



FREE

THE Belt and BEYOND

Volume 7 • Issue 3
May 22, 2020

A PUBLICATION FEATURING: local events, news, happenings and more

HAPPY
Memorial Day★

CONTENTS

MEMORIAL DAY	3
WEEKEND & UPCOMING EVENTS	4
COMMUNITY NEWS	5-11, 14-15
DINING	12, 17
FURRY FRIENDS	13

WEEKEND HAPPENINGS

FISH-FOR-FREE DAYS - 2020

Fish-for-Free Days in Pennsylvania will be held on **Sunday, May 24th and Saturday, July 4th** (Independence Day). Fish-for-Free Days allow anyone (resident or non-resident) to legally fish on Pennsylvania waterways on the designated days with **NO FISHING LICENSE REQUIRED** (Trout/Salmon and Lake Erie permits are also NOT required). All other fishing regulations still apply.



See page 11 for FAQs About Fishing and Boating in PA during the COVID-19 pandemic



Community Day at A Clean Slate

A Clean Slate will host a Community Day on **Monday, May 25th from 12:00pm to 2:00pm**. Honoring friends, family, and community, come and enjoy some free refreshments. Stop by on Monday Memorial Day as we gather in remembrance of loved ones gone too soon, and honor their memory while providing HOPE to those fighting the good fight. A Clean Slate is located at 100 S 1st Street (Rt 191) Bangor, PA.

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Like us on Facebook "The Belt and Beyond"
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Email your news and events to
thebeltandbeyond@gmail.com

MAY NATIONAL DAYS

MAY IS NATIONAL

**STROKE AWARENESS MONTH
NATIONAL DAYS**

MAY 22 NATIONAL ROAD TRIP DAY

MAY 23 NATIONAL LUCKY PENNY DAY

MAY 24 BROTHER'S DAY

MAY 25 NATIONAL MISSING

CHILDREN'S DAY

MAY 26 NATIONAL BLUEBERRY

CHEESECAKE DAY

MAY 27 NATIONAL SENIOR HEALTH &

FITNESS DAY

MAY 28 NATIONAL HAMBURGER DAY

MAY 29 NATIONAL PAPERCLIP DAY

MAY 30 NATIONAL MINT JULEP DAY

MAY 31 NATIONAL SMILE DAY

HOLIDAYS

MAY 25 MEMORIAL DAY

Bangor - Roseto Memorial Day Procession

Due to our current situation with COVID-19, traditional Memorial Day services have been canceled. However, in the long and honored tradition of America paying tribute to the brave men and women who sacrificed their lives for our country, our local fire companies have come together to plan a Memorial Day Procession. On **Monday, May 25th**, the Columbia Fire Company along with Bangor Fire Companies and the Blue Valley Rescue Squad, members of the Roseto and Bangor American Legion Posts, and Bangor VFW Post 739 will leave from Bangor Memorial Park at **10:00am**. The procession will proceed to St. Johns Cemetery for a 21 Gun - Salute, Taps, the National Anthem and prayer. State Senator Mario Scavello and State Representative Joe Emrick will also be in attendance.

The procession will then make its way to the Presbyterian and Our Lady of Mt Carmel cemeteries in Roseto. Residents are asked to come out on their porches so that we, as a community, and family can honor our brave men and women and keep their memory alive.

You are also welcome to go to the cemeteries with the procession and pay respect to family members who paid the ultimate sacrifice by giving their last full measure of devotion for their country.

Upper Mount Bethel Township to Host "Drive-By" Memorial Day Parade

Upper Mount Bethel Township will host a "Drive-By" Memorial Day Parade on **Monday, May 25th, 12:00pm - 2:00pm** at the Upper Mt Bethel Township Municipal Building located at 387 Ye Olde Highway, Mt Bethel, PA.

Portland Hook and Ladder fire trucks will be in attendance along with trucks from Mt. Bethel Volunteer Fire Co. and North Bangor Fire Co. East Bangor Police and Pennsylvania State Police will be on hand to salute veterans attending the parade.

There will be a color guard from the local American Legion, along with members of the Bangor VFW Post 739 rifle corps. and leaders from the local Boy Scouts and Girl Scouts. Elected officials from Bangor, Portland and the state will also be in attendance. The townships road crew vehicles will also participate. All groups in the parade will be separated to maintain social distancing guidelines.

Parade attendees can drive-by the motionless parade showing their patriotic spirit as we honor and pay tribute to those who have given the greatest sacrifice in serving our country's military but are asked to remain in their vehicles.

Ducky's Diamond Dogs and individual donations will pay for over 400 hot dogs to be given out on a first-come-first-serve basis. Main Street Market, Bangor has donated the buns. Mt. Bethel Beverage donated water and chips. Township supervisors will be handing out two hot dogs, a bag of chips, a bottle of water and a Memorial Day poppy to all who attend. There is a limit of one bag of goodies per person.

East Bangor Memorial Day Ceremony Canceled

Due to the COVID-19 pandemic and restrictions from the governor of large social gatherings, the Memorial Service at the East Bangor Cemetery has been canceled. For further information, please go to the church website at ebumc.org.

Martocci-Capobianco American Legion Post Memorial Day Services Cancelled

Due to the current Covid 19/CoronaVirus situation, Martocci-Capobianco American Legion Post 750 in Roseto will not be holding Memorial Day Services. We wish everyone well and be safe.

West Bangor Memorial Day Ceremony Canceled

Based on the coding set forth by the State of Pennsylvania, Northampton County is currently in the Red Phase. Until Northampton County moves out of the Red Phase the Annual Memorial Day services held on **Monday, May 25th** in West Bangor will be canceled. This decision was made taking into consideration the health and safety of all persons involved. The program will resume in 2021.

Tatamy Borough Memorial Day Services

Traditional Memorial Day services in the Borough of Tatamy have been canceled. However, at **12:00 noon** there will be a reading of the names on the monument recognizing their supreme sacrifice with a Live broadcast on the Tatamy Borough Facebook page. At **1:00pm** there will be a "Drive-By" Parade through town led by the boroughs First responders. The Tatamy Police Department, Tatamy Vol. Fire Company, Public Works Department, Mayor Christopher Moren, and Borough Council. Residents are encouraged to watch from their lawns and porches. The parade will begin from the firehouse, it will NOT be venturing into the courts. Residents living in the cul-de-sacs are encouraged to come to the intersections and you can see it from there. Everyone is reminded to practice social distancing and the prohibition of large gatherings. Tatamy Historical Society - Follow the Tatamy Historical Society Facebook's page for their weekly virtual historical tours every Wednesday night.

News from Senator Mario Scavello

On the **second Tuesday of each month**, the American Legion holds a Veterans Assistance Day at Senator Scavello's Scotrun district office.

From 10:00am to 2:00pm by appointment, Brian Stolarski, Department Service Officer with the Pennsylvania American Legion will be on site to assist veterans with issues including: compensation and pension claims, education benefits, enrollment in the VA health care system, burial and survivor benefits, state benefits, and obtaining military personnel and medical records. The Scotrun district office is located at 2398 Route 611, Suite 210 in Scotrun.

Veterans do not need to be a member of the American Legion to receive these services. Appointments are required so please contact the Scotrun office to schedule one at 570-620-4326.



Memorial Day
A day to remember and honor all the brave heroes
who served to hold our flag high.

McMichael's UMC Hoagie Sale

McMichael's United Methodist Church is taking orders for their Hoagie sale (Italian, turkey, tuna, ham & cheese) reasonably priced. Hoagie orders are due by **Friday, May 29th**. Please call Pastor Ed at 610-597-1030 to place your order. Curbside pick-up **Friday, June 5th**, at the church, 104 White Church Rd., McMichaels, PA. (corner of 715 and White Church Rd.) Keep this info Information Requested for Weona Park Centennial

EBUMC Free Dinner

The East Bangor United Methodist Community Church welcomes you to a Free (TAKE-OUT ONLY) Bar-B-Que Pork Chop Dinner on **Sunday, May 31st, 4:00-5:00 p.m.** Please remember to wear your mask. The church is located at 136 W. Central Ave. (Rt. 512), East Bangor, PA. Questions? call 610-588-4453 or visit <http://ebumc.org/>.

Tasty Tuesdays is Back at Trinity Lutheran Church!

Trinity Lutheran Church, located at 4th and Broadway in Bangor, will once again offer a free bag lunch program to children, their families and individuals in the community this summer. Tasty Tuesdays will begin on Tuesday, **June 2 and run through mid August**. Due to Covid-19, lunches will contain non perishable food items and will be available for drive-up/walk-up pick up in the large church parking lot. Each lunch contains water, juice, healthy snack bar, chips, fruit cup and your choice of a main food item such as canned soup/pasta. Please call the church office to register for Tasty Tuesdays at 610-588-2023.

Greenleaf Soft Tissue Therapy Offering Yoga at Bangor Park

Join Greenleaf Soft Tissue Therapy on Sunday, Tuesday and Thursday for Yoga at Bangor Memorial Park. The classes have been offered since mid May and will continue for ages 12 years - adult and will continue through the month of June. This active movement session cultivates awareness of the body, while utilizing the breath for grounding. We will flow with intention; consciously engaging the muscles to increase strength, & holding postures for several breaths to increase flexibility. The steady pace of this class balances effort & ease, making it suitable for all practitioners. Times are as follows: ***Sunday's at 2:30pm; *Tuesday's at 5:30pm; and *Thursday's at 10:30am.**

Classes are offered by Donation (\$5). If you are struggling financially, please select "Pay later". Must bring your own mat. Class size is limited! (Each sign up is for 1 person only, ages 12 and up.)

Please arrive 10 minutes early and park your car in the lot accessible from the Broadway street entrance. The class is located in the field between this parking lot and the circle. We will have orange cones set up to abide by social distancing guidelines. Participants are instructed to set up their yoga mats behind an available cone.

(Remember to bring your own equipment such as a yoga mat, blanket, blocks, or a strap as they will not be provided.)

To sign up visit:

<https://app.acuityscheduling.com/schedule.php?owner=17268771&appointmentType=14128696>



Recovery Revolution
steps for healthy living.

Recovery Revolution To Host Highmark Walk for A Healthy Community 2020
Join Recovery Revolution for their Annual Fundraiser

walk in Bangor, PA. This year's walk will not be at DeSales University this year and most walkers are doing Virtual Walks for the event, we are planning a local walk downtown. We will practice social distancing during the walk and other recommended protocols. So come join us for some fresh air and exercise downtown and we will walk the designated Health Walk Loop our town has marked out. Meet on **May 30th at 10:00am to 11:30am** at A Clean Slate, 100 S 1st Street (Rt 191) Bangor, PA. to begin our walk and raise awareness and funds for loved ones in need of addiction treatment.
Sign up directly at <http://hcf.convio.net/recoveryrev>

IN MEMORIAM

by Robert L Martin

- R.I.P. -

- Sgt. John Smith, 1985 - 2017 -
- Killed in action -
- On May 27, 2017 -
- In Afghanistan -
- By a single bullet -
- To the head -
- While rescuing -
- His wounded comrade -
- A hero who died -
- To preserve our freedom -
- A good soldier and loving father -
- Of three daughters -
- Susan, Betsy, and Sarah -
- And loving wife, Freda -
- He will always be remembered -
- For his bravery and dedication -
- To his family and his country -
- Goodbye John -
- You will always be on our minds -
- And in our hearts -
- Rest in peace -

May is National Stroke Awareness Month.

F FACE	A ARM	S SPEECH	T TIME
Does one side of the face droop?	Does one arm drift downward?	Does the speech sound slurred or strange?	If you observe any of these signs, call 911.



Dr. Robert F McEvoy, MD

Would like to announce that he is no longer affiliated with Steward Medical. He will continue to see patients at his office.

125 S. First Street, Bangor, Pa

610 588-8282

Most Insurances Accepted



PHONE VISITS AVAILABLE

Accepting New Patients



#HereForGood PA Tee shirts available now!

Funds raised through this program will help to produce and provide more face masks to those in need & supports the Slate

Belt Chamber of Commerce that supports our Slate Belt businesses. Get yours today by going to the link below

<https://stores.inksoft.com/hereforgoodpa>

When you click the link above scroll to the very bottom of the tee shirts to see the three styles available that support your local chamber! Select the style of your choice and show your support!

Cost is \$20.00 per shirt ordered.



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Area Food Pantries

Portland Upper Mt Bethel Food Pantry P.U.M.P.

The Portland Upper Mount Bethel Food Pantry serves Wind Gap, Pen Argyl, Bangor, East Bangor, Portland, and Martins Creek. The food pantry is open to qualifying clients **every Monday morning from 10:00 am to 11:30 am and Monday evening 6:00 to 7:30 pm. (NO evening distribution on Memorial Day, 5/25)** PUMP is in need of boxed cereal of all types. Any donation you can give is greatly appreciated. Until further notice will be open every Monday as normal but will deliver food to your car in the parking lot. Please clean out a space in your trunk to put food in. For our safety and yours. We cannot go inside your car. Located at the Portland Social Hall, 111 State Street, Portland, PA, 570-656-2967

Pen Argyl Salvation Army Food Pantry

The Pen Argyl Salvation Army Food Pantry is open the **first four Tuesdays of the month from 10am until 12:00pm.** There is a virtual pantry set up on line for those that are interested and willing to donate. <http://www.salvationarmyusa.org/>. The Pen Argyl Salvation Army is located at 301 West Main Street, Pen Argyl, PA, (610) 863-6677

Mission of Love Food Bank

Mission of Love Food Bank Ministry is a non-profit organization that seeks to fight hunger by providing food to local families in need. **Tuesdays 9:00am -12:00 noon.** Drive thru service only. For the safety of all we ask that you do not exit your vehicle. Location 555 N. Main Street, Bangor, PA. To volunteer or donate please contact Pastor Frank at 570-807-7794.

IMAGINE YOUR STORY

2020 Summer Reading Program Theme

Readers from Kindergarten through 12th grade will explore all things magical and mystical this summer as Bangor Public Library presents “Imagine Your Story” during their summer library program. Activities may include art projects, science and engineering experiments, and more.

The 2020 Summer Reading Program is open to young people, Kindergarten age through 12th grade, with programs, prize drawings, story times, a reading club, and more. Families are invited to join the Read-to-Me portion of the program.

Due to COVID 19 the library’s program will be virtual. The library will provide virtual materials for families to do every Thursday on our social media pages as well as make and take materials for families. Reading Logs will be available and prizes will be awarded in the Fall when the library can reopen to the community. Reading logs can be found on the library’s web page and social media pages. Copies will also be left out on the steps when possible.

Postings begin on **Thursday, June 18th** and continue every Thursday until Thursday, August 20th. Registration for “Imagine Your Story” begins now. All registration forms can be found on the library’s social media pages, the web page www.bangorlibrary.org under News and Announcements. Forms can be emailed to the library at info@bangorlibrary.org or placed in the library’s mail slot in the front door. All programs are free of charge.

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ASARAGUS ROOTS
SUPERFOOD
BERRY BUSHES
FRUIT TREES
LOCAL HONEY
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HOURS: TUESDAY-FRIDAY 10 AM - 3 PM; SATURDAY 9 AM - 5 PM
SUNDAY 9 AM - 4 PM. • CLOSED MONDAYS
 Summer Hours Begins 6/1/20
 Check out our FB Page & website for up-to-date information

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Other Convenient Locations:
 Wind Gap Community Pharmacy
 31 W. 1st Street, Wind Gap, PA
 610-881-4260

Pocono Community Pharmacy
 1656 Rt. 209, Unit 6
 Brodheadsville, PA
 570-801-7886

Pocono Community Pharmacy II
 175 E. Brown Street, Suite 107,
 E. Stroudsburg, PA
 570-661-8226

(located opposite to Pleasant Valley High school) (located opposite to Lehigh Valley PMC ER)

Hours: Mon-Thurs 8:00am-6:00pm; Friday 8:00am-5:00pm;
Saturday 9:00am-1:00pm

Information Requested for Weona Park Centennial Book

A Centennial book is being written to commemorate the 100th Anniversary of Weona Park in Pen Argyl. Anyone with fond memories or interesting stories should send them to Walt Cole at wrcole3@gmail.com

This would include any information from your parents or grandparents. Perhaps a grandparent or great-grandparent helped to build the park, or worked on a WPA project during the Depression. Perhaps you worked at the park, were a life guard or had an interesting experience. Stories about sporting events, swimming, or any other activities would be of interest. We are also interested in pictures of family reunions, church gatherings or other organizations having picnics at the park. Do you have any pictures of the kiddie Ferris Wheel, train or cars that you would be willing to share? We are also looking for pictures of the clay tennis courts.



Property Tax/Rent Rebate UPDATE

News From State Rep. Joe Emrick Early Distribution of Property Tax/Rent Rebate Funds Underway for Seniors, People with Disabilities

Legislation advanced by the House that will allow qualified recipients of Property Tax/Rent Rebate assistance to start

receiving their funds sooner has been signed into law by the governor.

Distribution of the rebates is now underway for those who have already filed for the rebate through the Department of Revenue; typically, distribution does not begin until July 1. People who qualify but have not yet applied for their rebates have until Dec. 31 to do so.

The program, which is funded by the Pennsylvania Lottery, provides property tax or rent assistance to seniors age 65 and over, widows or widowers age 55, and over and people with disabilities age 18 and over who meet program income guidelines.

My offices are available to assist with your application at no charge. For more information or to apply for the 2019 program year.

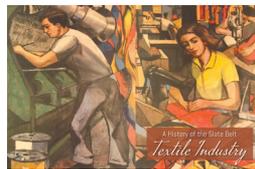
For more information visit:

<https://www.revenue.pa.gov/GeneralTaxInformation/PropertyTaxRentRebateProgram/Pages/default.aspx>

McMichaels UMC Church Breakfast

DONATION ONLY BREAKFAST Saturday, June 13th, served from 8:00am to 10:00am.

Meals can be picked up in the church parking lot. Curbside service only. All are welcome! Come and pick up a hardy, hot breakfast for your family. McMichaels United Methodist Church, 104 White Church Rd., McMichaels, PA.



Slate Belt Heritage Center News

The latest book from the Slate Belt Heritage Center will be released on **Saturday, May 23**. The book, titled **A History of the Slate Belt Textile Industry**, follows the history of the 376 mills that were located in this area from the early 1900's to the present day. The book pinpoints the locations of all of the mills and highlights the people responsible for the growth of the industry in the Slate Belt. On **Saturday, May 23rd, from 9am to noon**, all pre-ordered books will be available for those who Pre-ordered. Pre-orders with paid shipping will also be mailed out that day. Anyone interested in purchasing a book may call the Heritage Center at 610-599-4993. Although the building is closed, phone messages are checked.

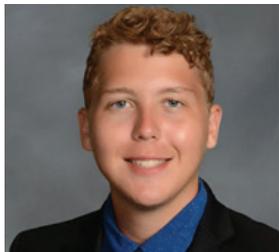
3rd Annual Historical Bangor Business Association Car & Bike Show

The 3rd Annual Historical Bangor Business Association (HBBA) will be held on **Saturday, September 12th from 10:00am to 300pm** (Rain date, 9/13) on Broadway in downtown Bangor, PA. For more information visit the HBBA website: <https://www.hbbapa.org/>

*Bangor Area High School Class of 2020
Valedictorian and Salutatorian*



Valedictorian - Andrew Bunn



Andrew Bunn

Parents: Marc and Kelly Bunn
AWARDS/HONORS RECEIVED:
 Honor Roll Award, Horvath Excellence in Science Award, PA Certificate of Merit
ACTIVITIES/CLUBS/ ORGANIZATIONS:
 County Band, Drum Major, Marching Band, Pep Band, Pit Orchestra, Stage Crew, Student

Government Committee Head, Boy Scouts Senior Patrol Leader, Build a trail for Mount Bethel Church, Clean and Blaze Trails for Kirkridge Retreat Center, Installed Bird Houses at Upper Mount Bethel Park, Portland Upper Mount Bethel Food Pantry, Richmond Lions Food Stand
Plans to attend Embry-Riddle Aeronautical University and study Aerospace Engineering and Focus on Spacecraft Propulsion.

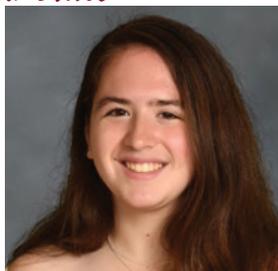
Salutatorian - Cayla Stiles

Parents: Derik and Georganne Stiles

AWARDS/HONORS RECEIVED:
 First Honors, Pennsylvania Junior Academy of Science First Place.

ACTIVITIES/CLUBS/ ORGANIZATIONS:
 German Honor Society, Marching Band, Pep Band, St. Luke's Careerlinking Academy, Symphonic Band, County Band, Head Start Program Washington Elementary School.

Plans to attend Wilkes University to study Biology and Pre-Med.



Cayla Stiles

*Pen Argyl Area High School Class of 2020
Valedictorian and Salutatorian*



Valedictorian Allison Dudas



Allison Dudas

Ranked #1 out of 106
 Cumulative Weighted GPA 101.99 (end of 3rd mkg period)
Parent: Frank Dudas
AWARDS/HONORS RECEIVED:
 National Honor Society 11,12
 First Honor Roll 9,10,11,12
 Top Five in Class Award 9,10,11
 Academic Award in Social Studies 9

Academic Award in World Languages 9
 Academic Award in English 11
 Academic Award in Mathematics 11
 ASVAB Academic Award 11
 Valedictorian 12

ACTIVITIES/CLUBS/ORGANIZATIONS:
 AP Literature - Enrolled in WE Service Learning Project (2019-2020)

Mini-THON Committee 9,10,11
 Mini-THON Leadership 12 - Fundraising Chair
 Peer Mediation 9,10,11,12
 Student Government 9,10,11,12
 Class President 10,11,12
 Leo Club 9,10,11,12
 Prom Committee 11

Salutatorian Chloe Mutchler

Ranked #2 out of 106
 Cumulative Weighted GPA 101.98 (end of 3rd mkg period)

PARENTS: Kristy Zaleski and Jeffrey Mutchler

AWARDS/HONORS RECEIVED:
 Top Five in Class Award 9,10,11
 Rensselaer Medal 11
 First Honor Roll 9,10,11,12
 National Honor Society 12
 Salutatorian 12

ACTIVITIES/CLUBS/ORGANIZATIONS:
 Concert Band 9,10

ATHLETICS:
 Varsity Football Cheerleading 9,10,11,12
 Varsity Winter Cheerleading 9,10
 Varsity Cheerleading Letters 9,10,11,12
 Track and Field 9,10 Varsity Letter 9

COMMUNITY INVOLVEMENT:
 Volunteer for various school related functions.
 Assistant Cheerleading Coach for Green and White Youth Association.

COLLEGE PLANS:
 To attend Penn State with a pre-major in science.



Chloe Mutchler



Slate Belt Chamber of Commerce Announces 2020 Scholarship Award Recipients

The Slate Belt Chamber of Commerce is pleased to announce that the following students were chosen to receive the 2020

Slate Belt Chamber of Commerce Scholarship Awards:
2020 Scholarship Recipients

Lindsay Hoffer, Bangor High School, Derek Lasher, Career Institute of Technology (Bangor High School) Megan Guthrie, Pen Argyl High School & the recipient of the Frederick R. Curcio Jr. Award is awarded to Jonathan Ruth of Bangor High School/CIT. Congratulations to all!



Megan Guthrie



Jonathan Ruth



Lindsay Hoffer

Derek Lasher, photo unavailable



Pen Argyl Area High School Virtual College Signing Day

By Chloe Sisson

The Pen Argyl School District is proud to announce the virtual College Signing Day where three Lady Green Knights have committed to continue their Athletic Careers.

Emma Lohman - Emma is the daughter of Heather Smith-Lohman. Emma will be attending Widener University to major in nursing. She will pursue a master's degree and specialize in trauma medicine as well as continuing her soccer career. Throughout high school, Emma has participated in Varsity Girls Soccer, Varsity Girls Softball, Varsity Girls Basketball, National Honor Society, Scholastic Scrimmage, and Student Government. She has also been on first honor roll all four years of high school as well as achieved a 95% or above. During her soccer career as an offensive midfielder, she was a four-year varsity starter as well as a captain her sophomore, junior and senior years. Emma was a 2016-2017 Lehigh Valley Live Girls Soccer Honorable Mention, 2017-2018 Lehigh Valley Live Girls Soccer Honorable Mention, Soccer Scholar Athlete Winner and participant in the 2020 Lehigh Valley Girls Soccer All Star Game.



Emma Lohman



Rachel Sutton

Rachel Sutton - Rachel is the daughter of John and Karen Sutton. Rachel will be attending Moravian College to major in Business where she will continue her basketball career under Mary Beth Spirk. Throughout high school, Rachel has been an honor roll student who also participated in gang green, minithon, and is the editor of the yearbook. She was a four year starter on the Varsity Basketball

team, and captain of the team her senior year. She has also been named honorable mention for the 2019-2020 basketball season, and was chosen for the All-Star team. Rachel also enjoys camping, hanging out with her friends, playing basketball, and working out.

Lauryn Male - Lauryn Male is the daughter of Steve and Kim Male. Lauryn has had a successful athletic career at Pen Argyl,

participating in both Cheerleading and Track and Field, competing in the Long jump, 100 meter dash, 200 meter dash, and 4x1 relay events. She was District 11 Long Jump champion last season, most valuable player for Morning Call and earned the PAHS Shining Knight Award. In addition to her District 11 championship medal, Lauryn Male placed third in long jump at the East Stroudsburg University indoor invitational. She is also an accomplished cheerleader with a game day first place medal. Lauryn will be attending Bloomsburg University to major in Health Business Management where she will be continuing her track and field career. She is an honor roll student as well as the President of Varsity Club, a member of the Yearbook Staff and Travel Club. Lauryn also enjoys Dancing at the Art of Dance studio, baking, and traveling.



Lauryn Male

Blue Valley Farm Show 4-H Scholarship Awards

The 2020-2021 BVFS scholarship winners have been announced. Each recipient will receive a \$750.00 scholarship in a ceremony August 15, 2020 at the annual Blue Valley Farm Show. This year's winners are **Emilee Brewer** and **Rachel Kromer**, of Bangor, and **Matthew Eyre, Larry Eyre** and **Rebecca VanBlargen** of Northampton.

Emilee will graduate from Bangor High School in June 2020, and will be attending Northampton Community College. Emilee has been a member of the Northampton County 4-H Dairy and Swine Clubs for 10 years.

Rachel will be a sophomore at Delaware Valley University. Rachel has been a member of the Northampton County 4-H Dairy Club for 10 years.

Matthew will be a sophomore at Penn State University. Matthew has been a member of Northampton County 4-H Swine Club for 10 years.

Larry will be a senior at Penn State University in the fall where he is majoring in Animal Science. Larry has been a member of the Northampton County 4-H Swine Club for 9 years.

Rebecca will graduate from Northampton High School in June 2020, and will be attending Delaware Valley University. Rebecca has been a member of Hoppers and Squeakers and Sprouts Community Northampton County 4-H Clubs for 10 years.

Any student who is a past or present member of a Northampton County 4-H Club and will be attending an institute of higher education may apply for a scholarship. Applications are available in February. For more information contact Audrey Koehler at 610-498-3389.

Drop off taxes

Getting your refund is more important than ever.

We're here to help with your tax prep. Safely drop off your docs and go – with or without an appointment.

H&R BLOCK

Questions? Call us.

**215B South 1st St, Bangor,
610-588-0011
228 South Broadway, Wind Gap |
610-863-7303**

IRS People First Initiative Provides Relief to Taxpayers Facing COVID-19 Issues

Due to COVID-19, the IRS' People First Initiative provides relief to taxpayers on a variety of issues from easing payment guidelines to delaying compliance actions. This relief is effective through the filing and payment deadline, **Wednesday, July 15, 2020.**

- Existing Installment Agreements – Under an existing Installment Agreement, payments due between April 1 and July 15, 2020 are delayed. Those currently unable to meet the terms of an Installment Payment Agreement or Direct Deposit Installment Agreement may cancel payments during this period with no default. By law, interest will continue to accumulate on any unpaid balances.

- New Installment Agreements – People who can't pay all their federal taxes can establish a monthly payment agreement.

- Pending Offer in Compromise applications – Taxpayers have until July 15, 2020, to provide additional information for a pending OIC. The agency generally won't close any pending OIC request before July 15 without the taxpayer's consent.

- OIC payments – Taxpayers can delay all payments on accepted OICs until July 15, 2020. Interest may accrue, and missed payments are due when the suspension period ends. Taxpayers can call the number on their acceptance letter to address their needs.

- Delinquent return filings – The IRS will not default an OIC for taxpayers who are delinquent in filing their tax return for 2018. However, they should file any delinquent 2018 return and their 2019 return by July 15, 2020.

- Non-filers – More than 1 million households who haven't filed tax returns in the last three years are owed refunds. The deadline to get refunds on 2016 tax returns is July 15, 2020. Those who owe taxes on delinquent returns may visit IRS.gov for payment options. The longer the debt is owed, the more penalties and interest accrue.

- Field collection activities – IRS stopped field revenue officer enforcement actions, such as liens and levies. Revenue officers will continue to pursue high-income non-filers and perform other similar activities where necessary.

- Automated liens and levies – IRS delayed issuing new automated and systemic liens and levies. Taxpayers experiencing a hardship due to a levy should reach out to their assigned IRS contact or fax their information to (855) 796-4524.

- Certifications to the State Department – IRS has delayed new certifications of taxpayers who are considered seriously delinquent. This affects a person's ability to receive a new or renewed passport. Existing certifications will remain in place unless their tax situation changes.

- Private debt collection – IRS will not forward new delinquent accounts to private collection agencies during this period.

Provided by H&R Block, Bangor

DEPENDABLE and KNOWLEDGEABLE agent seeks customers looking for real PROTECTION and long term RELATIONSHIP.

For my customers experiencing financial strain due to COVID-19 and needing to discuss your policies or accounts, please reach out to my office. I'm available to connect virtually by phone or email.

If you need help paying your State Farm Bank® loan, call 1-877-SF4-BANK.

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News from the Bangor Public Library

Bangor Public Library has information for FREE trial access to several data bases. You can find the links on the Library website <https://bangorlibrary.org> under E-resources. The username and password are included. Other line resources are also available on the Bangor Public Library website

You can access using your library card and the last four numbers of your phone number. If you need help assistance please email the library info@bangorlibrary.org and a staff member will reply as soon as possible.

TumbleBooks' databases are easy to use, and feature unlimited access from home! Your patrons can read as many books as they want, when they want, and on any device. There are no check-outs, holds, or bulky downloads. Books are available instantly.

Your access will continue until **August 31, 2020**.

We encourage you to let colleagues at other libraries know about the free TumbleBooks access.

TumbleBookLibrary - K-6 children's ebook database.

Direct Link:

https://www.tumblebooklibrary.com/auto_login.aspx...

Username: tumble735 Password: books

TumbleMath - K-6 math ebook database

Direct Link:

<https://www.tumblemath.com/autologin.aspx...>

Username: tumble2020 Password: A3b5c6

TeenBookCloud - gr 7-12 ebook database

Direct Link:

<https://www.teenbookcloud.com/autologin.aspx...>

Username: tumble2020 Password: A3b5c6

AudioBookCloud - all ages audio book database

Direct Link:

<https://www.audiobookcloud.com/autologin.aspx...>

Username: tumble2020 Password: A3b5c6

RomanceBookCloud - a huge collection of steamy Romance novels for the older crowd!

Direct Link:

<https://www.romancebookcloud.com/autologin.aspx...>

Username: tumble2020 Password: A3b5c6

Blue Ridge Flea Market & KC's Grill Set to Open on June 6

Blue Ridge Flea Market & KC's Grill has announced that they will open for the 2020 season on **Saturday, June 6th**. Vendors who need to pay their reserves are asked to please make arrangements to do so ASAP by calling **570-801-2401**. Payment must be completed prior to the above opening date in order to insure your space. Gates will not be open unless you have an appointment.

The market will be following all social distancing protocol in the course of completing your reservation, including signing your vendor contract and payment. Reserves will not be placed on spaces until the above is completed. All vendors entering our market are considered independent merchants and are responsible for insuring that your interactions and transactions with market customers are done safely and to minimize the possibility of virus transmission and exposure. Vendors will not be permitted to stay over night on market grounds unless prior approvals and payment arrangements are made in advance. NO exceptions!

Because our market is 100% outdoors, appropriate measures can be taken to safeguard every ones safety and to prevent the further spread of the COVID-19 virus. However, we need your cooperation and ask that you please follow the recommended CDC and social distancing guidelines and that you wear masks when interacting with vendors or others while visiting the market. We believe in your rights as individuals to choose whether you want to come to our market and enjoy the outdoor atmosphere of our market. If you do not feel safe in visiting the market, we respect that as well. The choice is yours!

If you have any questions please call us at **570-801-2401**. We will be happy to assist you! The Blue Ridge Flea Market and KC's Grill is located at 648 Route 115, Saylorsburg, PA. **ADV.**

Downtown Bethlehem Association to Host Virtual Tunes at Twilight Concert Series

Starting May 7th, the Downtown Bethlehem Association will present the first of their signature concert series, "Virtual Tunes at Twilight". Local artists and bands will either perform live or will showcase past concerts for their fans. Like the Summer concert series in the Sun Inn Courtyard, viewers are encouraged to grab some curbside from the Virtual Stage Sponsor, Twisted Olive, clear out their living rooms, and get ready to rock!

"Going virtual was a great option for us" says Tammy Wendling, Downtown Bethlehem Association Manager. "Our Heart of Bethlehem Facebook page is receiving incredible attention with our social media efforts. We felt this was a fantastic way to provide a sense of normalcy for our Bethlehem locals who love coming out to Tunes faithfully every Thursday night. We're bringing Tunes into their homes, just as we would have in the Courtyard!"

VIRTUAL TUNES AT TWILIGHT THURSDAYS @ 6:00PM

Heart of Bethlehem

May 28th - The Verdict

June 4th - Seth Witcher (LIVE)

June 11th - James Supra (LIVE)

June 18th - Cunningham & Associates

June 24th - AMoS

Virtual Stage Sponsor Twisted Olive is providing an exclusive Thursday night Tunes To-Go MENU. Fans can enjoy some take-out and watch their favorite bands on the Virtual Tunes Stage, right at home. Tunes at Twilight is also sponsored by Stockertown Beverage.

Virtual Tunes at Twilight may be found on Heart of Bethlehem's Facebook Page which is managed by The Downtown Bethlehem Association.



FAQs ABOUT FISHING AND BOATING IN PA DURING THE COVID-19 PANDEMIC

During a time when most of our daily activities continue to be impacted by the COVID-19 pandemic, our favorite fishing and boating activities are no exception. Anglers and boaters must abide by social distancing guidelines provided by the Centers for Disease Control (CDC) and Governor Tom Wolf's Stay-at-Home Order regarding COVID-19.

Effective 8:00 a.m. on Tuesday, April 7, 2020, the Pennsylvania Fish and Boat Commission (PFBC), in consultation with the Office of the Governor, Pennsylvania Department of Health, and Pennsylvania Department of Conservation and Natural Resources (DCNR), opened the statewide 2020 trout season. This measure allows licensed anglers and youth to begin fishing for and harvesting trout. All regulations, sizes, and creel limits apply.

Below is a list of answers to our most Frequently Asked Questions (FAQs). Still have questions? Call (717) 705-7800 or email RA-BE@pa.gov.

Q: May I still fish and boat? Even under the stay-at-home order?

A: Yes. Effective 8:00 a.m. on Tuesday, April 7, 2020, the PFBC opened the statewide 2020 trout season. Fishing and boating are currently acceptable forms of outdoor activities per the stay-at-home guidelines from the Governor and PA Department of Health when social distancing is practiced.

FISH CLOSE TO HOME

Only go fishing with family members living in the same household. Allow at least 6 feet between yourself and others. If another angler is in an area you intended to fish, move on to another location.

Can you pull and place the social distancing photo in the article here?

Q: What should I do to reduce the spread of the COVID-19 virus while fishing or boating?

A: There are many things you can do:

STAY HOME IF YOU DO NOT FEEL WELL

Cover your face with a mask or cloth covering. Practice social distancing by keeping at least 6 feet (the length of an outstretched standard fishing rod) between you and the nearest angler. Avoid crowds. If you arrive at a fishing spot that is already occupied, find another location.

Keep children from wandering into the personal space of others. Do not share fishing gear. Do not carpool. Buy your fishing license online. Opens In A New Window. Continue to follow CDC guidelines which include washing your hands or using hand sanitizer frequently, and not touching your face.

If you are fishing at a state or local park, the restrooms may be closed. Use the bathroom before you visit or dispose of waste properly. Carry out your trash.

Q: Has trout season been cancelled?

A: Not at this time. Effective 8:00 a.m. on Tuesday, April 7, 2020, the PFBC, in consultation with the Office of the Governor, Pennsylvania Department of Health, and Pennsylvania Department of Conservation and Natural Resources, opened the statewide 2020 trout season.

Q: What does the trout opener mean for Mentored Youth Day?

A: A Mentored Youth Trout Day will not take place this season. The PFBC will honor all Voluntary Youth Fishing Licenses purchased in 2020 for all mentored youth fishing opportunities during the 2021 season.

Q: Are you still stocking trout?

A: Yes. PFBC staff are still working hard to stock 3.2 million trout across the state in 2020, but volunteers are not permitted to assist. To further discourage group gatherings, a stocking schedule and list of waters that have been stocked will not be provided to the public this season.

Q: Do I still need a fishing license?

A: Yes. To reduce unnecessary travel and social contact, anglers may



Jennifer Kasander Certified Grief Recovery Specialist Are you feeling Anxious? Depressed? Has Your Life or Familiar Habits Changed?

Through these most difficult times there is uncertainty about our "Well Being". You may be experiencing fear of the unknown, Anxiety about the things we can't control or depression from the feelings of powerlessness. All of which is grief. Grief is the conflicting feelings caused by the end of or change in a familiar pattern of behavior. The whole world is grieving now. If you are experiencing feelings of loss, during this COVID-19 pandemic or significant loss from a death of a loved one, break up of a romantic partnership, or loss of income or health and feel stuck in how to cope. I can help.

I am offering complimentary 20 minutes sessions.

Please reach out and call 484-764-7094 or message me through my website at <https://jennifergriefrecovery.com/>



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produce a digital copy of their license on their mobile device as proof of purchase. A signed, printed copy is not required to prove you own a license. If approached by a Waterways Conservation Officer in the field, an angler or boater can provide a digital image or receipt of their fishing license, and a digital receipt from their launch permit or boat registration. Anglers may still display their fishing license. Visit the FishBoatPA app or www.fishandboat.com to get started.

Q: Where may I fish and boat?

A: Select a location close to home. Visit the FishBoatPA app or www.fishandboat.com to locate an access area and refer to the 2020 Fishing Summary Book for seasons and creel limits.

Q: How do I report suspected fishing violations, including poaching before trout season starts?

A: Call the tip line at 1-855-FISH-KIL (1-855-347-4545). Still have questions? Again, we welcome your call at 717-705-7800 or email at RA-BE@pa.gov.



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610-588-3831



HAPPY MEMORIAL DAY HONORING "THE FALLEN"

WE WILL BEGIN TAKING ORDERS FOR THE HOLIDAY
WEEKEND ON FRIDAY MORNING AT 11:00 AM

**WE WILL HAVE BRISKET, PORK, PULLED
CHICKEN, RIB TIPS AND WINGS!**

Hours for the month of May:

Tues - Sat. 3pm-7pm; Sun 12-5pm; Mon - CLOSED

We will post menu items each morning on our website,
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2nd Annual Slate Belt Restaurant Week

The Slate Belt Chamber of Commerce is planning the 2nd Annual Slate Belt Restaurant Week **Sunday, July 5th through Saturday, July 12th**. The Chamber is seeking area restaurants to participate to promote breakfast, lunch or dinner specials. Restaurants will also offer reduced prices on a prix-fixe menu.

Restaurant Week, will help increase tourism, therefore increasing business for stores and other local businesses. This is a platform to showcase the Slate Belt as well as your restaurant.

The Chamber chose July as studies suggest that January and July are a slow time for restaurants. All participating restaurants should offer a discount on their prix-fixe menu for the entire time of the event and offer their best food. The idea behind Restaurant Week is to showcase your restaurant's food to customers who may not dine there regularly. If you are interested in participating in Slate Belt Restaurant Week please email the Slate Belt Chamber today at: info@slatebeltchamber.org or call 610-588-1000.



*To Our Valued
Customers*
**We miss you and
we will see you as
soon as the "stay at home"
mandate is lifted!**

**Stay safe and well.
John and staff**

105 Broadway, Bangor, PA 18013 • 610-588-6986

Simple Summer Dessert

(Family Features) Enjoy your summer with fresh fruit like strawberries in this Easy Strawberry Shortcake recipe. Find more dessert recipes at Culinary.net.

Easy Strawberry Shortcake

Recipe courtesy of Pillsbury

1 can (5-8) Pillsbury flaky buttermilk biscuits
2 tablespoons butter, melted
1/4 cup sugar

Strawberry mixture:

3 cups fresh strawberries, sliced
1/3 cup sugar

Whipped cream:

1/2 cup whipping cream
2 tablespoons sugar
1/4 teaspoon vanilla

Heat oven to 375 F.

Separate biscuits. Dip tops and sides of biscuits in melted butter. Dip biscuits, covering tops and sides, in sugar. Place sugar-side up on ungreased baking sheet. Bake 13-17 minutes, or until golden brown.

To make strawberry mixture: In medium bowl, mix strawberries and sugar. Set aside.

To make whipped cream: In small bowl, beat whipping cream and sugar until soft peaks form. Add vanilla and beat into mixture.

On plate, split biscuits and put dollop of whipped cream mixture on bottom half of biscuit. Add strawberry mixture. Replace biscuit top and dollop with whipping cream.



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Facebook and Instagram**



 Like us on
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A.W.S.O.M. Spinet Update



Greetings from our little friend Spinet! You may not recognize him from those sad, early photos when he arrived at our door in a horrendous state last week. So many of you reached out to ask how Spinet is doing, and we are delighted to report that he is getting

better with each passing day. His surgical drains have been removed, he has transitioned off IV fluids and is now taking oral medications. Spinet still has stitches at his amputation site and where his hernia was repaired. Everything is progressing nicely, but we are watching him closely to make sure he takes it slow as he learns to navigate the world on three legs. Spinet is learning to trust people again and is regaining his appetite. He likes Little Cesar's wet food best of all.

The road to recovery is a long and winding one for Spinet. He is not out of the woods just yet. But rest assured he does not walk that road alone. Many thanks to YOU—our army of dedicated AWSOM supporters—for sending waves of heartfelt prayers when Spinet needed them most. And thank you for donating to Spinet's medical fund, providing him with the best possible care at this critical time. There is no doubt little Spinet feels the love and positive forces lifting him up and carrying him toward a brighter, happier future.

If Spinet could talk he would say THANK YOU for believing in him. Thank you for thinking of him when there is so much on your mind. Thank you for donating toward his care at this difficult time. We pledge that any extra funds donated in Spinet's name will remain in our Yelp for Help fund, awaiting the next needy animal in critical condition who appears at AWSOM's door step. Thank you for helping us help them—without hesitation—every single time.

Digital donations can be made in Spinet's name at : AwsomAnimals.org On our Facebook page : A.W.S.O.M. Or by mail: PO Box 13 Stroudsburg, PA 18360

While we may be closed to visitors and volunteers due to social distancing restrictions, life goes on at the shelter for the 86 dogs and cats in our care. Each and every day dedicated staff spend a full day walking, feeding, socializing, exercising and cleaning for our shelter pets. We have reunited dozens of lost pets with their loving families. And the AWSOM Wellness Center is open to the public with social distance-approved appointments, offering low-cost veterinary care in our community. Please call 570-424-1060 or email wellnesscenter@AwsomAnimals.org to schedule an appointment.

Visit our website at AwsomAnimals.org Facebook: A.W.S.O.M.

**Send your news and events to
The Belt and Beyond
thebeltandbeyond@gmail.com**

HAPPY MEMORIAL DAY



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Save the Date 8th Annual St John's Pet Expo

The 8th Annual Pet Expo sponsored by the St. John Evangelical Lutheran Church, Pen Argyl will be held on **Saturday, September 26, 2020 10:00am- 2:00pm. Rain Date: Saturday, October 3rd.** St. John Lutheran Church parking lot 12 N. Westbrook Ave., Pen Argyl, PA. Pet Rescue/Adoption groups are encouraged to attend. Last year 4 animals were adopted during the Pet Expo and we are hopeful to increase that number this year. Remember your group will receive a \$50 donation for coming. Come join a day of Pet Rescue/Adoptions, Pet Contests, Pet Blessing, 50/50 drawing. Demonstration of therapy dogs, and a Pet Parade. All animals must be leashed or in carriers. Please bring donations for the local shelters and rescues! All proceeds benefit the animals. Donations of Pet Food is always accepted to help feed pets in need. If you are in need of pet food assistance to help feed your furry friend during the COVID-19 pandemic please call us for more information, or for info on the event or to make a donation please call Clint at 610-863-7261.



Dogs and Masks



Dogs are going to see masks much more frequently, so it's important that they are comfortable with them!

-  Put your mask on in front of your dog
-  Then, reach into the treat bag or go to the fridge and get your dog a super yummy treat
-  Do this randomly throughout the day, and have all family members give it a shot!
-  If you see people wearing masks out on a walk, be sure to treat your dog then, too!



NCC offers online course this July-August

Get trained for an essential occupation this summer! Are you looking for a challenging and rewarding career opportunity? Obtaining a pharmacy technician certification might be the right choice for you. To be successful, a pharmacy technician must have excellent communications skills, be good at solving problems, and enjoy helping others. Funding may be available through PA CareerLink®.

Program Details Course code: PHARM101.16 Dates & times: **Mondays, Wednesday, July 6th to August 12th, 7:30pm to 9pm** Campus: Requirements for Enrollment • Must be at least 18 years of age. • Completed Student Information Form. • High School Diploma or GED.

Certification Examination Candidates successfully completing the class can sit for Certified Pharmacy Techs (ExCPT) exam, administered by the National Healthcareer Association (NHA). The exam fee of \$105 is not included in the course tuition and is the responsibility of the participant.

Enrollment & Refunds Register online with a credit card at northampton.edu/HealthcareCourses. For refund policy, please visit northampton.edu/NoncreditRefund. For questions, call 610-332-6585 or e-mail healthcare@northampton.edu.

Pharmacy Technicians assist licensed pharmacists with:

- screening prescription orders for completeness and accuracy
- preparing prescriptions and mixing medications
- managing medication distribution and control systems
- providing drug information and education to patients

Celtic Cultural Alliance Scholarships

The Celtic Cultural Alliance (CCA) has announced that several scholarships will be awarded this year to students pursuing the study of Celtic dance, music, or art.

The mission of Celtic Cultural Alliance is to promote and preserve the Celtic culture of the seven Celtic nations through art, history, dance, music, and literature. The purpose of the scholarship is to apply the funds for future classes, instruments, or other costs. Application deadline is **June 15th**.

Celtic Cultural Alliance also offers a volunteer scholarship to inspire high school students to volunteer and share their experiences about Celtic Classic while gaining useful knowledge and contributing to the community. This award will be given to one high school student who has volunteered at Celtic Classic Highland Games and Festival for at least one Celtic Classic festival for at least 12 hours.

Please contact Marcie Mulligan, mmulligan@celticfest.org, for information related to either scholarship. For more details about the scholarship programs and to download the applications, visit our web page at http://www.celticfest.org/cca_scholarships.

Celtic Classic runs from **Friday, September 25 through Sunday, September 27**, in downtown historic Bethlehem. For more information, directions, volunteering opportunities and the weekend's schedule, log on to www.celticfest.org. For up-to-the-minute information and updates, follow Celtic Classic on Twitter (@CelticClassic) and friend them on Facebook (facebook.com/CelticClassic).

For more information on the Celtic Classic Highland Games & Festival and other Celtic Cultural Alliance events, visit the organization's website at www.celticfest.org.

Celtic Classic Highland Games & Festival, Parade of Shamrocks and Lehigh Valley HopsFest and CCA event logos are trademarks of Celtic Cultural Alliance in the U.S. and/or other countries.

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About the Celtic Cultural Alliance - On Columbus Day weekend in 1988, the first Celtic Classic was presented by a small group of individuals. The goal of this dedicated group was to create an event that symbolized the Celtic spirit and history, and to provide the impetus for an organization that focused on promoting the Celtic culture. This group has now evolved into Celtic Cultural Alliance to better communicate the overall goals of the organization. The CCA has expanded with year-round programming to support the mission of promoting and preserving Celtic Culture through arts, music, literature, dance, and history programs. In keeping with the spirit of "Next Generation", the CCA also offers scholarships to promising young students of the Celtic Arts. These yearly scholarships are offered to students of the arts, including Irish Step Dance, Highland Dance, Fiddle, and Bagpipes.

The Celtic Classic has blossomed into one of the largest Highland Games and Festival in North America. Annually, over 250,000 visitors come to Historic Bethlehem to join in this celebration of all things Celtic. The organization has expanded into year-round programs. Our educational programming has expanded to include community outreach events in area school districts, religious institutions, local theaters and colleges throughout the Lehigh Valley. A series of scholarships are awarded each year in varied areas of Celtic culture.

Find Us On Facebook and Twitter. All media inquiries please contact: Jayne Ann M. Recker, Executive Director - Celtic Cultural Alliance, jarecker@celticfest.org
Bethlehem, PA 18018, 610-868-9599

On May 3rd and 4th, one of our photographers, Lynn Cistone, captured these beautiful photos an unexpected visitor.

photos by Lynn Cistone



Congratulations to the Winner of our Mother's Day Contest

Stephanie Fazekas-Kuehn

Stephanie was nominated by her son Brad and her mother Sandi. She is an essential worker who works at LifePath.

Thank you to our Mother's Day Contest sponsors

**Ginder Greenhouse and Garden Center
Donna's Salon and Advanced Reiki Healing
and Little Creek Bar-B-Cue.**



Monroe County Historical Association Launches New Contemporary Collection Campaign "Collecting in the Time of COVID-19."

The Monroe County Historical Association is pleased to announce the launch of a new contemporary collection campaign titled, "Collecting in the Time of COVID-19." The COVID-19 coronavirus pandemic has impacted the local community in so many different ways. It is an extraordinary time in the history of Monroe County and one that certainly will be of significant interest to future researchers, scholars, historians, and citizens.

The Monroe County Historical Association is actively collecting first-hand accounts and materials to help tell the community's unique experiences during this challenging time. The organization invites all Monroe County residents to become a 'citizen historian' by contributing stories, photographs, artwork, poetry, and/or artifacts to the Monroe County Historical Association. People of all ages, experiences, backgrounds, and professions are welcome to participate so that the collection sufficiently represents the diversity of voices within the Monroe County community.

Through the documentation of personal and professional experiences surrounding this pandemic, the Monroe County Historical Association can create and preserve valuable primary sources to ensure that future generations will better understand the current struggles and triumphs.

Visit the website at <https://www.monroehistorical.org/covid19.html> for details about the "Collecting in the Time of COVID-19" project or to make a submission. Submissions can also be mailed to the Monroe County Historical Association, 900 Main Street, Stroudsburg, PA 18360. For additional information or questions, please contact librarian@monroehistorical.org.

Low-Income Home Energy Assistance Program

LIHEAP Recovery Crisis Program



Low-income families who are struggling with energy costs during the COVID-19 pandemic may qualify for assistance from the new Low-Income Home Energy Assistance Program (LIHEAP) Recovery Crisis Program. The application period **runs through August 31st**, or until all available funding for the program is spent.

The program will offer a crisis benefit and a supplemental payment made directly to utility companies or fuel providers to help offset costs for home utilities. Funding is available for homeowners and renters who meet income guidelines and maximum benefit will be \$800 per household. Income limits, application information and more information are available at: <https://www.dhs.pa.gov/Services/Assistance/Pages/LIHEAP.aspx>

RENEWING YOUR DRIVER'S LICENSE AND ID CARD PHOTO

EXPIRES ON OR BEFORE MAY 10

YOU'LL RECEIVE A PHOTO CARD IN THE MAIL



VISIT A PENNDOT PHOTO LICENSE CENTER TO UPDATE YOUR PHOTO (GO TO PENNDOT.GOV TO SEE WHICH LOCATIONS ARE OPEN)



REMEMBER: EXPIRATION DATES ARE EXTENDED UNTIL JUNE 30



EXPIRES AFTER MAY 10

APPLY TO RENEW ONLINE OR VIA MAIL



YOU WILL NOT RECEIVE A NEW PHOTO CARD



YOUR EXISTING PHOTO WILL BE USED AND MAILED TO YOU WITHIN 15 DAYS



Here's how to update your driver's license or photo ID: Many photo license centers are closed, but you can apply to renew online at <https://on.pa.gov/2XmhxWM>.

Outpatient Rehabilitation Services at LVHN and Coordinated Health Reopening

Lehigh Valley, Pa. (May 16, 2020) – Lehigh Valley Health Network (LVHN) and Coordinated Health Rehabilitation Services have reopened for outpatient physical, occupational and speech therapy services as well as outpatient cardiac rehabilitation services. These services are now available to patients with a referral in all previously served regions including Lehigh, Northampton, Bucks, Berks, Carbon, Lackawanna, Luzerne, Monroe and Schuylkill counties and Phillipsburg N.J. Patients are being contacted for scheduling by members of the outpatient registration team. For information about reopened locations, please visit LVHN.org/reopenings.

During the coronavirus (COVID-19) outbreak, nearly half of the therapy locations were closed to help reduce spread of the infection. As cases are gradually lessening, safety measures are now in place to provide in-person rehabilitation care. Those measures include:

Colleague and patient screenings – Every LVHN rehab colleague is screened before his or her shift begins, and all patients are screened for symptoms prior to their visit.
Thorough facility cleaning prior to your care – Rooms, equipment and common surfaces are all sanitized before you receive care.

Added social distancing – We have reorganized our waiting rooms and staggered patient appointment times to ensure you receive the highest level of care without unnecessary contact with others.

Face coverings and protective equipment – We now require patients and visitors to wear face coverings. Likewise, LVHN colleagues wear personal protective equipment to minimize the risk for cross-contamination.
Enhanced use of technology – We are using the latest technology to create touchless appointments and convenience including telephone virtual visits, as well as electronic and video-based therapy visits through MyLVHN, our patient portal. We also ask patients who need in-person care to use eCheck-In through MyLVHN to reduce time needed for checking in.

For further details about the precautions we are taking to keep patients safe, visit LVHN.org/COVIDSAFE. To initiate an online therapy appointment, log in to your MyLVHN account.

Lehigh Valley Health Network includes eight hospital campuses, three in Allentown, one in Bethlehem, one in East Stroudsburg, one in Hazleton and two in Pottsville, Pa.; Coordinated Health, which includes two hospital campuses, nearly two dozen multispecialty locations including ambulatory surgery centers and orthopedic injury centers in northeastern Pennsylvania and western New Jersey; 26 health centers; numerous primary and specialty care physician practices; 22 ExpressCARE locations including the area's only

Children's ExpressCARE; pharmacy, imaging, home health, rehabilitation and lab services; and preferred provider services through Valley Preferred. Specialty care includes: trauma care for adults and children, burn care at the Regional Burn Center; kidney and pancreas transplants; perinatal/neonatal, cardiac, cancer, orthopedics, neurology, complex neurosurgery capabilities including national certification as a Comprehensive Stroke Center, and robotic surgery in 10 specialties. Lehigh Valley Cancer Institute, Lehigh Valley Heart Institute and Lehigh Valley Institute for Surgical Excellence physicians provide the most advanced treatments. Lehigh Valley Cancer Institute is a member of the Memorial Sloan Kettering (MSK) Cancer Alliance, an initiative that helps community providers improve the quality of cancer care and offers access to MSK clinical trials. Lehigh Valley Reilly Children's Hospital, the community's only children's hospital, provides care in more than 30 specialties and general pediatrics. Lehigh Valley Hospital–Cedar Crest is the region's only hospital nationally ranked by U.S. News & World Report for orthopedics and has been recognized among Pennsylvania's top five hospitals for six consecutive years. Lehigh Valley Hospital (LVH)–Cedar Crest, LVH–17th Street and LVH–Muhlenberg are the region's only Magnet® hospitals for nursing excellence. Additional information is available by visiting LVHN.org, or following us on Facebook and Twitter.



**WEAR A
CLOTH
MASK**



**PRACTICE
SOCIAL
DISTANCING**



**WASH
HANDS
OFTEN**



**SUPPORT
LOCAL
BUSINESS**

Support Local Restaurants!

Please continue to support local restaurants!
The following area restaurants are still open for business.

**SUPPORT
LOCAL
BUSINESS**

512 Restaurant & Pizzeria

2 E. Pennsylvania Avenue, Pen Argyl www.512restaurantpenargyl.com

Bagels on the Corner

416 Blue Valley Dr, Bangor (484) 544-9097

<https://order.shopkeep.com/iF75Z?>

Bangor Trust Brewing

50 Broadway Bangor PA 18013 | 610-452-3232

<https://bangortrustbrewing.com/>

BeanBath Cafe

2425 Plaza Ct., Bath (484) 287-2326

Call Ahead for Drive-Thru Pick Up

Broadway Pub

62 Broadway, Bangor (610) 452-9226 Take out Only

Cafe on Broadway

21 S Broadway, Wind Gap, PA 610-881-4261

Front Window Pickup Only Follow on Facebook

China Wok

56 Broadway, Bangor 610-599-8888

Comunale's Italian Market

Rt. 512, Mt. Bethel Plaza 570-897-5630

www.comunalesitalianmarket.com

In-store Pick up available on all items. Pre-pay available.

Daisy Dairy Bar

6589 Sullivan Trail, Wind Gap (610) 863-4044

<https://daisyfamilyrestaurant.com>

Detzi's Tavern

570 N Lehigh Ave, Wind Gap (610) 863-4111

www.detzistavern.com CURBSIDE TAKEOUT

Dinky's Ice Cream Parlor

103 Broadway, Bangor (610) 588-1131

Emmy Lou's Ice Cream Cafe

492 E Main St, Pen Argyl (610) 863-5610

Empire's Coffee

44 Broadway, Bangor, PA. (610) 452-9164

Family & Friends Restaurant

244 E. Mooarestown Rd. Wind Gap, PA. 610-759-7477

Call for Take Out

Gap Diner

1041 S Broadway, Wind Gap, PA (610) 863-4342 Call for Take out

Five Points Grill & Pub

1001 Mt Bethel Highway, Mount Bethel (484) 249-0700

<http://www.5pointsgrill.com> TO GO - PICK UP SERVICES

Green Vida Co.

1800 Sullivan Trail Suite suite 330, Easton (610) 438-4112

<http://greenvidadacompany.com> Curbside Pick Up. Order online or call in

Giordano's Italian Restaurant

13 W Pennsylvania Ave, Pen Argyl (610) 863-9554

www.giordanospa.com

J. DeFranco and Daughter's Catering

2173 W Bangor Road, Bangor (610) 588-6991

<http://www.jdefrancoanddaughters.com> TAKE-OUT

Little Creek Bar-B-Cue

1004 Washington Blvd. Bangor 610-588-3831

www.littlecreekbarbcueco.com

Miguel's of Belfast

5881 Sullivan Trail, Belfast (610) 746-4225

www.miguelsrestaurantpa.com

Moonlight Pizza

301 S. Robinson Ave. Pen Argyl, PA. (610) 654-1020

Mt Bethel Diner

2600 N. Delaware Drive, Mt Bethel, PA. 570-897-6409

Napoli Pizza

444 S 1st St, Bangor (610) 588-1455

Pen Argyl Pizza

510 E Main Street, Pen Argyl (610) 863-6670

<http://pen-argyl-pizza.hub.biz> TAKE-OUT/DELIVERY

Petey's Eateys

5879 Sullivan Trail, Nazareth (610) 759-0143

www.peteyseateys.com TAKE OUT WINDOW ONLY

Sal's Pizza

487 E Moorestown Rd, Wind Gap (610) 863-7565

CURBSIDE PICKUP, TAKE-OUT & DELIVERY

Saylorsburg Pizza

Saylorsburg, PA RT 115 570-801-6411

Facebook page : Saylorsburg Pizza CALL AHEAD FOR DELIVERY

Scorecard Sports Bar

130 North Broadway, Wind Gap (610) 863-5269

<http://www.scorecardbar.com> CURBSIDE PICKUP & DELIVERY

Slate Belt Diner

370 Blue Valley Dr, Bangor (610) 452-9205 Pick Up Drive Thru

Teresa's Pizza Cucina

3040 N Delaware Dr, Mt Bethel (570) 897-6400

www.teresaspizzacucina.com

The Chicken Corner

291 W Moorestown Road, Nazareth, PA (610) 365-7303

Follow us on Facebook <https://www.facebook.com/thechickencorner/>

Offering Curbside Pick up and No Contact Delivery

The Green Stop

6070 Sullivan Trail, Nazareth, PA (610) 614-0260

Call in Orders - Pick Up only

The Original Doughboy's Pizza

230 W Moorestown Rd, Wind Gap (610) 759-3776

<http://www.originaldoughboys.com> DRIVE THRU PICKUP

The Slate Pub

509 E Main St., Pen Argyl (610) 881-4700

<http://slatepub.com/menu> Curbside Takeout & Delivery.

The Sunset Bar and Grill

Saylorsburg, PA Rt115 570-992-9121

Facebook page : The Sunset Bar and Grill

TK's Bar and Grill

2500 N Delaware Drive, Mount Bethel (570) 897-6112

www.tksrestaurant.com Takeout/Pickup until 8pm

Three Brothers Pizza

New Location - 6221 Sullivan Trail, Wind Gap 610-863-4950

Vinny's Pizza

1309 Blue Valley Drive, Pen Argyl (610) 863-3320

DELIVERY AND TAKEOUT AVAILABLE

Please note all hours of operation are subject to change. Most businesses ask for customers to call ahead for daily hours of operation.

