

FREE

Volume 4 • Issue 6

June 15, 2017

THE *Belt* and BEYOND

A PUBLICATION FEATURING: local events, news, happenings and more



Congratulations
Class of 2017

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**6 DAYS UNTIL
SUMMER**

Next issue will be printed June 29th

Deadline for all ad copy and news Thursday, June 22nd

Email your news and events to thebeltandbeyond@gmail.com

JUNE

**FIRE WORKS SAFETY MONTH JUNE 1-JULY 4
NATIONAL DAYS**

JUNE 16 NATIONAL FLIP FLOP DAY

JUNE 18 NATIONAL GO FISHING DAY

JUNE 19 NATIONAL MARTINI DAY

JUNE 21 NATIONAL SELFIE DAY

JUNE 22 NATIONAL HVAC TECH DAY

JUNE 23 NATIONAL TAKE YOUR DOG TO WORK DAY

JUNE 27 NATIONAL PTSD AWARENESS DAY

JUNE 29 NATIONAL HAND SHAKE DAY

JUNE 30 SOCIAL MEDIA DAY

HOLIDAY

JUNE 18 FATHER'S DAY



WEEKEND HAPPENINGS

Vietnam Traveling Memorial Wall at Plainfield Park

The Vietnam Traveling Memorial Wall will be coming to Plainfield Community Park (6101 Kesslersville Rd., Nazareth). **Wednesday, June 14th through Monday, June 19th; Opening ceremony Friday, June 16th at 7:00pm; Saturday, June 17th at 7:00pm Candlelight vigil and wreath laying.** For more information contact Brenda Detweiler 484-764-8198 or David Rider 610-509-3741 or visit www.hhfh.org

Friends of the Bangor Public Library Fundraiser

The Friends of the Bangor Public Library will hold a fundraiser on **Thursday, June 15th, 11:00am-closing**, at the Broadway Pub, Bangor, PA. The Pub will donate 10% of the days receipts to the Friends. Please come out, enjoy a great meal and help the Bangor Public Library.

Hope UCC Bingo Night

Nacho Ordinary Bingo Night! **Friday, June 16th doors open at 5:30pm; Bingo Starts at 6:30pm** ticket price includes taco and drink, and Bingo. Hope UCC – 2nd & Cherry Streets; Wind Gap, PA. For more info please call or email Jen at 908-727-0090 or hopeucc@hotmail.com for tickets.

Blue Mt Community Library to Host Wine Tasting Fundraiser

On **Friday, June 16th**, the Blue Mountain Community Library of Pen Argyl will hold its second annual "Wine Tasting Fundraiser" at the Blue Ridge Winery, 239 Blue Ridge Rd., Saylorsburg, PA. Tickets must be purchased ahead at the library, located at 216 S. Robinson Ave., Pen Argyl, PA. There are a limited number of tickets, so please call the library as soon as possible. Tickets will be on sale beginning May 15th on a first come, first serve basis. Tickets include entrance to the Winery, 5 tastings and a wine glass to keep, hot and cold food & h'ordeuvres, a tour by winery owner Randy at 5:00 pm, along with a chance to win our Door Prize. The event will be held from 4:00-6:00 pm. The Winery will offer a dinner buffet at 6:00 pm, with entertainment. Call Lisa at 610-863-8322 for information or to purchase tickets. Visit our website at www.bmcl.org. Find us on Facebook at www.facebook.com/bmclpenargyl.

Faith United Presbyterian Church 23rd Annual Strawberry Festival

Faith United Presbyterian Church Annual Strawberry Festival is celebrating its 23rd year, of hosting one of the oldest and continuous running strawberry festivals. **Saturday, June 17th, 4:00pm -7:00pm**, rain or shine 218 W. Pennsylvania Ave., Pen Argyl, PA. 18072 Directions to Faith United Presbyterian Church are available on the website: www.faithunited.net

Father's Day Clam and Jam at Bangor Elks Lodge

Saturday, June 17th; Begins at 5:00pm with dancing following dinner from 8:00pm-11:00pm. Enjoy an early Father's Day dinner with steamed clams and much more at the Bangor Elks Lodge. This event is open to the public, tickets available during business hours 6:00pm-10:00pm (120 Broadway, Bangor).

St. Matthew's Strawberry Festival and Car Show

St. Matthew's Church will hold a Strawberry Festival and Car Show **Sunday, June 18, 8:00am - 5:00pm.** 102 Church Ln, Kunkletown, PA. Contact Glenn or Magen for information 610-381-2618

28th Annual All Mopar Father's Day Car Show

Reagle Dodge and Dotta Chrysler Jeep, RT 512 Pen Argyl, PA. **Sunday June 18th 9am-3pm**, Rain Date: Sunday, June 25th. **See ad page 32**

BLUE VALLEY FARM SHOW

All You Can Eat Father's Day Breakfast

SUNDAY, JUNE 18TH 7:30 AM - 12:30 PM

HOMEMADE CREAMED CHIPPED BEEF,
HOMEFRIES (WITH OR WITHOUT ONIONS)
SCRAMBLED EGGS, KIELBASA, SCRAPPLE,
FRENCH TOAST, PORK SAUSAGE, BACON
PANCAKES, HAM, TURKEY SAUSAGE

DESSERTS: CAKES, DONUTS,
SHOE FLY PIE, PUDDINGS

ORANGE JUICE FOUNTAIN,
COFFEE, TEA, HOT CHOCOLATE

ADULTS \$9 • CHILDREN 6-12 \$4.00 • UNDER 6 FREE

707 AMERICAN BANGOR ROAD (RT 512 BETWEEN BANGOR & PEN ARGYL)
FOR MORE INFORMATION CALL 610-588-2689

Father's Day Dog Sled Challenge

Sunday, June 18th 10:00 am- 2:00 pm

IRON CORE ATHLETE

312 Front Ave., Bangor, Pennsylvania

Cost \$10 Entry fee to compete

Prizes for the top 2 in each age bracket

For more info ironcoreathlete@gmail.com

All Proceeds to Benefit the Heisler Family



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See farm animals, heritage crafts, tour historic buildings
Open June 17 thru Labor Day Monday

Tue - Sat 10am - 5pm;

Sun 12 - 5pm

\$10 Adult, \$5 Ages (3-12)

June 17 Summer Garden Party

Herb & Garden Lore, Garden Tour, Art Activities, Children's Area, Culinary Samples, Food Demo
Sponsored in part by Pa Council on the Arts Project Stream grant

June 24 Children's Day

June 24/25 Civil War Encampment

July 8 Music in the Valley

August 5 Heritage Craft Day



quietvalley.org 570-992-6161 Stroudsburg PA

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Entrance on Chestnut Street Additional Parking in lot across from entrance

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Join us
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Lemonade and Cake Stand



Please help us as we help our dear friend Andy Svrcek "Elvis" who is battling Stage 3 cancer.

Jennifer's Salon and Consignment Boutique
6. E. Main Street, Pen Argyl, PA • (610) 863-5191
All proceeds to benefit Andy Svrcek



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Nazareth, Pennsylvania

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American Legion Post 346 Premiere Jewelry Party

Saturday, June 20th 7:00pm, Refreshments Available. American Legion Post 346, 126 East 5th Street, East Stroudsburg, Pa 18301 ALL PROCEEDS BENEFIT OUR VETERANS.

Zion United Lutheran Church Free Community Dinner

Come and join us on **Wednesday, June 21st from 5:00pm-6:30pm** for a free community dinner. RSVP appreciated but not necessary. Zion United Lutheran Church, 1919 Route 209, Brodheadsville. 570-992-6988 or zionulc@ptd.net.

Hope UCC Strawberry Festival (indoors)

Friday - June 23rd, 4 pm - 7 pm. Hope United Church of Christ, 2nd Street - Wind Gap. Food, Cake Walk

Queen of Peace Catholic Church - Flea Market

Friday thru Sunday, June 23rd-25th; located at Queen of Peace Catholic Church, Rte. 209 & Weir Lake Road, Brodheadsville, PA. Vendors wanted for more information please visit www.qopchurch.org or email loribray84@gmail.com or call 610-681-6137.

Roseto Helping Hands 2 Day Basket Social

Sat., June 24 & Sun., June 25 10:00am-4:00pm
Great Prizes, Door Prizes. Roseto American Legion 143 Garibaldi Ave, Roseto, PA. Questions/Tickets please call Janet Farole at 484-221-0047 or email janny116@ptd.net.

Delaware Gap Founder's Day Festival 2017

Friends of the DWG present Delaware Water Gap Founders Day Festival **Saturday, June 24th, 8:00am-4:00pm.** Arts, Crafts, Exhibits, Music and great food! Discover Delaware Water Gap!

Bangor Park 2017 Summer Events

Movie Night- Saturday, June 24th, movie starts at dusk featuring, the movie **Sing**. Free to the public. Refreshments will be sold.

Splash Dance- Friday, July 14th: 7:30pm-9:30pm Splashdance at the pool for all teens that will be entering 7th, 8th and 9th grades.

Family Luau- Friday Night, July 21st: 7:00pm-9:30pm admission fees to be announced at a later date.

Summer Pool Party-August 12th: 1:00pm-4:00pm admission fees to be announced at a later date.

Pooch Plunge-August 19th The last day of the pool season is one for our furry friends. Come out with man's (or women's) best friend and enjoy one of the last days of summer with a doggie swim day! Time to be announced.

Anyone interested in volunteering for the Park Board or any of these events can contact Debbie Smith at bangorparkboard@gmail.com or 610-751-7692

Free June Outdoor Recreation Programs: Northampton County Parks & Recreation

Outdoor Skills Day Camps: These camps incorporate recreational skills like hiking and tracking as well as survival skills. Learning to forage, find you way with GPS and cooking over a fire add another dimension to being outdoors. For kids in K-8th grade. 9am-4pm. Register at 610/965-4397 ext. 131 or at dbauer@wildlandspa.org.

June 19, Louise Moore Park, Pavilion 2, 151 Country Club Road, Easton.
June 26, Bear Swamp Park & Archery Complex, Lake Minsi Drive, Bangor.

15th Annual Swing at the Stand

The 15th Annual Swing at the Stand will be held on **Saturday, June 24th, 6:30-?? (rain or shine)** at Weona Park, Rt. 512, Pen Argyl. Please bring a finger food to share, your own beverage, and lawn chair. Listen and dance to the "Oldies" and meet with old friends. Everyone is welcome!

Bangor Elks Lodge #1106 Golf Tournament

The 17th annual Bangor Elks Lodge #1106 golf tournament that benefits major projects will be held on **Monday, June 26th**, at Whitetail Golf Club. Four-person scramble format. Costs per golfer includes: golf cart, prizes, cookout lunch, and beverages. A hole-in-one is sponsored by Dotta Auto Sales. Please call the Bangor Elks Lodge #1106 at 610-588-3420 for fees/register your foursome or email bangorelks@gmail.com. **Deadline is June 19th.**

Silent Auction Prince of Peace Church

Friday, June 30th 5:30pm-9:30pm. Prince of Peace Lutheran Church 2445 Lake Minsi Drive, Bangor, PA. For more Information call 570-897-6601 or 610-588-2355.

SILENT AUCTION

Friday, June 30th 5:30 pm-9:30 pm
PRINCE OF PEACE LUTHERAN CHURCH
 Come out and enjoy a great evening and bid on an assortment of gift baskets and gift certificates from area businesses.
 Bidding begins at 5:30 PM.
 Food and goodies will be available.
 Come out and Support
Prince of Peace Church
 2445 Lake Minsi Drive, Bangor, PA
 For more information call
570-897-6601 or 610-588-2355



Tasty Tuesdays Returns to Trinity Lutheran Church
 Trinity Lutheran Church, located at Broadway and 4th Streets in Bangor, will once again offer the free bag lunch program to children, families, and individuals in the Slatebelt Community this summer. Tasty Tuesdays will begin on June 13 and will run until August 8th. Every Tuesday the bag lunch will be available between **11:00am- 1:00pm** and will contain a sandwich, fresh fruit/vegetable, chips, healthy snack bar, and a drink. Please call the church office to register- 610-588-2023.

Historical Bangor Business Association Events
 The Historical Bangor Business Association will host the following upcoming events: **Saturday, June 24, Car Show; Saturday, July 8th, Block Party; Saturday, September 23, Wine and Food Festival.** All events will be held rain or shine and will take place on Broadway, in Bangor. If you are a Bangor Business owner and are interested in getting involved and supporting small businesses and your community. Please contact Pies to Die For Cafe at 610-340-4756 or www.facebook.com/historicalbangorbusinessassociation

Delaware-Lehigh Amateur Radio Club Meeting
 Delaware-Lehigh Amateur Radio Club will hold its meeting **Thursday, July 6, 7:30pm** in the Bethlehem Township Community Center, 2900 Farmersville Road, Bethlehem. Program: "Welcome ARRL Atlantic Division Director" - W3TOM. Hams and others interested are always welcome. Directions: <http://goo.gl/maps/qKUJC>. FMI: www.dlarc.org. 610-432-8286.

The Slate Belt Heritage Center Annual Golf Tournament
 The Slate Belt Heritage Center will hold their Annual Golf Tournament on **Friday, August 11th**, at the Shawnee Golf Resort. **"Shotgun Start" is at 7:30am** with registration, coffee and danish from 6:30am – 7:30am. Format 4-Man Scramble cost includes-golf cart, food and cookout after the event. Prizes: "Longest Drive" and "Closest to Pin". For more information email sbhc@frontier.com. Deadline to enter is **Monday, July 31, 2017.**

Easton Singles and Married over 40 Dance
 Easton Singles and Married over 40 group will hold a dance **every Saturday night through June from 7:00pm to 10:00 pm** at the Wind Gap American Legion 271 N. Broadway, Wind Gap. For more information call Norman 610-881-4140 or Paul 973-347-2070.

Hope UCC Bus Trip to Sight & Sound Theatre
 Hope UCC of Wind Gap is sponsoring a trip to Sight & Sound Theatre to see JONAH on **Saturday, October 14.** For further information or to reserve your package(s) please call or email Jen at 908-727-0090 or hopeucc@hotmail.com. Package includes bus, lunch, and show ticket. Money due no later than 07/23/17. No refunds after 7/23/17.

Jacobsburg Historical Society Presents

WORLD WAR II LIVING HISTORY WEEKEND

SAT., JUNE 24TH, 9AM-5PM
SUN., JUNE 25TH, 9AM-3PM

Music ★ WWII Vendors ★ Food
 Military Vehicles & Displays

TOUR ALLIED & GERMAN CAMPS
BATTLE REENACTMENT
HONOR OUR VETERANS

Adults - \$5, Children 12 & Under - FREE, JHS members, Active Duty Military & Scouts in Uniform - FREE

RAIN OR SHINE EVENT
 Pa. Longrifle Museum & JJ Henry House Open
 Saturday 10am-4pm & Sunday 12pm-4pm

Boulton Historic Site & Jacobsburg Historical Society
 402-403 Henry Road near Nazareth PA
 Located just off the Belfast Exit of Route 33
www.JacobsburgHistory.com



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June 29th - Thursday 5pm - 10pm
June 30th - Friday 5pm - 11pm
July 1st - Saturday 5pm - 10pm

Music All 3 days!!

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Beer, Adult Lemonade & Tea
Clams, Sausage, Burgers, Fries & More
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**Family, Friends,
Guests
Come one,
Come All!!**

**Blue Valley Farm Market to Host Culinary Event
"The Slate Belt Foodie Gathering"**

The Blue Valley Farmers Market will be hosting a Culinary Event on **July 2, 2017**. Local chefs will be presenting seasonal recipes and various tastings with available seasonal produce. Also scheduled for the day is a Chili Cook-Off, which is open to the general public, for the best Chili in the area. There will be awards for First Place and People's Choice to determine the area's best chili. There will also be entertainment throughout the event and our local vendors will be offering specials for the weekend. Schedule and applications for participation, are available at the Market every Sunday from 10:00am to 2:00pm. Space is limited and early registration for the Chili Cook-off is recommended. Plan to end your weekend on a hot note!



**BMCL and Waste Management
Summer Program
Nature Adventure**



The Blue Mt. Community Library will offer a new program this summer for children. The library will partner with Waste Management for NATURE ADVENTURE! Children entering Kindergarten through 3rd Grade are encouraged to attend this program for Storytime and outdoor activities and should dress to explore! Three programs will be held at 10:00 am at the WM Environmental Center, 891 Grand Central Road, Pen Argyl on the following dates: **June 14th** (Pollinators), **July 12th** (Landfill Trucks and More!) and **August 9th** (Bluebirds and Tree Swallows).

The BMCL announces a special summer reading program called HIGH FIVE YOUR READING DRIVE! The program runs **June 12 through August 12**. Children entering Kindergarten through 8th Grade are encouraged to read at least 5 Library books and keep a log of their titles to earn one free book of their choosing from the Book Nook. The reading logs and information will be available at the front desk. Children 18 and under who do not have a library membership can open one, accompanied by a parent or legal guardian. The library is now automated and new library cards will be issued to replace old cards and you MUST have a PA driver's license or ID with you to open a membership. Membership is free to all residents in the Pen Argyl Area School District. The library is located at 216 S. Robinson Ave., Pen Argyl. Hours are M-Sa, 10-Noon and M-Th, 6-8 PM. Call 610-863-3029 for information or visit www.bmcl.org. Find us on Facebook at www.facebook.com/bmclpenargyl.

Ask Jim:

Question: There are a lot of different scientific "facts" being presented by all sides about the Slate Belt Heat Recovery Center that directly contradict each other.

How can the public evaluate what is safe?

Answer: There are professors and scientists who spend their entire professional life studying and researching the health and environmental safety of wastewater treatment and biosolids recycling. They are true experts in their field and their hundreds of research findings go through an official peer-review process to independently assess the accuracy of their procedures and findings. These individual experts will then work together with other researchers to develop public health recommendations. In the area of biosolids, these experts worked under the coordination of the USEPA, and after a ten-year risk assessment process, the Federal public health regulations (40 CFR Part 503) were issued. Although individual states can add additional restrictions that take into account unique issues in each state, no state can reduce the EPA regulatory protections under the regulation.

There are also scientific concerns raised by opponents to biosolids recycling that are based on theoretical risks. These are a form of opinion. Everyone is entitled to form, hold and advocate their opinion. However, governmental public health regulations are based on peer reviewed academic research.

The clearest way to evaluate contradicting facts is base your decision on peer reviewed research developed by experts in their specific area of study. You can find a list of some of the hundreds of peer reviewed research papers on our website or Facebook page.

To learn more about this sustainable, green energy project, please call, visit our website or our Facebook page.

Please reach out to Jim Hecht, Project Manager, or Lorrie Rossiter, Community Connection Manager, at: (443) 489-9171



<http://www.synagro.com/locations/sbhrc/>
<https://www.facebook.com/synagrosbhrc/>

Vacation Bible Schools

TRINITY LUTHERAN CHURCH, "Hero Central-Discover Your Strength in God!", **Monday, June 19th-Thursday June 22nd 6:00pm-8:15pm**. To register or for more info call the church 610-588-2023. The church is located at 404 Broadway, Bangor, PA.

GRACE BIBLE FELLOWSHIP CHURCH OF NAZARETH GRACE BIBLE, "Maker Fun Factory Vacation Bible School", **Monday, June 19th-Friday, 23rd 6:00pm - 8:30 pm**. Children from age 4 through those who have completed grade six. To obtain a registration form please call (610) 759-7036, email gracebfcvbbs@gmail.com, or visit www.gbfcnaz.org.

PRINCE OF PEACE EVANGELICAL LUTHERAN CHURCH – "Passport To Peru" – Discovering God's Good Gifts! Is this year's theme for vacation bible school held **July 24th thru 28th 6:15 pm to 8:00 pm**. For more information call the church office 610-588-2355 or visit <http://www.popbangor.org> to register. Church is located at 2445 Lake Minsi Drive, Bangor.

The Real Estate Guys Selling Your Home

We are in a very good real estate market at this juncture. If you are thinking of selling your home, or currently have it on the market, here are a few thoughts.



The DeCesares

The # 1 Rookie mistake in selling is overpricing your home. All Sellers want top dollar for their house. Just because your neighbor's house sold for \$250,000, however, doesn't mean that yours should. Price is typically the reason why a house doesn't sell. Try not to act with emotions. Question your Real Estate Agent's rationale but consider his price recommendation seriously. (Be cautious, however, in a Seller's Market where listings are hard to come by, it is not unheard of for an agent to "buy your listing"... that is..to falsely inflate the true value so you will list with him as opposed to another who has suggested a more accurate sale price)

The next mistake, don't be inflexible on price or terms. Again, keep emotions out of the decisions. Every buyer will want to negotiate a little. Find a price that you can be comfortable with and still enable the Buyer to feel that you have acted fairly. It is very common for a Buyer to ask for your help with his closing costs. Don't be offended. Have your Agent help negotiate a reasonable solution.

Third ..make sure your listing has good pictures. You can write a beautiful description, but Buyers focus on pictures. If they don't like what they see they won't get to the description.

You have heard this one before. Remove anything that may distract a buyer. This could be political items, personal items, etc.

In conjunction with the previous suggestion, CLEAN, CLEAN, CLEAN, Inside and out! Your home should be spotless. This includes windows, curtains, and outside landscaping. Remove seldom used items and clean out the attic, garage, etc. This will also help with the pictures noted above.

Make your house easy to be shown. Sometimes short notice appointments are necessary. It is best to leave during a showing to give the Buyers space. Some Buyers might not feel comfortable asking the agent questions or opening closet doors if they think the seller is looking over their shoulder. If you do go outside or leave during showings consider taking your pet with you. Even if a Buyer likes pets they will be a distraction at best. If you decide to stay inside do not follow the Buyers around the house. After the Buyers have viewed the entire home you might want to ask if there are any questions that you could answer.

TO ACCOMPLISH ALL THIS: MAKE SURE you are selective as to who will represent you. MAKE SURE the Realtor that you choose has a great reputation, track record, work ethic, and a thorough knowledge of the business. Not all Agents are created equal. Your real estate is most likely your most valued asset..treat it as such.

This article is provided by The Great American Real Estate Company, Rts 33 & 512 Wind Gap. If you have any real estate related questions feel free to contact us at 610 863 6205



The Bangor Elks Lodge #1106 to Assist with Summer Backpack Program

The Bangor Elks Lodge #1106 will assist again this year with the Summer Backpack programs in our area.

Through the Grand Lodge, the Elks have secured a \$2000 grant and have purchased food items for local children during a 6-week program at the Mission of Love Food Pantry starting **June 29th from 11:00 am-1:00 pm**. The Elks also supplied the Slater Family Network with food for their Back Pack summer program.

We are grateful to be able to assist these organizations and the community. If you are interested in volunteering, contact the lodge at 610-588-3420.

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Accommodations for up to 350 people

FOR MORE INFORMATION CONTACT DEB 610-588-9504

Learn about Water Gardening at Easton Library
Master Gardener Lori Metz presents "Water Gardening Basics" on **Thursday, June 15, at 6:30pm** at the Easton Area Public Library. This free program will provide information about where to sit your water garden; ways to keep the water clear and your fish healthy; the types of pumps, filters, aquatic plants and fish for your water garden; and how to clean and winterize your water garden.

The program is the third in a series of monthly presentations through October. The remaining dates and topics are July 20 - English Cottage Gardens; August 17 - Tracking Climate Change through Bloom Times, Birds, and Insects; September 21 - Fall Gardening Clean Up; and October 19 - Plants of Murder and Mayhem. All programs begin at 6:30 pm.

These free programs are open to the public and held in the Catherine Drake Meeting Room on the lower level of the Main Library. Handicapped access is available from the Church Street entrance. Light refreshments will be provided by the Friends of the Library.

Registration is not required. For more information, call 610-258-2917 ext 307.

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 You live it.**

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CALL ME TODAY.



State Farm Life Insurance Company (Not licensed in MA, NY or WI), State Farm Life and Accident Assurance Company (Licensed in NY and WI), Bloomington, IL

Quiet Valley's 2017 Summer Garden Party and Summer Tour Opening

On **Saturday, June 17, 2017** Quiet Valley Living Historical Farm will open for their 54th Summer Tour Season starting with their tenth annual Summer Garden Party. Visitors coming to the farm for the historic tour will experience guides portraying family members going about a typical day on a homestead in the 1800s. In addition to the tour, folks will have a chance to involve themselves in a variety of garden-related activities. Tour a typical Pennsylvania German kitchen garden, get help with garden basics, sample yummy things made with fresh herbs and vegetables and take home some recipes. At the outdoor brick oven, herb breads will be baked and samples shared.



This year's feature area, Outdoor Living Space will have an example of a comfortable gathering place for families looking for some fresh air and relaxation at home, complete with a Zen gravel bed.

There will be new adventures at the party including two Food Demonstrations, Dutch Oven Cooking with Fresh Herbs and Easy Herb Cheese Making. Older youth and adults will enjoy making birds using wire and paper as well as quilled flower mobiles. The Children's Area will have lots of summer craft fun with insect creatures, 3D flower cards and bubble pictures. Visitors are welcome to hang some artwork from the tree featured in the theme area.

This is a day full of gardening inspiration, artistic expression and fun in the outdoors.

This event is sponsored in part by a Pennsylvania Council on the Arts Project Stream grant.

All activities on June 17 are rain or shine and are subject to change. General admission for the Historic Tour includes both the historic farm tour and Summer Garden Party. The farm is open for summer tours **Tues. - Sat. 10:00am - 5:00pm and Sun. noon - 5:00pm.** Allow 2½ to 3 hours for complete farm tour. Visit our website at www.quietvalley.org for more information on Quiet Valley Living Historical Farm or call 570-992-6161.

Families First Holds Mini-Golf Tournament

The 2nd Annual Families First Miniature Golf Tournament at Weona Park was held on Saturday, June 3rd. Twelve teams that consisted of one child under 10 and one adult competed in two age brackets for a variety of prizes.

The winners of each age bracket were Kyler Plummer, age 10, with a score 97 and Kaen Williams, age 6, with a score of 120.

Families First would like to thank our sponsor, Pen Argyl Pizza and our donors, The Slate Pub, Emmy Lou's, and Sweet Nanny's.

Families First provides services, programs, resources in an environment in which families members are assisted toward a better quality of life in the Pen Argyl Area School District since June 6, 2002.

In addition to connecting families with other community services, Families First provides mentoring, advocacy, parenting information, employment assistance, housing resources and health insurance assistance.

For more information about Families First view their website www.familiesfirstpenargyl.org



Pictured: Kaen Williams, the winner of the 5-8 age bracket with a combined score of 120.



Pictured: Kyler Plummer, the winner of the 9-12 age bracket with a combined score to 97.

Slate Belt Heritage Center News

The Slate Belt Heritage Center has announced that it has sold out all 500 copies of its very popular book: Letters to Homefront: "A Love Story Between a Community and its World War II Soldiers." The Center is considering a second printing and would like to know how many more books to order. If you would like to order a copy, please contact the Center at sbhc@frontier.com, or call the Center at 610-599-4993. Please leave your name, contact information and number of books you would like. You may also call Karen Brewer at 610-588-8615 to re-order. Please DO NOT send money at this time. You will receive a return call when the books are in. Thank you for your continued support of the project.

Slate Belt Heritage Calendar of Events

Thursday, June 15th (3rd Thursday) 7:00pm - 2017 Preservation Awards

Thursday, July 13th, 8:00pm - Kirk & Sara Brown, Letters From the Homefront

Thursday, August 10th, 8:00pm - Homefront's "Guests of Honor"

Thursday, September 14th, 7:00pm - Quarries and Murals- Jim Gloria

Thursday, October, 12th, 7:00pm - Haunted Heritage Presentation

Thursday, November, 9th, 7:00pm - Flag Ceremony- Perry Morris

Sunday, December 10th, 2:00pm - Christmas Trivia Contest

The Heritage Center is located at 30 North 1st Street, Bangor, PA. For additional information contact: Karen Brewer @ 610-588-8615.

New Quiet Valley High School Program Made Possible by DEP Grant

Quiet Valley Living Historical Farm hosted 58 10th grade biology students from Stroudsburg Area School District on Thursday, June 1st as a part of a very, unique program entitled "Planting Corn Harvest Knowledge". The students will be furthering what they have learned throughout the year on Genetics, and looking more closely at hybridization, agricultural history, and technology as well as exploring future careers in the Agricultural Sciences. This exciting hands-on learning experience is being funded through an Environmental Education grant from the Department of Environmental Protection.

Through the work of the grant, Quiet Valley is developing a regular curriculum offering which allows students to meet the objectives of the STEM curriculum. STEM approaches Science, Technology, Engineering, and Mathematics through learning activities. This program offering utilizes the central theme of corn and its agricultural history to its present day farming to explore those areas. Actual hands-on learning will take place as students go out to the garden and test the soil, plant corn, and try out different instruments used for planting.

Stroudsburg Area School District Biology Teachers Mr. James DeRenzis and Mrs. Mindy Tkach have been integral in dovetailing the program with the students' classroom. Prof. Pamela Tabery, retired from the Biology Department at Northampton Community College and Volunteer at Quiet Valley, along with Quiet Valley Founder, Gary Oiler, and Director, Kat Muller have been part of the team working to provide an immersive experience to extend classroom learning in ways the students will find meaningful and memorable. "The really exciting part of this program," said Grant Coordinator, Sarah Raley "is where the classroom learning gets applied. Our hope is that some of the students will be excited by what they experience and consider pursuing professional careers in the agricultural sciences, technology, or research and development. There are so many prosperous entrepreneurial farm related businesses and if students like that potential they may be more inclined to apply themselves in their academic careers. They can get a long-term vision of how their learning could continue and ultimately serve them through opportunities in a wide variety of career paths. We hope that all the students will become inspired and motivated to harvest knowledge and become life-long science learners and gardeners as they cultivate the fruits of their learning."

photos by Nick Pulsinelli



Bangor High School Chamber Choir Performs at Carnegie Hall

The Bangor High School Chamber Singers performed with the New England Symphonic Ensemble at Carnegie Hall on June 5, 2017. The Bangor Singers joined voices from the University of Maine, the Massachusetts South Shore Festival Choir, the University of Louisiana, and the Hartnell Community Choir from Carmel Valley, CA. Works performed were John Rutter's "Te Deum", Ralph Vaughan Williams' "Towards the Unknown Region", Haydn's "Te Deum for the Empress Marie Therese", and Mack Wilburg's "Come Thou Fount of Every Blessing". This year represents the fourth consecutive year the Bangor Chamber Singers performed at Carnegie Hall.



Photo by Lori Laubach



Photo by Madison Cruz

Pennsylvania Fish-For-Free Day

Pennsylvania Fish-For-Free Day will be held on **Tuesday, July 4th**, (Independence Day)

Fish-for-Free Days allow anyone (resident or non-resident) to legally fish on Pennsylvania waterways on the designated days with **NO FISHING LICENSE REQUIRED** (Trout/Salmon and Lake Erie permits are also **NOT** required). All other fishing regulations still apply.

Fish-for-Free Days are great ways for families to "catch" the fun of fishing! For more information visit the Pennsylvania Fish and Boat Commission Website www.fishandboat.com



Going Out of Town- Let the SBRPD Know

Going out of town/vacation? Let the SBRPD Slate Belt Regional Police Department know that your house will be vacant and they will do frequent drive-bys to ensure that your home is watched. Visit slatebeltpd.psatswp.org and go to contact us tab to fill out a vacation / residence check request. Officers will swing by your residence to make sure your home is safe.

Donations For St. John's Cemetery

St. John's Cemetery on South Sixth Street in Bangor seeks donations for lawn maintenance services. Please send donations to: St. John's Cemetery, c/o Carol Hummel, 136 Messenger Street, Bangor, PA 18013.

Thank You

I would like to thank the members of Columbia Fire Co., and Suburban EMS, for their quick response when I called 911 on the morning of May 31st, 2017. Upon arrival, they found a high level of Carbon Monoxide in my home. Thank you to all for coming to my aide. God Bless!

With Deepest Gratitude,
Mr. Bernard B. Gist

Bangor Area High School Commencement

Bangor High School Commencement was held on Wednesday, June 7th at the M. Craig Paine Theatre, Bangor High School.



Brian Gembariski

VALEDICTORIAN, Brian Gembariski.

Son of Joseph and Nancy Gembariski
French Honor Society, Debate Club,
Scholastic Scrimmage, Class Cabinet,
Student Government, Cross Country,
Track & Field, Wrestling

Plans to attend Rensselaer Polytechnic
Institute to achieve a Masters in Aerospace

Engineering in hopes of becoming an Astronaut

SALUTATORIAN, Amalia Abrahamsen

Daughter of Allen and Arlene Abrahamsen
Student Government, National Honor
Society, Spanish Honor Society, Class
Cabinet, Soccer, Math Tutor, Youth Group

Plans to attend Wheaton College to study
Pre-Med with a Minor in Spanish



Amalia Abrahamsen

**STUDENT SELECTED SPEAKER, John David
"JD" Shiner. Son of John and Jessica Shiner**
Hiking/Backpacking Club, Golf Team
Plans to attend West Chester University
and Major in Business Management with a
minor in Accounting



*John David "JD"
Shiner*



**Brian Gembariski,
Valedictorian**



**Amalia Abrahamsen,
Salutatorian**



**Rear Admiral Palmer
A. Orlandi Jr. Ph.D. U.S.
Assistant Surgeon General**



photos by Nick Pulsinelli and Lynn Cistone

Continued on page 25

Faith Christian School Commencement

Faith Christian School Commencement was held on Friday, June 2nd, at Slate Belt Nazareth Baptist Church, Pen Argyl.



Class of 2017



**Major James Gingrich Salvation
Army East Stroudsburg.**



**Mr. Rob Vaughn,
WFMZ Anchor Reporter**



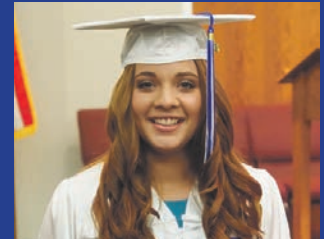
**Bradlee Paul Thrasher
Valedictorian**



**Andrew Simpson Peters
Salutatorian**



Cierra Rose Bell



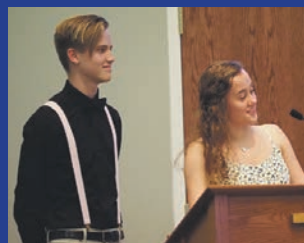
Elizabeth Rose Anthony



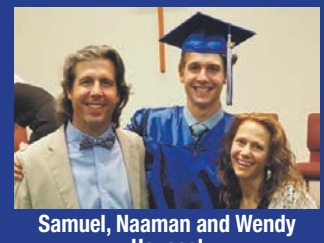
Nathaniel Peterson



Seth Chamberlin



Amanda Smith and David Trout



**Samuel, Naaman and Wendy
Houseal**

photos by Nick Pulsinelli

Pen Argyl High School Commencement

Pen Argyl High School Commencement was held on June 6th, at the Wind Gap Middle School.



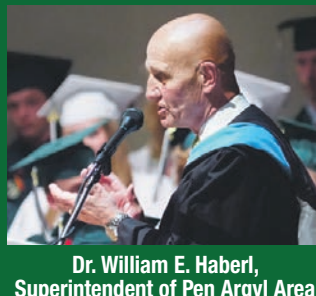
Tanner Barr, Class President



Cassandra Miller, Salutatorian



Mason Hudmall, Valedictorian



Dr. William E. Haberl, Superintendent of Pen Argyl Area School District



photos by Nick Pulsinelli

Continued on page 25

Nazareth High School Commencement

Nazareth Area High School Commencement was held on June 1st, at Stabler Arena.



Eliza Peterson Validictorian



Abigail Richter



photos by Nick Pulsinelli

Congratulations Bangor Class of 2017



**Horn's
Outdoor**
1169 Mt Bethel Hwy.
Mt Bethel, PA
610-588-6614



**Miller's
Paint & Wallpaper Store**
100 Erdman St
Bangor, PA
610-588-5895



Bono Pizza
105 Broadway
Bangor, PA
610-588-6989



**The
Washington**
920 Washington Blvd.
Bangor, PA
610 588-2267



**Wagner
Tire & Auto Service**
508 Locke Heights Road
Bangor, PA 18013
610-588-1852



Pen Argyl Pizza
510 E. Main Street
Pen Argyl, PA 18072
610-863-6670



**The Bangor
Exchange Club &
Blue Valley Farm Show**
707 American Bangor Rd.
Bangor, PA.



**Kline's
Auto Repair**
460 S. 1st St.
Bangor, PA
610-588-4140



**Detzi's
Tavern**
570 N Lehigh Ave.
Wind Gap, PA
610-863-9882



**Lane's
Auto Repair**
147 O. W. Road
Bangor, PA
610-588-3234

Congratulations Pen Argyl Class of 2017

**Kline's
Auto Repair**
460 S. 1st St.
Bangor, PA
610-588-4140

**Wagner
Tire & Auto Service**
508 Locke Heights Road
Bangor, PA 18013
610-588-1852

Pen Argyl Pizza
510 E. Main Street
Pen Argyl, PA 18072
610-863-6670

**Lane's
Auto Repair**
147 O. W. Road
Bangor, PA
610-588-3234

**The Bangor
Exchange Club &
Blue Valley Farm Show**
707 American Bangor Rd.
Bangor, PA.

**Miller's
Paint & Wallpaper Store**
100 Erdman St
Bangor, PA
610-588-5895

Bono Pizza
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Bangor, PA
610-588-6989

**Horn's
Outdoor**
1169 Mt Bethel Hwy.
Mt Bethel, PA
610-588-6614

**The
Washington**
920 Washington Blvd.
Bangor, PA
610 588-2267

**Detzi's
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The Washington
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Leeann A. Prator, Recipient of the Gary R. Moffett Scholarship



We are proud as a family and classmates to present Leeann A. Prator as the recipient of the 2017 Gary R. Moffett Scholarship Class of 1986, in memory of Gary. Leeann, is the daughter of Mr. and Mrs. Lance Prator. Her achievements include: graduating with Highest Honors, a member of the National Honor Society, and Spanish Honor Society. Leeann is a member of S.A.D.D. and has been active in basketball and softball; she is also a volunteer at Lehigh Valley and Pocono Hospitals, an active member of a local fire department and Honorary member of a local borough events committee. Leeann will be attending ESU for speech and language pathology. God Bless you, Leeann! You have been a blessing to all of us representing Gary in memory. Gary's daughter, Jenna A. Moffett presented the \$500 scholarship to Leeann.

Anyone wishing to make a donation in memory of a deceased classmate or loved one may do so by emailing [ljupright@msn.com](mailto:ljudpright@msn.com)

The Graduation

by Robert L. Martin

Knowledge patiently waits
At the apotheosis of revelations,
To lend its mind and then send us
Further along the path of the soul.

Infinite secrets lie silently in our hearts.
Revelations come clearer with each finding.
They offer their wings to take us higher.
Knowledge speaks to us at each plateau.

"I am only a bend in the infinite road.
I am your guide to take you to the next.
Each one is a stepping stone along the way.
I am here to graduate you to a higher plateau.

All I ask of you is,
Please don't stop at the first bend.
There is plenty of room for you at the top."



Class of 2017 Graduation Ceremonies



BELVIDERE SCHOOL DISTRICT

Thursday, June 15th 5 pm held at the High School

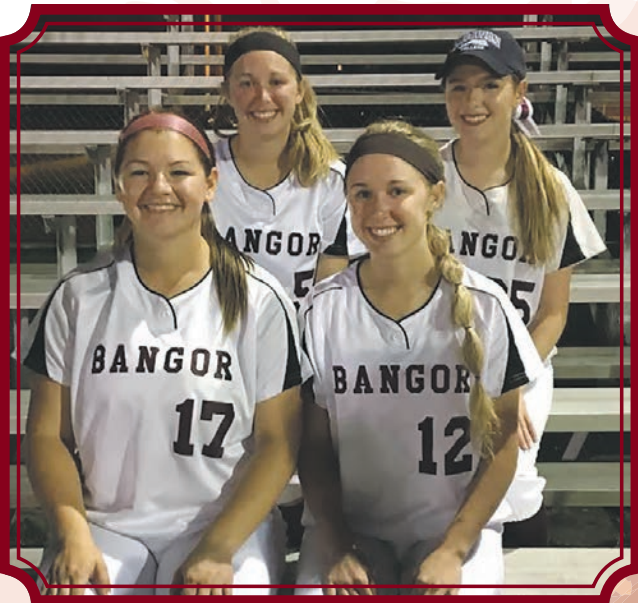
NORTH WARREN REGIONAL SCHOOL DISTRICT

Friday, June 16 6:45 pm held at the High School

STROUDSBURG SCHOOL DISTRICT

Friday, June 16 8 pm held at the High School

Congratulations Class of 2017!



back left: Nicolette Kessler will be attending Wilkes College
back right: Ashley Kessler will be attending Moravian College
front left: Danielle Gannon will be attending Bloomsburg College
front right: Alexis Kessler will be attending Wilkes College

**Congratulations to our
graduating family
members! You've loaded
the bases and hit a
home run. Here's to
your future full of new
adventures and fun!**

Best of Luck!

Klaver's Auto

1721 Valley View Drive, Bangor, PA 18013 • 610-588-6598

Mt Bethel Plaza Ribbon Cutting and Grand Re-Opening
 On Saturday, June 3rd, at the Mt Bethel Plaza a Grand Re-Opening and Ribbon Cutting ceremony took place for two new businesses "The Hen House" a clothing boutique and art studio, and "Riviera Limousines" In addition to the ribbon cutting ceremony, a presentation took place at Comunale's Italian Market, with State Representative, Joe Emrick, and a representative, from Slate Belt Rising for the Grand re-opening of Mt Bethel Beverage and Comunale's Italian Market.



Picture at "The Hen House" L-R Joann Ginder, SBCC, Kristine Bush, Sen. Mario Scavello's office, Rosemary Albert, SBCC, Mary Marshall, SBCC President, Karen Richard, Terry DeLuise, Jeannine Ksiaskiewicz, Steve Hurni, SBCC, State Rep. Joe Emrick, and Bob Kilbanks.



Mt Bethel Beverage members of SBCC, Sam and Mary Jo Krafty, owners, Mt Bethel, Beverage, son Mike Krafty, Frank and Mary Comunale, Matt Smith, State Rep. Joe Emrick, and Bob Kilbanks.



Riviera Limousines-Dana Spiller Frank D'Souza and Chelsea Janek along with members of the SBCC, State Rep. Joe Emrick, and Bob Kilbanks, Rep. Emrick's office

photos by Sabrina Schantzen



L-R Frank D'Souza, Riviera Limousines, Terry DeLuise, Diane DeMarzo The Hen House, Kristine Bush, State Senator Mario Scavello's office, Mary Jo and Sam Krafty owners, Mt. Bethel Beverage, State Rep. Joe Emrick, Desiree and Jim Comunale, owners, Comunale's Italian Market.



Members of the Slate Belt Chamber of Commerce, State Rep. Joe Emrick, Bob Kilbanks and Jim and Desiree Comunale, owners Comunale Italian Market, sons, Dominic and James, Laura Gower, and Frank and Mary Comunale.

Neon Color Run

Photos by Kris Ordinsky-Parks

The Bangor Elementary PTO sponsored a NEON COLOR Run on Saturday, June 3rd, the event was postponed and rescheduled from an earlier date in May.



Isabella Rocco and Kennedy Lutz



Rebecca Culbertson and her daughter finishing the run



Deanna Friedman and her Mom Diane and Hannah Grasserbauer and her mom Doris getting splatted.



Victoria Parks, Gabby Zazulak, Evelyn Hendershot and friends



Kennedy Lutz and her Mom Tiffany and Isabella Rocco and her Mom Maria



Julie, Jeff and Jensen Buist



Frankie and Ava Renner and Addison Priestaf



Slate Belt Corvette Club

12th Annual Vettes for Vets Car, Truck, and Motorcycle Show

The Slate Belt Corvette Club held their 12th annual Vettes for Vets show on Sunday, June 11th, on the grounds of the Blue Valley Farm Show in Bangor. This year's show included 24 classes.

Entrants had a chance to win one of 72 awards as well as, four specialty awards: Best Paint, Best Engine, Best Interior, and Best of Show.

All proceeds from this year's show will be donated to The Vietnam Veterans of America, split between the Lehigh Valley and Pocono Chapters.

Photos by Nick Pulsinelli



Treat Your Dad Like A King This Father's Day **SUNDAY, JUNE 18th**

MT. BETHEL DINER

APPETIZERS: Spinach Pie \$4.99
 Crabmeat-Stuffed Mushrooms \$4.99
 French Onion Soup \$4.99
 Shrimp Cocktail \$5.99

Shrimp, Shrimp & more Shrimp
 over Rice, Soup or salad, 1 veg
\$18.99
Shrimp & Broccoli Penne
 w/Oil & Garlic
\$12.99

REGULAR MENU AVAILABLE
 Fresh Homemade Pies and Desserts
 Homemade Soup and Bread • Sugar Free Jello
Receive Free Cake On Father's Day with All Dinners

2 Lobster Tails\$24.99
 NY Steak & Lobster.....\$24.99
 Broiled Seafood Combo w/Lobster Tail.....\$19.99
 Prime Rib\$15.99
 T-Bone Steak\$15.99
 BBQ Ribs\$15.99
 Prime Rib\$15.99
 Chicken Sophia w/Crab meat Stuffing Shrimp or Scallops.....\$13.99
 Broiled Salmon over Rice w/Teriyaki Sauce.....\$12.99
 Pot Roast.....\$12.99
 16oz Ham Steak.....\$12.99
 Grilled Chicken and Pork Chop\$12.99
 Sautéed Chicken w/Red Peppers, Mozzarella, Wine Sauce\$12.99
 Flat Iron Steak\$12.99
 Smoked Pork Chops\$12.99

• Dinner includes 2 vegetables, soup or salad & dessert •

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DAD'S LOVE Q!
 Now taking orders for July 4th
 Deadline for Orders June 27th - Pick up July 2nd



We will be Closed
July 4th and July 8th

GIFT CERTIFICATES AVAILABLE!
 Summer Hours:
 Tuesday - Saturday 11-8
 Sunday - 12-7
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WRAPS & WINGS   **EAT IN OR TAKE OUT**

There are many restaurants, diners and cafe's in our communities. Support local business and your community by dining locally.



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ICE CREAM CAFE 610-863-5610

Feature Ice Cream Flavor-Cinnagram
NEW LUNCH & DINNER MENU!
Steak Sandwiches, Burgers,
Hot Dogs, Salads, Tacos,
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Breakfast Special
Free Large Coffee
W/any to go order
Valid Mon. - Thurs.
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Must present ad

Breakfast Every Day • EAT-IN or TAKEOUT
Open 7 Days 8:00 a.m.-9:00 p.m.



Easy Strawberry Shortcake

Ingredients:

Strawberries

1 1/2 lbs strawberries quartered and stemmed
3 tablespoons sugar

Cake:

2 cups all-purpose flour
2 teaspoons baking powder
1/4 teaspoon baking soda
2 tablespoons sugar
3/4 teaspoon salt
1 1/2 cups heavy whipping cream

Whipped Cream:

1 1/2 cups heavy cream chilled
3 Tablespoons sugar
1 1/2 teaspoons vanilla extract
1 teaspoon freshly grated lemon zest

Directions:

Mix strawberries with 3 tablespoons sugar and refrigerate at least 30 minutes.

Preheat the oven to 400 degrees F.

Sift together the flour, baking powder, baking soda, remaining 2 tablespoons sugar, and salt in a medium bowl. Add heavy cream and mix until just combined. Place mixture in an ungreased 8-inch square pan and bake until golden, approximately 18 to 20 minutes.

Remove shortcake from pan and place on a rack to cool slightly. Cut into 6 pieces and split each piece in half horizontally.

Mix all whipped cream ingredients in bowl with beaters about 1 1/2 to 2 minutes.

Spoon some of the strawberries with their juice onto each shortcake bottom. Top with a generous dollop of whipped cream and then the shortcake top. Spoon more strawberries over the top and serve.

Serves 6



HAPPY FATHER'S DAY!

Treat Dad to the Best this Father's Day at
Plainfield Diner and Blue Valley Diner

Serving Breakfast * Lunch * Dinner
Steaks, Chops, Seafood, Pasta
Breakfast served all day every day

New at Blue Valley Diner
Every Thursday Wing Night
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Open 7 Days 6:00 am-8:00 pm

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FATHER'S DAY SPECIALS Wind Gap, PA
Specials served with 2 vegetables & cup of soup **610.863.4342**

ROAST PORK w/STUFFING & BROWN GRAVY.....	\$11.75
BAKED VIRGINIA HAM w/PINEAPPLE SAUCE or BROWN GRAVY	\$12.25
STUFFED CHICKEN BREAST w/CRABMEAT	\$13.75
ROAST TURKEY w/STUFFING & GRAVY	\$12.25
BROILED SEAFOOD COMBO	\$17.50
12 OZ PRIME RIB	\$17.50
12 OZ NEW YORK STRIP.....	\$17.50
w/5 oz lobster tail	\$20.50

  **OPEN 24 HOURS** Gift Certificates Available

Strawberry season is here. Local farms and farmers markets are offering locally picked or pick your own strawberries. Here a few tips for picking the best berries and keeping them fresh.



The deeper red the strawberry the sweeter the berry will be.



When picking strawberries pick the berries with the caps on (little green leaves on top of the berries) they will stay fresh longer.



To keep strawberries fresh line a clean container with a paper towel, place cleaned berries into the container and cover with another paper towel and the container lid. Store in refrigerator, they should last up to 1 week.

**THE SUN IS ALWAYS SHINING AT
JMS SALON & SPA**
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Sam Galati, Barber
Hrs: Tues-Fri 9am-5pm
Sat. 9am-12pm

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SERVICE**



**AmyJo Tocket, Stylist /
Salon Manager**
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Thurs 9am-1pm
Sat. 9am-1pm

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Welcome upon
availability
Apts. Preferred**



Jennifer Schweitzer
Stylist, Salon Owner
Hrs: Tues. 3pm-7pm
Wed. 9am-2pm
Thurs. 3pm-7pm
Sat. by Appt.



Carrie Caton, Nail Tech. /Threader
Hours by Appt. Only



Gina Campbell, Stylist
Hrs: Wed. 4pm-Close
Sat. 9am-Close

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436 SOUTH 1ST STREET BANGOR, PA
WE ARE A PET FRIENDLY SALON

5 Tips for Active Summer Families

(Family Features) Summer is perfect for staying active and spending time outdoors with loved ones, but the frantic pace of the season and overload of activities can take a toll on the entire family.

With a little care and pampering, you can enjoy summer to the fullest while still keeping your family rejuvenated.

Eat Well. Food is fuel, and it's necessary to keep the entire family energized. During warmer weather, cravings often lean toward lighter foods, making it the perfect time to add extra servings of seasonal fruits or vegetables to the family table each night. Also, remember to ensure family members are drinking plenty of water as extended time in the sun can lead to dehydration and dry skin if fluids aren't frequently replenished.

Make Sleep A Priority. Sleep is as important to your body as nutrition and exercise and making it a priority can be beneficial, especially when your family's calendar is packed with events. Sufficient, high-quality sleep contributes to a healthy immune system and helps repair damage done throughout the day. It also positively impacts metabolism and overall function while contributing to emotional and mental well-being. Most doctors recommend 6-8 hours per night for adults, and kids of all ages typically require even more, so work on getting into a nightly routine to ensure all members of the family are getting the rest they need.

Pamper Yourself at Home. Once you've completed chores in the heat or spent time enjoying family activities in the sun, some simple pampering can be done at home to rejuvenate skin. Start with your hands, which are at the center of everything you do and often the first point of contact with an activity, whether it's cooking, gardening, crafting or aiding friends and family. The unique formula of Softsoap Hand Wash Plus Lotion liquid hand soap is made with a touch of lotion to lock in moisture for clean, soft hands. Available in Shea & Cocoa Butter, Aloe Water & Lime, and Orchid & Coconut Milk fragrances, this innovative formula can make your hands irresistibly smooth, so your touch is always a soft touch.

Take Time to Exercise. Even a little activity can have a huge impact. The American Heart Association recommends at least 30 minutes of moderate-intensity activity at least five days a week. Taking time out of your family's busy summer schedule to go for a walk, ride bikes around the park or neighborhood, or play a game outside together can contribute to maintaining a healthy weight and feeling more energized.

Slow Down. It's easy to spread yourself too thin, especially in the summer when there are often more activities requiring your attention and attendance. When you get caught up in trying to make the most out of every second of every day, it can take a toll on both your family's physical and emotional well-being. Slow down and take that well-deserved personal time - even just an hour a day - to do something you enjoy with the ones you love. Remember to take small breaks during activities to stretch or take a short walk to help relieve potential stress on your body.

Find more tips to make your family's summer a happy, healthy and stress-free one at softsoap.com.

Source: Softsoap



NATURAL RELIEF: STINGS, POISON IVY, & SUN BURN

By Jackie Talero-Rueda, The Crunchy Mom

School is out and now it's time to enjoy the outdoors. Being outside has its downsides as we all know. Bee stings, bug bites, poison ivy, and sunburn to name a few. Usually these things are not serious but are annoying to deal with. Before heading out to the nearest pharmacy to find relief, try some of these natural home remedies first. My go to is usually essential oils but I know not everyone has them. I will say that I highly recommend having lavender and tea tree oil on hand as they work great for stings and bites and so much more. They are also inexpensive and last a long time. Vitamin C is an anti-inflammatory that will help relieve the toxicity of bites. Taking this daily will help you automatically when getting bit by an insect. Getting stung by a bee can cause an allergic reaction in 10 to 20 percent of the population. This is known as an insect venom allergy and can be dangerous or life threatening. Always seek medical attention if you are allergic to bees, wasps, spiders or other insects. Immediately after getting stung, carefully remove any stinger left in the skin by gently scraping it out with a sanitized blade, fingernail, or credit card. Cleanse the area and make a paste by adding a little cool water to 1 teaspoon baking soda and 1 drop of lavender oil and place on the sting. The baking soda counteracts the acidity of the sting. You may also apply crushed aspirin or crushed papaya enzyme on the sting. Another quick way to find relief from any bug bite or sting is by mixing 5 drops lavender oil with 1 teaspoon vinegar and apply to the bite with a cotton ball. If you don't have lavender oil you can apply vinegar by itself. You may also apply lavender by itself or diluted in a carrier oil to relieve any insect bite or rash for that matter. Don't forget to always test skin sensitivity before applying anything on the skin. Aloe vera gel is very effective in relieving burning and itching from sunburn or poison ivy. Using the gel from a real plant is best. Just cut the skin off the leaf and apply the gel where relief is needed. Use as often as needed and store in the refrigerator. Using witch hazel is another great way to help stop itching from poison ivy and aids in healing. To help disinfect and heal the skin after getting poison ivy you can apply 1 drop of tea tree oil diluted with a carrier oil. As you can see there are many natural ways to help find relief from bites, rashes, and sunburn. Always use therapeutic grade essential oils and always dilute with a carrier oil like coconut or olive oil. Though natural, essential oils are powerful and little is needed to do its job.



Enjoy! Jackie

* These statements have not been evaluated by the Food and Drug Administration. This product or food is not intended to diagnose, treat, cure or prevent any disease. If you are pregnant, nursing, taking medication, or have a medical condition, consult your physician before using this product or food.

**f Questions? Email Jackie at jcrunchymom@gmail.com
Now on Facebook www.facebook.com/jcrunchymom**



Would you like to share your recent vacation or summer fun photograph with our readers?

Send your photos to thebeltandbeyond@gmail.com and your photo will be in an upcoming issue!

Sometimes you will never know the true value of a moment until it becomes a memory.
-Unknown



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"It's for the Birds!" Seniors shown with their finished bluebird houses that they completed on May 25th under the supervision of Len Schiavone at the Slate Belt Senior Center. From L-R John Florey, Bev Ernst, Joan Balak and Barry Becker show their finished bluebird houses.

AARP Driver Safety Program

Formerly, "55-Alive", the new SMART DRIVER 4 and 8 hour classroom refresher / defensive driving course is designed for qualified drivers 50 and older. There are no tests and membership in the AARP is not necessary. All automobile insurance companies doing business in Pennsylvania are required by state law to give a minimum discount of 5% to all qualified policy holders age 55 and over who take the course. Be sure to first check with your insurance agent or company to make sure you qualify to receive a discount.

All classes are taught by trained, unpaid volunteer instructors. The 8 hour class is given in a two day period in two four-hour sessions, and is required for first timers. The one day 4-hour class is only open to those who provide evidence of taking a class during the last 36 months. A \$20 fee (\$15 for AARP members) is charged for either class. Class size is limited, so advance reservations are advised to assure placement in class. Those completing the course will be issued a certificate which is valid for three years. Call the phone number below for reservations and directions to the class of your choice. Please bring your driver's license and a pen to class. AARP members need their AARP membership number at class time, to be charged the \$15 fee. Checks are accepted.

June 24th at 1pm: 4-hour refresher course at East Stroudsburg: Spring Village at the Poconos phone 570-426-4000

Salvation Army Pen Argyl - Community Lunch Program

Tuesday, Wednesday and Thursday from 12:00pm-1:00pm
Community Lunch Program, Thursdays after lunch senior program.
Food pantry first 4 Tuesdays of the month from 10am-12pm.

Senior Center Listings

Slate Belt Senior Center

707 American Bangor Road, Bangor, PA
 (Blue Valley Farm Show Building)
 610-588-1224 • Hours: 8:00 AM - 4:00 PM

Easton Area Lifestyle Campus

3201 Sullivan Trail, Easton, PA
 610-829-3201 • Hours: 8:00 AM - 4:00 PM

Nazareth: The Border House

15 South Wood Street, Nazareth, PA.
 610-759-8255 • Hours: 8:30 AM - 1:30 PM

53rd Northampton County Senior Center Games Held at Slate Belt Senior Center

On June 9th, one hundred and fifty-two seniors from Nazareth, Bath, Bethlehem-Old York Road, Cherryville, Easton/Forks, Northampton, Country Meadows and the Slate Belt competed in the 53rd annual



Medal winners proudly wear their medals. A total of forty-one medals were won at the competition.

Northampton County Senior Center Games at the Slate Belt Senior Center. They were assisted by Lehigh Valley Aging in Place volunteers. Music was provided by Chuck Rissmiller and door prizes were given.

Easton Area Lifestyle Campus

3201 Sullivan Trail, Easton, 610-829-3201. Hours 8:00-4:00 Monday thru Friday. For meal reservation please call by 10:00 am, 1 day prior before the meal.

Mondays: Happy Hookers & Knit Wits 10:00
 Fit w/Darla 10:00
 Bingo 12:30

Tuesdays: Billiards 101 w/Joe 12:30

Wednesdays: Bible Study 10:00
 Sit-n-sew 1:00

Thursday: Art Class w/Pam or
 Cool Arts & Crafts w/Sandy 10:00
 Wii Bowling or Zingers & Ringers 12:30

Friday: League Shuffleboard 10:00
 Bingo 12:30

SPECIAL ACTIVITIES: **Warning: Playing Bingo may make you Ugly!**

- | | |
|-------------------------------|--|
| 6/15 Sandy's Arts & Crafts | 6/27 Baseball w/Palmer Moravian Church |
| 6/20 Medicare Bingo | 6/28 Farmers Market Coupons |
| 6/20 Birthday Bingo | Members 9:30 to 11:00 |
| 6/21 Council Meeting | Non Members 12:30 to 2:00 |
| 6/22 Art w/Pam (Water Colors) | 6/29 Sandy's Arts & Crafts |

St. Elizabeth's Hungary Parish Bus Trip to Resorts Casino

St. Elizabeth's of Hungary Parish in Pen Argyl is sponsoring a trip to the Resorts Casino in Atlantic City on **Thursday, July 13th**. We will be leaving from the church parking lot at 8:30am, and then proceed to the old St. Joseph's parking lot in Wind Gap for the second pick up location. You will receive a slot rebate from Resorts. Come and join the gang and take a stroll down the boardwalk. For more information please call Mary Lou DeRea Lohman at 610-863-4846 or 610-844-4630.

Keep these friends in
YOUR THOUGHTS AND PRAYERS
Pray For Our Nation,
Martha Fonte, Lucas Fox & Tina Due

If you would like to add a name of a loved one, friend or neighbor to the prayer list please send their name to:

The Belt and Beyond P. O. Box 33 Bangor PA. 18013
Attn: Prayer list or email us at thebeltandbeyond@gmail.com
Subject: Prayer List

Nazareth Senior Center

15 South Wood Street, Nazareth, PA, 18064. Director: Stacy Walsh
 Call 610-759-8255 by **11 am day prior for meal reservations. We are looking for volunteers to help plan/set up for parties & special events.**
Card Games - Everyday 8:30am
Morning Stretch - Mondays, 10:00am
Bonus Bingo - Tuesdays, Wednesday and Fridays, 10:00am
Penny Bingo - Wednesday, 10:00am
JUNE EVENTS:
Duck Races - Thursday, June 15th & 29th 10:00am
In-Service w/Nurse Lisa-Skin Cancer - Wednesday June 21 12:00 noon
Picnic Lunch - Wednesday June 21
Pokeno - Thursday, June 22nd 10:00am
Farmers' Market Coupons - In house Monday, June 19th 9:00-11:00am
Public June 26 9:00-11:00am

Slate Belt Senior Center

Blue Valley Farm Show Complex, 707 American Bangor Road, Bangor
 Ph 610-588-1224. Hours: 8:00am-3:30pm. Meal Reservations please call by **10:00am, 1 day prior before the meal. Cancelltions must be done as soon as possible. Lunch is served at 11:30am.**
Morning Stretch, Monday's, and June 15,22,23,27,30, 9:15am
Walking Club, Mondays and Wednesdays and June 23, 9:30am
Crafts & Chat, Tuesdays, 9:00am
Zumba Gold, Tuesdays, 10:00am
Brush Away with Senior Artists, Wednesdays, 9:00-11:00am
Exercise with Darla, Wednesdays 10:00-11:00am
Baseball,Fridays, June 30, 10:00am.
Pool Tables are available every morning and Tuesday and Thursday afternoon. Puzzles, Library, Computers and TV are also available.
JUNE EVENTS
FARM MARKET COUPONS, Thursday, June 15, 12:30-3:00pm
 Fathers Day Celebration, Tie and Wet tee Shirt Contests, quilts, Friday, June 16, 2:15-2:30pm
WALKING CHALLENGE, Monday, June 19, 10:00-11:00am
Rainbow Theater Trip, Thursday, June 22
MUSIC WITH BILL REESE, Friday, June 23, 12:15pm
FRANK SINATRA DAY, Thursday, June 29

Monroe County Senior Center

LODER SENIOR CENTER, 62 Analomink Street in East Stroudsburg. Phone 570-420-3745. Hours 8 am – 1:30 pm Monday through Friday. For meal reservation please call 570-420-3745 by 12 noon, 1 day prior before the meal. Lunch served at 11:30 am. Socialization – Card Games – BINGO – Health & Wellness Program – Wii Bowling – Nutritious Lunch
LODER SENIOR CENTER – JUNE ACTIVITIES
Arthritis Exercise – 10am; 19th ,22nd , 26th and 29th
Bingo 12:30pm; 19th,26th
Dance & Movement 1pm; 27th
Yoga – 10am; 20th and 27th
Yoga Stretch 10am; 21st
SPECIAL EVENTS:
 Blood Pressure Screenings 10am-11am; June 22nd
Picnic at "the Roof" (Paradise Valley) 10am-2pm; June 23rd
Sing-a-long with "Golden Chords" 12pm; June 20th

Slate Belt Young at Heart Club

The Slate Belt Young at Heart Club is sponsoring a trip to Valley Forge and Hopewell Furnace on **Wednesday, June 28th**. There will be a guided tour of Valley Forge and then proceed to Hopewell. Trip includes transportation, tip, snacks, guide, entrance fees and dinner. For more information, please call Mary Lou DeRea-Lohman at 610-863-4846 or 610-844-4630.

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BINGO
June 15 & 22
Polk Township Volunteer Fire Company
 Main Fire House Hall, 115 Interchange Rd, Kresgeville
 Doors open at **5:00 PM** • Bingo starts at **6:45 PM**

June 16 & 23
Wind Gap Fire Company
 Doors open at **5:00 PM** • Bingo starts **6:45 PM**

June 17 & 24
Immaculate Conception
 Doors open at **11:00 AM** • Bingo starts at **1:00 PM**

Bangor VFW
 Doors open at **3:30 PM** • Bingo starts at **6:00 PM**

June 20 & 27
Portland Hook & Ladder Co. #1
 State Street, Portland **7:00 PM**

Klecknersville Rangers Vol. Fire Co.
 2718 Mountain View Drive, Moore Township
 Doors open at **5:00 PM** • Bingo starts at **7:00 PM**

June 21 & 28
Bushkill Vol Fire Company
 Doors open at **5:00 PM** • Bingo starts at **7:00 PM**



"Split Nine Patch Variation" quilt that will be raffled in conjunction with the "All snug in their beds" quilt exhibition at the Stroud Mansion.

quilt assembled by Nora O. Hohenschild in 1898; a "Log Cabin" quilt backed with fabric printed to commemorate the 50th anniversary of Lafayette's return to America; and a patchwork 1880 "Kaleidoscope" quilt, made by Eliza Miller Edinger. Also on display are a large assortment of handmade applique and quilting templates, along with piecework samples, all made and used by local Monroe County families.

In addition to the quilt exhibition, the Monroe County Historical Association is holding a quilt raffle. The "Split Nine Patch Variation" quilt measures 59" x 71" and was handmade by the members of the Mountain Laurel Quilters' Guild. Raffle tickets are available and can be purchased at the Stroud Mansion.

The Monroe County Historical Association, housed in the historic 1795 Stroud Mansion, is located at 900 Main Street, Stroudsburg, PA 18360. Hours of operation are Tuesday through Friday from 10:00 a.m. to 4:00 p.m. and the 1st and 3rd Saturdays of the month from 10:00 am to 4:00 pm. Please contact the MCHA office ahead to confirm the exhibition will be open for viewing. One-hour guided tours of the Stroud Mansion are offered at 11:00 a.m. and 2:00 p.m., with a fee. Children under 6 are free. The exhibition may also be viewed independent of the guided tour at a discounted fee.

The "All snug in their beds" exhibition will be on display until Friday, September 22, 2017. Visit us on the web at www.monroehistorical.org

Monroe County Historical Association

The Monroe County Historical Association is pleased to announce the newest exhibition at the Stroud Mansion titled, "All snug in their beds" featuring quilts and quilting artifacts from the Monroe County Historical Association's museum collection.

On display are nine quilts that were made in and around Monroe County between 1850 and 1955. Some of the quilts on display include an appliqued red calico "Friendship" quilt made by Caroline W. Rodgers in 1850; a "Hearth and Home" autograph



Memorial Library of Nazareth and Vicinity Public Library Calendar of Events

June 16, 23, 30, July 14, 21, 28, and Aug 4:

Toddler Shake and Boogie @ Bushkill Township Fire Company, 10:30 am.

June 19th: Lehigh Valley Zoo program at Tuskes Community Park 11:00 am – 12 pm, reservations required

June 25: Mini- GOLF FORE the Nazareth Library @ the library, 1:00 pm – 4:00 pm. Tickets on sale May 1st. A limited number of tickets will be sold, stop by to purchase today!

For more information, contact: www.nazarethlibrary.org or 610-759-4932

Wind Gap Summer Sounds Concert Series

The Wind Gap Summer Sounds Concert series will kick off on **June 25th** at the Wind Gap Park.

Concerts are held at Wind Gap Boro Park and Weona Park in Pen Argyl, rain or shine and begin at **6:00 pm.**

The Summer Sounds Concert Schedule is as follows:

Wind Gap, Wind Gap Boro Park

June 25th - Steel Creek Band

July 9th - Tower Suite

July 23rd - 60's Boys featuring original Mudflaps

August 6th - Headliners

August 20th - Desire

Pen Argyl, Weona Park

July 2nd - Elvis (Andy Servick)

July 16th - Desire

July 30th - River Side Rhythm

August 13th - Music of Lee & Chris

August 27th - The Headliners



2017 Gazebo Concert Series at Presbyterian Church of the Mountain

Join us for another wonderful summer of GREAT music, Sunday evenings! Concerts will be held at the church gazebo at Presbyterian Church of the Mountain located on Main Street, Delaware Water Gap, PA. **The concerts begin the first weekend in June and end the last weekend of August from 6pm – 7:30pm.** The concerts are FREE to the Public; bring your blanket or low chair for the lawn seating. In case of inclement weather, concerts will be moved indoors. Refreshments will be available. For more information, contact Jim Dellaria 570-350-3404 or dellaria@gmail.com. The concerts are brought to you by a grant from the Pocono Arts Council and charitable donations in support of the musicians.

CONCERT SCHEDULE:

June 18th – Chris London Quartet

June 25th – Kate & Richie

July 2nd – Bill Stine and Friends

July 9th – Erin McClelland Band

July 16th – Lost Ramblers

July 23rd – SheilaMark Band

July 30th – Nancy Reed & Spencer Reed

August 6th – Tony Dellaria & Junior's Wailing

August 13th – Calliope

August 20th – Marty Wilson Trio

August 27th – Matt Abell Trio

Calendar of Events for the

Friends of the Bangor Public Library

The Friends of the Bangor Public Library announce the following "Save the Date" events:

June 15th-Library Day" Fundraiser @ The Broadway Pub

August 15th-19th-Summer Book Sale @ The Blue Valley Farm Show

July 8th-Duck Race @ Bangor Creek

September 16th-Bake Sale @ Ace Hardware, Capitol Plaza

November 11th-Author Brunch w/Joe DeFranco @ The Library

December 2nd-Breakfast w/ Santa @ The Bee Hive Community Center

The Friends meet the 3rd Thursday of each month @ 7:00 PM at the Library. New members are always welcome. For additional information contact: Karen Brewer at 610-588-8615

New in the Bangor Public Library

May 25th to May 31st

Adult Fiction - All summer long by Melody Carlson; The chance; The hero; The newcomer; The Promise by Robyn Carr; Secrets in summer by Nancy Thayer; Under a summer sky by Melody Carlson; The homecoming; The new hope by Robyn Carr; Come sundown by Nora Roberts.

Adult Non-Fiction - If you have a craving, I have a cure: experience food, faith and fulfillment a whole new way; Your heart's desire: 14 truths that will forever change the way you love and are loved by Sheri Rose Shepherd; Letterman: the last giant of late night by Jason Zinoman.

Large Print Fiction - Robert B. Parkers The devil wins by Reed Farrel Coleman; Beneath the shadows by Sara Foster; The silent girl by Tess Gerritsen; Below the belt by Stuart Woods.

Young Adult Fiction - Real friends by Shannon Hale; Delirium stories: Hana, Annabel, and Raven by Lauren Oliver; Summer love by Jill Santopolo; Awkward by Svetlana Chmakova; Lord of shadows by Cassandra Clare.

Junior Fiction - Giant trouble by Ursula Vernon.

Junior Non Fiction - Motocross by Jim Mezzanotte; Shipwreck island by S.A. Bodeen; My brother Sam is dead by James Lincoln Collier.

Dvds - The boy in the striped pajamas; Fifty shades darker; My sisters keeper; On the waterfront; The weather man; Before I fall; Clash of the titans; The contender; The deep end; The shack; Yes man.



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**Monroe County Historical Association to Host
"Raise your Glass & Support the Past" Fundraiser**

The Monroe County Historical Association will be hosting an exquisite three-course wine pairing dinner and auction fund-raiser on **Thursday, September 7, 2017, from 6:00pm-9:00pm**. The 3rd annual "Raise Your Glass & Support the Past" event will be held at the beautiful Lodge at Mountain Springs Lake, Reeders, Pa. Chairman Selection wine will complement each course.

High-quality live and silent auction items will complete the evening. Auction items include artwork by Sterling Strauser, Charlene Taylor, Pat Kresge, Penny Ross, Jack Savitsky, Dee Huxster, and Sherwood Samet. Other auction items include; getaway packages featuring a week-long vacation in a Virginia Beach condo; a Duckloe star table; restaurant gift certificates; overnight stay packages and unique experiences; wine baskets; appraisal services, and much more. Hartzell's Auction Gallery is generously donating their auction services for this event.

Erin McClelland will provide the musical entertainment for the evening.

All proceeds benefit the Monroe County Historical Association, a 501(c) 3 non-profit cultural and learning center that assists the area's diverse community of residents and visitors in connecting the past with the present. A portion of the funds raised will be used to assist with the preservation of the organization's museum and library collections.

"Raise Your Glass & Support the Past" fund-raiser. Reservations must be made by Monday, August 25, 2017. For additional information or to make a reservation, please contact the Monroe County Historical Association at (570) 421-7703 or visit www.MonroeHistorical.org.

Magical Tree

Last fall, The Graver family from Roseto, had a tree fall on their property. After considering their options, they contacted Marc, from Hidden Talent Woodcarvings in Palmerton. Marc was eager to start the project to make a magical tree for the Graver's four-year-old daughter Kayla. The Graver family is thankful for the transformation of the tree that Hidden Talent has created.



Of Duty To Uphold
by Robert L. Martin

When mother and father first met,
Through the magic of affinity yet,
As he placed her upon her pedestal,
She said, "I do" to his proposal.

Duty has a way of grounding dreams
Of carefree love and romantic moonbeams.
Father had visions of combining the two,
As love kept its spark going thru' and thru'.

I was born as a symbol of their devotion,
As careful planning was put in motion.
I am the son of good fortune,
Of his duty that he upheld.
Happy Father's day. God rest his soul.

Happy
FATHER'S DAY

Sunday
June 18th



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June

SUNDAY, JUNE 18TH
8 AM TO 2 PM

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Leck Veterinary
610-863-3111



ADOPT US - ERNEST & FLUFFY



ERNEST is a sweet older guy with the energy of youth. This boy is all Beagle: he loves to explore, sniff and kiss, kiss, kiss! Walk up to his outdoor kennel and enjoy the show as his little sausage-like body wiggles with excitement. Ernest loves kids, cats and dogs, but a meet and greet with yours is a must. He absolutely adores walks and will ramble about for hours, sniffing, learning and saying hello to everyone you come across. Handsome Ernest is 10 years young, neutered, fully vaccinated, microchipped and ready to fill your home with beagle bliss. Come meet Ernest today!

FLUFFY was left overnight, at our front door, with a note and a crate. When we opened the door we were treated to the sweetest, most gorgeous kitty ever. Fluffy's piercing green eyes and white star on her chest will catch your eye, but it's her personality that makes her a cat lover's dream. Approach Fluffy's kitty condo and she jumps up and comes right to the front, sticking her paw out and rubbing against the door. Open the door and she just melts into your hands, a total and complete ball of fluffy mush. Even better, sweet girl loves other cats, so the transition into your home will be as delightful as she is. Fluffy is 3 years old, spayed, up to date on vaccinations, and ready for a fresh start. Come meet her today!



As the temperatures rise ice-cream is always a delicious cool treat. Here's a tasty doggie version to make for your pet.

Peanut Butter Pumpkin Dog Ice Cream

Ingredients: Makes 4-5 cups

- 1 can (29 oz) 100% pure pumpkin puree to a blender, blending until smooth.
- 1/2 cup Peanut Butter
- 1 cup Plain yogurt

1. Add above ingredients to blender or use hand mixer, blend until smooth.
2. Pour mixture into a freezer-safe container. To make individual portions you can pour mixture into ice cube trays or small food containers.
3. Cover and freeze for several hours or up to a day before serving.
4. When frozen scoop single servings into your dog's bowl.

Eastern PA Animal Alliance

The EPPA SpayMobile will be at Johnsonville Farm and Garden, 154 Johnsonville Road, Bangor, PA., on **Friday, July 21st, 8:30am**. Call Animal Control Officer Christine Mammi 610-217-7025 to reserve a spot. Only 50 spaces available. Visit the Slate Belt Animal Advocacy Facebook page for details.

June 23 - National Take Your Dog to Work Day

The AWSOM Animal Shelter is located at 3129 Godfrey Ridge Drive, Stroudsburg, PA 18360. Adoptions hours are 11AM to 4PM, 7 days a week. Volunteer opportunities are always available. Stop in or call 570-421-DOGS for more information.

The AWSOM Animal Wellness Center is open Monday thru Friday for all your basic veterinary needs. Check out our low-cost veterinary services, including spay and neutering, vaccinations, dental care and more. Call 570-424-1060 for more information or to make an appointment. Visit our website at AwsomAnimals.org Facebook: A.W.S.O.M.

Bangor Commencement *Continued from page 10*

photos by Lynn Cistone and Nick Pulsinelli



Cassandra Scott
(graduate), **Jenette O'Rourke**
(diploma presenter)



Dylan Benton, Dalton Stenlake,
Seth Benton, Andrew Howell



Nikolas Sheats,
Palmer Raisner,
Matt Schipps, Ean Sheats,
Matt Bright,
Michael McDanolds
(all members of
Bangor Troop 41)



Pen Argyl
Commencement
Continued from page 11
photos by Nick Pulsinelli



CONGRATULATIONS
to the
Class
of
2017
The Future is Yours!



The Belt and Beyond

610-704-6818

www.thebeltandbeyond.com

Quiet Valley's Children's Day Saturday, June 24th and Civil War Encampment - Saturday, June 24th - 25th

Quiet Valley's Children's Day will be held on Saturday, June 24, 2017. Families will be able to enjoy a variety of old fashion games and activities like relay races, making crafts, playing with old fashion toys, partake in a horse-drawn wagon ride, participating in garden-related activities and more. Tours of the historic farmstead will take place as usual. Children's Day is included in the general admission price.



In addition, there will be a Civil War Encampment June 24 - 25, also included in daily admission. The Civil War comes to life as the 142nd Pennsylvania Volunteer Infantry, Co. G, re-enactors encamp at Quiet Valley Living Historical Farm. The 142nd portray as accurately as possible the drill and

everyday life of soldiers in the 1800's. By doing this they honor those who fought and in turn give us a glimpse into local history.

The militia encampment is from 10:00 AM to 5 PM on Saturday and 12PM to 4:00 PM. on Sunday. Visitors can mingle with the re-enactors, who will share information on their lives and times as well

as their clothing, their articles of war, and what the daily routine was like for a Civil War combatant. The 142nd encampment is a part of Quiet Valley's summer "Highlight" program, which are special themed demonstrations that provide an opportunity for visitors to learn more about traditional folk arts, heritage crafts, trades skills and typical activities of the 1800s.

Quiet Valley Living Historical Farm is a non-profit, educational corporation dedicated to the preservation and presentation of Pennsylvania's agricultural heritage. At Quiet Valley history comes to life on our 19th-century farmstead. School and group tours are by reservation from Labor Day until June and tours for the general public run from the third Saturday in June through Labor Day Monday. Period-dressed "family" members reenact the life of the original Pennsylvania German farming family who lived on the farm from the late 1760s to 1913. The farm also hosts a number of special events throughout the year. For more visit our website at www.quietvalley.org for more information on Quiet Valley Living Historical Farm or call 570-992-6161.



Bangor Womens Club GFWC Sews and Donates Clothing for Haiti



Pictured are Marie Balson, Carolyn Smith, and Carol Akam who were part of the GFWC club group who participated.

The Bangor Womens Club GFWC sewed 35 dresses and 7 pairs of shorts for children in Haiti. Rev Pons Of Bangor's Mission of Love and Pen Argyl's Pentacostal Church spoke to the club about the mission project they support in Haiti. After the earthquake in Haiti, the group began mission trips to Haiti to assist the people. The group provides shelter, food and clothing. Rev Pons and his group travel to Haiti about every eight months. He accepted the clothing and will be delivering it on his next trip.

Jackie Griffin spoke to the club about Stitches of Love and introduced Jean Hummel who also sewed and donated pillow case dresses for our project.

The craft group is currently working on knitting hats, scarfs, and mittens for families in Appalachia.

Local Airport Receives Grant For Terminal Construction, Says Emrick

Braden Airpark in Forks Township is the recipient of one of nine grants issued statewide for safety upgrades and expanded operation opportunities, according to state Rep. Joe Emrick (R-Nazareth).

"Not too long ago, Braden Airpark was in serious danger of being grounded for good," Emrick said. "This grant will allow the Lehigh-Northampton Airport Authority to keep the facility open into its 80th anniversary next year and hopefully beyond."

The \$325,000 grant will be used for construction of a general aviation terminal at the airport, which opened in 1938 as Easton Airport. The funds are administered by PennDOT's Bureau of Aviation through the Aviation Transportation Assistance Program.

"Through the years, many people who dreamt of being a pilot got their first exposure to flying on this runway," added Emrick.

Questions about this or any legislative issue should be directed to Emrick's Nazareth district office at (610) 746-5090 or his Mt. Bethel office at (570) 897-0401.



• Bangor •

BLUE VALLEY FARMERS MARKET
Sundays 10am-2pm

707 American Bangor Road
May through October
www.facebook.com/BlueValleyFarmersMarket/

• Bath •

KEYSTONE PARK

Green St. and Race St.-Rte. 329 570-249-0131

Fridays 3PM-7PM

May 19th through September 29th
www.bathfarmersmarket.org

• Belvidere •

WARREN COUNTY FARMERS MARKET

White Twp., School Rt. 46 & Rt. 519

Sundays 10 am - 2 pm

June 4th through October 1st
www.warrencountymarket.com

• Easton •

CENTER SQUARE

610-330-9942

Saturdays 9AM-1PM

May through November
www.eastonfarmersmarket.com

• East Stroudsburg •

MILLER PARK (BEHIND DANSBURY DEPOT)

570-992-5615

Saturdays 9AM-1PM

May 17th through end of October

• Emmaus •

EMMAUS FARMERS MARKET

235 Main Street (BB&T Emmaus Location)

610-462-3730

Wednesdays 8:30am - 12:30pm

May - November www.emmausmarket.com

• Nazareth •

NAZARETH'S FARMERS MARKET

Center Square, Nazareth

Saturdays 9AM-1PM

May 6th through October 28th

www.facebook.com/NazarethFarmersMarketOnTheSquare/

www.facebook.com/NazarethFarmersMarketOnTheSquare/

• Slatington •

BLUE MOUNTAIN FARM MARKET

D & L Trailhead Pavilion - Main Street

610-417-6982

Fridays 12 noon - 4 pm

Saturdays 9 am - 1 pm

Open Memorial Day weekend thru first

Saturday in October

www.facebook.com/bluemountainfarmmarket/

www.facebook.com/bluemountainfarmmarket/

• Stroudsburg •

MONROE FARMERS MARKET

Courthouse Square (Downtown Stroudsburg)

(917) 716-6489

Saturdays (Rain or Shine)

8 am-12 noon

May 6th through October 28th

www.monroefarmersmarket.com

**BAHS Alumni Association
2017 Sixth Grade All-Around Awards**

In an effort to recognize talented and high-achieving elementary students, the BAHS Alumni Association added two new annual awards in 2013. The awards are presented at the end of each school year at the Sixth Grade Moving Up Ceremony.

The All-Around Sixth Grade Awards are chosen by the DeFranco faculty and given to one boy and one girl at DeFranco Elementary School who have averaged 90 or better in all of their core subjects. These students are chosen because they excel in academics, leadership, citizenship, and participation in school and community activities.

This year's awards were presented to Rebecca Barila, daughter of Rosario and Patricia Barila and Jake Constantine, son of Todd and Courtney Constantine

Their activities are listed below:



Rebecca Barila

Rebecca Barila:

In School Activities: Chess Club, Choir, Select Choir.

Out of School Activities: Softball, Basketball, Piano Playing.

Summer Plans:

- CHOICES, a 5-day program for middle school girls at Lehigh University to participate in a variety of engineering and science experiments designed to foster an interest in the future pursuit of science, technology, engineering and math (STEM).
- SISTERS, a Summer Institute in Science, Technology, Engineering and Research program for middle school girls held at Goddard Space Center in Maryland.
- Start training to join the middle school track and field team.

Jake Constantine:

In School Activities: Student Lighthouse, Ski Club, Box Tops Organization

Outside of School: Basketball, Bike Riding, Motocross, Skiing, Summer Recreation.



Jake Constantine

DeFranco Elementary Moving Up Ceremony

On June 8th, DeFranco Elementary held a "Moving Up" Ceremony for 6th-grade students who will be moving up to the Bangor Middle School at the M.Craig Paine Performing Arts Theater at Bangor High School.

photos by Kris Ordinsky-Parks



Pictured-Victoria Noel receiving congratulations from the Principal of DeFranco, Mr. Eric Kerstetter followed by School Board members Lorraine Brand, Chris Marozzi, and Kenny Brewer, Superintendent Dr. Frank DeFelice and her 6th-grade teacher, Mr. Scott Morrow on June 8th at the M.Craig Paine Performing Arts Theater at Bangor High School.



**Nazareth Bath Regional Chamber of Commerce
to host the Annual July 4th
Kazoo Parade and Patriotic Program**

The Nazareth-Bath Regional Chamber of Commerce is proud to host the annual kazoo parade and patriotic program that has become a Nazareth tradition. The event will take place on **Tuesday, July 4, 2016**. Those wishing to participate in the parade will commence at the Nazareth High School at 9:30 AM. Walkers will be separated into divisions, all assigned different patriotic songs to play on the kazoos, which have been donated by Lafayette Ambassador Bank. The parade route will be as follows: from the high school turn up South Liberty Street and make a right onto Belvidere Street. Follow until Main Street and make a right up to the circle, go halfway around and turn onto West Center Street and end at council chambers.

Once at council chambers we will have a greeting from local elected officials. The grand marshal of the parade this year will be Nazareth's own Harry Adams, a World War II Veteran, from the US Naval Air Core. Mr. Adams will be driven in a car sponsored by Wind Gap Chevy Buick. Kids can catch candy donated by Sam's Club of Easton!

In addition, we will feature plenty patriotic entertainment by Faith Gabriele. For additional information please call the Chamber office at: 610-759-9188. www.nazarethchamber.com

**Bangor High School
College Athletic Recognition Ceremony**
Bangor High School held a College Athletic Recognition Ceremony on Thursday, June 1st, in the Craig Paine Theater.



Pictured (L-R) Front: Ciarrah Holmqvist, Kaitylyn Caleen, Nikki Kessler, Dani Fey, Lexi Kessler, Cheyenne Ott, Marissa Fernandez-Tierney, Megan Corby and Mikayla Garzillo. **Back:** Reece Jones, Landon LaBar, Cameron Mousley, Saivaghn Vass, Aquila Henning, Blake McNew and Jax Buist. **Sbtt Photo** Larry Cory



NEW APPLICATIONS BEING ACCEPTED

PERSONAL CARE AIDE -

FT/PT night shift. 12 ½ hr. shifts 6pm – 6:30am
 FT/PT day shift. 12 ½ hr. shift 6am – 6:30pm Experience preferred, but willing to train the right candidate. Must enjoy working with seniors. Great place to work and grow.

ACTIVITY AIDE – PT

Seeking a vibrant, fun person who works well with seniors. Must be able to drive the Grace Park bus, be talented in arts & crafts, and have high energy. All positions include every other weekend/holiday • HS diploma/GED required
Drug screen pre-hire, state, and federal background check

Apply in person: 1170 West Main Street, Stroudsburg, PA EOE

FREE YARD SALE FORM


Date of Sale _____ Time of Sale _____

Address of Sale _____

Name _____ Phone _____

Address _____


City _____ State _____ Zip _____

 All Contact Information Must Be Included. Deadline for yard sales Fridays at 4:00 p.m. prior to week of publication. Maximum 25 words. Mail completed form to: P.O. Box 33 Bangor, PA 18013 or email: yardsales.thebeltandbeyond@gmail.com or fax 814-283-4819. No yard sale ads will be accepted over the phone.



We love to hear from you!
 News • Photos • Events

610-704-6818
 thebeltandbeyond@gmail.com
 www.thebeltandbeyond.com

 LIKE us on facebook to stay up to date!

**Next issue will be printed
 June 29th
 Deadline for all ad copy and
 news Thursday, June 22nd
 Email your news and events to
 thebeltandbeyond@gmail.com**

BUSINESS DIRECTORY

CORNER OF RT 191 & LAKE MINSI DRIVE



610-349-5074
STONE • MULCH • PAVERS
 VETERAN OWNED BUSINESS
 Mike Sarisky • Owner

31 W 1st Street, Wind Gap
 610-863-4600
 Email: instrep31@gmail.com



LIZARD SKIN BASEBALL BAT WRAPS \$10.00
 YOUTH PULLUP BASEBALL PANT \$8.95
 BELTED OPEN BOTTOM BASEBALL PANT \$18.95
 BELTED ELASTIC BOTTOM BASEBALL PANT \$15.00

Team Sports Equipment and Uniforms
 Corporate Apparel and Accessories
 *Screen Printing & Embroidery Service

HEARD'S MEAT MARKET
 Fresh & Smoked Meats
 501 S. Main Street,
 Bangor, PA
 Phone: 610-588-1195
 Fax: 610-588-7581



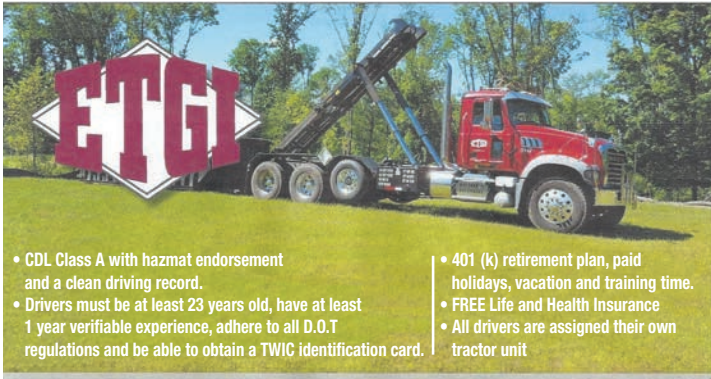
**Call Today this
 could be your ad**

Expressions Thru Glass



Rita Bolles
 Owner
 2242 Ridge Rd.
 Bangor, PA 18013
 610-588-1490
 expressionsthruglass@gmail.com
 www.expressionsthruglass.com

**Call Today this
 could be your ad**



- CDL Class A with hazmat endorsement and a clean driving record.
- Drivers must be at least 23 years old, have at least 1 year verifiable experience, adhere to all D.O.T regulations and be able to obtain a TWIC identification card.
- 401 (k) retirement plan, paid holidays, vacation and training time.
- FREE Life and Health Insurance
- All drivers are assigned their own tractor unit

LOCAL TRACTOR TRAILER DRIVERS:

Home every night.

Starting pay is **\$20.00/per hour**

REGIONAL TRACTOR TRAILER DRIVERS:

Home every other night and most weekends.

Starting pay is **.45/per mile**

ROLL OFF DRIVERS:

Local pickup and delivery of containers.

Starting pay is **\$20.00/per hour**

Applications must be completed in person at:

Environmental Transport Group, Inc.
194 Goldmine Road, Flanders, NJ 07836
(800) 598-3844 • www.DumpsterPrice.com

berkheimer
tax innovations

WE'RE HIRING!

We're currently seeking motivated individuals who are interested in becoming **Customer Care Representatives!**
APPLY ONLINE TODAY TO START AS SOON AS JUNE 26TH, 2017!
Go to www.hab-inc.com/berkheimer-careers to apply online or email your resume to careers@berkhr.com EOE

YARD SALE

YARD SALE - June 16th & 17th 9am-2pm; 215 Kennedy Dr., Roseto, PA. House items, some clothing, Plus many other items. Near SlateBelt Medical Center.

YARD SALE - June 16 & 17 9am-4pm; Cedar Closets, Grandmother Clock, Desk, Cradle, China, Crystal, Stereo, Trunk, Bicycles, Fur Coats, Gun Cabinet, Mexican Pottery, much more. 317 Centerville Road, Mt. Bethel.

YARD SALE - Rain or shine. Saturday June 17-18, 9:00am; 424 So 3rd St, Bangor. automotive tools, glassware, clothing, misc., items.

FLEA MARKET - June 23rd – 25th; Queen of Peace Catholic Church Rte. 209 and Weir Lake Rd., Brodheadsville, PA. Times vary each day visit www.qopchurch.org or call **610-681-6137**.

LARGE CHURCH YARD SALE - SATURDAY, JUNE 24, 8am-3pm. Rain or Shine. FAITH FAMILY FELLOWSHIP, 1002 Bushkill Center Rd., Nazareth. Baked Goods also for Sale.

YARD SALE - Moore Township - Hickory Hills Mobile Home Park - Route 512, Community-Wide. Sat & Sun (June 24th and 25th) 8:00am - 3:00pm.

YARD SALE - July 7 and 8, 8 AM-? 24 South Lehigh Avenue, Wind Gap, PA. Multi-family. Lots of health, beauty, and household items. Rain or shine.

FOR SALE

Two piece lighted pine hutch, pine dry sink, Tea cart, Two end tables, coffee table, two lamps, oak trunk A-Okay. Call **610-252-1640**.

1994 CHEVY SUBURBAN - 2WD, Inspected, High Mileage, Runs Great, Good Condition \$999 obo. Call Al at 610-588-0422 or 484-894-5121 6/29

HELP WANTED

NOW HIRING - Waiters, waitresses, drivers. Apply in person Giordano's Italian Restaurant and Pizza House 13 W Pennsylvania Ave., Pen Argyl, PA.

HELP WANTED - Weekday and weekend cook and servers. Apply in person Emmy Lou's Ice Cream, 492 E. Main Street Pen Argyl, PA.

CLASSIFIED ADS

- REAL ESTATE-PROPERTY RENTALS & SALES,
- HELP WANTED, SERVICES,
- MISCELLANEOUS FOR SALE ITEMS, AUTOS, CARS, TRUCKS, SUVs, RVs, MOTORCYCLES



Classified line ad rates up to 20 words \$8 per issue each or \$15 for 2 issues. There will be an additional charge of 25¢ per word over 20 words.

NAME _____
ADDRESS _____
CITY/STATE/ZIP _____
PHONE _____

LINE CLASSIFIEDS

1 Issue: \$8 _____ 2 Issues: \$15 _____

CLASSIFIED DISPLAY

1 Issue: _____ 2 Issues: _____
1 Column X 1.25" \$15 per insertion or \$25 for 2 issues or
1 Column X 1.75" \$20 per insertion or \$30 for 2 issue

Mailed or emailed classified ads will only be accepted. No Classified ads will be accepted by phone. Deadline 12:00pm on Friday, prior to publication week. By mail send this form along with your check made payable to: The Belt and Beyond, P.O. Box 33, Bangor, PA 18013 ATTN: Classifieds. By Email send Classified ad with Classified ad in the subject to thebeltandbeyond@gmail.com. *All Classified ads must be pre-paid. No Exceptions. No Refunds or Credits.*

YARD SALES are FREE in the Belt and Beyond

Deadlines 4:00 pm Friday prior to publication 25 words maximum

See Yard Sale Form page 28



Ackermanville United Methodist
1410 Ackermanville Road, Bangor, PA.,
(just off Rt. 191 in Ackermanville),
9 AM Sunday School, 10 AM Worship
Rev Alice Ann Bonham, (610) 588-7818
www.ackermanvilleumc.org

Arndt's Lutheran Church
1851 Arndt Road, Easton, PA 18040, 610-253-3732
Worship: Sat. 6:00 PM, Sun. at 8:15 AM Communion;
9:00 AM Children's Sunday School; 9:30 AM. Confirmation;
10:30 AM Worship. Holy Communion is celebrated on the 1st
& 3rd Sundays of the month.
Tue. - 10:00 AM Open Arms; 7:00 PM Boy Scouts & Bible Study.
Thur. - 10:00 AM Open Arms
Oldie's "Sock Hop" - Sat., June 17th - 7:00 PM-10:00 PM
Women's Mini-Retreat - Mon., June 26th - 5:00 PM-8:30 PM
Vacation Bible School - Mon. June 26th thru Fri., June 30th - 9:00
AM-12:00 noon at St. Paul's III Lutheran Church, 2561 Newburg Road,
Palmer Township
Bus Trip to Ocean Grove Choir Festival - Sunday, July 9th -
Brunch, Bocce & Brats - Sun., July 23rd 10:30 AM
Summer Worship Hours - One service at 9:30 AM on Sunday
mornings. The Saturday communion service 6:00 PM
Email: arndts.lutheranchurch@rcn. Website: www.arndtslutheran.org

Bangor Church of the Nazarene
150 Bunny Trail, Bangor
9:30 AM Sunday School, 10:40 AM Worship
Powerhouse Praise Practice 5 PM
Teen Straight Talk & Small Groups 6 PM
Kenneth L. Bean, Pastor, (610) 588-6929

Belfast Bible
483 Belfast Road, Belfast
9:30 AM Sunday School (All Ages)
10:45 AM Worship, Evening Service 7 PM
Pastor Michael Yaworski

Belfast Wesley United Methodist
607 School Street, Belfast
9:00 AM Children & Adult Sunday School, 10 AM Worship,
followed by coffee fellowship.
Pastor Paul Milligan, (610) 746-3652

Benders Mennonite Church
975 Benders Church Road, Pen Argyl
10:10 AM Worship, Food Bank 3rd Saturday
of the month 9 AM - 11 AM (610) 863-9114

Bethel Bible Church of Mt. Zion
7742 N. Delaware Dr. (Rt 611) Martins Creek
9 AM Sunday School, 10 AM Worship
Pastor Rick Tunis, (610) 250- 9809
www.bethelbiblechurchofmtzion.org

Christ Hamilton United Lutheran Church
419 Bossardsville Road, Stroudsburg, PA 18360
570-992-4085, www.chrighthamilton.org,
email: chulc@ptd.net
Worship Services @ 8:15am & 11:00 am
Sunday school for 3 year olds thru adults @ 9:30am

Christ Evangelical Lutheran Church
703 S. Delaware Dr (Rt 611) Stone Church/Mt. Bethel
610-588-7056 e: celcpaorg@yahoo.com
Sunday School 9am (Sept-May)
Worship 10am; communion 1st & 3rd Sunday
www.celcpa.org

Community Baptist
Weona Park Center, Pen Argyl
7 PM Bible Study, Separate class for age 10 & under
Clearfield Bible Holiness Church
1502 Bushkill Center Road, Wind Gap
10:30 AM Sunday School, 11:15 AM & 2 PM Worship
7 PM Thursday Prayer Meeting
Pastor Mike Beck, (570) 369-6563

Community Church
Mount Pocono Location -1050 Memorial Blvd., Tobyhanna, PA
18466 - SUNDAYS 9:30 am | 11:00 am | 12:30 pm
The Burgs Location - 2000 Milford Road, Stroudsburg, PA 18301
SUNDAYS 11:00 am

Community Presbyterian
1755 S. Delaware Drive, Mount Bethel
9:15 AM Sunday School, 10:30 AM Worship
Coffee hour on last Sunday of every month
following service cpcmbp@peoplepc.com
2nd Wednesday - Community Eucharistic worship
service beginning on Feb. 8th at 2:00PM
(570) 897-6766, www.yourcpchurch.com

Cross Road Baptist Church
201 S Second Street, Bangor
9:30 AM Sunday School, 10:45 AM Worship
Wednesday 7 pm Prayer/Bible Study
2nd Sunday of Month Free Meal
4-5:30 pm Breaking Bread Soup Kitchen
Rev. Jay VanHorn, Pastor, 610-588-3966
www.crossroadbaptistbangor.com

East Bangor United Methodist Community Church
136 West Central Avenue, East Bangor, PA
Sundays - Sundays - 8:30 AM Choir Rehearsal
9:15 AM Worship Service w/Church School
10:30 AM Adult Sunday School
After-Church Fellowship (Last Sunday)
4:00-6:00 PM Free Dinner (1st Sunday)

2nd Wednesday - 7:00 PM U.M.W. "Esther Circle"
Thursdays - 6:30 PM Bazaar Workshop;
7:00 PM Choir Rehearsal

Saturdays - 8:00 PM AA Meeting
Pastor David Goss (610) 588-4453
Dial-A-Message (610) 588-3896
Website: <http://www.ebumc.org/>

Faith Alive Community Church
10 Mechanic Street, Wind Gap
10 AM Worship, 10:45 AM Children's Church
and Next Level (Grades 7-12)
Pastor Matthew Whistler, (610) 863-6911
www.faccpa.org

Faith United Presbyterian
218 W. Penna. Avenue, Pen Argyl
Tues: Faith Quilters-1PM
Wed: Adult Bible Study-10AM
Sun: Choir 9AM, Worship/Church School 10 AM
Rev. Ruth Ann Christopher (610) 863-4447

Family Life Community Church
1115 Richmond Road, Bangor
Wednesday: Kidz Night Out at The Hub 6:30-
8:30 PM (Kids ages 6 thru 6th grade), Thursday: Teen
Night Out at The Hub 6:30-8:30 PM (Grades 7th thru
9th) 10 AM Worship Service
Pastor Mike Poppa, (610) 588-3736,
www.flccbangor.com

First United Evangelical
25 South 2nd Street, Bangor
Sun.: Summer Schedule No Sunday School until
September. Morning Worship at 10:00 AM
Wed. Eve.: Prayer Meeting and Bible Study, 7 PM
Pastor Ronald Shipman, (610)-588-3226

First United Methodist Church
55 North Third Street, Bangor
8:30 AM Contemporary Service, 8:50 AM Junior Church,
9:50 AM Sunday School for all ages, 11 AM Traditional
Service, 11:15 AM Junior Church
Rev. Navin Satyavrata, (610) 588-4673
www.firstumcbangor.com

Faith Family Fellowship
1002 Bushkill Center Road, Nazareth
Sundays: 10 AM Worship Service with fellowship time
to follow
Pastor Robert Hampton, 484-408-9624

Flicksville United Church of Christ
1337 Lower South Main Street, Bangor, PA 18013
610-588-4648 www.flicksvilleucc.org
Sunday School 9:30a.m.
Sunday Worship 10:45a.m.
Service will include local musical talent

First United Methodist
19 West & Water Street, Wind Gap
8:45 AM Sunday School
10 AM Worship/Communion
11 AM Fellowship on 1st Sunday of each month
Pastor Bruny Martinez (717) 940-3090

Good Shepherd Evangelical Lutheran Church
2904 Church Road, Martins Creek
9 AM Worship, Adult Bible, Study following worship
Pastor Louise Williams

Grace Lutheran Church
5907 Sullivan Trail, Nazareth
9 AM Service, 10:15 AM Sunday School,
10:30 AM Adult Forum
(610) 759-9080, www.gracebelfast.org

Grace United Methodist Church
404 Mountain Avenue, Pen Argyl
8:30 AM Contemporary Worship
10 AM Blended Service, Sunday School
Rev. John T. Pfeil, (610) 863-4811

Holy Trinity Orthodox Church
1501 Trinity Court, Stroudsburg
9:30 AM Divine Liturgy Sundays
6:30 PM Vespers Saturday
(570) 421-4455, www.holytrinitypoconos.org

Hopesprings Community of Faith
301 Market Street, Bangor
Meeting time 10:00 AM
855-info-hope., www.hopespringscommunity.org

Hope Lutheran Church
240 S. 8th Street, Tatamy, PA
Pastor Herbert Dolich
9:00am Sunday School classes and Bible Study (Sept.-May)
10:30am Worship services(Sept.-June)

Hope UCC
701 Cherry Street, Wind Gap
Summer worship hours start on June 4th thru-
August 27th at 9:30 am with NO summer school
classes. Communion is the first Sunday of the month.
(610) 863-4474

Living Waters Christian Church
396 Sterling Road Unit D, Tobyhanna
Thursday: 6-7 PM Christian Education, Sunday: 9:15
AM Christian Education, 10:30 AM Worship
Rev. Dr. Jacqueline R. Walters
(570) 350-4710 or (570) 629-5581
livingwaterscc@aol.com

**If your worship time
will be changing for the summer
months
Please call us at
610-704-6818 or email us
thebeltandbeyond@gmail.com**



Arsha Vidya Pitham (Institute for Study of Vedanta, Yoga and Meditation)

651, Route 115, Saylorsburg www.arshavidya.org

Mount Bethel Church

1270 Belvidere Corner Road, Mt. Bethel
Pastor Chris Priestaf, (570) 897-7142
Little Friends Preschool (570) 897-7797
email office@mountbethelchurch.org
www.mountbethelchurch.org

Sunday Service Schedule

8:30 & 11am Worship Services
9:45 Confirmation and Sunday School

Mount Eaton Church

7277 Mt. Eaton Road, Saylorsburg
Services: 6:30 PM Saturday, 8 AM Sunday Traditional,
10:30 AM Sunday Contemporary,
6 PM Sunday Youth Group, Wednesdays: 7 PM Family
Night, 8:30 PM Young Adults' Group
Pastor Doug Hayes, (570) 992-7050
mounteatonchurch.org

Nazareth Moravian Church

4 South Main Street, Nazareth
Sundays - 8:15 Worship; 9:30 Sunday School 10:45
Worship Wednesdays-6:00pm Weight Watchers:
7:00pm Bible Study

Thursdays 6:30pm Bell Choir; 7:15pm Senior Choir
(610) 759-3163, nazarethmoravian.org

Northampton God's Missionary Church

4965 Nor Bath Blvd, Northampton, PA
Sundays: 10:00 AM, and 7:00 PM
Wednesdays at 7:00 PM. (call for location)
Rev. Rodney Keister, (610) 262-4412
www.gmc-n.com

Our Lady of Good Counsel

436 South 2nd Street, Bangor
4 PM Saturday, 8:30 AM Sunday
Pastor Stephen L. Maco, (610) 588-5445

Portland Baptist Church

601 Delaware Avenue, Portland
9 AM Sunday School, 10 AM Fellowship, 10:20 AM
Worship, 6-7:30 PM AWANA Youth Group/Prayer
Meeting/Bible Study, Handicap accessible
(570) 897-6866, www.portlandbaptistchurch.com

Prince of Peace Lutheran Church

2445 Lake Minsi Drive, Bangor
Every 1st & 3rd Saturdays of the month at 5:30 PM
Worship & Holy Communion
Sundays: 9:45 AM Worship & Communion
Rev. Michael J. Scholtes, (610) 588-2355
www.popbangor.org

Presbyterian Parish of Bangor-Roseto

Sunday 10:45 AM Worship Service
Rev. Albert Martin, (610) 588-4864
www.presbyparishbangorroseto.webs.com

Presbyterian Church of the Mountain

Church Lane, Delaware Water Gap (570) 476-0345
Sunday Worship Service: 10 AM in the Sanctuary
Holy Communion: 1st Sunday of each month
Praise Team: 2nd Sunday of each month
Sunday School: during worship in the Fellowship House
for ages 0-12 (childcare and class)
Choir Rehearsal: Thursday at 7:30 PM in the Fellowship
House Choir Room, Deacons Meeting: Last Sunday of
each month at 11 AM, Session: 2nd Thursday of each
month at 7 PM, Bible Study: each Monday at 7 PM

Richmond United Methodist Church

8538 Delaware Drive (Route 611), Bangor
One Sunday Service at 10:00 AM
Adult Sunday School at 9:00 AM
Children's Sunday School at 10:00 AM
(610) 588-7317 www.richmondumc.com

Refiner's Fire Ministry

100 Division Street, Portland
Sundays: Prayer 9:15 am Worship 10:00 am
Wednesday Night Bible Study 7:00 pm
Friday Night Redemption (Christ-centered, 12 step
meeting) 8:00pm
Pastors Phil and Jessica Karasiewicz
570-583-3101
refinersfireministry2006@gmail.com

Slate Belt - Nazareth Baptist Church

1620 Church Road, Pen Argyl
Every Tuesday: Mixed Martial Arts/Self Defense
7-8:15 PM, Aerobics 7-8 PM
Sunday: 9:30 AM Sunday School, 10:30 AM Worship
& Children's Church (nursery provided)
Adult Bible study is at 4:30, AWANA is at 5:30
Pastor Scott J. Davis, (610) 863-9274

The Roseto Independent Presbyterian Church

210 Garibaldi Avenue, Roseto
9:15 AM Greeting, 9:30 AM Service
Rev. Barry Eng, (610) 599-9949
www.RIPC-OnlineToday.org

Salem UCC

2218 Community Drive Bath PA 18014
Worship 8:00 AM; Sunday School, Confirmation Class,
Junior Choir 9:00 AM; Worship 10:15 AM
Sundays Cub Pack 50 1:00 PM
First & Third Mon. of the month Pinochle Club 11 AM-
2:30 PM
Third Monday of the month Consistory Meeting 7:00 PM
Tuesdays Boy Scout Troop 50 6:30-8:00 PM & Senior Choir
7:00 PM
Wednesdays Ladies Aid Quilting 9:00 AM-3:00 PM
Pastor Donald Brown, (610) 759-1652
www.salemuccbathpa.org

St. Brigid's Episcopal Church

301 Madison Avenue, Nazareth
9 AM Holy Eucharist
Rev. William Martin,
(610) 746-3910, www.stbrigidspar.org

St. Elizabeth's Parish

300 West Babbitt, Pen Argyl
Masses: 5 PM Saturday, 8 AM, 9:30 AM & 11 AM Sunday
Rev. Msgr. Vincent P. York. (610) 863-4777

St. Luke's UCC Belfast

471 Belfast Road, Nazareth (Belfast)
9:00 AM Worship - beginning the week of June 13th
1st Sunday of month Holy Communion
Pastor Rev. Frank Gassler, (610) 759-0244
www.stlukesuccbelfast.com

St. Mary's Episcopal

340 Lehigh Street, Wind Gap
9 AM Eucharist & Sunday School, Coffee hour
follows service
The Rev. Canon Joel Atkinson, priest in charge.
(610) 863-8007 saintmarywindgap.webs.com

St. John's Evangelical Lutheran

12 North Westbrook, Pen Argyl
8:45 AM Sunday School, 10 AM Worship
(610) 863-4332

St. Joseph's Episcopal

1440 Verona Drive, Pen Argyl
11 AM Eucharist, Coffee hour after service
The Rev. Canon Joel Atkinson, priest in charge.

St. Peter's Evangelical Lutheran Church

1422 Church Road, Pen Argyl
8 AM & 10:15 AM Services, 9 AM Sunday School, 7 PM Praise Band
(610) 863-6859 www.stpetersplainfield.com

St. Peter's UCC

401 Broad Street, Tatamy
10:00 AM worship all year; 10:00 AM Sunday school Sept.-May.
Interim Pastor, Darlene Blocker, (610) 252-6515

St. Vincent DePaul Catholic

Delaware Avenue, Portland
6 PM Saturday, 10:30 AM Sunday
Rev. Stephen L. Maco, (610) 588-5445

The Salvation Army

301 W. Main Street, Pen Argyl, PA 18072
610-863-6677

Sundays: 10 AM Sunday School, Sunday services every
Sunday from 11:00am-12:00pm.

Tuesdays: Food Bank 10 AM-12 PM

Wednesdays: Knitting & Crocheting 10 AM-12 PM

Thurs: 10:30-11:30 AM Home League Women's group.

Free Lunch for Seniors: Tues.-Thurs. 12 PM

The Pentecostal Christian Church

the Truth (Iglesia Pentecostal La Verdad)

4 Jory Avenue, Pen Argyl
12 PM Sunday School (Escuela Dominical)
1 PM Praise & Worship (Cuho Evangelistico)
All invited to Bilingual Services
Rev. Frank Pons, (570) 807-7794

Temple Israel of the Poconos

Egalitarian Conservative Synagogue
711 Wallace Street, Stroudsburg
Sabbath Services: Friday 8 PM followed by a Traditional Oneg Shabbat
Saturday 9:30 AM followed by a traditional Kiddush. Services
conducted in both Hebrew & English in a warm, welcoming, Jewish
environment. Hebrew School for ages 4-13
Dr. Sandra Alfonsi, 570-223-7062

Trinity Evangelical Lutheran

404 Broadway, Bangor
Sunday School 9am - Worship 10:15am
Pastor Laine, 610-588-2023
www.tlcbangor.com

Trinity United Church of Christ

632 South Delaware Drive, Mt. Bethel
Worship at 10:30 am - Sunday school 9:15 am
Rev. Rodney W. Wells, (610) 588-1989

Zion Presbyterian Church

Water Street, Wind Gap
9:30 AM Service, Children's Sunday School during service.
Visitors are welcomed!
Rev. Sam Huffard

Zion United Lutheran Church

1919 Route 209 in Brodheads ville.
Worship: Saturdays 5:00 PM informal spoken service,
Sundays 8:00 AM with recorded music and **10:30 AM** with
organ.
The Rev. E. Ann Melot~ ELCA
Call 570-992-6988 www.zionulc.com

THE VIETNAM TRAVELING MEMORIAL WALL

FREEDOM IS NOT FREE, IT COMES AT A PRICE AND THE PRICE OF THAT FREEDOM IS WRITTEN ON THE WALL

June 14-19 2017
PLAINFIELD COMMUNITY PARK
 6101 Kesslersville Rd, Nazareth, PA 18064
 WALL ESCORT RIDE WEDNESDAY, JUNE 14, 2017
 SPECIAL VIETNAM VET NIGHT
 THURSDAY, JUNE 15
 CLOSED TO THE PUBLIC FROM 6pm -12am
 OPENING CEREMONY FRIDAY, JUNE 16 at 7PM
 CANDLELIGHT VIGIL AND WREATH LAYING
 SATURDAY, JUNE 17 at 7pm

FOR MORE INFO CONTACT:
 BRENDA DETWEILER- 484-764-8198
 DAVID RIDER - 610-509-3741
 www.hhfh.org

PROUDLY PRESENTED AND HOSTED BY:







Liberty Fire Co. ANNUAL CARNIVAL July 13, 14, 15

Steamed Clams

Food, Games and Fun!!!

67 N. 8th St. in Bangor
Starts at 6:00 PM

THU -7/13- Chuck Schubert
 FRI -7/14- Electric Project
 SAT -7/15- Romeo Vegas

REAGLE DODGE AND DOTTA CHRYSLER JEEP

RT 512 PEN ARGYL, PA 5 MILES NORTH OF WIND GAP

28TH ANNUAL ALL MOPAR FATHER'S DAY CAR SHOW

SUNDAY JUNE 18TH 9 AM-3 PM

RAIN DATE: SUNDAY, JUNE 25TH



All CHRYSLER-AMC-JEEP- Products Welcome
 Pre-registration: June 11th to Day of Show: \$15.00

Due to the popularity, in lieu of class trophies, we will present personalized wall plaques to each attending registrant and the Club will present two trophies for Best of Show.

Show Info: Rick Hageman 610-381-7222 or Bruce Ott 610-863-6900

• **SLATE BELT MIGHTY MOPARS** •

FOR THE SAFETY OF OTHERS, NO ALCOHOL OR PETS / ANIMALS PERMITTED AT THE SHOW