

FREE

THE *Belt* and
BEYOND

Volume 4 • Issue 4

May 18, 2017

A PUBLICATION FEATURING: local events, news, happenings and more

★ ★ ★ HAPPY ★ ★ ★

MEMORIAL DAY

REMEMBER AND HONOR

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CONTENTS

	Weekend Happenings	3
	Upcoming Events	4-6
	Community News	7-13, 26,28
	Memorial Day Services	10
	Happenings	14-15
	Dining	16
	Beauty, Health & Fitness	17
	Home and Garden	18-19
	Young at Heart	20-21
	Arts & Entertainment	22-23
	Furry Friends	24
	Sports	25
	Distribution List	27
	Business Directory	28
	Classifieds	29
	Religious Services	30-31
	Memorial Day	32

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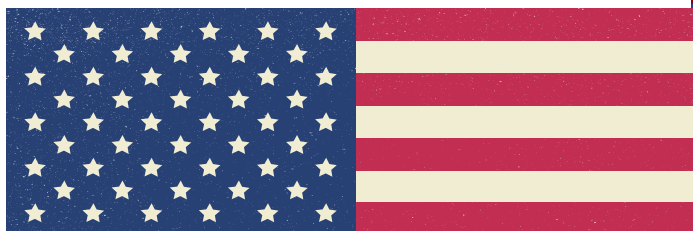
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MEMORIAL DAY

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REMEMBER AND HONOR

Next issue will be printed June 1st

Deadline for all ad copy and news Friday, May 26th

Email your news and events to thebeltandbeyond@gmail.com

MAY

**MAY IS MELANOMA AWARENESS MONTH
 NATIONAL BRAIN CANCER &
 BRAIN TUMOR AWARENESS MONTH**

NATIONAL DAYS

MAY 19-NASCAR DAY

MAY 20-NATIONAL ARMED FORCES DAY

MAY 24-BROTHER'S DAY

MAY 25-NATIONAL WINE DAY

MAY 31-NATIONAL SENIOR HEALTH AND FITNESS DAY

HOLIDAYS

MAY 29 MEMORIAL DAY

**WELCOMING OUR NEW ADVERTISER
 HAYWARD LABORATIES, INC. - PAGE 29**

WEEKEND HAPPENINGS

BAHS & Middle School Jazz Band Concert

The Bangor Area High School Spring Band Concert will be held on **Friday, May 19th, at 7:30 pm** at the M. Craig Paine Performing Arts Theater visit: bahsbands.weebly.com

Relay for Life Slate Belt

Friday, May 19th through Saturday, May 20th; 4:00pm-4:00pm. Held at the Bangor Memorial Park

Blue Mt. Antique Gas & Steam Engine Assoc. Swap Meet

Saturday, May 20th and Sunday, May 21st; Blue Mountain Antique Gas and Steam Engine Assn., Inc. will hold its 31st Annual Spring Swap Meet located at Jacktown Grove (1229 Richmond Rd, Bangor). **Grounds open at 7:00am.** For more information call 610-588-6900 or show days call Tom 610-588-7360.

Cub Pack 50 Pancake Breakfast

Saturday, May 20th; 8am - 10:30am. Cub Pack 50 will be holding a pancake breakfast at Salem United Church of Christ (2218 Community Drive, Bath). Come out and support Cub Pack 50.

Forks Area Art Society Art in the Park

Forks Area Art Society - "Amp Up The Art!" ART IN THE PARK Call for Artist's/Craftsman's/Vendors. Forks Area Art Society is hosting its fourth outdoor art show to promote a creative community gathering of artists. Come join the fun! **Saturday, May 20, 11:00 am - 5:00 pm;** (Rain or Shine); Forks Township Community Center Amphitheater, 500 Zucksville Road, Easton PA 18040.

Ladies of Unico Roseto Chapter Bingo & Basket Raffle

The Ladies of Unico, Roseto Chapter is hosting a bingo and basket raffle on **May 21st** at Our Lady of Mt Carmel Church, Bangor, Pa. **Doors open at 12:00 pm Bingo starts at 1:00 pm.** Free door prizes. Proceeds benefit 7 local charities the ladies support. For tickets call Josette 610-653-3153. Come and join us and support these worthy organizations.

Second Annual Awareness Day

The second annual Awareness Day for Heroin and Opiates sponsored by the Partners for a New Beginning will be held **May 20th 1:00pm to 4:00pm** at the Bushkill Volunteer Fire Co., 156 Firehouse Drive, Nazareth, PA.

Jacobsburg 4th Annual 5 and 10 Mile Trail Race

Sunday, May 21st; 9:00am-12:00pm held Rain or Shine. Meeting area will be the "Jacobsgburg State Park Horse Access Area" which can be plugged into your GPS. For more information, directions or registration, visit <https://www.facebook.com/events/168520593646342/> or call 610-829-1000.

Hunter Training Course

Calling All Hunters - The Pennsylvania Game Commission is hosting a hunter training course **Sunday, May 21st**, at the Blue Mountain Rod and Gun Club, 105 Rutt Road, Bangor. The course is required by law for all first-time hunters and trappers before they can purchase a license. If you are interested in registering for the class, please visit <https://www.register-ed.com/events/view/99776>. There is plenty of space remaining in the class.

BLUE VALLEY FARM SHOW All You Can Eat Breakfast

SUNDAY, MAY 21ST 7:30 AM - 12:30 PM

HOMEMADE CREAMED CHIPPED BEEF, HOMEFRIES (WITH OR WITHOUT ONIONS) SCRAMBLED EGGS, KIELBASA, SCRAPPLE, FRENCH TOAST, PORK SAUSAGE, BACON, PANCAKES, HAM, TURKEY SAUSAGE

DESSERTS: CAKES, DONUTS, SHOE FLY PIE, PUDDINGS

ORANGE JUICE FOUNTAIN, COFFEE, TEA, HOT CHOCOLATE

ADULTS \$9 • CHILDREN 6-12 \$4.00 • UNDER 6 FREE

707 AMERICAN BANGOR ROAD (RT 512 BETWEEN BANGOR & PEN ARGYL) FOR MORE INFORMATION CALL 610-588-2689

QUIET VALLEY

LIVING HISTORICAL FARM

PRESERVING PENNSYLVANIA'S AGRICULTURAL HERITAGE

29th Annual Farm Animal Frolic

May 20, 21 & May 27, 28

Saturdays 10am - 4pm
Sundays Noon - 4pm
Adults \$8 Ages 3-12 \$5

RAIN OR SHINE

5/20 Sheep Shearing & Sheep to Shawl Demo
5/27 Pocono Wildlife Show
5/21, 5/28 One Room School Children's Show & Games
Wagon & Pony Rides
Refreshments & More
Proceeds benefit non-profit farm museum



Meet the Baby Farm Animals

www.quietvalley.org 570-992-6161
Stroudsburg PA 18360

SEE PAGE 7 FOR FULL DETAILS

Slate Belt Chamber of Commerce Announces Scholarship Recipients

The Slate Belt Chamber of Commerce announces the 2017 Scholarship Recipients: Timothy Ferguson, Bangor High School, Brianna Biondo, Career Institute of Technology, Mason Hudnall, Pen Argyl High School & the recipient of the Frederick R. Curcio Jr. Award is Efefferia (Ellie) Louca. The Recipients will be honored at a dinner on **Thursday, May 18th at 6:00 pm**, at Tuscarora Inn, River Rd., Mt. Bethel, PA.

SEE PAGE 10 FOR LISTING OF MEMORIAL DAY SERVICES AND EVENTS

A Country Home
Country Primitive Home Decor & More

**HAPPY
MEMORIAL DAY**

**Red, White, Blue, Decor,
Garden items and more**

**HOURS: THURSDAY, FRIDAY, SATURDAY,
10:00 AM-6:00 PM
SUNDAY 12:00-5:00 PM**

**201 Center Street | Stockertown, PA
610-759-4744**

Directions: Turn at the Widow's Tavern & Grill,
Go 1 block & turn right



Charter's Banquet Facility

6480 SULLIVAN TRAIL • WIND GAP, PA

Small Hall
UP TO 50 PEOPLE

Banquet Hall
UP TO 500 PEOPLE
ROUND TABLES AVAILABLE

Outdoor Pavilion
FOR ANY EVENT



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BANQUETS, SHOWER,
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GRADUATION PARTIES**

AT PLAINFIELD TOWNSHIP VOLUNTEER FIRE COMPANY

CONTACT INFORMATION: 610-863-7383 • WWW.PLAINFIELDFIRECO.COM
BANQUETFACILITY@PLAINFIELDFIRECO.COM

Lookout Fire Co #1 Spring Festival

The Lookout Fire Co #1 Spring Festival will be held **May 25th thru May 28th** at Weona Park in Pen Argyl, Pa. The festival opens each night at 6:00 PM and Sunday at 4 PM. Entertainment will be, Inch & The Echoes on May 25, Black Pearl 7 on May 26, Elvis on May 27 and Sidekicks Band on May 28. Special ride wristbands on Thursday 6:00 pm to close and on Sunday 4:00 pm to 8:00 FMI check our website www.lookoutfireco.com.

Crossroad Baptist Church Yard Sale/Bake Sale

Saturday, May 27th, 8:00am-3:00pm Crossroad Baptist Church 201 S 2nd S., Bangor PA. Proceeds to benefit the Church

Portland Free Movie

Portland Free Movie Time! **Saturday, May 27 at 8:30pm-11:00 pm.** Portland Walk and Ride.

Bangor Borough Announces Town Wide Yard Sale

The 2017 Bangor Borough Wide Yard Sale. The four-day event will be held on **Friday, May 26th through Monday, May 29th**. The Borough Yard Sale permit fee is waived for these four days for those interested in holding your own sale. Although the fee will be waived, the following permit guidelines still apply:

* No signage attached to power poles, signal poles, street or roadway markers, bridge railing or any public right of way sign, pole or device. Signs may be posted on private property only.

* The merchandise being sold belongs to the applicant and the goods have not been purchased or obtained solely for this sale.

Please contact the Borough office at 610-588-2216 with any questions.

2nd Annual Nazareth Food Truck Festival

Saturday, June 3rd 12:00pm-6:00pm Belvidere St., Nazareth

Silent Auction to Benefit Nazareth Center for the Arts

A Silent Auction will be held on **Saturday, June 3rd 12:00pm-4:00pm**. to benefit Nazareth Center for the Arts, 30 Belvidere St., Nazareth nazaretharts.org. Contact Kathleen Reynolds, 901-229-0928 or Email nazaretharts@gmail.com

Designer Purse Basket Bingo

Saturday, June 3rd; Doors open at 12:30pm Bingo starts at 2:00pm. St. John's Lutheran Church (12 N. Westbrook Ave., Pen Argyl) will host a Designer Purse Basket Bingo. For tickets or more information please call Gail 610-588-7545.

End of School Year Luau Dance Party at Bangor Elks Lodge

Saturday, June 3rd; dancing 6:30pm-8:30pm, tickets available first come, first serve during business hours 6:00pm-10:00pm (120 Broadway, Bangor) or at the door day of the event. Face painting, games and more! All children get a goodie bag to take home. Refreshments available for sale. Come enjoy a great night with family and friends at the Bangor Elks Lodge. All children must be accompanied by an adult.

Marine Corps League Meeting

Northampton County, Detachment 298 Meeting **7 June / 1900.** 1621 Lehigh Street / Easton. All active duty and honorably discharged Marines welcome! jimmiousmc@rcn.com , www.norcomcl.org Facebook: Marine Corps League Northampton County Detachment 298

Strawberry Festival

The East Bangor United Methodist Community Church will host a "Strawberry Festival" on **Friday, June 9th, 4:00pm until ?**. It will be held at the Blaine Reimel Memorial Park on Park Rd. in East Bangor (rain or shine). Lots of good food and "Jacktown" ice cream will be available. For more info., call 610-588-4453 or visit www.ebumc.org.

Vietnam Traveling Memorial Wall

Wednesday, June 14th through Monday, June 19th; The Vietnam Traveling Memorial Wall will be coming to Plainfield Community Park (6101 Kesslersville Rd., Nazareth). **Opening ceremony Friday, June 16th at 7:00pm; Saturday, June 17th at 7 pm** Candlelight vigil and wreath laying. For more information contact Brenda Detweiler 484-764-8198 or David Rider 610-509-3741 or visit www.hhfh.org

Free Community Wide Yard Sales – Pen Argyl Borough

No permit yard sale dates for Pen Argyl borough will be **June 9th – 11th and September 15th – 17th.**

Chicken BBQ Dinner – Christ Evangelical Lutheran Church

Sunday, June 11th; Christ Evangelical Lutheran Church will hold a Chicken BBQ dinner from **12:30pm-5:00pm** (703 S. Delaware Dr., Rte. 611 Mt. Bethel, PA). For additional information call 610-588-0809.

Hope UCC Bingo Night

Nacho Ordinary Bingo Night! **Friday, June 16th doors open at 5:30pm; Bingo Starts at 6:30pm** ticket price Includes taco and drink, and Bingo. Hope UCC – 2nd & Cherry Streets; Wind Gap, PA. For more info please call or email Jen at 908-727-0090 or hopeucc@hotmail.com for tickets.

Father's Day Clam and Jam at Bangor Elks Lodge

Saturday, June 17th; Begins at 5:00pm with dancing following dinner from 8:00pm-11:00pm. Enjoy an early Father's Day dinner with steamed clams and much more at the Bangor Elks Lodge. This event is open to the public, tickets available during business hours 6:00pm-10:00pm (120 Broadway, Bangor).

Vacation Bible School at Trinity Lutheran Church

Monday, June 19th through Thursday, June 22nd from 6:00pm – 8:15pm. This year's vacation bible school theme is "Hero Central" which will be held at Trinity Lutheran Church (404 Broadway, Bangor). For more information or to register your child please call the church office 610-588-2023.

Queen of Peace Catholic Church - Flea Market

Friday thru Sunday, June 23rd-25th; located at Queen of Peace Catholic Church, Rte. 209 & Weir Lake Road, Brodheadsville, PA. Vendors wanted for more information please visit www.qopchurch.org or email loribray84@gmail.com or call 610-681-6137.

Bangor Elks Lodge #1106 Golf Tournament

The 17th annual Bangor Elks Lodge #1106 golf tournament that benefits major projects will be held on **Monday, June 26, 2017** at Whitetail Golf Club. It is a four-person scramble format. Costs per golfer includes: golf, cart, prizes, cookout lunch, and beverages. A hole-in-one is sponsored by Dotta Auto Sales. Please call the Bangor Elks Lodge #1106 at 610-588-3420 for fees and to register your foursome or email bangorelks@gmail.com. **Deadline is June 19, 2017.**

The Slate Belt Heritage Center Annual Golf Tournament

The Slate Belt Heritage Center will hold their Annual Golf Tournament on **Friday, August 11th**, at the Shawnee Golf Resort. **"Shotgun Start" is at 7:30am** with registration, coffee and danish from 6:30am – 7:30am. Format 4-Man Scramble cost includes- golf, cart, food and cookout after the event. Prizes: "Longest Drive" and "Closest to Pin". For more information email sbhc@frontier.com. Deadline to enter is **Monday, July 31, 2017.**

Historical Bangor Business Association Events

The Historical Bangor Business Association announce the following upcoming events: **June 24, 2017 Car Show, July 8, Block Party, September 9, Wine and Food Festival.** All events will be held rain or shine and will take place on Broadway, in Bangor. If you are a Bangor Business owner and are interested in getting involved and supporting small businesses and your community. Please contact Pies to Die For Cafe at 610-340-4756. or www.facebook.com/historicalbangorbusinessassociation

Easton Singles and Married over 40 Dance

Easton Singles and Married over 40 group will hold a dance **every Saturday night through June from 7:00pm to 10:00 pm** at the Wind Gap American Legion 271 N. Broadway, Wind Gap. For more information call Norman 610-881-4140 or Paul 973-347-2070.

Hope UCC Bus Trip to Sight & Sound Theatre

Hope UCC of Wind Gap is sponsoring a trip to Sight & Sound Theatre to see JONAH on **Sat, Oct 14, 2017.** For further information or to reserve your package(s) please call or email Jen at 908-727-0090 or hopeucc@hotmail.com. Package includes bus, lunch, and show ticket. Money due no later than 07/23/17. No refunds after 7/23/17.

Slate Belt Photography Club

Meetings are held **every 2nd Thursday of the Month at 7:00pm** at Trinity Evangelical Lutheran Church, 404 Broadway, Bangor, Pa. For more info contact: Ricky Mensch @ Sbpc216@gmail.com

 Like us on Facebook



**Roseto Helping Hands
Two Day Basket Social**

Sat., June 24th & Sun., 25th 10:00 a.m. – 4:00 p.m.
Roseto Legion Garibaldi Avenue, Roseto, PA
Drawing will begin at 3:00 p.m., on Sunday, June 25th
Fabulous Themed Baskets & Gift Cards all valued over \$25 and ready to go home with the lucky winners!
Food and Refreshments available for purchase. Buy your tickets early beginning the week of May 1. Tickets \$5 per sheet of 25 perforated tickets. Buy 4 sheets and get 1 FREE.
To receive the **FREE** ticket sheet you must purchase the tickets **No Later Than June 15th.** Tickets will be held at the door pick up when you come to the Basket Social. Please make checks payable to Roseto Helping Hands.
Make sure your name and phone # is printed clearly.
Questions, please call Janet Farole at 484-221-0047 or email janny116@ptd.net.
Ticket order form: fill-out, cut & mail to:
Janet Farole-116 Garibaldi Avenue Roseto, Pa. 18013

NAME: _____
PHONE: _____

Tickets ordered: _____ Amount enclosed: _____
Tickets will be held at the front door until you come to the Basket Social.

Upper Mt Bethel Township
invites you to
2017 UMBT Summer Recreation Camp Registration
For students entering Grades K through 7
Online Registration UMBT.org
Dates: Monday, June 19, through July 28, 2017
(no camp Tuesday, July 4, 2017)
Times: 9:00 am to 12:00 pm, Monday through Friday
Locations: Pool Days at the Bangor Pool
Mondays, Wednesdays, and Fridays
Monday and Wednesday rain days at 5 Points Elementary School
(Friday rain day, NO CAMP)
Camp Days at 5 Points Elementary School
Tuesdays and Thursdays
Grades: Entering K-7 as of September 2017
Cost: \$99 per child (for 6-week session) Space is Limited
UMBT Recreation 387 Ye Olde Highway PO Box 520, Mt. Bethel, PA 18343-5220
Director: Lisa Pfeifer 610-588-2827 973-723-7077 (cell)

Additional registration forms available at the Township Office or online at UMBT.org
THE BANGOR AREA SCHOOL DISTRICT NEITHER ENDORSES OR SPONSORS THE ORGANIZATION ACTIVITY REPRESENTED IN THIS DOCUMENT. THE DISTRIBUTION OF THIS MATERIAL IN THE SCHOOL DISTRICT IS PROVIDED AS A COMMUNITY SERVICE



The Great American
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ROUTE 33 & 512 WIND GAP, PA 18091
610-863-6205



All brick cape features beautiful hardwood flooring, brick fireplace and updated kitchen cabinets. Nice rear yard. Oversized two car garage.

\$195,000

Quick Occupancy available in this appealing ranch home. Open floor plan. Finished LL.
\$105,000



Free Workshop on Locating Grant Sources to be Held at NCC

Librarians at Northampton Community College's (NCC) Mack Library will be offering a free workshop for representatives of nonprofit organizations who want to learn more about locating grant sources on **Tuesday, June 13, 2017, from 10:00 a.m. to 12:00 p.m.**, at the Bethlehem Campus, 3835 Green Pond Rd., Bethlehem Township. The workshop will provide an overview and demonstration of grant resources included in the Foundation Directory Online database, as well as an opportunity to use the database. Seating is limited so please make your reservation by calling 610-861-5358 no later than Thursday, June 8.

Blue Mt Community Library

On Tuesday, May 2nd, local author, Kate Moretti, was the guest speaker at the Blue Mt. Community Library's 2nd "Lunch with an Author" event. The luncheon was held at Grace United Methodist Church in Pen Argyl. Moretti, who lives in PA and is a scientist for a Pharmaceuticals Co., spoke of her life and her Books, "Ties That Bind," "Thought I Knew You" and her most recent Book, "The Vanishing Year." Her new Book is due out in Sept. and is titled "The Blackbird Season." Her books are available to borrow at the Library.



Email your news and events to thebeltandbeyond@gmail.com

The Real Estate Guys

The History of Timeshare also known as Vacation Ownership and Today's Concerns



The DeCesares

The basic premise of timeshare is simple. You purchase a vacation accommodation, in increments of one week (or more) per year of use, thus guaranteeing your ability to use that accommodation during the period of time you chose. Accommodations range from hotel rooms to condos, from cabins to luxury houses and castles, from yachts and cruise ships to RVs and houseboats. Owning timeshare in the traditional sense means a condominium/villa/house/hotel unit, etc. is subdivided into 52 separate units of time (52 weeks in a year), and usually sold to a maximum of 51 owners (one week each year is closed down for annual renovations and/or maintenance). Each owner has the use of their timeshare the same week every year and is entitled to ownership rights and privileges of the time you purchased. Many timeshares also have an annual fee called a maintenance fee. This fee is used to pay for upgrades and other monetary improvements to the property.

This system makes vacation home ownership possible for many people who cannot afford a second home or who otherwise would not be able to enjoy such resort facilities. Timeshare is an investment in lifestyle, in future holidays, in family time together, and when viewed that way it can be a good investment indeed.

When considering where to purchase a timeshare consider where you love to visit everywhere. If you enjoy vacationing in Florida you should purchase a timeshare week in Florida. If you like a certain beach area then this is another great place to search for timeshares. They are waiting for you!

Timeshares started in Great Britain in the early 1960's when vacation homes were shared from time to time with different families known as vacation home sharing or holiday home sharing.

The first hotel-condominium timeshare in America started in 1965 with Hilton on the island of Maui, Hawaii and the first non-hotel in the US also started in Hawaii on the island of Kauai in 1969. In 1973, a joint venture by the Hyatt Company introduced the first deeded ownership.

By the 1990's, major hotel companies including Marriot, Sheraton, Hyatt, Hilton and others began to offer timeshare ownership properties. Consumer and timeshare sales reached record highs.

Today the timesharing is a multi-billion dollar industry. With nearly 5,000,000 timeshare owner's world wide a recent study group indicated that 85.6% are satisfied with their timeshare ownership. In fact, 32.4% have plans to purchase additional timeshare and 18.6% will either upgrade or modify their existing timeshare plans. The timeshare industry boasts a world-wide offering of about 5,400 resorts in over 100 countries.

What happens when your lifestyle changes and you don't want to vacation anymore?

Option 1: Leave it to your kids. Check with them first, they may not want it.
Option 2: Stop making payments on it. This would result in the resort using legal actions.

Option 3: List it for sale. Make sure you use a REPUTABLE resale company. Unfortunately, there are countless timeshare owners who have been taken advantage of by unscrupulous businesses offering to sell or rent their timeshare properties for a fee knowing that the property will never rent or sell. Timeshare Resale Vacations, LLC the timeshare division of The Great American Real Estate Company has been featured by Yahoo News Canada and Time Magazine as a testament to their business integrity and professionalism. Frank Febbo has been owner and president of Timeshare Resale Vacations, LLC since 1997 serving consumer and industry clients for over 20 years. Timeshare transfer services are provided by our affiliate Resale Closings, LLC offering transfer of ownership, deed recordings, name changes, etc. both companies are A+ rated with the BBB and members of the Lehigh Valley Chamber of Commerce.

Feel free to contact us with any questions Monday through Friday 9 to 4:30 at 610-863-8489

This article is provided by The Great American Real Estate Company, Rts 33 & 512 Wind Gap. If you have any real estate related questions feel free to contact us at 610 863 6205

29th Annual Farm Animal Frolic at Quiet Valley Living

Quiet Valley's 29th annual Farm Animal Frolic is **May 20 & 21 and May 27 & 28, Saturdays 10 am to 4 pm, Sundays noon to 4 pm.** To folks in the 21st century springtime means warmer weather, flowers blooming and the return of robins. It's time to pack away snow shovels and think about getting the lawn furniture out. In the early 1800s it meant fresh greens became available, a real treat after a bland winter diet. The kitchen garden was planted with such things as peas, onions, beets and carrots. Chickens started laying eggs again and it was also when the animals on the homestead had their babies. At Farm Animal Frolic we celebrate the renewal of life that comes with the season of Spring.

Meet the baby farm animals up close and personal. See kid goats and lambs frolicking about. If you've ever wonder where the saying "two shakes of a lamb's tail" came from you can see the reason for yourself. Chicks will be peeping away and some will be hatching in incubators so visitors can watch them crack out of their shells. There will be a new calf for the children to meet and guests of all ages will laugh at the ducklings as they play in the water.

All the mommies of the babies will be on hand as well, keeping a close watch on their young, so folks will get to meet them, too, and learn something about their role on the farm. Our Clydesdale draft horses, Gunther and Wilhelm, will take you on a wagon ride to the ice harvest pond and back. In the lower part of the barn make sure to say "Howdy" to Janie, our mule, who doesn't get to pull the wagon and sometimes feels left out. That's where you will also find the piglets, always a lively bunch.

In addition to the farm animals there are plenty of other fun activities. Twice a day there is a special children's show where youngsters can enjoy puppet shows or storytelling. There are opportunities to play old fashion games, jump in the hay or try the Fish Pond. Our focus area for 2017 is the "Pig Pen" where folks can learn some pig lore, play a game and make a craft.

Sheep shearing will take place on Saturday May 20th throughout the day. Kathy Uhler, from the Pocono Wildlife Rehabilitation Center, will present a show on local wildlife on Saturday May 27th at 11:30 and 1:30. The school marm will offer presentations in the One Room Schoolhouse on both Sundays. The outdoor brick bake oven will be in operation during all four days of the event making homemade bread, hot pretzels and cookies.


There is nothing more lovable than baby animals, and adults, as well as children will get a kick out of a visit to Farm Animal Frolic. This is a wonderful opportunity to learn about farms, farm animals and to spend a day in the beautiful outdoors.

Admission fee for adults and children (3 years of age to 12 years of age), children under 3 years of age are free. Pony Rides and Horse-drawn Wagon Rides are an additional charge and are weather permitting. Refreshments are available. No Smoking or Pets. Frolic is held Rain or Shine. The schedule and prices are subject to change.

All funds raised go to support the mission of the non-profit farm museum.

Quiet Valley Living Historical Farm is a 501(c)(3) non-profit, educational corporation dedicated to the preservation and presentation of Pennsylvania's agricultural heritage. At Quiet Valley history comes to life on our 19th century farmstead. Period-dressed guides reenact the life of the original Pennsylvania German farm family who lived at the site from the late 1760s to 1913. Quiet Valley is open in 2016 to the general public Saturday June 18 - Monday September 5. Also, on additional spring and fall Saturdays.

The farm also hosts a number of special events throughout the year. School and group tours are by reservation. For more information on the museum call (570) 992 - 6161 or visit www.quietvalley.org. We welcome all media outlets to visit Quiet Valley.



A Wrinkle In Time
June 2nd and 3rd, 2017
8:00 p.m.
HopeSpring Community of Faith Church
301 Market Street, Bangor, Pa.

Adapted for the stage by MORGAN GOULD
written by Madeleine L'Engle
Executive Producer - Carol Andersen
Director - Lois Silver
Choreographer - Jessica Batha

Sponsored by A Clean Slate with funds made possible by the Northampton County Drug and Alcohol Division.
\$8 (youth & seniors) \$10 Adults
tickets available online at www.bloombangor.org,
or at Bloom Creative Studio 32 Broadway Bangor PA 18013

SUITABLE for ALL AGES
Sponsors welcome - contact Carol at 570 977 0600

Local Agencies Launch Community Theater Premiere of "A Wrinkle in Time"

A Clean Slate and Bloom Bangor will launch a community theater project for two performances of "A Wrinkle in Time," adapted for the stage by Morgan Gould and written by American writer Madeleine L'Engle. The two performances will take place at 8:00 pm on Friday, June 2nd and Saturday, June 3rd at the Hopesprings Community of Faith Church, 301 Market Street, Bangor. Tickets can be purchased at Recovery Revolution, 109 Broadway or Bloom Creative Studio, 32 Broadway, both in Bangor, PA. They are also available online at www.bloombangor.org

A Wrinkle in Time deals with the universal theme of love defeating evil. This timeless story and science fantasy novel was first published in 1963 and has received numerous literary awards. Released as a screenplay in 2003, Disney has now licensed A Wrinkle in Time and is currently in theatrical production for the big-screen release in 2018.

A Clean Slate provides recovery resources and referrals to the Slate Belt community and sponsors safe and sober activities. Auditions were open to the public and took place at A Clean Slate in March. This project is made possible through funding from the Northampton County Drug and Alcohol Administration. Proceeds from ticket sales and outside sponsorships will fund expansion of the project as well as future performances. Directed by Lois Silver and choreographed by Jessica Batha, actors are from the local community, the Poconos, and greater Lehigh Valley. This project also introduces the use of drama as a healing tool at the Bloom Bangor program, a 2-year therapeutic residential recovery program for victims of violence, sex-trafficking, and trauma. Modeled after the remarkably successful Thistle Farms Nashville

Continued on page 26

Slate Belt Heritage Center 2017 Preservation Awards

The Slate Belt Heritage Center is pleased to announce the recipients of their 2017 Preservation Awards in the following categories:

The **Architectural Award** is presented to an individual who has performed an exemplary act in saving or conserving a historic building, place or artifact where restoration is authentic to preservation. This will be presented to Mr. Charles Evans. Mr. Evans restored his residence, an old farmstead, that was built around the 1790's, to usable and workable condition. He restored all three floors and rebuilt the original



Evans Barn Before

porch on the house that had been missing for 80 + years. He built the porch how it was originally with mortis and tenon structure. A picture window, that was installed in the front, was removed and replaced with original style windows

resulting in the stone façade being reworked. The original fireplaces, inside the home were repointed and the working walk-in fire place completely restored. The stone butcher house and stone spring house were repointed in addition to the reworking of the chicken coop. The culmination of the project was the rebuilding of a post and beam German bank barn, that had been destroyed by fire twenty years ago. The original stone foundation was able to be rebuilt and utilized.



Evans Barn After

The **Initiative Award** is presented to an individual who has shown exemplary actions in promoting and preserving Slate Belt heritage through in-kind actions. This will be presented to Mr. Mike Piersa. Mr. Piersa initiated the project to save, preserve, interpret and publicly exhibit a particular Flory Manufacturing Company "Slate Hoist" that was made in Bangor. He identified the hoist and arranged for its removal when a Pen Argyl quarry ceased operations. He researched its background in original Flory records, arranged for its transport, interviewed its former operators, maintained it in working order, wrote proposals for its public display and rallied various civic groups and volunteers to construct a pavilion for it to be installed in Bethel park in Bangor. All of his actions were made without seeking compensation.

The **Special Focus Award** is presented to an individual who has shown exemplary actions in saving or conserving traditions or a body of knowledge. That individual

who contributes to education information via documentation. This will be presented to Mrs. Janet Wilson. Mrs. Wilson has assembled and preserved a collection of local vintage clothing and has shared it with the public through fashion shows, exhibits and mural research. For over 50 years, she has acquired clothing dating from the 1850's through the early 2000's. Many of the articles tell a family story that gives meaning, context and connections to the people who made and wore the garments. She has generously shared her collection and information through shows for not-for profit causes benefitting the Bangor Library, the Bangor 1975 Centennial, the Bangor 125th Anniversary, the Slate Belt Heritage Center Angelo Polo Slate Room, Pen Argyl Grace Methodist Church, Our Lady of Mt. Carmel Sodality and the Monroe County Historical Association, among others.



Mrs Wilson

These awards are to acknowledge individuals who have performed acts that promote and preserve the culture and heritage of the Slate Belt. For their efforts in these acts, the Slate Belt Heritage Center will be honoring them at a public ceremony on Thursday, June 15th @ 7:00 PM at the Center.

Also being honored will be Mrs. Carolyn Bray who for over 18 years contributed her time and talents to the Cornish room at the Heritage Center. Along with her husband, Harry, Carolyn produced the Center's introductory video, "Sassafras County", she offered far-seeing advice and gave a voice to the underrepresented members of the community, worked thousands of uncompensated hours at the Center and at home where she laid out and coordinated the printing of our Welsh, Cornish, and African American books, the Heritage Center banner, brochures, invitations and made virtually all of the historic photo reproductions seen throughout the museum today. She also contributed reproductions for the St. Lukes Health Center on 512. Mrs. Bray has since stepped down as a Trustee for the Center.

Slate Belt Heritage Center News

The Slate Belt Heritage Center has announced that it has sold out all 500 copies of its very popular book: Letters To Homefront: "A Love Story Between a Community and its World War II Soldiers." The Center is considering a second printing and would like to know how many more books to order. If you would like to order a copy, please contact the Center at sbhc@frontier.com, or call the Center at 610-599-4993. Please leave your name, contact information and number of books you would like. You may also call Karen Brewer at 610-588-8615 to re-order. Please DO NOT send money at this time. You will receive a return call when the books are in. Thank you for your continued support of the project.

Pennsylvania Fish-For-Free Days

Pennsylvania Fish-For-Free Days will be held on **Sunday, May 28th, & Tuesday, July 4th**, (Independence Day)

Fish-for-Free Days allow anyone (resident or non-resident) to legally fish on Pennsylvania waterways on the designated days with **NO FISHING LICENSE REQUIRED** (Trout/Salmon and Lake Erie permits are also **NOT** required). All other fishing regulations still apply.

Fish-for-Free Days are great ways for families to "catch" the fun of fishing!

For more information visit the Pennsylvania Fish and Boat Commission Website www.fishandboat.com



Going Out of Town- Let the SBRPD Know

Going out of town/vacation? Let the SBRPD Slate Belt Regional Police Department know that your house will be vacant and they will do frequent drive-bys to ensure that your home is watched. Cvisit slatebeltpd.psatstwp.org and got to contact us tab to fill out a vacation / residence check request. Officers will swing by your residence to make sure your home is safe.

Slate Belt Band Seeks Members

The Slate Belt Band is always looking for new members. Practices are now **every Wednesday from 7:00pm-9:00pm** at the Roseto American Legion, 143 Garibaldi Ave., Roseto, PA. For more info., find us on Facebook or call 610-588-8881.

Slate Belt Futures Exhibit at Slate Belt Heritage Center

Slate Belt Futures Exhibit will be on display at the Slate Belt Heritage Center, Now to June 4th. Design students from the University of Pennsylvania visited the Slate Belt during the fall semester of 2016 and completed projects that repurpose former industrial sites for future use. The plans show many parts of the Slate Belt and consider safe and innovative uses for familiar places. The sites include quarries, flood plains, fens, railroad beds, and other areas in Slate Belt municipalities. The public can see the projects at the Heritage Center, 30 North First Street, Bangor, PA on **Saturdays and Sundays from 12:00pm-3:00pm** or by appointment (610) 599-4993 or SBHC@frontier.com.

Slate Belt Heritage Calendar of Events

Thursday, June 15th (3rd Thursday) 7:00pm - 2017 Preservation Awards

Thursday, July 13th, 8:00pm - Kirk & Sara Brown, Letters From the Homefront

The Heritage Center is located at 30 North 1st Street, Bangor, PA. For additional information contact: Karen Brewer @ 610-588-8615.

Green Knights, Synagro, Waste Management

As a person whose family has lived in Pen Argyl their entire lives, I must speak to you in reference to the Green Knight Economic Development Corporation letter dated April 28, 2017, which appeared recently in the Express-Times. Personally, I do not discredit the work of this group. They have accomplished a lot for our community and deserve credit for the time and effort they have devoted to these positive projects.

My question and concern is addressing the Board's letter that states: "they have conducted significant research and due diligence into this particular use and potential impacts to our community, and they also believe that the representatives of Synagro have been extremely open and forthright with our community about the nature of the facility." (Heat Recovery Center)

I have no confidence in these statements. Waste Management is clearly behind the Synagro deal and pushing hard on the directors to be in favor of it. It is all about money. It's the business they are both in (Waste Management and Synagro). They are salesmen for their cause and paid well to accomplish them, which is business, in the real world whether we like it or not. Maybe the recent resignation of two Board members of the Green Knight Economic Development Corporation reflects my "no confidence" as well. The treatment of sludge is complicated. Sludge from a community such as Pen Argyl Borough is one type. Now compare that to an urban city with various medical, commercial, and industrial businesses operating which contribute all types of materials to be treated in the sludge process. Obviously, it is much more difficult to filter and far beyond my capability to explain.

Now, let's recognize what the Green Knight Economic Development Corporation Board members are up against, in all fairness to them:

- Heavy pressure for pushing Synagro to the public as a benefit when it is another extension of service to the landfill we already have. We don't need an additional extension of waste services in our community.
- Part-time Board members receiving no salary with no expertise in what they are being sold on, up against, highly paid full-time professional sales and marketing staff with their full focus on getting this approved.
- Meetings held in private where Waste Management and Synagro representatives are part of the "due diligence" and significant research without public attendance is where my confidence in the Board's decision-making is questionable.
- Again, two Board members with strong ties to our community have recently resigned.

I believe that the meeting being held with Synagro, at the Plainfield Township Planning Commission meeting, on June 12, 2017 (if it isn't rescheduled again), will be where the "Real Due Diligence" is accomplished to find the solid information and the facts the entire community deserves.

Yes, the Green Knight Economic Development Corporation have completed various projects that are beneficial to our community and we are proud of their accomplishments. My brother, Neil, and I worked with them through Carlton Snyder and the rest of the YMCA Building Committee who gave their time to accomplish the goal of building the YMCA for our Slate Belt community. This was the final result of years of work and time started with Judge Leonard Zito (then Attorney Zito's) reference to us, "If you want to build a YMCA, call Harry Smith. He knows Frank Frey, A YMCA lifetime representative who is Harry Smith's neighbor." We met at Detzi's for lunch and four to five years later, Neil and I personally donated the property and building for the YMCA, the Green Knight Economic Development Corporation then brought on their contribution to match the state's grant. Today, the YMCA serves our Slate Belt community like the parks our ancestors gave us 100+ years ago.

We encourage the Green Knight Economic Development Corporation to continue to find more beneficial projects for our community, but not Synagro which would have a negative impact for future beneficial businesses. We don't want to sell our souls to the devil for a "few stinking bucks."

Please show up at the June 12th meeting and you will see all of the reasons why we don't need this in our community.

Sincerely,
Tighe Scott & Neil Scott

2017 STAR Awards and Horvath Science Award



Pictured L-R Front Row: Amalia Abrahamsen, Allison Steinert, Mrs. Jeanine Brown, presenter for Amalia, Zakary Kozinski, Anne Wallace; Back Row: Mr. Eric Hahn, presenter for Allison, Mr. William Hobbs, Mr. Robert Hachtman, Mr. Joshua Thomas, all presenters for Anne Wallace, and Mrs. Betty Lou Kratzer, presenter for Zakary.

About the STAR Awards

The Star Awards are given annually to a Bangor Area District student who has exhibited either classroom achievement and/or contributions to the school district or society that go above and beyond the classroom. Students are nominated for this award by their teachers, administrators, or other interested parties, and are chosen by a committee of alumni for this honor.

STAR Award Recipients 2017

Zakary Kozinski: Zak, a sophomore at BAHS, is a member and vice-president of the Northampton County 4H Club. Through the 4H Club, Zak took on the job of raising a puppy with the hopes that it would become a seeing eye dog for a blind person. He received a Labrador Retriever named Preston in 7th grade, dedicating an extraordinary amount of time to training him until his departure a year later. Zak was informed that Preston was matched with a blind woman in Texas. However, because of an issue with the dog in this placement, Preston was later returned to Zak and his family. Zak is currently a member of the 4H Dairy and Market Swine Clubs. In 2015, he raised two market goats and received ribbons showing them at the 4H Round Up at the Blue Valley Farm Show. Last year he raised two dairy cows and two pigs for his projects and received numerous ribbons for showing them at both the Farm Show and the Plainfield Farmers Fair. Last year, Zak received the Golden Pitchfork Award by 4H, which is given to a person who is always there to lend a hand. At BAHS Zak is a member of the Ski Club and Environthon. Zak enjoys being a farmer and is hoping to attend college to study agriculture.

Amalia Abrahamsen: Amalia, a senior at BAHS, is an intelligent, hardworking, enthusiastic young woman with many talents. She is a natural leader who has assumed a very active role in the student body. She is highly involved in extra-curricular activities at BAHS. She is president of the SGA, vice president of the National Honor Society, captain of the varsity soccer team, a member of the Spanish Honor Society, and a member of the class cabinet. She is a 2nd grade volunteer teacher at Club 119:11, a weekend after-school program for elementary students affiliated with her church, where she is also a leader for the church's junior high youth group. She further assists others as a math tutor to two high school students and as a vocabulary/reading tutor to one elementary student. She sees herself as someone who contributes to making school life a memorable experience for all students.

Allison Steinert: Allison is a senior at BAHS, who has distinguished herself as an excellent musician and soloist in the school's many bands and choirs. She is the drum major in the marching band, president of the choir, and a section leader in both choir and band. She played the lead role in "Beauty and the Beast," has participated in Northampton County Chorus, Northampton County Band, PMEA District X Chorus, PMEA Region V Chorus, and made the PMEA All-State Chorus. She has received the Daughters of the Revolution Award, and serves as treasurer of the National Honor Society. Allison will attend Susquehanna University and major in music with a vocal emphasis. Her career goals are to become a music educator and performer. She says she wants to be able to inspire and impact students' lives with music as she has been inspired by her experiences at Bangor.

About the Science Award

The Horvath Science Award, introduced in 2011, is given annually in honor of Dr. Bert Horvath and his wife, Betty Gregor Horvath, both Bangor graduates who have distinguished themselves in the field of science research. This award recognizes an outstanding science student in the hopes of inspiring the recipient to continue to pursue a career in that field.

Horvath Science Award Recipient 2017

Anne Wallace: Anne Wallace is a junior who has excelled in science in high school. According to her teachers, she has a passion for science, is a member of several scientific clubs, and consistently outshines her classmates by mastering extremely difficult concepts in any discipline. Anne placed 2nd in the Environthon County Competition in 10th grade and received the Slater Academic Award in 11th grade. Her many activities include membership in the Slaters' symphonic and marching bands, serving as a youth leader in her church, and working at a horse farm. She loves the outdoors and is interested in identification of trees, bird calls, plants, and wildlife. Anne is also ranked number one in her class. She has a specific interest in biology, biochemistry, and genetics and wants to pursue a career in scientific research.

Visit our website at www.slateralums.com for more information on these awards.



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Memorial Day Services

Palmer

American Legion Brown & Lynch Post No. 9, Palmer Township, will hold a Memorial Day service **Saturday, May 27th at 8:45am** at the veterans' section of the Northampton Memorial Shrine (3051 Green Pond Road, Easton). Breakfast will follow at Brown & Lynch Post No. 9 (2260 Corriere Drive, Palmer Twps.).

Bangor

A Memorial Day ceremony will be held on **Monday, May 29th, at 10:00am** at St. Johns Cemetery, 6th Street & Founders Park, South Main Street, Bangor, Pa. The program is sponsored by the Bangor American Legion, Bangor Veterans of Foreign Wars and the Bangor Elks. The guest speaker will be Congressman Matt Cartwright, PA 17th Representative. Slate Belt area high school seniors that will be joining the service after graduation will also be recognized at the ceremony. In the event of rain, the ceremony will be held at the Bangor VFW Post 739, 202 Veterans Rd. (Washington Blvd.) Bangor PA. Each year the Bangor VFW, American Legion, and Elks work together to organize Memorial Day and Veteran's Day activities.

East Bangor

A Memorial Day service will be held on **Monday, May 29th, at 1:00pm** at the East Bangor Cemetery, Park Rd., East Bangor, PA. The speaker will be Brian Koehler, Vietnam Veteran. There will be a roll call of those veterans who have died in the past year and are now buried in the East Bangor Cemetery. Domenic Martocci will recite The Gettysburg Address, and Jamie Wickett will recite In Flanders Fields. Musical selections will be offered by Ellis Williams. A gun salute will be fired by the Martocci-Capobianco Post 750 American Legion, Roseto. Taps will be played by Jordyn Taylor. The East Bangor Fire Co. will be in attendance. In case of rain, the service will be held at the East Bangor United Methodist Community Church, 136 W. Central Ave. (Rt. 512), East Bangor, PA. The church is sponsoring the service. For more info., call 610-588-4453.

West Bangor Memorial Association

The West Bangor Memorial Association will hold its Annual Memorial Day Program on **Monday, May 29th, at 11:00 am**, at the Memorial Site, Second Street, West Bangor. The year 2017 is the 70th Anniversary of continuous Memorial Day services in West Bangor. The Program will include the recognition of seven living World War II Veterans whose names are listed on the Memorial Plaque in West Bangor. The principal speaker will be Colonel Terry J. Young. Colonel Young is a native of Pen Argyl, a graduate of Pen Argyl High School, and a graduate of the United States Military Academy at West Point. He also has a Masters degree in Educational Psychology and a Masters Equivalent in Strategic Studies.

The Roper Quartet will render musical selections. Tanner Barr and Gianna Greggo, both students at Pen Argyl High School, will give recitations of "Lincoln's Gettysburg Address" and "In Flanders Fields." Walter Cole and Kyle Schmidt will play "Taps" in honor of deceased service men and women. The Rev. Msgr. Vincent P. York, pastor of St. Elizabeth of Hungary Parish, Pen Argyl will offer the Invocation and Benediction.

In case of inclement weather, services will be held at St. Joseph's Episcopal Church Social Hall, Verona Drive, West Bangor. The public is invited to attend.

Mt. Bethel – Portland

Mt. Bethel – Portland Memorial Post 216 American Legion will be hosting a Memorial Day service and parade on **Monday, May 29th**. Parade formation will be at the Portland Fire Company Social Hall (State Street, Portland) at **10:15am** and end at Riverview Cemetery (Delaware Ave, Portland) with service at 11 am to honor the men and women who serve our country in times of war and peace.

Pen Argyl

On **Monday, May 29th, 9:00am** the Pen Argyl Legion Post 502 will honor the memories of all who served and are at eternal rest during a service at Fairview Cemetery, in Pen Argyl. Opening / closing of ceremony will be Commander James Shoemaker, Guest speaker David Hogarth (Navy Seal of Special Forces), Boy Scout Troop 33, Slate Belt Choir and Post Chaplin Vincent Dellorto. In the event of inclement weather the service will be held at Grace United Methodist Church (404 E. Mountain Avenue, Pen Argyl).

Roseto

Martocci-Capobianco Post #750 in Roseto will hold Memorial Day Services on **Monday, May 29th**. The parade will leave the American Legion on Garibaldi Avenue at **8:30am**. They will arrive at the New Catholic Cemetery at 9:00 am. They will then proceed to the Presbyterian Cemetery for 9:30 services. Afterward, they will arrive at the Catholic Cemetery behind the Church at 10:00 am. A program will be held at the war monuments located at the Municipal Plaza at 10:30 am.

Tatamy

Memorial Day Services will be held on **Monday, May 29th at 1:00pm** at the Tatamy Borough Municipal Building (432 Broad Street, Tatamy). Join us as we pay tribute to all who served this great country. Refreshments will be served.

West End

American Legion Post 927 located at 646 Fairgrounds Road Gilbert, PA (Rt. 209 and Fairgrounds Road by the tank) will be holding a Memorial Day service **Monday, May 29th at 11:00 am**. Commander Robert Calcavecchia will lead the service and Chaplin – RT. Rev Jim Mills will do the invocation. Guest speakers will include Rep. Jack Rader, Mr. and Mrs. Robert Allen, Glen Lippincott. After the tolling of the bell along with Benediction as well as placement of the wreath and flag raising. Please join us after for lunch. Open to all the community.

VFW Post 2540 – Memorial Day Picnic and Ceremony

Monday, May 29th; 11 am ceremony will be held at the flag pole followed by a picnic at the pavilion. Small donation requested. VFW Post 2540 is located at 546 Fawn Road, East Stroudsburg. For more information visit <https://www.facebook.com/events/1505162676161875>.



Big Brothers Big Sister Gets a Boost from Merchants Bank

Merchants Bank provided the Big Brothers Big Sisters Lehigh Valley organization with a \$1,000 donation to help in their mission of supporting

children facing adversity to succeed and thrive in life.

Big Brothers Big Sisters has supported children for more than 100 years through partnership and mentoring with parents/guardians, volunteers, and others in the community. Marlene Werkheiser, AVP/ Treasury Operations Manager at Merchants Bank, has been personally involved as a Big Sister and served BBBS the organization in other ways for over 15 years. Her "little sister," now having a personal family-like relationship with Marlene, is graduating college this year with a BS in Communications Media from IUP.

"My decision to pick up the phone and volunteer a few hours a week changed my life. I can attest to the value this organization has to not only the children served but to the mentors as well. It is nice when an employer takes an interest in supporting their employees' initiatives. Merchants Bank once again sponsored and employees participated in the Bowl for Kids' Sake this past March. I am proud of their commitment to our community", says Werkheiser.

"Big Brothers Big Sisters nurtures children with a mission to assist in their success in life. These are the types of organizations that we value and choose to support. The bank is equally a benefactor as a result of our employee's involvement and the difference they make to the community. They choose to support the groups that they believe they can help to make a difference with", says Rocco Del Vecchio, CEO, Merchants Bank.

Established in 1890, Merchants Bank is a locally owned and operated community bank. Headquartered in Bangor, PA, Merchants has two branch offices in Bangor and additional offices throughout the Lehigh Valley, including Mount Bethel, Wind Gap, Nazareth, Forks Township, Martins Creek, Easton and Bethlehem, PA. In 2013 the Bank was recognized for its community involvement and volunteerism through two awards: Greater Lehigh Valley Chamber of Commerce's The Spirit of Forks Award as well as The Volunteer Center of the Lehigh Valley's Spirit of Volunteerism Award. MNB Investment Services is a division of the bank and offers investment and wealth management financial services. For more information, please visit www.merchantsbangor.com.



Pictured from left to right, Marlene Werkheiser, Merchants Bank and Susan Bartels, CEO, Big Brothers Big Sisters

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American Legion Post #927 Valor Ride in Memory of Jack McCloskey

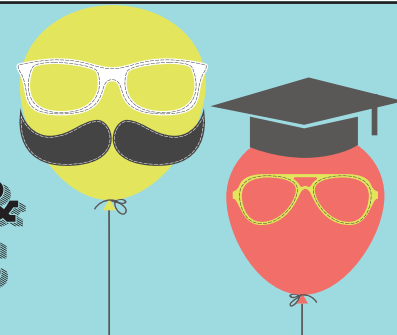
American Legion Post #927 will hold a Valor Ride in Memory of Jack McCloskey, on **Saturday, May 20th**, start and finish at the American Legion Post 927, corner of Rt. 209 and Fairgrounds Road, Gilbert, PA. **Registration begins at 9:00am, kickstands up at 10:30am.**

Family friendly party, 12 noon at the American Legion, with BBQ pork roast, live music by the Slammin Jam from 12:30 to 3:30, and vendors, raffles and more.

All proceeds to VALOR, who's mission is to improve the lives of our nation's veterans by providing free access to coaching and care that will address service-connected conditions and improve life skills for work and life outside of service.

For more information, costs, registration and vendor space, contact Everett Shaver at everett.shaver@yahoo.com. For more information about the American Legion Post 927, visit www.ampost927.org

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Happy Anniversary

Weidman 67th Wedding Anniversary

Herbert and Lorraine Weidman celebrated their 67th wedding anniversary on April 29th at the Chandler Estate with family and friends.

The happy couple have been residents of Wind Gap for the past 60 years and attribute their long term success to compassion, understanding, and a lot of love.

Congratulations Herb and Lorraine!



Herbert and Lorraine Weidman



Christ Lutheran Church Spring Service Project

On Sunday, May 7th, the youth group, and parents from Christ Lutheran Church, along with a few other volunteers completed their first spring service project. After reaching out to the Slate Belt community the group was able to locate fourteen families in need of assistance with yard clean-up and yard work for different reasons this spring.



Kara Labar

Although the weather was not very cooperative the group was still able to complete the project. They raked leaves, cleaned up yards, and were able to plant flowers to the delight of the recipients. Jennifer Smoke coordinator of the event said " Not all of the recipients were elderly, but they sure do hold a special place in our hearts. There are so many older people who had taken such pride in their yards for so many years and are just physically unable to do the work anymore, but they still have

to look at their properties. We do a lot of fun projects with our youth, but we felt it was really important to have them go out and serve others for this one. Not one person complained in the rain, we made it fun and we know that everyone learned a lot from each other. We hope to make this an annual thing and to be able to help even more people next year! We would encourage anyone to start a spring service project of their own! Although it was hard work it was very rewarding and we were the ones that were really blessed."

Special thanks to Thrivent Financial,



Emma and Ava Emma Waters

Johnsonville Farm and Garden, and Weis Markets for your generous donations.

If anyone would like more information on the youth program at Christ Lutheran Church or starting a spring service project in their community, please contact the church at 610-588-7056.



James Labar, Cliff Smoke, Dan Rubel and Mason Smoke



Tell us your good news!

Do you know a Good Samaritan, a Hometown Hero, a person who goes above and beyond for others and their community. Has something good happened, a pay it forward that you would like to share to inspire others?

E-mail or mail us your good news and it may be published in our next issue thebeltandbeyond@gmail.com or mail us your good news PO Box 33 Bangor, PA 18013



Birth Announcement

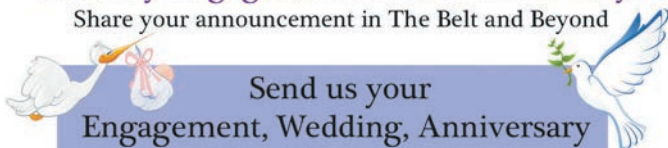
LEAH EMERSON UNDERWOOD

Peter and Kyrstin Underwood are happy to announce the birth of their second daughter, Leah Emerson. Born on September 11, 2016, at Lehigh Valley-Pocono Hospital. Leah weighed 6 pounds 11 ounces and measured 19 1/4 inches long at birth. She is surrounded by unmeasurable amounts of love by her parents, sister Olivia, and relatives which include great-grandparents Jim and Jean White, and Jean and Rich Martini, and Maternal grandparents Robert and Lisa Wisniewski and Paternal grandparents John and Beth Underwood.



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2017 Nazareth Area Blue Eagle Education Foundation Wall of Fame Recipients



Pictured: State Rep. Marcia Hahn (R-Bushkill Township, far right in photo), Taylor Munoz from the office of state Sen. Mario Scavello (R-Northampton/Monroe, second from left) and State Representative, Joe Emrick recently attended a ceremony to honor the 2017 Nazareth Area Blue Eagle Education Foundation Wall of Fame recipients: Lt. Col. Jack E. Deichman, class of 1964; Sherry Hoff, accepting for Christian Martin IV (honorary alumni); Raymond Orwig, class of 1969; and William Gano III, class of 1953.

Northampton County Department of Community & Economic Development (NCD CED) Announces Funding Opportunity for 2017 Community Investment Partnership Program (CIPP) Grants

NCD CED will competitively award CIPP Grants to eligible non-profit and municipalities. CIPP provides support especially to Northampton County's aging communities that lack resources to improve the quality of life for their citizens and creates opportunities to stimulate, attract and sustain economic development. Funding for CIPP is provided through the Northampton County local share assessment of table games gross revenue under the Pennsylvania Race Horse Development and Gaming Act, 4 Pa.C.S. §§ 1101, et seq.

In 2016, 19 projects totaling \$700,500 were awarded through this program. Since its inception in 2015, CIPP has awarded over \$1,400,000 to 41 projects that leveraged over \$5,000,000 in total community investment. Funding and awards may vary year-to-year. CIPP Community Improvement Grants will fall into one of the 4 following categories:

- Façade Grants
- Capital Improvements Grants
- Operational Grants
- Community Planning Grants

Interested parties should download and review full descriptions of CIPP funding announcement and guidelines as well as the electronic application forms at <https://www.northamptoncounty.org/CMTYECDV/Pages/Funding.aspx>.

Applicants are encouraged to submit a notice of intent to apply by **Friday June 9, 2017** via email to DCEDwebinfo@northamptoncounty.org with "your organization name 2017 CIPP NOI" in the subject header "[Insert name of Entity]". The Application **Deadline is Friday July 14, 2017 at 4:00 p.m.** All applicants must be registered in DCED's County Relationship Manager (CRM) through the DCED website prior to submitting an application. To create an account or update your existing information please go to <https://web.northamptoncounty.org/DCEDForms/Views/Login.html>. It may take up to 48 hours for your account to be activated.

Program inquiries should be directed to Northampton County Department of Community & Economic Development, Mark Hartney, Administrator, 610-829-6312, mhartney@northamptoncounty.org Michael Brett, Specialist, 610-829-6307, mbrett@northamptoncounty.org



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Monroe County Historical Association

The Monroe County Historical Association is pleased to announce a free presentation on the history of the cannons at Courthouse Square in downtown Stroudsburg on Wednesday, May 24th, at 7:00 p.m. at the Stroud Mansion, 900 Main Street, Stroudsburg. Presented by Jim Werkheiser who, for years, wondered why Monroe County was the only county in the entire Union with no monument or recognition of the Civil War. Through in-depth research, Jim was able to uncover the history behind the cannons.

The presentation is free, but due to limited space, reservations are required by Friday, May 19th. Light refreshments will be served. The presentation will be held on the 2nd floor of the Stroud Mansion which is not handicapped accessible. For additional information or to make a reservation, please contact the Monroe County Historical Association office at (570) 421-7703 or email at info@monroehistorical.org.

Image: Jim Werkheiser stands with one of the cannons at Courthouse Square, Stroudsburg, Monroe County, PA.



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8 am-12 noon

May 6th through October 28th

www.monroefarmersmarket.com

Blue Valley Farm Show Farmers Market Grand Opening



Pictured L-R State Representative Mario Scavello, Little Creek Bar-B-Cue Mascot, Dave Kromer and Robert Scott

The Blue Valley Farm Show Farmers Market Grand Opening and ribbon cutting was held on Sunday, May 7th.

The market will be open every Sunday rain or shine, May-October featuring local farm stands and vendors. Currently, there is almost a dozen farm stands and vendors offering fresh local produce, flowers, honey, artisan breads, pastries, ice-cream, cupcakes, dog snacks, wine, eggs, jams, relish, pickles, flowers, and so much more with more vendors to come.

The Blue Valley Farmers Market is looking forward to offering an experience of local produce and quality of freshness in a farm to table market.



Jim Jennings sings the National Anthem at the Grand Opening of the Farmers Market



Pictured: Lisa and Brian Spagnola of Liberty Farms, Tim Schaible Farmer's Market Committee, Robert Scott Washington Twsp. Zoning Officer, State Senator Mario Scavello and Dave and Terry Kromer of Clear Spring Farms. Photos by Kris Ordinsky-Parks



Margaret Weidner makes a purchase from Michael Kromer of Clear Spring Farms.



Dinky's Ice Cream Parlor

On Saturday, May 6th Dinky's Ice Cream Parlor celebrated their five year anniversary. The celebration started with a fun-filled spirit week that included PJ day, sports team day, favorite flavor day, Mr Dinky's day, dizzy day, and Hawaiian day. The anniversary celebration came to a close on Saturday with games, fun, and free water ice! Dinky's Ice Cream Parlor is open 7 days and is

located at 103 Broadway Bangor, Pennsylvania



ABOVE: Jill and Norm Matthews, owners, Dinky's Ice Cream Parlor



Back row L-R is Hannah Gormley, Emily Labar, Jeremy Delp, Norm and Jill Matthews, owners, Tommy Mckeough, Front L-R Hope Ragan, Courtney Widrick and Erika Neetz



ABOVE: "Mr Dinky" Day



RIGHT: Sports Team Day



High School Musical Jr.
 Students from Bangor Middle School presented High School Musical Jr. in performances held on Friday, May 5th and Saturday, May 6th.

Photos by Sabrina Schantzen



Bangor Area School District Elementary Bands

Mr. Brian Smith, Director

photo by Kris Ordinsky-Parks



Nana's Oasis Pool Supply Spring Open House

Nana's Oasis Pool Supply held a Spring Open House on Saturday, May 13th. The day included prizes, giveaways and discounts. Nana's Oasis, is a retail pool supply store and now selling spas, pool and spa supplies and chemicals including a full line of BioGuard products. They also offer free water analysis.

Nana's Oasis Pool Supply is located at 6690 Sullivan Trail in Wind Gap, The phone number is (610) 365-8967. Hours: Monday-Thursday 10am-6pm; Friday 10am-8pm, Saturday, 9am-6pm, Sunday 11am-4pm



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 Missing from Photo Gregory Stanmets and Raymond Brown Sr., co-owners

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Cool Down with Patriotic Frozen Pops

The perfect treat to celebrate and escape the heat this summer (Family Features) With backyard barbecues, pool parties and patriotic celebrations in full swing leading up to the Fourth of July, kids are constantly on the go with summertime activities. For long summer days in the sun, a cool treat is the perfect way to help keep kids energized for all of their summertime activities.

These homemade red, white and blueberry frozen pops are the perfect patriotic summer snack for active kids. Made with wholesome ingredients like fruit and milk, they're a great way for moms to add quality nutrition to snack time with flavors their kids already love. Plus, with milk as an ingredient, this delicious recipe is a creative way to help the whole family get added nutrients they need, like calcium and protein.

Whether celebrating Independence Day or relaxing following an afternoon in the sun, this tasty and nutritious summertime snack is one the whole family can enjoy together. For more inspiration and recipes to serve up summer fun, visit milklife.com.

Red, White and Blueberry Frozen Pops

Servings: 10

1/2 cup granola	2 teaspoons brown rice syrup
3/4 cup reduced fat milk	6 ounces fat-free vanilla Greek yogurt
1 cup whole strawberries, tops removed	
water	1 1/4 cup blueberries, divided

In small bowl, stir granola and brown rice syrup until combined. Using end of wooden spoon, press approximately 3/4 tablespoon granola into each frozen pop mold. Granola should be packed tightly into bottom of molds.

In another small bowl, stir together milk and yogurt; set aside.

Using small food processor or high-powered blender, puree strawberries until smooth. Stir water into each puree so they are pourable, about 2 tablespoons each, more if necessary.

Set aside 30 blueberries and puree remainder. Add water, as needed, to make pourable.

To layer pops, start by pouring, piping or syringing 1 tablespoon milk and yogurt mixture into each mold, covering granola layer. Put each mold in freezer until firm, at least 1 hour.

Layer 1 tablespoon strawberry puree on top of frozen yogurt layer in each mold. Cover top of molds with foil, insert sticks and freeze again until solid. Remove foil, add another layer of yogurt and freeze again.

For final layer, add 1 tablespoon blueberry puree and 3 blueberries to each mold. Freeze until solid. Keep frozen pops in molds until ready to eat. Run each mold under lukewarm water for approximately 10 seconds to loosen and remove frozen pops. Pops can be made 1 day in advance.

Tip: For clean lines between frozen yogurt layers, use small syringe.

Nutritional information per serving: 70 calories; 2 g fat; 0.5 g saturated fat; 3 g protein; 11 g carbohydrates; 1 g fiber; 20 mg sodium; 48 mg calcium (4% of daily value). Nutrition figures based on using reduced fat milk.

Source: MilkPEP



NATURAL ARTHRITIS RELIEF

By Jackie Talero-Rueda, The Crunchy Mom

Arthritis is the painful inflammation and stiffness of the joints. It can happen at any age but mostly happens to older adults and can affect one or multiple joints. Arthritis defines around 200 rheumatic disease and conditions affecting the joints so there are many severities and causes of it. The most common are osteoarthritis (genetic and/or "wear and tear") and rheumatoid arthritis (autoimmune). Whatever form of arthritis a person may have it can impair their ability to perform everyday tasks. May is Arthritis Awareness Month and I would like to cover a couple natural ways in helping this condition. I want to start off with the use of anti-inflammatories. Most arthritis sufferers are using NSAIDS and anti-inflammatories like Ibuprofen daily or several times a day to help manage the pain. Please be careful with these as they can be toxic to the liver and kidneys and can cause stomach ulcers. If you consume these avoid sodium which causes water retention and take them after eating. Also, get your kidney and liver checked through blood work. To help arthritis symptoms eat more sulfur-containing foods such as asparagus, eggs, garlic, and onions. Sulfur is needed for the repair and rebuilding of bone and cartilage. Eat fresh pineapple frequently. It contains an enzyme called bromelain that works well to reduce inflammation. This can also be purchased as a supplement. You can also take other supplements to help. Chondroitin sulfate is a nutritional support for strengthening joints, ligaments, and tendons. Glucosamine sulfate is important for the formation of bones, tendons, ligaments, cartilage, and joint fluid. Consuming essential fatty acids daily can help control arthritis pain and inflammation. MSM (methylsulfonyl-methane) can be taken as it is a sulfur compound needed for reducing inflammation and for joint and tissue repair. Silica supplies silicon, which is important for the formation of apatite crystal, the primary constituent of bone. Believe it or not, Fiji water contains a lot of naturally occurring silica. Taking other antioxidants, mineral and vitamins such as calcium, magnesium, zinc, vitamins D, E, C and a B-complex can also help tremendously. Curcumin is also incredible at reducing inflammation as well as the Ayurvedic herb, Boswellia. These can be purchased in supplement form as well. Get regular exercise. It is important for reducing pain and slowing down joint deterioration. Being overweight can cause and aggravate Osteoarthritis. Spend time outside to get much-needed vitamin D3 which is needed for proper bone formation. Lyme disease can mimic arthritis causing many of the same symptoms. Be sure to rule that out as well. Consider seeing a Chiropractor as they may be able to help manage pain. Check for possible food allergies as they trigger inflammation and can aggravate arthritis symptoms, especially for those with Lupus or Rheumatoid Arthritis.



Enjoy!
Jackie

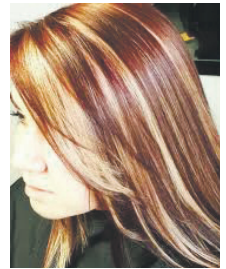
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8 Ways to Optimize Your Sleep

(Family Features) While a healthy lifestyle requires a balanced diet and exercise, sleep is another pillar of overall wellness that is both essential to your health and success and often overlooked.

By simply making small changes to your daily routine you can improve your quality of sleep. Follow these tips from Dr. Sujay Kansagra, Mattress Firm's sleep health consultant and director of Duke University's Pediatric Neurology Sleep Medicine Program, and get on your way to better rest and a healthier life.

1. Manage your sleep time. Rather than trying to accomplish everything on your to-do list at the expense of sleep, reverse your approach. As the average adult needs 7-9 hours of sleep each night, make sure to set aside the time needed for a full night of rest.
2. Stay on schedule. Try to keep your bedtime and wake time consistent on both weekdays and weekends. With time, your brain and body will acclimate to these set times, but until then, rely on an alarm - not only to wake in the morning but to keep you from staying up too late at night, too.
3. Find a routine. A routine performed 20-30 minutes prior to bed every night can subconsciously ease your brain into sleep. Unwinding with a book, taking a warm bath or meditating are all ways to slow your mind and transition toward peaceful rest.
4. Brighten up the morning. Getting plenty of bright light in the morning helps keep your sleep timing on track, particularly if you wake up early. Make opening the drapes and blinds your first task each morning.
5. Ditch the clock. Fixating on the time can create stress and keep you up at night. Instead, set your alarm, turn your clock around and forget about the time.
6. Get moving. Research shows that exercise can act as a natural sleep remedy, often leading to a more sound slumber. However, if you exercise late and have difficulty falling asleep, consider moving your workout earlier in the day. The increase in body temperature from exercise tends to be prolonged, sometimes making it hard to fall asleep.
7. Kick the caffeine habit. Morning caffeine can linger in your system until it's time to sleep. Coffee, tea, dark sodas and dark chocolate are the main offenders for most people.
8. Pay back debt. If you are chronically deprived of sleep, allow your body extra sleep time to make up for the loss. In these cases, even 8-9 hours each night may not be enough. Allow your body to catch up then commit to more consistent sleep patterns in the future.

Find more resources to help improve your sleep, including tips on how to purchase a new mattress, at DailyDoze.com.

Source: Mattress Firm

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6 Steps to Grow a Garden Anywhere

(BPT) - The benefits from gardening are endless - relaxation, fitness, family fun, delicious food and beautifying your lawn. Across the country, millions of people live in townhomes, apartments or single-family homes that seem to lack the outdoor space needed for a conventional garden. But the good news is that no matter where you live you can still create a garden that reflects your goals and is uniquely personal to you.

Raised bed gardens may be the perfect solution. This type of gardening is gaining popularity not only because it can be adjusted to fit any size requirements, but because it is prone to fewer weeds, reduced soil erosion and fewer soil challenges that can arise in areas where the ground is inherently sandy or clay-based. Raised bed gardens also offer you the opportunity to customize your garden bed with beautiful accents and decorations that will make it look as amazing as the food it produces.

Steps for growing veggies and herbs in a raised garden bed

Step 1: Prep your space. Raised garden beds can be bought or built to fill whatever space you have available. Select a bed that works well with your space and prepare accordingly.

Step 2: Choose your soil. Once you have your empty bed ready, choose your soil. Nature's Care Raised Bed Soil is ideal as this soil is specifically formulated with rich organic matter and high-quality nutrients that help give your plants the benefits they need with no mixing required. Once you add the soil, be sure to rake it so it is smooth and level.

Step 3: Preparing your bed. Next, you can finalize what you want to plant. Spacing is essential here and you want to remember to place your plants close together for maximum yield. Bonnie Plants provides a number of delicious and colorful options, including basil, tomato, kale, hot peppers and more. Check out your local plant nurseries for a variety of Bonnie Plants to choose from.

Step 4: Planting. Since plant spacing varies by plant type, read the back of the plant tag for proper plant spacing.

Step 5: Feed your plants. Once your veggies and herbs are planted, apply a fertilizer such as Nature's Care Organic & Natural Raised Bed Plant Food to add essential nutrients to the soil and help your plants grow big and strong. Simply sprinkle and work into the soil, then treat your plants to water. Just like us, plants get hungry, so make sure you follow the directions on the label to determine when to reapply.

Step 6: Harvest. When your vegetables are ripe, it's time to harvest. All you need to do is rinse and then you are ready to enjoy your favorite recipe.

For more information on growing veggies and herbs in a raised bed garden and other gardening tips can tricks, visit NaturesCare.com.



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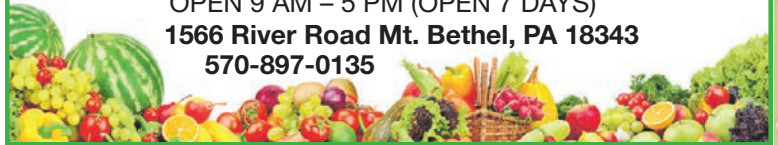
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Northampton County Household Hazardous Waste Events

May 20 & October 14, 2017, 8:30-2:00

Northampton Community College, Main Campus, Bethlehem Township, PA
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Thermostats

No TVs or other electronics accepted

No latex paint or stains

Non-hazardous materials will not be accepted

No smoke detectors/radioactives

Accepted Scrap Metals

Recycling of residential scrap, that is primarily metal, including lawn furniture, vehicle rims/wheels, yard equipment (oil, gas & batteries removed), major metal appliances (washer, dryers, stoves), air conditioners and dehumidifiers (refrigerant does not require removal, it will be recycled), etc.

Questions

[Facebook—Northampton County Dept. of Community and Economic Development.](https://www.facebook.com/NorthamptonCountyDeptofCommunityandEconomicDevelopment)

[Northamptoncounty.org/County Government/Community and Economic Development/Recycling Information](http://Northamptoncounty.org/CountyGovernment/CommunityandEconomicDevelopment/RecyclingInformation) or contact Ken Zinis, Environment and Sustainability kzinis@northamptoncounty.org or 610-829-6313

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Automobile, & light duty truck \$2.50 each
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No rims/wheels accepted (see scrap metal, above)
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Formerly, "55-Alive", the new SMART DRIVER 4 and 8 hour classroom refresher / defensive driving course is designed for qualified drivers 50 and older. There are no tests and membership in the AARP is not necessary. All automobile insurance companies doing business in Pennsylvania are required by state law to give a minimum discount of 5% to all qualified policy holders age 55 and over who take the course. Be sure to first check with your insurance agent or company to make sure you qualify to receive a discount.

All classes are taught by trained, unpaid volunteer instructors. The 8 hour class is given in a two day period in two four-hour sessions, and is required for first timers. The one day 4-hour class is only open to those who provide evidence of taking a class during the last 36 months. A \$20 fee (\$15 for AARP members) is charged for either class. Class size is limited, so advance reservations are advised to assure placement in class. Those completing the course will be issued a certificate which is valid for three years. Call the phone number below for reservations and directions to the class of your choice. Please bring your driver's license and a pen to class. AARP members need their AARP membership number at class time, to be charged the \$15 fee. Checks are accepted.

June 13th at 1:15pm: 4-hour refresher course at East Stroudsburg: Loder Senior Center phone 570-420-3745
June 24th at 1pm: 4-hour refresher course at East Stroudsburg: Spring Village at the Poconos phone 570-426-4000

Giving to the Next Generation

(Family Features)
From self-expression to self-direction, there are countless ways to age out loud. Some of the most rewarding ways for older adults involve passing on experiences, wisdom, and skills to others.



Photo courtesy of Getty Images

- Everyone has something to share, and these ideas from the Administration of Community Living can help you get started.
 - Mentor.** Use professional or personal experiences to guide a child, young adult or peer. Example: Visit Senior Corps at nationalservice.gov to learn about becoming a foster grandparent.
 - Volunteer.** Put skills to use while giving back to your community. Example: Sign up to collect food or clothing donations, serve meals at a local soup kitchen or help older adults with daily tasks at home, such as paying bills.
 - Teach.** Impart expertise via formal or informal education and tutoring opportunities. Example: Check with local schools that may need reading, math or science tutors.
 - Speak.** Sign up for speaking engagements, paid or unpaid, as well as storytelling events. Example: Open-mic events, often at theaters and libraries, welcome speakers of all ages.
 - Engage.** Visit a senior center or organize a gathering focused on connecting with others. Example: Book clubs attract participants of all ages and encourage the exchange of ideas.
 - Write.** Pen an article, op-ed or even a book to communicate wisdom and lessons learned. Example: Start with something you know the most about, such as a career, hobby or historical event, and submit a column to your local newspaper.
 - Create.** Pick a medium and use art to express yourself and share your perspective. Example: Paint, draw, sculpt, play music, dance, make crafts - whatever suits you.
 - These ideas and many others can help amplify the voices of older Americans and raise awareness of vital aging issues in communities across the nation. Find more ideas at oam.ACL.gov.
- Source: Administration for Community Living

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**Pray For Our Nation,
Martha Fonte, Lucas Fox & Tina Due**

If you would like to add a name of a loved one, friend or neighbor to the prayer list please send their name to:
The Belt and Beyond P. O. Box 33 Bangor PA. 18013
Attn: Prayer list or email us at thebeltandbeyond@gmail.com
Subject: Prayer List



Nazareth Senior Center

15 South Wood Street, Nazareth, PA, 18064. Director: Stacy Walsh
Call 610-759-8255 by **11 am day prior for meal reservations. We are looking for volunteers to help plan/set up for parties & special events.**

Penny Card Bingo - Everyday 8:30am

Morning Stretch - Mondays, 10:00am

Bonus Bingo - Tuesdays, Wednesday and Fridays, 10:00am

Penny Bingo - Wednesday, 10:00am

MAY EVENTS:

Blood Pressure Screening - Wednesday, May 3rd 12:00 noon

Pokeno - Thursday, May 18th 10:00am

Amerihealth Presentation: Asthma - Thursday, May 25th

Memorial Day Meal - Thursday, May 25th

Picnic Meal - Friday, May 26th

MEMORIAL DAY - CENTER CLOSED - Monday, May 29

The Slate Belt AARP Chapter 4135 Picnic

The Slate Belt AARP Chapter 4135 picnic will be held on **June 12th at 1pm** (in lieu of a meeting) at the Senior Center. For more info, please call Deanna 610-588-4623

Slate Belt Young at Heart Club

The Slate Belt Young at Heart Club is sponsoring a trip to Valley Forge and Hopewell Furnace on **Wednesday, June 28th**. There will be a guided tour of Valley Forge and then proceed to Hopewell. Trip includes transportation, tip, snacks, guide, entrance fees and dinner. For more information, please call Mary Lou DeRea-Lohman at 610-863-4846 or 610-844-4630.

Salvation Army Pen Argyl - Community Lunch Program

Tuesday, Wednesday and Thursday from 12:00pm-1:00pm
Community Lunch Program, Thursdays after lunch senior program.
Food pantry **first 4 Tuesdays of the month from 10am-12pm.**

"Let us never know what old age is. Let us know the happiness time brings, not count the years."
~ Auisionus

Senior Center Listings

Slate Belt Senior Center

707 American Bangor Road, Bangor, PA
(Blue Valley Farm Show Building)
610-588-1224 • Hours: 8:00 AM - 4:00 PM

Easton Area Lifestyle Campus

3201 Sullivan Trail, Easton, PA
610-829-3201 • Hours: 8:00 AM - 4:00 PM

Nazareth: The Border House

15 South Wood Street, Nazareth, PA.
610-759-8255 • Hours: 8:30 AM - 1:30 PM

Slate Belt Senior Center

Blue Valley Farm Show Complex, 707 American Bangor Road, Bangor Ph 610-588-1224. Hours: 8:00am-4:00pm. For Meal Reservations please call by **10:00am, 1 day prior before the meal. Lunch is served at 11:30am. We are looking for volunteers to help plan/set up for parties & special events.**

Morning Stretch, Monday's, Thursdays and Fridays, 9:15am

Walking Club, Monday's, Thursdays and Fridays, 9:30am

Bingo/Raffle, 5/24

Crafts & Chat, Tuesdays, 9:00am

Zumba Gold, Tuesdays, 10:00-11:00am

Exercise Class, Wednesdays 10:00am

Brush Away with Senior Artists, Wednesdays, 8:00-11:00am

Moravian Nursing Students will be available, Tuesdays, Wednesdays, and Thursdays

Pool Tables are available every morning & most afternoons

Library, TV, and Computers available Friday afternoons

Quoits, can be played anytime nothing is scheduled for floor space

MAY EVENTS

New Students from Moravian School of Nursing - Thursday, May 18

Coloring Contest - Thursday 5/18 12:15

Ladies Day Tea - Friday 5/19 12:30pm (pre-registration required)

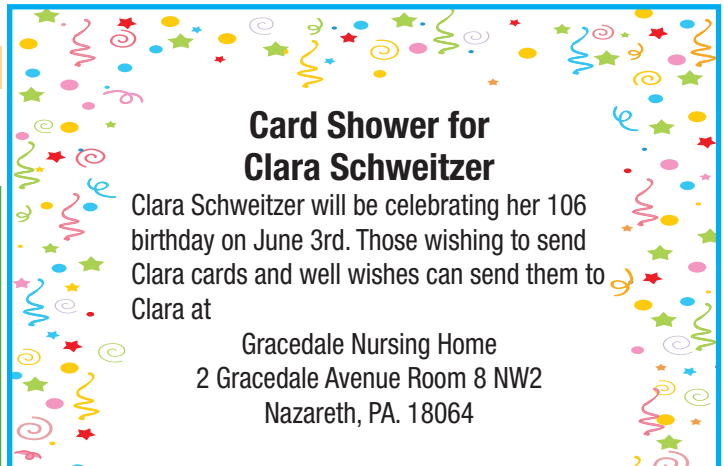
Game with Nursing Students - Tuesday, May 23, 9:30am

Make a Blue Bird House - Thursday 5/25 12:15pm (pre-registration required)

Memorial Day Party - Friday 5/26 9:00 Bean Bags ;

12:15 Salute the troops ; 12:45 ICE Cream Bar

MEMORIAL DAY - CENTER CLOSED - Monday, May 29



Card Shower for Clara Schweitzer

Clara Schweitzer will be celebrating her 106 birthday on June 3rd. Those wishing to send Clara cards and well wishes can send them to Clara at

Gracedale Nursing Home
2 Gracedale Avenue Room 8 NW2
Nazareth, PA. 18064

Monroe County Senior Center

LODER SENIOR CENTER, 62 Analomink Street in East Stroudsburg. Phone 570-420-3745. Hours 8 am – 1:30 pm Monday through Friday. For meal reservation please call 570-420-3745 by 12 noon, 1 day prior before the meal. Lunch served at 11:30 am. Socialization – Card Games – BINGO – Health & Wellness Program – Wii Bowling – Nutritious Lunch

MAY CALENDAR / EVENTS

Arthritis Exercise - 10am May 18th, 25th

Bingo - 12:30 pm May 22nd, and 31st

May 29th CLOSED - Memorial Day

Yoga - May 23rd and 30th 10 am; 1 pm "Dance & Movement"

Yoga Stretch - 10 am 24th and 31st

Older Americans Month Celebration - May 19th – 10 am to 2 pm (held at the Chestnuthill Senior Center, see center manager for details)

Magic Moments Theatre - May 24th – 12:15 pm Performance

Alzheimer's Disease/Dementia - May 25th – 10 am (Prime Time Health Presentation); 10 am to 11 am Blood Pressure Screenings.

CREATIVE CORNER

Paintings by Anete Regiec



Memorial Library of Nazareth and Vicinity Public Library Calendar of Events

For more information, contact: www.nazarethlibrary.org or 610-759-4932

June 1 – 3rd: Friends of the Library Spring Book Sale @ the library. See our website for sale hours.

June 1: Reading Group at Smooch on Main, spotlight on a biography of CoCo Chanel, 6 pm reserve your spot at the library.

June 1: Author visit, Susie Beam, author of He's Not My Husband in the library living room, 6:30 pm.

June 3: LuLaRoe Fundraiser to benefit renovations to the library basement, 9:00 am- 3:00 pm.

June 13: Build a Better World Summer Reading Kick-Off Party, 5:00 – 7:00 pm.

June 16, 23, 30, July 14, 21, 28, and Aug 4: Toddler Shake and Boogie @ Bushkill Township Fire Company, 10:30 am.

June 19th: Lehigh Valley Zoo program at Tuskes Community Park 11:00 am – 12 pm, reservations required

June 25: Mini- GOLF FORE the Nazareth Library @ the library, 1:00 pm – 4:00 pm. Tickets on sale May 1st. A limited number of tickets will be sold, stop by to purchase today!

Blue Mt Community Library News

New Additions to the Blue Mt Community Library

Adult Fiction: The Devil's Triangle, Catherine Coulter; Man Overboard, J.A. Jance; Gunmetal Gray, Mark Greaney; Wait for Dark, Kay Hooper Mississippi Blood, Greg Iles; The Sisters of Blue Mountain, Karen Katchur; In Farleigh Field, Rhys Bowen; Stolen, Carey Baldwin; The Tea Girl of Hummingbird Lane, Lisa See; The Hope Chest, Viola Shipman The Hollywood Daughter, Kate Alcott; The Lost Girl of Astor Street, Stephanie Morrill; The Amish Bride, Mindy Starns Clark; The Promise Girls, Marie Bostwick; The Book of Polly, Kathy Hepinstall; Vicious Circle, C.J. Box.

Adult Large Print: In This Grave Hour, Jacqueline Winspear; If Not For You, Debbie Macomber.

Adult Non-fiction: Upstairs at the White House, J.B. West; Raising Confident Kids, Nadim Saad; The Autoimmune Fix, Tom O'Bryan Shoot Like A Girl, Mary Jennings Hegar; The Thyroid Connection, Amy Meyers.

The library is located at 216 S. Robinson Ave. in Pen Argyl. Hours are Monday-Saturday 10:00 am –12:00 pm and Monday-Thursday, 6:00 pm –8:00 pm. Website www.bmcl.org. Facebook at www.facebook.com/bmclpenargyl.



Do you write short stories or poetry, take photos or draw? Would you like to share your talent with our readers. Send your stories, poems photos, and drawings to The Belt and Beyond to be printed in a upcoming issue.



Send submissions to: The Belt and Beyond P.O. Box 33 Bangor, PA18013 or email : thebeltandbeyond@gmail.com Subject:Creative Corner



Pocono Arts Council Members' Exhibition 2017

The Pocono Arts Council Members' Exhibition 2017 show runs from **May 6–27** in the ARTSPACE Gallery, 18 N. Seventh St., Stroudsburg. For further information, call the Pocono Arts office at 570-476-4460 or email info@poconoarts.org.

The Pocono Arts Council is a local arts service organization serving Monroe, Pike, Wayne, Lackawanna & Luzerne counties. The mission of the council is to build the community artistically and culturally by providing leadership, service, and education - "Culture Builds Community." Further information can be found by visiting its website, www.poconoarts.org.

Memorial Day Crossword Puzzle



Across

- 4 Bands march in these to remember our fallen heroes
- 7 Food that is usually eaten on Memorial Day
- 8 One of the countries America fought in
- 9 The day of the week Memorial Day is celebrated

Down

- 1 Symbol of our country
- 2 Location of the American flag on Memorial Day
- 3 A daisy is one
- 5 Who we honor on Memorial Day
- 6 City in New York that is called the birthplace of Memorial Day
- 9 The month Memorial Day is celebrated

Down (1) Flag (2) Half mast (3) Flower (5) Veterans (6) Waterloo
Answers: Across (4) Parades (7) Hamburgers (8) Iraq (9) Monday

Spirit Ascending

By Robert L. Martin

My spirit ascending, my breath no more,
O'er the battlefield and riddled sycamore,
Where bullets flew and soldiers died,
I came to the time of my life denied.
But for a life given up comes a life to be,
Of inalienable rights from generations free.

How well we fought the battle to the end,
Where freedom was born so free again,
Nothing comes from nothing sought,
As oppression flourishes so time we got.
We go to battle with all our might
And honor the creed of the sacrificial rite.
For what I died for is for a greater cause,
Martyred for the future and what befalls.
For freedom comes at a price to pay,
For how we fought from this very day.

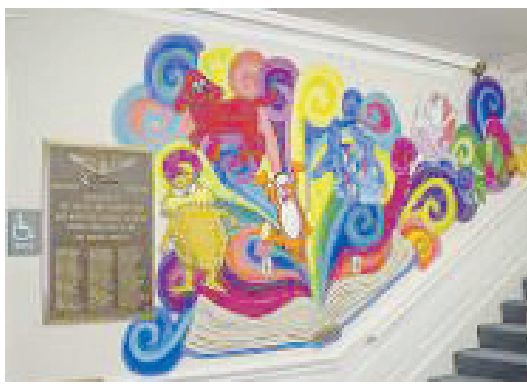
Wind Gap Summer Sounds Concerts

The Wind Gap Summer Sounds Concert series will kick off in June. Concerts are held rain or shine and begin at 6:00 pm. The Summer Sounds Concert Schedule is as follows:
June 25th Steel Creek Band; **July 9th** Tower Suite;
July 23rd 60's Boys featuring original Mudflaps; **August 6th** Headliners;
August 20 Desire

Memorial Library of Nazareth and Vicinity Unveils Community Mural

A mural titled, "A Place Where Community Comes Together" was unveiled this spring at the Memorial Library of Nazareth and Vicinity. The mural was made possible through the generosity of the Friends of the Nazareth Library, in memory of Gerti Sauerzopf.

Local artist, Karryssa Schmidt, drew and hand painted the artwork incorporating popular children's literary characters and buildings from the library's four supporting municipalities: Lower Nazareth, Upper Nazareth, Bushkill Township, and Nazareth Borough. Holly Bennett, Library's Executive Director says, "Community is everything. This mural reminds of all the opportunity and fun that literature can provide to children. It also reminds us of how appreciative the community is of our



four supporting municipalities and their commitment to offering free programs, services, and materials to those who live in our community."

Photo taken by Chris Spohn

BINGO

May 18 & 25
Polk Township Volunteer Fire Company
 Main Fire House Hall, 115 Interchange Rd, Kresgeville
 Doors open at **5:00 PM** • Bingo starts at **6:45 PM**

May 19 & 26
Wind Gap Fire Company
 Doors open at **5:00 PM** • Bingo starts **6:45 PM**

May 20 & 27
Immaculate Conception
 Doors open at **11:00 AM** • Bingo starts at **1:00 PM**

Bangor VFW
 Doors open at **3:30 PM** • Bingo starts at **6:00 PM**

May 23 & 30
Portland Hook & Ladder Co. #1
 State Street, Portland **7:00 PM**

Klecknersville Rangers Vol. Fire Co.
 2718 Mountain View Drive, Moore Township
 Doors open at **5:00 PM** • Bingo starts at **7:00 PM**

May 24 & 31
Bushkill Vol Fire Company
 Doors open at **5:00 PM** • Bingo starts at **7:00 PM**



PROCEEDS BENEFIT

AWSOM
ANIMAL WELFARE SOCIETY OF MONROE

MARK YOUR CALENDAR

June

SUNDAY, JUNE 18TH
8 AM TO 2 PM

PLEASE BRING DONATIONS
IN SUPPORT OF AWSOM TO THE FLEA MARKET.
WE ARE ALSO ACCEPTING THEM STARTING IMMEDIATELY.

FLEA MARKET

1170 WEST MAIN ST., STROUDSBURG, PA
ONE PERSON'S TRASH IS ANOTHER PERSON'S TREASURE

ARTISAN, CRAFTERS & FLEA MARKETERS:
Please Call To Participate and Reserve Your Space

\$25 under the tent, table and 2 chairs provided.	\$15 per space, must provide own table and chairs	2 MEAL vouchers included per space rented
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GRACE PARK
Seniors Living Well

For More Information Call
570-517-7609

Peanut Butter, Parsley and Banana Treats

Ingredients:

- 1 medium banana, peeled
- 1/2 cup dried parsley
- 1 cup whole wheat flour
- 3 T peanut butter
- 2/3 cup rolled oats
- 1 egg beaten

Directions:

Preheat the oven to 300 degrees. In a bowl mash banana add all remaining ingredients and mix well. Let stand for 5 minutes. Roll out mixture and cut with your favorite cookie cutters and bake on parchment lined-baking sheets 40-45 minutes. Cool completely. Your four legged friend will love these!

Attention Dog Owners – Obtaining a license for your dog is the right thing to do...and it's the law. In Pennsylvania, all dogs three months and older must be licensed by Jan. 1 of each year. Owners who fail to license their dogs could face a fine of up to \$300 for each unlicensed dog.

The fee for an annual dog license is \$6.50, or \$8.50 if the animal is not spayed or neutered. Lifetime licenses are available for dogs that have permanent identification such as a microchip or tattoo. Older adults and persons with disabilities may be eligible for discounts. For more information and to find out how easy it is to purchase your dog license, please visit <http://www.licenseyourdogpa.pa.gov/>

FREEDOM ISN'T FREE

THANK YOU, VETERANS



Like us on Facebook

www.leckvet.com

Leck Veterinary 610-863-3111

ADOPT US - CLARICE & DIESEL



CLARICE says "For the first time ever I have a name and warm bed. But something is missing..." The AWSOM staff found Clarice wandering outside, scared and alone. It looked like she had never had a home, and she was so terrified she wouldn't let us get close. But after some tender loving care, praise, treats, and plenty of gentle patience, our staff

was able to cuddle Clarice for the first time! Our hearts sang, knowing this sweet girl would someday know the love and joy of being part of a family. And that someday is now! Clarice spends her days in a kitty condo with a few other cats and she really enjoys their company. But Clarice knows she will never be complete until she finds a family to love her. If you are that family, now is the time to step forward. At 3 years young, Clarice is ready to do some catching up on her lifetime of happiness. She is spayed, up to date on shots, litter trained and waiting patiently to meet you.

DIESEL is a sweet older gentleman with energy to spare. He lives to hike, walk and play ball. Like the energizer bunny, Diesel just keeps going and going until it's time to crash. You'd never guess this bright little man is actually 10 years young. Diesel packs his big dog personality into a small, cozy package that's just perfect for cuddling. Diesel loves other dogs but no small kids, please. Handsome Diesel is a Jack Russell/Pug mix, neutered, fully vaccinated and ready to fill your home with his joyful, confident swagger. Come meet Diesel today!



The AWSOM Animal Shelter is located at 3129 Godfrey Ridge Drive, Stroudsburg, PA 18360. Adoptions hours are 11AM to 4PM, 7 days a week. Volunteer opportunities are always available. Stop in or call 570-421-DOGS for more information.

The AWSOM Animal Wellness Center is open Monday thru Friday for all your basic veterinary needs. Check out our low-cost veterinary services, including spay and neutering, vaccinations, dental care and more. Call 570-424-1060 for more information or to make an appointment.

Bangor Boys Baseball Seniors
Photos by Jennifer Trinkley Photography



**John Raub IV and parents,
Robyn and John**



**Blake McNew and parents,
Art and Kathy**



**Anthony Schiavone and parents,
Mark and Michelle**



**Michael LaBarre and parents,
Laura and Michael**



**Drew Kluska and
father, Jeffrey**



**Seth and Dylan Benton and parents,
Lori and Kevin**



**Bryan Burke and parents,
Kim and Dennis**



**Cody Kuchar and parents,
Joseph and Kathy**



**Reece Jones and parents,
Nadine and Michael**



**Madison Hathaway and parents,
Megan and Joseph**

Photo of senior Landon LaBar and parents unavailable

Bangor Girls Softball
Photos courtesy of Larry Cory Sbtotics



**Danielle Gannon and parents,
Michael and Buffy**



**Kaitlyn Caleen, with her mother
Ellen, and brother, Chris**



Hannah England and father Scott



**Danielle Fey and parents, Michael
and Janean**



**Ciarrah Holmquist and parents,
Robin and Carl**



**Ashley Kessler and parents, Rich
and Valerie**



Nicolette and Lexi Kessler and parents, Chris and Amber

Jacobsburg Environmental Education Center Community Programs, May 2017

DiscoverE Adventure Backpacks Available

When: Monday thru Friday, 8:00 AM to 2:30 PM

Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth
Borrow a backpack full of kid-friendly tools to explore Jacobsburg!
These backpacks are best for families with young children. Each backpack includes binoculars, notepad, colored pencils, magnifying lens, bug box, dip net, and five field guides for exploring the pond, insects, birds, trees, butterflies and moths. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

Outdoor Explorers (Ages 6-8)

**Tuesday, July 25 – Friday, July 28, 9:00 AM – 12:00 PM &
Tuesday, Aug. 15 – Friday, Aug. 18, 9:00 AM – 12:00 PM**

“Learning to Love the Unlovable” Have you ever been frightened by a snake? Or spooked by a bat? Do you think opossums are weird or wonder what’s the point of vultures? Join us for a fun week of getting to know the creepy, crawly and just plain weird animals of Pennsylvania!

Penn’s Adventurers (Ages 9-12)

Tuesday, July 25 – Friday, July 28, 9:00 AM – 12:00 PM

“Digging into the Past” – Do you like to play in the dirt? Do you like to solve stories from clues? Then this program is for you! Learn about the wonderful world of archeology and all the neat things archeologists do!

Northampton County Junior Conservation School - July 16-23

This week-long camp for students ages 14 to 17 is sponsored by the Northampton County Federation of Sportsmen’s Clubs and DCNR/Jacobsburg Environmental Education Center. The school includes a two-day canoe trip on the Delaware River as well as field trips to beautiful natural areas in the county. Activities include camping, hiking, canoeing, archery, birding and much more! For more information, contact Andy Curtis, Program Director at 215-679-0259.

You can also view and register for community programs online at <http://events.dcnr.pa.gov/>. If you need an accommodation to participate in a program please contact the park office at 610-746-2801 or jacobsburgsp@pa.gov. With at least three days notice, interpreters for people who are deaf or hard of hearing are available for educational programs.

“A Wrinkle in Time” *Continued from page 7*

program, Bloom Bangor is the only one of its kind in the region and can house up to 8 women in the disciplined and supportive community. Silver brings years of experience utilizing the creative expressive therapies with various populations, is thrilled to be part of this project launch, and to bring the message of A Wrinkle in Time to the local community. Silver states, “In this timeless tale of remarkable courage Meg becomes the unlikely heroine whose love for her father empowers her to overcome doubt and find the strength within to conquer evil. Jasmine plays the role of Meg, whose own personal story parallels the themes of the play – that the power of love can defeat darkness, and level life’s highest mountains.” She believes A Wrinkle In Time is a relevant story to be told particularly in this day in age as we live in uncertain times with societal challenges unlike any time before.

For more information about the project, go to www.wrinkleintimebangor.org To learn more about sponsorship, how to donate to or volunteer for the project, please contact Carol Andersen at 570-977-0600 or via email at carol@bloomcreativestudio.org

 Like us on Facebook

Free June Outdoor Recreation Programs: Northampton County Parks & Recreation

June 1, You & Me: Water Worlds: Aquatic habitats are teeming with life. Learn about the animals that call Catasauqua Creek home and about the properties of water through hands-on play and water games. For kids 2-5 years of age and their grownups. 9:30am-11am, Wayne Grube Park, Pavilion 1, 1200 Willowbrook Road, Northampton. Register at 610/965-4397 ext. 145 or at bkondravy@wildlandspa.org

June 2, Stargazing at Minsi Lake Park: Join Astronomer Rich Grebb for stargazing at Minsi Lake. Tonight’s program will begin with star chart interpretation followed by telescopic views of Jupiter and its four Galilean moons: Io, Europa, Calisto and Ganymede. Virgo, Spica, Bootes, Arcturus, Scorpio, Antares, Ursa Major and Minor and other stars & constellations will be visible, too. 8:45pm-10:30 pm, Minsi Lake Park, West Shore Parking Lot, Lake Minsi & Blue Mountain Drives, Bangor. Register at 610/829-6404 or at jwilson@northamptoncounty.org.

June 4, NorBath Trail Family Bike Ride: We’ll start and end at Wayne Grube Park, Pavilion 3 for this easy pedal along the NorBath Trail. So Cool Ice Cream Truck will have treats for purchase afterward. 10:00am-12noon, Wayne Grube Park, Pavilion 3, 302 East Bullshead Road, Northampton. Register at 610/965-4397 ext. 118 or at dmotel@wildlandspa.org.

Outdoor Skills Day Camps: These camps incorporate recreational skills like hiking and tracking as well as survival skills. Learning to forage, find you way with GPS and cooking over a fire add another dimension to being outdoors. For kids in K-8th grade. 9am-4pm. Register at 610/965-4397 ext. 131 or at dbauer@wildlandspa.org.

June 12, Wayne Grube Park, Pavilion 1, 1200 Willowbrook Road, Northampton.

June 19, Louise Moore Park, Pavilion 2, 151 Country Club Road, Easton.

June 26, Bear Swamp Park & Archery Complex, Lake Minsi Drive, Bangor.

Class of 2017 – Graduation Ceremonies

BANGOR AREA SCHOOL DISTRICT

Wednesday, June 7th 6:30 pm held in the M. Craig Payne Theatre

BELVIDERE SCHOOL DISTRICT

Thursday, June 15th 5 pm held at the High School

EAST STROUDSBURG AREA SCHOOL DISTRICT - HIGH SCHOOL NORTH

Thursday, June 8th 5 pm held at the High School

EAST STROUDSBURG AREA SCHOOL DISTRICT – HIGH SCHOOL SOUTH

Friday, June 9th 5 pm held at the High School (Main Gym)

EASTON AREA SCHOOL DISTRICT

Monday, June 12th 6 pm held at Stabler Arena

FAITH CHRISTIAN SCHOOL

Friday, June 2 7:30 pm held at Slate Belt Nazareth Baptist Church

GED PROGRAM

Wednesday, June 14 7pm held at the Nazareth High School

NAZARETH AREA SCHOOL DISTRICT

Wednesday, May 31 7 pm held at Stabler Arena

NORTE DAME GREEN POND

Saturday, June 10 1 pm held at the High School

NORTH WARREN REGIONAL SCHOOL DISTRICT

Friday, June 16 6:45 pm held at the High School

PEN ARGYL AREA SCHOOL DISTRICT

Tuesday, June 6 6:30 pm held at High School Football Field (inclement weather will be held at Wind Gap Middle School)

PLEASANT VALLEY SCHOOL DISTRICT

Friday, June 9 7 pm held at the High School Football Stadium

STROUDSBURG SCHOOL DISTRICT

Friday, June 16 8 pm held at the High School

WILSON SCHOOL DISTRICT

Wednesday, June 7 6:30 pm held at the High School



Congratulations class of 2017!

GET A COPY OF THE BELT & BEYOND AT THESE LOCATIONS

BANGOR

A.B.A. Notary
Ace Hardware
A Clean Slate
Baby Harry Coffee Co.
Bloom Creative Studio
Bangor Area School District
Bangor Borough
Bangor Child Care Center
Bangor Chiropractic
Bangor General Store
Bangor Hardware
Bangor Laundromat
Bangor Podiatry
Bangor Post Office
Bangor Public Library
Bangor Tire and Auto
Bangor Trust Brewing
Bank of America
Blue Mtn. Pediatrics
Blue Valley Diner
Blue Valley Farm Show
Blue Valley Vision
Bono Pizza
Borked PC
Bray's News
Broadway Pub
Burning Daylight Greenhouse
Carmella's Salon
China Wok
Chocolates on Broadway
Country Carpet Shoppe
Country Roads
CPA Tax
Cuts Plus
Dinky's Ice Cream Parlor
Dotta Chrysler Jeep
Duke's Sporting Goods
Dunk'in Donuts
Episcopal Apartments
First United Methodist Thrift Store
Grace on Broadway
Ginder Greenhouse
Good Shepherd
Hartzell's Auction Gallery
H&R Block
Health Network Laboratories
Heard's Meat Market
Hometown Brand Center
Ignite Fitness
J Nails
JMS Salon
Job Connections
Johnnie's Restaurant
Kline's Auto Repair
Lehigh Valley Health Network
Little Corner Cafe
Lafayette Bank
Little Creek Bar-B-Cue
Main Street Market
Magda Family Dental
Mary Eck O.D. Optometrist
Merchant's Bank (Rt 191 & Broadway)
Miller's Paint Store
Multicare Plus
Outdoorsman's Warehouse
Penn Jersey
Pies to Die For Cafe
Platinum Cutz Barber & Tattoo
Recovery Revolution/A Clean Slate
Rite Aid
Ruffly Perfect
Santander Bank
Shirts Hair Cutting
Blue Mt. Pediatrics
Sinfully Sun
Slate Belt Chamber of Commerce

Slate Belt Nursing & Rehabilitation Center
STA Bus Co.
State Farm Brian Witmer
Subway
Sunoco
Three Brothers Beverage
Tolino's Fuel Service
Tolino's/Valero
Tom Mulligan Barber
Veronica Anthony's Salon and Spa
Viny's Pizza
Wagner's Tire & Auto
Weaver Chiropractic
Weis Market
Washington Pet
PEN ARGYL
Anderson's Formalwear
Blue Mountain Community Library
Bono Pizza
Cascario's
Cuono's Barber Shop
Dr. Gary Williams DMD
Donna's Salon
Emmy Lou's Ice Cream
Giordano's Italian Restaurant
Jennifer's Salon & Day Spa & Consignment
Kim Cesare Auto Sales
Leck Veterinary Hospital
Lisa's Salon 25
The Lunch Room
Miss Rose's Pre-School
Morning Star Manor
Mr Pastie
The Old Mill Restaurant
On the Spot Dry Cleaners
Pen Argyl Pizza
Pen Argyl Post Office
Pool Store
Reagle Dodge
Reimer Bros.
Reto's Barber Shop
Rep. Mario Scavello
Sabatino Insurance
Slate Belt Floor & Wall
The Slate Pub
Tolino's/Valero
ROSETO
Faith Christian School
J.C. Bloom Designs
Roseto Bakery
Ruggiero's Market
WIND GAP
A Cut Above Hair Salon
Aunt Wendy's
Blue Valley Family Practice
Blue Valley Lanes
Cafe on Broadway
Candies and Ice Cream
Chandler Estates
Coordinated Health
Cozy Barn
Crystal Nails
Daisy Dairy Bar
Detzi's Tavern
Doughboys Pizza
Dunkin Donuts
ESSA
Family & Friends Restaurant
The Gap Diner
Genesis Hearing
Giant
Gordon Notary
Great American Real Estate
Instant Replay
Inn Town Storage
Just the Touch Hair Salon

Kilareski Orthodontics
Let's Pass It On
Nazareth Borough Office
Merchant's Bank
Mike's Produce
Mittman Country Meats
Nana's Oasis Pool Supply
Nazareth Chamber of Commerce
Penn Jersey
Petromart
Pocono Rv Center
Realty Executives
Sal's Pizza
Slate Belt YMCA
Soapee Sudz Laundry
Square One
State Farm Lucy Flinn
State Representative Marcia Hahn
St Luke's
Subway
Taste of Nature
Three Brothers Pizza
Timeshare Oasis
Walden III
Wells Fargo
Wind Gap Beer Outlet
Wind Gap Chevy Buick
Wind Gap Hardware
Wind Gap Laundromat
Wind Gap Post Office
MOUNT BETHEL
5 Points Inn
Ahearn's Garage
By The Dozen
Comunale's Italian Market
Cotturo Dental
Encore Resale Shop
Expression Thru Glass
Horn's Outdoor Inc.
Hope's Favorite Things
Merchant's Bank
Middle Village Bakery
Miller's Egg Ranch
Mt. Bethel Auto Supply
Mt. Bethel Beverage
Mt. Bethel Diner
Mt. Bethel Eye Care
Mt Bethel Hardware
Mt. Bethel Pizza
Mt. Bethel Post Office
Penn Jersey
Realty Solutions of PA
Realty World
State Representative Joe Emrick
Subway
Teel Realty
Thomas Greenhouse
TK's Bar & Grill
Todd's Auto Body
Teresa's Pizza
Tuscarora Inn
PORTLAND
Janet's Jems
Kelly's Ice Cream
PA Bagel & Deli
PNC Bank
Portland Post Office
DELAWARE WATER GAP
DWG Welcome Center
Village Farmer & Bakery
MARTIN'S CREEK
DeBer's Corner
Martin Creek's General Store
Martin's Creek Post Office
NAZARETH
Alexandria Manor
Calandra's Cheese
Dunkin Donuts

Emily's Ice Cream
G.S. Oswald Jewelers
Hair Design 201
Herbs to your Success
Kendra's Buttercup Bakery
Memorial Library of Nazareth
Vicinity
Merchant's Bank
Mivajo's Pizza
Missing Piece
Moravian Hall Square
Nazareth Area Coin Laundry
Nazareth Army & Navy Store
Nazareth Exchange
Nazareth Hardware
Nazareth Tanning
Nazareth YMCA
Penn Jersey
People's First Credit Union
Potts' Doggie Shop
Ralph's Appliance
Shear Envy
State Rep. Joe Emrick
Stehly's Bakery & Eatery
Subway/Papa John's
Tips to Toes Nail Salon
VIA Thrift Store
Zanette's Nazareth Grill
BATH
Blue Moo
Dotta's Auction
Dunkin Donuts
Hickory Hills
Latteman's Deli
Moore Pizza
Pizzaville
Turn In Restaurant
Wells Fargo Bank
BELFAST
Choida's Belfast Deli
Miguel's Restaurant
Plainfield Diner
Fluff Cell
STOCKERTOWN
A Country Home
Klein's Dairy & Farms
Stockertown Post Office
Tolino's/Valero
TATAMY
Northampton Farm Bureau
Tatamy Post Office
PALMER
Palmer Diner
Palmer Nursery
Raub's Farm Market
Stroehmann Bakery Outlet
FORKS
BB&T
Catanzaretto Pizza
Chubby's
CIT
Forks Furniture
Holiday Hair
Just a Dream Frozen Yougurt
The Mail Room
Merchant's Bank
Neighbor X Pharmacy
Nicolosi's Pizza
Party It Up
Salvatore's Pizza
St. Luke's
State Farm Insurance
Top Starr Exxon
EASTON
Caribbean Tans (25th St.)
Connexions Gallery
Crayton's Creations
Chimpun Peru

Dunkin Donuts
Daddy's Place
Easton Hospital
Easton Public Library
Jimmy's Hot Dogs (25th St.)
Josie's NY Style Deli
Joe's Delicatessen
Merchants Bank
Pearly Baker's Ale House
Sears Appliance & Hardware (Rte. 248)
Skinterest Skin Care & Boutique
Third Street Alliance
Tic Toc Family Restaruant
Sweet Girls Bakery
**POCONOS/
BRODHEADSVILLE**
Bono's
Dunkin Donuts
Shop Rite
West End Diner
SAYLORSBURG
Creature Comforts
Mountain House Country Store
Saylorsburg Lumber
SNYDESVILLE
Snydersville Diner
STROUDSBURG
Blu Studio
DeNovo Clothing
Dunkleberger's
Earthlight Natural Foods
Eastern Monroe Public Library
Echo Clothing
Ellie Mae's Closet
Grace Park Seniors Living Well
Jimmy's Ice Cream
Juci'd
Klue's Escape Room
Magda Family Dental
Monroe Library
Mountain Mutts Grooming & Salon
Philly Steaks
Raw Winery
Rockin Willy's Houka Shop
Rootin Tootin Hot Dogs
Sarah's Corner Cafe
Sherman Theatre
Shear Brilliance II Salon
ShopRite
The Charcuterie
The Dog House
The Potting Shed
The Renegade Winery
Triplets Diner
E. STROUDSBURG
Dunkin Donuts
Kilareski Orthodontics
Natural Concepts Hair Design
Soap Box Laundromat
NEW JERSEY/BELVIDERE
Bagelsmith
Belvidere Diner
Cross Roads Diner
Belvidere Food Mart
Hot Dog Johnny's
Marshall's Farm Market
Skoggy's Deli
ThisisIdious Eatery
Uncle Buck's Diner
COLUMBIA
Clover Rest Home
Dalton's Columbia Inn
Humpty Juniors

B & B FREE YARD SALE FORM


Date of Sale _____ Time of Sale _____

Address of Sale _____

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____

 All Contact Information Must Be Included. Deadline for yard sales Fridays at 4:00 p.m. prior to week of publication. Maximum 25 words. Mail completed form to: P.O. Box 33 Bangor, PA 18013 or email: yardsales.thebeltandbeyond@gmail.com or fax 814-283-4819. No yard sale ads will be accepted over the phone.



- CDL Class A with hazmat endorsement and a clean driving record.
- Drivers must be at least 23 years old, have at least 1 year verifiable experience, adhere to all D.O.T regulations and be able to obtain a TWIC identification card.
- 401 (k) retirement plan, paid holidays, vacation and training time.
- FREE Life and Health Insurance
- All drivers are assigned their own tractor unit

LOCAL TRACTOR TRAILER DRIVERS:
Home every night.
Starting pay is **\$20.00/per hour**

REGIONAL TRACTOR TRAILER DRIVERS:
Home every other night and most weekends.
Starting pay is **.45/per mile**

ROLL OFF DRIVERS:
Local pickup and delivery of containers.
Starting pay is **\$20.00/per hour**

Applications must be completed in person at:
Environmental Transport Group, Inc.
194 Goldmine Road, Flanders, NJ 07836
(800) 598-3844 • www.DumpsterPrice.com



Advertise your yard sale!
FREE
in the Belt and Beyond


The Belt and Beyond

Limit 25 Words or Less
See above for
Yard Sale Entry Form

Next issue will be printed June 1st
Deadline for all ad copy and news Friday, May 26th
Email your news and events to thebeltandbeyond@gmail.com

BUSINESS DIRECTORY

GOWNS: Special Occasion, Prom, Bridal Party

Your Design Becomes a Reality

- Custom Sewing
- Alterations
- Classes



Linda J Nevins
610-504-0978

10% Discount
with ad

Appointment Only www.fitnimage.com

31 W 1st Street, Wind Gap
610-863-4600
Email: instrep31@gmail.com

INSTANT REPLAY
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LIZARD SKIN BASEBALL BAT WRAPS \$10.00
YOUTH PULLUP BASEBALL PANT \$8.95
BELTED OPEN BOTTOM BASEBALL PANT \$18.95
BELTED ELASTIC BOTTOM BASEBALL PANT \$15.00

Team Sports Equipment and Uniforms
Corporate Apparel and Accessories
*Screen Printing & Embroidery Service

HEARD'S MEAT MARKET

Fresh & Smoked Meats

501 S. Main Street,
Bangor, PA

Phone: 610-588-1195
Fax: 610-588-7581





Phil's Plumbing

Home Maintenance & Repair
610-588-1923 • 610-509-6632
"No Job Too Small, Free Estimates"

Carpentry • Electrical • Plumbing • Drywall
Painting • Doors • Windows • Heating • Decks
Ceramic Tiles & Laminate Floors • Snowplowing
Property Maintenance • 24 Hr. Emergency Service

Expressions Thru Glass



Rita Bolles
Owner
2242 Ridge Rd.
Bangor, PA 18013
610-588-1490

expressionsthruerglass@gmail.com
www.expressionsthruerglass.com

Call Today this
could be your ad

RENTALS

FOR RENT

Pen Argyl half double three bedrooms, 2 baths. \$750 a month plus utilities. Call 484-951-2468.

5/18

YARD SALE

MULTI-FAMILY YARD SALE!

Friday, May 19th and Saturday, May 20th (Rain/Shine) Lots of different treasures. Kitchen appliances that are unopened and in the box. Out side meat smoker. Assorted decorations for the house. Odds and ends. Baby and Toddler items: Boys clothes 3m-3t, Girls clothes (variety), and of course lots of toys! Women's clothing and shoes, sizes vary from small-large. Craft supplies. Oak bedroom dresser with mirror and matching end table. Chalk painted furniture. Some vintage. Something for everyone, come and take a look at 640 Front Street, Roseta!

YARD SALE - Friday, May 19th and Saturday, May 20th 9 am - 4 pm (Rain/Shine) 100 Barren Road, East Stroudsburg, PA 18032. Clothing, HH items, Baby Items and more. FMI / directions call 570-424-7490

YARD SALE - 607 Pennsylvania Avenue, Bangor, PA 5/26 9 to 3, 5/27 9 to 1- high de-cluttering sale, power tools, dishware, housewares, costume jewelry, clothing, remote control airplane, and much more.

YARD SALE - Friday, May 26th and Saturday, May 27th 8 am - 3 pm. HH

items, clothes, toddler boy clothes and toys. South 7th Street (between Walnut and Church Sts.) Bangor. Rain/Shine.

CHURCH WIDE YARD SALE!

Saturday, June 3rd; 8 am - 2 pm; Mount Bethel Church (1270 Belvidere Corner Rd., Mt. Bethel). For more information contact 570-897-7142.

YARD SALE -Saturday May 20th 8:00am-2:00 pm. 21 Bennis Hill Road, Bangor

HELP WANTED

WAIT STAFF - Full time and part time shifts early afternoon - evening, weekends. Apply in person Blue Valley Diner, 370 Blue Valley Drive, Bangor, PA

PET GROOMER NEEDED - Full/part-time. Flexible hours. Pay based on experience. Apply at Homestead Kennels Nazareth, PA 18064

NOW HIRING - Waiters, waitresses, drivers. Apply in person Giordano's Italian



STUDENT TRANSPORTATION INC.



SCHOOL BUS

STA is an Equal Opportunity Employer

NOW HIRING!

Mechanics, School Bus and Van Drivers for Bangor Area School District

Experienced or Training will be provided

20-30 hours per week (am & pm routes)

Competitive Wages

Must pass ALL Clearance & Background Checks

CALL NOW!
(610)588-3590

Restaurant and Pizza House 13 W Pennsylvania Ave., Pen Argyl, PA.

HELP WANTED - Weekday and weekend cook and servers. Apply in person Emmy Lou's Ice Cream, 492 E. Main Street Pen Argyl, PA.

PEN ARGYL AREA SCHOOL DISTRICT POSITION VACANCY FOR HEAD COACH FOR GIRLS BASKETBALL

Pen Argyl Area School District has a vacancy for a Head Girls Basketball Coach for the 2017-2018 school year. Requirements of the position should possess the knowledge and skills associated with which to coach basketball. Should possess the ability to direct/supervise a program of this kind. In addition, Pen Argyl Area School District requires any coaching applicant to submit the following paperwork and clearances prior to be considered for any coaching position. Salary as per PAASD Supplemental Salary Schedule; dependent upon years of experience. Applicants should understand that associated costs are their responsibility and will not be reimbursed by the district.

The following should be submitted for above position:

- Letter of Interest
- Resume including Education, Coaching experience and References
- Act 34 PA Criminal Clearances (\$8): <https://epatch.state.pa.us/>
- Act 151 Childline Clearances (\$8): <https://www.compas.state.pa.us/cwis/public/home>
- Act 114 Cogent Dept. Education Fingerprints (\$40): https://pa-aps.3m.com/perl/pub/registration_edu_pci.pl
- Act 168 PA Sexual Misconduct Disclosure Form for all applicable employment:

- Form: <https://www.aimpa.org/uploaded/pdfs/Act168Disclosure.pdf>
- Instructions: <http://www.education.pa.gov/Documents/Codes%20and%20Regulations/Basic%20Education%20Circulars/Purdons%20Statutes/Act%20168%20-%20FAQs.pdf>

- Child Abuse Training Certificate
- https://www.reportabusepa.pitt.edu/webapps/portal/execute/tabs/tabAction?tab_group_id=-2_1
- Negative TB Test Results (See Your Dr. for Fee)
- PIAA Approved Fundamentals of Coaching Certificate
- NFHS fundamentals of Coaching Course (\$50): <http://nfhslearn.com/courses/61001>
- PIAA Approved First Aid Certificate

- NFHS First Aid, Health and Safety Course (\$45): <http://nfhslearn.com/courses/26>
 - Complete the following mandated Coaching Coursework which can be found at the following links:
 - Cardiac Wise Course: <https://www.sportsafetyinternational.org/cw-coach-course/>
 - Concussion Wise Course: <https://www.sportsafetyinternational.org/cardiacwise-PA-course/>
 - Act 195 - CARE Course for Epi - Pen Training / Allergies (FREE): <http://www.allergyready.com/product/course-access/>
- All application information should be submitted on or before May 21, 2017 to Mr. Tim Egan, Athletic Director Pen Argyl Area School District 501 West Laurel Avenue Pen Argyl, PA 18072.



HAYWARD Laboratories, Inc.



PALMER'S COCOA BUTTER FORMULA

Contract Filling and Packaging Facility

for Products such as Palmers Cocoa Butter Lotions

NOW HIRING

for Maintenance Mechanics, Line Mechanics, Batching and Production Positions

All Shifts Available

Benefits Offered. Competitive Salaries

Apply at Facility: 1921 Paradise Trail, East Stroudsburg, Pa 18301



CLASSIFIED ADS

REAL ESTATE-PROPERTY RENTALS & SALES, HELP WANTED, SERVICES, MISCELLANEOUS FOR SALE ITEMS, AUTOS, CARS, TRUCKS, SUVs, RVs, MOTORCYCLES

Classified line ad rates up to 20 words \$8 per issue each or \$15 for 2 issues. There will be an additional charge of 25¢ per word over 20 words.

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE _____

LINE CLASSIFIEDS

1 Issue: \$8 _____ 2 Issues: \$15 _____

CLASSIFIED DISPLAY

1 Issue: _____ 2 Issues: _____

1 Column X 1.25" \$15 per insertion or \$25 for 2 issues or
1 Column X 1.75" \$20 per insertion or \$30 for 2 issue

Mailed or emailed classified ads will only be accepted. No Classified ads will be accepted by phone. Deadline 12:00pm on Friday, prior to publication week. By mail send this form along with your check made payable to: The Belt and Beyond, P.O. Box 33, Bangor, PA 18013 ATTN: Classifieds. By Email send Classified ad with Classified ad in the subject to thebeltandbeyond@gmail.com.

All Classified ads must be pre-paid. No Exceptions. No Refunds or Credits.

Ackermanville United Methodist
1410 Ackermanville Road, Bangor, PA.,
(just off Rt. 191 in Ackermanville),
9 AM Sunday School, 10 AM Worship
Rev Alice Ann Bonham, (610) 588-7818
www.ackermanvilleumc.org

Arndt's Lutheran Church
1851 Arndt Road, Easton, PA 18040, 610-253-3732
Worship: Sat. 6:00 PM, Sun. at 8:15 AM Communion;
9:00 AM Children's Sunday School; 9:30 AM. Confirmation;
10:30 AM Worship. Holy Communion is celebrated on the 1st
& 3rd Sundays of the month.
Tue. - 10:00 AM Open Arms; 7:00 PM Boy Scouts & Bible Study.
Wed. - 10:00 AM Open Arms

Summer Worship Hours Begin Sunday, May 28th - One service
at 9:30 AM on Sunday mornings. The Saturday communion
service remains the same time at 6:00 PM

Memorial Day Remembrance Service - Sunday, May 28th -
Following the 9:30 AM worship service, gather outside at the
flagpole for a short service honoring the men and women who
have served our nation and who continue to serve today. Our
morning services will be followed by a potluck brunch.
Email: arndts.lutheranchurch@rcn. Website: www.arndtslutheran.org

Bangor Church of the Nazarene
150 Bunny Trail, Bangor
9:30 AM Sunday School, 10:40 AM Worship
Powerhouse Praise Practice 5 PM
Teen Straight Talk & Small Groups 6 PM
Kenneth L. Bean, Pastor, (610) 588-6929

Belfast Bible
483 Belfast Road, Belfast
9:30 AM Sunday School (All Ages)
10:45 AM Worship, Evening Service 7 PM
Pastor Michael Yaworski

Belfast Wesley United Methodist
607 School Street, Belfast
9:00 AM Children & Adult Sunday School, 10 AM Worship,
followed by coffee fellowship.
Pastor Paul Milligan, (610) 746-3652

Benders Mennonite Church
975 Benders Church Road, Pen Argyl
10:10 AM Worship, Food Bank 3rd Saturday
of the month 9 AM - 11 AM (610) 863-9114

Bethel Bible Church of Mt. Zion
7742 N. Delaware Dr. (Rt 611) Martins Creek
9 AM Sunday School, 10 AM Worship
Pastor Rick Tunis, (610) 250- 9809
www.bethelbiblechurchofmtzion.org

Christ Hamilton United Lutheran Church
419 Bossardsville Road, Stroudsburg, PA 18360
570-992-4085, www.christhamilton.org,
email: chulc@ptd.net
Worship Services @ 8:15am & 11:00 am
Sunday school for 3 year olds thru adults @ 9:30am

Christ Evangelical Lutheran Church
703 S. Delaware Dr (Rt 611) Stone Church/Mt. Bethel
610-588-7056 e: celcpaorg@yahoo.com
Sunday School 9am (Sept-May)
Worship 10am; communion 1st & 3rd Sunday
www.celcpa.org

Community Baptist
Weona Park Center, Pen Argyl
7 PM Bible Study, Separate class for age 10 & under
Clearfield Bible Holiness Church
1502 Bushkill Center Road, Wind Gap
10:30 AM Sunday School, 11:15 AM & 2 PM Worship
7 PM Thursday Prayer Meeting
Pastor Mike Beck, (570) 369-6563

Community Church
Mount Pocono Location -1050 Memorial Blvd., Tobyhanna, PA
18466 - SUNDAYS 9:30 am | 11:00 am | 12:30 pm
The Burgs Location - 2000 Milford Road, Stroudsburg, PA 18301
SUNDAYS 11:00 am

Community Presbyterian
1755 S. Delaware Drive, Mount Bethel
9:15 AM Sunday School, 10:30 AM Worship
Coffee hour on last Sunday of every month
following service cpcmbp@peoplepc.com
2nd Wednesday - Community Eucharistic worship
service beginning on Feb. 8th at 2:00PM
(570) 897-6766, www.yourcpcchurch.com

Cross Road Baptist Church
201 S Second Street, Bangor
9:30 a.m. Sunday School, 10:45 a.m. Worship
Wednesday 7 pm Prayer/Bible Study
2nd Sunday of Month Free Meal
4-5:30 pm Breaking Bread Soup Kitchen
Rev. Jay VanHorn, Pastor, 610-588-3966
www.crossroadbaptistbangor.com

East Bangor United Methodist Community Church
136 West Central Avenue, East Bangor, PA
Sundays - Sundays - 8:30 a.m. Choir Rehearsal
9:15 a.m. Worship Service w/Church School
10:30 a.m. Adult Sunday School
After-Church Fellowship (Last Sunday)
4:00-6:00 p.m. Free Dinner (1st Sunday)

2nd Wednesday - 7:00 p.m. U.M.W. "Esther Circle"
Thursdays - 6:30 p.m. Bazaar Workshop;
7:00 p.m. Choir Rehearsal

Saturdays - 8:00 p.m. AA Meeting
Pastor David Goss (610) 588-4453
Dial-A-Message (610) 588-3896
Website: http://www.ebumc.org/

Faith Alive Community Church
10 Mechanic Street, Wind Gap
10 AM Worship, 10:45 AM Children's Church
and Next Level (Grades 7-12)
Pastor Matthew Whistler, (610) 863-6911
www.faccpa.org

Faith United Presbyterian
218 W. Penna. Avenue, Pen Argyl
Tues: Faith Quilters-1PM
Wed: Adult Bible Study-10AM
Sun: Choir 9AM, Worship/Church School 10 AM
Sun: May 21 - Communion, Session 11AM
Sat: May 27 - Hospitality Lunch 11:30-100
Rev. Ruth Ann Christopher (610) 863-4447

Family Life Community Church
1115 Richmond Road, Bangor
Wednesday: Kidz Night Out at The Hub 6:30-
8:30 PM (Kids ages 6 thru 6th grade), Thursday: Teen
Night Out at The Hub 6:30-8:30 PM (Grades 7th thru
9th) 10 AM Worship Service
Pastor Mike Poppa, (610) 588-3736,
www.flccbangor.com

First United Evangelical
25 South 2nd Street, Bangor
Sun.: Sunday School at 9:30 AM,
Worship at 10:30 AM
Wed. Eve.: Prayer Meeting and Bible Study, 7 PM
Pastor Ronald Shipman, (610)-588-3226

First United Methodist Church
55 North Third Street, Bangor
8:30 AM Contemporary Service, 8:50 AM Junior Church,
9:50 AM Sunday School for all ages, 11 AM Traditional
Service, 11:15 AM Junior Church
Rev. Navin Satyavrata, (610) 588-4673
www.firstumcbangor.com

Faith Family Fellowship
1002 Bushkill Center Road, Nazareth
Sundays: 10 AM Worship Service with fellowship time
to follow
Pastor Robert Hampton, 484-408-9624

Flicksville United Church of Christ
1337 Lower South Main Street, Bangor, PA 18013
610-588-4648 www.flicksvilleucc.org
Sunday School 9:30a.m.
Sunday Worship 10:45a.m.
Service will include local musical talent

First United Methodist
19 West & Water Street, Wind Gap
8:45 AM Sunday School
10 AM Worship/Communion
11 AM Fellowship on 1st Sunday of each month
Pastor Bruny Martinez (717) 940-3090

Good Shepherd Evangelical Lutheran Church
2904 Church Road, Martins Creek
9 AM Worship, Adult Bible, Study following worship
Pastor Louise Williams

Grace Lutheran Church
5907 Sullivan Trail, Nazareth
9 AM Service, 10:15 AM Sunday School,
10:30 AM Adult Forum
(610) 759-9080, www.gracebelfast.org

Grace United Methodist Church
404 Mountain Avenue, Pen Argyl
8:30 AM Contemporary Worship
10 AM Blended Service, Sunday School
Rev. John T. Pfeil, (610) 863-4811

Holy Trinity Orthodox Church
1501 Trinity Court, Stroudsburg
9:30 AM Divine Liturgy Sundays
6:30 PM Vespers Saturday
(570) 421-4455, www.holytrinitypoconos.org

Hopesprings Community of Faith
301 Market Street, Bangor
Meeting time 10:00 AM
855-info-hope., www.hopespringscommunity.org

Hope Lutheran Church
240 S. 8th Street, Tatamy, PA
Pastor Herbert Dolich
9:00am Sunday School classes and Bible Study (Sept.-May)
10:30am Worship services(Sept.-June)

Hope UCC
701 Cherry Street, Wind Gap
Summer worship hours start on June 4th thru-
August 27th at 9:30 am with NO summer school
classes. Communion is the first Sunday of the month.
(610) 863-4474

Living Waters Christian Church
396 Sterling Road Unit D, Tobyhanna
Thursday: 6-7 PM Christian Education, Sunday: 9:15
AM Christian Education, 10:30 AM Worship
Rev. Dr. Jacqueline R. Walters
(570) 350-4710 or (570) 629-5581
livingwaterscc@aol.com



Arsha Vidya Pitham (Institute for Study of Vedanta, Yoga and Meditation)

651, Route 115, Saylorsburg www.arshavidya.org

Mount Bethel Church

1270 Belvidere Corner Road, Mt. Bethel
Pastor Chris Priestaf, (570) 897-7142
Little Friends Preschool (570) 897-7797
email office@mountbethelchurch.org
www.mountbethelchurch.org

Sunday Service Schedule

8:30 & 11am Worship Services
9:45 Confirmation and Sunday School

Mount Eaton Church

7277 Mt. Eaton Road, Saylorsburg
Services: 6:30 PM Saturday, 8 AM Sunday Traditional,
10:30 AM Sunday Contemporary,
6 PM Sunday Youth Group, Wednesdays: 7 PM Family
Night, 8:30 PM Young Adults' Group
Pastor Doug Hayes, (570) 992-7050
mounteatonchurch.org

Nazareth Moravian Church

4 South Main Street, Nazareth
Sundays - 8:15 Worship; 9:30 Sunday School 10:45
Worship Wednesdays-6:00pm Weight Watchers:
7:00pm Bible Study

Thursdays 6:30pm Bell Choir; 7:15pm Senior Choir
(610) 759-3163, nazarethmoravian.org

Northampton God's Missionary Church

4965 Nor Bath Blvd, Northampton, PA
Sundays: 10:00 AM, and 7:00 PM
Wednesdays at 7:00 PM. (call for location)
Rev. Rodney Keister, (610) 262-4412
www.gmc-n.com

Our Lady of Good Counsel

436 South 2nd Street, Bangor
4 PM Saturday, 8:30 AM Sunday
Pastor Stephen L. Maco, (610) 588-5445

Portland Baptist Church

601 Delaware Avenue, Portland
9 AM Sunday School, 10 AM Fellowship, 10:20 AM
Worship, 6-7:30 PM AWANA Youth Group/Prayer
Meeting/Bible Study, Handicap accessible
(570) 897-6866, www.portlandbaptistchurch.com

Prince of Peace Lutheran Church

2445 Lake Minsi Drive, Bangor
Every 1st & 3rd Saturdays of the month at 5:30 PM
Worship & Holy Communion
Sundays: 9:45 AM Worship & Communion
Rev. Michael J. Scholtes, (610) 588-2355
www.popbangor.org

Presbyterian Parish of Bangor-Roseto

Sunday 10:45 AM Worship Service
Rev. Albert Martin, (610) 588-4864
www.presbyparishbangorroseto.webs.com

Presbyterian Church of the Mountain

Church Lane, Delaware Water Gap (570) 476-0345
Sunday Worship Service: 10 AM in the Sanctuary
Holy Communion: 1st Sunday of each month
Praise Team: 2nd Sunday of each month
Sunday School: during worship in the Fellowship House
for ages 0-12 (childcare and class)
Choir Rehearsal: Thursday at 7:30 PM in the Fellowship
House Choir Room, Deacons Meeting: Last Sunday of
each month at 11 AM, Session: 2nd Thursday of each
month at 7 PM, Bible Study: each Monday at 7 PM

Richmond United Methodist Church

8538 Delaware Drive (Route 611), Bangor
One Sunday Service at 10:00 AM
Adult Sunday School at 9:00 AM
Children's Sunday School at 10:00 AM
(610) 588-7317 www.richmondumc.com

Refiner's Fire Ministry

100 Division Street, Portland
Sundays: Prayer 9:15 am Worship 10:00 am
Wednesday Night Bible Study 7:00 pm
Friday Night Redemption (Christ-centered, 12 step
meeting) 8:00pm
Pastors Phil and Jessica Karasiewicz
570-583-3101
refinersfireministry2006@gmail.com

Slate Belt - Nazareth Baptist Church

1620 Church Road, Pen Argyl
Every Tuesday: Mixed Martial Arts/Self Defense
7-8:15 PM, Aerobics 7-8 PM
Sunday: 9:30 AM Sunday School, 10:30 AM Worship
& Children's Church (nursery provided)
Adult Bible study is at 4:30, AWANA is at 5:30
Pastor Scott J. Davis, (610) 863-9274

The Roseto Independent Presbyterian Church

210 Garibaldi Avenue, Roseto
9:15 AM Greeting, 9:30 AM Service
Rev. Barry Eng, (610) 599-9949
www.RIPC-OnlineToday.org

Salem UCC

2218 Community Drive Bath PA 18014
Worship 8:00 AM; Sunday School, Confirmation Class,
Junior Choir 9:00 AM; Worship 10:15 AM
Sundays Cub Pack 50 1:00 PM
First & Third Mon. of the month Pinochle Club 11 AM-
2:30 PM
Third Monday of the month Consistory Meeting 7:00 PM
Tuesdays Boy Scout Troop 50 6:30-8:00 PM & Senior Choir
7:00 PM
Wednesdays Ladies Aid Quilting 9:00 AM-3:00 PM
Pastor Donald Brown, (610) 759-1652
www.salemuccbathpa.org

St. Brigid's Episcopal Church

301 Madison Avenue, Nazareth
9 AM Holy Eucharist
Rev. William Martin,
(610) 746-3910, www.stbrigidspa.org

St. Elizabeth's Parish

300 West Babbitt, Pen Argyl
Masses: 5 PM Saturday, 8 AM, 9:30 AM & 11 AM Sunday
Rev. Msgr. Vincent P. York. (610) 863-4777

St. Luke's UCC Belfast

471 Belfast Road, Nazareth (Belfast)
9:00 AM Worship - beginning the week of June 13th
1st Sunday of month Holy Communion
Pastor Rev. Frank Gassler, (610) 759-0244
www.stlukesuccbelfast.com

St. Mary's Episcopal

340 Lehigh Street, Wind Gap
9 AM Eucharist & Sunday School, Coffee hour
follows service
The Rev. Canon Joel Atkinson, priest in charge.
(610) 863-8007 saintmarywindgap.webs.com

St. John's Evangelical Lutheran

12 North Westbrook, Pen Argyl
8:45 AM Sunday School, 10 AM Worship
(610) 863-4332

St. Joseph's Episcopal

1440 Verona Drive, Pen Argyl
11 AM Eucharist, Coffee hour after service
The Rev. Canon Joel Atkinson, priest in charge.

St. Peter's Evangelical Lutheran Church

1422 Church Road, Pen Argyl
8 AM & 10:15 AM Services, 9 AM Sunday School, 7 PM Praise Band
(610) 863-6859 www.stpetersplainfield.com

St. Peter's UCC

401 Broad Street, Tatamy
10:00 AM worship all year; 10:00 AM Sunday school Sept.-May.
Interim Pastor, Darlene Blocker, (610) 252-6515

St. Vincent DePaul Catholic

Delaware Avenue, Portland
6 PM Saturday, 10:30 AM Sunday
Rev. Stephen L. Maco, (610) 588-5445

The Salvation Army

301 W. Main Street, Pen Argyl, PA 18072
610-863-6677

Sundays: 10 AM Sunday School, Sunday services every
Sunday from 11:00am-12:00pm.

Tuesdays: Food Bank 10 AM-12 PM

Wednesdays: Knitting & Crocheting 10 AM-12 PM

Thurs: 10:30-11:30 AM Home League Women's group.

Free Lunch for Seniors: Tues.-Thurs. 12 PM

The Pentecostal Christian Church

the Truth (Iglesia Pentecostal La Verdad)

4 Jory Avenue, Pen Argyl
12 PM Sunday School (Escuela Dominical)
1 PM Praise & Worship (Cuho Evangelistico)
All invited to Bilingual Services
Rev. Frank Pons, (570) 807-7794

Temple Israel of the Poconos

Egalitarian Conservative Synagogue
711 Wallace Street, Stroudsburg
Sabbath Services: Friday 7 PM followed by a Traditional Oneg Shabbat
Saturday 9:30 AM followed by a traditional Kiddush. Services
conducted in both Hebrew & English in a warm, welcoming, Jewish
environment. Hebrew School for ages 4-13
Dr. Sandra Alfonsi, 570-223-7062

Trinity Evangelical Lutheran

404 Broadway, Bangor
Sunday School 9am - Worship 10:15am
Pastor Laine, 610-588-2023
www.tlcbangor.com

Trinity United Church of Christ

632 South Delawar Drive, Mt. Bethel
Worship at 10:30 am - Sunday school 9:15 am
Rev. Rodney W. Wells, (610) 588-1989

Zion Presbyterian Church

Water Street, Wind Gap
9:30 AM Service, Children's Sunday School during service.
Visitors are welcomed!
Rev. Sam Huffard

Zion United Lutheran Church

1919 Route 209 in Brodheadsville.
Worship: Saturdays 5:00 PM informal spoken service,
Sundays 8:00 AM with recorded music and **10:30 AM** with
choir.
Sunday School for all ages at **9:15 AM**.
The Rev. E. Ann Melot~ ELCA
Call 570-992-6988 for more information or questions.

Remember those who served



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