



**FREE**

**THE** *Belt* **and**  
**BEYOND**

**Volume 4 • Issue 24**  
**February 22, 2018**

**A PUBLICATION FEATURING: local events, news, happenings and more**

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**WELCOMING OUR NEW ADVERTISERS  
TALERO PIT STOP GREEN VIDA CO. - PAGE 3**



Next issue will be printed March 8th  
Deadline for all ad copy and news  
Friday, March 2nd

Email your news and events to [thebeltandbeyond@gmail.com](mailto:thebeltandbeyond@gmail.com)

**FEBRUARY IS NATIONAL CHILDREN'S DENTAL HEALTH MONTH  
& NATIONAL HEART HEALTH MONTH**

### **FEBRUARY NATIONAL DAYS**

**FEBRUARY 22-NATIONAL CHILI DAY**

**FEBRUARY 23-NATIONAL DOG BISCUIT DAY**

**FEBRUARY 24-NATIONAL TORTILLA CHIP DAY**

**FEBRUARY 26-NATIONAL PISTACHIO DAY**

**FEBRUARY 27-NATIONAL RETRO DAY**

**FEBRUARY 28-NATIONAL PUBLIC SLEEPING DAY**

### **MARCH NATIONAL DAYS**

**MARCH 1-NATIONAL PEANUT BUTTER LOVER'S DAY**

**MARCH 2-NATIONAL WORLD DAY OF PRAYER**

**NATIONAL READ ACROSS AMERICA DAY (DR. SEUSS DAY)**

**MARCH 3-NATIONAL ANTHEM DAY**

**MARCH 4-NATIONAL GRAMMAR DAY**

**MARCH 6-NATIONAL OREO COOKIE DAY**

**MARCH 7-NATIONAL CEREAL DAY**

# WEEKEND HAPPENINGS

## Stand Up Comedy Night at First United Methodist Church

A Stand Up Comedy Night featuring renowned Christian comedian Al Smith will be held at the First United Methodist Church, 55 N. 3rd Street, Bangor, PA. **Saturday, February 24th, doors open at 5:30pm, show begins at 6:00pm.** Tickets are available by going to [www.firstumcbangor.com](http://www.firstumcbangor.com) Childcare will be available and free for children 8 and under. Light refreshments will be served.

## Families First Snow Ball Dinner & Dance

**Saturday, February 24th, 6:00pm-11:00pm.** DJ Joe Franco \* Door Prizes and Basket Raffles, Food, \*BYOB. Weona Park Recreation Center, Pen Argyl. For tickets contact Frank 610-863-9095 X 1387, Email [jones.frank@penargylsd.org](mailto:jones.frank@penargylsd.org)

## Bangor Slater Band Boosters' Cash Bingo

The Bangor Slater Band Boosters' Cash Bingo will be held on **Sunday, February 25, Doors open 2:00 pm Bingo starts 3:00 pm** at the Elks Lodge-120 Broadway, Bangor, PA. For ticket information call Dawn 610-462-6432 or Linda 484-241-0146.

## Rebels Elite Designer Bingo & Tricky Tray

**Sunday March 4, 10:00am-3:00pm. Doors Open: 10:00am Bingo Starts:12:00pm,** will be held at William Pensyl Social Hall, 111 State Street, Portland, PA. Ticket includes 20 regular games and door prizes. Additional game boards available, Tricky Tray & more!  
\*\*Attendees must be 16 or older to play. If someone is under 18, they must be with a parent or an adult. For ticket information - email: [rebelselitecheer@gmail.com](mailto:rebelselitecheer@gmail.com) or call (610)780-7135

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10:00 AM-6:00 PM, SUNDAY 12:00-5:00 PM

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Hours: Monday-Friday 6am-4pm  
Saturday 7am-1pm  
Opening soon--Sundays

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Join us for  
**Baskets and Bingo**




**Basket Raffle (Tricky Tray)**  
**Fri. March 9th 5pm-8pm**  
**Sat. March 10th, 9am-2pm**  
**Over 200 Prizes and Baskets**

**\*Prepay Special**  
**buy 4 sheets/\$20 get 1 free**  
**offer expires 3/5/18**

**CASH B-I-N-G-O**  
**Saturday, March 10th**  
**Doors open 5pm,**  
**Bingo begins at 6:30pm**  
**\$25 for Boards (Advance Tickets Only)**

To purchase tickets call 610-759-1652 or  
Email: [Salemoffice1@verizon.net](mailto:Salemoffice1@verizon.net)  
[www.salemuccbathpa.org](http://www.salemuccbathpa.org)

\*Kitchen open both days!  
50/50  
Cash Drawings

**Salem United Church of Christ**  
2218 Community Drive (RT. 946), Bath, PA  
Benefits Leukemia and Lymphoma Society, Bath Food Bank  
and Salem UCC Improvement Fund

**Send us your news, events, and happenings,  
[thebeltandbeyond@gmail.com](mailto:thebeltandbeyond@gmail.com)**

<p><b>FREE</b></p> <p></p> <p><b>FREE</b></p> <p><b>PREPARATION</b></p> <p>Improve your Reading, Math and Writing</p> <p><b>CLASSES BEGIN IN FEBRUARY/MARCH 2018</b></p>	<p><b>BANGOR</b> Begins <b>February 26 &amp; 28</b> Monday &amp; Wednesday <b>6:00-8:30PM</b> DeFranco Elementary School Library Rt. 512 &amp; 5 Points Richmond Road</p>	<p><b>PEN ARGYL</b> Begins <b>February 26 &amp; March 1</b> Monday &amp; Thursday <b>6:00-8:30 PM</b> Pen Argyl Sr. High School Library 501 W. Laurel Avenue</p>	<p><b>NAZARETH</b> Begins <b>March 6 &amp; 8</b> Tuesday &amp; Thursday <b>6:00-8:30PM</b> Nazareth Sr. High School Library 501 E. Center Street</p>
<p>THE FIRST WEEK OF CLASS IS ORIENTATION - STUDENTS MUST ATTEND BOTH DAYS. If a student cannot attend both days in February/Early March they must wait until the next class session to begin in mid March. Adults who attend class, complete requirements and pass the GED will receive an equivalency High School Diploma.</p> <p><b>COMPUTER TRAINING IS INCLUDED IN ALL CLASSES.</b></p>			
<p style="text-align: center;">Provided by the Bangor, Pen Argyl, and Nazareth School Districts &amp; NCC Center for College &amp; Career Readiness</p> <p style="text-align: center;"><b>FOR ADDITIONAL INFORMATION, PLEASE CALL 610-861-5427</b> For GED test info - <a href="http://www.ged.com">www.ged.com</a></p>			

**UMBT Softball Registration**

Residents of Upper Mt Bethel, Lower Mt Bethel, Washington Twsp, Bangor Borough, E. Bangor, Roseto, and Portland Girls in Kindergarten to age 21 (before July 1, 2018) Online Registration is open for the 2018 UMBT Softball Season **through March 1, 2018.** Go to <https://umbt.leagueapps.com/leagues/softball> to register your player(s). There is no additional cost for using the Online System. Questions please contact Mike Jankowski 610-984-5711 or email [umbtsoftballinfo@gmail.com](mailto:umbtsoftballinfo@gmail.com)

**Blue Mt Community Library News**

Do you like to play Games? On **Thursday, March 1st, 1:00pm-3:00pm**, The Blue Mt. Community library will host a BOARD GAME BONANZA! Board games will be supplied or you may bring your own. Space is limited therefore, reservations are required. Call the library manager at 610-863- 3029 for more information or visit [www.bmcl.org](http://www.bmcl.org). Find us on Facebook at [www.facebook.com/bmclpenargyl](http://www.facebook.com/bmclpenargyl). The Library is located at 216 S. Robinson Ave., Pen Argyl. Hours are Mon.-Sat., 10:00am-Noon and Mon.-Thurs., 6:00pm-8:00pm.

**Chicken & Waffle Dinner**

**Saturday, March 3rd 4:00pm-7:00pm.** Hope United Church of Christ 2nd Street, Wind Gap

**Slate Belt Photography Club**

Meetings are held **every 2nd Thursday of the Month at 7:00pm** at Trinity Evangelical Lutheran Church, 404 Broadway, Bangor, Pa. For more info contact: Ricky Mensch @ [Sbpc216@gmail.com](mailto:Sbpc216@gmail.com)

**f Like us on Facebook**

**Refuse To Be A Victim® Crime Prevention Seminar**

The National Rifle Association's award-winning crime prevention and personal safety seminar, Refuse To Be A Victim®, will be held **Tuesday February 27th, 4:30-8:30pm** at Comunales Italian Market & Gun Shop located at 1 Mount Bethel Plaza, Mt Bethel, PA, below Route 611 on Rt 512. The program will run from 4:30 pm to 8:30 pm, and is open to everyone, pre-registration at the NRA Refuse To Be a Victim web page <https://rtbav.nra.org/refuse-to-be-a-victim.aspx> is required. To register, contact NRA Refuse To Be A Victim Instructor Charles hentz at 610-588-9044.or visit <https://rtbav.nra.org/refuse-to-be-a-victim.aspx> for more information.

**Forks Township Historical Society**

The Forks Township Historical Society meetings are held the **4th Monday of each month, 7:00 pm** at Faith Lutheran Church at Show & Tell and Speaker at each meeting. Come and join this group.

**Moorestown Garden Club**

The Moorestown Garden Club will hold its monthly meeting at **7:00 pm on Tuesday, March 6th** at the Salem UCC Fellowship Hall, 2218 Community Drive, Bath, PA. Lori Metz of Carriage House Landscape Design will present "Planning and Designing Your Garden". Visitors and new members always welcome! Come grow with us!

**Marine Corps League Northampton County Detachment 298**

Marine Corps League Northampton County Detachment 298 **Meeting 7 March/1900** 1621 Lehigh St. / Easton. All active duty and honorably discharged Marines welcome! [jimmineousmc@rcn.com](mailto:jimmineousmc@rcn.com) [www.norcomcl.org](http://www.norcomcl.org). Facebook: Marine Corps League Northampton County Detachment 298

**American Legion Riders Post 927 Meeting**

The American Legion Riders have their monthly meeting on **Sunday, March 11th at 10:30am** at the American Legion Post 927, Route 209 and Fairgrounds Road, Gilbert. The American Legion Riders are well known for their charitable work, which has raised hundreds of thousands of dollars for local children's hospitals, schools, veterans homes, severely wounded service members and scholarships, and enjoy riding. For more information, contact President Everett Shaver, 570-977-8208 or [everett.shaver@yahoo.com](mailto:everett.shaver@yahoo.com). Visit [www.ampost927.org](http://www.ampost927.org) and Join us on Facebook

**Slate Belt Heritage Center Calendar of Events for 2018**

- Sunday, March 11th, 2:00pm** - "The Life of Blaine Reimel" – James Paynter relates the life of the Slate Belt's first fatality in World War II.
  - Thursday, April 12th, 7:00pm** - TBA
  - Thursday, May 10th, 7:00pm** - "Memories of the Slate Belt" presented by former Bangor resident and graduate of the class of 1964, David Blau.
  - Thursday, June 21st, 7:00pm** - **"Annual Preservation Awards"**.
  - Thursday, July 12th, 7:00pm** - "Restoration of the Slate Hoists" – Mike Piersa will conduct an outdoor presentation of the manufacturing and operation of the restored Flory slate hoists which now reside in Bethel Park.
  - Thursday, August, 9th, 7:00pm** - "One Room Schoolhouses" - Walter Emery will be showing pictures of all the area old school houses.
  - Thursday, September 13th, 7:00pm** - "Anthracite Coal Trains in the Slate Belt" - Craig Ealey, train historian, will do a program in honor of the Anthracite Coal 250th Anniversary.
  - Thursday, October 11, 7:00pm** - "Haunted Heritage Program".
  - Thursday, November 8, 7:00pm** - "World War I Veterans" - presented by William Casamassima.
  - Sunday, December 9, 2:00pm** - "The Great Slate Belt Trivia Contest" - MC Marc Blau hosts the trivia game for teams of four. Make your own team or just show up and join in the fun. Prizes for the winners.
- Slate Belt Heritage Center is located at 30 N. 1st Street, Bangor, PA.



### The Salvation Army's Pathway of Hope Initiative

The Salvation Army's Pathway of Hope Initiative will welcome Recovery Revolution who will present What's in Your Medicine Cabinet? The Initial Connection to the Opioid Epidemic on **Tuesday, March 6th, 6:00 pm**. Curious about what Recovery Revolution is and what services they provide? Do you have

questions regarding the increase in opioid use in our area?

Please call Krista Nagy at 610-863-9003 to reserve seating. Space is limited. All are welcome. The Pen Argyl Salvation Army 301 West Main St. Pen Argyl PA.

The next presentation will be on April 2nd. The Slate Belt YMCA will present "Every Kid Healthy".

### NCC Offers Free Luthier Information Session

Learn more about the art of guitar building and luthier certification during a free information session at Northampton Community College's Fab Lab. Choose from four session dates offered on **March 7th, April 4th, May 2nd all at 6:00 p.m.** on the Fowler Southside Center in Bethlehem, PA. Come hear about the benefits of a certification that includes old world craftsmanship and modern manufacturing. The stringed instrument industry is expanding, and there is a need for technically skilled and motivated individuals to grow with this industry. During the two hour free session, Jeffrey Boerner, Fab Lab Director and Luthier, will discuss the certification program in detail, show you the guitars you will build, give you a tour of the Fab Lab and review the cost associated with the certification.

The Fab Lab is located on the 3rd floor of the Fowler Family Southside Center. The Lab offers resources ranging from metalworking, woodshop, 3D printing, laser cutting, audio engineering, guitar-making, robotics and more. NCC's Fab Lab instructors are technical experts, business savvy individuals and adjunct faculty who lead courses and events to expand the creative process in projects and ventures that students and community members want to pursue.

To enroll, please visit the course catalog at [www.northampton.edu/fablab](http://www.northampton.edu/fablab) or call 610-332-8665.

### Slate Belt Rotary Club 6th Annual Mulligan Bowling Tournament

The Slate Belt Rotary Club will host their 6th Annual Mulligan Bowling Tournament on **Sunday March 11th, 1:00pm-5:00pm** at Blue Valley Lanes, Res 512 & 33, Wind Gap, PA. For more information or to sign up contact Blue Valley Lanes 610-863-4621.

### Bangor Area High School Music in Our Schools Concert

**Thursday, March 15th, 7:00pm**. Featuring instrumental and choral ensembles from all levels. M. Craig Paine Performing Arts Theater For more information visit: [bahsbands.weebly.com](http://bahsbands.weebly.com)

### 41st Annual PIAC St. Patrick's Day Parade

Stroudsburg/East Stroudsburg, **Sunday, March 18th Parade 1:30pm** Parade starts at Stroudsburg High School travels down Main Street in to East Stroudsburg and end's at The municipal building in East Stroudsburg. Those interested in being in the parade can go to the website: [www.poconoirishamericanclub.com](http://www.poconoirishamericanclub.com) and download the parade forms.

### "Luck Of The Irish" Parade Day Pancake Breakfast

Hosted by Girls on the Run Pocono. **Sunday, March 18 at 8:00am-1:00pm**. Stroudsburg High School, 1100 W Main St, Stroudsburg, PA.

### Designer Purse Bingo

Humble Hearts of Hope, Inc. is sponsoring a Designer Purse Bingo **Sunday, March 18, 12:00pm-4:00pm**. Plainfield Township Vol. Fire Co. 6480 Sullivan Trail, Wind Gap, PA.

## Seamus Kennedy



**"You don't have to be Irish to enjoy Seamus Kennedy"**

St. Peter's Lutheran Church Scholarship Committee is proud to present an evening of Outstanding Music and Comedy with Seamus Kennedy.

**Saturday, March 10, 2018, 8:00 p.m.**

Blue Valley Farm Show,  
707 American Bangor Road, Bangor, PA.

**General Admission Ticket \$28**  
includes Soda, Water, Snacks

**Whiskey Tasting/Specialty Food Buffet \$43**  
begins at 6:30 p.m. Includes Show, Meet and Greet & Whiskey Tasting and Specialty Food Buffet  
w/ Seamus before the show

\* BYOB

**For tickets call Jackie Brinker 610.588.2101 or**  
**[www.ticketor.com/stpetersplainfield](http://www.ticketor.com/stpetersplainfield)**

Sponsor: Thrivent Financial Proceeds Benefit St. Peter's Scholarship Fund

### Bangor Area Middle School PTSO to Host Harlem Wizards Basketball Game

The Bangor Area Middle School PTSO (Parent, Teacher, Student, Organization) is hosting its 1st Annual Harlem Wizards Basketball Game on **Saturday, April 7th**. While the PTSO is fairly new, we are running this fundraiser in hopes that we can raise enough money to assist the school with future purchases that are not in their budget such as: new library books, school supplies and equipment, funding field trips and assemblies, as well as assist with purchases for the school dances throughout the year. We wanted to take a new approach to fundraising and offer a family friendly event that would bring the community together for a great cause and promote wellness at the same time. We will have our own team consisting of teachers and staff from each school in the district as well as some High School players. Our team will be playing against the Harlem Wizards. To purchase tickets online you can go to: <https://www.harlemwizards.com/schedule-tickets/> Find the April calendar and click on April 7th, Bangor, PA. Any businesses interested in being a sponsor for this event can contact Debbie Smith, 610-751-7692 or Kim Gambale, 484-241-0441 or email: [bamsptso@gmail.com](mailto:bamsptso@gmail.com)

### American Legion Riders Chapter 927's Annual Blessing of the Bikes

Bike Blessing open to the public, **Sunday, April 8 at 12:00pm** Service performed by Bishop James Mills. American Legion Post 927 opens at **10:30am**, kitchen opens at **10:30am**. Located at the corner of Rt 209 and Fairgrounds Rd, Gilbert PA 18331.



## Summer Party Time is Approaching!

Bangor Borough has the facilities to accommodate your party needs! Rental options include pavilions at Bangor Memorial or Pennico Park and day pool parties or private evening pool parties. Call 610-588-2216 for more information and availability or visit the Borough Administration office at 197 Pennsylvania Ave. during regular business hours, Monday through Friday, 8am to 4pm

## Charter's Banquet Facility

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## Slate Belt Chamber of Commerce Announces Applications for Scholarship Achievement Award 2018

The Slate Belt Chamber of Commerce is pleased to announce applications for Scholarship Achievement Award 2018 are available March 1st at the guidance departments of Bangor High School, Pen Argyl High School, Faith Christian & Career Institute of Technology.

The Slate Belt Chamber of Commerce will award one scholarship to a senior from each of the four area schools: Bangor, Pen Argyl, Faith Christian & Career Institute of Technology. Applicants must reside in the Slate Belt to apply.

The scholarships will be presented to the students based upon the following criteria; academic accomplishment, demonstrated service to school and/or community, demonstration of leadership capabilities and future vocational plans.

Please note: A separate award, The Frederick R. Curcio, Jr. Scholarship Award, may also be applied for at this time. To qualify a senior must be either registered at Lincoln Technical Institute or majoring in computer science.

Applications must be received by **April 15th**. To honor the recipients, parents and friends, a Scholarship Awards Dinner is planned for **May 17th** at Tuscarora Inn. For more information contact the guidance department or the chamber office at 610.588.1000.

## Friends of the Bangor Public Library

If you would like to become involved in a community group and make new friends please consider joining the Friends of the Bangor Public Library. The group conducts activities throughout the year to financially benefit and promote literacy for the Bangor Library. Some of their projects are: Two "Brunch w/the Author" presentations, a "Spring Book Sale" and a book sale at the "Blue Valley Farm Show". This past year a "Wine Tasting Party" and "Breakfast w/Santa" and a fundraiser at the "Broadway Pub", a "Bake Sale" and the famous "Duck Race" were also held. The Friends meet the 4th Thursday of each month in the upstairs room of the library. The Friends also support the "Children's Reading Hour", and decorate the library for the holidays. For additional information please contact: Karen Brewer at 484-894-5661.

## Bangor Area School District to offer Gearing Up for Kindergarten

The Bangor Area School District will be offering the spring Gearing Up for Kindergarten program beginning this March. The program will be held at the Washington Elementary School on **Tuesdays** and the Five Points Elementary School on **Wednesdays from March 6th to March 28th from 6:00pm to 7:30pm.**

The Gearing Up for Kindergarten program is intended for families with a child who will be entering kindergarten in August 2018. The classes run for an hour and a half each night. This program offers parent/child activities, as well as separate child preparation and parent education classes. Parent topics include: Learning Styles/School Readiness, Temperament, Early Literacy/Math, Social/Emotional Development, Nurture and Prevention Tools, Nutrition, Safety, and Parent's Role in School Success. Preschool topics include Math activities, Science exploration, Motor development, Sensory development and Reading/Literacy.

The program is free of charge, with child care being offered for siblings. Registration forms are available on the District's website, at the elementary schools or by calling Rae Temples at 610-599-7015, ext. 75103#.

## Slater Family Network Announce Scholarships

Slater Family Network is sponsoring a \$2000.00 scholarship for a 2018 Bangor High School graduate. The applications are now available on the school district website under the Slater Family Network tab, in the HS Guidance Office or the SFN office behind the DeFranco School. Completed applications are due at SFN on **April 27th.**

The family of Denny Strouse is sponsoring a \$1000.00 scholarship through Slater Family Network for a 2018 Bangor High School graduate. The applications are now available on the school district website under the Slater Family Network tab, in the HS Guidance Office or the SFN office behind the DeFranco School. Completed applications are due at SFN on **April 27th.** Call the SFN office with any questions at 610-599-7019.

## Borough of Roseto Ice Skating Rink

The Borough of Roseto outdoor ice rink, located at the Roseto Ball Park is open to the general public **Friday from 5:00pm-8:00pm, Saturday 9:00am-12:00pm** for ice hockey and **12:00pm-5:00pm** for general skating and **Sundays from 1:00pm -5:00pm.** Weather permitting the ice skating rink will be open every weekend. Skaters can access the rink through the main gate only off of Denisco Street. If the gate is closed the ice rink is closed.

## Emrick Announces March Satellite Office Hours

State Rep. Joe Emrick (R-Nazareth) invites residents of the 137th Legislative District to take advantage of satellite office hours he will be hosting in Forks Township during the month of March.

"Not everyone can easily reach my district offices in Bangor or Nazareth, especially when winter weather causes travel problems," Emrick said. "We offer this service on the first and third Thursday of each month as a way of bringing state government closer to you."

A member of Emrick's district office staff will be at the Forks Township Community Center on Thursday, March 1, and Thursday, March 8, from 9 a.m. to noon and 1-5 p.m. The community center is located at 500 Zuckville Road.

"This is a great opportunity to get answers to your state government questions and further information about programs such as the state's Property Tax/Rent Rebate program," added Emrick.

Questions about this or any legislative issue should be directed to Emrick's district office at (610) 746-5090 or (610) 588-8011.

## Slate Belt Heritage Center

The Slate Belt Heritage Center is seeking any individuals who would like to share, in the form of a presentation, any pertinent historical information about the Slate Belt. This could be in the form of a power point or just a discussion. Please call Karen Brewer @ 484-894-5661 if you are interested.

Spend time with your spouse at Tuscarora s...

# COUPLES' RETREAT

MAY 11-13, 2018

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based on accommodation

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**Bangor, PA 18013 | 610-588-0011**  
**228 South Broadway, Ste B**  
**Wind Gap 18013 | 610-863-7503**

\*This is an optional tax refund-related loan from Boff Federal Bank, Member FDIC; it is not your tax refund. Loans are offered in amounts of \$500, \$750, \$1250 or \$3000. Approval and loan amount based on expected refund amount, ID verification, eligibility criteria, and underwriting. If approved, funds will be loaded on a prepaid card and the loan amount will be deducted from your tax refund, reducing the amount that is paid directly to you. Tax returns may be e-filed without applying for this loan. Fees for other optional products or product features may apply. Limited time offer. Available at participating locations. Not offered in Puerto Rico. HRB Maine License No.: FRA2. See [hrblock.com/refundadvance](http://hrblock.com/refundadvance) for details. ©2017 HRB Tax Group, Inc.

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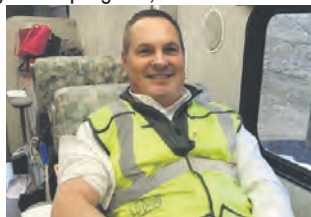
### Miller-Keystone Blood Center Hosts Blood Drive at Grand Central

The Miller-Keystone Blood Center held a blood drive February 16 at the Grand Central Landfill. The Blood Center registered nearly two dozen community members and Waste Management employees.

“Local businesses like Waste Management of Pen Argyl, as well as blood donors, are the backbone of our community blood program,” stated Donor Resources Representative, Cindy Carra.

“We continue to make great strides in accomplishing our goals because of the support and partnership of organizations like Waste Management.” Continued Carra.

The blood drive brought in 16 units of blood, which comes at a very critical time for the center. The Miller-Keystone Blood Center’s ability to fulfill the important role as the region’s only blood provider ensure that donors’ blood stays close to home and that area



Senior District Manager, Glenn Kempa rolls his sleeve up to donate to Miller Keystone Blood Center

hospitals have blood supplies at critical times.

“We are just happy to help our community and the Lehigh Valley,” said Community Relations Manager, Adrienne Fors.

Several Waste Management employees rolled up their sleeves for the event and plan to support other area blood drives later this year. If you missed the opportunity to make the Waste Management Blood Drive, interested donors can participate in the April 13, 2018 blood drive, to be held at the Slate Belt YMCA.

Photos courtesy of Adrienne Fors



Guy Berger, Landfill Operations employee donates to the blood drive.

### Jacobsburg Environmental Education Center Community Programs February

**Snowshoes and Hiking Poles Available - Monday thru Friday, 8:00am-2:30pm and Saturday, February 24, 12:30pm-2:30pm**

Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth  
Borrow snowshoe equipment to use on Jacobsburg’s trails this winter! Snowshoes are available for folks of any age or shoe size, including small children. Snowshoes will not be made available during times of insufficient snow cover, usually at least five inches of snow is required. To borrow equipment, you must provide a driver’s license or other form of state issued identification. For more information call 610-746-2801 or email [jacobsburgsp@pa.gov](mailto:jacobsburgsp@pa.gov). You can check our website for current winter conditions and snow depth.

**Friday, February 23, 6:30pm-7:30pm**

What is an owl pellet? Well it’s not poop! Find out more about these mysterious little treasures that our local night time hunters leave behind. We will spend the evening being scientists by investigating the diets of owls through dissection! Find clues about the habits and roles of owls in the ecosystem, starting with what they eat. This program is appropriate for children ages six and up. Registration is required.

**Winter Tracking - Saturday, February 24, 10:00am-12:00noon**

Could you tell if a bobcat was in the area? An owl? Join us as we take a walk through Jacobsburg in search of animal tracks and signs. Participants should dress for the weather and wear comfortable hiking shoes. If we have snow, we will take the walk in snowshoes! Registration is required.

You can also view and register for community programs online at <http://events.dcnr.pa.gov/>. If you need an accommodation to participate in a program please contact the park office at 610-746-2801 or [jacobsburgsp@pa.gov](mailto:jacobsburgsp@pa.gov). With at least three days notice, interpreters for people who are deaf or hard of hearing are available for educational programs.

## The Second Annual First Responders Appreciation Dinner

By Candy Martin      Photos by Lisa Newberry

The Second Annual First Responders Dinner was held on Monday, February 12th, at the Broadway Pub. The dinner was hosted by The Broadway Pub and Operation Slate Belt Love.

Over one hundred firemen, EMT's and police officers from the Slate Belt and surrounding communities attended the dinner.

"The dinner is just a small way of saying thank you and to give back to those who commit to serving and protecting, for their dedication and sacrifice in keeping our communities safe." said Lindsay Stewart, an employee at The Broadway Pub, who assisted in organizing the event.

Chris Raetz, another employee at The Broadway Pub graciously welcomed everyone and Chuck Schubert, provided the entertainment. Many area businesses made donations to the dinner or provided items for the basket raffle.

Those businesses included; Hillside Smokehouse, Three Brothers Beverage, Penn Beer, Chocolates on Broadway, The Lunch Room, Subway, Bangor Trust Brewery, Little Corner Cafe, Detzi's Tavern, Girls Scouts, Napa Auto, Franklin Hill Vineyards, Tolino Vineyards, Millers Egg Ranch, Scentsy, Kline's Auto Repair, Greg Bisher, Sarco, Inc., Ginder Greenhouse, Heard's Meat Market, Comunale's Italian Market, Klaver's Auto, Reagle Dodge and Dally Amusement.

Nanki and Harjaap Chatha, owners of The Broadway Pub, would like to personally thank all the first responders and all who donated, to make the dinner such a special event.

Everyone who attended the dinner had a great time and all were appreciative of the efforts of The Broadway Pub, Operation Slate Belt Love, and all the area businesses and individuals who made donations to help in making the Second Annual Responders Dinner a wonderful event to recognize our first responders.







## FLU SEASON

By Jackie Talero-Rueda, The Crunchy Mom

This year's flu season is very dangerous causing above normal hospitalizations and even flu related deaths across the country. Chances are someone you know has been stricken will this year's strain. Influenza is a virus that typically begins to appear in the Fall and then recedes as Spring progresses. This season the flu has been hitting left and right and sparing very few. This new strain of flu that we are getting sick with was not prevented by this year's flu shot and it doesn't surprise me. I personally choose not to get the flu shot because of the research showing that the side effects you could get are far worse than the flu itself so we take extra measures to try to keep the flu away. To begin with, washing your hands frequently is the best way to keep any sickness away. Giving immune support to your body is also very important. Supplementation of immune boosting vitamins like vitamin C, vitamin D3, magnesium, zinc and of course probiotics should be taken daily. Taking elderberry syrup daily is also a great way to boost the immune system since it contains high levels of vitamin A, B, and C. It is also good to take in higher quantities when sick with the flu. Since its natural it is safe for children. I make my own to save money (see recipe below) since a small bottle is \$15 at the health food store. Echinacea is an herb that has been used to treat respiratory infections. Several studies show that echinacea can help prevent you from getting a cold or the flu, and lessen the symptoms when you get it. It is believed to increase production of white blood cells. If you do get the flu there are several things you can do to help it pass quicker and alleviate symptoms. Besides taking the vitamins and supplements listed above there is a homeopathic medicine for the flu called Oscillococcinum that is sold in pharmacies and grocery stores. It is safe for children and adults and used world wide. No one seems to know how it works, but it has been effective for my family and I also use it as a preventative. Before getting a prescription flu drug that has negative side effects try some natural and old fashion remedies to help. Take a detox bath with Epsom Salt. Drink plenty of clear and warm fluids, including bone broth which provides soothing gelatin and minerals. Remove white foods such as sugar, milk and grains. These types of foods suppress the immune system. Don't forget to get plenty of rest. If you have concerns about any sickness or what medicine to take, always talk to your doctor.



Enjoy! Jackie

### My Favorite Elderberry Syrup (courtesy of Pinterest)

- 2/3 cup black elderberries                      1 tsp cinnamon powder
- 3.5 cups of water                                      ½ tsp cloves or clove powder
- 2 T fresh or dried ginger root                      1 cup raw honey

**Instructions:** Pour water into medium saucepan and add elderberries, ginger, cinnamon and cloves (do not add honey) Bring to a boil and then cover and reduce to a simmer for about 45 minutes to an hour until the liquid has reduced by almost half. At that point, remove from heat and let cool enough to be handled. Pour through a strainer into a glass jar or bowl.

Discard the elderberries and let the liquid cool to lukewarm. When it is no longer hot, add 1 cup of honey and stir well. When honey is well mixed into the elderberry mixture, pour the syrup into a pint sized mason jar or 16 ounce glass bottle of some kind. Store in the fridge and take daily for its immune boosting properties. Standard dose is ½ tsp to 1 tsp for kids and ½ Tbsp to 1 Tbsp for adults. If the flu does strike, take the normal dose every 2-3 hours instead of once a day until symptoms disappear.

\* These statements have not been evaluated by the Food and Drug Administration. This product or food is not intended to diagnose, treat, cure or prevent any disease. If you are pregnant, nursing, taking medication, or have a medical condition, consult your physician before using this product or food.

**f** Questions? Email Jackie at [jcrunchymom@gmail.com](mailto:jcrunchymom@gmail.com)  
Now on Facebook [www.facebook.com/jcrunchymom](http://www.facebook.com/jcrunchymom)

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*New to the Neighborhood*



**Talero Pit Stop and Green Vida Co.**  
by Candy Martin

There is another new business in the Slate Belt, Talero Pit Stop. The convenience store opened its doors to the community on February 8th. Jose Talero opened the convenience store, located on Rt 191 in Bangor (across the street from the Washington Elementary School) that offers gas and the newest technology in gas dispensers with built in TVs and contact-less payment options like Apple Pay and Android

Pay. Their coffee bar features freshly ground and roasted Colombian Supreme and Colombian organic coffee. The coffee beans are imported from several regions in Colombia chosen by the Talero's and purchased directly from the importer. The beans are then roasted locally at Baby Harry's Coffee

Roaster. This is not your typical convenience store. Besides traditional convenience store items, you will also find "better-for-you" options. Healthy and organic snacks, milk, bread, and an in house deli. You

can stop on your way to work and get a fresh cup of coffee and a bagel or a freshly made sandwich for breakfast or lunch, as well as snacks and drinks. Talero Pit Stop is open 7 days, Monday-Friday, 6:00 a.m. to 10:00 p.m.; and Saturday and Sunday 7:00 a.m. to 10:00 p.m. Jose's daughter Jackie Rueda is the owner of the deli, Green Vida Co. Some of the readers may recognize Jackie's name from her articles, Jackie is "The Crunchy Mom" and writes a column for The Belt and Beyond. When Jackie's dad approached her about opening a deli, she knew it just couldn't be any deli.



Her dream was to one day open a smoothie bar. She decided to take on the challenge and did a lot of research on the meats and products that the deli and store would carry. Jackie lives a natural lifestyle and promotes clean eating and living a chemically free and green lifestyle. She is the mother of two beautiful children Santiago and Tatiana. As a mother of a son with Autism, Jackie recognized the positive effects a nutritional diet with real, quality ingredients had on his physical and behavioral health. She shares her passion for wholesome food and clean eating with her family, friends and those who follow the "Crunchy Mom." Now she has the opportunity to share that with the community. Jackie says "I can proudly say that I would feed my family anything that Green Vida has to offer. We have an array of healthy options. Smoothies and Smoothie Bowls are made with real fruit and no added sugar. Breakfast sandwiches made with cage-free never frozen eggs,



L-R Diana López-Talero and Jackie Rueda



lunch sandwiches can be made with nitrite free meats, locally baked bread or gluten free bread. Salads are made with organic ingredients and dressings made in house. Everything is made to order. "Ingredients really do matter to us," said Jackie. The deli uses

Boar's Head meats and cheeses, and also offers Boars Head Simplicity Line and uncured meats. Meats and cheeses are also available for purchase by the pound. Fresh bread and bagels delivered daily from Lusitania Bakery in Bethlehem, and bread from Roseto Bakery in Roseto. Green Vida sells Kombucha from Lehigh Valley Kombucha in Easton. Jackie plans on using local produce from farms and local farmers markets when in season. Call ahead to place orders for your smoothie bowls, salads, and sandwiches

610-452-9124. Green Vida Co. is open 6 days Monday-Friday, 6:00 a.m -4:00 p.m. and Saturday from 7:00 a.m.-1:00 p.m. With Sunday hours coming soon! There will be a Grand Opening in the spring. Keep watching for more exciting things to come at Talero Pit Stop and Green Vida Co. located at 336 Washington Blvd. ( Rt 191), Bangor, PA. The phone number is 610-452-9124.

**Talero Pit Stop and Green Vida Co. located at 336 Washington Blvd. ( Rt 191), Bangor, PA. The phone number is 610-452-9124.**  
[facebook.com/greenvidaco](https://www.facebook.com/greenvidaco) and [facebook.com/talero pit stop](https://www.facebook.com/talero pit stop) ADV.



**Spotlight on Women in Business**  
**Expressions thru Glass**

by Candy Martin

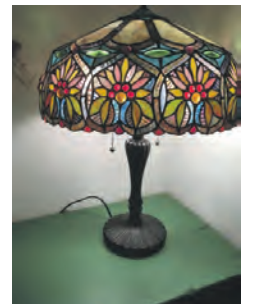
When Rita Bolles took her first Adult Education class in stained glass at Warren Tech, she had no idea it would turn into a career. She half heartedly agreed to go to the class with a friend just for fun, to try something new. She had no idea what stained glass was, in fact, the only reason she went back after her first class, was because the class was paid for and her friend insisted



Rita Bolles, Owner of Expressions thru Glass

that they go. Rita, who owns Expressions thru Glass, located just outside of Bangor in Johnsonville, has been in business for thirty-seven years, and at her present location for 23 of those years. She says "I had no idea that those stained glass classes would turn into a lifelong career for me." She has been creating stained glass since her children were school aged, even teaching classes in her basement, years ago.

Expressions thru Glass is a hidden gem, filled with pre-made and custom stained glass pieces, floral wreaths, signs, coffee mugs, beautiful gift items, yard stakes, wind chimes, candles, furniture and more! You will be amazed at the variety of treasures you'll find. It's the perfect place to find a unique, one of a kind gift for giving or a special treat for yourself. Rita, also carries, a beautiful line of cards, gift wrap and bags. So you can purchase everything you need in one location. You'll have a beautiful gift and piece of mind knowing that you helped a



woman owned business in your community.

I asked Rita what she thought about the impact of people shopping online today and how she feels that it affects small business. She stated " first you miss out on the entire shopping experience. There is no personalization



when you shop online. Big chain stores do not care about you. As a small business, I'm here to give my customers quality, affordably priced merchandise, as well as giving them a personal touch. Customers stop in my store, they browse, we have a nice conversation, they make their purchase and we both enjoyed our time together. You can't get that when you shop online. If you are not happy with a purchase from me you are dealing with me directly, the owner. I won't place you on hold, or send you to someone else because

I'm not sure what to tell you if there's a problem. I care about my customers, most have become old friends. I would not be here today if it were not for my customers." Rita says she hears from someone at least once a week, "I drive by all the time and always say I will stop in next time" or "I haven't been here in a long time." Rita's reply is always the same "See what you've been missing." When I asked how she would describe her store she replied, "unique, rare, a one of a kind, eclectic, and affordable. Customers are amazed when they see all that I have."

Many women only dream of starting their own business, for one reason or another they are reluctant to take that risk to pursue their dream of business ownership. As a successful woman in business for 37 years what advice would you offer to other women considering starting



a business today? "First, I would say do your research. You need to know everything about your business. Having a business is a big commitment, make sure you have the time to commit yourself. Do not be afraid to ask for help. There are many organizations in your community willing to offer their assistance, but you must ask. Their job is to help you succeed. You also need to be a multi-tasker, that's very important. If you are not committed to your business it will show. Lastly, you need to advertise, as much as possible, in print, online, on social media. Whatever it takes to keep your name out there.

Times have definitely changed since I started in business. You need to keep your name in the public eye. In today's society customer's have many choices, you want to always make sure you stay on their mind by leaving a lasting impression, a pleasant and honest experience with you and your business. When they need your particular goods or services they will remember to call on you."

**Expressions thru Glass is located at 2242 Ridge Road, in Johnsonville (Bangor), PA. only 15 minutes from the New Jersey bridges! The phone number is 610-588-1490.**

**Hours are: Tuesday-Friday 10:00 a.m.-5:00 p.m.; Saturday 10:00 a.m.-4:00 p.m. Visit the website <http://www.expressionthruglass.com> and like the Facebook page**







**Mr and Mrs Tony Pitt**



**Lee Ann and Louie Lambert**

## St Peter's Oldies Dance

St Peter's Lutheran Church held their annual Oldies' Dance on Saturday, February, 10th, at the Blue Valley Farm Show building. Proceeds from the dance benefit the scholarship fund.  
Photos by Lisa Newberry



**Jackie and Bernie Brinker**



**Cindy Witkowski and her granddaughter Anna.**



**DJ Bobbie Koch**




February is National Children's Dental Health Month. The Tooth Fairy Kathleen and the staff from Dr. Gary Williams Dental office in Pen Argy stopped by to visit the children at Miss Rose's Preschool and talked to them about the importance of good dental hygiene.



**Grand Central Landfill Second Winter Bird Walk**  
Grand Central Landfill hosted its second Winter Bird Walk in conjunction with the Great Backyard Bird Count on Sunday, February 18th at the Landfill. Participants toured the property for an hour in search of bird species. Ravens, Eastern Bluebirds, and a Bald Eagle were seen.

Photos by Kathleen Itterly Dimmich



**Rebels Elite Cheer and Gymnastics Kick off 2018 Competition Season**

Photos by Kris Ordinsky-Parks



The Rebels Elite competed at the "Gotta Cheer Snowman Challenge" on January 21 at the Timbercreek High School in New Jersey. Teams: The Tiny Flares - First Place. Youth Inferno-2nd place Envy - 1st place and Grand Champions. Code Red- 1st place.

All teams received a bid to Spirit Nationals in Atlantic City on May 5-6, 2018

On January 28th the Rebels Elite competed at the Eastern Cheer and Dance Battle of the States Nationals at the Santander Arena in Reading PA. Inferno Youth level 1-Division Champions, Level High Point Champions. Fury Junior Level 3-Division Champions

Envy Senior Level 3- 2nd Place and Code Red Level 4-High Point Champions and WOW Judges Choreography and 2nd Place Senior Coed Level 4



## Everything for Evy Benefit

By Candy Martin      Photos by Lisa Newberry

Felicia and Brett Fisher, a young happily married couple were overjoyed to learn they were going to be parents to their first child. At twenty four weeks Gestation they were heartbroken to learn that their baby girl Evelyn Hope was diagnosed with Tetralogy of Fallot with Pulmonary Atresia and MAPCA's a more severe form of TOF, a type of heart defect. It's a congenital condition, which means it's something a baby is born with. Babies who have TOF with pulmonary atresia have five heart abnormalities: Ventricular septal defect (VSD)

Evelyn Hope arrived on November 13, 2017 at a hospital in Philadelphia where Felicia delivered their baby girl by some of the top doctors and medical staff in the country.

This beautiful baby girl was loved by her parents, her entire family, and the community. She also endured more medical procedures than anyone could imagined, and fought hard. Sadly she lost her fight on January 23, 2018

The community rallied around the family and offered their support. A benefit was held on Saturday, February, 17 at the Bangor VFW to help with the families accumulating medical costs.

Many businesses and members of the community donated beautiful gift baskets and gift certificates, hundreds came to the "Everything for Evy Benefit" to show their love for Evelyn Hope, Felicia and Brett and their families, to support them during this difficult time. The band "Cold Shot" played and DJ Jukebox JR was the MC and spun tunes for the afternoon.

It is truly touching to see the outpouring of love this community has and shows when one is in need. It truly restores your faith in mankind. This little angel touched the lives of so many and will never be forgotten. #Evy Strong



L-R Krystal Sylvester Smith, Felicia and Brett Fisher. Back Row Maryann Parry, Duke DeLorme, Don Hausmann, Amy Curtolo, Tammy Hausmann, and Marissa Parry.



DJ Jukebox JR



Felicia and Brett Fisher



Ryan Hausmann, ( Felicia's brother) made this wooden heart.



Family and Friends release balloons for Evy Hope at the Benefit





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**MARCH 6<sup>TH</sup>**  
 Penne with Meatball and Red Sauce; Chicken Sausage Penne Pasta; Penne Pasta Tossed with Chicken Breast, Italian Sausage, Fresh Spinach, Grape Tomatoes, Onions, Portabello Mushrooms, in a light Sherry Cream Sauce.

**MARCH 13<sup>TH</sup>**  
 Cheese Tortellini with Red Sauce and Meatball and Tortellini Bolognese

**MARCH 20<sup>TH</sup>**  
 Cavatelli with Red Sauce and Meatball and Cavatelli Caprese, Cavatelli Tossed with Garlic, EVOO, Grape Tomatoes, Fresh Mozzarella, and Fresh Basil.

**MARCH 27<sup>TH</sup>**  
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## Lenten Recipes

### Citrus -Ginger Grilled Salmon

Prep Time: 30 minutes Cook Time: 20 Minutes

**Ingredients:**

- 1 large salmon filet
- 4-5 ounce Asian sesame-ginger dressing
- 2 teaspoon minced garlic
- Fresh-grated or ground dried ginger
- Fresh-ground black pepper
- 1 large grapefruit
- 2 teaspoon brown sugar

**Directions:**

In a large non-metal dish, arrange the salmon and cover with the sesame-ginger dressing and top with minced garlic, ginger, and fresh-ground black pepper. Allow the salmon to marinate for 15-30 minutes before baking.

Preheat oven to 350° (or heat grill) and place the salmon in a heavy skillet or baking pan. Slice the grapefruit into rounds, and arrange over the salmon, drizzle it with a spoonful of the marinade. Sprinkle with brown sugar. Bake until done. When the fish flakes apart and looks opaque and no longer translucent, it's done. Fish filets will take about 10 minutes per inch thick; 20 minutes for 2-inch-thick filets.

### Portabello Mushroom Burgers

**Ingredients:**

- 4 Large Portobello caps
- 4 Tablespoons Balsamic vinegar
- 2 Tablespoon oil
- 1 Teaspoon soy sauce
- 1 Tablespoon Dijon mustard
- 4 Burger buns

**Directions:**

Whisk together vinegar, oil, soy sauce and mustard in a shallow dish or pan, place the mushroom caps in the liquid, spoon some of the sauce over top of mushrooms. Marinate for 15 minutes, turning once. Preheat grill to medium-high heat, then place the mushroom caps on the grates, spooning more of the sauce on top. Cook for 8-10 minutes, then flip, spoon on more of the liquid, and cook for another 8 minutes. Add cheese if desired during the last few minutes of cooking. When mushrooms are tender, remove from heat and place on bun along your favorite burger toppings.  
 Serves 4

**There are many restaurants, diners and cafe's in our communities. Support local business and your community by dining locally.**



**Ice**

By Robert L. Martin

Of your deceptions  
And frigid environs  
You can't live among  
Smiling faces and warm climes  
You dance with the devil and  
Disguise yourself with sure footing  
Your surface is as  
Smooth as a baby's skin  
As it glistens in the afternoon sun  
And you gloat over your treachery  
With falling bodies and smashing cars

You reach out and smother all the flowers  
Until the last breath escapes from their home  
The bees succumb to your frozen madness  
And to your cold, cold hands  
With nowhere to go but to bed

All vegetation turns to ash and you laugh  
As if life were a toy for you to play with  
And you were a child of the devil  
Or a witch stirring up a deathly brew

Your slender bodies hang from the roof tops  
And your perilous beauty glistens in the sun  
While your spears point at  
Those who pass underneath  
As if you were sentries guarding the castle

You are alive when all else is dead  
And you are dead when all else is alive  
You live among the musty tombs  
The cold, cold life that is not life  
You are all dressed up in  
Death's finest raiment  
You are the ice,  
That beautiful deadly ice

**Winterfest in Downtown Stroudsburg**

Photos by Lisa Newberry

Winterfest was held in downtown Stroudsburg on Saturday, February 17. Thirty carnival themed ice sculptures were on display at businesses and throughout the streets. Local musicians also played at various businesses. This year's event was filled filled with fun for all!

**New in The Bangor Public Library**

February 7th, 2018 to February 14th, 2018

**Adult Fiction** - The Deceivers by Alex Berenson; The Graves a Fine and Private Place by Alan C. Bradley; The Wife by Alafair Burke; The Secret Child by Kerry Fisher; The Outlandish Companion Volume 1; The Outlandish Companion Volume 2 by Diana Gabaldon; Look for Me by Lisa Gardner; The Last Tudor by Philippa Gregory; The Great Alone by Kristin Hannah; Night Moves by Jonathan Kellerman; Surprise Me by Sophie Kinsella; Poison by John T. Lescroart; A Time of Love and Tartan by Alexander McCall Smith; The Horse Dancer by Jojo Moyes; The Alice Network by Kate Quinn; A Passionate Hope by Eileen Jill Smith.



**Adult Non Fiction** - Murder Beyond the Grave by James Patterson; It's Even Worse Than You Think by David Cay Johnston.

**Young Adult Fiction** - The Rise of the Wyrn Lord by Thomas Wayne Batson; The Mortal Instruments Graphic Novel by Cassandra Clare; Wires and Nerves Vol. 2 by Marissa Meyer; La Belle Sauvage by Philip Pullman.

**Junior Fiction** - The Terrible Two Go Wild by Mac Barnett.

**Easy Fiction** - Love Is by Diane Adams; There's a Monster in Your Book by Tom Fletcher; Interstellar Cinderella by Deborah Underwood; What To Do With a Box by Jane Yolen.

**Easy Non Fiction** - Mardi Gras by Rebecca Pettiford.

**DVD** - Despicable Me 2.

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**Property Tax/Rent Rebate Program Applications Now Available**

State Senator Lisa M. Boscola today announced that applications for the Property Tax/Rent Rebate Program are now available online and at her local offices. This year's **filing deadline is June 30.**

"This is an excellent program for our seniors and I encourage everyone to see if they are eligible for this program," Boscola said. "The rebate check goes a long way in providing assistance to those who need it most."

Applicants must apply yearly. The rebate amount is based on annual income and paid property taxes for each calendar year. Individuals eligible for the program include Pennsylvanians age 65 and older; widows and widowers age 50 and older; and people with permanent disabilities over the age of 18.

In 2008 Boscola voted for the law that more than doubled the income limit for the Property Tax/Rent Rebate Program from \$15,000 to \$35,000. The measure also raised the maximum rebate for homeowners and renters from \$500 to \$650. Applicants can exclude half of their income earned from Social Security, Supplemental Security income, and Railroad Retirement Tier 1 benefits when applying for a rebate.

Boscola has also introduced legislation that would freeze property tax rates for seniors, and co-sponsored a bill that would totally shift the school funding burden away from property taxes.

Property Tax/Rent Rebate forms are available on Boscola's web site at [www.senatorboscola.com](http://www.senatorboscola.com) or at one of her local district offices at: One East Broad Street, Suite 120 in Bethlehem (610) 868-8667, or 1701 Washington Blvd. in Easton (610) 250-5627, or the West Catasauqua Prof. Office Bldg., 2123 N. 1st Ave., Suite A-4 in Whitehall (610) 266-2117. Assistance with filling out the Property Tax/Rent Rebate applications is available through one of Senator Boscola's offices. There are also events held at local senior centers and libraries to assist those wishing to complete a rebate form. Please contact our offices for more information.

**Keep These Friends in**

**YOUR THOUGHTS AND PRAYERS**  
 Pray for The Antonioli Family, Roger Reto Sr.,  
 Sam Molle, PA. State Police Cpl. Seth Kelly,  
 Chip Turtzo, Meghan Vasko, Charles Vasko,  
 Andy Svrcek, Martha Fonte, Lucas Fox and Tina Due.  
**Pray For Our Nation.**

If you would like to add a name of a loved one, friend or neighbor to the prayer list please send their name to:

**The Belt and Beyond P. O. Box 33 Bangor PA. 18013**  
 Attn: Prayer list or email us at [thebeltandbeyond@gmail.com](mailto:thebeltandbeyond@gmail.com)  
 Subject: Prayer List

**Easton Area Lifestyle Campus**

3201 Sullivan Trail, Easton, 610-829-3201. Director - Debbie Mertz  
 Hours 8:00-4:00 Monday thru Friday. For meal reservation please call by 10:00am, 1 day prior before the meal.

**Mondays:** Fit w/Darla 10:00am  
 Ceramics 12:00 noon  
 Bingo 12:30pm

**Tuesdays:** Games 10:00am  
 Billiards 12:30pm  
 Shuffleboard  
 Crazy Bingo 12:30pm  
 Moravian Nursing Students are back 9:00am to 12:00pm  
 doing Vitals and giving us health information  
 AARP Tax Preparations 9:00am to 12:00pm.

No appointments, walk in only

**Wednesdays:** Mexican Train /LCR 10:00am  
 "All Hands on Deck" 12:30pm

**Thursday:** Wii Bowling  
 Scrapbooking  
 Art /Pam  
 Zingers & Ringers

**Friday:** League Shuffleboard 10:00am  
 Bingo 12:30pm

**SPECIAL ACTIVITIES:**

2/22 Water Colors w/Pam  
 2/27 Safety Toolbox Talk  
 White Elephant Bingo  
 3/1 Concentration

Don't miss the fun interactive roll play about Personal Safety at home & in public. Senior Scams and more!

**Warning: Playing Bingo may make you Ugly!**



**St.Elizabeth's of Hungary Parish Sponsor Bus Trip to Mohegan Sun**

St.Elizabeth's of Hungary parish of Pen Argyl is sponsoring a bus trip to the Mohegan Sun in Wilkesbarre on **Thursday, March 8th**. The first pick up location is the Parking lot in Pen Argyl, leaving by **9:00am**, and the proceed to the old St. Joseph's parking lot in Wind Gap. For more info, please call Mary Lou DeRea Lohman at 610-863-3836 or 610-844-4630.

**Senior Center Listings**

**Slate Belt Senior Center**

707 American Bangor Road, Bangor, PA  
 (Blue Valley Farm Show Building)  
 610-588-1224 • Hours: 8:00 AM - 4:00 PM

**Easton Area Lifestyle Campus**

3201 Sullivan Trail, Easton, PA  
 610-829-3201 • Hours: 8:00 AM - 4:00 PM

**Nazareth: The Border House**

15 South Wood Street, Nazareth, PA.  
 610-759-8255 • Hours: 8:30 AM - 1:30 PM

**Monroe County Senior Center**

LODER SENIOR CENTER,  
 62 Analomink St. in East Stroudsburg • Phone 570-420-3745  
 Hours 8 am – 1:30 pm Monday through Friday.



### Slate Belt Senior Center

Blue Valley Farm Show Complex, 707 American Bangor Road, Bangor Ph 610-588-1224. Hours: 8:00am-3:30pm. Meal Reservations please call by **10:00am, one day prior. Cancellations as soon as possible. Lunch is served at 11:30am.**

**BINGO**, Monday, February 26, 12:15 PM & every Wednesdays, 12:00 PM  
**Zumba Gold**, Tuesdays, 10:00 AM

**Arthritis Class**, Tuesdays, February 27, 12:30 PM & every Thursdays, 12:30 PM

**Brush Away with Senior Artists**, Wednesdays, 8:00-11:00 AM

**Exercise with Darla**, Wednesdays 10:00 AM

**50/50 Raffle**, Wednesdays

**Wii Bowling League**, Thursdays, 9:30 AM

**Quoits**, Thursdays, 10:00 AM

**Afternoon with the Arts**, Thursdays, 12:15 PM

**TAX PREPARATION**, Fridays 8:00AM-2:00PM - MUST CALL  
484-541-0198 FOR APPOINTMENT

**Pool Tables** available every morning and Tuesdays, Thursdays and Friday afternoons

Library, Computers, TV, Puzzles & Cards daily

#### FEBRUARY EVENTS

**Olympics Closing Ceremony**, Friday, February 23, 10:00 AM.

### Slate Belt Senior Center Winter Olympics



Seniors from the Slate Belt Senior Center have been participating in their own version of the Winter Olympics, Tony DeVito sang the National Anthem for the opening ceremonies. Medals are given to the winners and great fun was had by all. Competing in the snow ball (bean bag) toss are (front row left to right) Marian Dennis and Linda Walters, back row L-R Lois Kloiber, Barbara Miller, and Terry Transue.

Submitted by Marcia Schiavone

### The Slate Belt Young at Heart Club

The Slate Belt Young at Heart Club will meet' at St. Elizabeth of Hungary Catholic Church in Pen Argyl, on **Thursday, March 15th at 1:00pm.** Mary Bach, a well known consumer advocate, will present an entertaining and informative program. She has appeared on Dateline, the Today Show, Good Morning America and many more. She has been interviewed and written articles in the Wall Street Journal, Women's Day, etc. Everyone is invited to attend. Please join us for a great afternoon. For more information, please call Mary Lou Dereah-Lohman at 610-863-4846 or 610-844-4630.

*Continuing the Tradition of Excellence*



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<p><b>James B. Gaffney</b> Funeral Home <i>Curtis L. Parsons,</i> <i>Supervisor</i> <b>610-863-6152</b> 200 South Robinson Avenue, Pen Argyl, PA 18072</p>	<p style="text-align: center;"><b>Gaffney Parsons</b> Funeral Home &amp; Cremation Services, Inc. <i>Kelly Gaffney Parsons,</i> <i>Supervisor</i> <b>610-588-2128</b> 4 Lillian Lane (Village of Johnsonville), Bangor, PA 18013</p>	<p><b>James B. Gaffney</b> Funeral Home <i>Donna L. Gaffney,</i> <i>Supervisor</i> <b>610-588-4522</b> 314 South First Street, Bangor, PA 18013</p>
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### Nazareth Senior Center

15 South Wood Street, Nazareth, PA, 18064. Director: Stacy Walsh  
Call 610-759-8255 by **11 am day prior for meal reservations. We are looking for volunteers to help plan/set up for parties & special events.**  
**Card Games** - Everyday 8:30am  
**AEA Exercise** - Mondays and Thursdays, 9:00am  
**Bonus Bingo** - Tuesdays, and Fridays, 10:00am  
**Penny Bingo** - Wednesday, 10:00am

### Salvation Army Pen Argyl - Community Lunch Program

**Tuesday, Wednesday and Thursday from 12:00pm-1:00pm Community Lunch Program, Thursdays after lunch senior program. Food pantry first 4 Tuesdays of the month from 10am-12pm.**

### BINGO

**February 22 & March 1**

**Polk Township Volunteer Fire Company**

Main Fire House Hall, 115 Interchange Rd, Kresgeville

Doors open at **5:00 PM** • Bingo starts at **6:45 PM**

**February 23 & March 2**

**Wind Gap Fire Company**

Doors open at **5:00 PM** • Bingo starts **6:45 PM**

**February 25 & March 4**

**Immaculate Conception**

Doors open at **11:00 AM** • Bingo starts at **1:00 PM**

**Bangor VFW**

202 Veterans Rd. Bangor, PA 610-588-5555

Bingo Every Sunday • Doors open at **3:30 PM**

Bingo starts at **6:00 PM** • Progressive Jackpot

**February 27 & March 27**

**Portland Hook & Ladder Co. #1**

State Street, Portland **7:00 PM**

**Klecknersville Rangers Vol. Fire Co.**

2718 Mountain View Drive, Moore Township

Doors open at **5:00 PM** • Bingo starts at **7:00 PM**

**February 28 & March 7**

**Bushkill Vol Fire Company**

Doors open at **5:00 PM** • Bingo starts at **7:00 PM**

## Bangor Area High School Boys Basketball Team Wins 4th Colonial League Title

The Bangor boys basketball team claimed its fourth consecutive Colonial League championship on Friday, February 16, at Freedom High School's Joseph J. McIntyre Gymnasium.

Score Slaters 58 Southern Lehigh 43  
Photos by Larry Cory sbtt



### Slate Belt Men's Quoit League

February 8, 2018

Bangor Elks 40 Roseto Legion 16 – Jody Zengulis 13-1, Ryan Kreider 12-2, Dave Giaquinto 12-2 \*Note : Dave Giaquinto threw a four-timer over John Cuvo  
East Bangor Fire Co. 35 Hillside Rod & Gun Club 21 – Bill Pascoe 11-3, Scott Allen 11-3  
Liberty Fire Co. 34 Roseto Rod & Gun Club 22 – John “Packy” Roberts 11-3, Phil Martin 10-4; Harold Bird 9-5  
Bangor Jax 30 Bangor VFW 26 – Carson Brewer 8-6, Jon Owens 8-6; Jeff Plimpton 10-4  
Columbia Fire Co. 32 Rescue Fire Co. 24 – Brian Palmer 11-3, Matt Goffredo 11-3; Rob George 9-5  
Oxford Fire Co. 37 O’Neill’s Place 19 – Bill Griffett 11-3, Jim Huff 11-3, Wayne Saylor 10-4  
Pen Argyl Legion 46 Second Ward Fire Co. 10 – John Albanese 13-1, Brookes Kromer 13-1, Bob Ponnett 12-2

#### 2017-2018 SBMQL SECOND HALF STANDINGS

**Division 1** – Bangor Elks 9-0, Oxford Fire Co. 9-0, Pen Argyl Legion 8-1, Hillside Rod & Gun Club 6-3, Roseto Legion 6-3, Bangor Jax 6-3, O’Neill’s Place 5-4  
**Division 2** – East Bangor Fire Co. 5-4, Second Ward Fire Co. 3-6, Bangor VFW 3-6, Rescue Fire Co. 1-8, Liberty Fire Co. 1-8, Columbia Fire Co. 1-8, Roseto Rod & Gun Club 0-9

February 15, 2018

Oxford Fire Co. 33 Pen Argyl Legion 23 – Matt Becker 11-3, Tim Steele 9-5, Bob Winter 9-5  
Roseto Legion 29 Bangor Jax 27 – John Cuvo 10-4, Mike Cuvo 10-4; Jeff Kluska 10-4  
East Bangor Fire Co. 34 Roseto Rod & Gun Club 22 – Dave Klinge 11-3, Brian Koehler 10-4; John Lohman 8-6  
Liberty Fire Co. 30 Second Ward Fire Co. 26 - Ryan Dentith 12-2, John

“Packy” Roberts 11-3; Dan Lucas 11-3  
Bangor VFW 44 Rescue Fire Co. 12 – Rod LaBar 13-1, Jeff Plimpton 12-2, Nick LaBar 12-2, Ryan Comunale 12-2  
O’Neill’s Place 43 Columbia Fire Co. 13 – Jack Bellis 13-1, Ryan Hunt 13-1  
Bangor Elks 29 Hillside Rod & Gun Club 27 – A.J. Gilliland 9-5; Dave Flick 9-5 \* Note : Dave Giaquinto threw a four-timer over Chuck Klinge \*

#### 2017-2018 SBMQL SECOND HALF STANDINGS

**Division 1** – Bangor Elks 10-0, Oxford Fire Co. 10-0, Pen Argyl Legion 8-2, Roseto Legion 7-3, Hillside Rod & Gun Club 6-4, Bangor Jax 6-4, O’Neill’s Place 6-4  
**Division 2** – East Bangor Fire Co. 6-4, Bangor VFW 4-6, Second Ward Fire Co. 3-7, Liberty Fire Co. 2-8, Rescue Fire Co. 1-9, Columbia Fire Co. 1-9, Roseto Rod & Gun Club 0-10

#### 2017-2018 SBMQL CURRENT SEASON STANDINGS

**Division 1** – Bangor Elks 22-1, Oxford Fire Co. 21-2, Hillside Rod & Gun Club 19-4, Pen Argyl Legion 18-5, Bangor Jax 15-8, O’Neill’s Place 13-10, Roseto Legion 12-11  
**Division 2** – East Bangor Fire Co. 13-10, Bangor VFW 9-14, Second Ward Fire Co. 8-15, Liberty Fire Co. 5-18, Rescue Fire Co. 4-19, Roseto Rod & Gun Club 1-22, Columbia Fire Co. 1-22

### UMBT Softball Registration












Residents of Upper Mt Bethel, Lower Mt Bethel, Washington Twsp, Bangor Borough, E. Bangor, Roseto, and Portland Girls in Kindergarten to age 21 (before July 1, 2018) Online Registration is open for the 2018 UMBT Softball Season **through March 1, 2018.**  
Go to <https://umbt.leagueapps.com/leagues/softball> to register your player(s). There is no additional cost for using the Online System. Questions please contact Mike Jankowski 610-984-5711 or email [umbtsoftballinfo@gmail.com](mailto:umbtsoftballinfo@gmail.com)

## FEBRUARY IS National PET DENTAL HEALTH MONTH






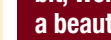
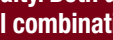




### Slate Belt Animal Advocacy Dining for Dogs

On **Thursday, February 22nd, 11:00am-8:00pm**. The Old Mill Family Restaurant, 103 S. Robinson Avenue, Pen Argyl, PA. will donate 10% of the days proceeds to the Slate Belt Animal Advocacy Group. \* Large groups that would like to seated together please call ahead to make your reservation, 610-863-1918. Cash and item donations will be accepted during the event.



*National Dog Biscuit Day is  
February 23, treat your pup to a  
homemade treat that's easy to make!*

### Banana Pumpkin Dog Biscuits

#### Ingredients:

- 1 banana
- ½ can pumpkin purée
- 1 tablespoon honey
- 1½ cups whole wheat flour
- ½ teaspoon baking powder
- 1 tablespoon honey

#### Directions:

Preheat the oven to 350°F.  
In a large bowl, mix banana, pumpkin, and honey.  
Mix with hands.  
Then add the flour and baking powder and work into the mixture. If it's a little to wet add more flour. Dough should be dry.  
Roll it out in a little flour and use cookie cutters  
Place on a baking tray covered with parchment paper and bake for 10–12 minutes until lightly golden.  
Cool on a wire rack and store in a container with a closed lid..



**Honor and Respect to All Presidents**

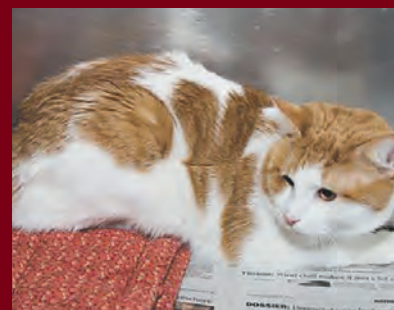
**Not Just Today But, Every day!**



[www.leckvet.com](http://www.leckvet.com)  
**Leck Veterinary 610-863-3111**

### ADOPT US: CHEESE & DOODLE

CHEESE and DOODLE are brothers who look alike but are so very different. Cheese is shy and quiet. Doodle is outgoing and a bit, well, salty. Both are a beautiful combination of orange and white. The boys grew up together, but lately they have been having little spats and we fear it is due to shelter stress. It's time for our boys to find their forever home! While Cheese and Doodle came to the shelter as a package deal, they could be adopted separately or together. Either way, as long as they are safe and loved in a calm, peaceful environment where they can spread their orange-dust wings. It's easy to tell them apart: Cheese's face is mostly white, while Doodle has an adorable orange smudge across his nose and mouth. The boys are 3 years young, neutered,



up to date on vaccinations and microchipped. Every day spent with Cheese and Doodle is like a snacky, satisfying dream come true. Come meet our boys today!

The AWSOM Animal Shelter is located at 3129 Godfrey Ridge Drive, Stroudsburg, PA 18360. Adoptions hours are 11AM to 4PM, 7 days a week. Volunteer opportunities are always available. Stop in or call 570-421-DOGS for more information.

The AWSOM Animal Wellness Center is open Monday thru Friday for all your basic veterinary needs. Check out our low-cost veterinary services, including spay and neutering, vaccinations, dental care and more. Call 570-424-1060 for more information or to make an appointment.

Visit our website at [AwsomAnimals.org](http://AwsomAnimals.org)  
Facebook: A.W.S.O.M.

## GET A COPY OF THE BELT &amp; BEYOND AT THESE LOCATIONS

**BANGOR**

Ace Hardware  
A Clean Slate  
Albanese Flowers & Plants  
Baby Harry Coffee Co.  
Bloom Creative Studio  
Bangor Area School District  
Bangor Borough  
Bangor Child Care Center  
Bangor Elks  
Bangor Hardware  
Bangor High Rise  
Bangor Laundromat  
Bangor Podiatry  
Bangor Post Office  
Bangor Public Library  
Bangor Tire and Auto  
Bangor Trust Brewing  
Bank of America  
Blue Valley Diner  
Blue Valley Farm Show  
Bono Pizza  
Borked PC  
Bray's News  
Broadway Pub  
Burning Daylight Greenhouse  
Carmella's Salon  
China Wok  
Chocolates on Broadway  
Cuts Plus  
Dinky's Ice Cream Parlor  
Dotta Chrysler Jeep  
Duke's Sporting Goods  
Dunkin Donuts  
Episcopal Apartments  
First United Methodist Thrift Store  
Grace on Broadway  
Ginder Greenhouse  
Good Shepherd  
Hartzell's Auction Gallery  
Health Network Laboratories  
Heard's Meat Market  
J Nails  
JMS Salon  
Job Connections  
Johnnie's Restaurant  
Kline's Auto Repair  
Lehigh Valley Health Network  
Little Corner Cafe  
Lafayette Bank  
Little Creek Bar-B-Cue  
Main Street Market  
Magda Family Dental  
Mary Eck O.D. Optometrist  
Merchant's Bank (Rt 191 & Broadway)  
Pets Plus Supplies  
Pies to Die For Cafe  
Platinum Cutz Barber & Tattoo  
Recovery Revolution/A Clean Slate  
Renee's Cafe  
Rite Aid  
Ruffly Purfect  
Santander Bank  
State Representative Joe Emrick

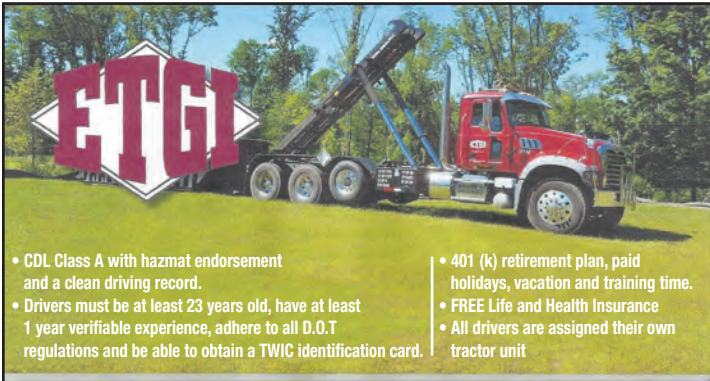
Slate Belt Chamber of Commerce  
Slate Belt Nursing & Rehab. Center  
SNAP Fitness  
STA Bus Co.  
Subway  
Talero Pit Stop  
Three Brothers Beverage  
Tolino's Fuel Service  
Tolino's/Valero  
Turkey Hill Minit Market  
Veronica Anthony's Salon and Spa  
Vinnie's Pizza  
Weaver Chiropractic  
Weis Market  
**PEN ARGYL**  
Anderson's Formalwear  
Blue Mountain Community Library  
Bono Pizza  
Cascario's  
Cuono's Barber Shop  
Dr. Gary Williams DMD  
Donna's Salon  
Emmy Lou's Ice Cream  
Forza Sports  
Giordano's Italian Restaurant  
Jennifer's Salon & Consignment Boutique  
Leck Veterinary Hospital  
The Lunch Room  
Miss Rose's Pre-School  
Morning Star Manor  
Mr Pastie  
The Old Mill Restaurant  
On the Spot Dry Cleaners  
Pen Argyl Pizza  
Pen Argyl Post Office  
Reagle Dodge  
Reimer Bros.  
Reto's Barber Shop  
Rep. Mario Scavello  
Sabatino Insurance  
Slate Belt Floor & Wall  
Slate Belt YMCA  
The Slate Pub  
Tolino's/Valero  
**ROSETO**  
Faith Christian School  
J.C. Bloom Designs  
J. DeFranco & Daughters Carting  
Roseto Bakery  
Ruggiero's Market  
**WIND GAP**  
Albanese Garden Center  
Anthony's Pizza  
Blue Valley Family Practice  
Blue Valley Lanes  
Cafe on Broadway  
Chandler Estates  
Cozy Barn  
Crystal Nails  
Daisy Dairy Bar  
Detzi's Tavern  
Doughboys Pizza  
Dunkin Donuts  
ESSA Bank & Trust

Family & Friends Restaurant  
The Gap Diner  
Great American Real Estate  
Hong Kong Chinese Restaurant  
H & R Block  
Instant Replay  
Inn Town Storage  
Let's Pass It On  
Mike's Produce  
Nana's Oasis Pool Supply  
Nana's Oasis  
Penn Jersey  
Petromart  
Realty Executives  
Sal's Pizza  
Soapee Sudz Laundry  
Square One  
State Representative Marcia Hahn  
St. Luke's Wind Gap  
Subway  
Sweet Nanny's Candies & Ice Cream  
Taste of Nature  
Three Brothers Pizza  
Walden III  
Wells Fargo  
Wind Gap Chevy Buick  
Wind Gap Hardware  
Wind Gap Laundromat  
Wind Gap Post Office  
**MOUNT BETHEL**  
5 Points Inn  
Comunale's Italian Market  
Expression Thru Glass  
Horn's Outdoor Inc.  
Johnsonville Farm & Garden, INC  
Merchant's Bank  
Middle Village Bakery  
Miller's Egg Ranch  
Mt. Bethel Beverage  
Mt. Bethel Diner  
Mt Bethel Hardware  
Mt. Bethel Medical Center  
Mt. Bethel Pizza  
Mt. Bethel Post Office  
Penn Jersey  
Realty Solutions  
Realty World Country Classic  
Subway  
Teel Realty  
Thomas Greenhouse  
TK's Bar & Grill  
Todd's Auto Body  
Teresa's Pizza  
Tuscarora Inn  
Upper Mt. Bethel Twsp. Office  
**PORTLAND**  
Janet's Jems  
Kelly's Ice Cream  
PA Bagel & Deli  
PNC Bank  
Portland Post Office  
Super Heat  
**DELAWARE WATER GAP**  
Village Farmer & Bakery

**MARTIN'S CREEK**

DeBer's Corner  
Martin Creek's General Store  
Palmeri Transportation  
**NAZARETH**  
Alexandria Manor  
Dunkin Donuts  
Emily's Ice Cream  
G.S. Oswald Jewelers  
Hair Design 201  
Memorial Library of Nazareth Vicinity  
Mivajo's Pizza  
Nazareth Area Coin Laundry  
Nazareth Borough Office  
Nazareth Chamber of Commerce  
Nazareth Exchange  
Nazareth Hardware  
Nazareth Tanning  
Nazareth YMCA  
People's First Credit Union  
Plainfield Twsp., Municipal Bldg.  
Potts' Doggie Shop  
Sears Appliance  
Shear Envy  
State Rep. Joe Emrick  
Stehly's Bakery & Eatery  
Subway/Papa John's  
Tips to Toes Nail Salon  
VIA Thrift Store  
Zanette's Nazareth Grill  
**BATH**  
Dotta's Auction  
Dunkin Donuts  
Friends and Family Restaurant  
Hickory Hills  
Pizzaville  
Sunoco Gas Station  
Wells Fargo Bank  
**BELFAST**  
Fuel Cell  
Plainfield Diner  
**STOCKERTOWN**  
A Country Home  
Klein's Dairy & Farms  
Sunoco (Rte. 191 & 33)  
Stockertown Post Office  
The Beauty Bar  
Tolino's/Valero  
**TATAMY**  
Easton Coach  
Northampton Farm Bureau  
Tatamy Post Office  
**PALMER**  
Palmer Diner  
Palmer Nursery  
Raub's Farm Market  
Stroehmann Bakery Outlet  
**FORKS**  
BB&T  
Catanzareti Pizza  
CIT  
Holiday Hair  
Merchant's Bank

Neighbor X Pharmacy  
Nicolosi's Pizza  
Salvatore's Pizza  
St. Luke's Health Center at Forks  
St Starr Exxon  
**EASTON**  
Caribbean Tans (25th St.)  
Connexions Gallery  
Crayton's Creations  
Chimpun Peru  
Dunkin Donuts  
Daddy's Place  
Easton Hospital  
Easton Public Library  
Jimmy's Hot Dogs (25th St.)  
Josie's NY Style Deli  
Joe's Delicatessen  
Quadrant Book Mart & Coffee House  
Skintest Skin Care & Boutique  
Third Street Alliance  
Tic Toc Family Restaurant  
Sweet Girls Bakery  
**POCONOS/BRODHEADSVILLE**  
Bono Pizza  
Dunkin Donuts  
Kinsley's Shop Rite  
West End Diner  
**SAYLORSBURG**  
Creature Comforts  
Mountain House Country Store  
Saylorsburg Lumber  
**SNYDERSVILLE**  
Snydersville Diner  
**STROUDSBURG**  
Blu Studio  
DeNovo Clothing  
Dunkleberger's  
Earthlight Natural Foods  
Eastern Monroe Public Library  
Ellie Mae's Closet  
Grace Park Seniors Living Well  
Magda Family Dental  
Mountain Mutts Grooming & Salon  
Philly Steaks  
Raw Winery  
ShopRite  
The Potting Shed  
The Renegade Winery  
Triplets Diner  
**E. STROUDSBURG**  
Dunkin Donuts  
Soap Box Laundromat  
**NEW JERSEY/BELVIDERE**  
Bagelsmith  
Belvidere Diner  
Cross Roads Diner  
Belvidere Food Mart  
Marshall's Farm Market  
Rosal Jewelers  
Skoggy's Deli  
Thisilldous Eatery  
Uncle Buck's Diner  
**COLUMBIA**  
Smittys Liquor Store



- CDL Class A with hazmat endorsement and a clean driving record.
- Drivers must be at least 23 years old, have at least 1 year verifiable experience, adhere to all D.O.T regulations and be able to obtain a TWIC identification card.
- 401 (k) retirement plan, paid holidays, vacation and training time.
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Home every night.

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Home every other night and most weekends.

Starting pay is **\$.45/per mile**

**ROLL OFF DRIVERS:**

Local pickup and delivery of containers.

Starting pay is **\$20.00/per hour**

Applications must be completed in person at:

**Environmental Transport Group, Inc.**  
194 Goldmine Road, Flanders, NJ 07836  
(800) 598-3844 • [www.DumpsterPrice.com](http://www.DumpsterPrice.com)

**BANGOR MEMORIAL PARK POOL  
CERTIFIED LIFEGUARDS &  
TICKET TAKERS WANTED**

Bangor Borough will be accepting applications for ticket takers and certified lifeguards for the 2018 Bangor Memorial Park pool season.

Certified lifeguard pay range, \$10 - \$12 per hour.

Applications may be obtained from

[www.bangorborough.org](http://www.bangorborough.org) or requested at the Borough office at 197 Pennsylvania Ave.

during regular business hours,

Monday through Friday, 8 a.m. to 4 p.m. Applicants must be 16 years or older at time of submission.



**SPEND THE SUMMER IN THE SUN!**

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*All Classified ads must be pre-paid. No Exceptions. No Refunds or Credits.*

**Ackermanville United Methodist**

1410 Ackermanville Road, Bangor, PA.,  
(just off Rt. 191 in Ackermanville),  
9 AM Sunday School, 10 AM Worship  
Rev Alice Ann Bonham, (610) 588-7818  
www.ackermanvilleumc.org

**Arndt's Lutheran Church**

1851 Arndt Road, Easton, PA 18040, 610-253-3732  
Worship: Sat. 6:00 PM, Sun. at 8:15 AM Communion;  
9:00 AM Children's Sunday School; 9:30 AM. Confirmation;  
10:30 AM Worship. Holy Communion is celebrated on the 1st  
& 3rd Sundays of the month.  
Tue. - 10:00 AM Open Arms; 7:00 PM Boy Scouts & Bible Study.  
Thur. - 10:00 AM Open Arms  
Midweek Lenten Services - Wed., Feb. 21st thru Wed., Mar. 21st

**Bangor Church of the Nazarene**

150 Bunny Trail, Bangor  
9:30 AM Sunday School, 10:40 AM Worship  
Powerhouse Praise Practice 5 PM  
Teen Straight Talk & Small Groups 6 PM  
Kenneth L. Bean, Pastor, (610) 588-6929

**Belfast Bible**

483 Belfast Road, Belfast  
9:30 AM Sunday School (All Ages)  
10:45 AM Worship, Evening Service 7 PM  
Pastor Michael Yaworski

**Belfast Wesley United Methodist**

607 School Street, Belfast  
9:00 AM Children & Adult Sunday School, 10 AM Worship,  
followed by coffee fellowship.  
Pastor Paul Milligan, (610) 746-3652

**Benders Mennonite Church**

975 Benders Church Road, Pen Argyl  
10:10 AM Worship, Food Bank 3rd Saturday  
of the month 9 AM - 11 AM  
(610) 863-9114

**Bethel Bible Church of Mt. Zion**

7742 N. Delaware Dr. (Rt 611) Martins Creek  
9 AM Sunday School, 10 AM Worship  
Pastor Rick Tunis, (610) 250- 9809  
www.bethelbiblechurchofmtzion.org

**Christ Hamilton United Lutheran Church**

419 Bossardsville Road, Stroudsburg, PA 18360  
570-992-4085, www.christhamilton.org,  
email: chulc@ptd.net  
Worship Services @ 8:15am & 11:00 am  
Sunday school for 3 year olds thru adults @ 9:30am

**Christ Evangelical Lutheran Church**

703 S. Delaware Dr (Rt 611) Stone Church/Mt. Bethel  
610-588-7056 e: celcpaorg@yahoo.com  
Sunday School 9am (Sept-May)  
Worship 10am; communion 1st & 3rd Sunday  
www.celcpa.org

**Community Baptist**

Weona Park Center, Pen Argyl  
7 PM Bible Study, Separate class for age 10 & under

**Clearfield Bible Holiness Church**

1502 Bushkill Center Road, Wind Gap  
10:30 AM Sunday School, 11:15 AM & 2 PM Worship  
7 PM Thursday Prayer Meeting  
Pastor Mike Beck, (570) 369-6563

**Community Church**

Mount Pocono - 1050 Memorial Blvd., Tobyhanna, PA 18466 -  
SUNDAYS 9:30 AM | 11:00 AM | 12:30 PM

**Community Presbyterian**

1755 S. Delaware Drive, Mount Bethel  
9:15 AM Sunday School, 10:30 AM Worship  
Coffee hour on last Sunday of every month  
following service cpcmbp@peoplepc.com  
2nd Wednesday - Community Eucharistic worship service  
beginning on Feb. 8th at 2:00PM  
(570) 897-6766, www.yourcpchurch.com

**Cross Road Baptist Church**

201 S Second Street, Bangor  
9:30 AM Sunday School, 10:45 AM Worship  
Wednesday 7 pm Prayer/Bible Study  
2nd Sunday of Month Free Meal  
4-5:30 pm Breaking Bread Soup Kitchen  
Rev. Jay VanHorn, Pastor, 610-588-3966  
www.crossroadbaptistbangor.com

**East Bangor United Methodist Community Church**

136 West Central Avenue, East Bangor, PA  
**Sundays** - 8:30 AM Choir Rehearsal, 9:15 AM Worship Service  
w/Kids Church, 10:30 AM Bible Study  
After-Church Fellowship (Last Sunday),  
4:00-5:30 PM Free Dinner (1st Sunday)  
**2nd Wednesday** - 7:00 PM U.M.W. "Esther Circle"  
**Thursdays** - 6:30 PM Bazaar Workshop;  
7:00 PM Choir Rehearsal  
**Saturdays** - 8:00 PM AA Meeting  
Next Free Community Dinner, January 7, 4 - 5:30 PM  
Pastor David Goss (610) 588-4453  
Dial-A-Message (610) 588-3896  
www.ebumc.org

**Faith Alive Community Church**

10 Mechanic Street, Wind Gap  
10 AM Worship, 10:45 AM Children's Church  
and Next Level (Grades 7-12)  
Pastor Matthew Whistler, (610) 863-6911  
www.faccpa.org

**Faith United Presbyterian**

218 W. Penna. Avenue, Pen Argyl  
**Tues:** Faith Quilters-1PM  
**Wed:** Adult Bible Study-10AM  
**Sun:** Choir 9AM, Worship/Church School 10 AM  
Rev. Ruth Ann Christopher (610) 863-4447

**Family Life Community Church**

1115 Richmond Road, Bangor  
Wednesday: Kidz Night Out at The Hub 6:30-  
8:30 PM (Kids ages 6 thru 6th grade), Thursday: Teen  
Night Out at The Hub 6:30-8:30 PM (Grades 7th thru  
9th) 10 AM Worship Service  
Pastor Mike Poppa, (610) 588-3736,  
www.flccbangor.com

**Faith Lutheran Church, LCMS**

2012 Sullivan Trail, Easton (Forks Township)  
Phone, 610-253-1625 email: faithlcms@outlook.com  
Sunday Worship 8am and 10:30am. Sunday School for all,  
9:15am. Holy Communion celebrated, each service  
Rev. Christopher Crume  
Christian Preschool (ages 2 1/2 to 4)

**First United Evangelical**

25 South 2nd Street, Bangor  
**Sun.:** Morning Worship at 10:00 AM  
**Wed. Eve.:** Prayer Meeting and Bible Study, 7 PM  
Pastor Ronald Shipman, (610)-588-3226

**First United Methodist Church**

55 N. 3rd St., Bangor  
Worship every Sunday at 11:00 am. Communion served the  
first Sunday of every month. Children's message and Sunday  
school during worship.  
Pastor Chris Hardy 610-588-4673  
www.FirstUMCBangor.com  
www.facebook.com/rstUnitedMethodistChurchBangor  
Come as you are. All are welcome!

**Faith Family Fellowship**

1002 Bushkill Center Road, Nazareth  
Sundays: 10 AM Worship Service with fellowship time  
to follow  
Pastor Robert Hampton, 484-408-9624

**Flicksville United Church of Christ**

1337 Lower South Main Street, Bangor, PA 18013  
610-588-4648 www.flicksvilleuicc.org  
Sunday School 9:30a.m.  
Sunday Worship 10:45a.m.  
Service will include local musical talent

**First United Methodist**

19 West & Water Street, Wind Gap  
9 AM Adult Sunday School  
10 AM Worship/Communion  
11 AM Fellowship on 1st Sunday of each month  
Pastor John Vidal (570) 426-0645

**Good Shepherd Evangelical Lutheran Church**

2904 Church Road, Martins Creek  
9 AM Worship, Adult Bible, Study following worship  
Pastor Louise Williams

**Grace Lutheran Church**

5907 Sullivan Trail, Nazareth  
9 AM Service, 10:15 AM Sunday School,  
10:30 AM Adult Forum  
(610) 759-9080, www.gracebelfast.org

**Grace United Methodist Church**

404 Mountain Avenue, Pen Argyl  
8:30 AM Contemporary Worship  
10 AM Blended Service, Sunday School  
Rev. J. Timothy Fisher (610) 863-4811

**Holy Trinity Orthodox Church**

1501 Trinity Court, Stroudsburg  
9:30 AM Divine Liturgy Sundays  
6:30 PM Vespers Saturday  
(570) 421-4455, www.holytrinitypoconos.org

**Hopesprings Community of Faith**

301 Market Street, Bangor  
Meeting time 10:00 AM  
855-info-hope., www.hopespringscommunity.org

**Hope Lutheran Church**

240 S. 8th Street, Tatamy, PA  
Pastor Herbert Dolich  
9:00am Sunday School classes and Bible Study (Sept.-May)  
10:30am Worship services(Sept.-June)

**Hope UCC**

701 Cherry Street, Wind Gap  
Worship will begin at 10:30 and Sunday School will  
begin at 9:15 am. Communion is the first of the  
month.  
AA Meetings - Sundays at 7:00 PM; Mon. & Tues.  
Mornings at 10:00 AM; Wed. at 7:00 PM  
(610) 863-4474

**Living Waters Christian Church**

396 Sterling Road Unit D, Tobyhanna  
Thursday: 6-7 PM Christian Education, Sunday: 9:15  
AM Christian Education, 10:30 AM Worship  
Rev. Dr. Jacqueline R. Walters  
(570) 350-4710 or (570) 629-5581  
livingwaterscc@aol.com

**Arsha Vidya Pitham (Institute for Study of Vedanta, Yoga and Meditation)**

651, Route 115, Saylorsburg www.arshavidya.org



**Mount Bethel Church**

1270 Belvidere Corner Road, Mt. Bethel  
Pastor Chris Priestaf, (570) 897-7142  
Little Friends Preschool (570) 897-7797  
email office@mountbethelchurch.org  
www.mountbethelchurch.org

**Sunday Service Schedule**

8:30 & 11am Worship Services  
9:45 Confirmation and Sunday School

**Mount Eaton Church**

7277 Mt. Eaton Road, Saylorsburg  
Services: 6:30 PM Saturday, 8 AM Sunday Traditional, 10:30 AM Sunday Contemporary,  
6 PM Sunday Youth Group, Wednesdays: 7 PM Family Night,  
8:30 PM Young Adults' Group  
Pastor Doug Hayes, (570) 992-7050  
mouneatonchurch.org

**Nazareth Moravian Church**

4 South Main Street, Nazareth, (610) 759-3163,  
nazarethmoravian.org  
Sundays -8:15 Worship; 9:30 Sunday School; 10:45 Worship  
Noon Confirmation 2/4; 5:30pm Confirmation Class 2/25  
7:00 Inquirers' Class 2/4, 2/11  
Wednesdays-6pm Weight Watchers: 7pm Bible Study 2/7  
6pm Lenten Diner & 7pm Worship 2/14, 2/21, 2/28  
Thursdays-6:30pm Bell Choir: 7:15pm Senior Choir

**Northampton God's Missionary Church**

4965 Nor Bath Blvd, Northampton, PA  
Sundays: 10:00 AM, and 6:30 PM  
Wednesdays at 6:00 PM. (call for location)  
Daniel Richardson, pastor (610) 262-4412  
www.ngmc.church

**Our Lady of Good Counsel**

436 South 2nd Street, Bangor  
4 PM Saturday, 8:30 AM Sunday  
Pastor Stephen L. Maco, (610) 588-5445

**Portland Baptist Church**

601 Delaware Avenue, Portland  
9 AM Sunday School, 10 AM Fellowship, 10:20 AM Worship,  
6-7:30 PM AWANA Youth Group/Prayer Meeting/Bible Study,  
Handicap accessible  
(570) 897-6866, www.portlandbaptistchurch.com

**Prince of Peace Lutheran Church**

2445 Lake Minsi Drive, Bangor  
Every 1st & 3rd Saturdays of the month at 5:30 PM Worship &  
Holy Communion  
Sundays: 9:45 AM Worship & Communion  
Rev. Michael J. Scholtes, (610) 588-2355  
www.popbangor.org

**Presbyterian Parish of Bangor-Roseto**

Sunday 10:45 AM Worship Service  
Rev. Albert Martin, (610) 588-4864  
www.presbyparishbangorroseto.webs.com

**Presbyterian Church of the Mountain**

Church Lane, Delaware Water Gap (570) 476-0345  
Sunday Worship Service: 10 AM in the Sanctuary  
Holy Communion: 1st Sunday of each month  
Praise Team: 2nd Sunday of each month  
Sunday School: during worship in the Fellowship House for  
ages 0-12 (childcare and class)  
Choir Rehearsal: Thursday at 7:30 PM in the Fellowship House  
Choir Room, Deacons Meeting: Last Sunday of each month at  
11 AM, Session: 2nd Thursday of each month at 7 PM, Bible  
Study: each Monday at 7 PM

**Richmond United Methodist Church**

8538 Delaware Drive, Bangor. Pastor Ed Van Arsdale  
Sunday Service 10:00 AM ; Children's Sunday School 10:00 AM  
Mar 25th Palm Sunday Service 10 AM  
Mar 25th Easter Egg Hunt 1 PM  
Mar 29th Maundy Thursday 6:30 PM "Soup-in-a-Bread bowl"  
Maundy Thursday Service 7:00 PM  
Apr 1st Easter Sunday 7:00 AM & 10 AM  
Apr 13th - 14h Rummage Sale  
(610) 588-7317 www.richmondumc.com

**Refiner's Fire Ministry**

100 Division Street, Portland  
Sundays: Prayer 9:15 am Worship 10:00 am  
Wednesday Night Bible Study 7:00 pm  
Friday Night Redemption (Christ-centered, 12 step meeting)  
8:00pm  
Pastors Phil and Jessica Karasiewicz  
570-583-3101  
refinersfireministry2006@gmail.com

**Slate Belt - Nazareth Baptist Church**

1620 Church Road, Pen Argyl  
Every Tuesday: Mixed Martial Arts/Self Defense 7-8:15 PM,  
Sunday: 9:30 AM Sunday School, 10:30 AM Worship &  
Children's Church (nursery provided)  
Adult Bible study is at 5:30, AWANA is at 5:30  
Pastor Dustin Ulrich, (610) 863-9274

**The Roseto Independent Presbyterian Church**

210 Garibaldi Avenue, Roseto  
9:15 AM Greeting, 9:30 AM Service  
Rev. Barry Eng, (610) 599-9949  
www.RIPC-OnlineToday.org

**Salem UCC**

2218 Community Drive Bath PA 18014  
Worship 8:00 AM; Sunday School, Confirmation Class, Junior  
Choir 9:00 AM; Worship 10:15 AM  
Sundays Cub Pack 50 1:00 PM  
First & Third Mon. of the month Pinochle Club 11 AM-2:30 PM  
Third Monday of the month Consistory Meeting 7:00 PM  
Tuesdays Boy Scout Troop 50 6:30-8:00 PM & Senior Choir 7:00 PM  
Wednesdays Ladies Aid Quilting 9:00 AM-3:00 PM  
Pastor Donald Brown, (610) 759-1652  
www.salemuccbathpa.org

**St. Brigid's Episcopal Church**

301 Madison Avenue, Nazareth  
9 AM Holy Eucharist  
Rev. William Martin,  
(610) 746-3910, www.stbrigidspa.org

**St. Elizabeth's Parish**

300 West Babbitt, Pen Argyl  
Masses: 5 PM Saturday, 8 AM, 9:30 AM & 11 AM Sunday  
Rev. Msgr. Vincent P. York. (610) 863-4777

**St. Luke's UCC**

471 Belfast Road Belfast (Nazareth), PA  
Worship 10:30 am - 1st Sunday of month Holy Communion  
Rev. Cecilia and Rev. Jameson Baxter  
(610) 759-0244  
www.stlukesuccbelfast.com

**St. Mary's Episcopal**

340 Lehigh Street, Wind Gap  
9 AM Eucharist, Coffee hour follows service.  
The Rev. Canon Joel Atkinson, priest in charge.  
(610) 863-8007 saintmarywindgap.webs.com

**St. Matthew's UCC**

102 Church Rd., Kunkletown, PA 18058 610-381-2442  
www.stmattsucckunkletown.com  
Traditional worship is 9 AM weekly, w/Communion on the 1st  
Sun. of the month.  
Country Gospel worship 12 PM 2nd Sun. of each month  
Sunday School meets 10:30-11:30 AM weekly.  
The Nursery, for infants and children up to age 5, is available  
during 9 AM worship during the Family Table service

**St. John's Evangelical Lutheran**

12 North Westbrook, Pen Argyl  
8:45 AM Sunday School, 10 AM Worship  
(610) 863-4332

**St. Joseph's Episcopal**

1440 Verona Drive, Pen Argyl  
11 AM Eucharist, Coffee hour after service  
The Rev. Canon Joel Atkinson, priest in charge.

**St. Peter's Evangelical Lutheran Church**

1422 Church Road, Pen Argyl  
8 AM & 10:15 AM Services, 9 AM Sunday School, 7 PM Praise Band  
(610) 863-6859 www.stpetersplainfield.com

**St. Peter's UCC**

401 Broad Street, Tatamy  
10:00 AM worship all year; 10:00 AM Sunday school Sept.-May.  
Interim Pastor Dale Sattizahn, (610) 252-6515

**St. Vincent DePaul Catholic**

Delaware Avenue, Portland  
6 PM Saturday, 10:30 AM Sunday  
Rev. Stephen L. Maco, (610) 588-5445

**The Salvation Army**

301 W. Main Street, Pen Argyl, PA 18072  
610-863-6677  
Sundays: 10 AM Sunday School, Sunday services every  
Sunday from 11:00am-12:00pm.

Tuesdays: Food Bank 10 AM-12 PM

Wednesdays: Knitting & Crocheting 10 AM-12 PM

Thurs: 10:30-11:30 AM Home League Women's group.

Free Lunch for Seniors: Tues.-Thurs. 12 PM

**The Pentecostal Christian Church**

**the Truth (Iglesia Pentecostal La Verdad)**

4 Jory Avenue, Pen Argyl  
12 PM Sunday School (Escuela Dominical)  
1 PM Praise & Worship (Cuho Evangilistico)  
All invited to Bilingual Services

Rev. Frank Pons, (570) 807-7794

**Temple Israel of the Poconos**

Egalitarian Conservative Synagogue  
711 Wallace Street, Stroudsburg  
Sabbath Services: Friday 8 PM followed by a Traditional Oneg Shabbat  
Saturday 9:30 AM followed by a traditional Kiddush. Services  
conducted in both Hebrew & English in a warm, welcoming, Jewish  
environment. Hebrew School for ages 4-13  
Dr. Sandra Alfonsi, 570-223-7062

**Trinity Evangelical Lutheran**

404 Broadway, Bangor  
Sunday School 9am - Worship 10:15am  
Pastor Laine, 610-588-2023  
www.tlcbangor.com

**Trinity United Church of Christ**

632 South Delaware Drive, Mt. Bethel  
Sunday School 9:15 am & Worship 10:30 am .  
Rev. Rodney W. Wells, (610) 588-1989

**Zion Presbyterian Church**

Water Street, Wind Gap  
9:30 AM Service, Children's Sunday School during service.  
Visitors are welcomed!  
Rev. Sam Huffard

**Zion United Lutheran Church**

1919 Route 209 in Brodheadsville.  
Worship: Saturdays 5:00 PM informal spoken service,  
Sundays 8:00 AM with recorded music and 10:30 AM with  
choir. Sunday School for all ages @ 9:15 AM.  
The Rev. E. Ann Melot~ ELCA  
570-992-6988 www.zionulc.com

610-863-6900

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