd, Kresgeville
Doors open at 5:00 PM • Bingo starts at 6:45 PM

September 7 & 14

Wind Gap Fire Company
Doors open at 5:00 PM • Bingo starts 6:45 PM

September 9 & 16

Immaculate Conception
Doors open at 11:00 AM • Bingo starts at 1:00 PM

Bangor VFW

202 Veterans Rd. Bangor, PA 610-588-5555
Bingo Every Sunday • Doors open at 3:30 PM
Bingo starts at 6:00 PM • Progressive Jackpot

September 11 & 18

Portland Hook & Ladder Co. #1
State Street, Portland 7:00 PM

Klecknersville Rangers Vol. Fire Co.

2718 Mountain View Drive, Moore Township
Doors open at 5:00 PM • Bingo starts at 7:00 PM

September 2 & 19

Bushkill Vol Fire Company
Doors open at 5:00 PM • Bingo starts at 7:00 PM

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YOUR THOUGHTS AND PRAYERS

Pray For Our Nation, Nicole Ramsay, Janet and Ken
Sigafoos, Kelly Rose Artz, Sam Molle, Chip Turtzo,
Meghan Vasko, Charles Vasko,
Martha Fonte, Lucas Fox and Tina Due.

If you would like to add a name of a loved one, friend or neighbor to
the prayer list please send their name to:
The Belt and Beyond P. O. Box 33 Bangor PA. 18013
Attn: Prayer list or email us at thebeltandbeyond@gmail.com
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Refresh Your Space
5 steps to simplify your next paint project

(Family Features) A fresh coat of paint is one of the easiest ways to upgrade your home. Whether you're revamping a main living area or freshening up your home's curb appeal, some planning and preparation, plus the right painting tools, go a long way toward helping you achieve a professional-looking finished project.

Execute your paint project flawlessly with these tips and tricks from Jennie Kitchen, product manager, Valspar Applicators at The Sherwin-Williams Company, Consumer Brands Group:

Step 1: Choose Your Color - Selecting a color can often be the most difficult part of a paint project. While browsing through all the colors can be overwhelming, a resource like AskVal.com offers a variety of tools to help you select the perfect shade. You can also have paint chips delivered to your home for free, allowing you to see how they look in your space.

Step 2 Pick Your Tools - Every paint project is unique and may require different tools depending on the size of your space and type of paint you choose. However, there are a few must-haves for nearly every project such as brushes, rollers, roller frames, an extension pole, a paint tray with liner and rags.

"The quality of your paint rollers and brushes is just as important as the paint you use," Kitchen said. "For a smooth finish and easy application, I recommend Valspar's line of applicators and accessories, which are now available at Lowe's and work well with all paints and stains. Our quality painting tools make it easy for DIYers to bring their projects to life."

Step 3: Prep Your Space - Start by removing all of the furniture or pushing everything to the center of the room and covering it with a drop cloth or plastic sheet. Remove outlet and switch covers, and clean dirt, dust or grime from the walls using a microfiber duster or vacuum attachment. Don't forget to lay drop cloths, tape off trim and fill in any small cracks or holes.

Step 4: Apply Your Paint - Start at the top, beginning with the ceiling, and work your way down to the walls and trim. A tool like Valspar's Wall and Trim brush is ideal for most interior painting projects. Its thin, tapered design provides ultra-clean lines when cutting-in around windows, door frames and molding.

When you're ready to roll, start at a corner of the room in a 2-by-4-foot section at the top of the wall. Then roll downward into a narrow V shape, filling in any unpainted areas as you go. Once you are done with the top section, move down and repeat until you've reached the baseboard.

If you're painting standard height ceilings or taller, it's helpful to use an extension pole. For a seamless finish, it's important to always keep a wet edge and let the weight of the loaded roller do the work. Some pressure can be applied as the roller cover starts to run out of paint, but if you hear a "sizzling" sound, that means it's time to reload with more paint. To finish, use the roller and roll straight down all the way across your walls.

Step 5: Clean Up Your Mess - Remove tape while the paint is drying to avoid paint peeling, remove drop cloths and then rearrange furniture. Between paint projects, always clean brushes with soap and water, but don't leave brushes soaking in water. Always save the package, known as the keeper, to help the brush retain its shape.

Find more tips and tricks for your next paint project at valsparpaint.com/ applicators.

Source: Valspar

St Luke's UCC Belfast Blessing of the Animals

St Luke's UCC Belfast will host a Blessing of the Animals on **Saturday, September 15th at 11:00am**, St Luke's UCC, 471 Belfast Rd, Nazareth, PA.

6th Annual Pet Expo

Sponsored by the St. John Evangelical Lutheran Church. **Saturday, September 29th, 10:00am-2:00pm**. Rain Date: Saturday, October 6th. St John Lutheran Church parking lot 12 N. Westbrook Ave., Pen Argyl, PA. Pet Rescue/Adoptions, Pet Contests, Pet Blessing, 50/50 drawing. Demonstration of therapy dogs, 1:45 pm Pet Parade. All animals must be leashed or in carriers. Please bring donations for the local shelters and rescues! All proceeds benefit the animals. For more information on this event call Clint at 610-863-7261.

NCC to Hold Art Exhibit "Rescue Dog"

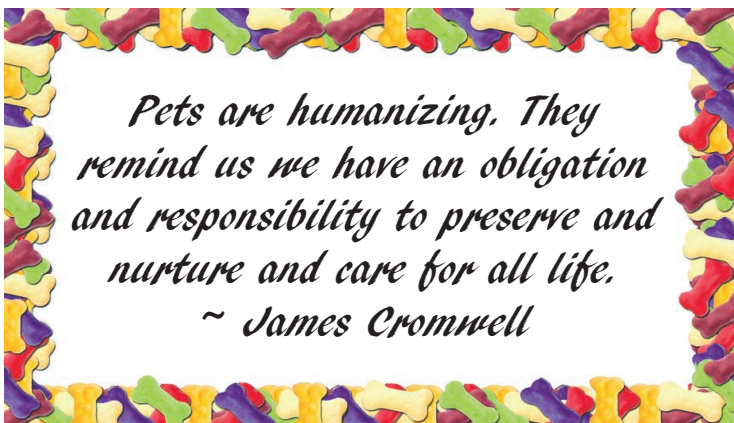
Exhibit kicks off year-long exploration of the interrelationships between dogs and humans

Northampton Community College (NCC) will present an art exhibit, "Rescue Dog" in conjunction with the college's Annual Humanities Theme: Humanities Best Friend: Dogs and the Human Saga. More than 30 artists will showcase work created in a variety of media, from oil painting to watercolor, photographs and more. The exhibit runs September 6 through January 4 in the Dunning Gallery, Keystone Hall, Monroe Campus, 2411 Rt. 715, Tannersville.

A reception is scheduled for September 13, 5:30 - 6:30 p.m. followed by a panel discussion. Both events will be held in the gallery.

Admission is free. The gallery is open Monday - Friday, 7:30 a.m. - 10 p.m. Saturday, 7:30 a.m. - 4:30 p.m. Closed Sunday.

As part of this year's annual humanities theme, NCC will explore aspects of the interrelationships between dogs and humans, from their domestication and significance in ancient cultures to the modern American dog culture.



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who will be a joyful addition to your home. She loves other cats and spending time with her people. No more babies for her—she's spayed now—and ready to be your baby. Foxy is 1 year old, up to date on vaccinations, microchipped and ready to meet you. Come meet Foxy today!

The AWSOM Animal Shelter is located at 3129 Godfrey Ridge Drive, Stroudsburg, PA 18360. Adoptions hours are 11AM to 4PM, 7 days a week. Volunteer opportunities are always available. Stop in or call 570-421-DOGS for more information.

The AWSOM Animal Wellness Center is open Monday thru Friday for all your basic veterinary needs. Check out our low-cost veterinary services, including spay and neutering, vaccinations, dental care and more. Call 570-424-1060 for more information or to make an appointment.

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Musician Spotlight

Ricky Delgado

by Nick Pulsinelli

Open Mics have a long standing tradition of allowing musicians of all genres a chance to improve, connect and expand their horizons in front of live audiences and fellow musicians alike. These events would not be possible without the help of venues, such as bars, cafes and wineries, allowing hosts to come in and run these events. Ricky Delgado of the Stroudsburg area is one such person. Ricky, with a diverse background of studies in piano, vocals and guitar, hosts many of these events around the Lehigh Valley and Poconos.

Ricky's start to music began with piano lessons as a child and slowly began expanding to acoustic guitar and singing. Over the past 7 years, he sharpened his skills which led to him playing at places such as Pearly Baker's Alehouse and Porter's Pub in Easton, Sarah Street Bar and Grill and Newberry's Yard of Ale in Stroudsburg and Lost Tavern Brewing in Hellertown, just to name a few. Either as a solo artist or as a member of **Public Displays of Rejection**, a balanced blend of classic, Indie and alternative rock showcases all of his talents in a well articulated manner.

Whether Ricky is playing for a few minutes or a few hours, his energy and style captivates those listening of any background or musical preference. Public Displays of Rejection performs weekly at Sarah Street Bar and Grill from 9:30 p.m. - 1:00 a.m. hosting their open mic with the help of Shane Reimer and 9:30 p.m. -1:00 a.m. Thursday Nights at Newberry's Yard of Ale both located in Stroudsburg PA. www.facebook.com/PublicDisplaysofRejection



New in the Bangor Public Library

Adult Fiction - The Bankers Wife by Cristina Alger, Iris & Lily Book One; Two: Three by Angela Scipioni.

Adult Non Fiction - Between The World and Me by Ta Nehisi Coates, The Lady & Sons Just Desserts by Paula Deen, The Russia Hoax by Gregg Jarrett, Dopesick by Beth Macy, The Soul of America by Jon Meacham, Winning By Losing by Jillian Michaels, Chocolate Astrology by Joy Nagy, The Happy Herbivore Cookbook by Lindsay Nixon.

Young Adult Fiction - In The Afterlife by Alexandra Bracken, Never Fade by Alexandra Bracken, The Darkest Minds by Alexandra Bracken, Through The Dark by Alexandra Bracken, Lost by P.C. Cast, The Sun Trail by Erin Hunter.

Junior Fiction - One Crazy Summer by Rita Garcia Williams, Willa of the Wood by Robert Beatty, Home Sweet Motel by Chris Grabenstein, Chews Your Destiny by Rhode Montijo, Middle School: Ultimate Showdown by James Patterson, Dippers & Mabels Guide to Mystery by Robert Renzetti, Amal Unbound by Aisha Saeed, My Life as a Joke by Janet Tashjian.

Easy Reader Fiction - Amelia Bedelia Takes the Cake by Herman Parish, Splat the Cat Sings Flat by Chris Strathearn.

Easy Fiction - Cinderella by Chloe Perkins, An Arts & Crafts Day: Winnie the Pooh, A Surprise Garden: Winnie the Pooh, A Tiggerific Band: Winnie the Pooh, My Favorite Season: Winnie the Pooh, What's That Sound: Winnie the Pooh.

DVDS - Deadpool 2

The Bangor Public Library is located at 39 South Main Street Bangor, PA. The phone number is 610-588-4136. Hours: Mon: 1:00 PM - 8:00 PM; Tues: 10:00 AM - 8:00 PM, Wed: 1:00 PM - 8:00 PM, Thurs: 10:00 AM - 8:00 PM, Fri: 1:00 PM - 5:00 PM Sat: 10:00 AM - 4:00 PM; Sun: Closed





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Email: thebeltandbeyond@gmail.com
 in the subject: Vacation/Summer Fun Photo 

By mail: The Belt and Beyond
 P.O. Box 33, Bangor PA
 Attn: Vacation/Summer Fun Photos


Sometimes you will never know the true value of a moment until it becomes a memory.
 -Unknown



Last chance to share your Summer Fun Photos will be the Sept. 23rd Issue

Do you write short stories or poetry, take photos or draw? Would you like to share your talent with our readers. Send your stories, poems photos, and drawings to  The Belt and Beyond to be printed in a upcoming issue. 

Send submissions to: The Belt and Beyond P.O. Box 33 Bangor, PA18013
 or email : thebeltandbeyond@gmail.com Subject:Creative Corner



Vacation FUN PHOTOS



Lynnae and Ron DePaolo recently enjoyed a vacation in Cozumel, Mexico



Michael Cappola and Josh Hockenbury enjoy the last days of summer at the beach in Seaside Heights, New Jersey.



20 month old Peyton, enjoyed vacation in Chincoteague Virginia with her mother Heather Bryn and grandmother Terrie Thompson.

Slaterfest

Photos by Lou Freeman

SlaterFest was held at the Paul Farnan Field at Bangor Memorial Park on Thursday, August 30th. The event kicked off the fall sports season. The Bangor Slater Marching Band performed their half-time show and fall sports teams were introduced.



Bangor Area High School Varsity Football

The Bangor Slater football team played host to Catawauqua on Friday, August 24th at the Paul Farnan Field at Bangor Memorial Park. The Slaters took the win 42-12.

The Slaters Faced Notre Dame - Green Pond on August 31st and took the loss. It was Bangor Slater Youth Football and Cheer Night at the game as the little Slater football players and cheerleaders were recognized.

Photos by Nick Pulsinelli & Lou Freeman



Pen Argyl Area High School Varsity Football

The Pen Argyl Green Knights won their first home game of the season on August 25th, when they played host to the Salisbury Falcons. It was a history making debut for Pen Argyl's new coach John Smith as the Green Knights won their season opener with a win over Salisbury with a score of 17-16. The win marked the Green Knights 500th win.

Photos by Nick Pulsinelli and Jeffrey Cooper



Shawn Leh, Pen Argyl Class of '94 grad and a four-year letter winner



Chad Defelice, a 2002 Pen Argyl grad a two-way starter on the Knights' 2001 team that was Class AA state runner up

Ryan Williams, Zach Track, Keith Miller, Shawn Leh & Chad Defelice were all elected to the Athletic Hall of Fame



Ryan Williams, a 2000 Pen Argyl grad who was a three sport athlete and earned eight letters

Zack Track, a 2001 Pen Argyl grad who was labeled as one of the most unselfish players

Keith Miller, a 1970 Pen Argyl grad and a four-year letter winner in football and wrestling



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HELP WANTED

HOUSEKEEPER: PART-TIME TUSCARORA INN & CONFERENCE CENTER-a Christian Conference Center in Mt. Bethel, PA, is looking for applicants with a heart of service to work in their Housekeeping Department. Housekeepers are

responsible for cleaning guest rooms and public areas. Applicants should possess a high standard of cleanliness and have a flexible schedule as this job does require a rotation of weekend shifts. For more details Please visit www.tuscarora.org/employment

YARD SALES

Yard Sale - 216 E Prospect St, Nazareth. Sept 7/8 from 9-3:09 dog crate, winter jackets, cats meow, holiday items and much more. come browse.

Precious Junk Sale-Friday, September 7th and Saturday, September 8th from 10am to 2pm. Zion United Lutheran Church, 1919 Route 209, Brodheads ville. The sale will take place in the parish hall so rain or shine. Refreshments and baked goods available for purchase.

Multi-Family Yard Sale - Sat., 9/15 & Sun., 9/16 8 am-3 pm multi family yard sale Peter Jacob Drive, East Bangor, PA.

Yard Sale - Frutchey Court Development, Mount Bethel, PA 18343 Friday, 9/21-9/22, 9AM-3PM Practical and unique items Check it out

FOR SALE

Sewing Machine - Singer in cabinet works great. Call 610-863-8044

The Belt and Beyond
email us at thebeltandbeyond@gmail.com

CLASSIFIED ADS

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Mailed or emailed classified ads will only be accepted. No Classified ads will be accepted by phone. Deadline 4:00pm on Friday, prior to publication week. By mail send this form along with your check made payable to: The Belt and Beyond, P.O. Box 33, Bangor, PA 18013 ATTN: Classifieds. By Email send Classified ad with Classified ad in the subject to thebeltandbeyond@gmail.com. *All Classified ads must be pre-paid. No Exceptions. No Refunds or Credits.*

Ackermanville United Methodist

1410 Ackermanville Road, Bangor, PA.,
(just off Rt. 191 in Ackermanville),
9 AM Sunday School, 10 AM Worship
Rev Alice Ann Bonham, (610) 588-7818
www.ackermanvilleumc.org

Arndt's Lutheran Church

1851 Arndt Road, Easton, PA 18040, 610-253-3732
Worship: Sat. 6:00 PM, Sun. at 8:15 AM Communion;
9:00 AM Children's Sunday School; 9:30 AM. Confirmation;
10:30 AM Worship. Holy Communion is celebrated on the 1st
& 3rd Sundays of the month.
Tue. - 10:00 AM Open Arms; 7:00 PM Boy Scouts & Bible Study.
Thur. - 10:00 AM Open Arms
Midweek Lenten Services - Wed., Feb. 21st thru Wed., Mar. 21st

Bangor Church of the Nazarene

150 Bunny Trail, Bangor
9:30 AM Sunday School, 10:40 AM Worship
Powerhouse Praise Practice 5 PM
Teen Straight Talk & Small Groups 6 PM
Kenneth L. Bean, Pastor, (610) 588-6929

Belfast Bible

483 Belfast Road, Belfast
9:30 AM Sunday School (All Ages)
10:45 AM Worship, Evening Service 7 PM
Pastor Michael Yaworski

Belfast Wesley United Methodist

607 School Street, Belfast
9:00 AM Children & Adult Sunday School, 10 AM Worship,
followed by coffee fellowship.
Pastor Paul Milligan, (610) 746-3652

Benders Mennonite Church

975 Benders Church Road, Pen Argyl
10:10 AM Worship, Food Bank 3rd Saturday
of the month 9 AM - 11 AM
(610) 863-9114

Bethel Bible Church of Mt. Zion

7742 N. Delaware Dr. (Rt 611) Martins Creek
9 AM Sunday School, 10 AM Worship
Pastor Rick Tunis, (610) 250- 9809
www.bethelbiblechurchofmtzion.org

Christ Hamilton United Lutheran Church

419 Bossardsville Road, Stroudsburg, PA 18360
570-992-4085, www.chrighthamilton.org,
email: chulc@ptd.net
Worship Services @ 8:15am & 11:00 am
Sunday school for 3 year olds thru adults @ 9:30am

Christ Evangelical Lutheran Church

703 S. Delaware Dr (Rt 611) Stone Church/Mt. Bethel
610-588-7056 e: celcpaorg@yahoo.com
Summer Hours 9:00 am Worship
www.celcpa.org

Community Baptist

Weona Park Center, Pen Argyl
7 PM Bible Study, Separate class for age 10 & under

Clearfield Bible Holiness Church

1502 Bushkill Center Road, Wind Gap
10:30 AM Sunday School, 11:15 AM & 2 PM Worship
7 PM Thursday Prayer Meeting
Pastor Mike Beck, (570) 369-6563

Community Church

Mount Pocono - 1050 Memorial Blvd., Tobyhanna, PA 18466 -
SUNDAYS 9:00 AM | 10:30AM | 12:00 PM

Community Presbyterian

1755 S. Delaware Drive, Mount Bethel
9:15 AM Sunday School, 10:30 AM Worship
Coffee hour on last Sunday of every month
following service cpcmbp@peoplepc.com
2nd Wednesday - Community Eucharistic worship service
beginning on Feb. 8th at 2:00PM
(570) 897-6766, www.yourpcchurch.com

Cross Road Baptist Church

201 S Second Street, Bangor
9:30 AM Sunday School, 10:45 AM Worship
Wednesday 7 pm Prayer/Bible Study
2nd Sunday of Month Free Meal
4-5:30 pm Breaking Bread Soup Kitchen
Rev. Jay VanHorn, Pastor, 610-588-3966
www.crossroadbaptistbangor.com

East Bangor United Methodist Community Church

136 West Central Avenue, East Bangor, PA
Sundays - 8:30 AM Choir Rehearsal, 9:15 AM Worship Service w/Kids
Church, 10:30 AM Adult Forum, After-Church Fellowship (Last Sunday),
4:00-5:30 PM Free Dinner (1st Sunday)
2nd Wednesday - 7:00 PM U.M.W. "Esther Circle"
Thursdays - 6:30 PM Bazaar Workshop;
7:00 PM Choir Rehearsal
Saturdays - 8:00 PM AA Meeting
Pastor David Goss (610) 588-4453
Dial-A-Message (610) 588-3896
www.ebumc.org

Faith Alive Community Church

10 Mechanic Street, Wind Gap
10 AM Worship, 10:45 AM Children's Church
and Next Level (Grades 7-12)
Pastor Matthew Whistler, (610) 863-6911
www.faccpa.org

Faith United Presbyterian

218 W. Penna. Avenue, Pen Argyl
Sun: Worship/Church School 10 AM
Tues: Faith Quilters-1PM
(610) 863-4447

Family Life Community Church

1115 Richmond Road, Bangor
Wednesday: Kidz Night Out at The Hub 6:30-8:00 PM
(Kids ages 6 thru 6th grade), Thursday: Teen Night Out at
The Hub 6:30-8:00 PM (Grades 7th thru 9th)
10 AM Worship Service
Pastor Mike Poppa, (610) 588-3736,
www.flccbangor.com

Faith Lutheran Church, LCMS

2012 Sullivan Trail, Easton (Forks Township)
Phone, 610-253-1625 email: faithlcms@outlook.com
Sunday Worship 8am and 10:30am. Sunday School for all,
9:15am. Holy Communion celebrated, each service
Rev. Christopher Crume
Christian Preschool (ages 2 1/2 to 4)

First United Evangelical

25 South 2nd Street, Bangor
Sun.: Morning Worship at 10:00 AM
Wed. Eve.: Prayer Meeting and Bible Study, 7 PM
Pastor Ronald Shipman, (610)-588-3226

First United Methodist Church

55 N. 3rd St., Bangor
Sunday worship at 11:00 am
Sunday school begins Sept. 9. Children and adult classes.
Pastor Chris Hardy 610-588-4673
www.FirstUMCBangor.com
www.facebook.com/rstUnitedMethodistChurchBangor
Come as you are. All are welcome!

Faith Family Fellowship

1002 Bushkill Center Road, Nazareth
Sundays: 10 AM Worship Service with fellowship time
to follow
Pastor Robert Hampton, 484-408-9624

Flicksville United Church of Christ

1337 Lower South Main Street, Bangor, PA 18013
610-588-4648 www.flicksvilleucc.org
Sunday School 9:30a.m.
Sunday Worship 10:45a.m.
Service will include local musical talent

First United Methodist

19 West & Water Street, Wind Gap
9 AM Adult Sunday School
10 AM Worship/Communion
11 AM Fellowship on 1st Sunday of each month
Pastor John Vidal (570) 426-0645

Good Shepherd Evangelical Lutheran Church

2904 Church Road, Martins Creek
9 AM Worship, Adult Bible, Study following worship
Pastor Louise Williams

Grace Lutheran Church

5907 Sullivan Trail, Nazareth
9 AM Service, 10:15 AM Sunday School,
10:30 AM Adult Forum
(610) 759-9080, www.gracebelfast.org

Grace United Methodist Church

404 Mountain Avenue, Pen Argyl
Sept 2- 8:30am Contemporary,
8:30 AM Contemporary Worship
10 AM Blended Service, Sunday School
Nursery Care available at all services.
Rev. J. Timothy Fisher (610) 863-4811
www.worshipatgrace.org

Holy Trinity Orthodox Church

1501 Trinity Court, Stroudsburg
9:30 AM Divine Liturgy Sundays
6:30 PM Vespers Saturday
(570) 421-4455, www.holytrinitypoconos.org

Hopesprings Community of Faith

301 Market Street, Bangor
Meeting time 10:00 AM
855-info-hope., www.hopespringscommunity.org

Hope Lutheran Church

240 S. 8th Street, Tatamy, PA
Pastor Herbert Dolich
9:00am Sunday School classes and Bible Study (Sept.-May)
10:30am Worship services(Sept.-June)

Hope UCC

701 Cherry Street, Wind Gap
Summer hours June 3rd through August. service will
be held at 9:30 am with Communion the first Sunday
of the month.
AA Meetings - Sundays at 7:00 PM; Mon. & Tues.
Mornings at 10:00 AM; Wed. at 7:00 PM
(610) 863-4474

Living Waters Christian Church

396 Sterling Road Unit D, Tobyhanna
Thursday: 6-7 PM Christian Education, Sunday: 9:15
AM Christian Education, 10:30 AM Worship
Rev. Dr. Jacqueline R. Walters
(570) 350-4710 or (570) 629-5581
livingwaterscc@aol.com

Arsha Vidya Pitham (Institute for Study of Vedanta, Yoga and Meditation)

651, Route 115, Saylorsburg www.arshavidya.org



Mount Bethel Church

1270 Belvidere Corner Road, Mt. Bethel
Pastor Chris Priestaf, (570) 897-7142
Little Friends Preschool (570) 897-7797
email office@mountbethelchurch.org
www.mountbethelchurch.org

Sunday Service Schedule

8:30 & 11am Worship Services
9:45 Confirmation and Sunday School

Mount Eaton Church

7277 Mt. Eaton Road, Saylorsburg
Services: 6:30 PM Saturday, 8 AM Sunday Traditional, 10:30 AM Sunday Contemporary,
6 PM Sunday Youth Group, Wednesdays: 7 PM Family Night,
8:30 PM Young Adults' Group
Pastor Doug Hayes, (570) 992-7050
mounteatonchurch.org

Nazareth Moravian Church

4 South Main Street, Nazareth, (610) 759-3163,
nazarethmoravian.org
Sundays - 9:30am Worship
Wednesdays-6pm Weight Watchers
Martin on Main 1 PM-7 PM 8/4
Food Bank Sunday 8/5
Joyful Noise Offering Sunday 8/19

Northampton God's Missionary Church

4965 Nor Bath Blvd, Northampton, PA
Sundays: 10:00 AM, and 6:30 PM
Wednesdays at 6:00 PM. (call for location)
Daniel Richardson, pastor (610) 262-4412
www.ngmc.church

Our Lady of Good Counsel

436 South 2nd Street, Bangor
4 PM Saturday, 8:30 AM Sunday
Pastor Stephen L. Maco, (610) 588-5445

Portland Baptist Church

601 Delaware Avenue, Portland
9 AM Sunday School, 10 AM Fellowship, 10:20 AM Worship,
6-7:30 PM AWANA Youth Group/Prayer Meeting/Bible Study,
Handicap accessible
(570) 897-6866, www.portlandbaptistchurch.com

Prince of Peace Lutheran Church

2445 Lake Minsi Drive, Bangor
Every 1st & 3rd Saturdays of the month at 5:30 PM Worship &
Holy Communion
Sundays: 9:45 AM Worship & Communion
Rev. Michael J. Scholtes, (610) 588-2355
www.popbangor.org

Presbyterian Parish of Bangor-Roseto

Sunday 10:30 AM Worship Service
Rev. Albert Martin, (610) 588-4864
www.presbyparishbangorroseto.webs.com

Presbyterian Church of the Mountain

Church Lane, Delaware Water Gap (570) 476-0345
Sunday Worship Service: 10 AM in the Sanctuary
Holy Communion: 1st Sunday of each month
Praise Team: 2nd Sunday of each month
Sunday School: during worship in the Fellowship House for
ages 0-12 (childcare and class)
Choir Rehearsal: Thursday at 7:30 PM in the Fellowship House
Choir Room, Deacons Meeting: Last Sunday of each month at
11 AM, Session: 2nd Thursday of each month at 7 PM, Bible
Study: each Monday at 7 PM

Richmond United Methodist Church

8538 Delaware Drive, Bangor. Pastor Ed Van Arsdale
Sunday Service 10:00 AM ; Children's Sunday School 10:00 AM
Apr 13th - 14h Rummage Sale
(610) 588-7317 www.richmondumc.com

Refiner's Fire Ministry

100 Division Street, Portland
Sundays: Prayer 9:15 am Worship 10:00 am
Wednesday Night Bible Study 7:00 pm
Friday Night Redemption (Christ-centered, 12 step meeting)
8:00pm

Pastors Phil and Jessica Karasiewicz
570-583-3101
refinersfireministry2006@gmail.com

Slate Belt - Nazareth Baptist Church

1620 Church Road, Pen Argyl
Every Tuesday: Mixed Martial Arts/Self Defense 7-8:15 PM,
Sunday: 9:30 AM Sunday School, 10:30 AM Worship &
Children's Church (nursery provided)
Adult Bible study is at 5:30, AWANA is at 5:30
Pastor Dustin Ulrich, (610) 863-9274

The Roseto Independent Presbyterian Church

210 Garibaldi Avenue, Roseto
9:15 AM Greeting, 9:30 AM Service
Rev. Barry Eng, (610) 599-9949
www.RIPC-OnlineToday.org

Salem UCC

2218 Community Drive Bath PA 18014
Worship 8:00 AM; Sunday School, Confirmation Class, Junior
Choir 9:00 AM; Worship 10:15 AM
Sundays Cub Pack 50 1:00 PM
First & Third Mon. of the month Pinochle Club 11 AM-2:30 PM
Third Monday of the month Consistory Meeting 7:00 PM
Tuesdays Boy Scout Troop 50 6:30-8:00 PM & Senior Choir 7:00 PM
Wednesdays Ladies Aid Quilting 9:00 AM-3:00 PM
Pastor Kaye Lentz, (610) 759-1652
www.salemuccbathpa.org

St. Brigid's Episcopal Church

310 Madison Avenue, Nazareth
9:30 AM Holy Eucharist
Rev. William Martin,
(610) 746-3910, www.stbrigidspa.orgSt.

Elizabeth's Parish

300 West Babbitt, Pen Argyl
Masses: 5 PM Saturday, 8 AM, 9:30 AM & 11 AM Sunday
Rev. Msgr. Vincent P. York. (610) 863-4777

St. Luke's UCC

471 Belfast Road Belfast (Nazareth), PA
Worship 10:30 am - 1st Sunday of month Holy Communion
Rev. Cecilla and Rev. Jameson Baxter
(610) 759-0244
www.stlukesuccbelfast.com

St. Mary's Episcopal

340 Lehigh Street, Wind Gap
9 AM Eucharist, Coffee hour follows service.
The Rev. Canon Joel Atkinson, priest in charge.
(610) 863-8007 saintmarywindgap.webs.com

St. Matthew's UCC

102 Church Rd., Kunkletown, PA 18058 610-381-2442
www.stmattsucckunkletown.com
Traditional worship is 9 AM weekly, w/Communion on the 1st
Sun. of the month.
Country Gospel worship 12 PM 2nd Sun. of each month
Sunday School meets 10:30-11:30 AM weekly.
The Nursery, for infants and children up to age 5, is available
during 9 AM worship during the Family Table service

St. John's Evangelical Lutheran

12 North Westbrook, Pen Argyl
8:45 AM Sunday School, 10 AM Worship
(610) 863-4332

St. Joseph's Episcopal

1440 Verona Drive, Pen Argyl
11 AM Eucharist, Coffee hour after service
The Rev. Canon Joel Atkinson, priest in charge.

St. Peter's Evangelical Lutheran Church

1422 Church Road, Pen Argyl
8 AM & 10:15 AM Services, 9 AM Sunday School,
Pastor Chris Druckenmiller (610) 863-6859
www.stpetersplainfield.com

St. Peter's UCC

401 Broad Street, Tatamy
10:00 AM worship all year; 10:00 AM Sunday school Sept.-May.
Interim Pastor Dale Sattizahn, (610) 252-6515

St. Vincent DePaul Catholic

Delaware Avenue, Portland
6 PM Saturday, 10:30 AM Sunday
Rev. Stephen L. Maco, (610) 588-5445

The Salvation Army

301 W. Main Street, Pen Argyl, PA 18072
610-863-6677
Sundays: 10 AM Sunday School, Sunday services every
Sunday from 11:00am-12:00pm.
Tuesdays: Food Bank 10 AM-12 PM
Wednesdays: Knitting & Crocheting 10 AM-12 PM
Thurs: 10:30-11:30 AM Home League Women's group.
Free Lunch for Seniors: Tues.-Thurs. 12 PM

**The Pentecostal Christian Church
the Truth (Iglesia Pentecostal La Verdad)**

4 Jory Avenue, Pen Argyl
12 PM Sunday School (Escuela Dominical)
1 PM Praise & Worship (Cuho Evangelistico)
All invited to Bilingual Services
Rev. Frank Pons, (570) 807-7794

Temple Israel of the Poconos

Egalitarian Conservative Synagogue
711 Wallace Street, Stroudsburg
Sabbath Services: Friday 8 PM followed by a Traditional Oneg Shabbat
Saturday 9:30 AM followed by a traditional Kiddush. Services
conducted in both Hebrew & English in a warm, welcoming, Jewish
environment. Hebrew School for ages 4-13
Rabbi Baruch Melman, 570-421-8781

Trinity Evangelical Lutheran

404 Broadway, Bangor
Sunday School 9am - Worship 10:15am
Pastor Laine, 610-588-2023
www.tlcbangor.com

Trinity United Church of Christ

632 South Delaware Drive, Mt. Bethel
Sunday School 9:15 am & Worship 10:30 am .
Rev. Rodney W. Wells, (610) 588-1989

Zion Presbyterian Church

Water Street, Wind Gap
9:30 AM Service, Children's Sunday School during service.
Visitors are welcomed!
Rev. Sam Huffard

Zion United Lutheran Church

1919 Route 209 in Brodheadsville.
Worship: Saturdays 5:00 PM informal spoken service,
Sundays 8:00 AM with recorded music and **10:30 AM** with
choir. Sunday School for all ages @ 9:15 AM.
The Rev. E. Ann Melot~ ELCA
570-992-6988 www.zionulc.com

**If your worship time will be changing
for the Fall please email us at
thebeltandbeyond@gmail.com**

Special summer weekend program at the Pennsylvania Longrifle Museum



Saturday & Sunday, September 15 & 16 • Open 12 pm - 4 pm
Special Military Memorabilia exhibit in the Pa. Longrifle Museum
Shop for unique gift items in our Museum Gift Shop
Pennsylvania Longrifle Presentations

1832 John Joseph Henry House & Summer Kitchen, Grounds, & Nicholas Hawk Gun Shop
Open for Tours on Sunday, September 16 • 12 pm - 4 pm

Happy 150th Birthday to our Chickering Piano
Help us celebrate on Sunday, Sept. 16 • 12pm - 4pm
Join us for a cupcake & refreshments!



Adults \$5

(JHS Members, Active Duty Military, Scouts, children 12 & under FREE)

★ **Free admission for Veterans in September** ★

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