

— THE —  
**BELT**  
AND  
*Beyond*

**FREE**  
Volume 10 • Issue 19  
**FEBRUARY 1, 2024**



*Happy*  
*Valentine's*  
*Day*

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## WEEKEND HAPPENINGS

### Bangor Elks Lodge #1106 Bingo

The Bangor Elks Lodge #1106 will hold a Bingo on **Saturday, February 3, Doors open at 4:30PM Bingo starts at 6:00PM.** Must be 21 to play. For tickets call 610 588-3420 or purchase at the door. Bangor Elks, 120 Broadway Bangor, PA.

### St Peter's Oldies Dance

The St Peter's Scholarship Committee is sponsoring an Oldies Dance on **Saturday, February 3, 6:00PM to 10:00PM** See ad page 3 for details

### Trinity Lutheran Church Super Bowl Chili Sale

Trinity Lutheran Church Bangor is taking orders for their famous Farm Show Chili! Deadline for orders is **Saturday, February 3** and pick up date is **Saturday, February 10.** To order or for questions call 610-588-6713 or 610-588-6894. Trinity Lutheran Church, 404 Broadway, Bangor, PA.

### EBUMCC Free Community Dinner

The East Bangor United Methodist Community Church welcomes you to a Free "Chili Mac 'n Cheese" Dinner on **Sunday, February 4, 4:00PM to 4:30PM.** The dinner is Take-Out ONLY. The church is located at 136 W. Central Ave. (Rt. 512), East Bangor, PA. Questions? call 610-588-4453 or visit [www.ebumc.org](http://www.ebumc.org).

### Blue Valley Farm Show Youth Advisory Easter Egg Sale

The Blue Valley Farm Show Youth Advisory will be selling Peanut Butter Eggs and Coconut Eggs for Easter. Orders can be placed with any of the members or by contacting Terry at 610-703-0850 or [tkromer62@gmail.com](mailto:tkromer62@gmail.com)

Please support the businesses who advertise in this publication! Live ❤️ Local

### CONTACT US:

[thebeltandbeyond@gmail.com](mailto:thebeltandbeyond@gmail.com)  
P.O. Box 33, Bangor, Pa 18013  
610.704.6818

Like us on Facebook "The Belt and Beyond"  
Online at [www.thebeltandbeyond.com](http://www.thebeltandbeyond.com)

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Email your news and events to  
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## NATIONAL DAYS

### FEBRUARY IS NATIONAL AMERICAN HEART MONTH FEBRUARY NATIONAL DAYS

- February 1 - National Dark Chocolate Day
- February 2 - National Wear Red Day
- February 3 - National Missing Persons Day
- February 4 - National Thank A Mail Carrier Day
- February 6 - National Frozen Yogurt Day
- February 7 - National Send A Card To A Friend Day
- February 8 - National Boy Scouts Day
- February 9 - National Pizza Day
- February 11 - National Giving Hearts Day
- February 12 - National Clean Out Your Computer Day
- February 13 - Galentine's Day
- February 14 - National Organ Donor Day

## FEBRUARY HOLIDAYS

- February 14 - Valentine's Day
- February 19 - Presidents Day

Look for our next issue on

**February 15, 2024**

Deadline for all ad copy and news

**Friday, February 9, 2024**

Email your news and events to [thebeltandbeyond@gmail.com](mailto:thebeltandbeyond@gmail.com)

**Mt. Bethel Vol. Fire Co. Ladies Aux. Monthly Soup Night**

Mt. Bethel Vol. Fire Co. Ladies Auxiliary will hold their Monthly Soup Nite on **Thursday, February 8**, and the second Thursday of every month thereafter at the Mt Bethel Vol. Fire Co., 2341 N. Delaware Drive, Mt Bethel, PA. Two 8 varieties of homemade soups will be available by the quart Take-Out only. To Pre-Order call Svena at 570-234-7203.

**Portland Hook & Ladder Co. LizTech Jewelry Bingo & Tricky Tray**

The Portland Hook & Ladder Co. LizTech Jewelry Bingo & Tricky Tray **Saturday February 10, 2024 at 1:00pm** (Rain Date Sat. February 17) William Pensyl Social Hall, 111 State Street, Portland PA. Limited Tickets: <https://portlandhookandladder.square.site>

See ad at right for details

**Diamond Fire Co. High Stakes Bingo**

Diamond Fire Co. will hold a High Stakes Bingo **Saturday, February 10, (Snow Date: Saturday, February 17) Doors open 3:30PM, Bingo starts 6:30PM**. Call 610-767-8476 for info and tickets. Diamond Fire Company, 110 Main Street, Walnutport, PA. See ad page 4 for details

**Plainfield Vol. Fire Co. Jackpot Bingo**

Plainfield Vol. Fire Co. will hold a Jackpot Bingo on **Sunday, February 18, 1:00PM-6:00PM** at the Plainfield Volunteer Fire Co. 6480 Sullivan Trail, Wind Gap, PA. See ad page 6 for details

**Christ Evangelical Lutheran Church Donut Sale**

Christ Evangelical Lutheran Church will hold a Donut sale on **Tuesday, February 13**. Orders can be placed until **February 9**, call Chrissy at 610-588-0809. Christ Evangelical Lutheran Church, 703 S. Delaware Dr. (Route 611), Mt. Bethel (Stone Church), PA.

**Bangor Area High School Bands Pops Concert**

The Bangor Area High School Pops Concert will be held on **Thursday, February 15, 7:30PM** at the Performing Arts Theatre, 187 Five Points Richmond Rd., Bangor, PA.

**Waste Management's Grand Central Environmental Education Center Winter Bird Walk**

The annual winter bird watch is back! Bundle up, bring your cameras and binoculars, it's Gull season! We will be walking uphill. Sturdy footing is necessary. The walk will take place on **Saturday, February 17**, promptly from **11:00AM to 12:00PM**. This event is weather dependent. If bad weather is forecasted, we will reschedule. Please watch our page for updates. Please RSVP via private message or by emailing Adrienne at [afors1@wm.com](mailto:afors1@wm.com)

**Ackermanville United Methodist Church Monthly Meal**

Ackermanville United Methodist Church free community Drive-thru meal will be held **Sunday, February 18 beginning at 3:00PM**. The church hosts a free monthly community Drive -thru meal every 3rd Sunday of the month. The church is located at 1410 Ackermanville Rd., Ackermanville, PA.

**Blue Valley Farm Show Monthly Breakfast**

The Blue Valley Farm Show will hold their monthly breakfast on **Sunday, February 18**. 707 American Bangor Road, (RT 512) Between Bangor & Pen Argyl.

See ad page 5 for details

Upcoming Events continued on page 10

**St Peter's ANNUAL Oldies Dance**

Sponsored by the St Peter's Scholarship Committee  
**Saturday, February 3, 2024 6:00-10:00 PM**

Doors open 5:00pm - Dinner & Dancing 6:00pm-10:00pm

**\$28** per person BYOB

**BLUE VALLEY FARM SHOW**

707 American Bangor Rd., Bangor PA.

**Dinner, Desserts, Chips/Pretzels, water, coffee/tea and soda included**

♡ DJ Frank Zito ♡

For tickets/Information call 610-588-2101 Checks payable to St. Peter's Scholarship. Mail to Jackie Brinker, 285 American Road, Bangor, PA 18013  
\*Help support our local food pantries, please donate non-perishable food items  
Event sponsored by Thrivent Financial

**Portland Hook & Ladder Co. #1**

16th Annual

Liztech Jewelry

**BINGO & TRICKY TRAY**

**Saturday February 10, 2024 at 1:00pm**

William Pensyl Social Hall, 111 State Street, Portland PA  
Doors Open at 11:00am \*\*\* Food Available

**\$25 Advance Ticket ~ \$30 At The Door**

For Limited Tickets : <https://portlandhookandladder.square.site>

Contact Stephanie 610-216-6716 or email [phl33ladies@gmail.com](mailto:phl33ladies@gmail.com)

(snow date February 17, 2024)

Buy \$5 worth of Tricky Tray Tickets

Receive an Additional \$5 in Tricky Tray Tickets

Must Present Ad Limit 2 offers per person

Proceeds to benefit Portland Hook & Ladder Co. #1

[www.portlandhookandladder.com](http://www.portlandhookandladder.com)

@PortlandHookandLadder



*Happy Valentine's Day*

Valentine's Day is

Wednesday, February 14

Remember shopping and dining locally helps to support your community!

See Valentine's Day advertisements Pages 6 & 7

## HIGH STAKES BINGO

### Diamond Fire Company

110 Main Street, Walnutport, PA 18088

**Saturday, February 10, 2024**

**Snow Date: Saturday, February 17, 2024**

**Price In Advance \$40 (12 Face)**

**\$45 Price Day Of Event**

Regular Games Pay \$250 • Jr. Jackpot Pays \$1,000

Jackpot Pays \$2,500 • (1) Quickie & Deal/No Deal

Doors open at 3:30pm.

Kitchen Opens at 4:30pm

Bingo starts at 6:30pm

ATM Available Inside  
Pull-Tabbs Sold  
Call 610-767-8476 for info  
or to Purchase Tickets



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## Slater Family Network Collecting Snacks for Backpack Buddies

During the **month of February** Slater Family Network will be collecting healthy snacks for their Backpack Buddy program. Donations of healthy snacks can be dropped off at the Slater Family Network office, 187 5 Points Richmond Road, Bangor. For more information call 610-599-7019.



## Marine Corps League Meeting

The Northampton County Detachment #298 Marine Corps League will meet **Saturday, Feb. 3 2024** at 1621 Lehigh Street, Easton PA at **11am**. All active duty and honorably discharged Marines, FMF Corpsmen and FMF Chaplains welcome. Contact John Mitzak 908-235-7017 or email [jvmitzak@gmail.com](mailto:jvmitzak@gmail.com). Facebook: Marine Corps League Northampton County Detachment 298.

## Upcoming Event listings are Free to all Non-Profit Organizations

Event listings include event, date, time, location and contact information ONLY.  
Email your event to [thebeltandbeyond@gmail.com](mailto:thebeltandbeyond@gmail.com) or mail to P.O. Box 33 Bangor, PA. 18013  
Contact us for Non-Profit Display Advertising Rates

## Weona Park Pool Pals February Meeting

The next meeting of the Weona Park Pool Pals will be held Monday, February 5, at 7:00PM at the Pen Argyl Borough Hall, on Robinson Ave, Pen Argyl. The public is invited and encouraged to attend. FMI or to offer help with fundraising please call 610-863-6472. Donations can be made on the website [www.weonapool.wixsite.com/](http://www.weonapool.wixsite.com/) website or by mail. Donors are asked to make checks payable to: Pen Argyl Athletic and Park Association and mail to: Weona Park Pool Pals, P.O. Box 42, Pen Argyl, PA 18072. All donations are tax deductible.

Copies of the book "The history of Pen Argyl" by Walt Cole are still available. Books can be purchased by calling 610-863-6472.

## Bangor Area High School to Host PMEA District 10 Intermediate Band & Orchestra Fest

Bangor Area High School will be hosting the PMEA District 10 Intermediate Band & Orchestra Fest on **Friday, February 16, 2024**.

200 band and orchestra students from 33 schools throughout Berks, Carbon, Lehigh, Monroe, Northampton, Pike and Schuylkill counties were nominated and have been selected to participate in these ensembles. Seven of Bangor Area Middle School's students will be a part of this ensemble.

The concert is open to the public, and will be held on **Friday, February 16, at 7:00 PM** at the Bangor Area High School Performing Arts Theater, 187 5 Points Richmond Road, Bangor, PA. Tickets will go on sale the day of the event at **6:00 PM**

## Six BAHS Students Participate in PMEA District 10 Band

On Saturday, January 13th, six students from Bangor Area High School participated in the Pennsylvania Music Educators Association District 10 band. They were **Nicholas Janneck** – Clarinet, **Rachel Finkbeiner** – Trumpet, **Sarah Moore** – Trumpet, **Bean Cesari** – Horn, **Eric Goffinet** - Euphonium (1st chair) and **Brandon Martinho** – Tuba. They were among hundreds of students who auditioned from schools in the counties of Berks, Carbon, Lehigh, Monroe, Northampton, Pike, and Schuylkill. Of those, 130 were selected to create the District 10 Band.

Congrats to Nickolas Janneck, Rachel Finkbeiner, Eric Goffinet & Brandon Martinho on advancing to Region Band next month!



Pictured L-R Eric Goffinet, Sarah Moore, Rachel Finkbeiner, Bean Cesari, Brandon Martinho and Nicholas Janneck



FORKS OF THE DELAWARE HISTORICAL ARMS SOCIETY, INC.

**\$1 OFF**  
Admission  
with this coupon  
valid Feb. 10 & 11, 2024  
**ONLY**

## GUN SHOW

NEW, USED AND COLLECTIBLE FIREARMS & MILITARIA  
THE ORIGINAL ALLENTOWN GUN SHOW

**Saturday, February 10, 9:00am - 5:00pm**  
(No tickets sold after 4:00pm)  
**and Sunday, February 11, 9:00am - 2:00pm**  
(No tickets sold after 1:00pm)

At the Agri-Plex Hall • Allentown Fairgrounds  
17th & Chew Street, Allentown, PA  
**800 TABLES, FOOD ON SITE, FREE PARKING, NO FLEA MARKET ITEMS.**  
FORKS OF THE DELAWARE HISTORICAL ARMS SOCIETY, INC.

**Hours: Saturday - Public - 9:00 AM to 5:00 PM**  
**Sunday - Public - 9:00 AM to 2:00 PM**  
(Admissions ends 1 hour prior to closing time)

A donation of \$10 requested at the door.  
Children 15 and under are free when accompanied by an adult.

Visit our website [www.allentownshow.com](http://www.allentownshow.com). For further club info call 610-438-9006

## BLUE VALLEY FARM SHOW

### All You Can Eat Breakfast

**Sunday, February 18, 2024**  
**7:30am-12:30pm**  
Adults \$14 Children 6-12 \$6 UNDER 6 FREE

*SERVING OUR MONTHLY BREAKFAST SINCE 1991*

Homemade Creamed Beef, Homefries (with or without onions), Scrambled Eggs, French Toast, Pancakes, Kielbasa, Scrapple, Pork Sausage, Turkey Sausage, Bacon, Ham **DESSERT BAR**  
**DRINKS:** Orange Juice, Apple Juice, Coffee, Tea, Hot Chocolate

**707 AMERICAN BANGOR ROAD (RT 512)(BETWEEN BANGOR & PEN ARGYL)**  
FOR MORE INFORMATION CALL 610-417-0959

## Now Accepting Enrollment for 2024

### Clear Spring Farm LLC Vegetable CSA Farm

visit our website to sign up:  
<http://clearspringfarmllc.com/>  
**610-703-0850**  
Questions email: [tkromer62@gmail.com](mailto:tkromer62@gmail.com)





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Questions email: [bkromer119@gmail.com](mailto:bkromer119@gmail.com)  
**610-972-0779**

**WE ALSO SELL QUARTERS AND HALFS OF BEEF**

## Bushkill Twp. Volunteer Fire Co.

# JACKPOT BINGO

**Sunday, March 10<sup>th</sup>, 2024**

**Doors Open 11:00am**  
**Bingo Starts 1:00pm**  
155 Firehouse Lane, Nazareth, Pa. 18064



**Tickets (each): \$40 advance • \$45 at the door**  
Price Includes a \$2.00 off kitchen purchase coupon

**Extra packets \$10 each after 1<sup>st</sup> packet purchase**  
(Each packet is 9-Face)  
Kids 6-Face package: \$10 each

**21 Regular Games pay \$100 each**  
**2 Special Games pay \$125 each**  
**Jackpot Coverall: \$2000**

**Basket Raffle \$1 each or 6 for \$5**  
Must be present to win

Pre-sale tickets available Wednesday Nights 4-10pm  
Or call Joy: 610-739-8111  
6 Bingo Monitors with Verification  
**NO outside food or drinks!**

Only 200 Tickets Available

Cash & Credit Accepted

Ball & Downline Pull-Tabs

50/50 Drawing

ATM

Kitchen Open

**First Day of Spring Saturday, March 19, 2024**

## Count Down to Spring

# 47 Days



## BONO PIZZA BANGOR

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Pizza • Stromboli • Cheesesteaks • Subs • Pasta • Wings  
**610-588-6989**

### WEEKDAY SPECIALS

Tuesday Cheeseburger & French Fries \$10.25+tax  
Tuesday (11-3pm) - 2 Slices, 16oz soda \$5.50+tax  
Wed. - Cheesesteak w/sauce & onions, 16oz soda \$9.25+tax  
Thursday - Calzone or Sausage Roll, 16oz soda \$11.99+tax  
Friday - 10" Italian Hoagie, 16oz soda \$9.50+tax

**PIZZA SPECIAL**  
2 LG Cheese Pizzas  
**\$25.99 + tax**  
Available Tues. -Thurs.



**SUNDAY FOOTBALL SPECIAL**  
1 Large Cheese Pizza  
& 8 Wings **\$20.99 + tax**  
VALID SUNDAY ONLY

**HOURS: Monday Closed; Tues.-Thurs. 11am-9pm; Fri-Sun. 11am-9:30pm**

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# MT. BETHEL DINER



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OR  
TAKE  
OUT

VALENTINE'S DAY SPECIALS AVAILABLE  
WEDNESDAY, FEBRUARY 14 - FRIDAY FEBRUARY, 16

<b>Broiled Seafood Combo w/Lobster</b> .....	<b>\$29.99</b>
<b>Delmonico Steak &amp; Grilled Shrimp</b> .....	<b>\$22.99</b>
<b>Prime Rib</b> .....	<b>\$22.99</b>
<b>BBQ Ribs</b> .....	<b>\$22.99</b>
<b>Porterhouse Steak</b> .....	<b>\$22.99</b>
<b>Shrimp Trio (21) Breaded, Broiled, &amp; Cocktail over Rice</b> Includes soup or salad & 1 vegetable & cake	<b>\$22.99</b>
<b>Filet Mignon w/Red Peppers Mozzarella Cheese, &amp; Porta Bello Mushrooms</b> .....	<b>\$18.99</b>
<b>Pot Roast</b> .....	<b>\$18.99</b>
<b>Broiled Salmon over Rice w/Teriyaki Sauce</b> .....	<b>\$16.99</b>
<b>Chicken Sophia w/Crabmeat, Shrimp or Scallops</b> .....	<b>\$16.99</b>

Above Entrees Include: 2 vegetables, soup or salad, and cake

<b>Flat Iron Steak</b> includes 2 vegetables, soup or salad & cake .....	<b>\$15.99</b>
<b>Maryland Crab Cakes</b> includes 2 vegetables, soup or salad & cake .....	<b>\$15.99</b>
<b>Lobster &amp; Crab Ravioli w/ Pink Sauce</b> includes soup or salad & cake.....	<b>\$15.99</b>
<b>Shrimp &amp; Broccoli Penne w/ Garlic &amp; Olive Oil</b> includes soup or salad, and cake .....	<b>\$15.99</b>
<b>Smoked Pork Chops (2)</b> includes 2 vegetables, soup or salad & cake	<b>\$15.99</b>

**Regular Menu Available**  
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**Pen Argyl location Hours:**  
Tuesday 8:00 AM-6:00 PM  
Thursday 9:00 AM-7:00 PM  
Friday 8:00AM-1:30PM

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### Valentine's Day Special

Book 2 Healing sessions

(35 minute Infrared sessions)

at \$35 each Get 1 FREE

Valid until February 20, 2024

Call today to book your appointment

484-809-3727

201 W. Main Street, Pen Argyl, PA

### National Organ Donor Day is February 14

You can observe National Donor Day by giving blood, becoming an organ donor, and raising awareness about donation. Let your loved ones know you are a donor and encourage them to register as well. For more information visit [donors1.org](http://donors1.org)





# PLAINFIELD TOWNSHIP VOL. FIRE COMPANY

6480 Sullivan Trail, Wind Gap PA 18091

## JACKPOT BINGO

**Sunday, February 18, 2024 - 1PM-6PM**

Doors open at 11:00AM Games start at 1:00PM

Pre-Sale Tickets \$30 - Tickets at the door \$35

<https://www.eventbrite.com/e/jackpot-bingo-at-plainfield-township-vol-fire-co-tickets-799008474857>

Presale Tickets also available at our weekly bingo

Regular BINGO games, Specials, Pull Tab tickets, 50/50, Tricky Tray,

and many other games of chance to play!

Concession stand will be open (No outside food or beverage permitted)

Banquetfacility@plainfieldfireco.com or contact us through our Facebook

# UPROOTED

## TREE SERVICE

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Anyone Can Catch Your Eye  
But it Takes Someone Special to  
Catch Your Heart  
~ Author Unknown

### Monroe County Special Olympics

Special Olympics **Every Monday Doors Open 5:00PM - Bingo Starts 7:00PM**

at American Legion Post 346  
126 E 5th St., East Stroudsburg, Pa 18301

**Progressive Jackpot** **FIRST TIME BINGO GUESTS** **New Treasure Chest Progressive Jackpot Game**

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For more information call or text Mary at 570-832-0551  
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## Mrs. Bush's Personal Care Homes, Inc.



*Mrs. Bush's*  
PERSONAL CARE HOMES

*Run by Our Family for Your Family  
for Over 40 Years*

It was Christmas Eve 1982, when the first resident moved into Mrs Bush's Personal Care Home in Kunkletown. Mr Jones, was in need of care and although Bob and JoAnn Bush were not expecting a Christmas move in they welcomed Mr Jones and he joined the Bush family for their family Christmas Eve celebration.

Bob began his career by serving 4 years in the Navy and then became a Union Electrician. JoAnn, was a Registered Nurse, graduating from the Easton School of Nursing and worked in local hospitals as an O.R. and critical care nurse. In 1979, Bob had an accident on the job shattering his right ankle. His physician told him he would have to find another line of work as they weren't sure of his recovery. So Bob and JoAnn began to think about starting their own personal care home. They purchased a nearby home that accommodated their family of 5 and 8 residents. In March of 1983 they were licensed and continued to operate the personal care home, and maintained their original careers while caring for their young family. Eventually, they were able to leave their careers and focus full time on building the business. They were hands-on operators 24 hours a day, 7 days a week. They cooked, cleaned, shopped, did laundry, conducted activities and provided direct care for the residents. Their children, Curt, Chris and Jess shared the home with the residents. Curt and Chris were busy teenagers and Jess, the youngest would spend time watching TV, playing cards and games with the residents, helping to set up for meals and doing small tasks. In 1986 The Bush's were ready to expand and build their first facility on the hill of Country View Lane. Bob was heavily involved with the building and construction while JoAnn continued to operate the existing operation in their home. She was also very involved in the industry as a representative for providers and helping to shape and create the upcoming regulations as the industry was changing and growing. Country View became a 17 bed facility. In 1989 The Bush's purchased land nearby on Kunkletown Road and began construction of the Chestnut Ridge Facility, named so as it is situated at the base of the Chestnut



Ridge with beautiful views of the mountain. When completed it was a 30 bed facility. The Bush's decided to close their personal home for business use and transferred the residents to the Chestnut Ridge Home. The Chestnut Ridge site continued to grow over the years with numerous additions. The growth and expansion over the years was clearly from the fortitude and commitment by Bob and JoAnn Bush and additional family members, hundreds of employees, volunteers and the thousands of residents and families over time. Bob and Joann stated "At Mrs. Bush's Personal Care Homes we are dedicated to providing today's seniors with service, assistance and companionship. Our residents become part of our extended family. While our beautiful location is a great asset, it is the people who make our house into a home. We are very proud of our professional staff, and their personal partnership with us in handling the ongoing, day-to-day needs of each of our residents."

Mrs Bush's offers respite care for those in need of a short-term stay, personal care for those in need of 24-hour support and independent living for those seeking security and companionship while maintaining their independent lifestyle. Call today to schedule a tour, 610-381-3713  
[www.mrsbushcares.com](http://www.mrsbushcares.com)

ADV.



## Jacobsburg Environmental Education Center Community Programs, February 2024

### Snowshoes and Hiking Poles Available - Monday thru Friday,

**8:15am-3:30pm.** Jacobsburg Visitor Center, 400 Belfast Road, Nazareth. Borrow snowshoe equipment to use on Jacobsburg's trails this winter! Snowshoes are available for folks of any age or shoe size, including small children. Snowshoes will not be made available during times of insufficient snow cover, at least six inches of snow is required. To borrow equipment, you must provide a driver's license or other form of state issued identification. For more information call 610-746-2801 or email [jacobsburgsp@pa.gov](mailto:jacobsburgsp@pa.gov). You can check our website for current winter conditions and snow depth: <https://www.dcnr.pa.gov/StateParks/WinterReport/Pages/default.aspx>

### Couples Wilderness Skills Triathlon - Saturday, February 10 at 9:30am to 11:30am or 1:00pm to 3:00pm.

Do you and your partner have what it takes to survive? Test your ability to work as team in this triathlon of semi-difficult, yet thrilling survival challenges. To remain fair, challenges will not be announced until the start of the program. This program will be held outdoors, and moderate physical activity can be expected. Adults and teens only. Registration in pairs is required.

### Intro to Fly Fishing - Tuesday, February 13 at 7:00pm to 8:30pm.

Interested in learning to fly fish? Trout Unlimited, Forks of the Delaware Chapter will offer a program on how to best start out fly fishing. They will discuss what equipment is necessary and offer demonstrations. You can also practice your best rollcast using Jacobsburg's loaner flyrod kits. This will take place indoors. Registration is Required.

### Family Science Night - Maple Sugar Science - Friday,

**February 23 at 6:00pm to 7:00pm.** Learn the science of how to get syrup from trees! We'll learn how to tell when sugar water is flowing, how to tap a tree, and the steps to cooking syrup. We'll also learn some of the history of maple syruping in PA. We will not be producing syrup, but there will be some taste testing. Registration is required.

### Basic Boating Course - Saturday, February 24 at 9:00am to 5:00pm.

The PA Fish & Boat Commission's PA Basic Boating Course was developed to supply boaters with practical information so they can make better informed decisions on the water. Instructors provide students with information to help them reduce the risk of injury and conflict on the water. Students who successfully complete this course may apply for a Boating Safety Education Certificate issued by the Commission. This course will be held indoors. Registration is required. For questions call Andy Desko at 215-968-3631.

### Volunteer Event - Cavity Nesting Boxes Install and Upkeep

**- Sunday, February 25 at 2:00pm to 4:00pm.** Join cavity nest box monitors, Becca and Jeff, to help prepare for the arrival of broody birds. Attendees can expect to replace and maintain boxes in disrepair, organize box numbers, and help install predator guards. Registration is required.

You can view and register for community programs online at <https://events.dcnr.pa.gov/search/events?order=date&search=jacobsburg>. If you need an accommodation to participate in a program, please contact the park office at 610-746-2801 or [jacobsburgsp@pa.gov](mailto:jacobsburgsp@pa.gov). Interpreters for people who are deaf or hard of hearing are available for educational programs with at least five days notice.

## Wind Gap Volunteer Fire Company

111 N. Broadway Wind Gap, PA.

**FRIDAY NIGHT BINGO**  
**DOORS OPEN AT 4:00PM**  
**GAMES BEGIN AT 6:40PM**  
**KITCHEN OPEN**



**PROGRESSIVE JACKPOTS**  
**\$25 Small package**  
**\$30 Large package**



For tickets call: 610-703-8182 or purchase Friday night at the door.

### Deadline for Bangor Borough New Logo Contest Extended

The Borough of Bangor will be celebrating its Sesquicentennial, 150 years, in 2025. The Bangor Borough 150th organizing committee has announced that they are extending the deadline of the New Logo Design Contest until the end of February. The contest is open to both students and adults. The image needs to be related to some aspect of the Slate Belt's past or present, it must be an original design, and be visually clear both close up and at a distance and work in both color and monochromatic. All entries must be received by **February 29, 2024** and delivered to Bangor Borough Hall, 197 Pennsylvania Ave., Bangor, Pa. 18013 or sent via email to the Borough Manager at [sreider@bangorborough.org](mailto:sreider@bangorborough.org).

The winning entry will be awarded a \$150.00

### Nominations for Northampton County 2024 Annual Outstanding Senior Award

County Executive Lamont G. McClure and the Northampton County Area Agency on Aging Advisory Board seek nominations for Northampton County's outstanding seniors.

Nominees must be Northampton County residents aged sixty years or older who are passionate about helping others through outreach, personal action, inspiration, public service, sports, educational instruction, or humanitarian endeavors.

Nomination forms can be found at:

<https://files.constantcontact.com/6d5f1902501/57ed83df-643d-4c0e-a0b6-096dbeb510a2.pdf?rdr=true> and must be returned with an essay of 250 words or less with a description of why the nominee deserves recognition and a listing of their volunteer activities. You may nominate more than one person. Please return one form for each person with an attached essay to Melissa Titus at [mtitus@norcopa.gov](mailto:mtitus@norcopa.gov), or at the address below: Melissa Titus, Area Agency on Aging, 2801 Emrick Blvd., Bethlehem, PA 18020.

Nominations must be postmarked by **Friday, March 15, 2024**. The selected individuals will be announced in April.

The 2024 Annual Outstanding Senior Award Ceremony will take place on **Friday, April 26**, at the Charles Chrin Community Center of Palmer Township.

### Area Food Banks & Food Pantries

#### Portland Upper Mt Bethel Food Bank P.U.M.P.

The Portland Upper Mt Bethel Food Pantry P.U.M.P. is open **Mondays 8:30AM to 11:30AM**. P.U.M.P. is located at 111 State Street in Portland. The phone number is 570-897-5847.

#### Mission of Love Food Bank

**Every Tuesday 9:00AM to 12:00PM**, 555 North Main Street, Bangor, PA. Questions contact Pastor Frank Pons (570) 807-7794.

#### 6th Annual Snowmen of Stroudsburg

The Snowmen return for the winter season in downtown Stroudsburg! The snowmen are designed and built by local artists and will stay up until **February 24**. The Snowmen of Stroudsburg is a project by Go Collaborative! For more information visit <https://gocollaborativestbg.com/>

#### Christ Presbyterian Church of the Slate Belt Hospitality Luncheon

Christ Presbyterian Church of the Slate Belt will hold their monthly hospitality luncheon on **Saturday, February 24, 11:30AM to 1:30PM**. The church is located at 332 Kennedy Drive, Bangor, PA 18013

#### First United Methodist Church Bangor Monthly Luncheon

The First United Methodist Church Bangor hosts a community luncheon the 4th Sunday of every month. The next luncheon will be held on **Sunday, February 25, at 12:30PM**. The church is located at 55 N. 3rd St., Bangor. Use the lower entrance on the alley on the left of the church. Questions? Call 610-588-HOPE (4673).

#### Prince of Peace Lutheran Church Clothing Give Away

Prince of Peace Lutheran Church will host a clothing give away on **Saturday February 24, 10:00AM to 1:00PM**. Donated clothing and other items will be available. Please bring bags for your treasures. Prince of Peace Church is located at 2445 Lake Minsi Drive, Bangor, PA.

#### PIAC 45th Annual St Patrick's Day Parade

The Pocono Irish American Club's 45th Annual St. Patrick's Day Parade will be held on **Sunday, March 24**. Step-off time will be **1:15PM** from Stroudsburg High School. Individuals and groups interested in participating in this year's parade can find the rules, regulations and application form at <https://www.poconoirishamericanclub.com/parade-participant-sign-up.html?fbclid=IwAR0-4FvIq0e-5fLx4zf-TFuK49NvRAhgpPDp-KTJVcsQPQvIjW3xrpypxwzW#/>

#### Mt. Bethel Vol. Fire Co. Ladies Auxiliary 29th Annual Spring Craft/Vendor Show

The Mt. Bethel Vol. Fire Co. Ladies Auxiliary will hold their 29th Annual Spring Craft/Vendor Show on **Saturday April 20** at the Mt Bethel Vol. Fire Co. hall, 2341 N. Delaware Drive, Mt Bethel, PA. 18341.

[www.thebeltandbeyond.com](http://www.thebeltandbeyond.com)

**February is American Heart Month**

February is a month to focus on matters of the heart. Not only is Valentine's Day celebrated in February it is also National American Heart Month.

According to the American Heart Association (AHA), heart disease is the number one killer worldwide. The Center for Disease Control reports that "about 695,000 Americans die from heart disease each year -that's one in every five deaths." In the United States someone has a heart attack every 45 seconds."

So what can you do to get heart healthy for American Heart Month? First, get moving! Simply taking a brisk walk for 30 minutes a day can make a difference. Eat heart healthy meals. There are so many delicious possibilities. Google heart healthy recipes and find tons of options that will please your palate.

February 2 is National Wear Red Day®, a day to raise awareness for heart disease in women. Cardiovascular disease is the No.1 killer of women. Symptoms vary between men and women. As with men, women's most common heart attack symptom is chest pain (angina) or discomfort. But women may experience other symptoms that are typically less associated with heart attack, such as shortness of breath, nausea/vomiting, and back or jaw pain. Wear red on Friday, February 2nd to raise awareness about cardiovascular disease and help save lives. For information about cardiovascular disease in women visit [www.goredforwomen.org/](http://www.goredforwomen.org/)



**Your Favorite Team**

by Robert L. Martin

I hope your favorite team is up for the game, for victory at the very end to lay claim; from the opening kickoff til the very last play, with intrepid eyes and all the fear gone away.

Football is for winners with a winning spirit, to keep advancing the ball and never quit. I hope your team has that look in their eyes with that taste of victory, the creed of the wise.

**BINGO EVERY THURSDAY**

at **Plainfield Township Vol. Fire Co.**

6480 SULLIVAN TRAIL, WIND GAP, PA.



**Progressive Jackpots, Pull Tab Tickets, & Piggy!**

**Doors open at 4:30 PM**

**BINGO 6:30 PM**

**Plainfield Volunteer Fire Co.**

6480 Sullivan Trail, Wind Gap, PA.

**Definitely do your taxes.**

There are millions of tax refunds waiting to be claimed. Our tax pros are available early and late to help you file by April 18 and get you every dollar you deserve.

**Help support your community**  
**Donate 3 non-perishable items to our Food Bank drive and we will discount your prep. fees.**

Get started today.



215B South First Street, Bangor, PA 18013  
 228 South Broadway, Windgap, PA 18091  
 Bangor - 610-588-0011 | Wind Gap - 610-863-7303

*Groundhog Day*

is Friday,

February 2nd



### Bangor Area High School Girls Basketball Senior Night

*Photos by Lisa Newberry*

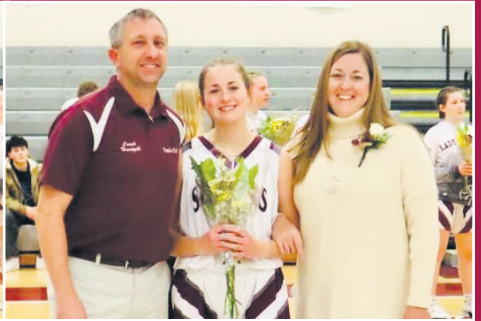
The Lady Slater Basketball team honored their Senior players on January 18 at their game against Southern Lehigh. Bangor won 44 to 30.



Amy Blaha with her parents



Chloe Proko with her parents



Sarah Hartzell with her parents



Kyleena Gonzalez with her parents



Julia Pinter with her parents



Ashley Richards with her parents



Jace Polowy with her parents



Jensyn Buist with her parents



Addison Karasek, Mngr., with her parents



**Pen Argyl High School vs Bangor High School Wrestling & Pen Argyl Senior Night.**

*Photos by Elliot Lorrh-Pfeifer & Lisa Newberry*

The Pen Argyl Green Knights met the the Slaters on the mat on Wednesday, January 24th. The Bangor Slaters took the win 34-31.



Bradley Lacey with his parents



Alex Moser with his parents



Vincent Reto with his parents



Aidan Knorr and his mother



Pen Argyl Senior Wrestlers Pictured L-R Vincent Reto, Alex Moser, Bradley Lacey, and Aidan Knorr.



Bangor Senior Wrestlers Pictured L-R Noah Hillis, Landen Smith, Sam Woolverton and Riley Stapp

**Bangor Area High School Basketball Senior Night**

*Photos by Lisa Newberry*

The Bangor High School Boys Basketball Team honored their senior players at their game against Moravian. The Slaters took the win with a final score of 71-50.



Pictured L-R Head Coach, Colin Kessler, Josh Wilkins, Gavin Nelson, Cody Quagliato, Meysun Gray, and assistant coach, Jared Randolph



Gavin Nelson with his parents



Josh Wilkins with his parents



Cody Quagliato with his parents



Meysun Gray and his mother

### New in the Bangor Public Library

**Adult Fiction** - The Atlas Complex by Olivie Blake; The Waters: A Novel by Bonnie Jo Campbell; The Storm We Made: A Novel by Vanessa Chan; Fragile Designs: A Novel by Colleen Coble; Lies and Other Love Language: A Novel by Sonali Dev; Goodbye Girl: A Jack Swyteck Novel by James Grippando; The Heiress: A Novel by Rachel Hawkins; Midnight Creed by Alex Kava; The Night Island by Jayne Ann Krentz; The Book of Fire: A Novel by Christy Lefteri; The Fury by Alex Michaelides; The Tiffany Girls: A Novel by Shelley Noble; Holmes, Marple & Poe by James Patterson Hero by Thomas Perry; The War Pianist by Mandy Robotham; The Worst Best Man by Lucy Score; The Radcliffe Ladies' Reading Club: A Novel by Julia Thomas; Only If You're Lucky: A Novel by Stacy Willingham; The Seed Keeper: A Novel by Diane Wilson.



**Adult Non Fiction** -The Wheel of the Year: An Illustrated Guide to Nature's Rhythms by Fiona Cook; Gut Check: Unleash the Power of Your Microbiome to Reverse Disease and Transform Your Mental, Physical, and Emotional Health by Steven R. Gundry; Rich AF: The Winning Money Mindset that Will Change Your Life by Vivian Tu; Younger for Life: Feel Great and Look Your Best With the New Science of Autojuvenation by Anthony Youn.

**Large Print Adult Fiction** - Out of Nowhere by Sandra Brown.

**Easy Fiction** - Just One More Sleep: All Good Things Come to Those Who Wait...and Wait...and Wait by Jamie Curtis; Jimmy Zangwov's Out-of-this-World Moon Pie Adventure by Tony DiTerlizzi; Glad Monster, Sad Monster: A Book About Feels by Ed Emberley; Sadie Sprocket Builds a Rocket by Sue Fliess; Bear Finds Eggs by Karma Wilson.

**Easy Non Fiction** - Sally Ride by Ma Isabel Sanchez Vegara.

**Junior Non Fiction** - Physics for Curious Kids: An Illustrated Introduction to Energy, Matter, Forces, and Our Universe! By Laura Baker; The Official Harry Potter Cookbook: 40+ Recipes Inspired by the Films by Joanna Farrow.

**DVDs** - The Great: The Final Season; The Marsh King's Daughter; The Sandman: The Complete First Season; Trolls Band Together: Sing-along Edition; The White Lotus: The Complete Second Season; Yellowjackets: Season Two.

The Bangor Public Library is located at 39 S. Main Street, Bangor, PA. The phone number is 610-588 4136.

**Hours: Mon., 1-8pm; Tues., 10am-8pm; Wed., 1-8pm; Thurs., 10am-8pm; Fri., 1-5pm; Sat., 10am-4pm; Sun. Closed.**

[www.thebeltandbeyond.com](http://www.thebeltandbeyond.com)

### New Items at Blue Mountain Community Library



**Adult Fiction** – The Hike, Lucy Clarke; The Enemy at Home, Kevin O'Brien; If I Go Missing, Leslie Wolfe; Goodbye Girl, James Grippando; Unnatural Death, Patricia Cornwell; Welcome Home Stranger, Kate Christensen; The Second Chance Year, Melissa Wiesner; The Stars Don't Lie, Boo Walker; The Watchman's Hand, Jeffery Deaver; First Lie Wins, Ashley Elston; The Last Caretaker, Jessica Strawser.

**Adult Nonfiction** - Anxious Grief, Claire B. Smith; When Trolleys Ruled the Earth, Mark Bussler; Rock Climbing, John Long; Hidden in Plain Sight, Lauren Ibekwe; The Opioid Epidemic, Ethan Bryson; Water Polo Fundamentals, Glen Jefferson; The Final Witness, Paul Landis.

The Blue Mountain Community Library is located at 216 S. Robinson Ave. in Pen Argyl. **Hours are 10-12, Monday thru Saturday mornings and 6-8, Monday and Thursday evenings.** All information is available on our Facebook page and website @www.bmcl.org.

### Charcuterie Workshop - Memorial Library of Nazareth and Vicinity

Get your ticket now for a special charcuterie workshop, to be held on **Thursday, February 8th, 6:00pm (snowdate Thursday, February 15th, 6:00pm)** at Nazareth Regional Ambulance Corps, 519 Seip Ave., Nazareth.

This three-hour workshop will be taught by the owner of Keystone Farms Cheese, located in Bethlehem, which specializes in handcrafted artisan cheeses from Wisconsin and is a woman-owned business founded in 2015. The teacher will show participants how to put together all the components and flavors to make the tastiest board you can imagine - a host's best entertaining secret. Registrants will be entered to win a beautiful wooden charcuterie board, donated by the Friends of the Library President!

The library wishes to thank the Nazareth Regional Ambulance Corps for donating the use of their facility for this special workshop.

Tickets are available now at the library, and registration is limited. Call 610-759-4932 ext. 4 or email [jsilvius@nazarethlibrary.org](mailto:jsilvius@nazarethlibrary.org) for details.

### AA Meeting - McMichaels UMC

AA meets at the church every **Wednesday at 12:00PM** and every **Saturday evening at 6:30PM**. There is no charge for the class. All meetings are confidential. Many people have found this class to be helpful and life-changing. If you or someone you know needs help please feel free to attend. McMichaels United Methodist Church is located at 104 White Church Rd. (corner of Rte. 715 and White Church Rd.) Saylorsburg, PA.

### McMichaels United Methodist Church Prayer Chain

McMichaels United Methodist Church has an ongoing Prayer Chain and invites anyone who is in need of prayer or knows someone who needs prayer, to email Ruth at [ruthandnick@yahoo.com](mailto:ruthandnick@yahoo.com) detailing your need. We have a group of people dedicated to praying for anyone who needs prayer. There is great comfort in knowing your loved ones are being lifted to the Lord in prayer.

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the Business Card Directory,

Contact us at: 610-704-6818 or email us at: thebeltandbeyond@gmail.com

Mount Bethel Volunteer Fire Company



**Mt Bethel Vol. Fire Company**



**SPORTSMAN'S BANQUET**

**SATURDAY, MARCH 23, 2024**

**Doors Open 4:00 PM**

**Dinner 6:00 PM Catered by Hillside Smokehouse**

**Tickets \$50.00 Per Person**

**Includes: Dinner, Beer, Soda, and Drawing of  
44 prizes valued at over \$8,000**

**Drawing Only Tickets \$20**

**For Tickets call 610-392-7818 or purchase tickets at the firehouse  
Monday nights 6:30-8:30 PM, 2341 N. Delaware Drive, Mt Bethel, PA**

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