

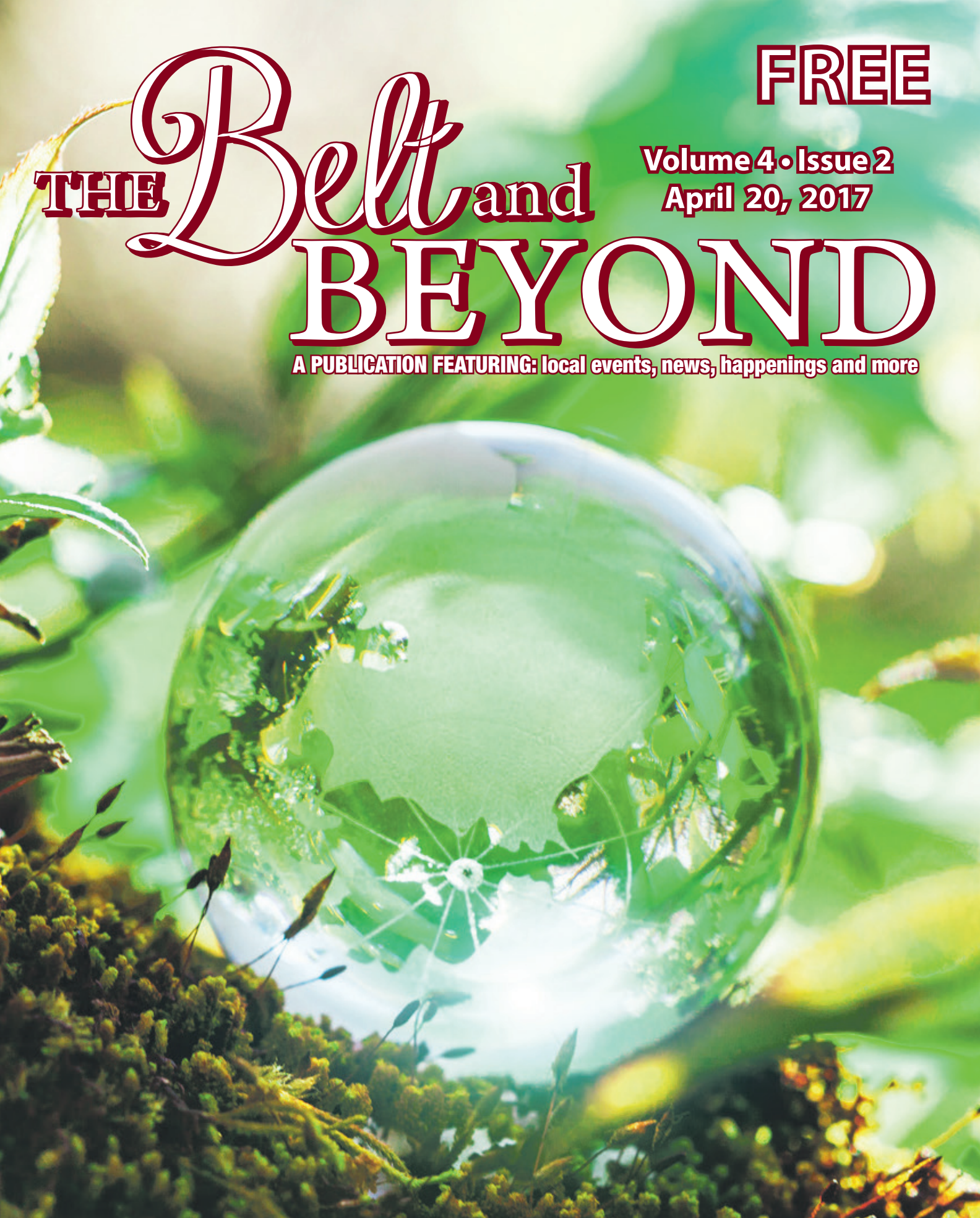
FREE

Volume 4 • Issue 2

April 20, 2017

THE *Belt* and
BEYOND

A PUBLICATION FEATURING: local events, news, happenings and more



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Like us on Facebook "The Belt and Beyond"

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WELCOMING OUR NEW ADVERTISERS
JOHNSONVILLE FARM & GARDEN - PAGE 3
ANYTIME FITNESS - PAGE 8 • GRACE PARK-28
ENVIRONMENTAL TRANSPORTATION GROUP PAGE 29



Next issue will be printed May 4th
Deadline for all ad copy and news
Friday, April 28th

Email your news and events to thebeltandbeyond@gmail.com

APRIL/MAY

NATIONAL AUTISM AWARENESS MONTH

NATIONAL DAYS



APRIL 21 NATIONAL KINDERGARTEN DAY

APRIL 22 NATIONAL EARTH DAY

APRIL 23 NATIONAL LOST DOGS AWARENESS DAY

APRIL 26 NATIONAL ADMINISTRATIVE PROFESSIONALS DAY

APRIL 27 NATIONAL TAKE YOUR SONS AND DAUGHTERS TO WORK DAY

APRIL 28 NATIONAL ARBOR DAY

APRIL 29-NATIONAL REBUILDING DAY

APRIL 30-NATIONAL ADOPT A SHELTER PET DAY

MAY 1-NATIONAL LOYALTY DAY

MAY 4-NATIONAL DAY OF PRAYER

WEEKEND HAPPENINGS

Lookout Fire Co # 1 Sportsmans Meat Raffle

Saturday, April 22nd, 1:00 pm to 5:00 pm at Weona Park Community Center, Rt. 512 Pen Argyl, Pa. See website for more info www.lookoutfireco.com

Earth Day Walk – Upper Mt. Bethel Township

Saturday, April 22nd with a rain date of **Sunday, April 23rd at 1:00pm** Eastern Industries property. The 1 mile walk has a few small hills but it's mostly level throughout. Parking will be located inside the main gate on Million Dollar highway.

Free Earth Day Festival

Saturday, April 22nd 10am-3pm; Monroe Campus of Northampton Community College (Rt. 715). For additional information visit www.mcearthday.org or www.closestheoop.com.

Pastie Sale – Christ Evangelical Lutheran Church

Saturday, April 22nd; Christ Evangelical Lutheran Church (703 S. Delaware Dr., Mt. Bethel, PA). For more information or to place your order call Chrissy 610-588-0809.

NCC to Stage The Last Days of Judas Iscariot

Northampton Community College (NCC) will stage the play The Last Days of Judas Iscariot by Stephan Adly Guirgis from now through **Saturday, April 22,** in the Lipkin Theatre, Kopecek Hall, Bethlehem Campus. Admission is free with a donation of non-perishable food items or a contribution to the Norman R. Roberts Scholarship Fund. Reservations suggested. Email NCC_theatre_tickets@northampton.edu or call 610-861-5524.

2nd Annual Wheelchair Basketball Game

Saturday, April 22nd, 7:00pm at Bill Pensyl Gymnasium at the Bangor Area High School (187 Five Points Richmond Rd., Bangor). The LVCIL Freewheelers vs Bangor Senior Athletes. Proceeds benefit the Slater Family Network and the Lehigh Valley Center for Independent Living Freewheelers.

2017 JDRF One Walk

Sunday, April 23rd, Check-in: 1:00pm Start time: 2:00pm. Length of walk 3 miles. Location: Stroudsburg High School, Stroudsburg, 1100 West Main Street, Stroudsburg, PA 18360 to register www.walk.jdrf.org or for more information contact Eastern Pennsylvania Chapter 610-227-0369 or JPaprzycki@jdrf.org

Wind Gap - Knife Show

Hand Made - Custom Knives - Antique - Military - Razor - Factory Knives - Up to 150 tables

\$5.00 Admission (children up to 16 years of age accompanied by an adult, FREE)

Saturday, April 22nd 9am - 5pm

Sunday, April 23rd 9am - 3pm

Plainfield Twp. Vol. Fire Co., 6480 Sullivan Trail Wind Gap, PA 18091
For table reservation or questions please contact Bill Odor 610-982-5773

WE WELCOME THE COMMUNITY

JOHNSONVILLE FARM & GARDEN

-SPRING-FARM FEST

-SATURDAY-
-APRIL 22ND-
-8AM TO 5PM-

CHICKS & FARM ANIMALS
LOCAL FARMERS & ARTISANS
FERTILIZER & SEED DEALS
VEGGIE PLANTS & FLOWERS
LAWN & GARDEN PRODUCTS

GRAND OPENING OF THE MARKET AT JOHNSONVILLE FARM & GARDEN

VISIT BURNING DAYLIGHT GREENHOUSES NEW LOCATION

SPEND TIME WITH FRIENDS & FAMILY

JOHNSONVILLE FARM & GARDEN

SPRING FARM FEST

JOIN US FOR OUR 2ND YEAR ANNIVERSARY * SEE HOW WE'VE EXPANDED

CHICKS • FARM ANIMALS
EQUIPMENT • FEED DISCOUNTS
LAWN & GARDEN SUPPLY
FOOD • DRINK • MUSIC

GRAND OPENING & RIBBON CUTTING OF THE MARKET at NOON

FLOWERS & VEGGIE PLANTS

SATURDAY, APRIL 22nd
8AM-5PM
154 JOHNSONVILLE RD
BANGOR PA, 18013
610-599-0683

Burning Daylight Greenhouse

Visit us at our New Location

Johnsonville Farm & Garden

570-656-6573

CSA Memberships Available
20 Week Program runs May-September
Full & Half season Shares available!

Easton High School Class of 1960

"Doo-Wop" Forever

Let's Bring In Spring 50's and 60's Music

Saturday, April 22nd, 2017

Blue Valley Farm Show
707 American Bangor Road, Bangor, PA

Doors Open: 5 pm ~ Dinner: 6 pm - 7 pm
Music: 7 pm - 10:30 pm

Open to the general public / \$23.00 per person

For more information or reservations call
Ken Sigafos 610-759-0602 or Bob Beam 610-759-6091



**Slate Belt
Rotary
Presents the
5th Annual**

Mulligan Bowling Tournament

**Sunday, April 23, 2017 at 1PM
At Blue Valley Lanes - Wind Gap, PA**

Sanctioned and
non-sanctioned brackets

Benefits Slate Belt Community Projects
and Slate Belt Youth Bowling Assoc.

Event
Sponsor



Slate Belt Rotary 5th Annual Mulligan Bowling Tournament
Slate Belt Rotary (Northampton County) will hold its 5th Annual Mulligan Bowling Tournament on **Sunday April 23 at 1:00 PM** at Blue Valley Lanes in Wind Gap, PA. Event is open to both Sanctioned and Non-Sanctioned Bowlers, there will be 2 divisions, so come and have fun! Bowlers will be able to purchase Mulligans during the Tournament for a better score1 in 6 Cash. Contact Ed Gallagher at ed@kseent.com or 610-657-6196 for more information and an entry form.

Slate Belt Rotary Club meetings are held 6:00 PM to 7:00 PM at The Scorecard Restaurant in Wind Gap, PA. Come and visit to learn about the Rotary.

For more information contact Bill Skinner at skinww@gmail.com or 570-350-7609

Meet The Authors of Letters to Homefront

On **Thursday, April 20th, at 7:00 pm**, the Heritage Center will hold its monthly historic presentation entitled: "Meet the Authors".

On display, in the Chamber Showcases, will be "Homefront and World War II Memorabilia". Distribution and book signing will be on **Sunday, April 23rd**, at the Heritage Center from **9:00 am -12 Noon**. The April 20th event is free and open to the public. The Heritage Center is located at 30 North 1st Street, Bangor, Pa. For additional information contact: Karen Brewer @ 610-588-8615.

Celebrate Mother Earth at Totts Gap

This two-day workshop starts on Earth Day and finishes up just in time for a unique, hand-made Mother's Day gift, created with your own hands.

Part I of II Earth Day. Saturday will be held on **April 22nd, 1:00 pm** Under the direction of Jim Gloria of Totts Gap Arts, create your own unique hypertufa planter. Your newly formed planter will need to cure, so make sure to mark your calendar for day two. Part II of II will be held on **Saturday, May 6th, 1:00 pm**. Join Joann Ginder of Ginder Greenhouse as she helps you complete your beautiful project. You will be helped to choose, arrange, plant and care for your creation. Location: Ginder Greenhouse and Garden Center, 558 Lake Minsi Drive, Bangor, PA 18013

Workshop fee includes materials and instruction for one hypertufa planter Your choice (up to \$5 retail) of plants available at the greenhouse. Soil Fertilizer, Planting and care instruction. Due to class size limitations, this is a ticketed event. You can secure your space by buying a ticket at Ginder Greenhouse or at Totts Gap Arts or by registering online <http://tottsgap.org/celebrate-mother-earth>



Waste Management Presents...

Grand Central Sanitary Landfill's Earth Day Festival

To be held on Saturday, April 22nd, 3:00-4:30 pm at 891 Grand Central Road, Pen Argyl, (GPS address-Look for education sign at the end of the driveway; watch for signs on Pen Argyl road) will consist of a presentation by U.S. Federal Bird Bander, Paul Karner and Girl Scouts Lauren Harrison and Kara Hartzell from Troop 874 who will be honored for their Silver Award Projects. This is a FREE fun event for all ages! Activities will include: Recycling games, a nature hike, face painting, and even a Waste Management CNG truck for kids to check out! There will be a bake and snack sale that will benefit the scout troop and giveaways for the kids! The Wildlife Habitat Council certified Grand Central Sanitary Landfill's wildlife habitat in 2007. The environmental education center includes a classroom and 41 acres of contiguous fields that are exclusively maintained under a rotational grassland management plan. The facility is home to many birds, reptiles, and mammals native to the region. For more information contact Adrienne Fors, Public Relations afors1@wm.com 585-472-2075

Pastie Sale

Humble Hearts for Hope is holding a Mr. Pastie sale. **Order by April 24th. Pick up date May 10th 3:00- pm-7:00 pm**. Proceeds benefit the Vietnam Traveling Memorial Wall to Plainfield Twp June 14-19th. Call to place your order at 484-764-8198.

MT. BETHEL VOLUNTEER FIRE COMPANY INC.

GUN SHOW

SUNDAY, APRIL 23RD, 2017 • 9 AM to 3 PM

2341 N. DELAWARE DRIVE, MT. BETHEL, PA

Approx. 8 miles South from Delaware Water Gap Exit off I-80 East

BUY - SELL - TRADE
COLLECTORS & DEALERS
Modern & Antique Firearms, Hunting,
Fishing, Archery & Camping Items
Reloading items



Admission \$5.00
Children under 12 FREE
when accompanied by an adult

FUTURE SHOW DATE: SUNDAY, JULY 16, 2017

150 TABLES FOR RENT • BREAKFAST AND LUNCH AVAILABLE

All proceeds from this fundraiser benefits our truck and equipment

MT. BETHEL FIRE COMPANY 570-897-6767
WWW.MOUNTBETHELFIRE.COM

FOR MORE INFORMATION CONTACT: HARRY NASATKA
18 FOREST RD. BANGOR, PA18013 • 610-588-7538
NASATKAHJ@PTD.NET

Pen Argyl Woman's Club

The Woman's Club of Pen Argyl will hold a fundraiser at The Slate Pub, 509 East Main Street, in Pen Argyl on **Tuesday, April 25th from 11:00 AM** until closing. The Slate Pub will generously donate a percentage of their food profits (eat-in or take-out) to the Woman's Club. The proceeds will be used to support the scholarship fund given to a deserving senior in our area.

Meet and Greet with Judge Alicia Zito

The Committee to Elect Judge Alicia Zito will hold a Meet and Greet on **Wednesday, April 26th, 5:00pm-8:00pm**, at the Broadway Pub, 62 Broadway, Bangor, PA

Monroe County's Annual Senior Spelling Bee

Wednesday, April 26th; will be held at Northampton Community College Monroe Campus – Pocono Hall room 108 from **1:00pm to 3:00pm**. College is located at 2411 Rt. 715 Tannersville, PA 18372.

ICS Handbag Bingo & Raffle

Immaculate Conception School Handbag Bingo & Raffle. **Friday, April 28th. Doors open at 5:30pm**, games start at 7:00 pm. Tickets available at the door. For more information, email icsfundraising@yahoo.com

Washington Twsp. Truck Fund Vendor Bingo

Friday, April 28th, Doors Open at 6pm, Bingo starts at 7pm. 20 Games and Specials, Must be 18 to enter. The Washington 920 Washington Blvd., Bangor, PA. For advance tickets or questions call Dawn 484-866-7233 or Steph 973-978-6171 .

4th Annual Nazareth Jazz Festival

April 29th 12:00pm-6:00pm at Nazareth Boro Park

Friends of the Bangor Public Library Calendar of Events

The Friends of the Bangor Public Library announce the following "Save the Date" events:

April 29th Author Visit w/ Karen Shoemaker Katchur at Prince of Peace Lutheran Church, Johnsonsville, 10:00 a.m.

May 5th, 6th & 7th: Spring Book Sale at The Bee Hive Community Center

June 15th: "Library Day" Fund Raiser at The Broadway Pub

August 21st thru 26th: Summer Book Sale at The Blue Valley Farm Show

September 16th: Bake Sale at Ace Hardware, Capitol Plaza

November 16th: Author Brunch w/Joe DeFranco at The Library

December 2nd: Breakfast w/ Santa at The Bee Hive Community Center
The Friends meet the 3rd Thursday of each month at 7:00 p.m. at the Library. New members are always welcome. For additional information contact: Karen Brewer at 610-588-8615

PEEC Earth Day & Family Fun Day

Saturday, April 29th; Celebrate Earth Day at Pocono Environmental Education Center (PEEC) 538 Emery Road, Dingmans Ferry, PA from **10am – 4pm**. For more information call 570-828-2319 or visit www.peec.org

Zion Against Hunger Concert

Zion United Lutheran Church, 1919 Route 209, Brodheadsville will host a free will concert on **Saturday, April 29 from 2:00pm to 3:30pm** Offering benefits Pleasant Valley Ecumenical Network and features local musicians. Call 570-992-6988 for more information.

**ON SITE
PUBLIC AUCTION**
115 East Plainfield Ave, Pen Argyl, PA
On Saturday, April 29th at 10am
After 30 years of collecting it's now time to sell!!
Antiques, Bedroom Furniture, Grain Painted Dry Sink, Blanket Chest With Red Paint, Deco BRS, Art Nouveau BR Furniture, Doll House, Doll Furniture, Dolls, Quilts Chenille Bedspreads, Silk Chinese Export Piano Shawls, Beaded Purses, Blue Decorated Jug, Wicker Rocker, Bamboo Patio Set, Kerosene Lamps, Costumer Jewelry, Local Slate Mantel, Pair Of Vintage Coke Machines, Plus Much More Not Listed.
For full listing and photos visit us at hartzellsauction.com
Bring your chairs and enjoy!
Terms: 10% Buyer's Premium. Cash or Check.
Hartzell's Auction Gallery Inc.
521 Richmond Road, Bangor, PA 18013
610/588/5831 1-800-724-6808 FAX: 610/588/6206

Totts Gap Arts Institute MUSE concert for Jazz and Improvisational Dance

On **April 30 at 5 pm**, the Mitchell Cheng Trio will perform a Jazz concert at Totts Gap Arts Institute. Improvisational dancers will dance to the jazz rhythms. This unique event is the first of four such events sponsored by Totts Gap this year. The next three will feature other jazz groups led by Guitarist Vaughn Stoffey, on June 11, Pat McGee, July 9, and Dave Lantz, August 6. Visit <http://www.tottsgap.org> for directions.

Breast Friends of PA Coach Bingo

Saturday, April 30th to be held at Charter's Banquet Facility at Plainfield Twsp., Vol. Fire Co., **from 12:00pm-4:00pm**. For tickets and additional information please contact Vivian Vegan 321-236-3722 or visit <https://www.facebook.com/events/1248727128547419/>

Pastie Sale

The East Bangor United Methodist Community Church at 136 W. Central Ave., East Bangor, PA will hold a pastie sale. The selections include beef w/wo onions and broccoli-cheese w/wo onions. To order, call Lois at 610-588-1745 by **Sunday, April 30th**. Pasties must be picked up at the church on **Tuesday, May 2nd, at 3:30pm**.

Moorestown Garden Club Plant Auction

49th Annual Plant Auction, **May 2nd, 7:00pm**. Perennials, tubers, bulbs, antique plants and more! Founded by Penn State Extension in 1953 - one of the area's oldest "growing" garden clubs. New Members welcome- all ages, races, genders. 2218 Community Drive, Bath, PA (Rt. 946), Salem UCC, Fellowship Hall

Marine Corps League Meeting

Marine Corps League, Northampton County, Detachment 298 Meeting **3 May/1900**. 1621 Lehigh St., Easton. All active duty and honorably discharged Marines welcome!
jimmieousmc@rcn.com, www.norcomcl.org,
Facebook: Marine Corps League Northampton County Detachment 298

 **Like us on Facebook**

Rummage Bake and Soup Sale

Prince of Peace Lutheran Church

Thurs., May 4th 9:00am-5:00pm;

Fri., May 5th 9:00am-5:00pm;

Sat., May 6th (Bag Sale)

9:00am-12:00pm

2445 Lake Minsi Dr,
Bangor, PA



CRAFT FAIR & TRICKY TRAY

Saturday, May 13th 8 am - 3 pm

Rain Date: Sunday, May 14th

East Allen Township Volunteer Ambulance Corps.

4945 Nor-Bath Blvd. Northampton, PA 18067

Tricky Tray - Drawing 2 pm

Tickets: \$1 each • 10 for \$5 • 20 for \$10

Vendors, Crafters, Direct Sales, and Yard Sellers Wanted!

Register On line at www.eatvac.eventbrite.com

Contact: Joe Light 610-216-9196 or JLIGHT@EATVAC.ORG or
visit www.eatvac.org/events

The Monroe County Historical Assoc. Garden Sale

The Monroe County Historical Association will host a Garden Sale on **Saturday, May 6, from 8:00am until 1:00pm** in the back garden of the Stroud Mansion, 900 Main Street, Stroudsburg, PA 18360. In addition to the unique and interesting plants and flowers from the Stroud Mansion gardens, flower seeds, ground cover, and some gently used garden tools will be available for sale. Experienced gardeners will be on-hand to answer your questions. This is a rain or shine event. For more information, please contact the Monroe County Historical Association at (570) 421-7703 or visit the web site at www.monroehistorical.org.

Pen Argyl Area Alumni Association Basket Bingo

Sunday, April 30, doors open at 11:30 am, Bingo Starts at 1:00 pm
Pen Argyl Park Community Center. Contact Ann Ehle at (610) 863-4600.

Bangor Public Library Spring Book Sale

The Friends of the Bangor Public Library will hold their annual "Spring Book Sale" at the Bee Hive Community Center, 197 Penna. Avenue, Bangor, PA on the following dates and times: **Friday, May 5th from 12:00pm-5:00pm; Saturday, May 6th 10:00am-4:00pm and Sunday, May 7th 1:00pm-4:00pm.** The sale features 1000's of gently used and like new books for adults and children. Fiction is organized according to authors and non-fiction according to genres'. Donations for the sale are now being accepted at the Bangor Library, 39 South Main Street, Bangor, PA. (only books in good condition will be accepted, no textbooks). For additional information contact: Karen Brewer at 610-588-8615.

St. Joseph's Ministry Yard Sale

Friday, May 5th 9:00am-2:30pm & Saturday, May 6th 9:00am-12 noon.
Located at Lehigh and Genoga Sts., Wind Gap, PA. Benefits food bank.

Wreaths for Shawn

by Candy Martin

As a single mother battling cancer, Shawn Flyte not only has concerns for her health but she also worries about her children and her final expenses. She does not want to leave her children facing that kind of a burden.

Shawn, a single mother of five, was diagnosed nearly two years ago with stage 4 lung cancer, that has spread to her lymph nodes and has also gone to her brain.

"It is a rare form of cancer that has the spindle cell characteristics and it runs through the blood stream. If my current treatment doesn't work there are no other options for me." said Shawn

She continues to have a positive attitude and is optimistic about her cancer. She struggles daily not only with her cancer and the side effects

of her treatments but with the grief of losing a child a few months ago. Shawn's son Kyle, 21, passed away in March of this year. She says "every day is a struggle when you've lost a child. I have four other children that need their mother so I try to remain strong for them."

Shawn started making wreaths as a way to relieve stress and put her worries aside if only for a little while. She made wreaths for friends and has had requests from people to make wreaths. She recently started making wreaths as a way to supplement her final expense fund. By word of mouth, she has received orders and requests for her beautiful wreaths.

Shawn is determined to beat her cancer diagnosis and stay alive to see her twin sons graduate from high school in 2020 and be around to make a lot more memories with her children.

If you are interested in a wreath Shawn can be contacted via email at flyteshawn@ptd.net.



Bangor Area Middle School to Present "High School Musical Jr."

Bangor Area Middle School will present "High School Musical Jr." at the Bangor Middle School Auditorium on **Friday, May 5th at 7:00 pm and Saturday May 6th at 1:00 pm.**

Washington Township Vol. Fire Co. Ladies Aux. Spring Bingo

Sunday, May 7th, The Washington Twp., Volunteer Fire Co., Ladies Auxiliary will hold a Spring Fling Cash Bingo at The Washington (920 Washington Blvd., Bangor). **Doors open at 11:00am, games will start at 12:30pm.** Kitchen will be open. For more information or tickets call Shirley 484-541-4659, Ruth 610-588-7402, Sandy 610-462-5611 or Donna 484-298-0192

Fundraiser for BAHS Band Member

A fundraiser to benefit Bangor band member Elizabeth Goffinet's AMA trip to Europe to represent the band will be held at the Bangor Elks on **Sunday, May 7th, 4:00pm-8:00pm.** Tickets include food and drinks, entertainment, 50/50 sold the day of the event. They are also seeking businesses who would like to donate items for a raffle. AMA is the American Music Abroad. It is comprised of musicians from High Schools from PA and New York and are recommended by the school Band Director.

Gun Show – West End Fire Company

Sunday, May 7th; West End Fire Company located at 128 Route 715, Brodheadsville, PA (behind WaWa) will be holding a gun show from **9:00am-3:00pm.** For more information contact Ray 570-977-7822 or email achey3rd@ptd.net.



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\$5 OFF HAIRCUT

SUNDAY APPOINTMENT ONLY • MONDAY 11-6
TUESDAY THROUGH FRIDAY 11-8 • SATURDAY 10-8

Slate Belt Band Seeks Members

The Slate Belt Band is always looking for new members. Practices are now **every Wednesday from 7:00pm-9:00pm** at the Roseto American Legion, 143 Garibaldi Ave., Roseto, PA. For more info., find us on Facebook or call 610-588-8881.

Slate Belt Heritage Calendar of Events

Thursday, May 11th, 7:00pm - Doug Wynne, Painter of historic areas in the Slate Belt

Thursday, June 15th (3rd Thursday) 7:00pm - 2017 Preservation Awards

Thursday, July 13th, 8:00pm - Kirk & Sara Brown, Letters From the Homefront

The Heritage Center is located at 30 North 1st Street, Bangor, PA. For additional information contact: Karen Brewer @ 610-588-8615.

St. Peter's Lutheran Church – Bake, Plant and Yard Sale

Saturday, May 13th from 9:00am-1:00pm. St. Peter's Lutheran Church (1422 Church Rd., Pen Argyl) will be holding a Bake, Plant and Yard Sale. For more information or to get a spot call 610-863-6859.

Richmond UMC Chicken Dinner

Chicken Dinner prepared by Award-Winning Little Creek Bar-Cue will be held on **Sat., May 13th, 4:00pm-7:00pm** at Richmond UMC, 8538 Delaware Dr., Bangor, PA 18013. Eat in or Take out for tickets call 610-588-7317 must order tickets by **April 30th.**

East Allen Twsp. Vol. Ambulance Corps.

East Allen Township Volunteer Ambulance Corps, is seeking vendors, crafters and sponsors for a combined Yard Sale/Craft show along with a Tricky Tray on **Saturday, May 13th.** For more information on this event please call Joe Light 610-261-9196 or JLIGHT@EATVAC.ORG or visit www.eatvac.org/events.

Ladies of Unico Roseto Bingo and Basket Raffle

The Ladies of Unico, Roseto Chapter is hosting a bingo and basket raffle on **May 21st** at Our Lady of Mt Carmel Church, Bangor, Pa. **Doors open at 12:00 pm Bingo starts at 1:00 pm.** Free door prizes. Proceeds benefit 7 local charities the ladies support. For tickets call Josette 610-653-3153. Come and join us and support these worthy organizations.

2nd Annual Nazareth Food Truck Festival

Saturday, June 3rd 12:00pm-6:00pm Belvidere St., Nazareth

Queen of Peace Catholic Church - Flea Market

Friday thru Sunday, June 23rd-25th; located at Queen of Peace Catholic Church, Rte. 209 & Weir Lake Road, Brodheads ville, PA. Vendors wanted for more information please visit www.qopchurch.org or email loribray84@gmail.com or call 610-681-6137.



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Things are Hopping in The Garden of Giving!

The Garden of Giving is open for the season! Prep work has started. Irrigation for the Garden is a top priority and several fundraisers are planned for this. **April 23rd** there will be a Doll Auction & Tricky Tray at noon at the West End Fire Company. Extra hands are needed getting baskets to the event & selling tickets. **April 29th** will be the annual Fill the Truck Event at the Brodheads ville Tractor Supply. Tractor Supply will also donate a portion of their proceeds to The Garden of Giving and all contributors will receive a thank you gift. **May 20th & 21st** will be the large seedling planting, & **June 17th** will be Family Fun Day. More details to follow. Hope to see you come out to support The Garden of Giving's mission to help our neighbors in need! For more information or to volunteer visit www.thegardenofgiving.org or call 570-402-1282.

Merchants Bank Walkers Fundraiser

The Merchants Bank Walkers are planning a bus trip as a fundraiser for the Relay For Life Slatebelt. The Reading Terminal Market in Philadelphia. The bus will leave from the 191 branch of the bank on **April 30th at 8:30 am**, and leave the Market at 4:00 pm. To reserve your seat, or for questions or information please contact Karen at kcamp49@epix.net or visit any Merchants Bank branch. The 2017 Relay For Life will be on May 19 and 20 at Bangor Memorial Park from 4:00 PM to 4:00 PM. for more information please see our website at <http://www.relayforlife.org/paslatebelt>.

NCC to Hold Spring Concert of '60s Music

Celebrate the 50th anniversary of Northampton Community College with a concert of songs from the '60s! On **Friday, April 28**, in the Lipkin Theatre at the Bethlehem Campus, NCC's community chorus will sing favorites from the 1960s, including Run-around Sue, Stop! In the Name of Love, My Soul and Inspiration, and a tribute to the Beatles! Pre-concert solos begin at 7 p.m., followed by the concert at 7:30 p.m., and free refreshments afterward.

Admission is a \$5 donation to the chorus scholarship fund or nonperishable food item to benefit the needy. For more information, call 610-861-4541.

Historical Bangor Business Association Events

The Historical Bangor Business Association announce the following upcoming events: **June 24, 2017 Car Show, July 8, 2017, Block Party September 9, 2017 Wine and Food Festival.** All events will be held rain or shine and will take place on Broadway, in Bangor. If you are a Bangor Business owner and are interested in getting involved and supporting small businesses and your community. Please contact Pies to Die For Cafe at 610-340-4756. or www.facebook.com/historicalbangorbusinessassociation

SPRING MIDWEEK RETREAT

at Tuscarora

May 16-18, 2017
Speaker David Hodge

Call today to register!
 570-897-6000

The retreat begins with lunch on Tuesday and ends after lunch on Thursday.



Optional Bus Trip on Thursday to Amish Country, and dinner, \$90



TUSCARORA INN & CONFERENCE CENTER
 3300 RIVER ROAD, MOUNT BETHEL, PA 18343 • (570) 897-6000
www.tuscarora.org

Senator Mario Scavello to Host College & Career Fair

State Senator Mario Scavello will host a College & Career Fair on Thursday, April 27 from 5 pm to 8 pm at Nazareth Area High School (501 E. Center Street, Nazareth). Admission is free to the public.

The fair includes over 50 exhibitors for people of all ages looking for a career change or entering higher education. Special financial aid informational sessions will be offered for parents sending their child to college. The sessions will specifically address the process of navigating PHEAA, FAFSA, scholarship applications and other available aid for students.

“When a student makes the decision to go to college or an adult decides to make a career change, it can be an exciting, yet daunting process,” said Senator Scavello. “This event is a great opportunity for individuals to meet with representatives from educational institutions around the Commonwealth, the Armed Forces, and technical schools to learn more about the programs they offer. The informational sessions will also give parents greater peace of mind as they learn about the financial aid available to allow them to send their children to the institution of their choice.”

The informational sessions begin at 5:30 p.m. and 6:30 p.m. For a full list of exhibitors or to register for a special session, please visit www.senatorscavello.com/learn-more.

For more information, please contact Senator Mario Scavello’s Northampton County district office at 610-863-1200.

State Senator Mario Scavello represents the 40th Senatorial District, which includes portions of Monroe and Northampton Counties. To find out more information regarding this event or any state-related issue, please visit www.marioscavello.com or email msscavello@pasen.gov.

Blue Valley Farmers Market Opens for 2017

The opening of the Blue Valley Farmers Market at the Blue Valley Farm Show Complex (707 American Bangor Rd., Bangor) is scheduled for **Sunday, May 7th** with opening day ceremonies including a ribbon cutting ceremony at **10:00 am** by honored guest State Representative Joseph Emerick of Northampton County, as well as prominent township dignitaries.

There will be music by Kim and Liz, Dulcimer musicians, Elroy the Elk with the Bangor Elks Drug awareness booth from the Bangor Elks Lodge, Kiddie Tractor Pull, and a talented face painter. The market will be open for business every **Sunday from 10 am – 2 pm** during the months of May through October. The market will be open rain or shine, unless there is a danger of natural threat. Currently, there are 10 established farm stands within the market which vary from artisan breads and

pastries, farm fresh eggs, honey, produce, meats, ice cream, natural dog treats, handmade soaps, wine, jams, and more! Special events have been scheduled each month for community involvement and educational endeavor.

The Blue Valley Farmers Market is looking forward to offering their guests an experience of local product and quality of freshness in a farm to table market. Meet the farmers that provide you with the best product possible and share in their commitment. The Market strives to uphold the benefits of homegrown living while raising the consciousness of health and well-being.

If you would like more information please contact Timothy Schaible at 610-21-7072 or email tjschaible@epix.net. See ad page 9.



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Northampton County Begins Partnership with Wildlands Conservancy

Northampton County recently signed a three-year commitment with Wildlands Conservancy to assist the County's Open Space, Parks & Recreation and Farmland Preservation Divisions in trail and greenways development, natural resource protection and restoration, and outdoor recreation programs. Additionally, Wildlands has scheduled more than 50 free environmental education and outdoor recreation programs and conservation workshops this year at several county and municipal parks. These programs and workshops, including children and family programs, youth day camps and paddling adventures, are offered to the public free of charge. The goal of this partnership is to improve the natural resources and quality of life for everyone who lives, works and plays in Northampton County.

The County Parks & Recreation Division manages 18 parks and conservation lands encompassing more than 2,000 acres of green space. Highlighted by the 100-acre Louise W. Moore Park to the 1,200-acre cooperative conservation area surrounding Minsi Lake and the five-mile NorBath Trail, the County has a wealth of resources that can be enhanced for public recreational opportunities. "Of great importance, Wildlands Conservancy will assist in the identification of sensitive environmental areas, and provide guidance on how to best develop public access through trails and environmental education programs," stated Gordon Heller, Superintendent of Parks & Recreation.

In the past five years, Northampton County's Open Space Program has become a leader in the fields of land protection, environmental restoration and trail development. The Open Space Program has assisted funding the preservation of nearly 1,850 acres in open space protection and environmental restoration projects, and over 50 municipal park rehabilitation, development and acquisition projects. The County's land and water trail systems equal nearly 300 miles, with the imminent closure of regional trail gaps, allowing Northampton County to become a major hub for 100+ mile trail systems along the East Coast of the United States.

The Open Space Program recently enrolled Northampton County into the Scenic, Wild Delaware River Geotourism Program (www.scenicwilddelawariver.com), a nine-county regional tourism effort to highlight outdoor recreation, local towns and small businesses along the Delaware River in Pennsylvania, New York and New Jersey. The Geotourism Program is one of 25 internationally that are sponsored by National Geographic.

"The ability to utilize the resources of Wildlands Conservancy will ensure that our parks and natural resources will continue to be utilized in a sustainable manner for recreation and tourism efforts for years to come," said Bryan Cope, Open Space Coordinator and Chair of the Scenic Wild Delaware River Geotourism Stewardship Council.

The Emmaus-based Wildlands Conservancy, whose mission is to protect and restore critical natural areas and waterways within the Lehigh Valley and Lehigh River watershed, has protected more than 54,000 acres of open space, and educated more than 350,000 people since 1973. "The Lehigh and Delaware Rivers and their tributaries, the backdrop of Blue Mountain, working farmlands, numerous nature preserves and area parks are among the special natural features that help define Northampton County's unique sense of place," remarked Chris Kocher, Wildlands Conservancy's president. "Our partnership will build upon our shared successes to ensure conservation and environmental education are among the top priorities of the people who call Northampton County home."

Wildlands Conservancy is currently working with the County to develop a state grant application to address environmental restoration needs at the county-owned Archibald Johnston Conservation Area in Bethlehem Township, and developing plans to naturalize areas in select county parks for wildlife habitat, water quality improvement and public enjoyment.

To find out more about these community partnership outreach programs and other Wildlands Conservancy programs, or to register for one, log onto www.wildlandspa.org/events or call 610/965-4397, Ext. 136. For more information on Northampton County Parks, call Jim Wilson, Northampton County Parks Recreation Specialist, at 610/829-6404 or send email tojwilson@northamptoncounty.org.



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Bangor Area School District's Music Education Program Receives National Recognition

The Bangor Area School District has been honored with the Best Communities for Music Education designation from The NAMM Foundation for its outstanding commitment to music education. The District is one of 4% of districts across the nation receiving the prestigious award in 2017.

The Best Communities Music Education designation is awarded to districts that demonstrate outstanding achievement in efforts to provide music access and education to all students. To qualify for the Best Communities designation, Bangor Area School District representatives answered detailed questions about funding, graduation requirements, music class participation, instruction time, facilities, support for the music program, and community music – making programs. Responses were verified with school officials and reviewed by The Music Research Institute at the University of Kansas.

"The Bangor Area School District has a time-honored history of supporting performing arts in our schools. Our music education program is outstanding and serves as a valuable component of our curriculum," said Dr. Frank DeFelice, Superintendent of Schools. "Our district is proud of the many accomplishments of our professional staff, students, and volunteers. This award reflects their dedication and hard work, recognizing their contributions to one of the finest music programs in the country. It is also important to acknowledge the continuous support this program receives from our Board of Directors, parents, extended family, booster clubs, and the community."

This award recognizes that the Bangor Area School District is leading the way with music learning opportunities as outlined in the new federal education legislation, the Every Student Succeeds Act (ESSA). The legislation, signed into law in December 2015, and awaiting site implementation designates music and the arts as important elements of well-rounded education for all children.

About The NAMM Foundation The NAMM Foundation is a nonprofit supported in part by The National Association of Music Merchants and its approximately 10,300 members around the world. Its mission is to advance active participation in music making across the lifespan by supporting scientific research, philanthropic giving, and public service programs. For more information about THE NAMM Foundation, please visit www.nammfoundation.org



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First of all...we wish you the Joy and Peace that Easter brings. This is more important than anything..including real estate!

As a follow up to our last article the figures for March are in. Real Estate Sales in the Lehigh Valley are up 14% for the month. Available houses are down 45%. It is a Seller's market... if you are thinking of selling your property now is the time! Buyers get pre-approved and don't hesitate when you find a home that you like.

The question that arises almost every time when we speak with clients about selling their house is related to what they can do to enable their property to bring the most money and sell quickly. If you are willing to invest a little with the goal of bringing a higher price, the highest return of investment would come from what I call "curb appeal projects". Changing windows, siding, doors, (or at least fresh paint) as well as "freshening" the landscaping, would bring you the highest return. Buyers are certainly enthusiastic about the "Bells and Whistles". In the end, Buyers are more concerned with a clean looking home, structurally sound, with all of the systems functioning properly.

Another fiscally reasonable opportunity that may be an option is to finish your basement. Honestly, finishing a lower level is not expensive. It would provide a substantial amount of additional living space... everyone likes space.

Many Sellers simply sell their homes as-is and are not interested in any of the above. We can help you with these considerations.

Feel free to call us at The Great American Real Estate Company, 610 863 6205 with any questions or real estate needs.



Merchants Bank Awards Holy Family and Immaculate Conception Schools under Educational Improvement Tax Credit (EITC)

Merchants Bank awarded the Holy Family School, Nazareth with \$1000 and \$2000 to Immaculate Conception School, Pen Argyl, both within the Diocese of Allentown, for the Eastern Pennsylvania Scholarship Fund under the Education Improvement Tax Credit (EITC). An additional \$5,000 was awarded to the Blue & White Scholastic Foundation, Inc. benefiting Immaculate Conception. School administrators along with some students were present at the check presentations.

Merchants Bank has participated in the EITC program for several years. The bank submits an application to the state listing the organizations they would support for EITC. The state provides credit in random order until all available tax credits are exhausted. "This is a very valuable and additional vehicle for our bank to support the local community. It's never a guarantee that we will receive approval for the tax credit. We try to support every eligible non-profit organization in our market each year with the dollars allocated within our budget," says Rocco Del Vecchio, CEO, Merchants Bank.

"Merchants Bank has been a tremendous support for our school. We are honored to be among the awardees the bank has chosen, says Sister Maria Luz, O.P., Principal at Immaculate Conception School. The funds go to support the scholarship program enabling families their children with an enriched experience in the Catholic school family, says Christine Bruce, Principal at Holy Family School.

Established in 1890, Merchants Bank is a locally owned and operated community bank. Headquartered in Bangor, PA, Merchants has two branch offices in Bangor and additional offices throughout the Lehigh Valley, including Mount Bethel, Wind Gap, Nazareth, Forks Township, Martins Creek, Easton and Bethlehem, PA. In 2013 the Bank was recognized for its community involvement and volunteerism through two awards: Greater Lehigh Valley Chamber of Commerce's The Spirit of Forks Award as well as The Volunteer Center of the Lehigh Valley's Spirit of Volunteerism Award. MNB Investment Services is a division of the bank and offers investment and wealth management financial services. For more information, please visit www.merchantsbangor.com<<http://www.merchantsbangor.com>>.



LEFT: Holy Family School (pictured in back from left to right) - Rocco Del Vecchio, Janis Geist, Catholic School Scholarship Administrator, John Bakey, [unsure of title]Christine Bruce, Principal [EPSF - Holy Family and Merchants Bank]

RIGHT: Immaculate Conception School (pictured in back from left to right) - Rocco Del Vecchio, CEO, Merchants Bank, Sister Maria Luz, O.P., Principal, Janis Geist, Catholic School Scholarship Administrator



Northampton County Department of Community & Economic Development Announces Funding Opportunity for 2018 Hotel Tax Grant Program

The County of Northampton will competitively award grants to be funded from revenues collected from the Northampton County Hotel Tax. The Hotel Tax funds are provided for under Northampton County Resolution No. 440 of 2005, as authorized by P.L. 307 of 2000 and amended by Act 12 of 2005, by imposing a Hotel Room Rental Tax of 4% on hotel guests, to be used for tourism and community development initiatives.

Eligible Projects will promote community development and/or enhance tourism within Northampton County. Applicants must either be a federally registered non-profit entity (501(c)(3) or 501(c)(4)) or a municipal entity located within Northampton County. In addition, events and activities must occur in Northampton County.

Interested organizations must submit a 2018 Hotel Tax Funding Request using the application form available by visiting the Community and Economic Development section of the Northampton County website: www.northamptoncounty.org. Applications must be submitted electronically to DCEDwebinfo@northamptoncounty.org.

Funding Requests are currently being accepted for projects that will take place in Calendar Year 2018. All projects funded under this announcement must be completed within the 2018 Calendar Year. Grant award announcements are expected to be announced December 2017.

The application process opens Monday, April 17, 2017 at 8:30 A.M. The deadline is set for Wednesday, May 31, 2017 at 4:00 P.M. The Hotel Tax Grant is distributed at the discretion of County Council, advised by the County Executive who receives recommendations from the Hotel Tax Review Committee.

Program inquiries should be directed to: Northampton County Department of Community & Economic Development
 Tim Herrlinger, Director or Karen Collis, Community & Economic Development Specialist 610-829-6310/610-829-6314 therrlinger@northamptoncounty.org/kcollis@northamptoncounty.org

Volunteers Wanted

The Washington Township Vol. Fire Co is seeking Volunteers. If interested come to the firehouse (920 Washington Blvd., Rt. 191, Bangor) any **Monday evening at 6:30pm.**

Wind Gap Ambulance is seeking volunteers. You do not need any experience training will be provided. For more information please contact Bryan Cole, Operations Manager at 610-863-7623 or email bcole@windgapems.com.

West End Fire Company is seeking volunteers; visit the station any **Tuesday at 7pm.** For more information call 570-992-4121 or visit www.wefco43.org



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Bangor High School Class of 1986 Scholarship

A memorial scholarship was established in 1997 by the Bangor Area High School Class of 1986 to honor the memory of deceased classmates. It is named in Gary Moffett's honor because he not only served as Class Treasurer, but he also touched the lives of all who had the privilege to know him. They have since dedicated this memorial scholarship to recognize other classmates who have passed in recent years: David Pritchard, Cherry Oyer Klinger, Frank Lisovich, Melissa Fox Niceforo, and Kelly Cory.

A scholarship award of \$500.00 will continue to be presented annually to a member of the graduating senior class at Bangor High School who best exemplifies the qualities which Gary embodied -- leadership, friendship, service, character, and scholastic achievement. The recipient is chosen by Gary's wonderful and loving family, and is announced during Commencement.

Anyone who would like to donate to the scholarship in memory of a loved may email ljupright@msn.com

Anyone interested in applying should do so before **May 1st, 2017** in the guidance office at Bangor High School.

NCC Offers Free Career Assistance

Are you a single parent, someone going through a career transition, a displaced homemaker, or recently divorced? Thanks to Northampton Community College's free New Choices program, you have many options! Explore career opportunities, build your confidence, identify your strongest skills, and learn about new and exciting fields under the guidance of a dedicated program facilitator. New Choices is a free class that can help you figure out the next step in your life. Classes every **Monday and Thursday from 6:30 p.m. – 9 p.m. through April 27** at NCC's Fowler Family Southside Center at 511 E. Third St. in Bethlehem, Room 627. For more information or to register, please call New Choices at 610-332-6560.

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5 Tips to Plan Your Wedding Like a Pro

(Family Features) It may be that your budget doesn't allow a wedding planner, or maybe you've just dreamed of this day for so long that all of the hands-on planning makes you giggle with glee. Either way, there are steps you can take to make your big day go off without a hitch, so flawlessly it seems as though it was planned by a professional.



Photo courtesy of Getty Images

1. Set a budget and stick to it. It's easy to get caught up in the excitement and get carried away with your spending. A planner's less emotional approach leaves less room for letting extras chip away at your wedding fund, but planning your own wedding is a whirlwind of emotion. Your best weapon: set a realistic budget and hold yourself to it. Remember there are hundreds of ways (and at least as many websites and idea boards online) to achieve everything you envision if you're willing to get creative and be a little flexible.

2. Define your priorities. The truth is you're going to encounter some curveballs while planning your big day. A venue will get booked out from under you or a photographer's bid will come in significantly higher than you anticipated. Working with your fiancé to define what matters most can help you make adjustments to overcome whatever obstacles you encounter. If the venue is your biggest priority, maybe another date will work. If the photography is the piece of your wedding day that you'll treasure most, know that you'll need to trim in other places.

3. Make yourself accountable to deadlines. Timeline may just sound like a fancy way to say "to-do list," and in some ways that's true. But a timeline carries an important distinction: the recognition of when, not just what, must be done. Create your timeline with every major planning category (transportation, cake, etc.) and every step and corresponding deadline (research limo companies, secure bids from limo companies, book limo, confirm limo reservation, etc.)

4. Expect exceptional service. Wedding planners have experience vetting and weeding out subpar vendors, and while you may not have the luxury of practice on your side, you can still set the bar high. A friendly but professional approach will take you far, as will an organized and decisive mindset. Avoid growing too chummy, but conversely avoid bringing out bridezilla-like demands. Lay out your expectations, determine whether the vendor can adequately meet or exceed them, listen to your instincts and solicit references to verify your impressions.

5. Set your inner OCD free. Planning a wedding is the perfect time to indulge any obsessive-compulsive tendencies. Create a binder to keep track of all your wedding planning. It's a great place to store photos and magazine pages of looks you like so you can share them with vendors, but it's also the spot where you can accumulate all of your contracts, receipts, contact information and other documentation. When a guest or vendor calls with a question, you can put your hands on the information you need in mere minutes, keeping stress at a minimum all around.

Planning a wedding requires discipline and patience, but the payoff is big - among the biggest in your life, in fact. Take a business-like approach to planning the details, then plan to enjoy your day to the fullest. Find more tips for all of life's special moments at elivingtoday.com.

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Open House at Northampton Farm Bureau

A Spring Sale and Open House was recently held at Northampton Farm Bureau in Tatamy. This Saturday, April 22, at 10:00 a.m. there will be a Free Seminar "Maintaining Your Garden". Northampton Farm Bureau is now open on Sundays from 11:00 a.m. 4:00 p.m. The Farm Bureau is located on Bushkill Street Tatamy, PA. The phone number is (610) 258-2871.

Photos by Candy Martin



Pictured: L-R David Meixell, Rebecca Fehnel, Richard Bickert, General Manager, and Pat Aguiar.

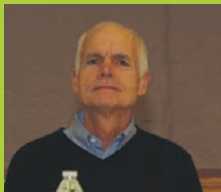


Pictured Lori Metz

Synagro Open Forum by Nick Pulsinelli

On Wednesday, April 5th, Synagro Corp held an open forum for the Slate Belt Heat Recovery Center that has been proposed at the Grand Central Landfill. The 2-hour session, moderated, by former State Representative Richard Grucella, was split into several portions including introductions of key speakers, a PowerPoint presentation, Q&A and a period for concerned citizens to directly ask any of the panel members questions. Synagro also had a panel of experts on hand including Dr. Herschel "Chip" Elliot, a professor of Agricultural and Biological Engineering at Penn State University, Mr. Ned Beecher, the Executive Director of North East Biosolids and Residuals Association, Pam Racey, John Goodwin, Vice President is the engineering and operations support manager helping oversee the project, and Frank DeSantis, the Vice President of NESTEC. Project Manager James Hecht led off the presentation going over the history of Synagro, previous project successes and a description of what the facility would be bringing into the community as well exporting.

Concerned citizens readied a strong barrage of questions about ethical behaviors, environmental concerns, costs of the facility, and economic benefits to the Slate Belt. Many passionate and concerned citizens came out to let their voices be heard during the question and answer session. For more info visit the website <http://www.synagro.com/locations/ bhrc/>



Dr. Chip Elliot, PSU



Moderator, Rich Grucella



James Hecht listening to a concerned citizen with questions

Bangor Exchange Club Entertainment Eggstravaganza

Photos by Kris Ordkinsky- Parks

The Bangor Exchange club hosted an Entertainment Eggstravaganza on Friday, April 14th at the Blue Valley Farm show complex, in Bangor. An evening of magic and illusions featuring magician David Caserta. An egg hunt was held prior to the magic show for all children who attended. The Bangor Exchange club is one of the Slatebelt's oldest enduring non-profit organizations whose mission is to help in the prevention of child abuse. Business owners and community members are encouraged to join.



Magician, David Caserta, amazes the audience with his tricks!



Carol Magda with her Granddaughter Helynn and Great Grandchildren Ayden and Presley



Jason Yetter

Easter Egg Hunts

photos by Nick Pulsinelli, Kris Ordinsky-Parks,
Dawn Abbott and Candy Martin

Easter egg hunts were held throughout the area this past weekend. Children of all ages enjoyed the annual egg hunts!





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Penn State Extension offers Course for New Vegetable Producers

Are you planning on making the leap from vegetable gardening to production for profit?

Are you a new vegetable producer who is ready to refine your farm to optimize production and profit?

The objective of this course is to introduce aspiring and new vegetable producers to diverse production strategies and provide a framework for effective farm production planning. Appropriate for farmers and market gardeners at ½ acre to 20-acre scales. Participants can expect farm visits, presentations by Penn State Extension Educators and experienced farmers, hands-on experience trying new tools/equipment for small and medium scale farms, and more.

Eight sessions will cover; Disease Management, Weed Management, Insect Management, Cover Crops, Food Safety, and Soil Health and Preparation.

Plan to attend the following **Thursdays, April 20, 27; May 4, 11; August 10, 17, 24, 31, from 5:00 pm to 8:00 pm** at Lehigh County Agricultural Center, Allentown, PA, Crooked Row Farm, New Tripoli, PA, Pennypack Farm, Horsham, PA and The Seed Farm, Emmaus, PA.

To register visit <http://extension.psu.edu/business/start-farming/events>. The events are listed in order by date. For assistance with registration call the Lehigh County Extension office at 610-391-9840 **Monday– Friday, 8:00 am – 4:00 pm**. For questions about workshop topics, contact Megan Chawner atmzc335@psu.edu or 610-391-9840.

Penn State encourages people with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, call the Lehigh County Extension office at 610-391-9840.

Know Before They Grow Weed Prevention Tips for Lawn Care Novices

(Family Features) The old saying goes that "an ounce of prevention is worth a pound of cure." If you're new to caring for a lawn, you may not know that this is especially true when it comes to your yard. If left untreated, weeds can weaken or even destroy a healthy stand of grass.



Photo courtesy of Getty Images

These simple lawn care tips, courtesy of Bayer Advanced lawn and garden expert Lance Walheim, can help you ward off weeds and enjoy healthy, green grass year-round.

Start with the basics.

Grow turf that is so thick and strong, weeds can't find an inch to take root by watering and fertilizing properly. Watering too much or too little encourages weeds. Water deeply (6-8 inches) and allow the lawn to partially dry before you water again.

Before fertilizing, read the label carefully to ensure that you have the correct timing. You may also want to conduct a soil test so you know you're applying the correct blend of nutrients for the soil quality in your region. Local cooperative extension offices are useful resources to help you get started.

Also beware of bare spots or parts of the lawn that are not thriving. These areas are an invitation for weeds, so find the cause quickly. Trouble spots can be caused by insects, disease, chemical spills, objects left too long on the grass or broken sprinklers. Once you've resolved the issue, re-seed the area with grass seed that matches the rest of your lawn.

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Sunday: 9 am - 1 pm



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Mow at the right height.

Grass needs to be the right height to combat the growth of weeds. Grass that is too short exposes weed seeds to sunlight and promotes germination. Ideal blade height varies depending on grass type, time of year and growing conditions, but the most important thing is to never remove more than one-third of the leaf surface at any one time.

In general, cool-season grass, like fescue or Kentucky bluegrass, or grasses in shade grow best when maintained at a taller height, approximately 2 1/2-4 inches. If you have warm-season grass, including zoysia and Bermudagrass, maintain it between 1-3 inches.

Get tools to help.

Specialized tools and products make it easier to remove weeds. A simple garden hoe can do wonders with young seedlings, and dandelion weeders are perfectly designed to remove deep-rooted dandelions.

You can also reduce manual labor by treating your lawn with a time-saving selective herbicide product like Bayer Advanced Season Long Weed Control for Lawns, which controls broadleaf lawn weeds like dandelions and clovers. This herbicide not only kills the weeds you can see, but prevents new weeds from growing for up to 6 months. Plus, it's rainproof in just 1 hour, which is perfect for rainy spring months. It is not for sale, use or distribution in New York. Be sure to read product labels carefully to understand what weeds will be killed or prevented.

For more information or to learn more about mowing, watering or fixing bare spots, visit bayeradvanced.com. Source: Bayer Advanced

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Stuffed Filet of Flounder w/Crabmeat Filing	\$13.25
16 oz NY Strip	\$16.50
12 oz Roast Prime Rib of Beef.....	\$15.25
Broiled Seafood Combo	\$16.95
w/5 oz Lobster Tail	\$22.25

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Earth Day Green Recipes



Parsley, Kale, and Berry Smoothie

Ingredients:

- ½ C. (packed) flat-leaf parsley (leaves and stems)
- 4 kale leaves (remove center ribs)
- 1 C. frozen berries (strawberries or raspberries)
- 1 banana (cut into pieces)
- 1 tsp ground flaxseed

Preparation:

In a blender or food processor purée above ingredients with 1 cup water in a blender until smooth (add water if too thick).

Makes 2 Servings

The Green Machine

Ingredients:

- 2 Granny Smith apples, halved, cored, finely chopped
- 1 piece-English hothouse cucumber (approx. 3") finely chopped
- 1 C. (packed) fresh spinach
- ¾ C. brewed green tea, room temperature
- ¼ C. fresh mint leaves plus 2 sprigs mint
- 2 Tbsp. honey
- Fresh lemon Juice

Preparation:

In a blender or food processor purée apples, cucumber, spinach, tea, ¼ cup mint leaves, and honey until very smooth. Strain juice through a fine-mesh sieve into a medium pitcher. Season with lemon juice to taste. Divide juice between 2 glasses. Garnish each with a mint sprig.

Makes 2 Servings

Mother's Day is Sunday, May 14th

There are many restaurants, diners and cafe's in our communities. Support local business and your community by dining locally.



Solving Pets' Oral Health Needs

(Family Features) A shiny coat and bright eyes are signs your pet is in good health, but his or her mouth may tell another story. Especially if your pet is on a regular dosage of medication, he may experience dry mouth or other oral health issues.



In fact, one of the leading causes for dry mouth and some other oral health issues can be certain medications, which can have a negative effect on the production of healthy saliva. That lack of healthy saliva, or even a reduction in its protective quality, can cause bacteria and fungi to grow in a pet's mouth. This can lead to dry mouth, which in turn can lead to issues like bad breath, excess plaque accumulation, periodontal disease and tooth loss.

Some common medications that can affect a pet's oral health include behavior medications; nonsteroidal anti-inflammatory drugs for pain, such as those used to treat osteoarthritis; antihistamines; heart disease or blood pressure medications; urinary incontinence medications and chemotherapeutics.

It can be easy to overlook problems caused by dry mouth because some dogs still drool despite the issue. Whether you suspect a problem or just want to take preventive measures, protecting and improving your pet's oral health is a multi-step approach. Following these steps can help pets enjoy better oral health while also receiving the medications they need.

Schedule regular cleanings. Having your pet's teeth cleaned by a trained veterinarian can help stop problems before they start, as a vet may be able to identify emerging issues during a cleaning before they become a more serious concern. If problems do arise, a veterinarian can help you establish a care plan to correct your pet's oral health.

Provide ample drinking water. It may seem obvious that your pet needs daily water, but for a pet with dry mouth, it's exceedingly important to provide plenty of access to fresh water. Offer bowls in multiple locations indoors and out. In addition, specially formulated water additives can help eliminate bacteria and reduce plaque buildup.

Deliver oral care every day. Brushing your pet's teeth daily is a good place to start, but it isn't always a realistic solution, and for pets on medications, brushing every day may still not be enough. Another option to help combat dry mouth is Zymox Oratene Brushless Oral Care, which can destroy germs that cause bad breath, eliminate the plaque biofilm that can lead to tartar and provide a therapeutic benefit for pets on medications. The line includes a toothpaste gel, breath freshener, and drinking water additive.

Establish a routine. Maintaining a daily schedule can help your pet get used to the different ways that you manage his or her oral health. This may include adding moisture to food or using products designed to promote good oral health, such as breath freshener sprays that wash and protect teeth or brushless products that make it easy to establish a daily routine.

Find more solutions to protect your pet's oral health at zymox.com.

Source: Zymox Oratene

Bath Borough - Paw Park Basket Social

Saturday, April 22nd 12pm-8pm and Sunday, April 23rd 10am-3pm. Held at the Bath social hall (North Walnut St, Bath). For more information contact Chairperson Beth Beers 484-547-9449 or bbeers@rcn.com, all proceeds will benefit the construction of PAW PARK.

Portland Pet Parade

Portland Community Events Committee will be hosting their 2nd Annual Pet Parade on **Saturday, April 29th at 1pm to 4pm** in the Portland Park and Walk. Parade registration from 1-1:50 pm. Parade and contest begins at 2 pm. Bring your furry pal or feathered friend to strut their stuff in our parade for a chance to win a prize in one of our contest categories! All friendly pets are welcome! All animals that CAN be leashed, MUST be leashed for the safety of the people attending and the other animals. Parade participation is free with a suggested donation of only \$5.00. All entries must complete an application and waiver. Pamper your pet with an animal treat from our tasty Barkery Sale (and



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The AWSOM Animal Shelter is located at 3129 Godfrey Ridge Drive, Stroudsburg, PA 18360. Adoptions hours are 11AM to 4PM, 7 days a week. Volunteer opportunities are always available. Stop in or call 570-421-DOGS for more information. The AWSOM Animal Wellness Center is open Monday thru Friday for all your basic veterinary needs. Check out our low-cost veterinary services, including spay and neutering, vaccinations, dental care and more. Call 570-424-1060 for more information or to make an appointment. Visit our website at AwsomAnimals.org Facebook: A.W.S.O.M.

a bake sale for their owners too!) The fun also includes a visit from The Barnyard Sanctuary with info on their sanctuary and a chance to meet a variety of the animals they have rescued! <http://barnyardsanctuary.org/> Want to make a donation to this wonderful rescue? Check here for what they need! <http://barnyardsanctuary.org/fundraising/>. Pose for pictures with your pet! Refiner's Fire Ministry will be there to let you and your pet strike a pose to mark the occasion! Pet licensing information will be available! ALL children under 18 MUST be accompanied by an adult.

April is National Prevention of Animal Cruelty Month



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Easton Area Lifestyle Campus

3201 Sullivan Trail, Easton, 610-829-3201. Hours 8:00-4:00 Monday thru Friday. **For meal reservation please call by 10:00 am, one day prior before the meal.**

Mondays: Happy Hookers & Knit Wits 10:00
Fit w/Darla 10:00
Bingo 12:30

Tuesdays: AARP Tax Preparations 9:00-12:00
Moravian College Nursing Students 9:00-12:00
Crafts Etc. 1:00

Wednesdays: Bible Study 10:00
LCR 10:00
Sit-n-sew 1:00

Thursday: Art & Stuff w/Sandy 10:00
Wii Bowling or Zingers & Ringers 12:30

Friday: League Shuffleboard 10:00
Bingo 12:30

APRIL SPECIAL ACTIVITIES:

Laughter Yoga 10:00 Every Tuesday in April

Swim Practice 1:00 Every Tuesday in April

4/20 Art w/Pam Watercolors

4/21 Hawaiian Luau & Pig Roast - \$12 Members, \$20. Non-members Includes: A Pig, Pasta Salad, Potato Salad, Baked Beans, Desserts, Entertainment provided by the great "Chas Band" Call ahead for tickets please!

4/26 Pretzel Day

4/27 Wellness Bingo (Guisinger Gold)

4/28 Dr Doug (Foot Dr)

Warning: Playing Bingo may make you Ugly!

AARP Driver Safety Program

Formerly, "55-Alive", the new SMART DRIVER 4 and 8 hour classroom refresher / defensive driving course is designed for qualified drivers 50 and older. There are no tests and membership in the AARP is not necessary. All automobile insurance companies doing business in Pennsylvania are required by state law to give a minimum discount of 5% to all qualified policy holders age 55 and over who take the course. Be sure to first check with your insurance agent or company to make sure you qualify to receive a discount.

All classes are taught by trained, unpaid volunteer instructors. The 8 hour class is given in a two day period in two four-hour sessions, and is required for first timers. The one day 4-hour class is only open to those who provide evidence of taking a class during the last 36 months. A \$20 fee (\$15 for AARP members) is charged for either class. Class size is limited, so advance reservations are advised to assure placement in class. Those completing the course will be issued a certificate which is valid for three years. Call the phone number below for reservations and directions to the class of your choice. Please bring your driver's license and a pen to class. AARP members need their AARP membership number at class time, to be charged the \$15 fee. Checks are accepted.

April 22nd at 1pm: 4-hour refresher course at East Stroudsburg: Spring Village at the Poconos phone 570-426-4000

May 2nd at 1pm: 4-hour refresher course at Mountainhome: Friendly Community Center phone 570-481-4330

May 9th & May 10th at 1pm: 8-hour course at Mountainhome: Friendly Community Center phone 570-481-4330

May 13th at 1pm: 8-hour course at Brodheadsville: Chestnuthill Park Building phone 570-619-4006

May 15th & May 16th at 1:30pm: 8-hour course at East Stroudsburg: Loder Senior Center phone 570-420-3745

June 13th at 1:15pm: 4-hour refresher course at East Stroudsburg: Loder Senior Center phone 570-420-3745

June 24th at 1pm: 4-hour refresher course at East Stroudsburg: Spring Village at the Poconos phone 570-426-4000

Monroe County Senior Center

LODER SENIOR CENTER, 62 Analomink Street in East Stroudsburg. Phone 570-420-3745. Hours 8 am – 1:30 pm Monday through Friday. For meal reservation please call 570-420-3745 by 12 noon, 1 day prior before the meal. Lunch served at 11:30 am. Socialization – Card Games – BINGO – Health & Wellness Program – Wii Bowling – Nutritious Lunch

Weekly Events - April:

"Arthritis" exercise – Thursdays 10 am and Mondays 10:30 am

BINGO – Tuesdays, Wednesdays and Thursdays 12:30 pm

Blood Pressure Screening – Thursday, April 27th 10 am – 11 am

Senior Center Listings

Slate Belt Senior Center

707 American Bangor Road, Bangor, PA
(Blue Valley Farm Show Building)
610-588-1224 • Hours: 8:00 AM - 4:00 PM

Easton Area Lifestyle Campus

3201 Sullivan Trail, Easton, PA
610-829-3201 • Hours: 8:00 AM - 4:00 PM

Nazareth: The Border House

15 South Wood Street, Nazareth, PA.
610-759-8255 • Hours: 8:30 AM - 1:30 PM

Slate Belt Senior Center

Blue Valley Farm Show Complex, 707 American Bangor Road, Bangor Ph 610-588-1224. Hours: 8:00am-4:00pm. For Meal Reservations please call by **10:00am, 1 day prior before the meal. Lunch is served at 11:30am. We are looking for volunteers to help plan/set up for parties & special events.**

Pool Tables are available every morning & most afternoons
Library, TV, and Computers available Friday afternoons
Quoits, Tuesday 4/25 at 12:15pm and can be played anytime nothing is scheduled for floor space

Morning Stretch, Monday's, Thursdays and Fridays, 9:30am

Walking Club, 9:30am 4/24, 4/26, 9/28

Bingo/Raffle, 4/24, 4/26

Crafts & Chat, Tuesdays, 9:00am

Zumba Gold, Tuesdays, 10:00am

Exercise Class, Wednesdays 10:00am

Brush Away with Senior Artists, Wednesdays, 8:00-11:00am

Afternoon with the Arts, Thursdays, 12:15pm

Tax Preparation by AARP, Fridays, 8:00 A.M.-2:00pm.

(MUST call 484-541-0198 for appointment)

APRIL EVENTS

All Day Bingo and Bake Sale, Friday, April 21

Music with Bill Reese, Friday, April 28, 12:30-2:30pm

Nazareth Senior Center

15 South Wood Street, Nazareth, PA, 18064. Director: Stacy Walsh Call 610-759-8255 by **11 am day prior for meal reservations. We are looking for volunteers to help plan/set up for parties & special events.**

Fun & Games - Mondays, 10:00am

Penny Card Bingo - Everyday 8:30am

Bonus Bingo - Tuesdays and Fridays, 10:00am

Penny Bingo - Wednesday, 10:00am

Moravian College Student Nurses, Thursdays, 9:00pm

APRIL EVENTS:

In-Service with Nurse Lisa - Wednesday, April 20 12:00 noon

Salvation Army Pen Argyl - Community Lunch Program

Tuesday, Wednesday and Thursday from 12:00pm-1:00pm

Community Lunch Program, Thursdays after lunch senior program.

Food pantry first 4 Tuesdays of the month from 10am-12pm.

Slate Belt Seniors participate in Easter Festivities

On Thursday, April 13th eighty-five seniors plus helpers from Moravian School of Nursing participated in Easter festivities at the Slate Belt Senior Center. Some seniors signed in with beautifully decorated Easter bonnets and others were assisted by the helpers in making them. They competed in an Easter Parade contest and the winners were(left to right Helen Walters, Joan Dennis, Bill Kessler, Joan Florey. A candy contest, quoits, a special Easter meal and bingo rounded out the fun-filled day!





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BINGO

April 20 & 27

Polk Township Volunteer Fire Company

Main Fire House Hall, 115 Interchange Rd, Kresgeville

Doors open at **5:00 PM** • Bingo starts at **6:45 PM**

April 21 & 28

Wind Gap Fire Company

Doors open at **5:00 PM** • Bingo starts **6:45 PM**

April 22 & 29

Immaculate Conception

Doors open at **11:00 AM** • Bingo starts at **1:00 PM**

Bangor VFW

Doors open at **3:30 PM** • Bingo starts at **6:00 PM**

April 25 & May 2

Portland Hook & Ladder Co. #1

State Street, Portland **7:00 PM**

Klecknersville Rangers Vol. Fire Co.

2718 Mountain View Drive, Moore Township

Doors open at **5:00 PM** • Bingo starts at **7:00 PM**

April 26 & May 3

Bushkill Vol Fire Company

Doors open at **5:00 PM** • Bingo starts at **7:00 PM**

Our Invincible Home
by Robert L. Martin

**Mother Earth of durability and grace
With your home set in its quiet space
And your boundaries ne'er to be changed
Nor your environs to become estranged**

**Your stubborn ways have stayed the same
With your swirling about the sun sustained
And your seasons have come and gone away
As the sun warmed the vineyards then went astray**

**Invincibility is the name that you deserve
Solid throughout and around every curve
From all the wars and your pounding endured
You bounce back with your wounds fully cured
"Thank you for staying the way you are,
Mother Earth."**



**Earth Day
Every Day**

Find all of the Earth Day related words from the list below. The words can be up, down, forward, backward, or diagonal.

W O G A P R I L R I A E T C
R A G W E L P O E P N C N T
R E T T I L A O U L O O A T
C G E E T L C N S N I M E D
F L N R R P D Y E T T P C L
E O E T A M I L C T A O O A
Z B R A E D T N I E V S M A
T A G E N W I P L F R T I R
O L Y A S T E C U D E R O R
O E L A X T R A S H S L G S
Z T N E M N O R I V N E O E
O S I P O L L U T I O N M E
N A T U R E S O U R C E S R
E W E L T R E R T E R L N T

- AIR
- APRIL
- CLEAN
- CLIMATE
- COMPOST
- CONSERVATION
- ENERGY
- ENVIRONMENT
- EXTINCTION
- FOREST
- GLOBAL
- LAND
- LITTER
- NATURE
- OCEAN
- OZONE
- PEOPLE
- PLANET
- POLLUTION
- RECYCLE
- REDUCE
- RESOURCES
- REUSE
- SMOG
- TRASH
- TREES
- WASTE
- WATER
- WILDLIFE

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Blue Mountain Community Library News

The Blue Mountain Community Library will hold at "Lunch With An Author" event on **Tuesday, May 2** at Grace United Methodist Church, 404 E. Mountain Ave., Pen Argyl, PA. The church is handicapped accessible

with ample parking. (Enter from the lower parking lot). Local author, Kate Moretti, will discuss her latest novel, "The Vanishing Year," a chilling, powerful tale of nerve-shattering suspense, which tells the story of Zoe Whittaker, a member of Manhattan's social elite, whose dark past and secrets come back to haunt her. Moretti, who lives in Pennsylvania with her husband and two children, has worked in the pharmaceutical industry for ten years as a scientist. She will have a question and answer session about her book and a book signing. Copies will be available to purchase.

Luncheon will be at 12:00 pm (Doors open at 11:30 am) and will consist of soup, sandwich, chips, desserts and beverages. located at 216 S. Robinson Ave., Pen Argyl, PA through April 29, 2017. Hours are M-Sa, 10:00 am to Noon, and M-Th, 6:00-8:00 pm. Call Lisa at 610-863-3029 for information or visit www.bmcl.org. Find us on Facebook at www.facebook.com/bmclpenargyl.

**Friends of the Bangor Public Library
"Meet the Author"**



The Friends of the Bangor Public Library will hold a "Meet the Author" event on **Saturday, April 29, at 10:00 AM** at the Prince of Peace Lutheran Church, Johnsonsville, PA. Featured Author will be Karen Shoemaker Katchur who will present her latest book: The Sisters of Blue Mountain. Main character in the book, Linnet, is owner of a Bed and Breakfast in Mountain Springs, Pennsylvania and her life has been a

bit complicated lately. Hundreds of snow geese die overnight in the dam near the B&B, sparking a media frenzy, threatening the tourist season and bringing her estranged younger sister to town. A mystery evolves as a result of this occurrence and the sisters confront each other in a hidden past.

There will be a discussion and book signing with Ms. Katchur. Karen graduated from Bangor High School, holds a Bachelor of Science degree in Criminal Justice from West Chester University and a Master of Education degree from East Stroudsburg University. She is an active member of International Thriller Writers and Mystery Writers of America. She lives in Eastern Pennsylvania with her husband and two children. Tickets are available at the Library or on the day of the event. For more information contact Karen Brewer at 610-588-8615 or the library at 610-588-4136.



Do you write short stories or poetry, take photos or draw? Would you like to share your talent with our readers. Send your stories, poems photos, and drawings to The Belt and Beyond to be printed in a upcoming issue.

Send submissions to: The Belt and Beyond P.O. Box 33 Bangor, PA18013 or email : thebeltandbeyond@gmail.com Subject:Creative Corner




Bangor Jr. High Softball

The Bangor Jr. High Softball team won it's Opening Season Game. Harvat got things rolling for the Slaters in the second with a double to deep center and put the first run on the board on a hit from Carson. Southern Lehigh took an early lead in the third only to have the Slaters start hitting and not look back. Rambo hit a double and scored on a hit from Ott. Meyers hit a double and scored on a big hit from Crawford, after which Smith hit an inside park home run adding two more to the board. Bangor exploded in the bottom of the sixth on Southern Lehigh taking it to a 14-6 finish.

submitted by Renate Harvat



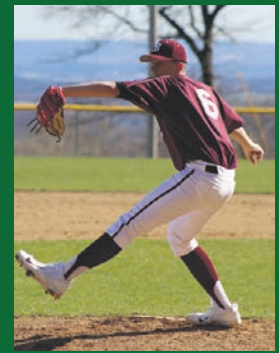
The Pen Argyl Green Knights

The Pen Argyl Green Knights played host to rival the Bangor Slaters on Wednesday, April 5th. The Green Knights took the win with a final score 6-5.

Photos by Sabrina Schantzen



Bangor Players



Bangor's #6 Landon Labar

Pen Argyl Boys Tennis Seniors

Photos by Larry Cory sbtopics



pictured L-R B Bryce Bartolacci, Russell Hoover, Coach Carol Hausburg, Mason Hudnall and Sam Martini



Sam Martini



Bryce Bartolacci



Russell Hoover



Mason Hudnall



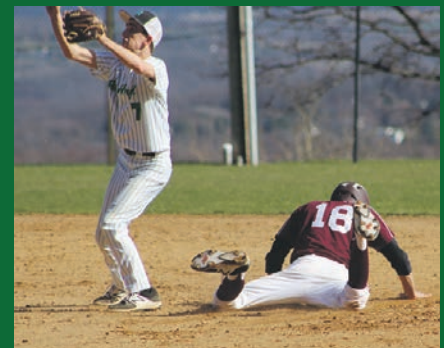
Pen Argyl Players



Pen Argyl #3 Ben Messinger



Pen Argyl #16 Peter Tocket runs to the base



#7 Thomas Rissmiller is set to catch the ball as Bangor's #18 Seth Benton slides into the base.

Slater Baseball Association

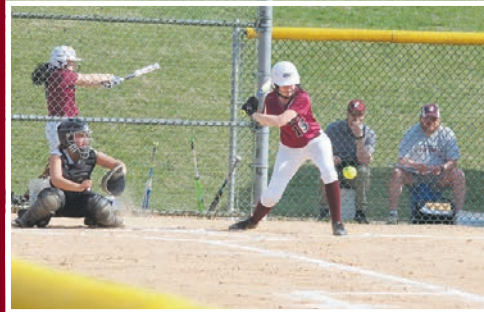
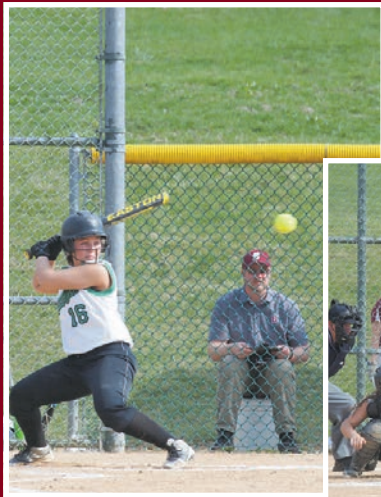
Slater Baseball Association will be holding their opening ceremonies on Saturday, April 22, 9:00am at Bangor Park. Rain Date Saturday, April 29th at 9:00am



Pen Argyl vs Bangor Softball
photos by Nick Pulsinelli

Pen Argyl girls softball hosted the Bangor Slaters on April 11th. Bangor took the win.

Bangor 13 -Pen Argyl 2



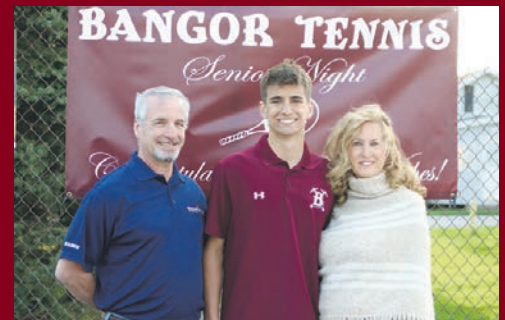
Bangor Boys Varsity Tennis

photos by Sabrina Schantzen

The Bangor Boys Varsity Tennis team hosted the Pen Argyl Green Knights on Monday, April 17th, at Bangor Senior High School. This was also senior night for Bangor Boys Varsity Tennis.



Bangor senior Shane O'Leary with parents Peter and Colleen O'Leary



Bangor senior Connor Wilchek with parents Paul and Jackie Lagana

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 Blue Valley Farm Show
 Blue Valley Vision
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PEN ARGYL
 Anderson's Formalwear
 Blue Mountain Community Library
 Bono Pizza
 Cascario's
 Cuono's Barber Shop
 Dr. Gary Williams DMD
 Donna's Salon
 Emmy Lou's Ice Cream
 Giordano's Italian Restaurant
 Jennifer's Salon & Day Spa &
 Consignment
 Kim Cesare Auto Sales
 Leck Veterinary Hospital
 Lisa's Salon 25
 The Lunch Room
 Miss Rose's Pre-School
 Morning Star Manor
 Mr Pastie
 The Old Mill Restaurant
 On the Spot Dry Cleaners
 Pen Argyl Pizza
 Pen Argyl Post Office
 Pool Store
 Reagle Dodge
 Reimer Bros.
 Reto's Barber Shop
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 Slate Belt Floor & Wall
 The Slate Pub
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 Easton Hospital

Easton Public Library
 Jimmy's Hot Dogs (25th St.)
 Josie's NY Style Deli
 Joe's Delicatessen
 Merchants Bank
 Pearly Baker's Ale House
 Sears Appliance & Hardware (Rte.
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Seeking a vibrant, fun person who works well with seniors. Must be able to drive the Grace Park bus, be talented in arts & crafts, and have high energy.

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All positions include every other weekend/holiday

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Apply in person: 1170 West Main Street, Stroudsburg, PA EOE

FREE YARD SALE FORM


Date of Sale _____ Time of Sale _____

Address of Sale _____

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____

 All Contact Information Must Be Included. Deadline for yard sales Fridays at 4:00 p.m. prior to week of publication. Maximum 25 words. Mail completed form to: P.O. Box 33 Bangor, PA 18013 or email: yardsales.thebeltandbeyond@gmail.com or fax 814-283-4819. No yard sale ads will be accepted over the phone.

CELEBRATE EARTH DAY EVERY DAY
By Jackie Talero-Rueda, The Crunchy Mom



On April 22, 1970, 20 million Americans took to the streets, parks, and auditoriums to demonstrate for a healthy, sustainable environment in massive coast-to-coast rallies. Since then Earth Day has been celebrated ever April 22. All around the world events are held to support environmental protection. It is a day to salute Mother Earth. Besides planting trees there are many more things we can do to lessen our environmental footprint, not just on earth day but every day.

Here are a few.

Reduce the use of plastic:

We are obsessed with plastic. It's convenient, cheap and disposable. Although we can recycle it the majority ends up in landfills. Luckily there are great alternatives. Instead of using zip-lock bags for storing food items in the freezer or fridge, use reusable produce bags or glassware. A quick search of "reusable sandwich and snack bags" will get you a ton of cute and earth friendly products. If using zip-lock type bags try rinsing them out and reusing those. I've gotten a good, 3-4 uses out of them in the past. Plastic wrap is also used way too frequently. I've found silicone suction lids a great alternative to using plastic wrap for storing items in the refrigerator. There is also reusable wax wrap made out of beeswax and cloth. It can be used to wrap and store just almost anything. You can make your own or buy it online. Other ways to reduce plastic use is by using reusable shopping bags or totes which are now available at pretty much every retail store. Switch from plastic straws to stainless steel or silicone.

Reduce the use of paper products:

Like plastic, paper is being used frequently and most often unnecessarily. Paper towels, paper plates, and paper cups especially for coffee, are used constantly and hardly recycled. I've reduced the use of paper towels by keeping an antibacterial towel near the sink to dry hands. I also clean with reusable antibacterial microfiber towels. When going for coffee try to bring your own mug or thermos. Use your regular dishwasher when eating at home and wash it in the dishwasher (when full) to save water.

Go Non-toxic:

Our homes are filled with harmful toxic products. Making the switch to non-toxic and natural products not only saves our bodies but our environment. All these products are going down the drain or into the air and back into our earth and atmosphere. Use biodegradable soaps, detergents, and cleaners. Stop spraying air fresheners and aerosol hair products. Stop using harmful chemicals to kill weeds and insects and switch to natural ones that work just as well.

I could go on and on with ways to help our earth. Most of it is common sense and most of us know how to. We just need to make the effort and contribute with what we can to love and protect this beautiful world we live on.

Enjoy! Jackie

* These statements have not been evaluated by the Food and Drug Administration. This product or food is not intended to diagnose, treat, cure or prevent any disease. If you are pregnant, nursing, taking medication, or have a medical condition, consult your physician before using this product or food.

f Questions? Email Jackie at jcrunchymom@gmail.com
Now on Facebook www.facebook.com/jcrunchymom



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1 bedroom remodeled apartment in Bangor, off road parking, w/s/g included, no pets. \$600 plus one month security.
Call 610-905-1701.

HELP WANTED

WAIT STAFF -Full time and part time shifts early afternoon - evening, weekends. Apply in person Blue Valley Diner, 370 Blue Valley Drive, Bangor, PA

PET GROOMER NEEDED -

Full/part-time. Flexible hours. Pay based on experience. Apply at Homestead Kennels Nazareth, PA 18064

OUR "Q CREW" IS LOOKING FOR NEW MEMBERS!!

- We are currently seeking motivated individuals to join our Little Creek family. Do you possess a positive attitude, strong work ethic and enjoy people? If you answered YES to all of the above, we want YOU to join our Q Crew!! Part Time hours available - 15-25/week. Weekend availability and reliable transportation required. No experience necessary...we LOVE to train! Applications are available at: Little Creek Bar-B-Cue Co., 1004 Washington Blvd., Bangor, Pa. 18013
Thurs - Sat 11am-7pm; Sunday 12-6pm.
NO PHONE CALLS PLEASE.



- CDL Class A with hazmat endorsement and a clean driving record.
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Applications must be completed in person at:
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(800) 598-3844 • www.DumpsterPrice.com

NOW HIRING - Waiters, waitresses, drivers. Apply in person Giordano's Italian Restaurant and Pizza House 13 W Pennsylvania Ave., Pen Argyl, PA.

HELP WANTED - Weekday and weekend cook and servers. Apply in person Emmy Lou's Ice Cream, 492 E. Main Street Pen Argyl, PA.

YARD SALE

YARD SALE - 480 Kromer Road, Wind Gap. **Friday, April 21st and Saturday, April 22nd 8 am - 2 pm.** HH items, clothing and baby items including portable crib. Much more! Something for everyone, cheap!

CLASSIFIED ADS

REAL ESTATE-PROPERTY RENTALS & SALES,
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Classified line ad rates up to 20 words
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1 Column X 1.75" \$20 per insertion or \$30 for 2 issue

Mailed or emailed classified ads will only be accepted. No Classified ads will be accepted by phone. Deadline 12:00pm on Friday, prior to publication week. By mail send this form along with your check made payable to: The Belt and Beyond, P.O. Box 33, Bangor, PA 18013 ATTN: Classifieds. By Email send Classified ad with Classified ad in the subject to thebeltandbeyond@gmail.com.

All Classified ads must be pre-paid. No Exceptions. No Refunds or Credits.

YARD SALES are FREE in the Belt and Beyond
Deadlines 4:00 pm Friday
prior to publication
25 words maximum
See Yard Sale Form page 28



Ackermanville United Methodist

1410 Ackermanville Road, Bangor, PA.,
(just off Rt. 191 in Ackermanville),
9 AM Sunday School, 10 AM Worship
Rev Alice Ann Bonham, (610) 588-7818
www.ackermanvilleumc.org

Arndt's Lutheran Church

1851 Arndt Road, Easton, PA 18040, 610-253-3732
Worship: Sat. 6:00 PM, Sun. at 8:15 AM Communion;
9:00 AM Children's Sunday School; 9:30 AM. Confirmation;
10:30 AM Worship. Holy Communion is celebrated on the 1st
& 3rd Sundays of the month.
Tue. - 10:00 AM Open Arms; 7:00 PM Boy Scouts & Bible Study.
Wed. - 10:00 AM Open Arms
Email: arndts.lutheranchurch@rcn.
Website: www.arndtslugheran.org

Bangor Church of the Nazarene

150 Bunny Trail, Bangor
9:30 AM Sunday School, 10:40 AM Worship
Powerhouse Praise Practice 5 PM
Teen Straight Talk & Small Groups 6 PM
Kenneth L. Bean, Pastor, (610) 588-6929

Belfast Bible

483 Belfast Road, Belfast
9:30 AM Sunday School (All Ages)
10:45 AM Worship, Evening Service 7 PM
Pastor Michael Yaworski

Belfast Wesley United Methodist

607 School Street, Belfast
9:00 AM Children & Adult Sunday School, 10 AM Worship,
followed by coffee fellowship.
Pastor Paul Milligan, (610) 746-3652

Benders Mennonite Church

975 Benders Church Road, Pen Argyl
10:10 AM Worship, Food Bank 3rd Saturday
of the month 9 AM - 11 AM (610) 863-9114

Bethel Bible Church of Mt. Zion

7742 N. Delaware Dr. (Rt 611) Martins Creek
9 AM Sunday School, 10 AM Worship
Pastor Rick Tunis, (610) 250- 9809
www.bethelbiblechurchofmtzion.org

Christ Hamilton United Lutheran Church

419 Bossardsville Road, Stroudsburg, PA 18360
570-992-4085
www.chrighthamilton.org email: chulc@ptd.net
Worship Services @ 8:15am & 11:00 am
Sunday school for 3 year olds thru adults @ 9:30am

Christ Evangelical Lutheran Church

703 S. Delaware Dr (Rt 611) Stone Church/Mt. Bethel
610-588-7056 e: celcpaorg@yahoo.com
Sunday School 9am (Sept-May)
Worship 10am; communion 1st & 3rd Sunday
www.celcpa.org

Community Baptist

Weona Park Center, Pen Argyl
7 PM Bible Study, Separate class for age 10 & under

Clearfield Bible Holiness Church

1502 Bushkill Center Road, Wind Gap
10:30 AM Sunday School, 11:15 AM & 2 PM Worship
7 PM Thursday Prayer Meeting
Pastor Mike Beck, (570) 369-6563

Community Church

Mount Pocono Location -1050 Memorial Blvd., Tobyhanna, PA
18466 - SUNDAYS 9:30 am | 11:00 am | 12:30 pm
The Burgs Location - 2000 Milford Road, Stroudsburg, PA 18301
SUNDAYS 11:00 am

Community Presbyterian

1755 S. Delaware Drive, Mount Bethel
9:15 AM Sunday School, 10:30 AM Worship
Coffee hour on last Sunday of every month
following service cpcmbp@peoplepc.com
2nd Wednesday - Community Eucharistic worship
service beginning on Feb. 8th at 2:00PM
(570) 897-6766, www.yourcpcchurch.com

Cross Road Baptist Church

201 S Second Street, Bangor
9:30 a.m. Sunday School, 10:45 a.m. Worship
Wednesday 7 pm Prayer/Bible Study
2nd Sunday of Month Free Meal
4-5:30 pm Breaking Bread Soup Kitchen
Rev. Jay VanHorn, Pastor, 610-588-3966
www.crossroadbaptistbangor.com

East Bangor United Methodist Community Church

136 West Central Avenue, East Bangor, PA
Sundays - Sundays - 8:30 a.m. Choir Rehearsal
9:15 a.m. Worship Service w/Church School
10:30 a.m. Adult Sunday School
After-Church Fellowship (Last Sunday)
4:00-6:00 p.m. Free Dinner (1st Sunday)

2nd Wednesday - 7:00 p.m. U.M.W. "Esther Circle

Thursdays - 6:30 p.m. Bazaar Workshop;
7:00 p.m. Choir Rehearsal

Saturdays - 8:00 p.m. AA Meeting
Pastor David Goss (610) 588-4453
Dial-A-Message (610) 588-3896
Website: http://www.ebumc.org/

Faith Alive Community Church

10 Mechanic Street, Wind Gap
10 AM Worship, 10:45 AM Children's Church
and Next Level (Grades 7-12)
Pastor Matthew Whistler, (610) 863-6911
www.faccpa.org

Faith United Presbyterian

218 W. Penna. Avenue, Pen Argyl
Tues: Faith Quilters-1PM
Wed: Adult Bible Study-10AM
Sun: Choir 9AM, Worship/Church School 10 AM
Sat: April 29- Hospitality Lunch 11:30-1:00
Sun: May 7- Communion/Food Bank
Sun: May 21- Communion, Session 11AM
Sat: May 27- Hospitality Lunch 11:30-1:00
Rev. Ruth Ann Christopher (610) 863-4447

Family Life Community Church

1115 Richmond Road, Bangor
Wednesday: Kidz Night Out at The Hub 6:30-
8:30 PM (Kids ages 6 thru 6th grade), Thursday: Teen
Night Out at The Hub 6:30-8:30 PM (Grades 7th thru
9th) 10 AM Worship Service
Pastor Mike Poppa, (610) 588-3736,
www.flccbangor.com

First United Evangelical

25 South 2nd Street, Bangor
Sun.: Sunday School at 9:30 AM,
Worship at 10:30 AM
Wed. Eve.: Prayer Meeting and Bible Study, 7 PM
Pastor Ronald Shipman, (610)-588-3226

First United Methodist Church

55 North Third Street, Bangor
8:30 AM Contemporary Service, 8:50 AM Junior Church,
9:50 AM Sunday School for all ages, 11 AM Traditional
Service, 11:15 AM Junior Church
Rev. Navin Satyavrata, (610) 588-4673
www.firstumcbangor.com

Faith Family Fellowship

1002 Bushkill Center Road, Nazareth
Sundays: 10 AM Worship Service with fellowship time
to follow
Pastor Robert Hampton, 484-408-9624

Flicksville United Church of Christ

1337 Lower South Main Street, Bangor, PA 18013
610-588-4648 www.flicksvilleucc.org
Sunday School 9:30a.m.
Sunday Worship 10:45a.m.
Service will include local musical talent

First United Methodist

19 West & Water Street, Wind Gap
8:45 AM Sunday School
10 AM Worship/Communion
11 AM Fellowship on 1st Sunday of each month
Pastor Bruny Martinez (717) 940-3090

Good Shepherd Evangelical Lutheran Church

2904 Church Road, Martins Creek
9 AM Worship, Adult Bible, Study following worship
Pastor Louise Williams

Grace Lutheran Church

5907 Sullivan Trail, Nazareth
9 AM Service, 10:15 AM Sunday School,
10:30 AM Adult Forum
(610) 759-9080, www.gracebelfast.org

Grace United Methodist Church

404 Mountain Avenue, Pen Argyl
8:30 AM Contemporary Worship
10 AM Blended Service, Sunday School
**Sunday, April 16 - Community Easter Sunrise
Service** 6:30am, in our Back Parking Lot. Come as you
are to worship the Risen King
Rev. John T. Pfeil, (610) 863-4811

Holy Trinity Orthodox Church

1501 Trinity Court, Stroudsburg
9:30 AM Divine Liturgy Sundays
6:30 PM Vespers Saturday
(570) 421-4455, www.holytrinitypoconos.org

Hopesprings Community of Faith

301 Market Street, Bangor
Meeting time 10:00 AM
855-info-hope., www.hopespringscommunity.org

Hope Lutheran Church

240 S. 8th Street, Tatamy, PA
Pastor Herbert Dolich
9:00am Sunday School classes and Bible Study (Sept.-May)
10:30am Worship services(Sept.-June)

Hope UCC

22nd & Cherry Street, Wind Gap
Worship 10:30 AM, Sunday school 9:15 AM and
communion first Sunday of the month.
Pastor Rev. Dean D. Frey, (610) 863-4474

Living Waters Christian Church

396 Sterling Road Unit D, Tobyhanna
Thursday: 6-7 PM Christian Education, Sunday: 9:15
AM Christian Education, 10:30 AM Worship
Rev. Dr. Jacqueline R. Walters
(570) 350-4710 or (570) 629-5581
livingwaterscc@aol.com



Arsha Vidya Pitham (Institute for Study of Vedanta, Yoga and Meditation)

651, Route 115, Saylorsburg www.arshavidya.org

Mount Bethel Church

1270 Belvidere Corner Road, Mt. Bethel
Pastor Chris Priestaf, (570) 897-7142
Little Friends Preschool (570) 897-7797
email office@mountbethelchurch.org
www.mountbethelchurch.org

Sunday Service Schedule

8:30 & 11am Worship Services
9:45 Confirmation and Sunday School

Mount Eaton Church

7277 Mt. Eaton Road, Saylorsburg
Services: 6:30 PM Saturday, 8 AM Sunday Traditional,
10:30 AM Sunday Contemporary,
6 PM Sunday Youth Group, Wednesdays: 7 PM Family
Night, 8:30 PM Young Adults' Group
Pastor Doug Hayes, (570) 992-7050
mouteatonchurch.org

Nazareth Moravian Church

4 South Main Street, Nazareth
Sundays - 8:15 Worship; 9:30 Sunday School 10:45
Worship Wednesdays-6:00pm Weight Watchers:
7:00pm Bible Study

Thursdays 6:30pm Bell Choir; 7:15pm Senior Choir
(610) 759-3163, nazarethmoravian.org

Northampton God's Missionary Church

4965 Nor Bath Blvd, Northampton, PA
Sundays: 10:00 AM, and 7:00 PM
Wednesdays at 7:00 PM. (call for location)
Rev. Rodney Keister, (610) 262-4412
www.gmc-n.com

Our Lady of Good Counsel

436 South 2nd Street, Bangor
4 PM Saturday, 8:30 AM Sunday
Pastor Stephen L. Maco, (610) 588-5445

Portland Baptist Church

601 Delaware Avenue, Portland
9 AM Sunday School, 10 AM Fellowship, 10:20 AM
Worship, 6-7:30 PM AWANA Youth Group/Prayer
Meeting/Bible Study, Handicap accessible
(570) 897-6866, www.portlandbaptistchurch.com

Prince of Peace Lutheran Church

2445 Lake Minsi Drive, Bangor
Every 1st & 3rd Saturdays of the month at 5:30 PM
Worship & Holy Communion
Sundays: 9:45 AM Worship & Communion
Rev. Michael J. Scholtes, (610) 588-2355
www.popbangor.org

Presbyterian Parish of Bangor-Roseto

Sunday 10:45 AM Worship Service
Rev. Albert Martin, (610) 588-4864
www.presbyparishbangorroseto.webs.com

Presbyterian Church of the Mountain

Church Lane, Delaware Water Gap (570) 476-0345
Sunday Worship Service: 10 AM in the Sanctuary
Holy Communion: 1st Sunday of each month
Praise Team: 2nd Sunday of each month
Sunday School: during worship in the Fellowship House
for ages 0-12 (childcare and class)
Choir Rehearsal: Thursday at 7:30 PM in the Fellowship
House Choir Room, Deacons Meeting: Last Sunday of
each month at 11 AM, Session: 2nd Thursday of each
month at 7 PM, Bible Study: each Monday at 7 PM

Richmond United Methodist Church

8538 Delaware Drive (Route 611), Bangor
One Sunday Service at 10:00 AM
Adult Sunday School at 9:00 AM
Children's Sunday School at 10:00 AM
Sunday, April 2 at 1:00pm Easter Egg Hun for
children 0-3, 4-6 and 7-10. All are welcomed!
Easter Sunday Services 7:00 am and 10:00am
Pastor Ed Van Arsdale
(610) 588-7317 www.richmondumc.com

Refiner's Fire Ministry

100 Division Street, Portland
Sundays: Prayer 9:15 am Worship 10:00 am
Wednesday Night Bible Study 7:00 pm
Friday Night Redemption (Christ-centered, 12 step
meeting) 8:00pm
Pastors Phil and Jessica Karasiewicz
570-583-3101
refinersfireministry2006@gmail.com

Slate Belt - Nazareth Baptist Church

1620 Church Road, Pen Argyl
Every Tuesday: Mixed Martial Arts/Self Defense
7-8:15 PM, Aerobics 7-8 PM
Sunday: 9:30 AM Sunday School, 10:30 AM Worship
& Children's Church (nursery provided)
Adult Bible study is at 4:30, AWANA is at 5:30
Pastor Scott J. Davis, (610) 863-9274

The Roseto Independent Presbyterian Church

210 Garibaldi Avenue, Roseto
9:15 AM Greeting, 9:30 AM Service
Rev. Barry Eng, (610) 599-9949
www.RIPC-OnlineToday.org

Salem UCC

2218 Community Drive Bath PA 18014
Worship 8:00 AM; Sunday School, Confirmation Class,
Junior Choir 9:00 AM; Worship 10:15 AM
Sundays Cub Pack 50 1:00 PM
First & Third Mon. of the month Pinochle Club 11 AM-
2:30 PM
Third Monday of the month Consistory Meeting 7:00 PM
Tuesdays Boy Scout Troop 50 6:30-8:00 PM & Senior Choir
7:00 PM
Wednesdays Ladies Aid Quilting 9:00 AM-3:00 PM
Pastor Donald Brown, (610) 759-1652
www.salemuccbathpa.org

St. Brigid's Episcopal Church

301 Madison Avenue, Nazareth
9 AM Holy Eucharist
Rev. William Martin,
(610) 746-3910, www.stbrigidspa.org

St. Elizabeth's Parish

300 West Babbitt, Pen Argyl
Masses: 5 PM Saturday, 8 AM, 9:30 AM & 11 AM Sunday
Rev. Msgr. Vincent P. York. (610) 863-4777

St. Luke's UCC Belfast

471 Belfast Road, Nazareth (Belfast)
9:00 AM Worship - beginning the week of June 13th
1st Sunday of month Holy Communion
Pastor Rev. Frank Gassler, (610) 759-0244
www.stlukesuccbelfast.com

St. Mary's Episcopal

340 Lehigh Street, Wind Gap
9 AM Eucharist & Sunday School, Coffee hour
follows service
The Rev. Canon Joel Atkinson, priest in charge.
(610) 863-8007 saintmarywindgap.webs.com

St. John's Evangelical Lutheran

12 North Westbrook, Pen Argyl
8:45 AM Sunday School, 10 AM Worship
(610) 863-4332

St. Joseph's Episcopal

1440 Verona Drive, Pen Argyl
11 AM Eucharist, Coffee hour after service
The Rev. Canon Joel Atkinson, priest in charge.

St. Peter's Evangelical Lutheran Church

1422 Church Road, Pen Argyl
8 AM & 10:15 AM Services, 9 AM Sunday School, 7 PM Praise Band
(610) 863-6859 www.stpetersplainfield.com

St. Peter's UCC

401 Broad Street, Tatamy
10:00 AM worship all year; 10:00 AM Sunday school Sept.-May.
Interim Pastor, Darlene Blocker, (610) 252-6515

St. Vincent DePaul Catholic

Delaware Avenue, Portland
6 PM Saturday, 10:30 AM Sunday
Rev. Stephen L. Maco, (610) 588-5445

The Salvation Army

301 W. Main Street, Pen Argyl, PA 18072
610-863-6677
Sundays: 10 AM Sunday School, Sunday services every
Sunday from 11:00am-12:00pm.
Tuesdays: Food Bank 10 AM-12 PM
Wednesdays: Knitting & Crocheting 10 AM-12 PM
Thurs: 10:30-11:30 AM Home League Women's group.
Free Lunch for Seniors: Tues.-Thurs. 12 PM

**The Pentecostal Christian Church
the Truth (Iglesia Pentecostal La Verdad)**

4 Jory Avenue, Pen Argyl
12 PM Sunday School (Escuela Dominical)
1 PM Praise & Worship (Cuho Evangilistico)
All invited to Bilingual Services
Rev. Frank Pons, (570) 807-7794

Temple Israel of the Poconos

Egalitarian Conservative Synagogue
711 Wallace Street, Stroudsburg
Sabbath Services: Friday 7 PM followed by a Traditional Oneg Shabbat
Saturday 9:30 AM followed by a traditional Kiddush. Services
conducted in both Hebrew & English in a warm, welcoming, Jewish
environment. Hebrew School for ages 4-13
Dr. Sandra Alfonsi, 570-223-7062

Trinity Evangelical Lutheran

404 Broadway, Bangor
Sunday School 9am - Worship 10:15am
Pastor Laine, 610-588-2023
www.tlcbangor.com

Trinity United Church of Christ

632 South Delaward Drive, Mt. Bethel
Worship at 10:30 am - Sunday school 9:15 am
Rev. Rodney W. Wells, (610) 588-1989

Zion Presbyterian Church

Water Street, Wind Gap
9:30 AM Service, Children's Sunday School during service.
Visitors are welcomed!
Rev. Sam Huffard

Zion United Lutheran Church

1919 Route 209 in Brodheadsville.
Call 570-992-6988 for more information or questions.
Healing Service: Wed., April 5 at 7:30 PM
Passion Sunday: Sat., April 8 at 5 PM and Sun., April 9 at 8:00 and 10:30 AM
Procession with Palms and the Sacrament of Holy Communion
Maunder Thursday: April 13 at 7:30 PM The Sacrament of Holy Communion
Good Friday: April 14 at 7:30 PM
Easter Festival Services: Sat., April 15 at 5 PM, informal, spoken
Easter Service: Sun. April 16 at 6 AM Sunrise service, 8:00 and 10:30 AM.
Music at all Easter Sunday services
Upcoming Community Event Free Community Free Community Dinner:
Wed., April 19 from 5 to 6 PM

Join us at our Open House!

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\$1,500 Transfer Grant Transportation Available



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Teachers – Students – Administration – Parents

Sunday, April 23, 2017

11am to 3pm

We offer solid religious training, academic excellence and individual attention

For more information contact Sister Maria Luz, OP at

610-863-4816

290 W. Babbitt Avenue, Pen Argyl, PA

Find us on



www.immaculateconceptionschool.net