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BEYOND

A PUBLICATION FEATURING local events, news, happenings and more

THE Settand BEYOND June 29, 2017



CONTENTS

•	Weekend Happenings	3
•	Upcoming Events	4-5
•	Community News	7-9, 19, 28
•	High School Graduations	10-11
�	July 4th Celebrations	12-13
•	Happenings	14-17
•	Dining	18
	Home and Garden	20-21
\Diamond	Young at Heart	22-23
•	Arts & Entertainment	24-25
®	Furry Friends	26
*	Automotive	27
\$	Business Directory	28
	Classifieds	29
	Religious Services	30-31
	Slate Belt Corvette Club	32

HAVE A SAFE AND HAPPY JULY 4TH

Next issue will be printed July 13th

Deadline for all ad copy and news Friday, July 7th

Email your news and events to thebeltandbeyond@gmail.com

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Like us on Facebook "The Belt and Beyond"
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JULY

FIRE WORKS SAFETY MONTH JUNE1-JULY 4
NATIONAL DAYS

JULY 1-NATIONAL POSTAL WORKER DAY

JULY 5-NATIONAL BIKINI DAY

JULY 6-NATIONAL FRIED CHICKEN DAY

JULY 10-NATIONAL PINA COLADA DAY

JULY 11-ALL AMERICAN PET PHOTO DAY

JULY 14-NATIONAL MAC 'N CHEESE DAY

JULY 16-NATIONAL ICE-CREAM DAY

JULY 19-NATIONAL HOT DOG DAY

JULY 20-NATIONAL MOON DAY

HOLIDAY

JULY 4-INDEPENDENCE DAY

June 29, 2017

*™***WEEKEND HAPPENINGS**

Wind Gap Fire Company - Carnival

June 29th 5:00pm-10:00pm, June 30th 5:00pm-11:00pm and July 1st 5:00pm-10:00pm; held at the Wind Gap Borough Park (S. Lehigh Avenue and E. 3rd Street). Free rides with a donation, music and fireworks July 1st. For more information visit www. windgapfirecompany.com All proceeds benefit Wind Gap Fire Company.

Silent Auction Prince of Peace Church

Friday, June 30th 5:30pm-9:30pm. Prince of Peace Lutheran Church 2445 Lake Minsi Drive, Bangor, PA, For more Information call 570-897-6601 or 610-588-2355.

Nazareth Annual July 4th Kazoo Parade

The Nazareth-Bath Regional Chamber of Commerce will host the annual July 4th Kazoo Parade and Patriotic Program on Tuesday, July 4th, 9:30 am For additional information please call the Chamber office at: 610-759-9188 or www.nazarethchamber.com see full details page 13.

Blue Valley Farm Market to Host Culinary Event "The Slate Belt Foodie Gathering"

The Blue Valley Farmers Market will be hosting a Culinary Event on July 2, 2017. Local chefs will be presenting seasonal recipes and various tastings with available seasonal produce. Also scheduled for the day is a Chili Cook-Off, which is open to the general public, for the best Chili in the area. There will be awards for First Place and People's Choice to determine the area's best chili. There will also be entertainment throughout the event and our local vendors will be offering specials for the weekend. Schedule and applications for participation, are available at the Market every Sunday from 10:00am to 2:00pm. Space is limited and early registration for the Chili Cook-off is recommended. Plan to end your weekend on a hot note!

Pennsylvania Fish-For-Free Day

Pennsylvania Fish-For-Free Day will be held on Tuesday, July 4th, (Independence Day)

Fish-for-Free Days allow anyone (resident or nonresident) to legally fish on Pennsylvania waterways on the designated days with NO FISHING LICENSE

REQUIRED (Trout/Salmon and Lake Erie permits are also **NOT** required). All other fishing regulations still apply.

Fish-for-Free Days are great ways for families to "catch" the fun of fishing! For more information visit the Pennsylvania Fish and Boat Commission

Website www.fishandboat.com





Blueberry Festival

• Saturday, July 8th •

3:00 PM-9:00 PM

Homemade Food, Games, Bingo, Free Kiddie Cake Walk, 50 Prize Raffle

We have many picnic tables or bring a lawn chair In case of rain food sold in the church 3:00 PM-7:00 PM | STEEL CREEK BAND

Music By



Salem Ucc Church Grove

2218 Community Drive (RT. 946) Bath, PA (Moorestown)

QUIET VALLEY LIVING HISTORICAL FARM

Preserving Pennsylvania's Agricultural Heritage

Guides in Period Clothing Recreate Life on a 19th Century Pennsylvania German Farm See farm animals, heritage crafts, tour historic buildings Open June 17 thru Labor Day Monday



Tue - Sat 10am - 5pm; Sun 12 - 5pm \$10 Adult, \$5 Ages (3-12)

July 8 Music in the Valley

Enjoy a day of traditional music played by various performers Jam session at 3:30

August 5 Heritage Craft Day

A day dedicated to traditional craft & trade skill demonstrations Try some crafts out, Children's activities These two events are sponsored in part by a PA Partners in the Arts grant

570-992-6161 Stroudsburg PA quietvallev.org



BANGOR MEMORIAL PARK POOL SPLASHDANCE

July 14th 7:30pm-9:30pm

For youths entering 7th, 8th & 9th Grades \$3 Admission

Food and drinks will be available for purchase at the food stand Lifeguards will be on duty.

Adult Chaperones will be present.

All Pool Rules apply - bathing suits required (no cut-offs)

For more information contact: Debbie 610-751-7692 or bangorparkboard@gmail.com



Delaware-Lehigh Amateur Radio Club Meeting

Delaware-Lehigh Amateur Radio Club will hold its meeting **Thursday**, **July 6, 7:30pm** in the Bethlehem Township Community Center, 2900 Farmersville Road, Bethlehem. Program: "Welcome ARRL Atlantic Division Director" - W3TOM. Hams and others interested are always welcome. Directions: http://goo.gl/maps/qKUJC. FMI: www.dlarc.org. 610-432-8286.

Eagle Scout Project—Book Collection

Monday, July 7th 1:00pm-4:00pm; New and used book collection will be held at the Bangor Public Library. The collection of books will benefit Troop 41 Eagle Scout Project.

Trinity United Church of Christ Ice-Cream Festival

Annual Ice Cream Festival at Trinity United Church of Christ **Saturday, July 8th from 4:00pm - 8:00pm.** 632 S. Delaware Drive, (Route 611), Mt. Bethel, PA 18343 610-588-1989

Marine Corps League Northampton County Meeting

Marine Corps League Northampton County Detachment 298 Meeting 12 July / 1900. 1621 Lehigh St., Easton. All active duty and honorably discharged Marines welcome! jimmineousmc@rcn.com www.norcomcl.org Facebook: Marine Corps League Northampton County Detachment 298

Historical Bangor Business Association Events

The Historical Bangor Business Association will host the following upcoming events: **Saturday, July 8th, Block Party; Saturday, September 23, Wine and Music Festival.** All events will be held rain or shine and will take place on Broadway, in Bangor. If you are a Bangor Business owner and are interested in getting involved and supporting small businesses and your community. Please contact Pies to Die For Cafe at 610-340-4756 or www.facebook.com/historicalbangorbusinessassociation





Open 7 Days

Big Savings on Hanging Baskets,

Annuals, Bedding Plants! Hurry in for Best selection!

907 BENDERS CHURCH ROAD | PEN ARGYL, PA | 610-863-5597

Friends of the Bangor Public Library Downtown "Duck Race"

The Friends of the Bangor Public Library will again sponsor its famous Duck Race on **Saturday, July 8th, 2017** in conjunction with Bangor's Downtown Block Party. The numbered ducks will be placed in the Martin's Creek at the Penna. Avenue bridge and will continue their trek until they reach the library bridge at Broadway and Main Streets. Four cash prizes will be given out to the first four ducks to cross the finish line. A percentage of tickets sold will determine the purse.

1st Place: 20%, 2nd Place: 10%, 3rd Place: 5% 4th Place: 5%. The more tickets that are sold the more money winners will receive. Tickets are now available at the Bangor Public Library. You do not have to be present to win. For additional information contact: Karen Brewer at 610-588-8615

Bangor Park 2017 Summer Events

Splash Dance-Friday, July 14th: 7:30pm-9:30pm Splashdance at the pool for all teens that will be entering 7th, 8th and 9th grades. Family Luau-Friday Night, July 21st: 7:00pm-9:30pm admission fees to be announced at a later date.

Summer Pool Party-August 12th: 1:00pm-4:00pm admission fees to be announced at a later date.

Pooch Plunge-August 19th The last day of the pool season is one for our furry friends. Come out with man's (or women's) best friend and enjoy one of the last days of summer with a doggie swim day! Time to be announced.

Anyone interested in volunteering for the Park Board or any of these events can contact Debbie Smith at bangorparkboard@gmail.com or 610-751-7692

BMCL Semi-Annual Book Nook Sale

The Blue Mountain Community Library will hold a Semi-Annual Book Nook Sale on Thurs., July 13, from 10:00am-12:00pm and 6:00pm-8:00pm., Fri., July 14 and Sat., July 15 from 10:00am-12pm. All items in the Book Nook, located on the 2nd floor of the library, will be reduced for those two days. Items include gently used Children and Adult Books, both hard and soft cover, Puzzles, DVDs and CDs. Please support the library by purchasing books for yourself or your favorite reader. Book Nook gift certificates are also available. The Blue Mountain Community Library is located at 216 S. Robinson Ave. in Pen Argyl, PA. Hours are M-Sa, 10:00 am to Noon and M-Th, 6:00 to 8:00 pm. Call Lisa at 610-863-3029 for information or visit www.bmcl.org. Find us on Facebook at www.facebook.com/bmclpenargyl.

Slate Belt Mini Food Truck Festival

Slate Belt Mini Food Truck Festival will be held on **Saturday July 15th, from 12:00pm-6:00pm** at Weona Park, in Pen Argyl. This fundraiser will help support Lukie's Fall Festival to Support Cure SMA, and the Lookout Fire Company #1 David E. Mutton Memorial Scholarship. Purchase tickets at eventbrite.com. For more information please email info@lookoutfireco.com

Bath Community Days 5K Run / Walk

Saturday, July 22nd; 5K Run / Walk will be held **9:00am-1:00pm**. For more information or to register visit www.bathcommunitydays. com . Proceeds support the Bath Volunteer Firefighters and Ambulance Corp.

Rock the Ribbon

Rock the Ribbon will be held **Sunday, July 30th, 12:00pm-8:00pm** Hosted by Joey Postal and Davey Coppola. Riverside Bar and Grill 5801 Delaware Drive, Easton, PA. Rain or Shine Event. Like them on Facebook.

Tasty Tuesdays Returns to Trinity Lutheran Church

Trinity Lutheran Church, located at Broadway and 4th Streets in Bangor, will once again offer the free bag lunch program to children, families, and individuals in the Slatebelt Community this summer. Tasty Tuesdays will run until August 8th. Every Tuesday the bag lunch will be available between 11:00am-1:00pm and will contain a sandwich, fresh fruit/vegetable, chips, healthy snack bar, and a drink. Please call the church office to register-610-588-2023.

Ice Cream Social – Christ Evangelical Lutheran Church

Saturday, August 5th 4:00pm-8:00pm. Christ Evangelical Lutheran Church (703 S. Delaware Dr., Mt. Bethel, PA) will hold an Ice Cream Social with entertainment, food and homemade ice cream.

District 10 Trappers 2017 Fall Trapping Convention

September 22nd 12-6pm and 23rd 8am-6pm at the Northampton County 4-H Center (777 Bushkill Center Rd. Nazareth, PA 18064). Free Admission, Free Demos, Food on premises, Tailgaters welcome, Contact Bob Counterman 610-759-9203.

Hope UCC Bus Trip to Sight & Sound Theatre

Hope UCC of Wind Gap is sponsoring a trip to Sight & Sound Theatre to see JONAH on Saturday, October 14. For further information or to reserve your package(s) please call or email Jen at 908-727-0090 or hopeucc@hotmail.com. Package includes bus, lunch, and show ticket. Money due no later than 07/23/17. No refunds after 7/23/17.

The Slate Belt Heritage Center Annual Golf Tournament

The Slate Belt Heritage Center will hold their Annual Golf Tournament on Friday, August 11th, at the Shawnee Golf Resort, "Shotgun Start" is at 7:30am with registration, coffee and danish from 6:30am – 7:30am, Format 4-Man Scramble cost includes-golf cart, food and cookout after the event. Prizes: "Longest Drive" and "Closest to Pin". For more information email sbhc@frontier.com. Deadline to enter is Monday, July 31, 2017.

Back to School Event at Pen Argyl Salvation Army

The Pen Argyl Salvation Army will be hosting a Back to School event on Saturday, August 19th from 1:00pm-3:00pm. We will be distributing backpacks and school supplies, along with other fun activities. You must call ahead to reserve your spot as there is a limited amount available. Please contact Amanda at

(610) 863-6677 to register.



Hosted by **Historical Bangor Business Association** Saturday, July 8 at 4 PM - 8 PM Broadway, Bangor, PA

46th Annual

BLUE MOUNTAIN ANTIQUE GAS & STEAM ENGINE ASSN., INC.

WWW.JACKTOWN.ORG The Friendly Show in the Grove

Grounds Open 7 A.M. to 9 P.M. Friday & Saturday 7 A.M. to 4 P.M. Sunday

> featuring **New Holland Engines**



1229 RICHMOND ROAD • BANGOR, PENNSYLVANIA JACKTOWN GROVE

ENTERTAINMENT

FRIDAY, JULY 14 1:00-4:00 P.M. - AT THE HOP 6:00 P.M. - ANTIQUE TRACTOR PULL 6:00-9:00 P.M. - INCH & THE ECHOS

SATURDAY, JULY 15

9:00 A.M. - ANTIQUE TRACTOR PULL 12:00-3:00 P.M. - PLAY-IT-HARD, BOBBY CLARKE 6:00-9:00 P.M. - STEEL CREEK BAND

SUNDAY, JULY 16

9:00 A.M. - Church Service 10:00 A.M. - Garden Tractor Pull 1:00-4:00 P.M. - Side-Kicks Band

SUNDAY • JULY 16 KIDS' PEDAL TRACTOR PULL

Sign up 10:00 am Pull 11:00 an (TRACTOR PROVIDED)

STEAM SHED DEMONSTRATIONS AMERICAN SAWMILL BUTCHER SHOP

PRINT SHOP FARM EQUIPMENT DISPLAY

TRAIN RIDES 65 CASE STEAM TRACTOR JACKTOWN RAILROAD CRAFTS • FLEA MARKET FUNNEL CAKES

JACKTOWN ICE CREAM DEMONSTRATIONS DAILY FARM MUSEUM

FREE ADMISSION FREE PARKING

FREE ENTERTAINMENT

ALL DOGS MUST BE ON A LEASH
For More Information Call: 610-588-6900 (Show Times Only) • 570-897-6893 (R

Liberty Fire Co. IAL CARNIV 13, 14 ,15

Food, Games and Fun!!!

67 N. 8th St. in Bangor Starts at 6:00 PM

THU-7/13-Chuck Schubert FRI -7/14-Electric Project SAT-7/15-Romeo Vegas

Bangor Womens Club GFWC Year End Luncheon

The Bangor Womens Club GFWC held their year end luncheon at Shawnee Inn on June 13th, 2017. President Ellen Prudenti was mistress of ceremonies. New members Diane Lovelace and Shirley Merring were inducted into the club.

Judy Piper was honored as the Volunteer of the year for the most hours of volunteer service to the club and community. Anna Drago honored the following members for perfect attendance at meetings this year, Carol Akam, Mary Bach, Marie Balson, Joyce Barilla, Doris Bergen, Anna Drago, Barbara Frutchev. June Jones, Judy Newcomb, Joyce Parsons, Ellen Prudenti, and Gloria Rice.

Joyce Barilla presented monetary awards to the Bridge Marathon winners First- Millie Kmetz. Second - Doris Deen, and Third- Ellen Prudenti; and Pinochle Marathon winners First - Marilyn Mehas. Second- Gloria Rice, and Third - Doris Bergen.

June Jones introduced Dana Patricha who entertained the group with a series of spiritual songs.



L-R Ellen Prudenti President, Pauline Fox sponsor, Shirley Merring, Diane Lovelace, and Doris Bergen sponsor.

Ask Jim -- How does the Wastewater Treatment Process work to protect public health?

The fact that Mother Nature has designed our digestive systems to fit neatly into the bacterial processes at work in air, soils and water is nothing short of, well, miraculous. To think that man figured out how to clean wastewater and prevent disease is amazing!

Municipal and septic wastewater systems haven't been around for as long as you might think - only since the late 19th century - and the world is a better place because of them. Thank goodness your local Slate Belt wastewater treatment plants are successfully cleaning and treating the area's wastewater to protect public health and the environment

Local communities, such as the Nazareth Borough Municipal Authority, are successfully recycling their biosolids back to the soil through Class B land application programs right in their own communities. Other communities, such as Pen Argyl, Bangor and Wind Gap boroughs transport their biosolids by truck to the Grand Central Landfill for disposal.

Other local communities are reliant on sentic systems which provide minimal treatment to the liquid before releasing it to the environment. Sludge in a septic tank must be periodically removed by a septic pumper and disposed of properly. Water pollution can be a problem in areas where septic systems are commonplace.

For most cities, the sewer system has consistent material flowing into the treatment plant from homes and businesses

and some will also carry a portion of commercial wastewater to the sewage

treatment plant. Commercial wastewater must receive PA Department of Envi ronmental Protection (PADEP) stringently regulated pretreatment of waste from factories, businesses and/or hospitals. This pretreatment greatly reduces the pollutant load to the sewer system.

The first step in wastewater treatment is Primary treatment which consists

of temporarily holding the sewage in a basin where heavy solids settle to the bottom while oil, grease and lighter solids float to the surface. The settled and floating materials are removed and disposed of and the remaining liquid may be discharged or subjected to secondary treatment.

The next step is Secondary treatment removes about 85 percent of the organic matter in sewage by making use of the bacteria in it. The sludges accumulated in this step of the wastewater treatment process must be treated further to meet stringent regulations for the material to be recycled as biosolids back to the soil in a safe and environmental manner, just like Nazareth Borough Municipal Authority is doing through their Class B land application

program. Otherwise, without proper treatment to produce biosolids that can be recycled, the organic material must go to landfills where it takes up valuable landfill space meant for real trash. The successful recycling of biosolids as fertilizers and fuel has been happening for decades and the practice has been widely studied by universities across the United States. Hundreds of scientific studies over the course of

decades have shown that proper biosolids treatment and use are a safe and natural way to clean our water, improve

To learn more about this sustainable, green energy project, please call, visit our website or our Facebook page.

For more information on the project, please visit http://www.synagro.com/locations/sbhrc/ or on

Facebook https://www.facebook.com/synagrosbhrc/

Questions? Please reach out to Jim Hecht or Lorrie Rossiter at: (443) 489-9171



NCC to Offer OSHA General Industry Training Programs

Ensure that your organization is compliant with OSHA (Occupational Safety and Health Administration) regulations by enrolling your employees in OSHA General Industry Training programs given by Northampton Community College (NCC). There is a 10-hour course for rank-and-file employees and a 30-hour course for management. The 10-hour class meets on **Monday, July 24** at the Fowler Family Southside Center. The 30-hour class meets Monday through Friday, July 24 - 28 at the Fowler Family Southside Center.

This program can also be offered at a business's site. For fees and additional information call 610-332-6596. To register, visit Northampton.edu/CorporateSafety.



BMCL and Waste Management **Summer Program Nature Adventure**

The Blue Mt. Community Library will offer a new program this summer for children. The library will partner with Waste Management for NATURE ADVENTURE! Children entering Kindergarten through 3rd Grade are encouraged to attend this program for Storytime and outdoor activities and should dress to explore! Three programs will be held at 10:00 am at the WM Environmental Center, 891 Grand Central Road, Pen Argyl on the following dates: July 12th (Landfill Trucks and More!) and August 9th (Bluebirds and Tree Swallows).

The BMCL announces a special summer reading program called HIGH FIVE YOUR READING DRIVE! The program runs **now through August 12**. Children entering Kindergarten through 8th Grade are encouraged to read at least 5 Library books and keep a log of their titles to earn one free book of their choosing from the Book Nook. The reading logs and information will be available at the front desk. Children 18 and under who do not have a library membership can open one, accompanied by a parent or legal quardian. The library is now automated and new library cards will be issued to replace old cards and you MUST have a PA driver's license or ID with you to open a membership. Membership is free to all residents in the Pen Argyl Area School District. The library is located at 216 S. Robinson Ave., Pen Argyl. Hours are M-Sa, 10-Noon and M-Th, 6-8 PM. Call 610-863-3029 for information or visit www.bmcl.org. Find us on Facebook at www. facebook.com/bmclpenargyl.

Agation BiPre & CHOORS

THE PEN ARGYL SALVATION ARMY - Mighty Fortress: In Jesus, the Victory Is Won, will be held every Wednesday at 5:00pm beginning June 28th through Wednesday, July 26th for the entire family. Salvation Army 301 W. Main St Pen Argyl, PA

GRACE UNITED METHODIST IN PEN ARGYL is having their VBS July 10-15th 6-8pm.

PRINCE OF PEACE EVANGELICAL LUTHERAN CHURCH -"Passport To Peru" – Discovering God's Good Gifts! Is this year's theme for vacation bible school held July 24th thru 28th 6:15 pm to 8:00 pm. For more information call the church office 610-588-2355 or visit http://www.popbangor.org to register. Church is located at 2445 Lake Minsi Drive, Bangor.

NAZARETH MORAVIAN CHURCH - July 24th-28th 4 South Main Street, Nazareth, (610) 759-3163, nazarethmoravian.org

The Real Estate Guys ...a few words about MOLD

When there is a water intrusion whether a roof leak. leaking water line, or any number of occurrences mold can quickly become a problem in your home. Mold can significantly affect your health and also cause a great deal of damage to your property. Although



The DeCesares

every mold damage scenario is different requiring a unique solution, the general mold remediation process is the same.

Mold feeds on cellulose and water which can be hidden from plain view. The first step is to use technology designed to detect the sources and existence. Next, various containment procedures are placed to isolate the contaminated area. By using physical barriers and negative air pressure the mold spores are kept from spreading during the cleanup process. Special filtration equipment captures microscopic mold spores out of the air.

The mold remediation process depends on the amount of mold growth and the types of surfaces in which the mold appears. Antifungal and antimicrobial treatments will be used to eliminate mold colonies and help prevent new ones from forming. Removing and disposing of moldinfested porous materials, like drywall and flooring, may be necessary. This article is provided by The Great American Real Estate Company, Rts 33 & 512 Wind Gap. If you have any real estate related questions feel free to contact us at 610 863 6205

Free Guitar-Making Information Session Offered by NCC

From Old World craftsmanship to modern manufacturing techniques. Learn about classes on Luthier guitar-making at a free information session on Wednesday, July 5, from 6:00 – 8:00pm, at Northampton Community College's Fab Lab at the Fowler Family Southside Center, 511 E. Third Street, Bethlehem.

Attendees will learn how they can benefit from guitar-building, from Old World craftsmanship to modern manufacturing technology, as a career or hobby. A luthier is a certified craftsperson who builds or repairs stringed instruments.

For more information call 610-332-8665. To register, visit www. northampton.edu/lifelearn.

Thank You

Bangor Borough would like to thank residents and business owners for their generous contribution to the banners hung throughout the Borough for the past 15 years. The time has come to refresh the Borough with new banners. They will be purchased by the Borough and placed in the downtown business district. The new Historic Bangor Borough banners will be hung along with future Slate Belt Rising banners to reflect a new direction for Bangor Borough and the region.

Since the original banners were purchased by individuals and organizations, the owners of the original banners will be contacted by phone to inform them of an assigned time and place their banners may be picked up.

Bangor Borough and Original Banner Committee

Find out what's going on in your community in The Belt and Beyond available in print and online www.thebeltandbeyond.com





IMMEDIATE OCCUPANCY AVAILABLE for this 3 bedroom cape cod. Large lot. Owned by PA real estate Broker. **\$139,900**



PLAINFIELD TOWNSHIP 3 bedroom brick ranch home on over 3 1/2 acres. Large eat in kitchen. Partial finished lower level. \$160,000



We protect it. You live it.

 $\star\star\star\star\star\star\star\star\star\star\star\star\star\star$

106 S Broadway Wind Gap, PA 18091 Bus: 610-863-5190 lucv.flinn.bv31@statefarm.com

Lucy W Flinn CLU LUTCF, Agent I'm here to help life go right™ – so you can eniov it, while I help protect it. Let's talk about your life insurance options. CALL ME TODAY.



State Farm Life Insurance Company (Not licensed in MA, NY or WI), State Farm Life 1601487 and Accident Assurance Company (Licensed in NY and WI), Bloomington, IL







Slate Belt Heritage Center Bus Trip to National Civil War Museum

Join the Slate Belt Heritage Center for their bus trip to the National Civil War Museum in Harrisburg, PA, on **Saturday, September 16, 2017. The bus will leave at 8:00 am** from Weis Market, Route 512 in Bangor, and will return at 5:00 pm. Tickets includes bus ticket and admission ticket into the museum. This is the only museum that tells the entire Civil War story. Local Civil War expert and the National Civil War Museum educator Dane DiFebo will host a special presentation for the tour. See exhibits, visit with re-enactors on the museum grounds, attend Hari Jones program on the United State Colored Troops in the South from 1865-1870 and much more. Reservations are required and a light lunch will be provided. Tickets are available at Bray's News, 36 Broadway and Heard's Market, 501 South Main Street, both in Bangor, PA. For additional information contact: Cathy Heard at 610-588-0735

HAPPY FOURTH OF JULY!



Slate Belt Heritage Calendar of Events

Thursday, July 13th, 7:00pm - Kirk & Sara Brown, Letters From the Homefront

Thursday, August 10th, 7:00pm - Homefront's "Guests of Honor"
Thursday, September 14th, 7:00pm - Quarries and Murals - Jim Gloria
Thursday, October, 12th, 7:00pm - Haunted Heritage Presentation
Thursday, November, 9th, 7:00pm - Flag Ceremony- Perry Morris
Sunday, December 10th, 2:00pm - Christmas Trivia Contest
The Heritage Center is legated at 20 North 1st Street Page PA. For

The Heritage Center is located at 30 North 1st Street, Bangor, PA. For additional information contact: Karen Brewer @ 610-588-8615.

Kirk and Sara Brown Present Their Own Letters to the Homefront

The Slate Belt Heritage Center is pleased to "welcome home" Slate



Kirk and Sara Brown

Belt natives Kirk and Sara Brown on Thursday, July 13th at 7:00pm for their monthly historic presentation. This event will coincide with the Center's recently published book, "Letters to Homefront: A Love Story Between a Community and It's WW II Soldiers."

Within a collection of hundreds

of letters from more than forty men across all armed services, in all theaters throughout all the years of World War II, one set of letters and post cards stands out from the rest. It describes a story of meeting, separation, connection, and loss-of-youth. It's a correspondence that stands as the embodiment of the coming-of-age of the "Greatest Generation". Uncovered in a battered trunk as a house was being broken-up, these letters to Margaret Frable define life in the small town of Bangor Pennsylvania and the changes that came with the dislocation of war.

As a result of this discovery, Kirk (Margaret's son) and Sara Brown will present a play commemorating this unique, pen pal relationship. They will read a collection of these war-time letters

peri par relationship. They will read a collection of these war-time letters preserved by Kirk's mother that illustrate how far we've come but how little we've changed.

Sara Stine Brown hails from Portland, Pa and graduated Valedictorian of the Bangor High School Class of 1968. Kirk Brown grew up in Bangor and was Valedictorian of his Bangor High Class of 1970. It was a friendly competition that grew out of their meeting while portraying the contentious leads in Bangor's first all school musical, "Bye Bye Birdie." They have been married since 1975 and together they write, design and produce plays, have remodeled their old house, volunteered at church, and built gardens together while raising two sons.

The event is free and open to the public. The Heritage Center is located at 30 North 1st Street, Bangor, PA. For additional information contact Karen Brewer at 610-588-8615

Slate Belt Heritage Center News

The Slate Belt Heritage Center has announced that it has sold out all 500 copies of its very popular book: Letters To Homefront: "A Love Story Between a Community and its World War II Soldiers." The Center is considering a second printing and would like to know how many more books to order. If you would like to order a copy, please contact the Center at sbhc@frontier.com, or call the Center at 610-599-4993. Please leave your name, contact information and number of books you would like. You may also call Karen Brewer at 610-588-8615 to re-order. Please DO NOT send money at this time. You will receive a return call when the books are in. Thank you for your continued support of the project.

Engagement Announcement ZANETTE-BEAM

Michael and Rebecca Zanette announce the engagement of their daughter Emily Zanette to Geoff Beam. He is the son of Tina Beam and the late Gerald "Leigh" Beam.

The couple graduated from Pen Argyl High School. Emily is the owner of Emmy Lou's Ice Cream Parlor, in Pen Argyl. Geoff is employed by Nelson Tree Service.

A wedding date has been set for June 23, 2018.



Going Out of Town - Let the SBRPD Know

Going out of town/vacation? Let the SBRPD Slate Belt Regional Police Department know that your house will be vacant and they will do frequent drive-bys to ensure that your home is watched. Visit slatebeltpd.psatstwp. org and go to contact us tab to fill out a vacation / residence check request. Officers will swing by your residence to make sure your home is safe.

The Slate Belt Heritage Center Preservation Awards

The Slate Belt Heritage Center held their Preservation Awards presentations on Thursday, June 15th. Pictured (L-R) Carolyn Bray for 18 years of service to the Heritage Center. Mike Piersa was given the Initiative Award, Janet Wilson was given the Special Focus Award, and the Architectural Award went to Charles Evans and his wife. Sbtt Photo Larry Cory



Pictured (L-R) Carolyn Bray for 18 years of service to the Heritage Center. Mike Piersa was given the Initiative Award, Janet Wilson was given the Special Focus Award, and the Architectural Award went to Charles Evans and his wife. Sbtt Photo Larry Cory

f Like us on Facebook





Letter to the Editor:

Home means different things to different people. For some, home is a guiet place to relax on the front porch. For others, it's a place they can walk to on a Friday night for good food and fun. For some, home is a place to play sports with friends (or friendly rivals). For others, home is a place to watch the kids or grandkids swing and slide. For some home is a place to reflect with pride on the work accomplished. For others, home is a clean slate with which to build a better future. Bangor is blessed to be all these things and more. But no matter what home may mean to all of us, in the end, our home is what we make of it. There are countless opportunities to make Bangor your home. These opportunities are as diverse as our people and our individual gifts and skills. They range from serving on the Bangor Fire Department to donating to the Bangor Public Library; from joining a committee or performing service projects to volunteering with the Slate Belt Heritage Center; from frequenting the local businesses to participating in the Block Watch; from simply keeping your neighborhood clean and getting to know your neighbors to helping out at recreation board events. Some opportunities may require monetary contributions; some may require weekly or monthly meeting attendance. Other opportunities may require a few hours' time while others just require showing up and having fun. All opportunities, however, require a love of our home that I think we all share. Throughout our country volunteerism and respect for neighbors and neighborhoods are on the decline. But here at home, we can reverse this trend, so please take the time to seek out ways to help make Bangor safe, prosperous, and fun.

Thank you, James W. Kresge

10 GRADUATION NEWS

Bangor Area High School Alumni Association Scholarships

The Bangor Area High School Alumni Association gave four \$1,000 scholarships at a reception held for the recipients and their families on June 13, 2017. The recipients, pictured below, are Jordyn Taylor, Reece Jones, Tim Ferguson, and Eric Bellis.

For more information, please visit our website at www.slateralums.com.

Alumni Scholarship Recipients

Eric Bellis, Penn State University, Pre Med

Timothy Ferguson, Slippery Rock University, Secondary Mathematics Education

Reece Jones, Elizabethtown College, Business Administration Jordyn Taylor, Susquehanna University, Publishing/Editing/Creative Writing

Our scholarships are given in honor of Dr. Bert Horvath and his wife, Betty Gregor Horvath, who have given several generous donations to the BAHS Alumni Association scholarship fund.



Front Row: Kay Nell, Jordyn Taylor, Reece Jones, Mary Louise Toth, Eric Bellis, Tim Ferguson, Cindy Christman, Back Row: Tamara Gary (High School Principal), Charles Felker



Scholarship Recipients: Jordyn Taylor, Reece Jones, Tim Ferguson, Eric Bellis

Bangor Lions Club Scholarship

The Bangor Lions Club held their scholarship and family picnic on May 18th at East Bangor Park.



Pictured are the scholarship recipients: (L-R) Tim Ferguson, Bangor High School receiving the Mary Shiner Memorial Scholarship, Catlynne R. Keet, Bangor High School, Bangor Lions President David Shiner, Abbey Hoagland, Bangor High School and Andrew Peters. Faith Christian School.

GED Graduation

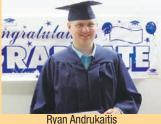
On Wednesday, June 14th the Adult Education Program of Bangor, Pen Argyl, and Nazareth held it's GED Graduation at Nazareth High School honoring 8 graduates. photos by Nick Pulsinelli



David B. and his mom and sisters.



Jason Otto and family





Taylor Kusek and her mother and grandmother.



Gina Rose Casellucci and her family.



Lauren Thatcher, Bangor Representative



Laura Sabol with her students. String Quartet.



Janet Herr, Student Success Specialist.



Jim McCarthy, Director of Admissions NCC.



Joseph Kondisko, BASD Director of Curriculum and Instruction.



Nazareth Superintendent Riker.



Stroudsburg High School Commencement On Friday, June 16th Stroudsburg High School held commencement.















Pavilion Rental Available for Graduation Parties, Family Reunions, Birthday Parties

Accommodations available for up to 150 People

Catering Available or Bring your Own For Reservations and Information 610-588-2267

www.thewashingtonbanquet.com



Congratulations to Bangor graduate, Matthew Scott Schipps the recipient of the "912" Scholarship. Matthew will be attending Unity College in Maine for Parks and Forest Resources. We wish you all the best in your future endeavors.

912 Scholarship

Family and Friends of the late Dennis Strouse would like to thank everyone who participated in the Bake Sale held recently to benefit the "912" Scholarship Fund in memory of Dennis. Thank you to the great bakers, the people who came out to buy and the many monetary donations. A special thank you to Ace Hardware in Capital Plaza and Main Street Market in Bangor for letting us use your premises for our Bake Sale. It was greatly appreciated.





to the Class **2017**

The Future is Yours!



The Belt and Beyond

610-704-6818 www.thebeltandbeyond.com





INDEPENDENCE DAY CELEBRATION – July 1st, 2nd & 4th celebrate with three days of music and patriotic programming. Fireworks held on the 4th of July. For more information visit www.steelstacks.org/festivals/patriotic-holidays/independence-day

EASTON:

19TH ANNUAL FIRECRACKER 4 MILER RUN/WALK - YMCA of Easton ,Phillipsburg and Vicinity — Tuesday, July 4th; held at Fairview Park, Palmer Township. Day of registration opens at 7am. Run starts at 8:30am and walk starts at 8:35am. FREE kids Fun Run starts at 9:30am, for ages 3 years to 7 years. For more information visit www. gv-ymca.org/branches/easton

NAZARETH:

PATRIOTIC KAZOO PARADE AND 4TH OF JULY CELEBRATION – Tuesday, July 4th; Meet at Nazareth High School by 9:30am to get your kazoo. Kazoo parade will make way to council chambers for a patriotic program. For more information contact the Nazareth Bath Regional Chamber of Commerce 610-759-9188.

The Toast by Robert L. Martin On this day in 1776 We raise our glasses From the fierce fighting England lost its hold on us Here in Philadelphia A new spirit was born To carry us on the Wings of freedom Now we can choose Who is to govern us We shall make this day July 4th, a special Holiday for all the Years to come Hip, Hip, Hooray!!

Fireworks:

ALLENTOWN:

INDEPENDENCE CELEBRATION AND STREET FESTIVAL – Saturday, July 1st from 5:30pm-10:15 pm.

Festival will take place along Linden Street and inside J. Birney Crum Stadium. Fireworks will begin at 9:30 pm with a rain date of July 2nd. This is a FREE event open to the public.

DORNEY PARK – Fireworks will be held July 4th at 9:30pm (no rain date).

FOURTH ON THE FIELD – Tuesday, July 4th; 6:00pm –9:00pm. Fourth on the Field is held at Coca Cola Park (1050 IronPigs Way, Allentown, PA). Family friendly and plenty to do, fireworks will begin around 9pm. For more information visit https://www.discoverlehighvalley.com/event/4th-on-the-field/47537/

EAST STROUDSBURG:

AMERICAN FREEDOM FESTIVAL – Monday, July 3rd 3pm-9pm and Tuesday, July 4th 3pm-11pm. Free entertainment, food vendors, rides and carnival style games. Fireworks on July 4th will begin at dusk rain date TBA. Festival is held at the Dansbury Park, East Stroudsburg, PA. INDEPENDENCE DAY CELEBRATION AND FIREWORKS DISPLAY – Monday, July 3rd, gates open at 7pm with a rain date of Friday, July 7th. Fireworks will begin at dusk. Entertainment, various food and craft vendors. Held at Shawnee Mountain Ski Area (401 Hollow Rd., East Stroudsburg, PA). For more information visit www. shawneemt.com event benefits Shawnee Volunteer Fire Company.

EASTON:

RED WHITE AND BREW! – Saturday, July 1st. Fireworks at 10pm. Riverside Barr and Grill (5801 N. Delaware Drive, Easton). For more information visit www.riversidebarr.com

MOUNT POCONO:

Mount Airy Casino and Resort – Fireworks will be held Monday, July 3rd at 9:30pm. Fireworks are complementary and open to the public. Mount Airy Casino and Resort is located at 312 Woodland Road, Mount Pocono, PA.



·★·JULY 4th TRIVIA ·★·

- 1. The Declaration of Independence begins with what words?
- 2. What document was the legal framework of the United States?
- 3. Who wrote the words to the Star Spangled Banner?
- 4. How did the Liberty Bell get its crack?
- 5. How many stars were on the first United States flag?
- 6. In what year did Congress recognize the Pledge of Allegiance?
- 7. Where was the first national capitol located?
- 8. When is the anniversary of the signing of the Declaration of Independence?
- 9. What city was the Liberty Bell located in?
- 10. What is the official anniversary date of Flag Day?
- 11. Which two patriots died on July 4, 1826?
- 12. Who was the first person to sign the Declaration of Independence?
- 13. In what state is the largest city of Independence?
- 14. How many people signed the Declaration of Independence on July 4, 1776?
- 15. Who do historians believe sewed the first official American flag?
- 16. What is a 4th of July favorite that comes on a bun.
- 17. Flying a flag upside down is a symbol of what?
- 18. The first 10 amendments to the Constitution are known as?
- 19. What other countries celebrate the 4th Of July?
- 20. How tall is the Statue of Liberty?

See page 25 for answers



Nazareth Bath Regional Chamber of Commerce to host the Annual July 4th **Kazoo Parade and Patriotic Program**

The Nazareth-Bath Regional Chamber of Commerce is proud to host the annual kazoo parade and patriotic program that has become a Nazareth tradition. The event will take place on **Tuesday**, **July 4**, 2017. Those wishing to participate in the parade will commence at the Nazareth High School at 9:30 AM, Walkers will be separated into divisions, all assigned different patriotic songs to play on the kazoos. which have been donated by Lafayette Ambassador Bank. The parade route will be as follows: from the high school turn up South Liberty Street and make a right onto Belvidere Street. Follow until Main Street and make a right up to the circle, go halfway around and turn onto West Center Street and end at council chambers.

Once at council chambers we will have a greeting from local elected officials. The grand marshal of the parade this year will be Nazareth's own Harry Adams, a World War II Veteran, from the US Naval Air Core. Mr. Adams will be driven in a car sponsored by Wind Gap Chevy Buick. Kids can catch candy donated by Sam's Club of Easton!

In addition, we will feature plenty patriotic entertainment by Faith Gabriele. For additional information please call the Chamber office at: 610-759-9188, www.nazarethchamber.com



Parade will travel south on Church Street then onto Delaware Ave; then proceed onto Route 611 and through the business district of Portland to State Street, turning right onto State Street and left into Portland Social Hall's (old firehouse) parking lot.

The parade will conclude with music, free hot dogs, and refreshments to

be served at the hall.

Come meet our fireman, police, local politicians, and local recreational sport teams in addition to others who all will be marching in the parade. If your child or children would like to march in the parade all are welcome to do so. Children can decorate their bicycles and/or dress up in patriotic costumes. Prizes will be given to the winners!

Children must be at 4136 Church Street, Mt. Bethel, Pa 18343 at 10:00 a.m.

to line up and march in the parade

For further information, please contact the Upper Mount Bethel Township office at 570 897-6127

FIREWORK Safety FOR THE 4th OF JULY

Independence Day, July 4th, a time to celebrate with picnics, parties and of course fireworks. It's also the time to remember safety when it comes to celebrating with fireworks and sparklers. Enjoy the July 4th holiday and remember to play it safe by following all local ordinances and safety regulations. The National Council on Fireworks Safety, Inc. recommends the following tips:

Recommended Safety Tips:

- Obey all local laws regarding the use of fireworks.
- Know your fireworks; read the cautionary labels and performance descriptions before igniting.
- A responsible adult SHOULD supervise all firework activities. Never give fireworks to children.
- Alcohol and fireworks do not mix. Save your alcohol for after the show.
- · Wear safety glasses when shooting fireworks.
- Light one firework at a time and then quickly move away.
- Use fireworks OUTDOORS in a clear area; away from buildings & vehicles.
- Never relight a "dud" firework. Wait 20 minutes and then soak it in a bucket of water.
- Always have a bucket of water and charged water hose nearby.
- Never carry fireworks in your POCKET or shoot them into METAL or GLASS containers.
- Do not experiment with homemade fireworks.
- Dispose of spent fireworks by wetting them down and place in a metal trash can away from any building or combustible materials until the next day.



Vietnam Traveling Memorial Wall

The Vietnam Traveling Memorial Wall was on display June 14th-18th at the Plainfield Township Community Park on Kesslersville Road.

A Candlelight vigil and wreath laying ceremony took place and quests were able to visit the wall until it was disassembled on Monday morning.

The traveling wall is a 3/5 scale version of the national monument in Washington D.C. The traveling wall is nearly 300 feet long and 6 feet tall at the center.

Humble Hearts for Hope, Inc. and Warriors Watch Riders with the assistace of the Eastern Pennsylvania Girl Scouts were instrumental in bringing the Vietnam Memorial Wall to Plainfield photos by Kris Ordinsky-Parks Township.



Taylor Muniz, Senator Mario Scavello's Office



State Representative Marcia Hahn





Warrior Watch Riders









Katrina Snook (Cadet), Gina Lobb (Junior) Victoria Parks (Junior) Joslyn Greenwod (Brownie), London Dally (Daisy), Maria Giordano (Daisy), Allison Morris (Brownie), Emily Morris (Junior) and Phoebe Wagner (Cadet)





Heather and Josh Lasso from Pen Argyl. Heather found her Mother's cousin Richard Grinnell from Newton, NJ on the wall

The 25th annual Northampton County Youth Field Day The 25th Annual Northampton County Youth Field Day was held on, Saturday, June 3rd at the Stockertown Rod and Gun Club. The youth who participated enjoyed many activities Photos by Kris Ordinsky-Parks throughout the day.





techniques of casting and fishing to the



ABOVE: Joe from the TV show "Average Joe" Fishing explained children.





Bob Dotta & Bruce Ott



Rick Hageman, Tim Sparrow, Bruce Ott. Leanne Shafer, Chervi Shafer, Tim Hageman



Pictured- Bob Lovuolo and Harry Nasatka, Slate Belt Mighty Mopars



Slate Belt Mighty Mopars -Pictured **Erik Conrad, Duane Copleyand Bill Darnell**





Ginder Greenhouse and Garden Center Customer Appreciation Day

Ginder Greenhouse and Garden Center held their annual Customer Appreciation on Saturday, June 17th. The event included special sales, food, giveaways and a Grand Prize of an iron works planter won by Melissa Marouchoc. Ginder Greenhouse and Garden Center is located at 558 Lake Minsi Drive (1/2 mile off Rte. 191 on the left) Bangor.

The phone number is 610-588-0222. Visit their website www.gindergreenhouse.com and like them on Facebook. Summer hours: Thursday-Saturday 9am-5pm and Sunday 9am-3pm, Closed Monday, Tuesday, Wednesday.





Attendees at the customer appreciation day enjoy a bite to eat.



Pictured: Group photo L-R Brandon DeFranco, Brandi Keppel, Bob and Joann Ginder, owners, and Grace Abruzzese





Sue Mezger







Brandi Keppel



Photos by Candy Martin

Historical Bangor Business Association Car show

The Historical Bangor Business Association held their first event on Saturday, June 24th. A car show, held on Broadway, in downtown Bangor. The next scheduled HBBA event is a Block Party on Saturday, July 8th 4:00 p.m.-8:00 p.m. This will be a fun-filled event for the entire family! A wine and music festival is planned for Saturday, September 23.

Photos by Sabrina Schantzen and Lisa Newberry





Eileen Gentile, owner of Baby Harry's and companion Mr.Jenkins













Norman Matthews III, Norman Mattews IV, Logan Matthews From Dinkys and representing the Historical Bangor Business Association



66 white Ford Mustang , Marlene Healey of East Bangor and Gary Vroehl of Mt Pocono





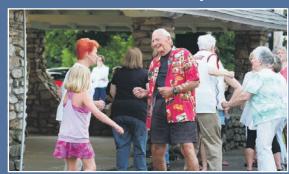


Swing at the Stand

The 15th annual "Swing at the Stand" took place at Weona Park in Pen Argyl on Saturday, June 24th. Friends gathered to listen and dance to the Oldies and rekindle old friendships.

Photos by Nick Pulsinelli





Madelyn (Grandaughter), Joseph and Veronica Hull



Don Ehley and Betty Miller



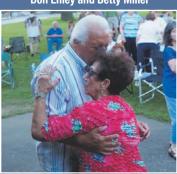
Gail and Ed Drake



Emily Roetz and Jim Dickson



Bob Zorzetto and Al Fedon



John and Katherine Cervasi



Bird Walk hosted by Grand Central Landfill and Jacobsburg State Park Educator Yield Rare Grassland Bird

Plainfield Twp., Pa. - Community members, bird watchers and butterfly enthusiasts alike participated in a grassland and butterfly walk on June 24, 2017 at the Grand Central Environmental Education Center.
The walk yielded many bird and butterfly species to include

on Grand Central's wildlife habitat count list, but one special bird caught the ear of Environmental Education Specialist, Rick Wiltraut of Jacobsburg State Park.

The landfill has done it again! The first sign of a Dickcissel nesting in Northampton County!" commented

Wiltraut.

This rare, sparrow-like bird is generally found in the grasslands of the Midwest. It is uncommon to find birds such as these in Eastern Pennsylvania.

"Likely, the species has found the landfill to be a safe and quiet area for breeding. The Dickcissel's were found on the closed portion of the landfill near Grand Central Road" stated



Dickcissel

Community Relations Manager, Adrienne Fors.

Guests were overjoyed to see and hear the bird species at the landfill. In total, the guided walk provided sightings of at least four Dickcissels at the landfill. Other bird species counted during the walk included American Tree Swallows, Great Spangled Fritillary butterflies, Ravens, and a Hoary Edge butterfly.

The Grand Central Sanitary Landfill was certified by the Wildlife Habitat Council (WHC) in 2006 for dedicating over 200 acres for wildlife preservation. Since then, the facility has worked with several community partners and environmentalists to develop the acreage's habitat value. In 2007, the wildlife team created the Grand Central Environmental Education Center to present environmental education programs. The center and its programs have received WHC certification and were recertified in 2015.



Bill Grant with Brooke Bond



Bill Grant with **Great Spangled Fritilary**

Rotary Installs New District Governor On Saturday, June 24th at the Scorecard Sports **Bar and Grill the Slate Belt Rotary and West End** Rotary celebrated the new District Governor Dr. Karin-Susan Breitlauch. A Banner Exchange and installation of new officers to each club for 2017-2018 also



Breitlauch with Marcia Loughman the outgoing District Governor



New District Governor Karin-Susan Breitlauch

Bangor Memorial Park Movie Under the Stars The first summer event was held at Bangor Memorial Park a movie night under the stars. Families came out to watch the movie "SING" on a beautiful summer night on Saturday, June 24th. Photos by Nick Pulisinelli



Debbie and Molly Smith



Brady Schab, Jakob and Lauren Graziano, Cooper and Cara Schab



Members of Ackermanville UMC



Delaware Water Gap Founders Day 2017 The 2017 DWG Founder's Day was held on Saturday, June 24th in Delaware Water Gap. The day's events included a Pancake breakfast at the Presbyterian Church of the Mountain. "Cars in the Gap" a car show featuring custom and classic cars on display and the "Cherry Creek Rubber Duck Race" at the Village Farmer. There was a presentation by "Smokey the Bear" and the Lost Ramblers strolled through Delaware Water Gap providing musical entertainment, photos by Sabrina Schantzen



Antoine Dutot, Founder of Delaware Water Gap Portrayed by Denny Carig



Donald Hein. Bethlehem with Journey



Ed Bailey, from Jim Thorpe



Phil Botti, Long Pond with his Avanti





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JULY PASTA SPECIALS



JULY 4TH

We will be closed Tuesday July 4th have a safe and happy July 4th

JULY 11TH

Cavatelli with Red Sauce and Meatball, Cavatelli Primavera, Cavatelli Tossed with Summer Veggies in a white Wine, Garlic, Olive Oil Sauce.

JULY 18TH

Linguine w/Red Sauce and Meatball, Linguine Shrimp Scampi, w/EV00, Garlic, Fresh Parsley, and Red Pepper Flakes.

JULY 25TH

Homemade Lasagna

Wednesday -Wing Night Thursday-Mexican GIFT CERTIFICATES AVAILABLE

HOURS: Monday: 11AM - 9:30PM • Tuesday thru Thursday: 11AM - 10PM Friday & Saturday: 11AM - 10:30PM • Sunday: 12PM - 8PM

THECK OUT OUR WEBSITE www.detzistavern.com

★ HAVE A SAFE AND ★ ★ HAPPY JULY 4TH ★

REMEMBER, JULY 4TH ORDERS MUST BE PICKED UP BY JULY 2ND.



We will be Glosed July 4th and July 8th

GIFT CERTIFICATES AVAILABLE!

Summer Hours: Tuesday - Saturday 11-8 Sunday - 12-7 Monday - closed

CHECK OUT OUR WEBSITE AND FACEBOOK PAGE FOR DAILY SPECIALS!

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WRAPS & WINGS



EAT IN OR TAKE OUT

There are many restaurants, diners and cafe's in our communities.
Support local business and your community by dining locally.



ARE CHLORINATED POOLS SAFE?

By Jackie Talero-Rueda, The Crunchy Mom

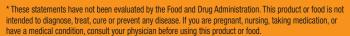
I loved the smell of chlorine because it reminded me of warm weather and fun childhood memories. Now all I think about when I smell it is toxins. Chlorine sanitizes, oxidizes

(controls organic debris from perspiration and body oils), and keeps algae away. Chlorine absorbs into your skin. Too much exposure to chlorine has been linked to major health problems including reproductive disorders and even birth defects. It can cause your skin and hair to dry out and over time too much exposure can cause wrinkles. It has a strong odor, reddens eves. causes allergic reactions to some, and is a carcinogen. Indoor swimming pools cause a greater health risk because the toxic gases it releases and we breathe in can cause severe damage to the lining of the lungs which could lead to respiratory problems or asthma. Always swim outdoors when possible. Chlorine also causes hormone disruption, respiratory disorders and imbalances gut flora. Wait! Don't close up your pool yet! There are many things you can do to avoid the side effects of swimming in a chlorinated pool. If you own your own pool there are many chlorine alternatives on the market but research them as well as they can just contain other toxic replacments. There are also special filtrations systems as well. For those of us that unfortunately don't own our own pool and can't avoid chlorine there are ways you lessen exposure. Chlorine affects us all differently. Some none at all. My son goes nuts after swimming in a pool that is heavily chlorinated. His body can't detox well so it affects his behavior and even makes him sick if he ingests pool water. Here are some ways to minimize chlorine exposure and side effects:

- Shower before entering the pool to wash off any body products as the mixture of these products and chlorine can make a pool an even more toxic soup to swim in. It also may actually help to protect against absorbing nasty pool chemicals. Some experts claim that our skin and hair are like a sponge, so saturating with clean water will prevent your body from absorbing the chlorine. If you are going to use sunscreen use a non-toxic one.
- Apply a layer of coconut oil. This will create a barrier on the skin to help minimize chlorine absorption. As an added bonus coconut oil acts as a safe and natural sunscreen offering mild protection.
- Make a vitamin C spray. Mix One teaspoon of vitamin C powder in 2 cups of filtered water and spray hair and skin after leaving the pool. Rinse off with clean water. The chemical structure of vitamin C (ascorbic acid) neutralizes chlorine and chloramine.
- Take an epsom salt bath soon after swimming. Epsom salt baths detox the body and can help eliminate toxins. It can be difficult to get to the Epsom salt bath right away, so you can make your own Epsom salt oil by dissolving 1 tsp. Epsom salts with 1 tsp. warm water and add coconut oil.

Another fast and easy alternative is dissolving equal parts of Epsom salts and warm water, then put into a spray bottle. You can spray a person's chest or back after swimming and let dry.





f Questions? Email Jackie at jcrunchymom@gmail.com Now on Facebook www.facebook.com/jcrunchymom

Music in the Valley - Saturday July 8, 2017

On Saturday July 8 from 10:00 a.m. to 5:00 p.m. Quiet Valley Living Historical Farm is the place to be to enjoy the sounds of traditional music. Supported in part by a Project Stream grant from the Pennsylvania Council on the Arts, the eleventh annual "Music in the Valley" will feature musical performances at various locations around the historic farm, reminiscent of how it would have been heard in the 19th century.

A variety of groups will perform at the different venues and the day



will end with a jam session at 3:30. As well as performances throughout the day, there will be sessions to provide visitors with an opportunity to take a closer look at the music and maybe even try a featured

instrument. Puppeteer, Bonnie Scott, will hold puppet shows throughout the day and the One Room School will be open. The outdoor Bake Oven will be in operation and Wagon Rides will take place, weather permitting.

There will be a seminar on traditional, music presented by Norm Williams, Tom Druckenmiller, and Betty Druckenmiller, A wonderful

opportunity to learn the background of songs you still know and love and how the music of our country developed through the last two centuries.

The event will be held rain or shine, under tents as needed. Schedule is subject to change. Music in the Valley is included in the price of admission for the historic farm tour. The farm tours will run on Saturday from



10:00 to 5:00. Great fun for all ages, so come for a few hours or bring a picnic lunch make a day of it.

All funds raised go to support the non-profit farm museum and its mission.

Quiet Valley Living Historical Farm is a 501(c)(3) non-profit educational corporation dedicated to the preservation and interpretation of the 19th century Quiet Valley farmstead, as part of Pennsylvania's rich agricultural heritage. We feature tours of the historic farm as well as special highlights throughout our summer season, the third Saturday in June through Labor Day Monday. Closed Mondays, except Labor Day Monday. Special Events are held in May, October, and December. For further information visit our website at www.quietvalley.org or call the farm at 570.992.6161.

Food Safety Certification – ServSafe®

The ServSafe® course, conducted by Penn State Extension is being held at the Penn State Lehigh County Extension Office in Allentown on Tuesday. July 10th, 2017 from 9:00am-4:00pm and Monday, July 17th from 9:00am-1:00pm. The exam will be held at 11:00 am on Monday, July 17th. After attending the class sessions and passing the multiple choice exam, participants will receive a ServSafe® certificate which meets the PA Department of Agriculture's requirement for food safety certification. The course covers information related to preventing cross contamination, safe handling of food, temperature control, cleaning and sanitization, proper storage, and pest control in addition to other relevant topics. Registration deadline is July 5th, 2017. For registration and class cost, register online at http://extension.psu.edu/food/safety/courses/servsafe or Nicole McGeehan at 570-421-6430 ornmd5140@psu.edu with any questions.



Learn about Gardening at Easton Library

The remaining dates and topics are **July 20** - English Cottage Gardens; **August 17** - Tracking Climate Change through Bloom Times, Birds, and Insects; **September 21** - Fall Gardening Clean Up; and **October 19** - Plants of Murder and Mayhem. All programs begin at 6:30 pm.

These free programs are open to the public and held in the Catherine Drake Meeting Room on the lower level of the Main Library. Handicapped access is available from the Church Street entrance. Light refreshments will be provided by the Friends of the Library.

Registration is not required. For more information, call 610-258-2917 ext 307.



Grilling Safety Tips

- Always keep outdoor grills away from the walls of buildings and from under low hanging tree branches when in use
- Never use an outdoor grill inside a garage, or in a building.
- Always remember to open the lid to your gas grill to prevent a buildup of gas that can cause an explosion when igniting the grill.
- Never leave an outdoor grill unattended; children and pets should always be kept away from the grilling area.
- Make sure the chef stays safe by using long-handled utensils made for cooking on the grill.
- Never add charcoal starter fluid when coals have already been ignited.
- Always follow the manufacturer's instructions when using the grill
- Keep a fire extinguisher or water source handy.

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Banish Backyard Pests

(Family Features) As the weather gets warmer, mosquitoes can prevent homeowners from reaping the benefits of living life outside.

According to a Harris Poll conducted on behalf of TruGreen, 85 percent of Americans say that mosquitoes limit their family's outdoor activities during the months they're most active. The same survey also found that nearly two-thirds of Americans are concerned about protecting themselves and their family from Zika or other mosquito-borne illnesses.

A majority of respondents reported using bug spray on themselves and their family members to combat mosquitoes outdoors at home. Although it's the leading preventative measure, still only half say it is most effective at preventing mosquitoes from biting.

Depending on where you live, the mosquito biting season lasts 5-7 months. If spray isn't adequate to combat the mosquitoes at your home, it may be necessary to take additional measures.

These tips from the Centers for Disease Control and Prevention and the pest control experts at TruGreen can help combat mosquitoes outside of the home:

Remove standing water. Mosquitoes generally lay eggs near water, so once a week take time to dump anything that may hold water in the yard. This includes buckets, kiddie pools and birdbaths. Don't overlook items like toys, planters and flowerpot saucers. For containers intended to hold water, like cisterns or rain barrels, regularly check that the lid is secure so mosquitoes can't gain access. A finely woven mesh is a good alternative if there is no lid. If you can't cover the container and won't be drinking from it, use a larvicide to treat the water.

Be wary of unexpected reservoirs. Natural features such as shrubbery and tree stumps can also collect water, and they may be more difficult to remedy. Keep dense shrubs thinned and pruned. Increasing the air flow can make these areas less attractive. If removing a tree stump is impractical, a professional can guide you in proper treatment.

Apply a broad-application pest eliminator. Use an outdoor insect spray or professional service to kill mosquitoes in areas where they rest all over the yard. A professionally applied treatment such as TruGreen Mosquito Defense targets pests where they live, and the company's professionally trained specialists use an innovative mosquito control formula to treat all areas of the yard where mosquitoes hide, including trees, shrubs, mulched areas and all types of ground cover.

"Mosquitoes are a nuisance for many of our customers, inhibiting the time they can spend enjoying outdoor activities," said John Bell, board certified entomologist and TruGreen regional technical manager. "Most people protect against mosquitoes by using a repellant or citronella candles, but these methods do not target the places mosquitoes hide including low-hanging limbs, ornamental foliage, potted plants and ground cover. The TruGreen Mosquito Defense treatment program targets these places, eradicating the mosquito population in homeowners' yards and allowing people to spend more time livina life outside."

Make regular rounds to spot trouble. Humans are creatures of habit, and that can mean certain areas of the yard receive much less traffic that other spots. Take time each week to tour the entire yard and keep an eye out for potential pest problems, including standing water in containers or low spots in the ground.

For more year-round lawn care tips, visit TruGreen.com/mosquito.

Source: TruGreen



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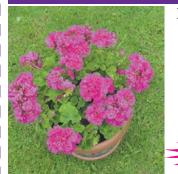




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On June 16th seniors at the Slate Belt Senior Center celebrated Father's Day by reminiscing about their fathers and competing in the tie tying contest and the frozen tee shirt contest. Tugging to undo the frozen shirt are winners Dan Turtzo and Louise Kline.

Easton Area Lifestyle Campus

3201 Sullivan Trail, Easton, 610-829-3201. Director - Debbie Mertz Hours 8:00-4:00 Monday thru Friday. For meal reservation please call by 10:00 am, 1 day prior before the meal.

Mondays: Fit w/Darla 10:00am Bingo 12:30pm

Tuesdays: Billiards 101 12:30pm **Wednesdays:** Bible Study 10:00am

All Hands on Deck 12:30pm

Thursday: Wii Bowling 10:00am

Zingers & Ringers 12:30pm Friday: League Shuffleboard 10:00am

Bingo 12:30

SPECIAL ACTIVITIES: Warning: Playing Bingo may make you Ugly!

7/4 Independence Day – CLOSED 7/5 10am – Founding Fathers Race

7/6 10am – Decorative Painting with Pam

7/11 10am – Dementia "Easton Home"

7/12 10am – Aroma Therapy with Joan

7/13 10am – Sandy's Crafts

7/18 10am – Bubble Pack Meds (Easton Pharm)

7/18 12:30 pm - Birthday Bingo

7/19 10:15am – Welcome to Trinidad with Mark

7/20 10am - Sing-a-Long with Muriel and Lollipop Day

12:30pm - Wii Bowling League

7/25 10am – Linda's Picnic Basket Race

7/26 10am - LCR

8/1 10am - Linda's Lady Bug Race

8/2 10am - LCR

Keep these friends in YOUR THOUGHTS AND PRAYERS Pray For Our Nation, Martha Fonte, Lucas Fox & Tina Due

If you would like to add a name of a loved one, friend or neighbor to the prayer list please send their name to:

The Belt and Beyond P. O. Box 33 Bangor PA. 18013
Attn: Prayer list or email us at thebeltandbeyond@gmail.com
Subject: Prayer List

Slate Belt Senior Center

Blue Valley Farm Show Complex, 707 American Bangor Road, Bangor Ph 610-588-1224. Hours: 8:00am-3:30pm. Meal Reservations please call by 10:00am, 1 day prior before the meal. Cancellations must be done as soon as possible. Lunch is served at 11:30am.

Morning Stretch, Most Days 9:15am

Walking Club, Mondays and Wednesdays and 9:30am

Bingo Mondays and Wednesdays and 12:00 noon

Crafts & Chat, Tuesdays, 9:00am

Zumba Gold, Tuesdays, 10:00am

Brush Away with Senior Artists, Wednesdays, 9:00-11:00am

Exercise with Darla, Wednesdays 10:00-11:00am

Pool Tables are available every morning and Tuesday and Thursday afternoon. Puzzles, Library, Computers and TV are also available. Walk Across America: For info, ask center director.

Coming in September-Arthritis Exercise Program

JULY EVENTS

CLOSED-JULY 4, HAPPY INDEPENDENCE DAY

Home Instead Veterans Benefits, Thursday, July 6, 12:15pm One Joke Minimum (Ice Cream), Friday, July 7, 12:15pm Make your own Race Cars, Tuesday, July 11, 12:00pm Events Meeting, Thursday, July 13, 12:15pm

Baseball, Friday, July 14, 10:00am

Mini Car Races, Thursday, July 20, 10:00am Registration for race, All Cars must be ready. Pole Position assigned. Friday. July 21, 12:15pm

NASCAR Bingo, Monday, July 24, 12:00 Noon

MUSIC WITH RANDY SIMPSON, Wednesday, July 26, 12:15 PM

Council Meeting, Thursday, July 27, 9:00 A.M.

All interested Race Car participants can walk track, Thursday, July 27 RACE DAY, Friday, July 28, Mini cars 10:00am, Sprint cars, 10:30am, NASCAR, 12:15pm, Ice cream 1:30pm

St. Elizabeth's Hungary Parish Bus Trip to Resorts Casino

St. Elizabeth's of Hungary Parish in Pen Argyl is sponsoring a trip to the Resorts Casino in Atlantic City on **Thursday, July 13th.** We will be leaving from the church parking lot at 8:30am, and then proceed to the old St. Joseph's parking lot in Wind Gap for the second pick up location. You will receive a slot rebate from Resorts. Come and join the gang and take a stroll down the boardwalk. For more information please call Mary Lou DeRea Lohman at 610-863-4846 or 610-844-4630.

Salvation Army Pen Argyl - Community Lunch Program

Tuesday, Wednesday and Thursday from 12:00pm-1:00pm Community Lunch Program, Thursdays after lunch senior program. Food pantry first 4 Tuesdays of the month from 10am-12pm.

Senior Center Listings

Slate Belt Senior Center

707 American Bangor Road, Bangor, PA (Blue Valley Farm Show Building) 610-588-1224 • Hours: 8:00 AM - 4:00 PM

Easton Area Lifestyle Campus

3201 Sullivan Trail, Easton, PA 610-829-3201 • Hours: 8:00 AM - 4:00 PM

Nazareth: The Border House

15 South Wood Street, Nazareth, PA. 610-759-8255 • Hours: 8:30 AM - 1:30 PM



Nazareth Senior Center

15 South Wood Street, Nazareth, PA, 18064. Director: Stacy Walsh Call 610-759-8255 by 11 am day prior for meal reservations. We are looking for volunteers to help plan/set up for parties & special events.

Card Games - Everyday 8:30am Morning Stretch - Mondays, 10:00am

Bonus Bingo - Tuesdays, and Fridays, 10:00am

Penny Bingo - Wednesday, 10:00am

JULY EVENTS

CLOSED-JULY 4, HAPPY INDEPENDENCE DAY

Blood Pressure Screening - Wednesday July 5th 12:00 noon

Pokeno - Thursday, July 6th and 12th 10:00am

Yard Sale - Outside Friday July 7th 9:00am-1:00pm. Rain Date Friday July

Visit from the Kooma Family! - Monday July 10th 10:00am

Council Meeting - Thursday July 13th 10:00am

Birthday Bingo - Tuesday July 18th 10:00am

In-Service with Nurse Lisa - Wednesday July 19th 12:00 noon

Duck Races - Thursday July 20th 10:00am

Monroe County Senior Center

LODER SENIOR CENTER, 62 Analomink Street in East Stroudsburg. Phone 570-420-3745. Hours 8 am – 1:30 pm Monday through Friday. For meal reservation please call 570-420-3745 by 12 noon, 1 day prior before the meal. Lunch served at 11:30 am. Socialization – Card Games – BINGO – Health & Welleness Program - Wii Bowling - Nutritious Lunch

LODER SENIOR CENTER – JUNE ACTIVITIES

Arthritis Exercise – 10am; 19th ,22nd , 26th and 29th

Bingo 12:30pm: 19th.26th

Dance & Movement 1pm; 27th

Yoga – 10am; 20th and 27th

Yoga Stretch 10am; 21st

SPECIAL EVENTS:

Blood Pressure Screenings 10am-11am; June 22nd

Picnic at "the Roof" (Paradise Valley) 10am-2pm; June 23rd

Sing-a-long with "Golden Chords" 12pm; June 20th

Senator Mario Scavello to Hold Annual Senior Expo

State Senator Mario Scavello will host his Annual Senior Expo on Monday, July 17 from 9 a.m. to 1 p.m. at Pocono MountainSwiftwater Elementary Center (135) Academic Drive, Swiftwater, PA 18370). The Expo is co-sponsored and will be attended by State Representatives Rosemary Brown and Jack Rader. Admission is free to the public.

Over 70 exhibitors from non-profit and government agencies will provide information on the services they offer benefiting seniors. Door prizes, health screenings, educational seminars, and refreshments will be provided.

"Each year the Senior Expo provides a wealth of information to help our area seniors manage their finances, take control of their health, and protect against potential scams targeting seniors," said Senator Scavello. "Our seniors form the backbone of our communities and this is a valuable opportunity to receive information on new topics and services available to enable them to live independently. I encourage all seniors to attend and learn what services best benefit vou.'

Additional outdoor exhibitors will include the Hughes Library Book Mobile and the PA Department of Military and Veterans Affairs Mobile Van. A representative from the North Central Highway Safety Network will also be on hand to check vehicles for issues with mirrors, seats, and other factors that might impede driving safety.

For more information, please contact Senator Mario Scavello's Monroe County district office at 570-620-4326.

State Senator Mario Scavello represents the 40th Senatorial District, which includes portions of Monroe and Northampton Counties. To find out more information regarding this event or any state-related issue, please visit www. marioscavello.comor email mscavello@pasen.gov.



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James B. Gaffney Funeral Home

Donna L. Gaffney, Supervisor

610-588-4522

314 South First Street, Bangor, PA 18013

BINGO

June 29 & July 6

Polk Township Volunteer Fire Company Main Fire House Hall, 115 Interchange Rd, Kresgeville

Doors open at 5:00 PM • Bingo starts at 6:45 PM

June 30 & 7

Wind Gap Fire Company

Doors open at 5:00 PM • Bingo starts 6:45 PM

July 1 & 8

Immaculate Conception

Doors open at 11:00 AM • Bingo starts at 1:00 PM

Bangor VFW

Doors open at 3:30 PM • Bingo starts at 6:00 PM

July 4 & 11

Portland Hook & Ladder Co. #1

State Street. Portland 7:00 PM

Klecknersville Rangers Vol. Fire Co.

2718 Mountain View Drive, Moore Township

Doors open at 5:00 PM • Bingo starts at 7:00 PM

July 5 & 12

Bushkill Vol Fire Company

Doors open at 5:00 PM • Bingo starts at 7:00 PM

Monroe County Historical Association to Host "Raise your Glass & Support the Past" Fundraiser

The Monroe County Historical Association will be hosting an exquisite three-course wine pairing dinner and auction fund-raiser on **Thursday**, **September 7, 2017, from 6:00pm-9:00pm.** The 3rd annual "Raise Your Glass & Support the Past" event will be held at the beautiful Lodge at Mountain Springs Lake, Reeders, Pa. Chairman Selection wine will complement each course.

High-quality live and silent auction items will complete the evening. Auction items include artwork by Sterling Strauser, Charlene Taylor, Pat Kresge, Penny Ross, Jack Savitsky, Dee Huxster, and Sherwood Samet. Other auction items include; getaway packages featuring a week-long vacation in a Virginia Beach condo; a Duckloe star table; restaurant gift certificates; overnight stay packages and unique experiences; wine baskets; appraisal services, and much more. Hartzell's Auction Gallery is generously donating their auction services for this event.

Erin McClelland will provide the musical entertainment for the evening. All proceeds benefit the Monroe County Historical Association, a 501(c) 3 non-profit cultural and learning center that assists the area's diverse community of residents and visitors in connecting the past with the present. A portion of the funds raised will be used to assist with the preservation of the organization's museum and library collections.

"Raise Your Glass & Support the Past" fund-raiser. Reservations must be made by Monday, August 25, 2017. For additional information or to make a reservation, please contact the Monroe County Historical Association at (570) 421-7703 or visit www.MonroeHistorical.org.

The Monroe County Historical Association Presents Life of a World-Renowned Socialite. Clara Adams.

The Monroe County Historical Association is pleased to announce a free presentation on the life of a world-renowned socialite, Clara Adams. Pocono/Jackson Township historian Jim Werkheiser will give his presentation, "Clara, we hardly knew you" as part of the Third Thursday Lecture Series. The presentation is scheduled for Thursday, July 20, 2017, at 7:00 p.m. at the Stroud Mansion, 900 Main Street, Stroudsburg.

In 1928, Clara Adams, who lived in Tannersville, PA, played an important role in the promotion of early commercial aviation. She was the first female-paying passenger on the inaugural flight of the Graf Zeppelin, which traveled from North America to Germany. In 1936, she was the first to fly on a trans-Pacific flight from San Francisco to the Philippines in a flight that lasted 56 hours, 22 minutes. She was also present in New Jersey when the Hindenburg crashed in 1937.



Clara Adams of Tannersville was a world-renowned air traveler.

The Third Thursday Lecture Series is free, but reservations are required due to limited space. Light refreshments will be served. The presentation will be held on the 2nd floor of the Stroud Mansion, which is not handicapaccessible. For additional information or to make a reservation, please contact the Monroe County Historical Association office at (570) 421-7703 or email at info@monroehistorical.org.

Calendar of Events for the Friends of the Bangor Public Library

The Friends of the Bangor Public Library announce the following "Save the Date" events:

July 8th-Duck Race at Bangor Creek

August 15th-19th-Summer Book Sale at The Blue Valley Farm Show September 16th-Bake Sale at Ace Hardware, Capitol Plaza November 11th-Author Brunch w/Joe DeFranco at The Library

December 2nd-Breakfast w/ Santa at The Bee Hive Community Center The Friends meet the 3rd Thursday of each month at 7:00 PM at the

The Friends meet the 3rd Thursday of each month at 7:00 PM at the Library. New members are always welcome. For additional information contact: Karen Brewer at 610-588-8615

Memorial Library of Nazareth and Vicinity Public Library Calendar of Events

June 30, July 14, 21, 28, and Aug 4: Toddler Shake and Boogie @ Bushkill Township Fire Company, 10:30 am.

For more information, contact: www.nazarethlibrary.org or 610-759-4932

Wind Gap Summer Sounds Concert Series

The Wind Gap Summer Sounds Concert series has kicked off at the Wind Gap Park. Concerts are held at Wind Gap Boro Park and Weona Park in Pen Argyl, rain or shine and begin at 6:00 pm. The Summer Sounds Concert Schedule is as follows:

Wind Gap, Wind Gap Boro Park

July 9th - Tower Suite

July 23rd - 60's Boys featuring original Mudflaps

August 6th - Headliners

August 20th - Desire

Pen Argyl, Weona Park

July 2nd - Elvis (Andy Svreck)

July 16th - Desire

July 30th - River Side Rhythm

August 13th - Music of Lee & Chris

August 27th - The Headliners

2017 Gazebo Concert Series at Presbyterian Church of the Mountain

Join us for another wonderful summer of GREAT music, Sunday evenings! Concerts will be held at the church gazebo at Presbyterian Church of the Mountain located on Main Street, Delaware Water Gap, PA. The concerts begin the first weekend in June and end the last weekend of August from 6pm – 7:30pm. The concerts are FREE to the Public; bring your blanket or low chair for the lawn seating. In case of inclement weather, concerts will be moved indoors. Refreshments will be available. For more information, contact Jim Dellaria 570-350-3404 or dellaria@gmail.com. The concerts are brought to you by a grant from the Pocono Arts Council and charitable donations in support of the musicians.

CONCERT SCHEDULE:

July 2nd - Bill Stine and Friends

July 9th - Erin McClelland Band

July 16th - Lost Ramblers

July 23rd - SheilaMark Band

July 30th - Nancy Reed & Spencer Reed

August 6th - Tony Dellaria & Junior's Wailing

August 13th - Calliope

August 20th - Marty Wilson Trio

August 27th - Matt Abell Trio

Don't Miss the Miracles Book Launch



Don't Miss the Miracles is the story of an ordinary family in crisis. Through the weaving together of analogies from football, war, and God's Word, Don't Miss the Miracles, shows everyday life being impacted by the amazina hand of God. Heather Goodyear, of Forks Township, and her parents, Roy and April Schrameck, wrote Don't Miss the Miracles after Roy's survival of a very risky surgery to save his body from the MRSA infection attacking it.

They were blessed with four more years together before Roy's death on April 10, 2017. Even with grieving hearts, they celebrate this book's release and held a Book Launch party on Saturday evening, June 10. to announce its publication. The event included testimonials about the book from family members, songs by the Slate Belt Baptist Church Coffee House Band, and other musical performances all to convey the special themes contained in Don't Miss the Miracles. Don't Miss the Miracles is published by CrossLink Publishing, you may purchase a copy online at crosslinkpublishing.com or visit dontmissthemiracles.com. Heather and her parents hope sharing their story will be a blessing and encouragement to others.



Vacation Fun

Pictured Chase, Nicole, and Tom Begor enjoyed a recent visit to the Lincoln Memorial, Washington, D.C.





Trivia Answers from page 13

- 1. When in the course of human events
- 2. The Constitution
- 3. Francis Scott Key
- 4. It cracked on it's first ring
- 5. The first flag had 13 stripes and 13 stars 15. Betsy Ross
- 7. Carpenter's Hall, Philadelphia, PA
- 8. July 4th. 1776
- 9. Philadelphia, Pennsylvania 10. June 14th

- 11. John Adams and Thomas Jefferson
- 12. John Hancock
- 13. Missouri
- 14. Two
- 16. Hot Dog
- 17. Distress and harm
- 18. The Bill of Rights
- 19. Denmark, England, Norway, Sweden
- 20. 151 Feet



The Fourth of July is a great time to celebrate with friends, food and fun in the sun. But not so much fun for your pet. It's important to remember that certain events and activities can be hazardous for animals.

Here are a few tips to keep your pet happy and healthy this Fourth of July!

- Loud, crowded fireworks displays are no fun for pets, who can become frightened or disoriented by the loud noise. Please resist the urge to take them to your Fourth of July festivities. Instead, keep them safe from the noise in a quiet, sheltered and escape-proof area at home.
- Never use fireworks around pets! While exposure to lit fireworks can potentially result in severe burns and/or trauma to the face and paws of curious pets.
 Even unused fireworks can pose a danger. Many types contain potentially toxic substances, including potassium nitrate, arsenic and other heavy metals.
- Never leave alcoholic drinks unattended where pets can reach them. Alcoholic beverages have the potential to poison pets. If ingested, the animal could become very intoxicated and weak, severely depressed or could go into a coma. Death from respiratory failure is also a possibility in severe cases.
- Do not put glow jewelry on your pets, or allow them
 to play with it. While the luminescent substance
 contained in these products is not highly toxic,
 excessive drooling and gastrointestinal irritation could
 still result from ingestions, and intestinal blockage
 could occur from swallowing large pieces of the plastic
 containers.
- Keep citronella candles, insect coils and tiki torch oil products out of reach of pets. Accidental ingestion can produce stomach irritation and possibly even central nervous system depression. If inhaled, the oils could cause aspiration pneumonia in pets.
- Be prepared in the event that your pet does escape. Keep your pets IDs up to date! It's a good idea for all your pets even indoor-only pets to always wear a collar with an ID tag that includes your name, phone number and any relevant contact information. July 1 is National ID Your Pet Day, which serves as an annual check-in to make sure your pets' identification tags and microchip information is up to date.

Eastern PA Animal Alliance

The EPPA SpayMobile will be at Johnsonville Farm and Garden, 154 Johnsonville Road, Bangor, PA., on **Friday, July 21st, 8:30am**. Call Animal Control Officer Christine Mammi 610-217-7025 to reserve a spot. Only 50 spaces available. Visit the Slate Belt Animal Advocacy Facebook page for details.

Pooch Plunge

August 19th The last day of the pool season at Bangor Park Pool is one for our furry friends. Come out with man's (or women's) best friend and enjoy one of the last days of summer with a doggie swim day! Time to be announced.



ADOPT US - SUZY Q & BENTLEY JO



SUZY Q found herself at the shelter after her beloved mommy passed away. She is searching for an extra-special home because she suffers from an oral condition called stomatitis, which is easily kept

under control with daily prednisone medication that Suzy takes in her food. Despite her condition, this sassy girl has a real zest for living! Suzy enjoys the presence of other cats but make no mistake about it: Suzy Q is a queen bee. She makes sure all the other cats in the room know she's in charge. In true Calico fashion her infamous "Suzy Stare" gets your attention and signals exactly what's on her mind. Suzy Q is 8 years young, spayed, up to date on shots, litter trained and ready to go home. Won't you please give sweet Suzy Q a soft, quiet place to lay her head tonight?

BENTLEY JO is an adorable little guy who found himself at the shelter through no fault of his own. He was somebody's baby once and he's looking for that love again! Bentley Jo is great with other dogs of



all shapes and sizes but a meet and greet with yours is a must. Poor baby is fearful of some men, so he will need time and patience to warm up. Once you earn his trust the love bug comes out—and so do the kisses! Bentley Jo is 5 years young, neutered, up to date on vaccinations, microchipped and ready for a fresh start. What's not to love? Come meet Bentley Jo today!

The AWSOM Animal Shelter is located at 3129 Godfrey Ridge Drive, Stroudsburg, PA 18360. Adoptions hours are 11AM to 4PM, 7 days a week. Volunteer opportunities are always available. Stop in or call 570-421-DOGS for more information.

The AWSOM Animal Wellness Center is open Monday thru Friday for all your basic veterinary needs. Check out our low-cost veterinary services, including spay and neutering, vaccinations, dental care and more. Call 570-424-1060 for more information or to make an appointment.

Visit our website at AwsomAnimals.org

Facebook: A.W.S.O.M.



Photo courtesy of Getty Images

Hit the Road Safely

(Family Features) There are few better times for a road trip than during the summer months when the sun is bright and the kids are out of school. Despite the expected rise in gas prices, AAA reports 79 percent of families are planning to hit the road this year, 10 percent more than in 2016.

Whether it's just you and your significant other or a jam-packed car, the experts at Interstate Batteries recommend taking these steps before hitting the open road:

1. Have a plan. Spontaneous stops can be fun and necessary to stretch your legs, but it's always important to be safe and prepared when traveling. Even if every detail isn't set in stone, having a rough sketch of a plan can help make your trip more enjoyable. Also be sure to share your route with someone who isn't going. It's safer to have someone know where you are. Use apps to let your friends and family track your road trip or help you map your trip and provide helpful tips on expected fuel costs, upcoming rest stops and nearby restaurants. Having a plan allows you to keep your trip organized without becoming a bust if you stray a bit off course.

2. Think beyond the essentials. You'll obviously remember the necessities, such as maps, electronics chargers, snacks and pillows. Extra batteries for gadgets, portable power banks and a quality flashlight are always good to have on-hand when venturing afar, but there are other items you could be forgetting. Try to imagine every possible sticky situation and prepare accordingly. Remember to pack spare keys just in case you lock your keys in your car. Other useful items include a first-aid kit and a roadside assistance kit in the event your car breaks down. Remember that it's better to be prepared than to find yourself in need of something vou left behind.

3. Get your paperwork in order. Bring your license, registration and insurance information with you. This may sound obvious, but people still forget these documents sometimes. Make sure it's all up to date, too.

4. Give your car a checkup. Perform basic maintenance on your vehicle before you hit the road, such as checking fluid levels, windshield wipers and more, Ask your technician to look at the tread on your tires and ensure your brakes are working properly. One thing you might not think of is getting your battery tested at a convenient location, like an Interstate All Battery Center, as summer heat is harder on a battery than winter cold. According to an automotive market survey, nearly 1 in 4 vehicles on the road will need a new battery this year. Most people don't know they need a new battery until it's already dead, and the last thing you want is to hear that dreaded "click-click-click" when you turn the key during any leg of your trip.

There can be a lot of planning and research put into the perfect road trip. Follow these tips to make sure you're able to go wherever the road takes you. Find more information at InterstateBatteries.com. Source: Interstate Batteries

WHEN THE MERCURY RISES, SO DO YOUR CHANCES OF ENCOUNTERING A WHOLE NEW SET OF ON-THE-ROAD DANGERS.

HERE'S HOW TO KEEP YOURSELF SAFE:

- Slow down when driving in road construction zones.
- Leave plenty of distance around travelers in over-packed vehicles.
- Watch for swerving vehicles towing campers, boats, etc.
- Beware of tourists unfamiliar with the highway system
- Check your vehicle's mirrors to watch for motorcycles
- Always use your safety belt.

NEARLY TWICE AS MANY PEOPLE ARE KILLED IN AUTO ACCIDENTS DURING THE SUMMER MONTHS THAN DURING THE REST OF THE MONTHS COMBINED.



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Jacobsburg Environmental Education Center Community Programs

DiscoverE Adventure Backpacks Available Monday thru Saturday, 8:00 AM to 2:30 PM

Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth, Borrow a backpack full of kid-friendly tools to explore Jacobsburg! These backpacks are best for families with young children. Each backpack includes binoculars. notepad, colored pencils, magnifying lens, bug box, dip net, and five field guides for exploring the pond, insects, birds, trees, butterflies and moths. For more information call 610-746-2801 or email jacobsburgsp@pa.gov.

Fishing Rods and Tackle Available Monday thru Saturday, 8:00 AM to 2:30 PM

Where: Jacobsburg Visitor Center, 400 Belfast Road, Nazareth. Borrow fishing poles and tackle to use in Jacobsburg's creeks! To borrow equipment you must provide a driver's license or other form of state issued identification. Persons age 16 and older must possess a current fishing license to fish. Adults can help children under 16 fish without a license. Bait is not provided. For more information call 610-746-2801 or email iacobsburgsp@pa.gov.

Butterflies of Jacobsburg Saturday, July 1, 10:00 AM-12:00 PM

Please join Bill Grant, local butterfly enthusiast, as he leads a walk through the fields of Jacobsburg in search of local species of butterflies. Participants will be able to help catch butterflies for closer observation. Participants should wear comfortable shoes; bring a hat, bottled water, and sunscreen. Butterfly nets will be available. Registration is required.

Native Garden Volunteer Day Saturday, July 1, 1:30-4:30 PM

Why are native plants important? Native plants do a better job of providing food and shelter for native wild animals than do introduced plants and protect biodiversity. Please join us as we work to maintain our beautiful native plant gardens. Please dress for the weather and bring

snacks, bottled water and work gloves. Registration is not required. Please join us for a two hour butterfly walk that same day from 10 AM-12 noon!

Northampton County Junior Conservation School July

This week-long camp for students ages 14 to 17 is sponsored by the Northampton County Federation of Sportsmen's Clubs and DCNR/Jacobsburg Environmental Education Center. The school includes a two-day canoe trip on the Delaware River as well as field trips to beautiful natural areas in the county. Activities include camping. hiking, canoeing, archery, birding and much more! For more information, contact Andy Curtis, Program Director at 215-679-0259.

Family Night: Blinking Lights on Summer Nights Friday, July 14, 8:30-9:30 PM

Are you mesmerized by the flashes of fireflies during warm summer evenings? Join us to learn all about the secret lives of fireflies! This program is best for families with children ages 8 and up. Please bring a flashlight (for a game) and wear comfortable walking shoes. Registration is required.

Tuesday Trails -Tuesday, July 18, 5:30-7:00 PM

Get moving after work with a brisk hike at Jacobsburg! These guided monthly hikes are 2 to 2.5 miles over uneven terrain. Dogs are welcome to hike on a leash, Meet at the flagpole at the Visitor Center at 400 Belfast Road. Registration is not required. Join the email reminder list by contacting us at 610-746-2801 or jacobsburgsp@pa.gov.

You can also view and register for community programs online at http://events.dcnr.pa.gov/. If you need an accommodation to participate in a program please contact the park office at 610-746-2801 or jacobsburgsp@pa.gov. With at least three days notice, interpreters for people who are deaf or hard of hearing are available for educational programs.



Bangor

BLUE VALLEY FARMERS MARKET Sundays 10am-2pm

707 American Bangor Road May through October

www.facebook.com/BlueValleyFarmersMarket/

Bath **KEYSTONE PARK**

Green St. and Race St.-Rte. 329 570-249-0131

Fridays 3PM-7PM

May 19th through September 29th www.bathfarmersmarket.org

• **Belvidere** • warren county farmers market

White Twp., School Rt. 46 & Rt. 519

Sundays 10 am - 2 pm June 4th through October 1st www.warrencountyfarmersmarket.com

• Easton • CENTER SQUARE

Saturdays 9AM-IPM

May through November www.eastonfarmersmarket.com

• East Stroudsburg • MILLER PARK (BEHIND DANSBURY DEPOT)

Saturdays 9AM-IPM

May 17th through end of October • Emmaus •

EMMAUS FARMERS MARKET

235 Main Street (BB&T Emmaus Location) 610-462-3730

Wednesdays 8:30am - 12:30pm

May - November) www.emmausmarket.com Nazareth

NAZARETH'S FARMERS MARKET

Saturdays 9AM-IPM

May 6th through October 28th www.facebook.com/ NazarethFarmersMarketOnTheSquare/

Slatington

BLUE MOUNTAIN FARM MARKET

D & L Trailhead Pavilion – Main Street 610-417-6982

Fridays 12 noon - 4 pm Saturdays 9 am - 1 pm

Open Memorial Day weekend thru first Saturday in October www.facebook.com/ bluemountainfarmmarket/

Stroudsburg

MONROE FARMERS MARKET Courthouse Square (Downtown Stroudsburg)

(917) 716-6489 Saturdays (Rain or Shine) 8 am-12 noon

May 6th through October 28th www.monroefarmersmarket.com



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Expressions Thru Glass Rita Bolles Owner 2242 Ridge Rd. Bangor, PA 18013 610-588-1490 expressionsthruglass@gmail.com www.expressionsthruglass.com

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NEW APPLICATIONS BEING ACCEPTED

PERSONAL CARE AIDE -

FT/PT night shift. 12 ½ hr. shifts 6pm – 6:30am

FT/PT day shift. 12 ½ hr. shift 6am - 6:30pm Experience preferred, but willing to train the right candidate. Must enjoy working with seniors. Great place to work and grow.

ACTIVITY AIDE - PT

Seeking a vibrant, fun person who works well with seniors. Must be able to drive the Grace Park bus, be talented in arts & crafts, and have high energy. All positions include every other weekend/holiday • HS diploma/GED required Drug screen pre-hire, state, and federal background check

Apply in person: 1170 West Main Street, Stroudsburg, PA

Nazareth, PA

Two piece lighted pine hutch, pine dry sink, Tea cart, Two end tables, coffee table, two lamps, oak trunk A-Okay. Call 610-252-1640.

1994 CHEVY SUBURBAN - 2WD. Inspected, High Mileage, Runs Great, Good Condition \$999 obo. Call Al at 610-588-0422 or 484-894-5121

YARD SALE - July 7 and 8, 8 AM-? 24 South Lehigh Avenue, Wind Gap, PA. Multi-family. Lots of health, beauty, and YARD SALE - July 7 and 8, from 9 am to 2 pm. Tools, furniture, household items, clothing, old vinyl LP records and much more. 214 E Prospect Ave.

YARD SALE - July 7 and 8, from 8am-2pm. 932 Bauman Road, Gap View Acres, Plainfield Twsp. Books on woodworking, Trains, Nature. Porch swing, CD's, 5 sets of dishes. kitchen items, Thimbles, Brass animals, and more.

YARD SALE/FLEA MARKET/BAKE

SALE - Friday, June 30 and Saturday. July 1 from 9 AM to 3 PM. RIMROCK Road Off RT 611 at The Masonic Center.

YARD SALES are FREE in The **Belt and Bevond**

Deadlines 4:00pm Friday prior to publication 25 words maximum

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P.O. Box 33 Bangor, PA 18013 or email: yardsales.thebeltandbeyond@gmail.com or

fax 814-283-4819. No yard sale ads will be accepted over the phone.



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Household Rems. hall of Sillie.	See Yard Sale Form above
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PHONE	1 Column X 1.25" \$15 per insertion or \$25 for 2 issues or 1 Column X 1.75" \$20 per insertion or \$30 for 2 issue
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NOW HIRING - Waiters, waitresses, drivers. Apply in person Giordano's Italian Restaurant and Pizza House 13 W Pennsylvania Ave., Pen Argyl, PA. **HELP WANTED - Weekday and** weekend cook and servers. Apply in person Emmy Lou's Ice Cream,

492 E. Main Street Pen Argyl, PA. **HELP WANTED -** Organist / Pianist Wanted, St. Mary - St. Joseph Church Call 610-863-7459

THE BELT AND BEYOND MAIL OR **EMAIL** YOUR CLASSIFIED ADS TO US!

30 ♠ RELIGIOUS SERVICES

Ackermanville United Methodist

1410 Ackermanyille Road, Bangor, PA., (just off Rt. 191in Ackermanville), 9 AM Sunday School, 10 AM Worship Rev Alice Ann Bonham, (610) 588-7818 www.ackermanvilleumc.org

Arndt's Lutheran Church

1851 Arndt Road, Easton, PA 18040, 610-253-3732 Worship: Sat. 6:00 PM, Sun. at 8:15 AM Communion; 9:00 AM Children's Sunday School; 9:30 AM. Confirmation; 10:30 AM Worship. Holy Communion is celebrated on the 1st & 3rd Sundays of the month.

Tue. - 10:00 AM Open Arms; 7:00 PM Boy Scouts & Bible Study.

Thur. - 10:00 AM Open Arms Oldie's "Sock Hop" - Sat., June 17th - 7:00 PM-10:00 PM Women's Mini-Retreat - Mon., June 26th - 5:00 PM-8:30 PM Vacation Bible School - Mon. June 26th thru Fri., June 30th - 9:00 AM-12:00 noon at St. Paul's III Lutheran Church, 2561 Newburg Road, Palmer Township

Bus Trip to Ocean Grove Choir Festival - Sunday, July 9th -Brunch, Bocce & Brats - Sun., July 23rd 10:30 AM Summer Worship Hours - One service at 9:30 AM on Sunday mornings. The Saturday communion service 6:00 PM Email: arndts.lutheranchurch@rcn. Website: www.arndtslutheran.org

Bangor Church of the Nazarene

150 Bunny Trail, Bangor 9:30 AM Sunday School, 10:40 AM Worship Powerhouse Praise Practice 5 PM Teen Straight Talk & Small Groups 6 PM Kenneth L. Bean, Pastor, (610) 588-6929

Belfast Bible

483 Belfast Road, Belfast 9:30 AM Sunday School (All Ages) 10:45 AM Worship, Evening Service 7 PM Pastor Michael Yaworski

Belfast Wesley United Methodist

607 School Street, Belfast 9:00 AM Children & Adult Sunday School, 10 AM Worship, followed by coffee fellowship. Pastor Paul Milligan, (610) 746-3652

Benders Mennonite Church

975 Benders Church Road, Pen Argyl 10:10 AM Worship, Food Bank 3rd Saturday of the month 9 AM - 11 AM (610) 863-9114

Bethel Bible Church of Mt. Zion

7742 N. Delaware Dr. (Rt 611) Martins Creek 9 AM Sunday School, 10 AM Worship Pastor Rick Tunis, (610) 250-9809 www.bethelbiblechurchofmtzion.org

Christ Hamilton United Lutheran Church

419 Bossardsville Road, Stroudsburg, PA 18360 570-992-4085, www.christhamilton.org, email: chulc@ptd.net Worship Services @ 8:15am & 11:00 am Sunday school for 3 year olds thru adults @ 9:30am

Christ Evangelical Lutheran Church

703 S. Delaware Dr (Rt 611) Stone Church/Mt. Bethel 610-588-7056 e: celcpaorg@yahoo.com Sunday School 9am (Sept-May)

Worship 10am; communion 1st & 3rd Sunday www.celcpa.org

Community Baptist

Weona Park Center, Pen Argyl 7 PM Bible Study, Separate class for age 10 & under

Clearfield Bible Holiness Church

1502 Bushkill Center Road, Wind Gap 10:30 AM Sunday School, 11:15 AM & 2 PM Worship 7 PM Thursday Prayer Meeting

Pastor Mike Beck, (570) 369-6563

Community Church

Mount Pocono Location -1050 Memorial Blvd., Tobyhanna, PA 18466 - SUNDAYS 9:30 am | 11:00 am | 12:30 pm The Burgs Location - 2000 Milford Road, Stroudsburg, PA 18301 SUNDAYS 11:00 am

Community Presbyterian

1755 S. Delaware Drive, Mount Bethel 9:15 AM Sunday School, 10:30 AM Worship Coffee hour on last Sunday of every month following service cpcmbp@peoplepc.com 2nd Wednesday - Community Eucharistic worship service beginning on Feb. 8th at 2:00PM (570) 897-6766, www.yourcpchurch.com

Cross Road Baptist Church

201 S Second Street, Bangor 9:30 AM Sunday School, 10:45 AM Worship Wednesday 7 pm Prayer/Bible Study 2nd Sunday of Month Free Meal 4-5:30 pm Breaking Bread Soup Kitchen Rev. Jay VanHorn, Pastor, 610-588-3966 www.crossroadbaptistbangor.com

East Bangor United Methodist Community Church

136 West Central Avenue, East Bangor, PA Sundays - Sundays - 8:30 AM Choir Rehearsal

9:15 AM Worship Service w/Church School 10:30 AM Adult Sunday School After-Church Fellowship (Last Sunday) 4:00-6:00 PM Free Dinner (1st Sunday)

2nd Wednesday - 7:00 PM U.M.W. "Esther Circle

Thursdays - 6:30 PM Bazaar Workshop; 7:00 PM Choir Rehearsal

Saturdays - 8:00 PM AA Meeting

Pastor David Goss (610) 588-4453 Dial-A-Message (610) 588-3896 Website: http://www.ebumc.org/

Faith Alive Community Church

10 Mechanic Street, Wind Gap 10 AM Worship, 10:45 AM Children's Church and Next Level (Grades 7-12) Pastor Matthew Whistler, (610) 863-6911

www.faccpa.org

Faith United Presbyterian

218 W. Penna. Avenue, Pen Argyl Tues: Faith Quilters-1PM Wed: Adult Bible Study-10AM

Sun: Choir 9AM, Worship/Church School 10 AM Rev. Ruth Ann Christopher (610) 863-4447

Family Life Community Church

1115 Richmond Road, Bangor Wednesday: Kidz Night Out at The Hub 6:30-8:30 PM (Kids ages 6 thru 6th grade), Thursday: Teen Night Out at The Hub 6:30-8:30 PM (Grades 7th thru 9th) 10 AM Worship Service Pastor Mike Poppa, (610) 588-3736, www.flccbangor.com

First United Evangelical

25 South 2nd Street, Bangor

Sun.: Summer Schedule No Sunday School until September. Morning Worship at 10:00 AM Wed. Eve.: Prayer Meeting and Bible Study, 7 PM Pastor Ronald Shipman. (610)-588-3226

First United Methodist Church

55 North Third Street, Bangor 8:30 AM Contemporary Service, 8:50 AM Junior Church, 9:50 AM Sunday School for all ages, 11 AM Traditional Service, 11:15 AM Junior Church Rev. Navin Satvavrata. (610) 588-4673 www.firstumcbangor.com

Faith Family Fellowship

1002 Bushkill Center Road, Nazareth Sundays: 10 AM Worship Service with fellowship time to follow

Pastor Robert Hampton, 484-408-9624

Flicksville United Church of Christ

1337 Lower South Main Street, Bangor, PA 18013 610-588-4648 www.flicksvilleucc.org Sunday School 9:30a.m. Sunday Worship 10:45a.m. Service will include local musical talent

First United Methodist

19 West & Water Street, Wind Gap 8:45 AM Sunday School 10 AM Worship/Communion 11 AM Fellowship on 1st Sunday of each month Pastor Bruny Martinez (717) 940-3090

Good Shepherd Evangelical Lutheran Church

2904 Church Road, Martins Creek 9 AM Worship, Adult Bible, Study following worship

Pastor Louise Williams Grace Lutheran Church

5907 Sullivan Trail, Nazareth 9 AM Service, 10:15 AM Sunday School, 10:30 AM Adult Forum

(610) 759-9080, www.gracebelfast.org

Grace United Methodist Church

404 Mountain Avenue, Pen Argyl 8:30 AM Contemporary Worship 10 AM Blended Service, Sunday School Rev. J. Timothy Fisher (610) 863-4811

Holy Trinity Orthodox Church

1501 Trinity Court, Stroudsburg 9:30 AM Divine Liturgy Sundays 6:30 PM Vespers Saturday

(570) 421-4455, www.holytrinitypoconos.org

Hopesprings Community of Faith

301 Market Street, Bangor Meeting time 10:00 AM

855-info-hope., www.hopespringscommunity.org

Hope Lutheran Church

240 S. 8th Street, Tatamy, PA Pastor Herbert Dolich

9:00am Sunday School classes and Bible Study (Sept.-May) 10:30am Worship services(Sept.-June)

701 Cherry Street, Wind Gap Summer worship hours start on June 4th thru-August 27th at 9:30 am with NO summer school classes. Communion is the first Sunday of the month. (610) 863-4474

Living Waters Christian Church

396 Sterling Road Unit D, Tobyhanna Thursday: 6-7 PM Christian Education, Sunday: 9:15 AM Christian Education, 10:30 AM Worship Rev. Dr. Jacqueline R. Walters (570) 350-4710 or (570) 629-5581 livingwaterscc@aol.com

If your worship time will be changing for the summer months Please call us at 610-704-6818 or email us thebeltandbeyond@gmail.com



Arsha Vidya Pitham (Institute for Study of

Vedanta. Yoga and Meditation) 651, Route 115, Saylorsburg www.arshavidya.org

Mount Bethel Church

1270 Belvidere Corner Road, Mt. Bethel Pastor Chris Priestaf, (570) 897-7142 Little Friends Preschool (570) 897-7797 email office@mountbethelchurch.org www.mountbethelchurch.org

Sunday Service Schedule

8:30 & 11am Worship Services 9:45 Confirmation and Sunday School

Mount Eaton Church

7277 Mt. Eaton Road, Saylorsburg Services: 6:30 PM Saturday, 8 AM Sunday Traditional, 10:30 AM Sunday Contemporary, 6 PM Sunday Youth Group, Wednesdays: 7 PM Family Night, 8:30 PM Young Adults' Group Pastor Doug Hayes, (570) 992-7050 mounteatonchurch.org

Nazareth Moravian Church

4 South Main Street, Nazareth Sundays - 9:30am Worship; Wednesdays-6:00pm Weight Watchers: July 11th - 7:00pm Elders July 17th - 7:00pm Property Committee July 18th - 6:30pm Outreach 7:00pm Trustees July 24th-28th-Vacation Bible School (610) 759-3163, nazarethmoravian.org

Northampton God\'s Missionary Church

4965 Nor Bath Blvd, Northampton, PA Sundays: 10:00 AM, and 7:00 PM Wednesdays at 7:00 PM. (call for location) Rev. Rodney Keister, (610) 262-4412 www.gmc-n.com

Our Lady of Good Counsel

436 South 2nd Street, Bangor 4 PM Saturday, 8:30 AM Sunday Pastor Stephen L. Maco, (610) 588-5445

Portland Baptist Church

601 Delaware Avenue, Portland 9 AM Sunday School, 10 AM Fellowship, 10:20 AM Worship, 6-7:30 PM AWANA Youth Group/Prayer Meeting/Bible Study, Handicap accessible (570) 897-6866, www.portlandbaptistchurch.com

Prince of Peace Lutheran Church

2445 Lake Minsi Drive, Bangor Every 1st & 3rd Saturdays of the month at 5:30 PM Worship & Holy Communion Sundays: 9:45 AM Worship & Communion Rev. Michael J. Scholtes, (610) 588-2355 www.popbangor.org

Presbyterian Parish of Bangor-Roseto

Sunday 10:45 AM Worship Service Rev. Albert Martin, (610) 588-4864 www.presbyparishbangorroseto.webs.com

Presbyterian Church of the Mountain

Church Lane, Delaware Water Gap (570) 476-0345 Sunday Worship Service: 10 AM in the Sanctuary Holy Communion: 1st Sunday of each month Praise Team: 2nd Sunday of each month Sunday School: during worship in the Fellowship House for ages 0-12 (childcare and class) Choir Rehearsal: Thursday at 7:30 PM in the Fellowship House Choir Room, Deacons Meeting: Last Sunday of each month at 11 AM. Session: 2nd Thursday of each month at 7 PM, Bible Study: each Monday at 7 PM

Richmond United Methodist Church

8538 Delaware Drive (Route 611), Bangor One Sunday Service at 10:00 AM Adult Sunday School at 9:00 AM Children's Sunday School at 10:00 AM (610) 588-7317 www.richmondumc.com

Refiner's Fire Ministry

100 Division Street, Portland Sundays: Prayer 9:15 am Worship 10:00 am Wednesday Night Bible Study 7:00 pm Friday Night Redemption (Christ-centered, 12 step meeting) 8:00pm

Pastors Phil and Jessica Karasiewicz 570-583-3101

refinersfireministry2006@gmail.com

Slate Belt - Nazareth Baptist Church

1620 Church Road, Pen Argyl Every Tuesday: Mixed Martial Arts/Self Defense 7-8:15 PM. Aerobics 7-8 PM

Sunday: 9:30 AM Sunday School, 10:30 AM Worship

& Children's Church (nursery provided) Adult Bible study is at 4:30, AWANA is at 5:30 Pastor Scott J. Davis, (610) 863-9274

The Roseto Independent Presbyterian Church

210 Garibaldi Avenue, Roseto 9:15 AM Greeting, 9:30 AM Service Rev. Barry Eng, (610) 599-9949 www.RIPC-OnlineToday.org

Salem UCC

2218 Community Drive Bath PA 18014 Worship 8:00 AM; Sunday School, Confirmation Class, Junior Choir 9:00 AM; Worship 10:15 AM Sundays Cub Pack 50 1:00 PM First & Third Mon. of the month Pinochle Club 11 AM-2:30 PM

Third Monday of the month Consistory Meeting 7:00 PM Tuesdays Boy Scout Troop 50 6:30-8:00 PM & Senior Choir 7:00 PM

Wednesdays Ladies Aid Quilting 9:00 AM-3:00 PM Pastor Donald Brown, (610) 759-1652 www.salemuccbathpa.org

St. Brigid's Episcopal Church

301 Madison Avenue, Nazareth 9 AM Holy Eucharist Rev. William Martin, (610) 746-3910, www.stbrigidspa.org

St. Elizabeth's Parish

300 West Babbitt, Pen Argyl Masses: 5 PM Saturday, 8 AM, 9:30 AM & 11 AM Sunday Rev. Msgr. Vincent P. York. (610) 863-4777

St. Luke's UCC

471 Belfast Road Belfast (Nazareth), PA Worship 9:30 am 1st Sunday of month Holy Communion

Pastor Frank Gassler, (610) 759-0244 www.stlukesuccbelfast.com

St. Mary's Episcopal

340 Lehigh Street, Wind Gap 9 AM Eucharist & Sunday School, Coffee hour follows service

The Rev.Canon Joel Atkinson, priest in charge. (610) 863-8007 saintmarywindgap.webs.com

St. John's Evangelical Lutheran

12 North Westbrook, Pen Argyl 8:45 AM Sunday School, 10 AM Worship (610) 863-4332

St. Joseph's Episcopal

1440 Verona Drive, Pen Argyl 11 AM Eucharist. Coffee hour after service

The Rev. Canon Joel Atkinson, priest in charge.

St. Peter's Evangelical Lutheran Church

1422 Church Road, Pen Argyl

8 AM & 10:15 AM Services, 9 AM Sunday School, 7 PM Praise Band (610) 863-6859 www.stpetersplainfield.com

St. Peter's UCC

401 Broad Street, Tatamy

10:00 AM worship all year; 10:00 AM Sunday school Sept.-May. Interim Pastor, Darlene Blocker, (610) 252-6515

St. Vincent DePaul Catholic

Delaware Avenue, Portland 6 PM Saturday, 10:30 AM Sunday Rev. Stephen L. Maco, (610) 588-5445

The Salvation Army

301 W. Main Street, Pen Argyl, PA 18072 610-863-6677

Sunday from 11:00am-12:00pm. Tuesdays: Food Bank 10 AM-12 PM

Wednesdays: Knitting & Crocheting 10 AM-12 PM Thurs: 10:30-11:30 AM Home League Women's group. Free Lunch for Seniors: Tues.-Thurs. 12 PM

Sundays: 10 AM Sunday School, Sunday services every

The Pentecostal Christian Church the Truth (Iglesia Pentecostal La Verdad)

4 Jory Avenue, Pen Argyl 12 PM Sunday School (Escuela Dominical) 1 PM Praise & Worship (Cuho Evanglistico) All invited to Bilingual Services Rev. Frank Pons, (570) 807-7794

Temple Israel of the Poconos

Egalitarian Conservative Synagogue 711 Wallace Street, Stroudsburg Sabbath Services: Friday 8 PM followed by a Traditional Oneg Shabbat Saturday 9:30 AM followed by a traditional Kiddush. Services conducted in both Hebrew & English in a warm, welcoming, Jewish environment. Hebrew School for ages 4-13

Dr. Sandra Alfonsi, 570-223-7062 **Trinity Evangelical Lutheran**

404 Broadway, Bangor Sunday School 9am - Worship 10:15am Pastor Laine, 610-588-2023 www.tlcbangor.com

Trinity United Church of Christ

632 South Delaware Drive, Mt. Bethel Worship at 9:30 no sunday school Rev. Rodney W. Wells, (610) 588-1989

Zion Presbyterian Church

Water Street, Wind Gap 9:30 AM Service, Children's Sunday School during service. Visitors are welcomed! Rev. Sam Huffard

Zion United Lutheran Church

1919 Route 209 in Brodheadsville.

Worship: Saturdays 5:00 PM informal spoken service. Sundays 8:00 AM with recorded music and 10:30 AM with organ.

The Rev. E. Ann Melot~ ELCA

Call 570-992-6988 www.zionulc.com



plate Bel

Vettes for Vets 12

The members of the Slate Belt Corvette Club would like to thank the following Trophy Sponsors for making the 12th Annual Vettes for Vets Car show another success!



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We would also like to thank the many businesses that donated prizes for the tricky tray. The firemen that parked the spectators. Our great DJ Jerry Deane. Sherry Webster our computer ace. The members of the Bangor Exchange Club who prepared the food. Members of EACC, AACC,

