

A festive autumn display featuring pumpkins, flowers, and a lantern. The scene is set against a background of hay bales and colorful flowers. In the foreground, there are two orange pumpkin-shaped planters with jack-o'-lantern faces, one containing white daisies and the other containing red chrysanthemums. A blue lantern with a jack-o'-lantern face is on the right. The text 'THE Belt and BEYOND' is overlaid on the image, with 'Belt' in a large, stylized font. The word 'FREE' is in the top right corner. The volume and issue information, 'Volume 4 • Issue 13' and 'September 21, 2017', are in the top right. The tagline 'A PUBLICATION FEATURING: local events, news, happenings and more' is at the bottom.

FREE

THE Belt and BEYOND

Volume 4 • Issue 13
September 21, 2017

A PUBLICATION FEATURING: local events, news, happenings and more

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Next issue will be printed
October 5th

Deadline for all ad copy and news
Friday, September 29th

Email your news and events to
thebeltandbeyond@gmail.com

SEPTEMBER

NATIONAL DAYS

SEPTEMBER 21- INTERNATIONAL WORLD PEACE DAY

SEPTEMBER 22ND-AUTUMNAL EQUINOX –

FIRST DAY OF FALL

SEPTEMBER 26TH-NATIONAL JOHNNY APPLESEED DAY

SEPTEMBER 28TH-NATIONAL GOOD NEIGHBOR DAY

SEPTEMBER 29TH-NATIONAL COFFEE DAY

OCTOBER 1-NATIONAL HOMEMADE COOKIE DAY

OCTOBER 3-TECHIES DAY

OCTOBER 4- NATIONAL GOLF DAY

OCTOBER 5-DO SOMETHING NICE DAY

HOLIDAYS DAYS

SEPTEMBER 29TH -YOM KIPPUR

WEEKEND HAPPENINGS

Historical Bangor Business Association

The Historical Bangor Business Association will host a Wine and Music Festival on **Saturday, September 23rd, 12:00pm-6:00pm**. Event will be held rain or shine and will take place on Broadway, in Bangor.

Slate Belt Business Expo

The Slate Belt Chamber of Commerce will host the Slate Belt Business Expo on **Saturday, September 23rd, 12:00-3:00pm** at the Elks Lodge 120 Broadway, Bangor, PA. If you are interested in showcasing your business contact the Slate Belt Chamber of Commerce today to reserve your space. Call 610-588-1000. Admission to the Slate Belt Business Expo is free and open to the public.

The HUB Community Center Grand Re-Opening

On **Saturday, September 23rd, 1:00pm-4:00pm** the Hub Community Center will host it's Grand Re-Opening and Open House. Located at 14 Broadway, Bangor, PA. Free Refreshments.

Kids Night Out program startup Weds. 9/27 6:30 pm – 8:00 pm

Teen Night Out program startup Thurs. 9/28 6:30 pm – 8:00 pm

District 10 Trappers 2017 Fall Trapping Convention

September 22nd, 12:00pm-6:00pm and September 23rd 8:00am-6:00pm at the Northampton County 4-H Center (777 Bushkill Center Rd. Nazareth, PA 18064). Free Admission, Free Demos, Food on premises, Tailgaters welcome. Contact Bob Counterman 610-759-9203.

Pocono Family YMCA Celebrate Recovery Day!

The Pocono Family YMCA, 809 Main St., Stroudsburg, PA, will hold a Celebrate Recovery Day on **Saturday, September 23rd, 11:00am-2:00pm**. Celebrate Recovery is a day to celebrate those who are in recovery and to strengthen the families and friends supporting family members and friends in recovery. For more information visit www.poconoyymca.org/index.cfm?e=event&eventid=28857

Hope UCC Church Spaghetti Dinner

Hope United Church of Christ will hold a Spaghetti Dinner on **Saturday, September 23rd, 4:00pm-7:00pm**. Hope United Church of Christ, 2nd Street, Wind Gap, PA. FMI – email hopeucc@hotmail.com or call 908-727-0090

Chestnuthill Township Community Day

Sunday, September 24th, 12:00pm-5:00pm; Held at the Chestnuthill Township Park (221 Rt. 715 Brodheadsville, PA 18322). There will be entertainment, demonstrations and free food all day.

Slate Belt Museum

Will present the History of Cigar Making **Sunday, September 24th, 1:00pm-4:00pm**. RT 611 Mt Bethel, PA.

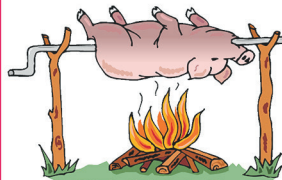
Send us your
news and events
thebeltandbeyond@gmail.com

Bangor VFW Post 739 - Annual Pig Roast

Saturday, September 23rd, 2017
1pm – 5pm

Tickets: \$20 advance / \$25 day of event
Children 12 and under FREE

Live Band – Bobby Clark
Free Food and Drink



Event held at:
Bangor VFW Post 739
202 Veterans Road Bangor, PA
Questions please call 610-588-5555

WIND GAP/EASTON GUN SHOW

Saturday September 23rd
Sunday September 24th

NEW & USED



Plainfield Fire Company Hall
6480 Sullivan Trail, Wind Gap Pa 18091

\$6.00 Admission
150 8ft Tables

Hunting Equipment * Hand Guns * Ammo
Rifles * Collectors Items
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Saturday 9am-4pm
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in the Belt and Beyond



B & B
The Belt and Beyond

Limit 25 Words or Less
See page 28 for
Yard Sale Entry Form

 **40th Annual Festival of Marching Bands**
 The 40th Annual Festival of Marching Bands will be held at
Bangor Memorial Park, Bangor, PA
on Saturday, September 30, 2017 4:00 pm,
Gates open at 3:00 pm
Rain date Sunday, October 1, 2017
Come experience approximately seven
Marching Bands
www.bahsbands.weebly.com

Slate Belt Band

The Slate Belt Band has resumed practices. Practice is held **Wednesdays from 7:00pm to 9:00pm**, at the Roseto American Legion, 143 Garibaldi Ave., Roseto, PA. For more information call 610-588-8881 or find the band on Facebook: Slate Belt Band.

Saint Johns Lutheran Church Rummage and Bake Sale

Friday, September 27th 8:00am-4:00pm & Saturday September 28th 8:00am-2:00pm. 12 N. Westbrook Ave. Pen Argyl, PA. For more info call Gail 610-588-7545

Community Christmas Cantata

Grace United Methodist Church again this year will be hosting a Community Christmas Cantata. Everyone in the Slate Belt community is welcome to join. Rehearsals will **begin on Thursday, September 28th from 7:00pm to 8:00pm** in the chapel at Grace UMC, 404 E. Mountain Avenue, Pen Argyl. The Cantata will be held on Sunday, December 10th at 3:00 pm at the church. For more information or any questions call the church office at 610-863-4811.

Spartan Sprint 5K Run/Walk at NCC

Come join this Northampton Community College (NCC) tradition and see our beautiful Bethlehem Campus from a different perspective. Proceeds will go to our "Spartan Aid" fund, which helps students address unmet financial needs, such as gas money or bus fare to get to class and help with book purchases or groceries. **Saturday, September 30th, Registration begins at 7:30 a.m.** in Room 114, College Center. 5K walk/run begins at 9:00 a.m., Bethlehem Campus 3835 Green Pond Road, Bethlehem. For more information and to register, email bsanabria@northampton.edu or go to <http://northampton.edu/spartansprint>.

Families First 15th Annual 5-K Race & 1 Mile Fun Walk

Families First is celebrating its 15th Anniversary serving residents in the Pen Argyl Area School District. **Saturday, September 30**, rain or shine. Registration for the race/walk will begin at the Wind Gap Borough Park at 7:45 a.m. with the race starting at **9:00 a.m.** To register, contact Race Chairperson Phil Giaquinto at 610-746-4436 or via email to giaquinto.phil@penargylsd.org.

For more information about Families First checkout their website www.familiesfirstpenargyl.org and Like them on Facebook.

2nd Annual Bath Firefighter's Basket Social

Saturday, September 30th 10:00am-7:00pm and Sunday, October 1st 10:00am-3:00pm. Held at the Bath Social Hall (135 S. Walnut Street, Bath, PA). All proceeds benefit the Bath Fire Company Station #40. To make a donation please email ehrgottmichele@yahoo.com.

5th Annual Masonic Motorama presented by Portland Lodge No. 311 F & AM

The Portland Lodge No.311 MASONIC Motorama will be held on **Saturday, September 30th, 2017 9:00am-3:00pm** at the Plainfield Farmers Fair, 1281 Bangor Rd. (RT 191) Nazareth PA.

There will also be a Blood Drive, Miller-Keystone Memorial Blood Center. Donors are needed! For more information contact Shilo Thomas 610-392-2613. All donors will be entered to win a Monster Truck ride for 6 people sponsored by KSR Motorsports.

Luke William Hahn Foundation Announces New Adult Grief Support Group

The LWH Foundation's Grief Journeys program will begin **Thursday, October 5th at 6:30 pm**. It will continue eight consecutive weeks. The group will be held at Grace United Methodist Church, 404 E. Mountain Avenue in Pen Argyl. Please call Dana @ 484-548-4030 or email at dhahn7@epix.net to **sign up for this group by September 30th**.

40th Annual Festival of Marching Bands

The 40th Annual Festival of Marching Bands will be held at Bangor Memorial Park, Bangor, PA on **Saturday, September 30th 4:00pm, Gates open at 3:00pm, Rain date Sunday, October 1st**. Come experience approximately seven Marching Bands www.bahsbands.weebly.com

Guardians of the Ribbon – Slate Belt PA Chapter Coach Bingo

Sunday, October 1st, Doors open 12:00 pm; Bingo 1:00pm Guardians of the Ribbon – Slate Belt PA Chapter will be holding a Coach Bag Bingo at Charter's Banquet Facility (6480 Sullivan Trial Wind Gap, PA). https://www.facebook.com/pg/SlateBeltPA/events/?ref=page_internal

BMCL Fundraiser

On **Tuesday, October 3rd** The Slate Pub in Pen Argyl will sponsor a Fundraiser for the Blue Mountain Community Library. The Pub will donate a percentage of all food sales that day from noon until closing, both eat-in and take-out, to the library. Anyone patronizing the Pub that day will enjoy good food and will help the library at the same time. The Slate Pub is located at 509 East Main Street, Pen Argyl, PA. Check out their menu at www.slatepub.com. Call 610-863-3029 or visit www.bmcl.org for information. Find us on Facebook at www.facebook.com/bmclpenargyl.

Marine Corps League Northampton County Detachment 298 Meeting

4 Oct./1900, 1621 Lehigh St. / Easton. All active duty and honorably discharged Marines welcome! jimmineousmc@rcn.com www.norcomcl.org Facebook: Marine Corps League Northampton County Detachment 298

14th Annual Lukie's Fall Festival

The 14th Annual Lukies Fall Festival In Memory of Luke Anthony Joseph Maida will be held **Saturday, October 7th 11:00am-5:00pm** Weona Park Rt 512 Pen Argyl, PA. Proceeds Benefit cure SMA

Apple Festival

Faith United Presbyterian Church will host an Apple Festival on **Saturday October 7th, 4:00pm-7:00pm**, 218 West Pennsylvania Ave. Pen Argyl, PA

Octoberfest Fall Festival at The Historic Dansbury Depot

On **Saturday, October 7th 11:00am-5:00pm**. The event will be held rain or shine. Historic Dansbury Depot 5 South Kistler Street, and on Crystal Street, East Stroudsburg PA 18301 For event information contact scole@ptd.net

Autumn Timber Festival

October 7th & 8th 11:00am-5:00pm; held at Shawnee Mountain Ski Area. Autumn events including lumberjack competitions, blacksmith demos, chainsaw sculptures and so much more. For more information visit www.shawneemt.com/s_autumntimberfestival.html

Slate Belt Heritage Center Dancing with the Ghosts

The Slate Belt Heritage Center will present its 6th Annual Haunted Heritage Show entitled: "Dancing with the Ghosts" on **Thursday, October 12 at 7:00pm** at the Center 30 North 1st Street, Bangor, PA. Featured this year will be: Conrad Weiser- a farmer who was a negotiator and interpreter for the Peace Treaty with the local Lenape Native Americans, Johnnie Gruver- local dance and theater instructor who was known for her many stage productions, Joseph Heater-quarry worker (a Slater) who was killed in a quarry accident at the Stevens/Jackson quarry, whose body is still entombed on the site, David "Douse" Williams, local World War II veteran who was a POW in Germany and acquired his nickname as a result of his downtown Bangor antics, Mary Gertrude Smith Bodie- who was the first African American to graduate from Bangor in 1901 and went on to attend East Stroudsburg Normal School (ESU) and Dr. Stewart Wolf- famous for his "heart study" on the Italian-Americans who lived in Roseto, PA. Advanced ticket purchase is highly recommended as there will be a limited number of tickets sold. Tickets are available at Heard's Meat Market, 501 South Main Street, Bangor, Pa or at the Slate Belt Heritage Center Sat.- Sun 12:00 pm -3:00 pm. For additional information contact: Karen Brewer at 484-894-5661.

Slate Belt Heritage Center Calendar of Events

Thursday, November 9th, 7PM - "In Honor of Old Glory"-Flag Ceremony-Join Perry Morris and the Boy Scouts for a history of our nation's flag and the respectful way to use and retire it.

Sunday, December 10th, 2PM - "The Great Slate Belt Trivia Contest"- Master of Ceremonies, Marc Blau will host a trivia game for teams of four or make your own team or just show up and join in another team. Prizes for the winners.

SBCC Business Person of the Year and Volunteer of the Year Nominations

Slate Belt Chamber of Commerce will be accepting nominations for 2017 Business person of the year and Volunteer of the year. Have you ever had someone go out of their way for you? Is there an area business or volunteer that gives you exceptional service all the time? Now is the time to give the credit they deserve, nominate them. **Entry deadline is October 15th**; questions call 610-588-1000. You may drop off your nomination(s) at the chamber office 187 Blue Valley Drive, Bangor.

Slate Belt Rotary Oktoberfest Car Show & Pig Roast

The Slate Belt Rotary Club will host an Oktoberfest Car Show and Pig Roast on **Sunday, October 15th 10:00am-4:00pm** at Wind Gap Boro Park. 58 4th Street, Wind Gap. PA. For Registration and information contact Ed at 610-657-6196 Proceeds to benefit: Operation Warm Coats for Kids

Bangor Public Library Fundraiser

The Bangor Public Library Board is selling shopping passes for the Boscov's "Friends Helping Friends" one-day sale event. The sale will be held on **Tuesday, October 17th, 2017, 9:00am-11:00pm**. Stop by the library to purchase your shopping pass. The Bangor Public Library is located at 39 S Main St, Bangor, PA.



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Pastie Sale – Christ Evangelical Lutheran Church

Tuesday, October 17th; Christ Evangelical Lutheran Church (703 S. Delaware Dr., Mt. Bethel) will be holding a pastie sale. To place an order or for information call Chrissy 610-588-0809.

Bangor Elks Lodge Halloween Parade

The Bangor Elks Halloween Parade will be held on **Thursday, October 19th, 2017 at 7:00pm**. This year's theme is "Let's Go To The Movies"....Your favorite movie character. Parade participants may register at Brays Newsstand, 36 Broadway, Bangor, Heard's Meat Market, 501 S. Main Street, Bangor or the Bangor Public Library. The sign-up deadline is Saturday, October 14th at 3:00pm. Late sign-ups will be held at the Bee Hive Community Center on Thursday, October 19th at 5:00pm. All participants will meet and line up at the Bee Hive Community Center and Merchants Bank, 191 Branch. Group and float participants will be notified a few days before the parade with their line-up information. Candy may be handed out to the children by walking along side your float or group. Please do not throw candy from your float or car! Prizes will be awarded after the parade at the Elks Lodge on Broadway, Hot dogs and drinks will be served. For more information, please contact Keith Heard, Parade Marshall at 610-588-1195 or 610-588-3183..

Slate Belt – Nazareth Good Scout Breakfast

Friday, October 20th the Boys Scouts of America Minsi Trails Council will honor Amelio and Amelia Scott and Family at a breakfast at **7:30am**. The breakfast will be held at The Washington Banquet Facility (920 Washington Blvd., Bangor). For additional information and sponsorship opportunities please contact Brian Dungan at 610-465-8564 or Brian.Dungan@Scouting.org

EAHS Class of 1969 Golf Tournament

The Easton High School Class of 69' will hold a Golf Tournament at Whitetail Golf Course on **October 21st**. For more information please contact Marianne 610-863-7158 or duff@ptd.net

Octoberfest at Bangor Park

Octoberfest at Bangor Park this year will be on **Saturday, October 21st and Sunday, October 22nd**. The park board is currently accepting applications for food and craft vendors only.

Volunteers are needed to help in all aspects of the event from collecting tickets at booths, running booths, and helping to set up and clean up the pumpkin displays.

For more information the preferred method of contact is by email to Debbie at bangorparkboard@gmail.com or you can call or text her at 610-751-7692.



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610-759-4744
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Go 1 block & turn right
HOURS: THURSDAY-SATURDAY 10:00AM-6:00PM,
SUNDAY 12:00-5:00PM

Halloween Cars and Costumes

Sponsored by Lower Mt Bethel Sandt's Eddy Fire Co. **Saturday, October 28th, 11:00am-3:00pm.** 7701 Martin's Creek/Belvidere Highway Participants are asked to bring a bag of candy.

Truck or Treat Festival

Saturday, October 28th; 12:00pm – 4:00pm held at the Nazareth Borough Park. Bring the kids in costume and they can "truck or treat" with the food trucks. Music, Nazareth farm market vendors and kids activities. Free community event.

Bangor High School Class of '67 50th Reunion

The Bangor High School Class of 1967 will hold their 50th Reunion on **Saturday, October 28th, 2017** at the Shawnee Inn Resort. Addresses are needed for the following classmates: Susan Dennis, Joseph Duvo, Linda Engler, William Fisher, Harvey Frable, Susan Horn, Kathryn Jewell, Stephen Lamson, Paul Meyers, Carol Sagan, Allison Smith, Roberta Stull, John Sullivan and Mortimer Wells III. Anyone with information can contact: Ken Brewer at 484-515-3052.

UMBT Halloween Party

Upper Mt Bethel Twsp. Will host a Halloween Party for children of the township, **Sunday, October 29th, 11:00am -1:00pm,** Upper Mt Bethel Firehouse, Rt. 611, Mt Bethel, PA

Easton Football Bingo

Sunday, November 5th; Bingo fundraiser will be held for Easton football. Event will be held in the Easton High School cafeteria (2601 William Penn Hwy, Easton, PA). **Doors open at 10:30 am, Bingo at 12:00pm.** For more information or to purchase tickets contact Tara 908-763-3914 or t.heckel@yahoo.com.

Grand Central Landfill Chili Cookoff Fundraiser

Grand Central Chili Cookoff Fundraiser hosted by Grand Central Landfill and Hauling/Waste Management of the Slate Belt will be held **Saturday, November 11th at 11:00 AM - 2:00 PM.** Come support local non-profits as they vie for two jackpots! \$5 gets you chili samples and the opportunity to be a People's Choice Judge! There will be activities for the whole family!

Relay for Life NYC Bus Trip Fundraiser

NYC Bus Trip **Saturday, November 11th, 2017.** Fundraiser for Footprints in the Sand Relay for Life team. You may just take the bus or bus and show tickets available. Show: Miss Saigon. Depart Five Points Elementary **9:00am,** Depart NYC **7:30pm.** Seats go fast so call ASAP for more info. Lynn Altemose 484-375-5162 or Donna Kelton 610-417-5550



BMCL Fundraiser

On **Tuesday, October 3rd,** The Slate Pub in Pen Argyl will sponsor a Fundraiser for the Blue Mountain Community Library. The Pub will donate a percentage of all food sales that day from noon until closing, both eat-in and take-out, to the library. Anyone patronizing the Pub that day will enjoy good food and will help the library at the same time. The Slate Pub is located at 509 East Main Street, Pen Argyl, PA. Check out their menu at www.slatepub.com. Call 610-863-3029 or visit www.bmcl.org for information. Find us on Facebook at www.facebook.com/bmclpenargyl.

Gearing up for Kindergarten

The Bangor Area School District will be offering "Gearing Up for Kindergarten" beginning in October 2017. The program will be held at the Washington Elementary School on Tuesdays and the Five Points Elementary School on **Wednesdays from October 3, 2017 to October 25, 2017 from 6:00 PM to 7:30 PM.**

The "Gearing Up for Kindergarten" program is intended for families with a child who will be entering kindergarten in August 2018. The classes run for an hour and a half. The program offers parent/child activities, as well as separate child preparation and parent education classes. Parent topics include brain development, parenting styles, discipline, early literacy, developing responsibility and the importance of sleep. Preschool topics include math activities, science exploration, motor development, sensory development and reading/literacy.

The program is free of charge, with child care being offered for siblings. Registration forms are available on the District's website, at the elementary schools or by calling Rae Temples at 610-599-7015, ext. 75103#.

Mission of Love Food Bank Thanksgiving Dinner

The Mission of Love Food Bank will host a Thanksgiving dinner on **Saturday November 18th, from 3:00pm to 7:00pm** at the Mission of Love Food Bank building 555 North Main Street Bangor, PA. If you are interested in donating a turkey or volunteering at the dinner please contact Pastor Frank Pons at 570-807-7794

Scott Ewing 5K

Sunday, November 19th 9:00am-2:00pm; The Scott Ewing 5K will be held at the Pocono Family YMCA (809 Main St., Stroudsburg, PA). The course will be through Stroudsburg and finish at Pocono Family YMCA. Runner and Walkers Welcome! For registration information visit www.poconoyymca.org/index.cfm?e=event&eventid=28864

Mt. Bethel Fire Co. Ladies Aux. 29th Annual Craft Show

Mt Bethel Fire Co. Ladies Aux 29th Annual Craft Show will be held on **November 25th.** Vendors are needed, to reserve your table/space now. Call Kris 610-392-7975 First come, first serve basis.

Slate Belt Photography Club

Meetings are held **every 2nd Thursday of the Month at 7:00pm** at Trinity Evangelical Lutheran Church, 404 Broadway, Bangor, Pa. For more info contact: Ricky Mensch @ Sbpc216@gmail.com

Merchants Bank Walkers Bus Trip Fundraiser

Merchants Bank Walkers are planning a bus trip to New York to see the city ready for Christmas. **December 10th, leaving Merchants Bank 191 branch at 9:00am, leaving the city at 5:30pm.** Payment reserves your seat and can be paid at any Merchants Bank branch. Call Karen at 484-390-0743 or visit Merchants Bank. Proceeds benefit the American Cancer Society.

West End Memorial American Legion Post 927 – Monthly Meetings

American Post 927 (646 Fairgrounds Rd., Gilbert, PA) holds monthly meetings **every first Thursday of the month at 7:30 pm.** For more information visit www.ampost927.org.

Quiet Valley's 43rd Annual Harvest Festival October 7th and 8th, 2017

Quiet Valley Living Historical Farm celebrates their 43rd Annual Harvest Festival on October 7th and 8th, 2017 from 10 am to 5 pm both days. This year's theme is "The Forgotten Arts & Crafts". We will explore crafts that are not always demonstrated at this event such as chair making, hay fork making and tin smithing. Some heritage crafts will be shown that are new offerings to Harvest Festival, like clock making. Many old favorites will also be part of the focus such as tatting, bobbin lace making and basketry. A special area will once again be set aside for children to explore some old style crafts. This theme will let us feature a number of amazing crafts from the early years of our country that artisans are currently preserving for today's audience.



In addition to demonstrations and displays dealing with the theme, there will be plenty of traditional skills and heritage crafts demonstrated such as spinning, weaving, pottery, scrapple making, apple butter making and candle

making. There will also be plenty of folk entertainment, good country food, a quilt raffle, handmade crafts for sale, horse-drawn wagon rides, outdoor brick bake oven and much more.

See the New Jersey Frontier Guard as they portray French and Indian War soldiers. Explore the Civil War Encampment where the 142nd Pennsylvania Volunteer Infantry, Co. G Re-enactors will portray the drill and everyday life of soldiers during this important time for our nation. Visitors will enjoy this special glimpse into local history. Children will enjoy a variety of activities such as pumpkin decorating, old fashion games, the hands-on heritage craft/activity area, the one room school presentation and pony rides.

Harvest Festival offers visitors of all ages two days of old-fashion fun. All funds raised will help support the mission of our non-profit, educational organization. Quiet Valley Living Historical Farm is located 3 miles south of Stroudsburg, Pennsylvania off of Business Route 209. This event is held rain or shine. Demonstrations are under tents. There is an admission fee for adults and children ages 3 - 12. No pets and no smoking, please. The Harvest Festival schedule is subject to change.

For more information: 570-992-6161 or marketing@quietvalley.org or www.quietvalley.org

Rebels Elite Cheerleaders Fundraiser

The Rebels Elite Cheerleaders will be selling food at the Bangor Halloween Parade **Thursday, October 19th**. Food, hot and cold beverages, and baked goods will be available at the gym located at 42 N. 1st Street, Bangor, PA.

Proceeds will help to purchase new equipment at the Rebels gym. Come enjoy the Halloween parade and stop by the Rebels Elite stand for food and drinks!

My Brother's Keepers

The organization know as My Brother's Keepers who make Sleeping Bags for the Homeless are now accepting blankets, sheets, drapes, pillowcases, towels and they always need men's neck ties and yarn. Please drop off at: Hope UCC, 701 Cherry St., Wind Gap, Pa. on **Wednesdays 9:00am-3:00pm**

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National Friends of the Library Week October

"National Friends of the Library Week" will be observed **October 15th thru 21st**. Locally, the Friends of the Bangor Public Library, are a vibrant and industrious group of volunteers. As a means of garnering funds for the library the Friends conduct the following events each year: two "Used Books Sales" one at the Bee Hive the first week in May and one at the Blue Valley Farm Show, two "Brunch with the Authors" featuring local literary artists, The Annual Downtown "Duck Race", "Breakfast with Santa" the first Saturday in December, a Fall "Bake Sale", and a "Wine Tasting" event in November. The Friends also produce a Newsletter four times a year. 100% of the proceeds they raise are given to the Bangor library for operating expenses. This year, the Friends, are also initiating a major project to upgrade the children's reading section.

The Friends meet the 4th Thursday at 7:00 p.m. and invite anyone who is interested in joining to attend. Associate members are also accepted to help with the fund raising projects. For additional information contact Karen Brewer at 484-894-5661.

The Following Organizations are Seeking Volunteers

The Washington Township Vol. Fire Co is seeking Volunteers. If interested come to the firehouse (920 Washington Blvd., Rt. 191, Bangor) any **Monday evening at 6:30pm**.

Wind Gap Ambulance is seeking volunteers. You do not need any experience training will be provided. For more information please contact Bryan Cole, Operations Manager at 610-863-7623 or [email bcole@windgapems.com](mailto:bcole@windgapems.com).

West End Fire Company is seeking volunteers; visit the station any **Tuesday at 7pm**. For more information call 570-992-4121 or visit www.wefco43.org

BANGOR TIRE AND AUTO
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**Trinity Lutheran Church, Bangor
Thanks its Community Supporters!**

Trinity Lutheran Church in Bangor, recently completed its 9-week summer Tasty Tuesdays program. Lunches served this summer were up by 10%, 470 lunches were served. We would like to extend our appreciation to all those in the community who made this program possible. Tasty Tuesdays is a free bag lunch program open to families and individuals in the Slate Belt region who are in need of a meal. The program was completely made possible through the generous financial support of the following organizations and businesses: Bangor Lions Club, Merchants Bank, Thrivent Financial Services, and 2 individuals within the community. We also thank the Bangor General Store who provided the deli meat and donated loaves of bread on a weekly basis. We feel blessed to be able to reach out to our community in this manner and assist those in need.

**Keep these friends in
YOUR THOUGHTS AND PRAYERS
Pray For Our Nation,
Pray for those affected by the hurricanes,
Chip Turtzo, Andy Svrcek, Martha Fonte,
Lucas Fox & Tina Due**

If you would like to add a name of a loved one, friend or neighbor to the prayer list please send their name to:
The Belt and Beyond P. O. Box 33 Bangor PA. 18013
Attn: Prayer list or email us at thebeltandbeyond@gmail.com
Subject: Prayer List

Slate Belt Heritage Center Preservation Award

The Slate Belt Heritage Center, located at 30 Forth 1st Street, Bangor, Pa, is pleased to announce that it is now accepting applications for its' "Annual Heritage Award". The purpose of the award is to acknowledge individuals who have performed exemplary acts that promote and preserve the culture and heritage of the Slate Belt. Candidates may be an individual or group and can be nominated by themselves or by another party.

There will be three (3) categories:

1. Initiative Award: Applicant who has performed exemplary actions in promoting and preserving the Slate Belt heritage through in-kind actions. This means acts that do not necessarily involve monetary donations but can be unpaid service for a preservation cause.
2. Architectural Award: Applicant who is saving or conserving a historic building, place or artifact where restoration is authentic to preservation.
3. Special Focus Award: Applicant who is saving or conserving tradition or a body of knowledge. That individual who contributes to educational information via exhibits, documentation, internet, archival, etc.

Consideration is given to projects with:

- 1.) A specific start and end date.
- 2.) Whether the project meets Professionally accepted preservation and/or scholar standards.
- 3.) Whether the project is considered "complete" with goals and how they were achieved.
- 4.) Whether the project had a significant impact with before and after photographs for proof of information and/or proof that a historic piece would have been otherwise lost if the nominee had not completed the project.

Nominations will be accepted this fall and will be reviewed in January of each year. The awards will be presented at a special program in June. One prize will be awarded with the possibility of one per category depending on committee's review of candidates. Nominations should include a description of entry, photos (if applicable), and any pertinent documentation. The Heritage Center retains the right to exhibit and/or publish the application materials, including photographs. Applications for those not chosen will be held on file, indefinitely, for future consideration.

Interested parties may obtain an application at the Heritage Center (Sundays 1-3), at local municipal offices or by contacting Karen Brewer at 610-588-8615. If calling, please leave an address to where applications can be mailed in addition to name and phone number. For additional information contact Karen Brewer.



**Slate Belt Rising Residential Façade Improvement
Program Introduction**

Slate Belt Rising has created a Residential Façade Improvement Program which is designed to help improve the exterior appearance and condition of residential properties within the targeted boroughs. The program's goals are to maintain historic and architectural integrity, improve neighborhood appearance, and help property owners make exterior repairs to their homes, while increasing property values for all borough residents. Applications are now being accepted. For more information and to obtain guidelines and an application please contact the Slate Belt Rising Director, Stephen Reider, by phone at 484-523-0900 or by email at sreider@cacvl.org

Slate Belt Rising is administered as a Neighborhood Partnership Program of the Commonwealth of Pennsylvania, Department of Community and Economic Development with funding from Merchant's Bank of Bangor, Waste Management, Lafayette Ambassador Bank and ESSA. This program is being funded in whole or in part with funding from the Community Investment Partnership Program through the County of Northampton Department of Community and Economic Development.

Jacobsburg Environmental Education Center Community Programs, September 2017

DiscoverE Adventure Backpacks Available - Monday thru Saturday, 8:00 AM to 2:30 PM

Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth. Borrow a backpack full of kid-friendly tools to explore Jacobsburg! These backpacks are best for families with young children. Each backpack includes binoculars, notepad, colored pencils, magnifying lens, bug box, dip net, and five field guides for exploring the pond, insects, birds, trees, butterflies and moths. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

Fishing Rods and Tackle Available - Monday thru Saturday, 8:00 AM to 2:30 PM

Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth. Borrow fishing poles and tackle to use in Jacobsburg's creeks! To borrow equipment you must provide a driver's license or other form of state issued identification. Persons age 16 and older must possess a current fishing license to fish. Adults can help children under 16 fish without a license. Bait is not provided. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

FDiscoverE: Tales for Tots - September 26 10:00-11:00 AM or 1:00-2:00 PM

Our popular Tales for Tots program returns with all new explorations! Join us for story time followed by nature activities for preschoolers ages 3-5. Each week we will explore a different topic by reading a book followed by a craft and short scavenger hunt. Adults must accompany their child. Children that attend six sessions will earn a DiscoverE Hide n' Seekers certificate. Please note that the morning and afternoon sessions will be identical. Registration is required.

Take a Kid Mountain Biking Day - Saturday, September 23, 9:00 AM-1:00 PM

This is a special day that includes bike skills development, trail etiquette programs with horses, and guided group rides/races based on age group. Partnership with Valley Mountain Bikers, Local Bike Shops and Equestrians. For ages 3-16. Please pre-register online with number of participants including the age of each and skill level riding bike/prior experience. All participants must have a properly fitting helmet and a bike in good working order.

You can also view and register for community programs online at <http://events.dcnr.pa.gov/>. If you need an accommodation to participate in a program please contact the park office at 610-746-2801 or jacobsburgsp@pa.gov. With at least three days notice, interpreters for people who are deaf or hard of hearing are available for educational programs.



BAARDA FARM

Open Gate Farm Tour Saturday, September 30th and Sunday, October 1st, 2017 1pm - 5pm both days.

This walking farm tour will be laid out to show you how a family works together to get the job done. Apple cider is pressed on the farm, high tunnels are used to raise produce, plants and mushrooms and free-range chickens lay farm fresh eggs.

Directions: Take Route 611 to Martins Creek Belvidere Highway. Make a left on to Riverton Road (right before you would cross the Delaware River). Make a right on to River Road. Destination will be on the left.

Fresh Apple Cider! Apples and Fall Harvesting has begun!
Baarda Farm, 1566 River Road Mt. Bethel, PA 18343 - 570-897-0135



PennState Extension



Lenigh valley open Gate Farm Tours

Open Gate Farm Tours have been a local tradition for more than four decades. Each year farms throughout each county "open their gates" to the public to help educate the community on exactly what they do! Come discover the wide array of farms that are growing fruits and vegetables, making cheese and yogurt, training horses, raising alpacas and so much more!

(Information and farms subject to change. Please check our website for the most up-to-date information.)

NORTHAMPTON COUNTY

Saturday, September 30 – 1:00 to 5:00 p.m.

Sunday, October 1 – 1:00 to 5:00 p.m.

- Baarda Farms • Elvern Farms • Purple Haze Alpacas
- Grand Central Landfill and Wildlife Refuge Sat. only
- Juniperdale Farms • Equi-Librium • Unangst Tree Farms
- Seiple Farms • 4-H Center of Northampton County Sun. only
- Tolino Vineyard Sun. only • Amore Farms Greenhouse and Winery
- Burnside Plantation Sun. only • Easton Urban Farm
- Clear Spring Farm • Z Arch Barn Farms
- Klein's Dairy and Creamery • Raub's Farm Market

For a complete description of each stop and directions visit Northampton County Extension's website at extension.psu.edu/northampton

LEHIGH COUNTY

Sunday, October 15 – 1:00 to 5:00 p.m.

- Heidel Hollow Farms • Venture Farms • Eight Oaks Craft Distillery
- Subarashi Kudamono • Willow Haven Farm • Lyon Creek Farm
- Weathered Vineyards • The Gress Mountain Ranch
- Manito Equestrian Center • Historic Haines Mill Museum
- Flint Hill Farm • Hausman's Fruit Farm • Marwell Dairy farm
- Pappy's Orchard • Grim's Greenhouse and Farm Market

For a complete description of each stop and directions visit Lehigh County Extension's website at extension.psu.edu/lehigh.



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Comeback of the North American Cougar Talk at Moravian College

Dr. Michelle LaRue, executive director of the Cougar Network and a research ecologist at the University of Minnesota, will present an hour-long illustrated program

about the eastward range expansion of the North American cougar at Moravian College's Prosser Auditorium at **7:00pm on Tuesday, October 17th**. This program is free of charge and open to the public.

Cougars once roamed most all of North America, but were extirpated from the eastern and Midwestern regions by the early 1900s. The last cougar in Pennsylvania is believed to have been shot and killed in 1874 by Thomas Anson on Blue Mountain in nearby Berks County. However, in 2011, a wild cougar was killed by a car in Milford, Connecticut—just over 100 air miles from the Lehigh Valley, although nearly 2,000 miles from its native birthplace in the Dakotas.

Cougar presence outside its current range in the western United States has increased in the past 25 years, suggesting an eastward range expansion. In her presentation, Dr. LaRue will overview the state of cougar science; discussing potential habitat, dispersal routes, population viability and implications for ecosystems devoid of this apex predator.

Dr. LaRue began studying the phenomenon of increased cougar presence in the Midwest during her master's thesis at Southern Illinois University, where she graduated in 2007. Since then, she has earned a PhD in Conservation Biology from the University of Minnesota and was appointed executive director of the Cougar Network in 2014. At the Cougar Network, Dr. LaRue conducts research and does science communication about cougar potential and their eastward range expansion. To learn more about the Cougar Network, visit www.cougarnet.org. To learn more about Dr. LaRue, visit www.drnichellelarue.com.

Prosser Auditorium is located at Moravian College's Hauptert Union Building, 1119 Monocacy Street, Bethlehem. Free parking is available in any of the college's faculty, staff or commuter lots on W. Elizabeth Avenue, Monocacy Street, W. Locust Street and Masslich Street.

The Watershed Coalition of the Lehigh Valley and Moravian College Environmental Studies and Sciences Program are sponsoring Dr. LaRue's cougar talk.

Senator Scavello to Host Get Outdoors PA Festival

Stroudsburg, PA – State Senator Mario Scavello will host his second annual Get Outdoors PA Festival on **Saturday, September 30th from 1:00pm–4:00pm**, at Brodhead Creek Park (North Fifth Street, Stroudsburg) in partnership with Stroud Region Open Space and Recreation Commission. This family-friendly event will be held rain or shine for all ages.

The Get Outdoors PA Festival is a free event and will highlight the many outdoor experiences available throughout the region. Exhibitors will provide hands-on activities and experiences including the opportunity to meet Smokey the Bear and Woodsy the Owl. Children and parents can also practice their archery and fishing skills, take a guided nature walk, participate in a live animal presentation, learn about stream wildlife and much more.

"As state senator and member of the Senate Game and Fisheries Committee, I am very excited to host this event in partnership with the Stroud Region Open Space and Recreation Commission," Senator Scavello said. "This festival will highlight numerous local and regional organizations focused on protecting our precious natural resources and providing exciting outdoor experiences through many fun activities. I encourage all families to come out and enjoy our beautiful park and take part in the day's festivities."

The schedule of events will include a Live Animal Presentation at 1:30 p.m., a nature walk at 2 p.m. and a Stream Study led by Monroe County Conservation District at 3:00 p.m. Representatives from the Department of Conservation & Natural Resources, PA Game Commission and Fish & Boat Commission will be present to answer any questions that attendees may have.

Light refreshments will be provided.

For more information about the Get Outdoors PA Festival please visit www.marioscavello.com or call 610-863-1200.

NCC to Hold People's Law School

Learn about the court system and different types of law at a People's Law School, presented by the Northampton County Bar Association to the Public Committee in conjunction with Northampton Community College (NCC), on **Thursday evenings from 6:00 8:00pm, September 14th–November 2nd**, in Room 101, Kopecek Hall, Bethlehem Campus of Northampton Community College, 3835 Green Pond Road, Bethlehem Township.

Topics will include:

Sept. 21: Family Law

Sept. 28: Wills & Estates

Oct. 5: Intro to Federal Law and Military Law

Oct. 12: Real Estate

Oct. 19: Criminal Law

Oct. 26: First Amendment

Nov. 2: Civil Law


All classes are taught by attorneys and professionals in law-related fields.

Course code: LAW100.(6)

For fees and to register go to www.northampton.edu/lifelearn. For online registration assistance, call 1-877-543-0998 while at your computer. For questions, email calinfo@northampton.edu or call 610-861-4175.

 Like us on Facebook

Wedding Announcement
GREEN-CUTLER



Rachel D. Green and Jesse C. Cutler were married on September 8th at The Abbey Holmes Estate in Cape May, New Jersey, a reception immediately followed the ceremony.

Parents of the bride are Rich and Kim Green, of Bangor, PA., and Robyn Dufault of Oxford, Maine. Grooms parents are Jon and Sherri Cutler of Rydal, PA.

The couple honeymooned in St. Lucia. They reside in Drexel Hill, PA.

HAPPY 1st BIRTHDAY!



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DENTAL HACKS

By Jackie Talero-Rueda,
The Crunchy Mom

Oral hygiene is important. Besides brushing your teeth and going to see your dentist for cleanings every six months there are other ways to keep your dental

health in good condition.

Cod Liver oil (CLO)- CLO is a super food high in omegas and good for our brains. Did you know it's excellent for teeth health? It contains high amounts of naturally occurring vitamin A and D. Vitamin A helps keep mucous membranes healthy. It prevents dry mouth and helps your mouth heal quickly. Research shows that vitamin D may help reduce the risk of tooth decay in infants and younger children. Studies have shown that children with tooth decay have lower levels of vitamin D. Vitamin D also helps with the absorption of Calcium, another important mineral for tooth health.

Coconut oil- This is the preferred oil used for oil pulling. This procedure works by detoxifying and cleaning the oral cavity and removes the toxins out of your mouth. It helps bad breath because of its ability to help wipe out harmful bacteria in the mouth. Wiping out these harmful bacteria also helps prevent cavities and some say can even help reverse tooth decay. Coconut oil is great for making your own natural toothpaste. Oil has the ability to cut right through plaque and get to the surface of your teeth. Coconut oil is most effective at attacking Streptococcus bacteria, which causes cavities.

Activated Charcoal- I love this stuff. It's great for hangovers, indigestion, food poisoning, spider bites, facials, and teeth whitening! I didn't believe it until I tried it. Dip your wet toothbrush in some activated charcoal and brush for about 5 minutes. Rinse and see how much whiter your teeth look. It's also much cheaper than getting a professional whitening or even the whitening strips that are sold over the counter. And nontoxic! But use on real teeth. Veneers, crowns, or any false teeth might stain with activated charcoal. Activated charcoal can stain any porous surface including granite and marble.

Bentonite clay- This clay contains trace minerals that support oral health. Bentonite clay is antibacterial and binds to unhealthy substances around the teeth and on the tongue and gums, and helps to remove them before you swallow them.

Xylitol- Xylitol is used as an artificial sweetener. What many don't know is that Xylitol also prevents bacteria from sticking to teeth. This protects the teeth from tooth decay. Xylitol can help protect teeth from demineralization in patients who are low risk or prefer not to use fluoride. PLEASE keep xylitol away from dogs. It is VERY toxic to them and can be life threatening.

Natural Toothpaste Recipe

- 4 Tablespoons coconut oil, whipped or melted
- 2 Tablespoons bentonite clay
- 2 Tablespoons Baking Soda
- 1 tsp Xylitol
- 10-15 Drops of Peppermint or clove essential oil

Mix ingredients and place in a glass jar. You can add coconut oil to change consistency. Remember, Keep away from your pets!



Enjoy!
Jackie

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Autumn Prelude by Robert L. Martin

Red, orange, yellow, golden trumpets,
Dotting hillsides under pictorial sunsets,
Sounds of summer fading with the times,
Keep pace with the ever changing climes.

Mother Nature is forever a restless child,
A free spirit wandering out into the wild,
But always returning to that familiar view
Where she started her annual rendezvous.

Summer sounds hushed by the northern winds
As the rhythms of the weary crickets give in,
And golden trumpets play autumn's prelude
With convincing melodies and forthright certitude.
Yes indeed, autumn has arrived.

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Weis Markets Partners with Salvation Army to Fight Hunger

Each year Weis Markets #164 in Pen Argyl, partners with the Salvation Army in Pen Argyl to FIGHT HUNGER in our community. This partnership helps to feed families in our local community.

You can help those in our community too, it's easy to do. **September 7th through October 4th**, Weis Markets is helping support their local food banks including Pen Argyl Salvation Army. During this time, customers can make monetary and food donations by rounding up their orders or purchase \$1, \$4 or \$10 vouchers. In addition to rounding up their orders and purchasing vouchers, customers can pay \$4 to donate Weis Quality milk to local food banks. So stop by your Pen Argyl Weis Markets and purchase some nonperishable items today and tell your cashier that you would like to donate these items!



Left to Right): Jeff Norton, Store Manager; Kip, Customer Service Associate; Margaret, Deli Manager; Melyssa, Assistant Front End Manager; Hannah, Assistant Bakery Manage

items! They will box it up for the Salvation Army. You may also donate online at WeisMarkets.com/FightHunger

When you shop at Weis purchase a few nonperishable items such as pasta, pasta sauce, canned goods, baby food, tooth paste, pet foods, etc. and tell the cashier that you would like to donate these items to the Salvation Army.

So stop on by your Pen Argyl Weis Markets and purchase some nonperishable items today and tell your cashier that "I will like to donate these items!" and we will box it up for the Salvation Army. You may also donate online at WeisMarkets.com/FightHunger."



Tell us your good news!

Do you know a Good Samaritan, a Hometown Hero, a person who goes above and beyond for others and their community. Has something good happened, a pay it forward that you would like to share to inspire others?

E-mail or mail us your good news and it may be published in our next issue thebeltandbeyond@gmail.com or mail us your good news PO Box 33 Bangor, PA 18013

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CLASSES BEGIN OCTOBER

| | | |
|---|--|--|
| BANGOR Begins October 16 Monday & Wednesday 6:00-8:30PM DeFranco Elementary School Library Rt. 512 & 5 Points Richmond Road | PEN ARGYL Begins October 16 Monday & Thursday 6:00-8:30 PM Pen Argyl Sr. High School Library 501 W. Laurel Avenue | NAZARETH Begins October 17 Tuesday & Thursday 6:00-8:30PM Nazareth Sr. High School Library 501 E. Center Street |
|---|--|--|

THE FIRST WEEK OF CLASS IS ORIENTATION - STUDENTS MUST ATTEND BOTH DAYS. If a student cannot attend both days in September, they must wait until the next class session to begin in January 2018. Adults who attend class, complete requirements and pass the GED will receive an equivalency High School Diploma.

COMPUTER TRAINING IS INCLUDED IN ALL CLASSES.

Provided by the Bangor, Pen Argyl, and Nazareth School Districts & NCC Center for College and Career Readiness

Northampton Community College FOR ADDITIONAL INFORMATION, PLEASE CALL 610-861-5427
 For GED test info - www.ged.com

Local Girl Leads Collection Drive

What started off as a young girl and her mother dropping off donations to help the victims of Hurricane Harvey, has turned into a young lady doing her part by leading a collection drive to collect school supplies for schools in need in Florida. Ten year old, Kennady Roberts, of Bangor, wanted to stay and help sort and pack items at Reagle Dodge, when she and her mother, Laurah Roberts dropped off their donations. Like everyone else's busy lives, they had other commitments that night and much to Kennady's dismay they could not stay. Danielle Klaver, part of the "Operation Slate Belt ♥ Texas" crew remembered how much the young girl wanted to help and thought of Kennady when she reached out to her about collecting school supplies to replenish damaged items after hurricane Irma hit Florida. It was an immediate "Yes" from Kennady, who was hoping to collect items from classmates for a truck scheduled to leave on Friday, September 22nd, for Florida. With social media the word spreading rapidly. People heard of this young ladies willingness to help and wanted to do their part in showing support for Kennady's effort as well as helping those schools in need in Florida. She couldn't have done this without the help of Joseph and Nick Russo and their brilliant idea of starting the non-profit, American Way Disaster Relief and Danielle Klaver, who remembered Kennady and her willingness to help others. Donations of school supplies can be dropped off at Five-Points Elementary and DeFranco Elementary Schools, Bangor, PA, Reagle Dodge Rt 512, in Pen Argy, PA., Klaver's Auto, Bangor, PA., and Sculpt Hair Studio, 1700 Sullivan Trail, Easton, PA. Good job Kennady!



Ginder Greenhouse Craft Fair

photos by Candy Martin

A Craft and Vendor show was held at Ginder Greenhouse and Garden Center on Saturday, September 16th. Ginder Greenhouse & Garden Center is located at 558 Lake Minns Drive, Bangor, PA.



L-R Brandi Keppel, Joann Ginder, and Brandon DeFranco.



Marcia Cox of CraftedCrete.



Kevin and Tricia Richards, Infinity Baskets and Gifts



John Miller, Rustic Country Wood Art



Sue and Todd Paraschos.

Washington Elementary School Holds Third Reunion

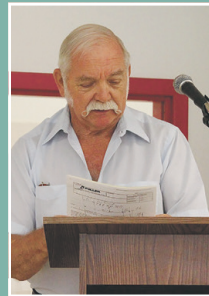
Photos by Jennifer Trinkley, sbtt

On Saturday, September, 16th the third reunion of The Washington Elementary School (381 Washington, Blvd., Bangor, Pa.) was held.

Brayden Hendershot a 1999 Bangor graduate and Director of Human Resources for Bangor School District, spoke to the attendees about all the changes that have occurred since they were students. He explained how each classroom now has a big screen TV in each class that interacts with the ipads of children and teachers.

In attendance were:

Harry Adams, Class of 1939, Catherine Miller (pictured with Adams) Class of 1939, Wayne Pysher Class of 1954, Roy Godshalk, Class of 1954, Edna (last name unknown) of the Class of 1957, Edwin Simons also of the Class of 1957, Kay Hill Class of 1959, and Jimmy Adams of the Class of 1959.



Ed Simons



Braydon Hendershot



Catherine Miller and Harry Adams.

The Greater Mid-Atlantic Inaugural Truck Rodeo and Family Fun Day

Photos courtesy of Adrienne Fors

On Saturday, September 16th, The Greater Mid-Atlantic Inaugural Truck Rodeo and Family Fun Day was held at Waste Management of Pen Argyl, 910 W. Pennsylvania Avenue. Pen Argyl, PA.

The days festivities included a truck rodeo, games, food and a fun filled day for employees and their families!



Sr. Route Manager Tony Wright and drivers from the Greater Mid-Atlantic Market Area



GCS Hauling's Bill DeRoso inspects the pre-trip truck prior to competing



LEFT: Mid-Atlantic Area Vice President Rafa Carrasco with Communications Director John Hambrose

Trail to Town Jamboree

Photos by Lisa Newberry

On Sunday, September 17th, the Trail to Town Jamboree was held at Wind Gap Park. Hosted by Slate Belt Rising, Boy Scout Troop 33 and Wind Gap Borough Celebrating Wind Gap's Designation as an Appalachian Trail Community.



Blacksmithing Demonstration



Yoga Demonstration

Lights of Hope

article and photos by Nick Pulsinelli
 On Saturday, September 9th, Lights of Hope, (a nationwide event sponsored by The Addicts Mom) was held at the William Pensyl Social Hall in Portland, PA. The event is held in September, in recognition of National Recovery Month. It's an opportunity for families and friends to come together to support loved ones in their respective stages of recovery. The community-based event was open to the public to help bring to light the struggles of addiction to those struggling and family members of those addicted seeking support as well as the resources available.



Portland Mayor Lance Prator, along with District Judge Alicia Zito, Northampton County Judge Craig Dally, E. Bangor Police Chief Robert Mulligan and Portland Police Officer Domenico, were all in attendance

at the event to help bring awareness and provide information about the current programs available. Members from B.E.S.T., A Clean Slate, and Change on 3rd Street and Center For Humanistic Changes – Teen Hidden In Plain Sight Bedroom were a few of the organizations who were on hand at the event providing information. There were many speakers, and testimonies from those who have experienced the intense grip and hopelessness associated with addiction, the message remained clear; you are not alone. Chief Mulligan, Pastor Phil, and David all spoke in a manner that allowed attendees to gain a more in depth understanding of how their



lives were before seeking help in battling their addictions. From heartbreaking tales of losing everything, to the inspiration of what a simple act of kindness can do to help change everything

in the life of someone with an addiction.

New Programs are currently starting to help those in need, some even without legal ramifications and others designed to help regain control of their lives. The Angel Program, also known as the Police-Assisted Addiction and Recovery Initiative, allows those who want to seek help but are afraid; to go to designated police stations without fear of being arrested. This also gives them the opportunity to turn in all narcotics or paraphernalia without repercussions. For those who have found themselves in legal trouble, Judge Dally and the drug related courts offer an 18-24 month program that allows them to seek the help they need through 12 step programs and work programs rather than jail time. The ultimate goal is to not only help those in the program beat their addiction, but also allow them to return to the work force and society as a whole with the knowledge and power to stay clean as well as provide from themselves and their families.



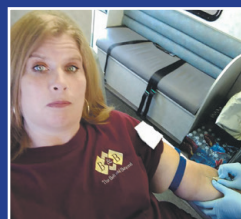
There were many activities, including a craft table where children could paint a recovery rock, and games. Children also had the opportunity to sign a "Drug-Free" pledge.

For more information on Lights of Hope or the Addict's Mom contact Penny Conway at pennyc@fivestarassoc.com.

Blue Valley Farmers Market Blood Drive

Photos by Lisa Newberry

The Blue Valley Farmers Market held a blood drive on Sunday, September 10th at the farmers market located at the Blue Valley Farm Show grounds, 707 American Bangor Road, Bangor, PA.



Safety Day at East Bangor Park

Photos by Lisa Newberry

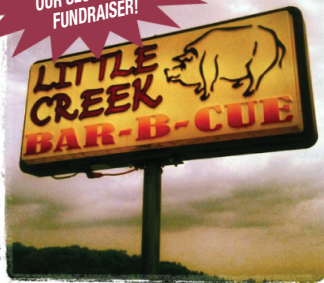
Safety Day at East Bangor Park was held on Saturday, September 9th.

Fire and Police vehicles were on hand. There was also a Kids' ID program, a K-9 and a police taser Demonstration. Cake walks, snacks, and refreshments were enjoyed by all who attended.



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HOURS: SUN.-THURS. 11 AM-10 PM, FRI. & SAT. 11 AM-11 PM

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OCTOBER 3TH
Penne w/Red Sauce and Meatball; Penne Ala Vodka
Penne Tossed w/Onions, Peas, Pancetta, in a Light Vodka Cream Sauce.

OCTOBER 10TH
Linguine w/Red Sauce and Meatball; Linguine w/Clam Sauce.

OCTOBER 17TH
Cavatelli w/Red Sauce and Meatball; Cavatelli Calabrese, Cavatelli Tossed
w/ Chicken Breast, Broccoli Florets, Sun Dried Tomatoes, in EVOO and Garlic

OCTOBER 24TH
Tortellini w/Red Sauce and Meatball, Tortellini w/Chicken Breast,
Sun Dried Tomatoes, in a Light Pesto Cream Sauce.

OCTOBER 31ST
Homemade Lasagna

Wednesday - Wing Night wing Thursday-Mexican
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Friday & Saturday: 11AM - 10:30PM • Sunday: 12PM - 8PM

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