

FREE

THE *Belt* and  
BEYOND

Volume 3 • Issue 26  
March 23, 2017
















A PUBLICATION FEATURING: local events, news, happenings and more

Hello  
Spring





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## WELCOMING OUR NEW ADVERTISERS ESSENTIAL THERAPEUTIC HEALING - PAGE 3

Next issue will be printed April 6th  
Deadline for all ad copy and news

Friday, March 31st

Email your news and events to  
[thebeltandbeyond@gmail.com](mailto:thebeltandbeyond@gmail.com)



## MARCH/APRIL

MARCH - NATIONAL COLORECTAL CANCER AWARENESS MONTH

### NATIONAL DAYS

MARCH 23 NATIONAL PUPPY DAY  
MARCH 25 NATIONAL MEDAL OF HONOR DAY  
MARCH 26 NATIONAL EPILEPSY AWARENESS DAY  
MARCH 28 NATIONAL AMERICAN DIABETES ASSOCIATION ALERT DAY  
MARCH 29 NATIONAL MOM AND POP BUSINESS OWNERS DAY  
MARCH 30 NATIONAL TAKE A WALK IN THE PARK DAY  
MARCH 31 NATIONAL CRAYON DAY  
APRIL 1 NATIONAL LOVE OUR CHILDREN DAY  
APRIL 2 NATIONAL PEANUT BUTTER AND JELLY DAY  
APRIL 5 NATIONAL WALKING DAY

### HOLIDAYS

APRIL 1 APRIL FOOL'S DAY  
APRIL 9 PALM SUNDAY  
APRIL 10 PASSOVER  
APRIL 14 GOOD FRIDAY  
APRIL 16 EASTER

# WEEKEND HAPPENINGS

## Columbia Fire Co. Lenten Dinner Fridays

Columbia Fire Company (Roseto) Lenten Dinner **Friday, March 24 - Doors open at 5:30 pm.** Dinners are held at the firehouse every Friday evening during Lent, starting at 5:30 pm. The firehouse offers weekly specials and entertainment on select Fridays during Lent. Columbia Fire Company is located at 164 Garibaldi Avenue, Roseto, PA

## NCC Youth Scholastic Chess Championship

Calling all young chess players! Northampton Community College (NCC) will offer its 16th Annual Spring Youth Tournament **Saturday, March 25th from 8:00 am- 5:00 pm**, at College Center, on the Bethlehem Campus. Rated and non-rated players are invited. Prizes and trophies will be awarded. There will be United States Chess Foundation (USCF)-rated rounds for young people ages 18 and younger, and non-rated rounds for children ages 14 and younger. Each player will get to play 5 rounds. Parents are welcome to attend. Prizes, trophies and random draw prizes will be awarded. For more information or to register call 610-861-4120 or visit <http://www.northampton.edu/chess> for information. The course code is HFY150. To register visit

## Slate Belt Youth Baseball Field Clean Up

The Annual Field Clean-Up day for the Slate Belt Youth Baseball Association will be held on **Saturday, March 25th at 9:00 am.** Rain date is set for Saturday, April 1. A detailed email will be sent in regards to times, locations, and assigned task.

## 2017 Prom Dress Day

**Saturday, March 25th;** Prom Dress Day will be held at the State Theatre (453 Northampton St., Easton) from **9:00am-1:30pm.** The event is open to Juniors and Seniors with a small entrance fee, limit one female guest, No children and High School ID must be presented. For more information <http://ywcabethlehem.org>

## Seamus Kennedy

Live in concert **Saturday, March 25th, 8:00pm** at the Blue Valley Farm Show, 707 American Bangor Road, Bangor, PA. The O'Grady Quinlan School of Irish Dancers will also be performing. For tickets or more information please contact Jackie Brinker 610-588-2101 [www.seamus-kennedy.com](http://www.seamus-kennedy.com). Proceeds Benefit St. Peter's Scholarship Fund

## Bangor Pup Park Meeting

A meeting for the Bangor Pup Park will be held on **Monday, March 27th at 7:00pm** at the Bangor Public Library, 39 S Main St, Bangor, PA. Please come out and join us in the support of a dog park in Bangor.

## Luke William Hahn Foundation Announces New Adult Grief Support Group

The LWH Foundation's Grief Journeys program will begin on **Thursday, March 30th at 7 pm.** It will continue eight consecutive weeks. The group will be held at Grace United Methodist Church, 404 E. Mountain Avenue in Pen Argyl. Please call Dana at 484-548-4030 or email at [dhahn7@epix.net](mailto:dhahn7@epix.net) to sign up for this group by March 27th.

In the March 9th issue an oversight of photo credit was not acknowledged for photos submitted by Gina Osum of The Bangor Area High School production of Beauty and the Beast. We apologize for the oversight.



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TO LEARN MORE, THE SLATE BELT HEAT RECOVERY PROJECT  
QUESTION & ANSWER FORUM WILL BE HELD ON

APRIL 5TH AT 6:30PM  
PLAINFIELD TOWNSHIP VOLUNTEER FIRE HALL  
6480 SULLIVAN TRAIL, WIND GAP



**Spring Garden Series**

Penn State Master Gardener's present their annual Spring Garden Series on **March 28th and April 3rd** at Gracedale Tower. This year's lectures include: "Forgotten" Small Fruit from the Old World, Companion Plants, Transitioning to Organic Gardening, and Native Plant Garden Design for Small Spaces. For costs /registration call 610-391-9840

**BAHS Music in Our Schools Concert**

Bangor Area High School Music in Our Schools Concert will be held on **Thursday, March 30th, 7:00 pm**. Featuring instrumental and choral ensembles from all levels. M.Craig Paine Performing Arts Theatre For more information visit: [bahsbands.weebly.com](http://bahsbands.weebly.com)

**Bangor Exchange Club Announces New Spring Events**

The Bangor Exchange Club will be hosting a few new events this spring. A "Brew Bingo" will be held on **Saturday, April 1st, 2017**, at the Blue Valley Farm Show Complex. The bingo will feature "brew" themed prizes. Attendees must be 21 years of age or older. Food and beverages will be available for purchase. Tickets are available by calling Sue at (610) 863-9688. Tickets will also be available at the door.

An "Entertainment Eggstravaganza" The Bangor Exchange club will be hosting an evening of magic and illusions featuring magician David Caserta. The magic of David Caserta is known nationally from his appearance on "America's Got Talent" and his celebrated Halloween show at Easton's State Theater as well as many other venues. He will be performing **Friday, April 14th** at the Blue Valley Farm show complex, in Bangor, at 6:30 pm. Tickets are available by calling Carolyn at 610 905 2173. An egg hunt for all children (under 12 years old and under) who will be attending the magic show will begin at 5:00 p.m.

The Bangor Exchange club is one of the Slatebelt's oldest enduring non-profit organizations whose mission is to help in the prevention of child abuse. Business owners and community members are encouraged to join.

**American Cancer Society Relay For Life Tricky Tray**

**Saturday, April 1st, Doors open at 12:30pm**  
St Mary's Episcopal Church, 340 North Lehigh Street, Wind Gap. For more info please contact: Lee 732-748-1610 or Tammy 610-863-5033 or on day of event Terry 484-866-3142.

**Pancake Breakfast and Egg Hunt**

**Saturday, April 1st;** Girl Scout Troop 874 will be the host at Bangor High School cafeteria (use side entrance; 187 Five Points Richmond Rd., Bangor) for the pancake breakfast and Egg Hunt. For more information contact Jennifer Hartzell at 610-360-7284 or [jenbrykay@gmail.com](mailto:jenbrykay@gmail.com)



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**Spring Peepers Hike at Bear Swamp on April 1st**

In partnership with Northampton County Division of Parks & Recreation, Wildlands Conservancy will lead a Spring Peepers Hike at Bear Swamp County Park & Archery Complex, Lake Minsi Drive, Bangor (Upper Mount Bethel Township), PA 18013 at **7:00pm on Saturday, April 1.**

While it may remind you of Christmas, an outdoor sleigh-bell-like chorus right around the beginning of spring is definitely not Santa! The vocalists are peepers, cute little tree frogs that, for many, are harbingers of spring. We'll follow their voices and hopefully observe these choristers in action!

Dress for the weather, wear shoes that can get wet and bring a flashlight. The program begins promptly at 7:00 pm. Meet at the Bear Swamp Park & Archery Complex Parking Lot on Lake Minsi Drive (Coordinates: 40.909095, -75.182202).

This program is free of charge; however, reservations are required. For more information or to register for this program, log onto <http://www.wildlandspa.org/family-spring-peepers-hike-april-1/> or call 610/965-4397, Ext. 136.

**Cavatelli Dinner**

**Sunday, April 2nd, Seatings: 12:00pm, 1:30pm, 3:00pm and 4:30pm**  
Columbia Fire Co., 164 Garibaldi Ave., Roseto, PA. Advance tickets only. FMI contact Cindy 610-588-1780 or Dawn 610-462-6432. Proceeds to benefit the Bangor Area High School Bands.

**Marine Corps League Meeting**

Marine Corps League, Northampton County, Detachment 298 Meeting **5 April/1900**, 1621 Lehigh St., Easton. All active duty and honorably discharged Marines welcome! [jimmineousmc@rcn.com](mailto:jimmineousmc@rcn.com)  
[www.norcomcl.org](http://www.norcomcl.org)  
Facebook: Marine Corps League Northampton County Detachment 298

**Roseto Helping Hands Bake Sale**

The Roseto Helping Hands will hold a bake sale **Friday, April 7th & Saturday, April 8th, 8:30am-3:00pm**. Capitol Ace Hardware, 438 Blue Valley Dr, Bangor, PA. Percentage of proceeds to benefit Relay for Life.

**Spring Rummage Sale**

Will be held at the Richmond United Methodist Church 8538 Delaware Dr., Bangor, on **Friday, April 7th 9:00am-2:00pm & Saturday, April 8th 9:00am-2:00pm**. Lunch and bake sale available. Call 610-588-7891 for more info.

**Easter Candy Fundraiser**

Blue Valley Farm Show will be holding an Easter Candy fundraiser which consists of homemade chocolate peanut butter or coconut eggs. The candy will be available at the monthly breakfasts on **Sunday, April 9th and Sunday April 14th**. You may place your order by contacting Terry 610-258-5050 or email [tkromer62@gmail.com](mailto:tkromer62@gmail.com) to place your order.

### Blue Mountain Community Library News

The Blue Mountain Community Library will be holding a "Library Night at Wendy's" Fundraiser on Wednesday, March 29, 2017 from 5:00 to 8:00 pm. Wendy's Restaurant, route 512, Wind Gap, PA will generously donate a portion of all sales that night to the Library in Pen Argyl. The fundraiser will include dine-in, take-out and drive-through orders. Please consider supporting the Blue Mountain Community Library by purchasing a meal from Wendy's. The money will be used to purchase new books and to meet the many expenses associated with maintaining the building. Membership to the library is free to all residents of the Pen Argyl School District and non-residents may join for a small yearly fee.



For the Month of March, the library "Book Nook Special" is buy any book whose author's last name begins with "P" and receive another book free. The library has many Pen Argyl High School yearbooks for sale, as well as books on local history. We are also interested in obtaining more of these books, in particular, "Ring the Bells for Olde Pen Argyl." Anyone wishing to donate this type of book can call Lisa at 610-863-3029 for information or visit the website at [www.bmcl.org](http://www.bmcl.org). Find us on Facebook at [www.facebook.com/bmclpenargyl](http://www.facebook.com/bmclpenargyl).

### Delaware-Lehigh Amateur Radio Club Meeting

Delaware-Lehigh Amateur Radio Club will hold its meeting **Thursday, April 6, 7:30pm** in the Bethlehem Township Community Center, 2900 Farmersville Road, Bethlehem. Program: "The WNP Radio Expedition" – N3YNT. Hams and others interested are always welcome. Directions: <http://goo.gl/maps/qKUJC>. FMI: [www.dlarc.org](http://www.dlarc.org). 610.432.8286.

### Appraisal and Silent Auction

**Friday, April 7th;** Fundraiser for the Blue Mountain Community Library will be held at Slate Belt Baptist Church (1620 Church Rd., Pen Argyl) from **5:30pm-8:00pm**. To participate in the appraisal tickets are required and are available at the library. In addition to the appraisal, a Silent Auction will be held. For more information call 610-863-3029 or visit [www.bmcl.org](http://www.bmcl.org)

### KRUSADERZ 4 A KURE Tricky Tray

Will be held on **April 8th, doors open at 11:00am**. Portland Hook & Ladder Co., Portland, PA. All proceeds go to the American Cancer Society/Slate Belt Relay For Life. For more info please contact: Sharon 610-509-2269 or 570-897-7001.

### Slate Belt Heritage Calendar of Events

**Thursday, April 13th, 7:00pm** - Homefront Book Presentation  
**Thursday, May 11th, 7:00pm** - Doug Wynne, Painter of historic areas in the Slate Belt

The Heritage Center is located at 30 North 1st Street, Bangor, PA. For additional information contact: Karen Brewer @ 610-588-8615.

### Earth Day Walk – Upper Mt. Bethel Township

**Saturday, April 22** with a rain date of Sunday, April 23rd at **9:00am**; the Environmental Advisory Council is sponsoring an Earth Day walk of the Eastern Industries property. The 1 mile walk has a few small hills but it's mostly level throughout. Parking will be located inside the main gate on Million Dollar highway.

### Footprints in the Sand 9th Annual Golf Outing

**Saturday, April 22nd**, held at the Shawnee Inn and Golf Resort, located in Shawnee on the Delaware, PA. Registration starts at **12pm** with shot gun start at 1 pm and Buffet Dinner / Awards at 6 pm. For more information or to register contact Donna Kelton 610-588-7786 or 610-417-5550.

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### Allison Steinart Chosen for PMEA All-State Chorus



Bangor Area High School senior, Allison Steinart has been chosen for PMEA All-State Chorus to be held in Erie, PA. **April 19-22, 2017.** Allison ranked second in Region V Chorus. Concert will be held at **11:00 am Saturday, April 22nd.** Chorus will be under direction of Mitos Andaya-Hart Temple University Boyer College of Music and Dance.

### Free Earth Day Festival

**Saturday, April 22nd 10am-3pm;** Monroe Campus of Northampton Community College (Rt. 715). For additional information visit [www.mcearthday.org](http://www.mcearthday.org) or [www.closetheoop.com](http://www.closetheoop.com).

### 2017 JDRF One Walk

**Sunday, April 23rd, Check-in: 1:00pm Start Time: 2:00pm.** Length of walk 3 Miles. Location: Stroudsburg High School, Stroudsburg, 1100 West Main Street, Stroudsburg, PA 18360 to register [www.walk.jdrf.org](http://www.walk.jdrf.org) or for more information contact Eastern Pennsylvania Chapter 610-227-0369 or [JPaprzycki@jdrf.org](mailto:JPaprzycki@jdrf.org)

### 4th Annual Nazareth Jazz Festival

**April 29th 12:00pm-6:00pm** at Nazareth Boro Park

### PEEC Earth Day & Family Fun Day

**Saturday, April 29th;** Celebrate Earth Day at Pocono Environmental Education Center (PEEC) 538 Emery Road, Dingmans Ferry, PA from **10am – 4pm**. For more information call 570-828-2319 or visit [www.peec.org](http://www.peec.org)

### Breast Friends of PA Coach Bingo

**Saturday, April 30th** to be held at Charter's Banquet Facility at Plainfield Twp., Vol. Fire Co., **from 12:00pm-4:00pm**. For tickets and additional information please contact Vivian Vegan 321-236-3722 or visit <https://www.facebook.com/events/1248727128547419/>

### Fundraiser for BAHS Band Member

A fundraiser to benefit Bangor band member Elizabeth Goffinet's AMA trip to Europe to represent the band will be held at the Bangor Elks on **Sunday, May 7, 4:00 pm -8:00 pm**. Tickets include food and drinks, entertainment, 50/50 sold the day of the event. They are also seeking businesses who would like to donate items for a raffle. AMA is the American Music Abroad. It is comprised of musicians from High Schools from PA and New York and are recommended by the school Band Director

*Slate Belt Heritage Center*

**CELEBRATES ITS "SPRING OPENING"  
SATURDAY, APRIL 1ST**

**HOURS: APRIL-OCTOBER:**

**SATURDAY & SUNDAY: 12:00 PM-3:00 PM**

**SUNDAY YEAR AROUND: 12:00 PM-3:00 PM**

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**LETTERS TO THE HOMEFRONT MAGAZINE "A LOVE STORY"**

**A NEW BOOK AND EXHIBIT THAT CELEBRATES THE SLATE  
BELT COMMUNITY AND ITS WORLD WAR II SOLDIERS**

**PUBLIC BOOK SIGNING:**

**SUNDAY APRIL 23: 9:00 AM - 12:00 PM**

**30 N. FIRST STREET, BANGOR, PA.**

*New Members always welcome*

### **Slate Belt Band Seeks Members**

The Slate Belt Band is always looking for new members. Please join us on the following dates **Wed., March 29 7:00 to 9:00pm, Wed., April 5 5:00 to 9:00pm, and Wed., April 19 7:00 to 9:00pm** for practice at The Roseto American Legion, 143 Garibaldi Ave., Roseto, PA. For more info., email [slatebeltband@gmail.com](mailto:slatebeltband@gmail.com) or call 610-588-8881.

### **Thinking About Starting a Business?**

The Rising Tide Community Loan Fund & Slate Belt Chamber of Commerce welcomes you to "Start Your Business Class".

Classes start April 6th from 6:00 p.m. -8:00 p.m. and will run for 4 weeks every Thursday in April. Classes will be held at the SBCC office, 187 Blue Valley Dr., Bangor, PA. Start, Manage, Grow Your Own Business Today. Classes will cover: Business Information/Licenses & Permits/ Marketing & Sales/Business Finances. Seating is limited call today. Emily Stull 484-893-1032, or email: [estull@caclv.org](mailto:estull@caclv.org) or Laura McLain 610-588-1000, email: [info@slatebeltchamber.org](mailto:info@slatebeltchamber.org)

### **Northampton County Drug Task Force And Ava Volleyball**

#### **Special Event Featuring Former NFL Star Alvin Powell**

The Northampton County Drug Task Force and AVA Volleyball are proud to present Alvin Powell, former NFL star. The free event will take place on Wednesday, April 19th beginning at 6:30 PM at Nazareth High School, 501 East Center Street in Nazareth.

The event will also feature additional guest speakers as well as displays from non-profit organizations who will be offering information on drug prevention, support, awareness, and recovery. Students, athletes, and parents are welcome to join us for this important message.

Alvin Powell played for both the Seattle Seahawks and the Miami Dolphins. Despite his professional success, his body and mind fell prey to the disease of addiction. By 1988, he was a full blown crack and cocaine addict, drinking and smoking pot as well. Knocking on death's door, this father of three turned his life around. He has dedicated his life to helping others break through the crisis.

### **Slate Belt Heritage Center**

The Slate Belt Heritage Center (SBHC), located at 30 North 1st Street, Bangor, PA will be celebrating its 18th Anniversary of incorporation in conjunction with the **Spring Opening on Saturday, April 1st**. The Heritage Center is a not-for-profit 501(c) 3 organization whose mission is: To establish and offer for public view and educational purposes: artifacts, displays, DVD's, oral histories, genealogies and research information that reflect local Slate Belt history and heritage, and to perpetuate our Slate Belt Heritage, ethnic contributions, industry and history so that future generations may learn and appreciate our valued past.

The Heritage Center occupies the former 1907 Bangor Town Hall in the heart of the Slate Belt. Displays focus on the lives of people who settled this part of America, from the Lenape to the waves of immigrants-the Scots-Irish, German, Cornish, Welsh, Italian, Jewish and others whose families live here today. The Heritage Center also houses rooms for the textile and slate industries, in addition to the Homefront and Fire rooms.

SBHC presents Preservation Awards to people who preserve Slate Belt heritage and hosts students and teachers ranging from local 4th graders to the University of Pennsylvania Preservation and Design classes. The Center preserves nearly 3000 Slate Belt treasures which inspire heritage murals, historic building rehabs, family research and trips down memory lane. Upgraded computer hardware and software increase public use of Heritage Center collections like the "Homefront Letters". Recently, safe, efficient and versatile lighting was installed in the Council Chamber. SBHC produces programs, exhibits, and tours for community groups, schools, special events, reunions and other museums. In 2016, the Center facilitated the historic architectural survey of the 1907 Italianate building.

The Slate Belt Heritage Center produces changing exhibits, monthly programs and seasonal events. Featured this year in the Council Chamber, will be "Letters to Homefront" A Love Story Between a Community and its' World War II Soldiers".

This display is to compliment the book that the Heritage Center has just published.

SBHC is open to the public Saturdays and Sunday 12pm-3pm April through October, and Sundays 12pm-3pm November through March. Admission is FREE. Private tours are available upon request. Monthly presentations are held the second Thursday of each month from April-November at 7:00pm and the second Sunday of each month from December-March at 2:00pm. Memberships are available at the Center. Follow the news on the website [slatebeltheritage.net](http://slatebeltheritage.net) and facebook Slate Belt Heritage Center-SBHC.

### **Meet The Authors of Letters to Homefront**

What began as a treasure trove find of over 4000 letters, postcards and v-mails has culminated in the publishing of the Slate Belt Heritage Center's latest book: Letters to Homefront Magazine: A Love Story Between a Community and Its WWII Soldiers. On Thursday, April 20, 2017 @ 7:00 PM, the Heritage Center will hold its monthly historic presentation entitled: "Meet the Authors". Present will be: Marc Blau, Chip Turtzo, Deanna Ruzanski and Karen Brewer co-authors of the book along with the volunteer readers who assisted in bringing this story to fruition. It was a project that has been 15 years in the making since the finding of the letters and was finally put into forward motion as of October 2015. It has now blossomed into a total "Labor of Love". The authors will be present to relate their journey throughout the process and answer questions. On display, in the Chamber Showcases, will be "Homefront and World War II Memorabilia".



Distribution and book signing will be on Sunday April 23rd, at the Heritage Center from 9am -12pm. The April 20th event is free and open to the public. The Heritage Center is located at 30 North 1st Street, Bangor, Pa. For additional information contact: Karen Brewer at 610-588-8615.

**Slate Belt Resident - Professor Earl Hulihan Honored by Marquis Who's Who for Excellence in the Health Care Field**

Bangor, PA – Professor Earl Hulihan has been included in Marquis Who's Who. As in all Marquis Who's Who biographical volumes, individuals profiled are selected on the basis of current reference value. Factors such as position, noteworthy accomplishments, visibility, and prominence in field are all taken into account during the selection process. Professor Hulihan is owner of the Professor Earl W. Hulihan Consultancy, an internationally recognized provider of advice and consultation to the global regulatory community, as well as the pharmaceutical, biotech and medical device industry. In addition, Hulihan provides advice and training to regulatory authority personnel within the North American, Latin American, European and APAC communities (16 countries globally). As recently as 2012 and 2016, Hulihan was recognized as an "expert in his field" as well as a "scientific expert" by several of these same regulatory authorities. Professor Hulihan has been active in medicine and the pharmaceutical industry since the mid 1970's and is often called upon to speak and serve as chair in many International conferences. He is active in the Drug Information Association (DIA) and serves on the Editorial Board of the Guide to Good Clinical Practice and Expert Advisory Panel for Good Clinical Practice: A Question & Answer Reference Guide.



**About Marquis Who's Who:** Since 1899, when A.N. Marquis printed the First Edition of Who's Who in America, Marquis Who's Who has chronicled the lives of the most accomplished individuals and innovators from every significant field of endeavor, including politics, business, medicine, law, education, art, religion and entertainment. Today, Who's Who in America remains an essential biographical source for thousands of researchers, journalists, librarians and executive search firms around the world. Marquis publications may be visited at the official Marquis Who's Who website at [www.marquiswhoswho.com](http://www.marquiswhoswho.com)

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**Officers Receive Police Commendations**

Washington Township Police Department responded to a burglary at 71 Bangor Junction Road (Santander Bank). Officer Brown, who was reporting for duty responded; tasked and eagerly accepted taking lead investigator for this case. Sgt., Krome who was off duty, who was contacted to respond due to the magnitude and sophisticated methods of the break – in, for processing of evidence. With Sgt., Krome's quick response, contributed to the proper preservation and collection of evidence. As the investigation continued Officer Beiser who has extensive training and knowledge of cellphone forensic, began to assist in the case. With his meticulous and tedious findings through cellphone triangulation and mapping, he was able to identify two suspects. Along numerous verbal and written statements and countless interviews that Office Brown conducted, it became know that these two suspects were also prime suspects in several other similar – type burglaries in Northampton and Monroe County. On March 8th, Officer Brown and Officer Beiser were recognized that through the diligence, self-initiative and collaborative efforts of these 3 officers, they were awarded a police commendation.



*Photo Caption: Washington Twp Police Chief Scott Miller (right) awarded Police Commendations to three Township officers during a meeting of the Township Supervisors last night. Pictured (L-R) Molly Brown, Tom Beiser, and Miller. (Missing from photo is award recipient Sgt. James Krome) Sbt Photo Larry Cory*

## Area Easter Egg Hunts

**East Bangor Park** (Park Rd., East Bangor)  
**Saturday, April 1st at 2 pm**  
Children 0 - 10 years. Sponsored by the Dance Out Cancer Team. All proceeds benefit The American Cancer Society Slate Belt Relay for Life. For more information contact Ashley Frey 484-892-1567

**Bath Borough - Paw Park Basket Social**  
**Saturday, April 22nd 12 pm to 8 pm & Sunday, April 23rd 10 am to 3 pm.**  
Held at the Bath social hall (North Walnut St, Bath). For more information contact Chairperson Beth Beers 484-547-9449 or [bbeers@rcn.com](mailto:bbeers@rcn.com), all proceeds will benefit the construction of PAW PARK

**Northampton County Deputy Sheriff Association**  
**Saturday, April 8th at 12 pm**  
Louise Moore Park (located on Country Club Rd) Must register your child(ren) call 484-241-1238 or [jheller@northamptoncounty.org](mailto:jheller@northamptoncounty.org)  
Event will be held Rain, Shine or Snow

**Richmond United Methodist Church**  
**Sunday, April 2 at 1 pm**  
8538 Delaware Drive, Bangor. For children 0-3, 4-6 and 7-10. All are welcomed!

**Slate Belt Y Easter Egg Hunt in the Trunk**  
**Saturday, April 1st from 4 pm - 5 pm**  
Hunt in the Trunk will be held in the back lot.

**Zion United Lutheran Church**  
**Sunday, April 2 at 2 pm**  
Community Easter Egg Hunt for all ages through Grade 5. Come join us for a day of fun with games, face painting, Easter egg hunt and pictures with the Easter Bunny! Lots of prizes! Food will be available for purchase.

**Merchants Bank Walkers Fundraiser**

The Merchants Bank Walkers are planning a bus trip as a fundraiser for the Relay For Life Slatebelt. The Reading Terminal Market in Philadelphia. The bus will leave from the 191 branch of the bank on April 30th to at 8:30 am, and leave the Market at 4:00 pm. To reserve your seat, or for questions or information please contact Karen at [kcamp49@epix.net](mailto:kcamp49@epix.net) or visit any Merchants Bank branch.

The 2017 Relay For Life will be on May 19 and 20 at Bangor Memorial Park from 4:00 PM to 4:00 PM. for more information please see our website at <http://www.relayforlife.org/paslatebelt>.

**The Upper Mount Bethel Township  
EASTER EGG HUNT**

WILL BE HELD ON **SATURDAY, APRIL 15TH, 2017** AT  
UPPER MT. BETHEL FIRE HOUSE ON ROUTE 611

THE EGG HUNT WILL BEGIN PROMPTLY AT **11:00 AM**  
ARRIVE A FEW MINUTES EARLY SO  
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### Eleventh Annual Scholarship

Slater Family Network is offering a \$2000 scholarship for a graduating Bangor HS senior who plans on attending a trade/vocational school or college. The scholarship is awarded to a student who is involved in community service. Applications are in the HS Guidance office, Slater Family Network office or on school district website under Slater Family Network.

Applications are due in the SFN office by **Thursday, April 20**. If you have any questions, please call the office at 610-599-7019.

### Blue Valley Farm Show

#### Scholarship Applications Available

The Blue Valley Farm Show has available to any student who is or has been a member of Northampton County 4-H clubs, two \$500.00 scholarships for the 2017-2018 school year. Applications must be returned by **March 31, 2017**. The scholarships will be presented to the winners during the annual Blue Valley Farm Show in August. For more information contact Audrey Koehler at 610-498-3389.

### Bangor Women's Club GFWC Scholarship Applications Available

The Bangor Women's Club GFWC is offering a \$1000 scholarship for a senior student from Bangor High School or Faith Christian School. Students interested in applying for this scholarship may obtain an application from the school guidance office. Applicants must be planning to begin their college education in September. The deadline to submit applications is **April 15, 2017**.

### Slate Belt Chamber of Commerce Scholarship Achievement Award Applications

The Slate Belt Chamber of Commerce is pleased to announce applications for Scholarship Achievement Award 2017 are available at the guidance departments of Bangor High School, Pen Argyl High School, Faith Christian & Career Institute of Technology.

The Slate Belt Chamber of Commerce will award one scholarship to a senior from each of the five area schools: Bangor, Pen Argyl, Faith Christian & Career Institute of Technology. Applicants must reside in the Slate Belt to apply.

The scholarships will be presented to the students based upon the following criteria; academic accomplishment, demonstrated service to school and/or community, demonstration of leadership capabilities and future vocational plans.

Please note, a separate award, The Frederick R. Curcio, Jr. Scholarship Award may also be applied for at this time. To qualify a senior must be either registered at Lincoln Technical Institute or majoring in computer science.

Applications must be received by **April 15, 2017**. To honor the recipients, parents, and friends, a Scholarship Awards Dinner is planned for May 18th at Tuscarora Inn. For more information contact the guidance department or the chamber office at 610-588-1000.

### Seventh Annual "912" Scholarship

The family and friends of Mr. Denny Strouse are offering a \$1000 scholarship in loving memory of Denny. The 7th Annual "912" Scholarship is for a graduating Bangor High School senior who plans on attending a technical school or college. The scholarship is awarded to a well rounded student with interests in academics, outdoor sporting activities such as hunting, fishing, hiking and an enthusiasm for the outdoors. The student must possess a giving spirit exemplified through community service and love for family and friends. The application process is being facilitated by Slater Family Network. Applications are in the High School Guidance office, Slater Family Network office or on the school district website front page under 2017 Scholarships or under Slater Family Network.

Applications are due in the SFN office by **Thursday, April 20**. If you have any questions please call the office at 610-599-7019.

### Bangor High School Class of 1986 Scholarship

A memorial scholarship was established in 1997 by the Bangor Area High School Class of 1986 to honor the memory of deceased classmates. It is named in Gary Moffett's honor because he not only served as Class Treasurer, but he also touched the lives of all who had the privilege to know him. They have since dedicated this memorial scholarship to recognize other classmates who have passed in recent years: David Pritchard, Cherry Oyer Klinger, Frank Lisovich, Melissa Fox Niceforo, and Kelly Cory.

A scholarship award of \$500.00 will continue to be presented annually to a member of the graduating senior class at Bangor High School who best exemplifies the qualities which Gary embodied -- leadership, friendship, service, character, and scholastic achievement. The recipient is chosen by Gary's wonderful and loving family, and is announced during Commencement.

Anyone who would like to donate to the scholarship in memory of a loved may email ljupright@msn.com

Anyone interested in applying should do so before **May 1st, 2017** in the guidance office at Bangor High School.



## Medical and Dental Expenses May Impact Your Taxes

Medical expenses can trim taxes. Keeping good records and knowing what to deduct make all the difference. Here are some tips to help taxpayers know what qualifies as medical and dental expenses:

- **Itemize.** Taxpayers can only claim medical expenses that they paid for in 2016 if they itemize deductions on a federal tax return.
- **Qualifying Expenses.** Taxpayers can include most medical and dental costs that they paid for themselves, their spouses and their dependents including:
  - The costs of diagnosing, treating, easing or preventing disease.
  - The costs paid for prescription drugs and insulin.
  - The costs paid for insurance premiums for policies that cover medical care.
  - Some long-term care insurance costs.

Exceptions and special rules apply. Costs reimbursed by insurance or other sources normally do not qualify for a deduction. More examples of what costs taxpayers can and can't deduct are in IRS Publication 502, Medical and Dental Expenses.

- **Travel Costs Count.** It is possible to deduct travel costs paid for medical care. This includes costs such as public transportation, ambulance service, tolls and parking fees. For use of a car, deduct either the actual costs or the standard mileage rate for medical travel. The rate is 19 cents per mile for 2016

- **No Double Benefit.** Don't claim a tax deduction for medical expenses paid with funds from your Health Savings Accounts or Flexible Spending Arrangements. Amounts paid with funds from these plans are usually tax-free.

- Taxpayers should keep a copy of their tax return. Beginning in 2017, taxpayers using a software product for the first time may need their Adjusted Gross Income (AGI) amount from their prior-year tax return to verify their identity.

This information is made available by the IRS and provided by H&R Block of Bangor and Wind Gap.

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<sup>1</sup> At participating offices. Results vary. All tax situations are different. Fees apply if you have us file a corrected or amended return. The IRS allows taxpayers to amend returns from the previous three tax years to claim additional refunds to which they are entitled. Applies to individual tax returns only. OBTP#B13696 © 2017 HRB Tax Group, Inc.

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### Flipping Real Estate

Presented by the DeCesare's of The Great American Real Estate Company

There isn't a day that goes by when we don't get a visitor or calls from individuals stating that they are investors looking for "flip properties". Some actually are investors and flippers. They actually have experience, available funds, and are ready to pounce on the next opportunity that comes on the market. Most callers, in reality, are those who have watched one of the too many flip shows on TV and believe, for some reason, that they can do what the actors are doing.



Flipping can be profitable! Some individuals do it for a living (you will be competing with them). It is not as easy as it looks. I personally have "flipped homes" since the 1980's when it didn't even have a name. In recent years I have chosen to work in conjunction with several clients as their Realtor rather than competing with them.

If you are serious about flipping some important considerations must be considered.

1. You will need money! If you don't have your, you should get approved by a lender who will finance this type of investment. They are rare and will charge about 4% (points) of the loan as well as 10% to 18% interest. Make sure they will also lend the money need for improvements. Consider that a successful flip should take about 6 months. During that time you will be paying for taxes, interest, insurance, maintenance, and utilities as well as the supplies and contractors making the improvements.

MAKE SURE... that you have the funds available! When a flip property comes available it will sell immediately. The Seller will want proof of funds right now... not "don't worry, I can get it"

2. Look for properties in desirable locations and priced at a point where there is an opportunity to profit. For example, if the homes in the market around the property are selling for \$ 125,000 and you can buy a home for \$ 60,000 it sounds like a good deal. Consider you buying and selling costs, your rehab costs, carrying costs, and taxes on the profit. If all of these come to \$ 100,000, and you can make \$25,000 by selling around \$ 125,000 then consider it a reasonable opportunity. Keep in mind as nice as you make it, the market (and Appraisal) will hold the price around the market average.

3. Unknowns will come up. Obviously, the properties that are bought for flipping are in some type of distress. Even a thorough inspection cannot determine surprises. Bringing it up to code can be expensive. As in a recent case the oil burner needed substantial repair...it meant a \$ 1000 bill that wasn't planned. A bad septic or well could easily sink your project. You will run into lead pipes, knob and tube wiring, and numerous other unforeseen costs. Before you can begin you will have to clean it out...several dumpsters could cost \$3000 (including labor)

## A HOLISTIC APPROACH TO SEASONAL ALLERGIES

By Jackie Talero-Rueda, The Crunchy Mom



Allergy season is just around the corner and this year it is sure to sneak up on us sooner than later. There are allergies that are inherited and allergies that are acquired. Allergies can both stem from an inherited gene or be acquired from environmental influences.

Acquired allergies develop because of weakened immune and digestive systems. Levels of stress, lifestyle decisions, eating habits, and certain medication all contribute to weakening the immune system and tricking the body into believing it is allergic to a particular allergen when normally it would not be. Some professionals recommend taking immunotherapy shots to slowly introduce the foreign substances to the body so that over time the body can get used to it and better identifies this substance as a non-threat to the body. A more holistic approach is to strengthen the immune system rather than concentrate on the allergy. 80% of the immune system is in the gut. Work on strengthening the gut by eating plenty of fermented probiotic rich foods and drinks like kimchi, sauerkraut, Kombucha and kefir. A quality probiotic will also help repopulate the gut with beneficial bacteria and reduce the incidence of allergies. Eat healing foods like bone broth and limit processed food, carbs, and sugar. Increase your intake of raw organic fruits and vegetables. All this is especially important to do a few weeks before allergy season. When all else fails there are many natural forms of relief that you can try before reaching for the OTC antihistamine.

ACV- Apple cider vinegar, in theory reduces mucous production and cleanses the lymphatic system. Take 1 teaspoon of raw "with the mother" ACV in water three times a day. Of course doing this will help with so much more than allergies. Digestion, lowering cholesterol, and blood sugar to name a few

Neti Pot- Some people find relief by filling a net pot with a saline rinse to flush out sinuses of allergies and irritations. Use a store bought rinse or make your own by dissolving 1 teaspoon of Himalayan or sea salt in a quart of boiled distilled water. Cool completely, put in the neti pot, put in nostril one nostril and watch it drain out the other. Your kids will find this fascinating.

Local Raw Honey- Help your body adapt to environmental allergies by consuming local raw honey. It is like a natural allergy shot. Take 1 teaspoon twice a day of raw local honey from as close as possible to where you live. Start 1 month before allergy season and during. Consuming raw honey has many benefits and luckily we live in an area where we can easily find it.

Bee pollen- reduces histamine, which is the same target over-the-counter medications act upon. It can be effective for respiratory diseases, ranging from asthma to chronic sinus infections. Start by taking ½ tsp and increase to a tablespoon. Check for reactions that simulate allergies. You may have to slowly acquire a tolerance. Take with food. You can sprinkle on cereal, salads and mix into smoothies. Also important to find it locally sourced.

Essential oils- Diffusing oils such as peppermint, lavender, lemon, and tea tree can give a person suffering from allergies great relief. Diffuse when needed. Apply peppermint oil (dilute for those with sensitive skin) to the base of the neck twice a day. You can also make a sinus bomb by adding 2 drops of peppermint, 2 drops of tea tree, and 2 of lemon essential oils, cupping the mug with hands and inhaling the steam a couple times. Be sure to have tissues ready!

Enjoy!  
Jackie



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**f Questions? Email Jackie at [jcrunchymom@gmail.com](mailto:jcrunchymom@gmail.com)**  
**Now on Facebook [www.facebook.com/jcrunchymom](http://www.facebook.com/jcrunchymom)**

4. Now you are ready to begin. Established contractors and others who are able to do the work themselves have a tremendous advantage over those who must hire others. It also helps if you know where to find deals on the products that you will need. The most money made with a flip is made with "Sweat Equity" ... that is the money earned, or saved by performing the work yourself. By the way... do not forget to get the proper permits, etc. from the municipality that the property is located in. In most areas, you will have to have a code inspection conducted prior to selling.

5. Be selective as to the improvements that you will make. A flip usually involves considerably more than painting and putting new carpeting in. Buyers have come to expect a renewed condition when they buy a flipped home. That does not mean it has to have granite counters, etc.

6. Now that you are ready to cash out, make sure you list your project with an experienced Realtor. Any hiccup will cost you time...and money. Several mortgage-related rules are in place that you should consider. For example, you cannot enter into an Agreement to sell this property with an FHA buyer until 90 days after the deed has been recorded. In some areas, if the transaction will close within 6 months of the date that your deed was recorded, two Appraisals will be required by the mortgage company (you usually will be paying for one of them).

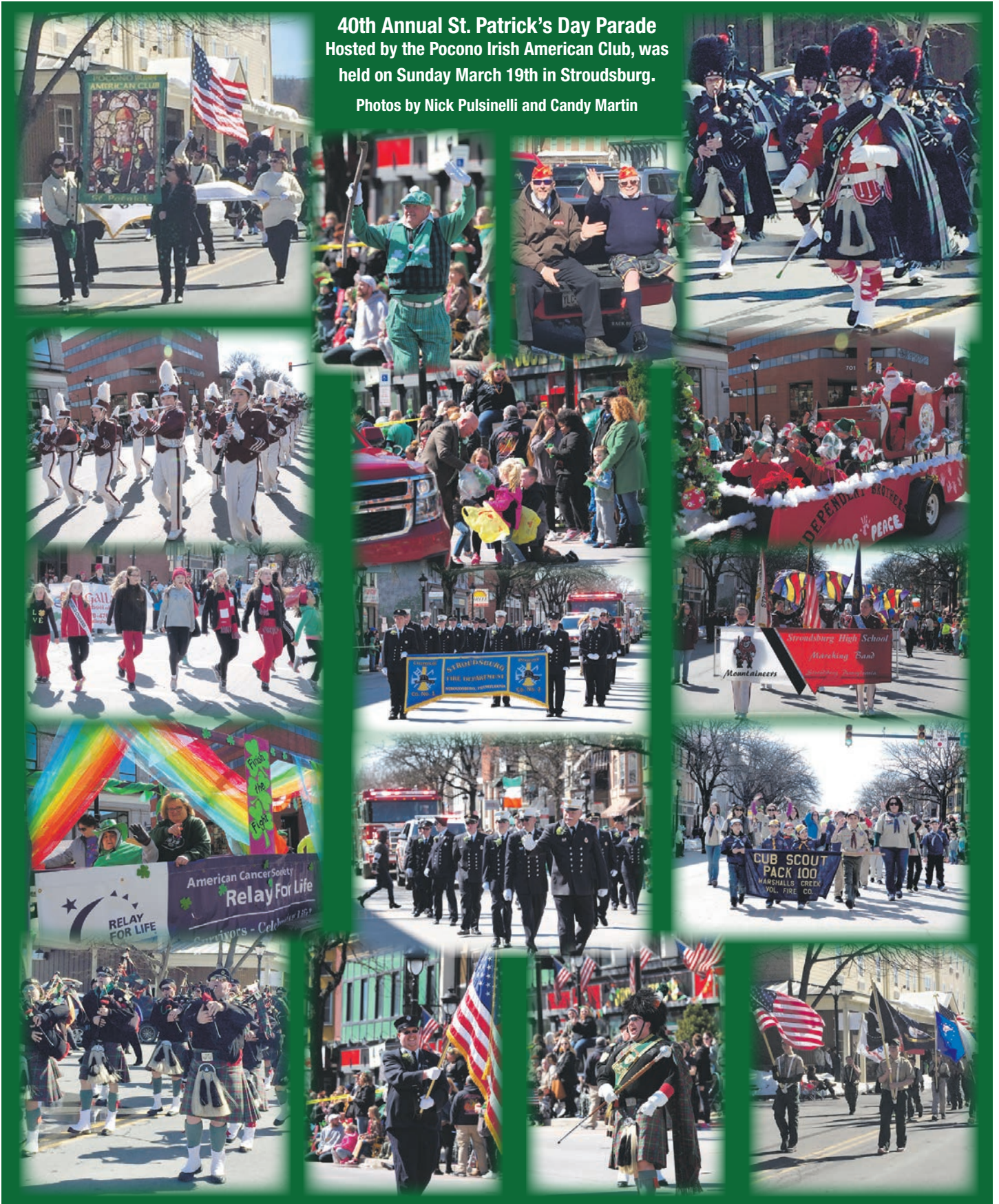
You get them in the mail...Ads on TV..."COME TO OUR FREE WORKSHOP" ALL of these "programs" that are offered are designed to sell you services. I am aware of one group in Bethlehem who paid \$40,000 to join a group. I believe they were disappointed.

So, in closing, "Flipping Homes" can be a reasonably profitable business. But it really is not for everyone. It is a business! There are risks and rewards.

Feel free to call us at The Great American Real Estate Company if you would like to discuss this subject further...or any Real Estate related need. Rt. 33 & 512 Wind Gap, PA 610 863 6205.

**40th Annual St. Patrick's Day Parade**  
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Photos by Nick Pulsinelli and Candy Martin



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*Wedding Announcement*  
**KOEHLER-LABAR**



Jesse Koehler & Cassara Labar were married on Saturday, January 7th, 2017 at the Bangor VFW with a reception immediately following.

Parents of the Bride are Glen & Christina Gregory and Parents of the Groom are Richard & Kimberly Green. Maid of Honor was Kirstan Dunne and Best Man Nathan Bealer.

The couple honeymooned in New York City. They reside in Bangor

*Mr. & Mrs. Teribio Cuono*  
*68th Wedding Anniversary*



Katherine and Teribio Cuono of West Bangor, Washington Township, Northampton County, celebrated their 68th Wedding Anniversary on December 26, 2016 with their family.

Mrs. Cuono is the daughter of the late Giuseppe (Joseph),

Sr. and Maria Giuseppa (Carrescia) Cerino who lived in Bangor. She retired from the garment industry in 1988.

Mr. Cuono is the son of the late John, Sr. and Madalena (Nicoletti) Cuono, who lived in West Bangor. He retired in 1987 after thirty-six years in the garment industry. He served in the 5th Air Force Army in the South Pacific during World War II.

Mr. Cuono met the love of his life, Katherine Cerino, at a wedding reception. The couple was married on December 26, 1948, in Our Lady of Mt. Carmel Catholic Church, Roseto by the late Reverend Joseph Ducci. Mrs. Cuono, given in marriage by her father.

They were long time members of St. Roch's Catholic Church in West Bangor. Currently, they are members of St. Elizabeth of Hungary Catholic Church in Pen Argyl. They have three daughters: Priscilla (wife of Leon deLeon of Lower Saucon Township), Briedella (wife of Dennis Fehr of Pen Argyl), and Lori (wife of Edward Imparato of Cheyney). They also have four grandchildren: Myra Fehr, Krista (wife of Jason Evans), Tresa Imparato, and Edward Imparato, Jr.; and six great-grandchildren: Brian, William, Katherine, James, Ella, and Madelynn Evans.

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*High School Proms 2017*

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<b>MAY 6th</b> E. STROUDSBURG NORTH PLEASANT VALLEY	<b>WILSON</b>
<b>MAY 12th</b> BANGOR	<b>MAY 20th</b> EASTON PEN ARGYL
<b>FAITH CHRISTIAN SCHOOL NORTE DAME GREEN POND</b>	<b>JUNE 11th</b> BELVIDERE

*"Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs."*  
1 Corinthians 13:4-5



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# The Gap Diner

## Easter Menu

Baked Virginia Ham with Pineapple Sauce.....	\$11.75
12oz Roast Prime Rib of Beef with Au Jus Sauce.....	\$15.25
Roast Turkey with Stuffing and Gravy.....	\$11.75
Stuffed Filet of Flounder with Crabmeat Filling.....	\$12.75
Half Roasted Chicken with Stuffing and Gravy.....	\$11.25
14oz NY Strip.....	\$16.50
Above Entrees Served with 2 Vegetables, Cup of Soup and Salad & Pudding	

Join us in Celebrating our 2 Year Anniversary on Friday, March 31st for **FREE COFFEE**



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## LENTEEN SPECIALS

# NOW TAKING ORDERS FOR EASTER HAMS

Final Orders for Double Smoked Hams for Easter is **Friday, April 7th**. Pick up for Hams **Saturday, April 15th**  
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## Celebrate Spring with this delicious and easy Strawberry Avocado Chicken Salad

- Ingredients:
- 6 cups of baby spinach
  - 2 chicken breasts
  - salt & pepper
  - 1 1/2 cups of sliced fresh strawberries
  - 1 avocado, sliced
  - 1/4 cup pecans
  - 1/3 cup crumbled feta cheese
  - Balsamic Vinaigrette:
  - 1/4 cup balsamic vinegar
  - 3 tablespoons olive oil
  - 1 tablespoon Dijon mustard
  - 1 tablespoon raw honey
  - 1 teaspoon dried basil
  - salt & pepper to taste

Preheat grill to medium-high heat.  
Season both sides of chicken breast with salt and pepper.  
Place chicken on the grill and grill each side for 5-7 minutes.  
Remove from grill and let sit.  
In a small bowl add balsamic vinegar, olive oil, dijon mustard, raw honey, dried basil, salt and pepper to taste. Whisk together.  
In a large bowl, combine spinach, strawberries, avocado, pecans, crumbled feta cheese and top with sliced grilled chicken.  
Serve with Balsamic Vinaigrette.

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**SATURDAY, APRIL 8, 8 AM-3 PM**  
**SUNDAY, APRIL 9, 11 AM-4 PM**  
**NEW Spring Hours: Sundays 11am-4pm**

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**Love Your Dog? License Your Dog**

Love Your Dog? License Your Dog - With March designated as License Your Dog Month, the Pennsylvania Department of Agriculture reminds pet owners they must license their dogs ages 3 months and older. Failure can result in a maximum fine of \$300 per violation, plus court costs.

An annual license is \$8.50, and a lifetime license is \$51.50. If the animal is spayed or neutered, the annual fee is \$6.50, and lifetime fee is \$31.50. Discounts are available to older adults and people with disabilities. Dog licenses are available from your local county treasurer and other licensing agents.


If your dog gets lost, a current license is the fastest way to get it back. The small license fee helps the millions of dogs in the state by funding the Pennsylvania Department of Agriculture Bureau of Dog Law Enforcement. <http://www.licenseyourdogpa.pa.gov/>

**ADOPT US - DAVE & CORTNEY**



**DAVE** is a kitty who knows how to shop! Believe it or not he was found roaming the aisles of our local Walmart store, lost and confused. Thankfully some loving employees brought him to AWSOM and boy was he a mess. Turns out he has Eosinophilic Gastroenteritis (EOS), which is an inflammation of the stomach and intestines, making his belly sensitive to most foods. But now that we have found the right food, Dave has been feeling so much better. Sweet boy loves other cats and has a zest for life that is a pleasure to witness. Dave is 8 years young, neutered, UTD on shots, litter trained and ready to find a family who will show him what true love feels like. Come meet Dave today!

**CORTNEY** is in desperate need of a change. Girlfriend was found as a stray months ago and since that time she has consistently been passed over for kittens. She sits in her cage, day after day, watching people walk by. We have moved her all around the shelter in the hopes that someone will notice her sweet, gentle nature. As loyal as the day is long, Cortney loves attention and craves quiet cuddle time with our volunteers. Baby girl! doesn't mind other cats as long as they fit in with her peaceful, laid back lifestyle. Cortney is 3.5 years old, spayed, UTD on shots, litter trained and ready to start living in her very own home. Please come give Cortney a chance.



The AWSOM Animal Shelter is located at 3129 Godfrey Ridge Drive, Stroudsburg, PA 18360. Adoptions hours are 11AM to 4PM, 7 days a week. Volunteer opportunities are always available. Stop in or call 570-421-DOGS for more information. The AWSOM Animal Wellness Center is open Monday thru Friday for all your basic veterinary needs. Check out our low-cost veterinary services, including spay and neutering, vaccinations, dental care and more. Call 570-424-1060 for more information or to make an appointment.  
 Visit our website at [AwsomAnimals.org](http://AwsomAnimals.org) Facebook: A.W.S.O.M.





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**Nazareth Senior Center**

15 South Wood Street, Nazareth, PA, 18064. Director: Stacy Walsh  
Call 610-759-8255 by **11 am day prior for meal reservations. We are looking for volunteers to help plan/set up for parties & special events.**

**Fun & Games** - Mondays, 10:00am

**Penny Card Bingo** - Everyday 8:30am

**Bonus Bingo** - Tuesdays and Fridays, 10:00am

**Penny Bingo** - Wednesday, 10:00am

**Moravian College Student Nurses**, Thursdays, 9:00pm

**Salvation Army Pen Argyl - Community Lunch Program**

**Tuesday, Wednesday and Thursday from 12:00pm-1:00pm**  
Community Lunch Program, Thursdays after lunch senior program.  
Food pantry first 4 Tuesdays of the month from 10am-12pm.

**Slate Belt Senior Center**

The Slate Belt Senior Center recently purchased two sets of quoit boards. This activity has become very popular with seniors.



Waiting to pitch quoits (left to right) Al Wright, Bob D'Alessandro, Joan Shafer (Center Director) and Jerry Castellano.

**Slate Belt Senior Center**

Blue Valley Farm Show Complex, 707 American Bangor Road, Bangor Ph 610-588-1224. Hours: 8:00am-4:00pm. For Meal Reservations please call by **10:00am, 1 day prior before the meal. Lunch is served at 11:30am. We are looking for volunteers to help plan/set up for parties & special events.**

**Morning Stretch**, Monday's, Thursdays and Fridays, 9:30am

**Crafts & Chat**, Tuesdays, 9:00am

**Zumba Gold**, Tuesdays, 10:00am

**Exercise Class**, Wednesdays 10:00am

**Brush Away with Senior Artists**, Wednesdays, 8:00-11:00am

**Crafts with Bev**, Thursday, March 23, 10:00 A.M.

**Afternoon with the Arts**, Thursdays, March 23,30, 12:15pm

**Tax Preparation by AARP**, Fridays, 8:00 A.M.-2:00pm.

(MUST call 484-541-0198 for appointment)

**Pool Tables** are available every morning & Tuesday, Thursday and Friday afternoons

**Library, TV, and Computers** available Friday afternoons

**MARCH EVENTS**

**Council Meeting**, March 23, 9:00am

**Center Events Meeting**, Thursday, March 23, 12:15pm

**Baseball**, Friday, March 24, 10:00am.

**Spring Painting**, Tuesday, March 28, 1:00-3:00pm

**Chess**, Thursday, March 30, 12:15pm

**Easton Area Lifestyle Campus**

3201 Sullivan Trail, Easton, 610-829-3201. Hours 8:00-4:00 Monday thru Friday. **For meal reservation please call by 10:00 am, one day prior before the meal.**

**Mondays:** Happy Hookers & Knit Wits 10:00

Fit w/Darla 10:00

Bingo 12:30

**Tuesdays:** AARP Tax Preparations 9:00-12:00

Moravian College Nursing Students 9:00-12:00

Crafts Etc. 1:00

**Wednesdays:** Bible Study 10:00

LCR 10:00

Sit-n-sew 1:00

**Thursday:** Art & Stuff w/Sandy 10:00

Wii Bowling or Zingers & Ringers 12:30

**Friday:** League Shuffleboard 10:00

Bingo 12:30

**MARCH SPECIAL ACTIVITIES:**

**Council Meeting**, Thursday, March 23rd

**Art Demo w/Pam**, Thursday, March 30

Warning: Playing Bingo may make you Ugly!

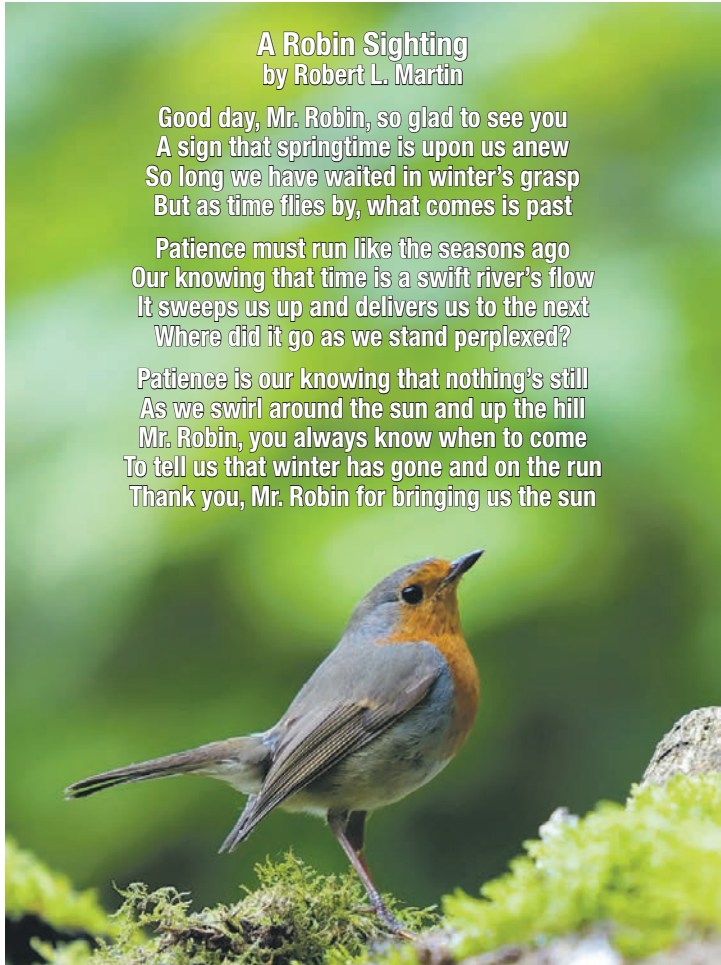


**Friends of the Bangor Public Library  
“Meet the Author”**

The Friends of the Bangor Public Library will hold a “Meet the Author” event on Saturday, April 29, 2017 @ 10:00 AM at the Prince of Peace Lutheran Church, Johnsonsville, PA. Featured Author will be Karen Shoemaker Katchur who will present her latest book: *The Sisters of Blue Mountain*. Main character in the book, Linnet, is owner of a Bed and Breakfast in Mountain Springs, Pennsylvania

and her life has been a bit complicated lately. Hundreds of snow geese die overnight in the dam near the B&B, sparking a media frenzy, threatening the tourist season and bringing her estranged younger sister to town. A mystery evolves as a result of this occurrence and the sisters confront each other in a hidden past.

There will be a discussion and book signing with Ms. Katchur. Karen graduated from Bangor High School, holds a Bachelor of Science degree in Criminal Justice from West Chester University and a Master of Education degree from East Stroudsburg University. She is an active member of International Thriller Writers and Mystery Writers of America. She lives in Eastern Pennsylvania with her husband and two children. Tickets are available for \$5.00 at the Library or on the day of the event. For more information contact Karen Brewer @ 610-588-8615 or the library @ 610-588-4136.



**A Robin Sighting**  
by Robert L. Martin

Good day, Mr. Robin, so glad to see you  
A sign that springtime is upon us anew  
So long we have waited in winter's grasp  
But as time flies by, what comes is past

Patience must run like the seasons ago  
Our knowing that time is a swift river's flow  
It sweeps us up and delivers us to the next  
Where did it go as we stand perplexed?

Patience is our knowing that nothing's still  
As we swirl around the sun and up the hill  
Mr. Robin, you always know when to come  
To tell us that winter has gone and on the run  
Thank you, Mr. Robin for bringing us the sun

**BINGO**  
**March 23 & 30**  
**Polk Township Volunteer Fire Company**  
Main Fire House Hall, 115 Interchange Rd, Kresgeville  
Doors open at 5:00 PM • Bingo starts at 6:45 PM

**March 24 & 31**  
**Wind Gap Fire Company**  
Doors open at 5:00 PM • Bingo starts 6:45 PM

**March 25 & April 1**  
**Immaculate Conception**  
Doors open at 11:00 AM • Bingo starts at 1:00 PM

**Bangor VFW**  
Doors open at 3:30 PM • Bingo starts at 6:00 PM

**March 28 & April 4**  
**Portland Hook & Ladder Co. #1**  
State Street, Portland 7:00 PM

**Klecknersville Rangers Vol. Fire Co.**  
2718 Mountain View Drive, Moore Township  
Doors open at 5:00 PM • Bingo starts at 7:00 PM

**March 29 & April 5**  
**Bushkill Vol Fire Company**  
Doors open at 5:00 PM • Bingo starts at 7:00 PM

**Blue Mt. Community Library New Releases**

**Adult Fiction:** *Walking on Sea Glass*, Julie Carobini; *The Spy*, Paulo Coelho; *Finding Libbie*, Deanna Sletten; *The Amish Nanny*, Mindy S. Clark; *The Drowning Child*, Alex Barclay; *Drowning Tides*, Karen Harper; *The Wicked City*, Beatriz Williams; *The Sleepwalker*, Chris Bohjalian; *The Girl Before*, J.P. Delaney; *The Happiness In Between*, Grace Greene; *The Runaway Midwife*, Patricia Harman Always, Sarah Jio; *The Dressmaker's Dowry*, Meredith Jaeger; *The Good Daughter*, Alexandra Burt.



**Adult Large Print:** *Cross The Line*, James Patterson

**Adult Non-fiction:** *In The Great Green Room*, Amy Grant; *Forty Autumns*, Nina Willner.

Do you write short stories or poetry, take photos or draw? Would you like to share your talent with our readers. Send your stories, poems photos, and drawings to *The Belt and Beyond* to be printed in a upcoming issue.

Send submissions to: *The Belt and Beyond* P.O. Box 33 Bangor, PA18013 or email : thebeltandbeyond@gmail.com Subject:Creative Corner

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 Total Home Health Care Pharmacy  
 Triplets Diner  
 Vertical Earth  
**E. STROUDSBURG**  
 Dunkin Donuts  
 Kilareski Orthodontics  
 Natural Concepts Hair Design  
 Soap Box Laundromat  
**NEW JERSEY/BELVIDERE**  
 Bagelsmith  
 Belvidere Diner  
 Cross Roads Diner  
 Belvidere Food Mart  
 Hot Dog Johnny's  
 Marshall's Farm Market  
 Skoggy's Deli  
 Thisilidous Eatery  
 Uncle Buck's Diner  
**COLUMBIA**  
 Clover Rest Home  
 Dalton's Columbia Inn  
 Humpty Juniors

**Celebrate Mother Earth at Totts Gap**

This two-day workshop starts on Earth Day and finishes up just in time for a unique, hand-made Mother's Day gift, created with your own hands.

Part I of II Earth Day. Saturday will be held on **April 22nd, 1:00 pm**

Under the direction of Jim Gloria of Totts Gap Arts, create your own unique hypertufa planter. Your newly formed planter will need to cure, so make sure to mark your calendar for day two. Part II of II will be held on **Saturday, May 6th, 1:00 pm**. Join Joann Ginder of Ginder Greenhouse as she helps you complete your beautiful project. You will be helped to choose, arrange, plant and care for your creation.

Location: Ginder Greenhouse and Garden Center, 558 Lake Minsi Drive, Bangor, PA 18013

Workshop fee includes materials and instruction for one hypertufa planter Your choice (up to \$5 retail) of plants available at the greenhouse. Soil Fertilizer, Planting and care instruction. Due to class size limitations, this is a ticketed event. You can secure your space by buying a ticket at Ginder Greenhouse or at Totts Gap Arts or by registering online <http://tottsgap.org/celebrate-mother-earth>

**NCC Offers Free Career Assistance**

Are you a single parent, someone going through a career transition, a displaced homemaker, or recently divorced? Thanks to Northampton Community College's free New Choices program, you have many options! Explore career opportunities, build your confidence, identify your strongest skills, and learn about new and exciting fields under the guidance of a dedicated program facilitator.

New Choices is a free class that can help you figure out the next step in your life. Classes begin March 20 and take place every Monday and Thursday from 6:30 p.m. – 9 p.m. through April 27 at NCC's Fowler Family Southside Center at 511 E. Third St. in Bethlehem, Room 627. For more information or to register, please call New Choices at 610-332-6560.

 **Like us on Facebook**

**Slate Belt Regional Police Dept. Citizen's Police Academy**

Slate Belt Regional Police Department is proud to announce their FIRST Citizen's Police Academy, which will run every Thursday, from **April 6th - May 25th, 7pm-9pm**. The goal of the police academy is to familiarize community members with the inner workings of their local police department and judicial system, as well as forging relationships between the department, officers and the community for which they serve. Only 20 students will be accepted into the program. Criminal background checks will be performed on applicants; those having been convicted of a felony will be disqualified. You may apply on line at [www.slatebeltpd.com](http://www.slatebeltpd.com). For questions call 610.759.8517 or email [Pstonaker@slatebeltpd.com](mailto:Pstonaker@slatebeltpd.com). Application deadline is March 31st.

**Bath Borough - Paw Park Basket Social**

**Saturday, April 22nd 12pm-8pm and Sunday, April 23rd 10am-3pm.** Held at the Bath social hall (North Walnut St, Bath). For more information contact Chairperson Beth Beers484-547-9449 or [bbeers@rcn.com](mailto:bbeers@rcn.com) , all proceeds will benefit the construction of PAW PARK.

**Spring Fling Bingo**

The Ladies Auxiliary of Washington Township Volunteer Fire Co., 920 Washington Blvd are sponsoring a spring fling bingo **May 7th. Doors open 11am and games start 12:30pm.** The kitchen will be open. Jackpot of \$500 plus a tricky tray, 50/50, and door prizes. Call for tickets: Shirley Thomas 610-863-4603 or 484-541-4659; Ruth Hahn 610-588-7402; Donna Eberle 484-298-0192; Sandy Wambold 610-462-5611.

**East Allen Twsp. Vol. Ambulance Corps.**

East Allen Township Volunteer Ambulance Corps, is seeking vendors, crafters and sponsors for a combined Yard Sale/Craft show along with a Tricky Tray on **Saturday, May 13th**. For more information on this event please call Joe Light 610-261-9196 or [JLIGHT@EATVAC.ORG](mailto:JLIGHT@EATVAC.ORG) or visit [www.eatvac.org/events](http://www.eatvac.org/events).

**2nd Annual Nazareth Food Truck Festival**

**Saturday, June 3rd 12:00pm-6:00pm** Belvidere St., Nazareth

**BUSINESS DIRECTORY**

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**\*20% OFF\*** \*1 coupon per person, must present this ad, dine-in only, excludes tax & tip, expires 5/1/17

[BangorTrustBrewing.com](http://BangorTrustBrewing.com) | 610.452.3232

31 W 1st Street, Wind Gap  
610-863-4600  
Email: [instrep31@gmail.com](mailto:instrep31@gmail.com)

 **INSTANT REPLAY**  
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LIZARD SKIN BASEBALL BAT WRAPS \$10.00  
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[expressionsthruerglass@gmail.com](mailto:expressionsthruerglass@gmail.com)  
[www.expressionsthruerglass.com](http://www.expressionsthruerglass.com)



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**ADVERTISE YOUR BUSINESS IN OUR BUSINESS DIRECTORY. CALL TODAY FOR ADVERTISING RATES 610-704-6818 OR EMAIL [THEBELTANDBEYOND@GMAIL.COM](mailto:THEBELTANDBEYOND@GMAIL.COM)**



**NOW HIRING!**  
Mechanics, School Bus  
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for  
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School District**  
Experienced or Training  
will be provided  
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STA is an Equal Opportunity Employer

**B&B FREE YARD SALE FORM**


Date of Sale \_\_\_\_\_ Time of Sale \_\_\_\_\_

Address of Sale \_\_\_\_\_


Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

 All Contact Information Must Be Included. Deadline for yard sales Fridays at 4:00 p.m. prior to week of publication. Maximum 25 words. Mail completed form to: P.O. Box 33 Bangor, PA 18013 or email: yardsales.thebeltandbeyond@gmail.com or fax 814-283-4819. No yard sale ads will be accepted over the phone.

## RENTALS

**FOR RENT**  
1 bedroom remodeled apartment in Bangor, off road parking, w/s/g included, no pets. \$600 plus one month security. Call 610-905-1701.

**LAWN & GARDEN AUCTION**  
33rd Annual Auction  
Sat. April 1st at 9am  
HILLTOP SALES & SERVICE, INC.  
158 Falcone Road, Bangor, PA 18013  
**610-588-4088**  
www.hilltopsales.com  
CONSIGNMENTS WELCOME!  
Buyers Premium 2% (waived with cash/check)  
Hartzell's Auction Gallery  
AU-000395 • 610-588-5831

## HELP WANTED

**WAIT STAFF** -Full time and part time shifts early afternoon - evening, weekends. Apply in person Blue Valley Diner, 370 Blue Valley Drive, Bangor, PA



Making Life Easier™

We are looking for compassionate caregivers for 3 days a week 8A-4P and 4P-8P shifts in Bangor, Wind Gap and Mt Bethel. Every other weekend is required.  
Please call 610-596-7055 for more information

Your source for community news, events, sports, and happenings.



*The Belt and Beyond*

*We love to hear from you!*  
News • Photos • Events  
**610-704-6818**  
P.O. Box 33 Bangor, PA 18013  
thebeltandbeyond@gmail.com  
👍 LIKE us on facebook to stay up to date!

Visit us online [www.thebeltandbeyond.com](http://www.thebeltandbeyond.com)

**HELP WANTED** - Weekday and weekend cook and servers. Apply in person Emmy Lou's Ice Cream, 492 E. Main Street Pen Argyl, PA.  
**NOW HIRING** - Waiters, waitresses, drivers. Apply in person Giordano's Italian Restaurant and Pizza House 13 W Pennsylvania Ave., Pen Argyl, PA.


## FOR SALE

**FOR SALE?**  
**ADVERTISE HERE!**

**THE BELT AND BEYOND MAIL OR EMAIL YOUR CLASSIFIED ADS TO US!**

## CLASSIFIED ADS

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 Classified line ad rates up to 20 words \$8 per issue each or \$15 for 2 issues. There will be an additional charge of 25¢ per word over 20 words.

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1 Issue: \$8 \_\_\_\_\_ 2 Issues: \$15 \_\_\_\_\_

**CLASSIFIED DISPLAY**  
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1 Column X 1.25" \$15 per insertion or \$25 for 2 issues or  
1 Column X 1.75" \$20 per insertion or \$30 for 2 issue

Mailed or emailed classified ads will only be accepted. No Classified ads will be accepted by phone. Deadline 12:00pm on Friday, prior to publication week. By mail send this form along with your check made payable to: The Belt and Beyond, P.O. Box 33, Bangor, PA 18013 ATTN: Classifieds. By Email send Classified ad with Classified ad in the subject to thebeltandbeyond@gmail.com. All Classified ads must be pre-paid. No Exceptions. No Refunds or Credits.

**Ackermanville United Methodist**

1410 Ackermanville Road, Bangor, PA.,  
(just off Rt. 191 in Ackermanville),  
9 AM Sunday School, 10 AM Worship  
Rev Alice Ann Bonham, (610) 588-7818  
www.ackermanvilleumc.org

**Arndt's Lutheran Church**

1851 Arndt Road, Easton, PA 18040, 610-253-3732  
Worship: Sat. 6:00 PM, Sun. at 8:15 AM Communion;  
9:00 AM Children's Sunday School; 9:30 AM.  
Confirmation; 10:30 AM Worship  
Tue. - 10:00 AM Open Arms; 7:00 PM Boy Scouts &  
Bible Study.  
Wed. - 10:00 AM Open Arms  
Holy Communion is celebrated on the 1st & 3rd  
Sundays of the month.  
Email: arndts.lutheranchurch@rcn.  
Website: www.arndtslutheran.org

**Bangor Church of the Nazarene**

150 Bunny Trail, Bangor  
9:30 AM Sunday School, 10:40 AM Worship  
Powerhouse Praise Practice 5 PM  
Teen Straight Talk & Small Groups 6 PM  
Kenneth L. Bean, Pastor, (610) 588-6929

**Belfast Bible**

483 Belfast Road, Belfast  
9:30 AM Sunday School (All Ages)  
10:45 AM Worship, Evening Service 7 PM  
Pastor Michael Yaworski

**Belfast Wesley United Methodist**

607 School Street, Belfast  
9:00 AM Children & Adult Sunday School, 10 AM  
Worship, followed by coffee fellowship.  
Pastor Paul Milligan, (610) 746-3652

**Benders Mennonite Church**

975 Benders Church Road, Pen Argyl  
10:10 AM Worship, Food Bank 3rd Saturday  
of the month 9 AM - 11 AM (610) 863-9114

**Bethel Bible Church of Mt. Zion**

7742 N. Delaware Dr. (Rt 611) Martins Creek  
9 AM Sunday School, 10 AM Worship  
Pastor Rick Tunis, (610) 250- 9809  
www.bethelbiblechurchofmtzion.org

**Christ Hamilton United Lutheran Church**

419 Bossardsville Road, Stroudsburg, PA 18360  
570-992-4085

www.chrighthamilton.org email: chulc@ptd.net  
Worship Services @ 8:15am & 11:00 am  
Sunday school for 3 year olds thru adults @ 9:30am

**Christ Evangelical Lutheran Church**

703 S. Delaware Dr (Rt 611) Stone Church/Mt. Bethel  
610-588-7056 e: celcpaorg@yahoo.com  
Sunday School 9am (Sept-May)  
Worship 10am; communion 1st & 3rd Sunday  
www.celcpa.org

**Community Baptist**

Weona Park Center, Pen Argyl  
7 PM Bible Study, Separate class for age 10 & under

**Clearfield Bible Holiness Church**

1502 Bushkill Center Road, Wind Gap  
10:30 AM Sunday School, 11:15 AM & 2 PM Worship  
7 PM Thursday Prayer Meeting  
Pastor Mike Beck, (570) 369-6563

**Community Church**

Mount Pocono Location  
1050 Memorial Blvd., Tobyhanna, PA 18466  
SUNDAYS 9:30 am | 11:00 am | 12:30 pm  
The Burgs Location - SUNDAYS 11:00 am  
2000 Milford Road, Stroudsburg, PA 18301

**Community Presbyterian**

1755 S. Delaware Drive, Mount Bethel  
9:15 AM Sunday School, 10:30 AM Worship  
Coffee hour on last Sunday of every month  
following service cpcmbp@peoplepc.com  
2nd Wednesday - Community Eucharistic worship  
service beginning on Feb. 8th at 2:00PM  
(570) 897-6766, www.yourcpchurch.com

**Cross Road Baptist Church**

201 S Second Street, Bangor  
9:30 a.m. Sunday School, 10:45 a.m. Worship  
Wednesday 7 pm Prayer/Bible Study  
2nd Sunday of Month Free Meal  
4-5:30 pm Breaking Bread Soup Kitchen  
Rev. Jay VanHorn, Pastor, 610-588-3966  
www.crossroadbaptistbangor.com

**East Bangor United Methodist Community Church**

136 West Central Avenue, East Bangor, PA  
**Sundays** - 8:30 a.m. Choir Rehearsal, 9:15 a.m. Worship  
Service, 10:30 a.m. Sunday School, After-Church Fellowship  
(Last Sunday), 4:00-6:00 p.m. Free Dinner (1st Sunday)  
**Monday**s - 7:00 p.m. Bible Study  
**1st Wednesday** - 7:00 p.m. U.M.W. "Esther Circle"  
**Thursdays** - 6:30 p.m. Bazaar Workshop, 7:00 p.m. Choir  
Rehearsal  
**Saturdays** - 8:00 p.m. AA Meeting  
Pastor David Goss (610) 588-4453  
Dial-A-Message (610) 588-3896  
Website: <http://www.ebumc.org/>

**Faith Alive Community Church**

10 Mechanic Street, Wind Gap  
10 AM Worship, 10:45 AM Children's Church  
and Next Level (Grades 7-12)  
Pastor Matthew Whistler, (610) 863-6911  
www.faccpa.org

**Faith United Presbyterian**

218 W. Penna. Avenue, Pen Argyl  
**Tues:** Faith Quilters-1PM  
**Wed:** Adult Bible Study-10AM  
**Sun. Mar, 12,** 2nd Sunday Of Lent, Choir 9AM, Worship/  
Communion/Church School 10AM, Session 11AM  
**Sun. Mar 19,** 3rd Sunday Of Lent, Choir 9AM, Worship/  
Communion/Church School 10AM  
**Sun. Mar 26,** 4th Sunday Of Lent, Choir 9AM, Worship/  
Communion/Church School 10AM  
Rev. Ruth Ann Christopher (610) 863-4447

**Family Life Community Church**

1115 Richmond Road, Bangor  
Wednesday: Kidz Night Out at The Hub 6:30-  
8:30 PM (Kids ages 6 thru 6th grade), Thursday: Teen  
Night Out at The Hub 6:30-8:30 PM (Grades 7th thru  
9th) 10 AM Worship Service  
Pastor Mike Poppa, (610) 588-3736,  
www.flccbangor.com

**First United Evangelical**

25 South 2nd Street, Bangor  
**Sun.:** Sunday School at 9:30 AM,  
Worship at 10:30 AM  
**Wed. Eve.:** Prayer Meeting and Bible Study, 7 PM  
Pastor Ronald Shipman, (610)-588-3226

**First United Methodist Church**

55 North Third Street, Bangor  
8:30 AM Contemporary Service, 8:50 AM Junior Church,  
9:50 AM Sunday School for all ages, 11 AM Traditional  
Service, 11:15 AM Junior Church  
Rev. Navin Satyavrata, (610) 588-4673  
www.firstumcbangor.com

**Faith Family Fellowship**

1002 Bushkill Center Road, Nazareth  
Sundays: 10 AM Worship Service with fellowship time  
to follow  
Pastor Robert Hampton, 484-408-9624

**Flicksville United Church of Christ**

1337 Lower South Main Street, Bangor, PA 18013  
610-588-4648 www.flicksvilleucc.org  
Sunday School 9:30a.m.  
Sunday Worship 10:45a.m.  
Service will include local musical talent

**First United Methodist**

19 West & Water Street, Wind Gap  
8:45 AM Sunday School  
10 AM Worship/Communion  
11 AM Fellowship on 1st Sunday of each month  
Pastor Bruny Martinez (717) 940-3090

**God's Missionary Church of Northampton**

4965 Nort Bath Blvd (Rt 329), Northampton  
9:30 AM Sunday School, 10:30 AM & 7 PM Service  
6:30 PM Youth Service  
Wednesdays-Prayer Meeting 7:30 PM  
Rev. Rodney Keister, (610) 262-4412  
www.GMC-N.com

**Good Shepherd Evangelical Lutheran Church**

2904 Church Road, Martins Creek  
9 AM Worship, Adult Bible, Study following worship  
Pastor Louise Williams

**Grace Lutheran Church**

5907 Sullivan Trail, Nazareth  
9 AM Service, 10:15 AM Sunday School,  
10:30 AM Adult Forum  
(610) 759-9080, www.gracebelfast.org

**Grace United Methodist Church**

404 Mountain Avenue, Pen Argyl  
8:30 AM Contemporary Worship  
10 AM Blended Service, Sunday School  
**Sunday, April 16 - Community Easter Sunrise  
Service** 6:30am, in our Back Parking Lot. Come as you  
are to worship the Risen King  
Rev. John T. Pfeil, (610) 863-4811

**Holy Trinity Orthodox Church**

1501 Trinity Court, Stroudsburg  
9:30 AM Divine Liturgy Sundays  
6:30 PM Vespers Saturday  
(570) 421-4455, www.holytrinitypoconos.org

**Hopesprings Community of Faith**

301 Market Street, Bangor  
Meeting time 10:00 AM  
855-info-hope., www.hopespringscommunity.org

**Hope Lutheran Church**

240 S. 8th Street, Tatamy, PA  
Pastor Herbert Dolich  
9:00am Sunday School classes and Bible Study (Sept.-May)  
10:30am Worship services(Sept.-June)

**Hope UCC**

22nd & Cherry Street, Wind Gap  
Worship 10:30 AM, Sunday school 9:15 AM and  
communion first Sunday of the month.  
Pastor Rev. Dean D. Frey, (610) 863-4474

**Living Waters Christian Church**

396 Sterling Road Unit D, Tobyhanna  
Thursday: 6-7 PM Christian Education, Sunday: 9:15  
AM Christian Education, 10:30 AM Worship  
Rev. Dr. Jacqueline R. Walters  
(570) 350-4710 or (570) 629-5581  
livingwaterscc@aol.com



**Arsha Vidya Pitham (Institute for Study of Vedanta, Yoga and Meditation)**  
651, Route 115, Saylorsburg www.arshavidya.org

**Mount Bethel Church**  
1270 Belvidere Corner Road, Mt. Bethel  
Pastor Chris Priestaf, (570) 897-7142  
Little Friends Preschool (570) 897-7797  
email office@mountbethelchurch.org  
www.mountbethelchurch.org

**Sunday Service Schedule**  
8:30 & 11am Worship Services  
9:45 Confirmation and Sunday School

**Mount Eaton Church**  
7277 Mt. Eaton Road, Saylorsburg  
Services: 6:30 PM Saturday, 8 AM Sunday Traditional,  
10:30 AM Sunday Contemporary,  
6 PM Sunday Youth Group, Wednesdays: 7 PM Family  
Night, 8:30 PM Young Adults' Group  
Pastor Doug Hayes, (570) 992-7050  
mounteatonchurch.org

**Nazareth Moravian Church**  
4 South Main Street, Nazareth  
Sundays - 8:15 Worship; 9:30 Sunday School 10:45  
Worship Wednesdays-6:00pm Weight Watchers:  
7:00pm Bible Study  
Thursdays 6:30pm Bell Choir; 7:15pm Senior Choir  
(610) 759-3163, nazarethmoravian.org

**Our Lady of Good Counsel**  
436 South 2nd Street, Bangor  
4 PM Saturday, 8:30 AM Sunday  
Pastor Stephen L. Maco, (610) 588-5445

**Portland Baptist Church**  
601 Delaware Avenue, Portland  
9 AM Sunday School, 10 AM Fellowship, 10:20 AM  
Worship, 6-7:30 PM AWANA Youth Group/Prayer  
Meeting/Bible Study, Handicap accessible  
(570) 897-6866, www.portlandbaptistchurch.com

**Prince of Peace Lutheran Church**  
2445 Lake Minsi Drive, Bangor  
Every 1st & 3rd Saturdays of the month at 5:30 PM  
Worship & Holy Communion  
Sundays: 9:45 AM Worship & Communion  
Rev. Michael J. Scholtes, (610) 588-2355  
www.popbangor.org

**Presbyterian Parish of Bangor-Roseto**  
Sunday 10:45 AM Worship Service  
Rev. Albert Martin, (610) 588-4864  
www.presbyparishbangoroseto.webs.com

**Presbyterian Church of the Mountain**  
Church Lane, Delaware Water Gap (570) 476-0345  
Sunday Worship Service: 10 AM in the Sanctuary  
Holy Communion: 1st Sunday of each month  
Praise Team: 2nd Sunday of each month  
Sunday School: during worship in the Fellowship House  
for ages 0-12 (childcare and class)  
Choir Rehearsal: Thursday at 7:30 PM in the Fellowship  
House Choir Room, Deacons Meeting: Last Sunday of  
each month at 11 AM, Session: 2nd Thursday of each  
month at 7 PM, Bible Study: each Monday at 7 PM

**Richmond United Methodist Church**  
8538 Delaware Drive (Route 611), Bangor  
One Sunday Service at 10:00 AM  
Adult Sunday School at 9:00 AM  
Children's Sunday School at 10:00 AM  
**Sunday, April 2 at 1:00pm Easter Egg Hun** for  
children 0-3, 4-6 and 7-10. All are welcomed!  
**Easter Sunday Services** 7:00 am and 10:00am  
Pastor Ed Van Arsdale  
(610) 588-7317 www.richmondumc.com

**Refiner's Fire Ministry**  
100 Division Street, Portland  
Sundays: Prayer 9:15 am Worship 10:00 am  
Wednesday Night Bible Study 7:00 pm  
Friday Night Redemption (Christ-centered, 12 step  
meeting) 8:00pm  
Pastors Phil and Jessica Karasiewicz  
570-583-3101  
refinersfireministry2006@gmail.com

**Slate Belt - Nazareth Baptist Church**  
1620 Church Road, Pen Argyl  
Every Tuesday: Mixed Martial Arts/Self Defense  
7-8:15 PM, Aerobics 7-8 PM  
Sunday: 9:30 AM Sunday School, 10:30 AM Worship  
& Children's Church (nursery provided)  
Adult Bible study is at 4:30, AWANA is at 5:30  
Pastor Scott J. Davis, (610) 863-9274

**The Roseto Independent Presbyterian Church**  
210 Garibaldi Avenue, Roseto  
9:15 AM Greeting, 9:30 AM Service  
Rev. Barry Eng, (610) 599-9949  
www.RIPC-OnlineToday.org

**Salem UCC**  
2218 Community Drive Bath PA 18014  
Worship 8:00 AM; Sunday School, Confirmation Class,  
Junior Choir 9:00 AM; Worship 10:15 AM  
Sundays Cub Pack 50 1:00 PM  
First & Third Mon. of the month Pinochle Club 11 AM-  
2:30 PM  
Third Monday of the month Consistory Meeting 7:00 PM  
Tuesdays Boy Scout Troop 50 6:30-8:00 PM & Senior Choir  
7:00 PM  
Wednesdays Ladies Aid Quilting 9:00 AM-3:00 PM  
Pastor Donald Brown, (610) 759-1652  
www.salemuccbathpa.org

**St. Brigid's Episcopal Church**  
301 Madison Avenue, Nazareth  
9 AM Holy Eucharist  
Rev. William Martin,  
(610) 746-3910, www.stbrigidspa.org

**St. Elizabeth's Parish**  
300 West Babbitt, Pen Argyl  
Masses: 5 PM Saturday, 8 AM, 9:30 AM & 11 AM Sunday  
Rev. Msgr. Vincent P. York. (610) 863-4777

**St. Luke's UCC Belfast**  
471 Belfast Road, Nazareth (Belfast)  
9:00 AM Worship - beginning the week of June 13th  
1st Sunday of month Holy Communion  
Pastor Rev. Frank Gassler, (610) 759-0244  
www.stlukesuccbelfast.com

**St. Mary's Episcopal**  
340 Lehigh Street, Wind Gap  
9 AM Eucharist & Sunday School, Coffee hour  
follows service  
The Rev. Canon Joel Atkinson, priest in charge.  
(610) 863-8007 saintmarywindgap.webs.com

**St. John's Evangelical Lutheran**  
12 North Westbrook, Pen Argyl  
8:45 AM Sunday School, 10 AM Worship  
(610) 863-4332

**St. Joseph's Episcopal**  
1440 Verona Drive, Pen Argyl  
11 AM Eucharist, Coffee hour after service  
The Rev. Canon Joel Atkinson, priest in charge.

**St. Peter's Evangelical Lutheran**  
1422 Church Road, Pen Argyl  
11 AM Bible Study, 7 PM Praise Band, 6 PM Youth Choir,  
7:30 PM Adult Choir, 8 AM & 10:15 AM Services, 9 AM Sunday School  
(610) 863-6859

**St. Peter's UCC**  
401 Broad Street, Tatamy  
10:00 AM worship all year; 10:00 AM Sunday school Sept.-May.  
Interim Pastor, Darlene Blocker, (610) 252-6515

**St. Vincent DePaul Catholic**  
Delaware Avenue, Portland  
6 PM Saturday, 10:30 AM Sunday  
Rev. Stephen L. Maco, (610) 588-5445

**The Salvation Army**  
301 W. Main Street, Pen Argyl, PA 18072  
610-863-6677

**Sundays:** 10 AM Sunday School, Sunday services every  
Sunday from 11:00am-12:00pm.

**Tuesdays:** Food Bank 10 AM-12 PM

**Wednesdays:** Knitting & Crocheting 10 AM-12 PM

**Thurs:** 10:30-11:30 AM Home League Women's group.

**Free Lunch for Seniors:** Tues.-Thurs. 12 PM

**The Pentecostal Christian Church  
the Truth (Iglesia Pentecostal La Verdad)**

4 Jory Avenue, Pen Argyl  
12 PM Sunday School (Escuela Dominical)  
1 PM Praise & Worship (Cuho Evangelistico)  
All invited to Bilingual Services  
Rev. Frank Pons, (570) 807-7794

**Temple Israel of the Poconos**  
Egalitarian Conservative Synagogue  
711 Wallace Street, Stroudsburg  
Sabbath Services: Friday 7 PM followed by a Traditional Oneg Shabbat  
Saturday 9:30 AM followed by a traditional Kiddush. Services  
conducted in both Hebrew & English in a warm, welcoming, Jewish  
environment. Hebrew School for ages 4-13  
Dr. Sandra Alfonsi, 570-223-7062

**Trinity Evangelical Lutheran**  
404 Broadway, Bangor  
Sunday School 9am - Worship 10:15am  
Pastor Laine, 610-588-2023  
www.tlcbangor.com

**Trinity United Church of Christ**  
632 South Delaward Drive, Mt. Bethel  
Worship at 10:30 am - Sunday school 9:15 am  
Rev. Rodney W. Wells, (610) 588-1989

**Zion Presbyterian Church**  
Water Street, Wind Gap  
9:30 AM Service, Children's Sunday School during service.  
Visitors are welcomed!  
Rev. Sam Huffard

**Zion United Lutheran Church**  
1919 Route 209 in Brodheadsville.  
Call 570-992-6988 for more information or questions.

**Healing Service:** Wed., April 5 at 7:30 PM

**Passion Sunday:** Sat., April 8 at 5 PM and Sun., April 9 at 8:00 and 10:30 AM  
Procession with Palms and the Sacrament of Holy Communion

**Maunder Thursday:** April 13 at 7:30 PM The Sacrament of Holy Communion

**Good Friday:** April 14 at 7:30 PM

**Easter Festival Services:** Sat., April 15 at 5 PM, informal, spoken

**Easter Service:** Sun. April 16 at 6 AM Sunrise service, 8:00 and 10:30 AM.  
Music at all Easter Sunday services

**Upcoming Community Event** Free Community Free Community Dinner:  
Wed., April 19 from 5 to 6 PM

*Judge Alicia Zito*

*A Perfect Fit for Our Community*



Like us on Facebook Committee to Elect Judge Alicia R Zito